



Tokomairiro High
School Newsletter &
Community Noticeboard

Wednesday
13th September 2023

Genesis

238 Union Street
MILTON
T: 03 417 4483



E: genesis@tokohigh.school.nz

Tongan Language Week

Mälö e lelei! Tongan Language Week was celebrated this year by Homeroom with an alphabet scavenger hunt. Tongan alphabet cards were hidden around the school and students had to find them, then match the card with a picture on a worksheet. Sioeli Pulu (Year 9) helped to judge the winning entries. Mälö 'aupito to everyone who took part.



Fantastic Achievements in Maths and Science!

During Term 2, several students took on the challenge of completing the Kiwi Competition in Maths and/or Science which involved an external exam against other extension students across New Zealand.

In Mathematics, Ivy Clarke was able to gain an Achieved (top 50%) whilst Hamish Attwell was able to gain an Excellence - within the top 1% in the country!

In Science, Hamish Attwell and Andrew Scanlan both gained an Achieved (top 50%) and Joshua King gained a Merit - within the top 25% completing the assessment.

Congratulations to these and all students who attempt this challenging competition! We invite students who are keen to really test themselves to enter in 2024!

New Student Board Member

Due to the withdrawal of a candidate from the Board Student Elections, we can now announce that Matt Hutton (Year 12) is the new Student Board Member for 2023-24. We wish Matt all the best in his role.



Dates to Remember...

Mondays at 10:30am
Whole School Assembly

Friday 22nd September
School Ball
End of Term Three

Monday 9th October
Start of Term Four

Inside this Week

Principal's Report

Sports Round Up

Basketball Passion

Class Act Recipients

Club and Sports Results
and Reports

**TE WIKI O
TE REO MĀORI**

11-17
Hepetema
2023

TE TAURA WHIRI
I TE REO MĀORI
MĀORI LANGUAGE COMMISSION

ReoMāori

Ko taku reo, taku ohooho, ko taku reo taku mapihi mauria. My language is my awakening, my language is the window to my soul.

Rāhina's (Monday's) whakatauki (proverb or saying) is closely associated with language revitalization, a process which is very important in maintaining culture.

Te Wiki o Te Reo Māori — Māori Language Week celebrates te reo Māori. The Māori language is a taonga that gives New Zealand its distinct and unique cultural identity.

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Milton *Weeklies*

SuperValue Milton: 59 Union Street, Milton
Ph 417 8008. Open 7am - 8pm, 7 days.

Prices valid 11th - 17th September 2023, or whilst stocks last.

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ea



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Tokomairiro High School Newsletter...

SCHOOL MISSION: Inspiring Excellence in Education, in Character and in Life.

Kia ora

We have had a focus on our emergency planning last week. Students were introduced to our lockdown procedures. However due to the negative connotations associated with Covid19 lockdown this has been renamed as a "shelter and stay in place" drill.

Students were shown what is required for this and we will be testing our procedure by having a full drill sometime soon. We are hoping the police will be able to support us in this by acting as intruders and attempting to gain access to rooms where students are sheltering. In a previous school they attempted to take a photo of students who were then considered victims. This is a good measure of how successful our procedures are. All photos are then deleted. It is important that any mistakes or weaknesses are identified now. Ideally, we would like to keep our score at zero.

We also had a fire evacuation drill on Friday. Once again, we found a few weaknesses in our systems and are busily correcting them to make any real event much more effective and safe for our staff and students.

Work in class continues as normal as we race towards the end of term. So much has been crammed in to such a short period of time.

Nga mihi

Declan Sheridan, Principal



SPORTS UPDATE

FIXTURES

TOUCH RUGBY

14/9 Toko Kahurangi vs. Romata Rockets | 4:30pm | Clutha 2

14/9 Toko Koura vs. Rosebank Titans | 5:30pm | Clutha 6

SIGN UPS

Futsal - Mr Thomas
Snr Touch - Mr Brown

WHAT'S COMING UP

Junior Futsal Years 7 and 8 - Mr Thomas

Senior Touch Rugby Years 9-13 - TIC: Mr Brown



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www.miltonbutchery.co.nz
or our Facebook page!

20th LAKE TO THE SEA TRAIL RIDE

Date: **Saturday 28th October**

From Milburn to Toko Mouth return.

Spectacular views.
For bikes & ATV'S
Junior & Senior courses
Over 140km
Scruitineering 7:30am - 9:30am

Entry Fees: Senior \$60
Junior \$40 (under 15)
Day Entries:
Senior \$65 & Junior \$45

Contact: Griff 027 503 6022 or 03 417 8449
Additional entries can be downloaded from www.tokohigh.school.nz

Includes lunch and BBQ tea



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Keep Your Contact Details Updated!

Please keep contact information for your business, club or group up to date with the Genesis. Just email any changes to genesis@tokohigh.school.nz.



Basketball Passion Pays Off

Ko te pae tawhiti whāia kia tata, ko te pae tata whakamaua ka tina. Seek out distant horizons and cherish those you attain.

We acknowledge Tukahia Morton, who travelled to Oamaru last weekend to take part in the Pre-Regional Under 13 Boys Basketball Tournament.

The competition boasts 18 teams from Timaru to Invercargill competing in games at the Waitaki Rec Centre and St Kevin's.



Genesis

The Genesis is a free publication, delivered weekly to homes and businesses in Milton, and is available on the school website, Facebook or via email. The Genesis office is open Tuesday 8:30am - 3:30pm and Wednesday 8:30-12. If the office is unattended, any articles, advertising or payments can be taken to the school office or left in the secure box in the office door.

Genesis Deadlines: Advertising and Articles - Monday 12 noon. Articles/ advertisements can be emailed to the Editor at genesis@tokohigh.school.nz. Genesis is delivered FREE to your letterbox from Tuesday 4pm to Thursday 6pm.

Any payments or donations can be made to Tokomairiro High School, account number 03 1736 0009803 000. Please use GENESIS and your name as reference. - Carolyn Shanks, Genesis Editor

Class Act Recipients for 2023

Camrin Stephen

Joining the Milton Volunteer Fire Brigade was a decisive moment for Camrin Stephen. The 18-year-old Tokomairiro High School head pupil has always enjoyed helping other people. He believes becoming a volunteer firefighter will help him build important skills such as resilience and teamwork that will help him throughout his life. "I enjoy helping others and volunteering is a very good way for me to express that."



Getting this experience was a big step for Camrin. "I have never played sports outside of school before. So meeting new people and forming new relationships is an important life skill which helps me work successfully with the team at the brigade."

He believes the high-pressure situations experienced during callouts will help him learn to deal with future work and life pressures.

At school, Camrin has enjoyed maths, especially statistics. This has sparked a love of the world of finance. "I have always loved money ... and I would love to understand it."

"I think my work in maths would help me with the number side of the financial work I hope to do."

Camrin has explored a lot of options, from accountancy and financial analysing to stockbroking.

I would like to spend time in each of these positions to truly understand the work behind them."

This will provide the interesting and challenging work he is seeking.

Camrin says his parents are his role models and inspire him. "My mother's determination to provide the best education to her class and my father's drive to create a successful business have shown me how to be a good person." Camrin hopes to study for a bachelor of commerce at the University of Otago.

After completing his study, he hopes eventually to start a business. "Selling what? Making what? Doing what? I really don't know. But I would love to create a successful company."

Jenna Griffin

For Jenna Griffin, there is nothing she is more passionate about than making positive changes in the lives of young children. Jenna's goal to become an early childhood educator was heavily inspired by the passion and love her father, Shane Griffin, has shown for his job.



"My dad has had many setbacks in his life, but I admire how none of them have stopped him from persevering with life and accomplishing his goals," Jenna says.

His fortitude has inspired her to follow her goals. Jenna wants to teach children in the early stages of their lives as she believes this is when she could have the biggest impact.

Other factors have also shaped her passion for early childhood education. Her involvement in activities such as Outward Bound and the Māna Wāhine leadership courses have provided her with a solid foundation to pursue her chosen career.

Jenna's activities, sports and jobs have led to her spending a lot of time around young children. "I have spent a bunch of time with younger children, whether that was when I have been babysitting them or just playing around with them. "I get so much joy out of working alongside them, guiding them and teaching them."

Next year, Jenna plans to head to the University of Otago to take the next step towards her goal. She will study a bachelor of teaching and specialise in early childhood education. "When it came to making the decision of what I wanted to do, this felt so easy and right to me."

The Rebus Club of Milton

It was great to welcome a good number of visitors to the August meeting when we were lucky to have Dr Branko Sijnja speak about health issues that are important to everyone.

He and 2 fifth year med students gave a presentation and talk about health in general. He described health as not just absence of disease or infirmity but wellbeing with mental and physical health. Life expectancy in 2007 was 83.2 years for females and 79.5 for males. By ethnicity, the best was for Asian, to the worst, Maori. It has slightly improved.

Main causes of death are cancer, diabetes, heart, strokes, chest conditions, suicide. Factors for health are 40% socioeconomic, 10% environmental, 20% health care and 30% behaviours. The latter include smoking, diet, physical activity, alcohol, and interaction with the environment. All these are our own responsibility! Particular areas of concern he touched on were: chest pain (angina?), obesity, bowel habits, depression, and abuse. Of real alarm and shame was the statistic that New Zealand has the world's highest rate of Family Violence.

After answering questions, Branko was thanked by Malcolm McElrea and presented with a gift of fruit. The students then joined in to test those interested, for blood pressure, cholesterol and blood sugar levels. This was a worthwhile opportunity, taken up by many. Thank you Branko, for a special morning with lots of important information shared.

The next meeting is on Tuesday September 19 at 10 am in the RSA hall. The speaker is the National Party candidate for the Taieri electorate, Matthew French. Committee members please meet at 9.30 am.

Bible Reading for the Week

'We remember before our God and Father your work produced by faith, your labour prompted by love, and your endurance inspired by hope in our Lord Jesus Christ.'

-Thessalonians 1:3

Public Health Nurse Abby Brookland

Available Tuesdays at Tokomairiro High School in the Guidance Counsellor's Office.

Ph 027 241 1506 or email

abby.bookland@southernhb.govt.nz to make an appointment

Articles and Reports

The Genesis relies on articles and reports supplied by the community to fill our pages. Please email these to genesis@tokohigh.school.nz so we can share what is happening in our area.



Sumpter Moore – Barristers & Solicitors

5 Eden Street, (PO Box 16) Milton

For all your legal requirements, contact our friendly team at (03) 417-8004 or email milton@sumptermoore.co.nz

Quote of the Week:

'Correct me if I'm wrong, but hasn't the fine line between sanity and madness gotten finer?' -George Price

MILTON PRIMARY SCHOOL LOOSE PARTS CONTAINER OPENING

Milton Primary School recently opened our Taiao Tūhura Loose Parts Container. The name signifies the exploring that the children are doing in an outdoors setting, with a range of equipment. The items in the container are things children can use that can be moved, manipulated, combined with other loose parts, or are unpredictable in their use. For example natural and recycled resources, such as planks of wood, pallets, crates, tunnels and more. There are many benefits of this type of play including increased rates of physical activity, development of social and cooperative play and a growth in creative and imaginative play. Plus it is so much fun! The container also has a range of sports equipment for children of all ages to explore. This new equipment is supported by the lunch time sports coach who encourages children to be active at break times.

This project was made possible through Tū Manawa Funding from Sport NZ and Sport Otago.

In the words of one of our Milton Primary School students, **"The container is amazing. It gets people doing different things and there is such a good range of equipment to play with"**.

COLLABORATION



CREATIVITY



RESILIENCE



FUN AND ENGAGEMENT



TEAM WORK



MILTON
Primary School
RESPECT - RESPONSIBILITY
CONFIDENCE - TEAM WORK

Bridge

Milton Pairs, 7th September 2023

Avis Broome/Julie Scott	78.13%
Clare Harrex/Kay Roughan	62.50%
Lester Clark/Lisa Rutherford	56.25%
Ann Phillips/Raewyn Devlin	42.30%
Trevor Tetlow/Jo Turnbull	40.10%



News from the Trenches

Well what a huge week of action at the RSA this week, according to our newest correspondent Antionette was amazed at what occurred and what is upcoming over the next couple of weeks.

First up on Friday night we had a visit from the Patriots Motorcycle Club who do some fantastic charity work including helping raise funds for Veterans. Always a pleasure when they pay us a visit, they are always welcome.

On Saturday morning we held a breakfast for Rugby World Cup opening which drew a massive crowd of supporters. The Patriots Motorcycle Club as well as 10 members from the Dunedin Young Farmers Club just provides further evidence, if needed, that Milton RSA is the premium venue for social activity in South Otago. Massive thanks to Donna, Boo, Tanya, Sam and Ian who, under intense pressure, provided a breakfast fit for champions.

I think this week the Tipping Competition scores will be covered up which means the cunning and secrecy comes to the fore. Keep in mind this week's game France vs Uruguay is played Friday morning so get your picks in by Thursday night. The following week Italy vs Uruguay is played Thursday morning, so picks need to be in by Wednesday night. You have been warned.

This weekend we have been selected as the only venue in Milton to host the Moss Cross run on Saturday, there should be a large contingent arriving around 3.30pm so good to have a large crowd to support this cause with some excellent raffles.

Finally to finish this week's report we have our spuds available to be purchased for our World Famous Competition, so get along and make your careful selection. Huge week and Private Pike needs to rest up, As you can see, its hard to keep up with all the fun times at the RSA.

-Private Pike

Articles and Reports

The Genesis relies on articles and reports supplied by the community to fill our pages. Please email these to genesis@tokohigh.school.nz so we can share what is happening in our area.

3 MILLION FREE PRESCRIPTIONS



HAVE BEEN PROVIDED TO KIWIS SINCE WE REMOVED THE CO-PAYMENT



Ingrid Leary
for Taieri

Authorised by Rob Salmond, 187 Featherston Street, Wellington.



Genesis Deadlines

12 Noon Monday for all Articles and Advertising

Euchre



30th August 2023

Winner: Steve
Loser: Cath
Raffle: Robert

6th September 2023

Winner: Joan
Loser: Lyn
Raffle: Joan

Genesis Deadlines

12 Noon Monday for all Articles and Advertising

Genesis Classifieds ...

Church Notices



Tokomairiro Co-Operating Parish

Sunday 17th September

9:30am A Combined Spring Flower Service at Waiholā
(Note: No Service at Milton Church)
2pm Treasured members Service followed by a cuppa
in the Milton Church Hall.

All Welcome!

Church Notices



Sunday Service - 10am.

110 Union Street. All Welcome!

For information follow us on Facebook - 021 249 6312

Public Notices

Public Notices

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Situations Vacant



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Public Notices

Genesis Office Hours

The Genesis office is open
on Tuesday from 8:30-3:30,
and Wednesdays from 8am
-11am. Emails are checked
outside these hours. Please
contact the school office at
other times if needed.



Public Notices

Flicks at the Library

Milton Community Library

15th September - 2pm

Showing:

Brooklyn



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www.miltonsaturdaymarket.net

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The Bruce Stewart Leadership Programme is set to help more emerging leaders from the Tokomairiro region this year. Open to all current and former residents.

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Applications close
24th September 2023

brucestewartleadership.org



Tokomairiro Waiora Inc.

4 Shakespeare St Milton

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The Nurse Clinics provide a range of services including:

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- Cervical smears
- Sexual health checks and contraception advice including emergency contraception
- Pregnancy testing
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- Heart, diabetes and breathing checks to identify risk of illness
- Chronic disease maintenance
- Access to Podiatrists
- Access to Dietitians
- Helping develop health plans to meet health goals
- Advise on who and what is available to meet people's health needs.

The Nurse is available every second Tuesday of the month.

Open to all community members.

For appointment contact:

Ph 03 417 7430 or 027 232 3769 or office@tokowaiora.co.nz

Genesis Classifieds ...

Public Notices

Public Notices

Trades & Services

Trades & Services

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2 year old Red Scottish Highland Heifer
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We are excited to add further dates for our Milton Podiatry clinic at the Tokomairiro Community Hub, 61 Union Street, Milton. Please call us on 03 478 1030 to arrange an appointment.

- Tuesday 10th October
- Tuesday 7th November
- Tuesday 5th December
- Tuesday 9th January 2024

Knox Podiatry has clinics in Mosgiel, Balclutha and Lawrence so if the above dates don't suit, please contact us for an appointment at one of our other clinics.

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Health Services

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