

Tokomairiro High School Newsletter & Community Noticeboard

2nd February 2022

Wednesday



238 Union Street MILTON T: 03 417 4483



E: genesis@tokohigh.school.nz

# Introducing New Staff for 2022

We would like to introduce three of the new staff for 2022.

### Mr Bill McClure

(Assistant Principal) Kia ora! Ko Bill McClure tōku ingoa. I was born and raised in Ontario Canada, and moved to Edgecumbe in 1997. My wife Kim and I spent the next 25 years in the Eastern Bay of FebraPlenty, raising Ben (21) and Emily (18) while I taught History and English



at Edgecumbe College. In 2022 I am thrilled and honored to be Tokomiriro High School's Assistant Principal, and I am really looking forward to teaching some Social Studies and History as well.

I am really loving Milton so far, and I can't wait to explore its surroundings, get to know its community and become an active part of it as the year rolls on, and capitalise on all of the opportunities the region has to offer. I believe that the whakatauki "Whāia te mātauranga hei oranga mõ koutou" (Seek after learning for the sake of your wellbeing) has a lot to tell us all (not just students!) about the role that education has in taking care of ourselves, and I look forward to learning heaps in my new home, and supporting others to do so as well!

#### Mrs Josie Abbott

Hi, My name is Josie Aboott and I live in Waldronville, Dunedin. I have previously taught at Queen's High School, but this year I am the Head of Department (Physical Education and Outdorr Education). I am looking forward to getting to know the students and being involved in some awesome trips and house activities.





Mrs Susan Mickey

I was born and grew up in Zimbabwe and have lived in Australia and UK before moving to NZ. This year I am teaching Chemistry and science at Tokomairiro High School. I am looking forward to meeting and getting to know everyone

### Tokomairiro High School 2021 Magazine

Copies of the school magazine are still available. These can be collected from the school office. Please pay online to *Tokomairiro High School*, account number 03 1736 0009803 000, or cash/ Eftpos is available at the office. Cost is \$20.



Yesterday marked the beginning of a new stage in their education journey for the thirty-three Year 7 students who started at Tokomairiro High School. We hope they have a great year!



### Late Genesis Next Week

Due to the Waitangi Weekend holiday next week, the Genesis will be printed on Wednesday 9th February. This may mean some deliveries are later than usual.

### **Inside This Week...**

Newsletter Covid Response Year 13 Peer Support InterGroup Network Group and Club Reports and Results





# **Tokomairiro High School Newsletter...**

#### SCHOOL MISSION: Inspiring Excellence in Education, in Character and in Life.

Tena koutou katoa,

Welcome to the first week of a new term and a new year. We are excited to be receiving students in our classes. This will hopefully be an uninterrupted year and we can maintain a constant focus on what is important which is teaching and learning.

#### Why is time in school so precious?

For our seniors (Year 11-13) this is obvious, what they will do during these three years will determine what they do in the following fifty years. TThey will develop a range of skills and experiences that will give them a raft of opportunities in which to apply them. The Juniors (Year 7-10) will be developing the skills and knowledge in order to access the curriculum when they reach the senior school and this is a very important stage for them.

#### Why do school stress about attendance?

If a student attends school every day and is punctual to every lesson we get to see them for 11% of the year. Which leaves 89% for other activities. This is not a lot in the big picture and is why we stress about attendance and why everyday and every period is precious.

#### **Ministry of Education Mandate**

A distraction from this focus is the new ministry mandate regarding masks in schools, there are lots of views and opinions upon this and some parents have taken the opportunity to contact me regarding their concerns.



112 Union Street Milton Ph 417 8223



Rolled Roast Pork -Plain or Tasty Apricot and Macademia Stuffing-Only \$13.95kg

> Weiner Schnitzel -Plain or Crumbed-Only \$16.95kg

> > Beef Stir Fry Only \$17.50kg

Tasty Pork & Pineapple Patties Only \$13.95kg

Visit us on our website www.miltonbutchery.co.nz or our Facebook page!



We will be managing any risk as best we can to keep students, staff and our community safe. Particularly any of these who are vulnerable.

The Ministry of Education are keeping us well informed and we will keep you appraised of any changes.

Rest assured we will continue our focus on Teaching and learning for students as this fluid situation changes.

Bill Clinton once said "The more you learn, the more you earn"



Nga mihi, Declan Sheridan Principal

The Human Papillomavirus (HPV) vaccination programme will be offered to all Year 8 students at school this year. During early-mid February, the Public Health Nurses associated with each school will be doing education around the vaccinations to the Year 8 students. The students will be given a consent form to take home to their parents/caregivers. If you do not wish for your child to partake in the education

If you do not wish for your child to partake in the education please contact the school.

Please read the consent form carefully, fill it out in pen and return it to school ASAP, even if you do not consent for your child to be vaccinated at school.

No student will be vaccinated without their parent/ caregiver's consent.

The HPV vaccination is also available free of charge through your practice nurse or doctor up to their 26<sup>th</sup> birthday. Delaying the vaccine may mean your child needs more injections to be protected, as people aged 15 years and older need three injections.

For any further information please phone the Public Health Nurse for your school, or look up <u>www.health.govt.nz/hpv</u>

## Dates to Remember...

Wednesday 2nd February Monday 7th February Tuesday 22nd February Full School starts Waitangi Day holiday School Photos School finishes 1:20pm (Paid Union Meeting)

# **Sports Round Up**



Touch Rugby & Volleyball sign ups are on now.

**Senior Touch Teams** please let Miss Flockton or Mr Tupai know as soon as possible whether you intend to play for 2022. Competition will be in Dunedin on Tuesday afternoons starting 22nd Feb running for 8 weeks.

**Year 7/8 touch team** please sign up using the form sent home this week or alternatively register online <u>https://forms.gle/RHAn6MLfDUvQedEFA</u>. We are looking for a coach/manager/ referee for this team. Competition will be in Clutha Thursday afternoons starting 24th February running for 8 weeks.

Volleyball team register interest online https://forms.gle/xuBxUKdvfBphXZb3A

## Genesis

The Genesis is a free publication, delivered weekly to homes and businesses in Milton and Waihola, and is available on the school website, Facebook or via email. The Genesis office is open Monday and Tuesday 8:30am - 3:30pm. If the office is unattended, any articles, advertising or payments can be taken to the school office or left in the secure box in the office door. **Genesis Deadlines:** Advertising - Monday **9am**, Articles - Monday **12 noon**. Articles/ advertisements can be emailed to the Editor at genesis@tokohigh.school.nz. Genesis is delivered FREE to your letterbox from Tuesday 4pm to Thursday 6pm. Any payments or donations can be made to *Tokomairiro High School*, account number *03 1736 0009803 000*. Please use GENESIS and your name as reference.

## Covid Response

During any community Covid outbreak most businesses will be available in some form whether that be by being open with precautions in place, doing contactless home deliveries or offering essential repairs and maintenance. Please phone the businesses you would like assistance from and ask. Local health and wellbeing organisation details are listed below. While things may change this is a general guideline. We encourage you to cut this article out and put it on your fridge.

brary is open Monday 8.30am to 6.00pm, Tuesday to Fri-day, 8.30am to 5.00pm. Phone (03) 417 8109. There is a requirement to present your vaccine passport when entering the building and mask wearing is mandatory. For those with out a vaccine passport, the library offers a 'Click and Collect' system and digital services (see form on our website, or phone the library).

Most Council services will be available as usual. If you don't have a vaccine passport, phone the Community Library or visit our website https://www.cluthadc.govt.nz/council/do-itonline

Milton Medical Centre is open 8:30am - 5:00pm Monday to **Friday** and will remain open throughout any Covid-19 outbreak in our community. To help us keep our staff safe so we can stay open for you, we ask that everyone who needs to visit our practice makes an appointment in advance and wears a mask at all times during their visit. If you have cold or flu symptoms, we ask that when you arrive you call us from your parked car and do not enter the building, we will come and get you when it is your turn to be seen. We carry out swabbing and will support patients at home who are a positive case

We are continuing to deliver Covid-19 vaccinations at this stage. To receive your vaccination at our centre you must book your vaccination by going online to BookMyVaccine or calling 0800 28 29 26.

We plan to operate business as usual as much as possible but do acknowledge that we are in an evolving situation and need to be able to change how we work at short notice as the situation changes in our community, to keep you and our team Please contact us if you have any questions or safe. concerns, we are here to help you (03) 417 8226.

Community Health Trust District Nursing/ Milton Occupational Therapy equipment and Meals on Wheels – 03) 417 4399: We will continue to operate as usual Monday to Friday 8.30pm to 4.30pm and Saturday and Sundays until 12 midday. We usually home visit those needing our services and will continue to do so wherever possible. This includes equipment delivery to aid home management. For community members who purchase items from us who are self-isolating or reluctant to venture out please phone us and we will arrange contactless delivery. Meals on Wheels for those assessed will be delivered by volunteers and left in a designated contactless area.

Milton Pharmacy - 03) 417 8431: The Pharmacy and shop are operating usual business hours and will remain open during any outbreak of Omicron or Covid 19 variant. If you must stay at home self-isolating please let us know and we will arrange contactless delivery by a community volunteer of prescriptions and other essential items. We will provide details for internet banking if this option for payment suits you. If you have a mask exemption or are experiencing cold or flu symptoms, please do not come into the shop...rather phone us and let us know what your needs are. We will do our best to assist. Please get your new prescriptions from your GP and request your repeat prescriptions from us early.

Southern Physiotherapy – will continue to operate from the Tokomairiro Recreation Centre 417 7066 or 022 548 3712

Clutha District Council is open - Milton Community Li- and at Clutha Health First 419 0435. All clients are required to wear face masks for appointments. If unwell please contact the clinic to arrange your appointment, or change to a telehealth consult.

> Tokomairiro Recreation Centre (Toko Gym) - 03) 417 7066: The Gym will be operating during office hours from 8 am to 4.30 pm for day users and will continue to be open 24/7 for fob holders unless advised otherwise by the Ministry of Health. Gym users are required to wear a face covering when in the entrance foyer and may remove it during exercise in the gym. Hand Sanitiser and disinfectant for wiping equipment are provided. If unwell we ask gym members to please stay home.

> Tokomairiro Waiora Inc. - @ 0800 184 420. We will be working as usual during any Covid outbreak but may be doing this from home. We welcome community clients to contact us on our 0800 number, leave a message and we will respond as soon as we are able.

> Tokomairiro Community Hub - Contact Lauren on 027 596 5988: The Hub will be open Monday, Tuesday and Thursday unless mandated to close or staff are unwell. We welcome people seeking assistance and to see service providers but please scan in and wear a medical mask. Some service providers may work from home - they will advise you of their intentions if you have an appointment. Any food distribution during an outbreak will be contactless so bags will be made up for families to collect (text or phone to arrange) or will be delivered by volunteers using a contactless process.

> Financial Mentoring / Budget Advice including assistance with sourcing financial aid. Our offices will be remaining open in "red" with no Vaccine Pass required, and in the event I need to self-isolate I will be working remotely. I am available to assist you on Mondays at the Hub, and other days in Balclutha or via phone, email or zoom with budget advice, foodbank referrals, liaising with Work & Income and creditors, and working with you to reduce financial stress. Lee Michelle 027 781 1041, budgetingclutha@gmail.com Lee-Anne

> Food Bank – June Caldwell 03) 417 7343: Available in the Milton, Waihola and Taieri Mouth areas. Contactless home delivery food parcels on an as needed basis. Phone June and leave a message with your contact phone number, name, the size of your family and the urgency of your need. June will contact you regarding delivery.

> Project Bruce – Kim Schiller 027 513 1775/Catherine Paul 027 252 9058: Project Bruce is more than happy to help as and when needed should our community members find themselves in need. For example, we can deliver food and supplies to those who may be in isolation or run errands if you are unable. We are adaptable!

#### **Bible Reading for the Week**

'I pray that out of his glorious riches he may strengthen you with power through his Spirit in your inner being.' Ephesians 3:16



New, replacement and retrofit aluminium windows & doors Conservatories Glass splashbacks Broken glass repairs

Fairview South Otago Ph: 03 417 8264 46 Tokoiti Road, Milton admin@sowd.co.nz

## **Peer Support**

On last Friday the 28th, twelve of our fantastic Year 13 students came into school to start their Year 13 leadership journey.

After some quick admin the group was left alone to work together on what they thought being a leader meant. They quickly came up with wanting to create a positive environment for all, to be a positive influence, to be able to speak up and spread ideas with no judgment and the list went on.

After this we all headed outside to do some peer support training. Peer support is all about our Year 13's leading and mentoring our new Year 7 students. After some energizing activities and reflection the group headed to the food tech room. Now the group split off into their house group and made some kai. Pizza's and ice-cream sundaes are always a hit.

It was awesome to see this group at school early and ready to make a difference in 2022. Keep an eye out for all of these students' progress over the year.

Right: Stevie and Shannon cooking up a storm.





**FINDEX** 

Milton

Left: The pizzas get a thumbs up from this team!



## **Project Bruce InterGroup Network**

Our first InterGroup Network meeting for 2022 was held last Thursday with ten people gathering to kick off the year. We were joined by representatives from the Clutha District Council, the leadership team from Tokomairiro High School, Clutha Budget Advice, our pro-active Genesis Editor and MP for Taieri, Ingrid Leary. We discussed the year ahead and which projects we could collaborate on. It was another excellent meeting with good connections formed and visions shared. The InterGroup Network gathering takes place on the last Thursday of the month, 5.30pm at the Hub complete with drinks and nibbles. Any group, club or organisation is welcome to send along members, and it's okay if it's not always the same person – keeps time commitments to a minimum for our busy locals!

# **RSA** News From the Trenches

With the warmer weather a visit to the Milton Bruce RSA for a thirst quenching cold brew and witty banter is a must.

Last week both the Members Only Draw and the Joker Draw jackpotted. This Thirsty Thursday could be your turn troops so come on down to headquarters.

Masks are essential in the courtesy coach as is presentation of your My Vaccine Pass upon entry to the RSA and signing in via the NZ Covid Tracer app or write your name where indicated.

The Rugby Pics competition begins on 18th February so add your name to the list and join in the comradarie.

The RSA Fishing Competition is being held on 26th February with adults and kids both being able to compete for a variety of prizes, entry forms are available from the bar staff.

The much anticipated annual Spud Dig Day is being held on 19th March so keep your plant watered and well fed until then troops, may the best green fingered member win.

Larger size RSA polo shirts are now available to purchase for \$35 in black, maroon, navy or green - these make great gifts and Valentine's Day is coming up.

Sorry troops my wireless has been on the fritz however it's fixed now so I'll try again to listen out for a date of the next Claybird Shot and report back.

Ok troops, enjoy a week of tactical discussions and laughter with family and friends. Stay safe and remember to make sensible decisions,

- Sergeant Smith

## More Photos from Day One



123 Union Street, Milton 9220 03 417 8066

findex.co.nz

# **Milton Senior Citizens Report**

The Senior Citizens meeting on 28th January, was opened at 1:30pm by our President

Olive, and everyone was welcomed.

Birthdays were celebrated with congratulations and a blessing, then of course, we sang Happy Birthday too! This was follwed by Maureen calling the raffle numbers, and Moira Hastie won a tray of fruit.

An enjoyable game of Housie was played by all, then afternoon tea was served with lots of chatter and a lovely cuppa and bisuits.

Next meeting is 11th February at 2:30pm for a *pea, pie and pud* lunch with a game of beetles to follow.

Everyone welcome.

# **Toko Gym Report**



Make 2022 a year of good health and wellbeing!! Because we are a community gym, our prices are affordable.

Exercise is good for you both mentally and physically. Call in and see us to inquire about joining up at Toko Gym. We are located at the back of the High School gymnasium and during the week you can join up between 8 am and 4.15 pm, or email tokogym@gmail.com. The gym is great as we have a good range of both cardio and strength equipment.

Would you like to lose weight? Boost your energy? Sleep better? Manage a chronic condition?

For most healthy adults, the Department of Health and Human Services recommends at least 150 minutes of moderate aerobic activity or 75 minutes of vigorous aerobic activity a week, or a combination of moderate and vigorous activity. Greater amounts of exercise will provide even greater benefit. Aim to incorporate strength training exercises of all the major muscle groups into your fitness routine at least two times a week.

If it's hard to find time for exercise, make a plan - schedule workouts as you would any other important activity. Exercise with a friend and keep each other motivated. 24 hour access at the gym makes it easier to fit into your daily routine.

**Keep Moving** continues to run on a Tuesday and Thursday at 2.30 pm. The exercises are for people in the 65+ age group and involve simple strength and balance exercises which are very beneficial. The cost is \$3 and the class is fully supervised by gym staff. See you at the gym.

75.00%

59.37%

40.63%

40.63%

# Bridge

K Roughan & C Harrex
V Clifford-Marsh & G Dale
K Powell & M Cain
A Phillips & T Morland
J Scott & R Devlin



# Milton Elder CARE Report

With Christmas over and most back from their holidays, Elder CARE is up and running on new hours.



As of last Monday, we now start at 10am with morning tea, then lunch and we finish at 4pm after afternoon tea.

If you were one of the people who bought a Mystery Envelope and haven't yet claimed your prize, these are at the rooms and can be collected on Mondays or Wednesdays between 10am - 4pm. Ifg these are not picked up before the end of February, they will be raffled off again.

Ruth is looking for some new people to come and join in the happy, friendly group.

Come along and give it a try. All very welcome!





#### Opening Day - Women 25 January 2022 Three Team Ambrose

1st	Lyn Rogan, Kay Partidge, Ruta Reid	Nett 43.4			
2nd	Judy O'Connor, Cath Scott, Joan MacLeod	47.0			
3rd	Lynne Lister, Kay Drinnan, Joan Clark	47.7			

Twos - #5 Judy O'Connor, Cath Scott, Joan MacLeod

Longest Putt - Joan Clark

#### Bisque Par - 29 January 2022

D Gold	10 up	G Sheath	5 up
M Scott	9 up	N O'Connor	5 up
M Adam	7 up		
B Carruthers	7 up Twos - B Adams		
L Adam	Adam 6 up Closest to Pin - D Gold		) Gold
A Hale	6 up	Hidden Birdie - 7	
W Potae	6 up	Nett Eagle - 13	

## Milton Sub Association Summer Indoor Bowls

It may have been a cooler evening but it didn't deter attendance at the summer indoor bowls. There was a good crowd and loads of noise.

No team had three wins, two teams had two wins and after counting back on aggregate scores Shona Preddy, Vicky Galbraith and Donna Pettit were the winners with 19 and the runners up were Russell Copland, Alwyn Read, Eunice Benington and Greta Jenkins with 17 points.

Alex Benington and Stephen Souness both had one win each but again on a close count back Alex, Pam Wells and Barbara Read were third with 16 and Stephen, Melva Heads, Patrick Moody and Raymond Perry had 15.

Come along on Wednesday at 7.30 to the Milton Country Club and you can be sure you will be welcomed with open arms. See you there.



1930489480





**Genesis Advertising** For more information about having an advertisement created especially for your business or organisation at no extra cost, or details on sizes and pricing, please email the Genesis office at genesis@tokohigh.school.nz, or phone



03 4174483.

Drainlaying for new builds Driveway sumps Drain repairs – both sewer and stormwater Jet cleaning unit – unblocking sewer and stormwater drains Septic tanks – installation, cleaning and repairs Effluent fields – installation and repairs Portaloo Hire 1.7T digger for excavation work

Craig Braidwood - Certifying Drainlayer 027 467 6019



After Hours 03 417 8370

mpelectrical@xtra.co.nz

26 Union Street, Milton

Farmers, after 30+ years we know Shearing and Wool Harvesting inside out.

t's what we do & what we love.

Set The Scene

Right People

Attitude

Our Tokomairiro & Lawrence teams are available to help

# Genesis Classifieds ...

