

Tokomairiro High School Newsletter & Community Noticeboard

Wednesdav

9th March 2022



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E: genesis@tokohigh.school.nz

Milton Primary School Community Wellbeing Topic

This term, Milton Primary School has been working on an inquiry topic focusing on what supports our wellbeing. As part of this, they have been thinking about the wellbeing of our community and what the construction of the proposed new Swimming Pool / Library and Service Centre will mean for the people in our area. On Friday 4th March, Kim from Project Bruce (also secretary for the Bruce Community Facilities Trust who are representing the community in the project) presented the process so far. She explained the development of project from its inception in two zoom sessions – one for the juniors and one for the seniors. This included the consultation by Council, the formation of a committee and the ongoing discussions around design. The students were an amazing audience, asking very relevant and thoughtful questions - including how they could be involved in the fundraising process. The students will continue to work on this project, coming up with ideas or designs showing what they have learned about how our community can be healthy and positive.

Junior Farmers

The Year 9-10 Junior Farmers have been looking at what makes up pasture and how farmers manage their stock feed.

Ryan and Chase, (below left) and Flynn and Leo (below centre) are taking grass samples to determine dry matter. The class has also been working on practical skills. Callum (below right) is tying a termination knot with fencing wire before he attaches an insulator.







Bonjour from Year 7 and 8 French



Bonjour! This year the Year 7s and 8s are combined and we have just two periods a week for a term so this is a 'taster course'. We have been learning things to help us with basic conversation in French such as greetings, asking questions such as 'how are you?'

Knowing numbers in French; how to say our age and when our birthday is, and to ask and answer what the date is today, are also useful questions and phrases that we have been learning.

It has been a little more difficult to have conversations in French wearing masks but we are doing our best. We are learning a little bit about French culture too such as 'Bastille Day' and will be holding a French cafe at the end of term where we ask for our food in French and use appropriate manners.

Left: Izzy, Saffron and Mykah are having a conversation about birthdays in French.



Inside This Week...

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Tokomairiro High School Newsletter...

SCHOOL MISSION: Inspiring Excellence in Education, in Character and in Life.

Kia ora,

The day we were expecting finally arrived last Thursday with our first positive case of Covid 19. We had been planning for this and started our action plan accordingly.

We were able to inform parents within 20 minutes with an . email sent home and students were also spoken to about this situation. I personally spoke to several students mainly in years 7-10 to alleviate their fears. There were several intelligent guestions asked and answered. This incident was then followed up a day later with another case which was not connected to the first. I am sure the community is expecting more cases, as are we.

For parents I understand this may be a worrying time sending your students to school and many made contact trying to find if your child was in contact with this student. Unfortunately, the ministry advised that we are unable to give any information that may identify a student. We are not even able to inform our staff members who the student is that is isolating.

Recent research states that school are a safe place to be . during this situation

Dr Jin Russell in the media noting research from New South Wales about their recent Omicron outbreak showing that onward transmission within the school setting is very low. For every child who is infected and attends school only 3.7% of their close contacts at school subsequently tested positive. Our students who are infected are not attending school and

have been wearing masks while here so further mitigating any Tiny's

risk

- Procedures we have in place to slow the spread include seating plans for each lesson so we can identify students who are likely to be at risk and also whether students are wearing masks correctly.
- Students are physically distanced where possible within the constraints of the various teaching rooms within the school.
- Windows and doors are constantly open while a class is present to keep air flowing. Students are using toilet areas for specific year groups
- only to prevent cross contamination.
- All teachers have a supplies of hand sanitiser and spray wipes for desks which are cleaned between classes.
- Teachers are within subject bubbles and all meetings in school are done digitally
- We have a limited supply of masks which we are issuing to students as we are able although the responsibility for providing these lies with their families.
- Plans are in place to ensure teaching and learning takes place for as long as possible should staff members become ill.

Since the start of the year our focus has been on teaching and learning and we will continue to work on this as the situation develops

Regards Nga Mihi



Declan Sheridan

Sports Round Up

FIXTURES



112 Union Street Milton Ph 417 8223

Milton

Butchery



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400g Bacon (Dry Cured) -\$6.50ea, Save \$4 + Lamb's Fry - Only\$4.50kg

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Visit us on our website www.miltonbutchery.co.nz or our Facebook page!

TOUCH 8/3 TOKO SNR MIXED vs. Kaikorai Valley | 4:30pm | Ken 8 8/3 TOKO TANE vs. Logan Park | 4:30pm | Ken 4 8/3 TOKO SNR MIXED vs. TOKO TANE | 5:00pm | Ken 8 10/3 TOKO Yr78 BLUE vs. TOKO Yr78 GOLD | 5:15pm | Clutha 10 **FUTSAL** 9/3 TOKO JNRS vs. Kavanagh Stealth | 5:00pm | Edgar 19 GOLF 11/3 TOKO GOLF CLUB P5 eSPORT 10/3 TOKO1 & TOKO 2 vs. TBC | 3:30pm | DigiRm RESULTS TOUCH 3/3 TOKO Yr78 BLUE vs. Rosebank Purple | 7-5 WIN 3/3 TOKO Yr78 GOLD vs. BYE **FUTSAL** 2/3 TOKO JNRS vs. Balmac Sharks | WIN (By default)

eSPORT 3/3 Game Rift: TOKO1 v OGHS 1 - LOSS 3/3 Game ARAM: TOKO1 v OGHS 1 - LOSS

Dates to Remember...

Mon 7th - Fri 11th March Monday 21st March Tues 22nd - Fri 25th March

Walk 'n' Wheel Week Otago Anniversary Day - School Closed Stewart Island Tramp

Genesis

The Genesis is a free publication, delivered weekly to homes and businesses in Milton and Waihola, and is available on the school website, Facebook or via email. The Genesis office is open Monday and Tuesday 8:30am - 3:30pm. If the office is unattended, any articles, advertising or payments can be taken to the school office or left in the secure box in the office door. Genesis Deadlines: Advertising - Monday 9am, Articles - Monday 12 noon. Articles/ advertisements can be emailed to the Editor at genesis@tokohigh.school.nz. Genesis is delivered FREE to your letterbox from Tuesday 4pm to Thursday 6pm. Any payments or donations can be made to Tokomairiro High School, account number 03 1736 0009803 000. Please use GENESIS and your name as reference.

Amazing Bodies

As part of the Year 9 and 10 Science class, Amazing Bodies,

students have had the job of creating visual representations of the parts of the body while learning about what they do. Here, Daiha and Ellaze show off their shared creation - a job

meant for four students, but these two girls completed it by themselves.

Mrs Mickey said they did a wonderful job and should feel very proud.

New Mental Health Programme



THIS WAY UP **tt**

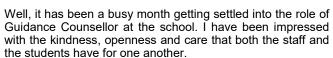
cutlers

Milton

Open Home

Sunday 3pm

By Negotiaiton



Navigating the teenage years means facing many changes and challenges, like dealing with worry and sadness. Whilst it's normal to feel sad and worried from time to time, sometimes these feelings can stick around for longer than expected and become distressing and uncontrollable. Sometimes they can begin to affect everyday life, relationships, health or self-esteem.

In these times of constant change, I have considered how I may be able to provide a service to students and their whanau should they be in isolation or just interested in accessing support.

I have been able to access one of my favourite programmes for assisting youth with their mental health FOR FREE. I will personally be providing oversight to students and their whānau to ensure that its benefits can be maximised.

THIS WAY UP is a trusted Australian provider of evidencebased, internet-delivered Cognitive Behavioural Therapy (iCBT) programs.

This 6-lesson program is based on an effective psychological treatment and is designed to teach young people (aged 12 to 17) how to manage feelings of stress, anxiety, worry or low mood and build confidence to navigate common adolescent experiences. Participants are given 60 days to work or access the online modules.

It also includes instructional modules for parents on how to support their teenager with implementing these strategies in their daily life.

This program may be suitable for young people who:

- * Are currently between 12 and 17 years old
- Have been feeling low, sad, and down, or don't seem to enjoy the things they used to enjoy
- * Worry a lot about a number of different things and the worry is hard to control
- * Are stuck in the way they feel and would love some help to get out of this cycle
- * Are ready and willing to learn new skills to change the way they feel
- Are students at Tokomairiro High School and willing to access the guidance counsellor who will monitor the program
- Can count on parental input or willingness to receive emails about strategies for supporting youth will be included

Fortunately, these early signs of anxiety and depression in adolescence are treatable, and many young people who seek help can get better. It also has been a great way to enhance communication at home and lead to better outcomes in adulthood.

If you or your child are interested in being a part of this programme, please contact me at kim@tokohigh.school.nz



027 208 4426

jo@cutlers.co.nz





Bible Reading for the Week

Do nothing out of selfish ambition or vain conceit. Rather, in humility value others above yourselves, *Phillipans 2:3*

Supporting Local Leaders

The Bruce Stewart Leadership Programme, launched in February 2021, is set to help more emerging leaders from the Tokomairiro region this year. Bruce Stewart, the co-founder of nationwide property and construction company Calder Stewart, lived in Milton and was a continual supporter of the area throughout his life. Since his passing, the Stewart family has worked to develop the Leadership Programme, which supports locals looking to further their leadership potential.

The annual fund of up to \$50,000 is open to all current and former residents of the Tokomairiro region and is aimed at helping applicants in leadership development. Already it has played a big part in helping emerging leaders, including recent Bachelor of Agricultural Science graduate Laura Scanlan. Laura's family home is in Milton, where she grew up on a sheep farm and attended the Tokomairiro High School. She has a strong connection to the region and the Bruce Stewart Leadership Programme supported her participation in the Classic Outward Bound course to develop her team-building and relationship skills. The programme has also supported Dean Gordon, who

The programme has also supported Dean Gordon, who began his leadership journey in the early 2000s at Tokomairiro High School as Deputy Head Boy and Captain of the 1st XV. Now a Deputy Principal at Fairfield Primary in Dunedin, the programme funded Dean's attendance at a course focused on adult and team learning. For Dean, the Bruce Stewart Leadership Programme helped him understand the best ways to foster and grow other leaders around him.

Bruce Stewart's granddaughter Lauren Thornhill manages the programme and loves to see the range of applicants, vocations, and ages of those who apply. She says the programme is a way to honour her grandfather's legacy and support leaders from the Tokomairiro region.

Applications for the Bruce Stewart Leadership programme are now open — to apply or to find out more information, visit the website <u>www.brucestewartleadership.org.</u>

Supporting future leaders.

Are you looking to develop your leadership skills? You may be eligible to receive a funding grant.

The Bruce Stewart Leadership Programme has two funding rounds each year for the benefit of people connected to the Tokomairiro region.

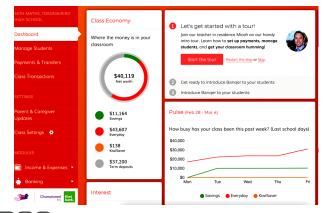
Applications are now open **brucestewartleadership.org**



Year 9 and 10 Maths

Accelerated Progress and Extension (APEX) Maths has been off to a busy start this year. We have started completing extension in Number, Algebra and Geometry.

On Fridays, we work on our Math Badges completing an individual topic of our interests. We have also been using Banqer - a student bank account where we can make investments such as term deposits - and even buy a car! Our current goal is to pay our tax and save up for a deposit for a house.



RSANews From the Trenches



Another huge week which kicked off with President Evan Jenkins presenting Milton Fire Brigade Chief Robbie Philip funds raised from the fishing competition. Robbie indicated funds would be used in restoring a former fire truck to its former

glory. This upcoming Sunday will be another chance for duck shooters to get some more practice in before May with the monthly Clay Bird Shoot to be held. Not far away is our World Famous Spud Dig which is to be held on Saturday 19th March, this has been confirmed by Spud Monthly magazine as leading the world, while other competitions follow. Just a wee reminder if you have entered a spud, to ensure there are refreshments available to ensure proper hydration. for the diggers. Also as a bonus will be the added Giant Pumpkin growing competition as well - I've been advised there has been a lot of talking to, various potions mixed and crazy antics to assist with the growing process - we will see who has the magic recipe. Also the rugby competition is roaring along - ensure you get your picks in on time.

We also have RSA Polo Shirts to purchase for \$35 in a variety of sizes to fit all body shapes, they look fantastic - so get in quick.

Finally a couple of members have got themselves into bother this week , with one receiving a speeding ticket, while leaving Waihola garage (congrats Uncle George), while another member proceeded to lock their groceries in the boot of their vehicle, requiring assistance from both their father and muscle bound man from Helensbrook. That is all that's fit to print this week. - *Private Pike*



Toy Library Awareness Week

It's a big week down at the Tokomairiro Toy Library this week, not only is it Toy Library Awareness Week but we are also celebrating two years since our grand re-opening.

We have had some big changes since the re-opening and the Toy Library is almost unrecognizable, - we have new shelving, a new website, free wifi thanks to Unifone, a new logo and signage, lots of new toys and our new librarian, Teresa.

If you haven't been down to visit the toy library yet it is such a great time to check it out. To celebrate we are offering a free three week trial so you can see all the great things we have to offer. We are also holding a colouring competition which can be collected from the Toy Library during opening hours, all entries will be in to win a

year's membership!

Joining the toy library is a cost-effective way to enjoy all the latest toys without the cost or having to store them, it's like Christmas every few weeks!

Family memberships are \$40 for the year or \$10 per term, or \$20 for the year with a Community Services card. We're open on Thursdays and Saturdays between 10:30 –

11:30am and you can find us at the corner of Gray and Elderlee Streets. We can't wait to see you there.



Building Bivvies



This photo is one of the groups from Mrs Mickey's Year 9 and 10 Hunting and Fishing class making their bivvy as mentioned in last week's *Genesis*.

The groups tested them for strength and ability to shelter them from wind and rain as part of their discussion on Hypothermia.

Euchre

27th February 2022

Winner: R Jenkins Loser: N Tutty (Owaka) Raffle: N Tutty (Owaka) Winner: Pat (Owaka) Loser: Joan Thornthwaite Raffle: Dawn (Owaka)

2nd March 2022

Rebus Club of Milton

Due to COVID now being in our region, the committee have decided NOT to have our March meeting. There will be no meetings until further notice.



Sumpter Moore – Barristers & Solicitors

Quote of the week: 'My evil genius Procrastination has whispered me to tarry 'til a more convenient season' Mary Todd Lincoln (1818 - 1882) For all your legal requirements, contact our friendly team at

5 Eden Street, (PO Box 16) Milton.

Milton Garden Club

On Monday 14th February, the Milton Garden Club went to Lawrence to visit the Water Garden. This was well worth visiting. The people who own it have restored water wheels (large ones!), cottages, saddles, bridles, bits etc in the age of horse transport and workers in the fields. It was great to walk the tracks around the lakes, where ducks were happily paddling and diving amongst the water lilies in beautiful, clean water. There were more ponds, each with crystal, sparkling water from the Gabriel's Gully river, inhabited by eels, perch and trout.

The car museum was interesting, and the museum of collections of all kinds of treasures to remind us of days gone by.

We had lunch at '26 On Ross', then visited Sharyn Baizley's rock garden and Marama Lodge, where vegetables grew in the flower garden, getting along together very attractively! On 14th March (if permitted), we will visit two gardens in Mosgiel then a garden shop, as well as the Momona Garden shop on the way home.



Toko Golf

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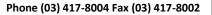
Steel Wood - M Adam 100 - 22 - 78

Putting - G Findlay 28

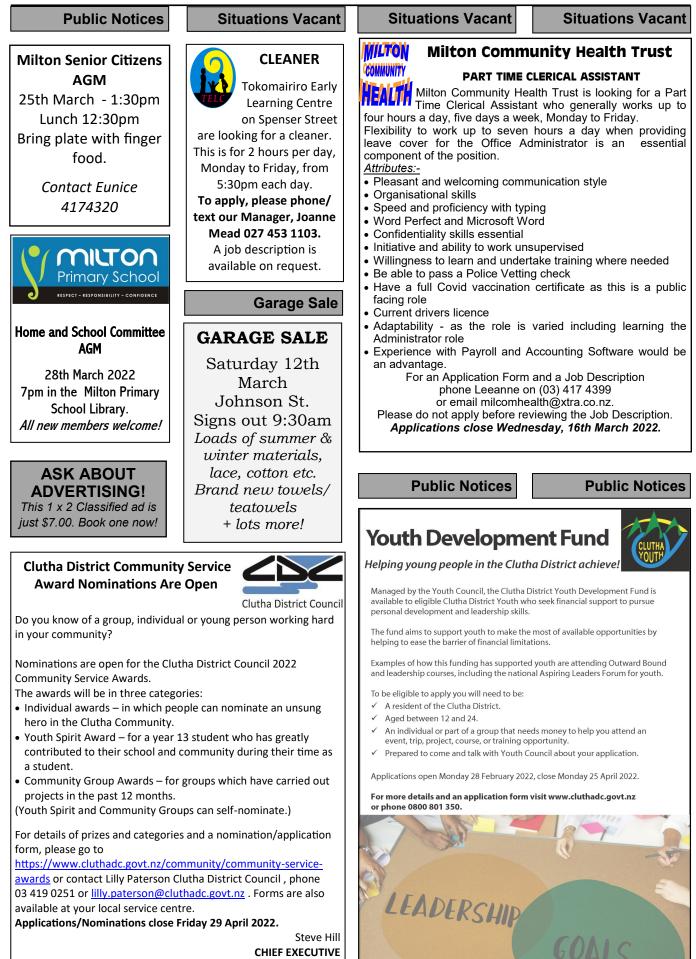
Two's P Scott Closest to Pin- W Tatupu Birdie 17 Nett Eagle 18



CONTACT JIM -4174187



Genesis Classifieds ...





Genesis Classifieds ...

