

Tokomairiro High School Newsletter & Community Noticeboard

Wednesday 21st February 2024



238 Union Street MILTON T: 03 417 4483



E: genesis@tokohigh.school.nz

Prefects Off to a Hearty Start





Children Miss Out If They Miss School

FECT ATTENDANCE Other children keep on learning while a child is absent. When a child returns, there are learning gaps.

The child may feel:

That the teacher did not explain

Other children know more They are not part of team work, in class or in the playaround They are always trying to catch up on work or in activities

Costs to the child may include:

Feelings of social isolation Loss of learning and social confidence Reduced self-esteem

Chromebook Amnesty!

Kia ora Tokomairiro High School Community We are seeking the return of chromebooks (and chargers!!) that have been loaned to our senior students in years past. Please have a look down the back of the couch, under the bed, the far-flung corners of your home for any forgotten treasures, and return them to the school when you can, no questions asked. The return of these devices will go a long way toward supporting the learning of current students!



Whakaute, Haepapa, Hiranga Respect, Responsibility, Excellence

Articles and Reports Genesis relies

articles and reports supplied

by the community to fill our

pages. Please email these to

genesis@tokohigh.school.nz

TEACHERS

We are looking to expand our pool of relieving teachers at Tokomairiro High School. If you are a New Zealand registered teacher, and available for on-call relief work, please contact bill@tokohigh.school.nz

so we can share what is happening in our area. E E

The

The Prefect team have started the year off with a bang by selling flowers, lollipops and cards last Wednesday, which was of course, Valentine's Day. They raised \$171.60 which will be donated to the Heart Foundation. Watch out for their next inspiring venture!

Left: Prefects Tāne Nichol, Elsie Clarke, Jacob Murray, Makayla Wills, Murphy Lister and Wyatt Mallon getting in the spirit of Valentine's Day.

Right: Head Prefect Wyatt Mallon gives a rose to Prefect Murphy Lister.



Milton Community Unites to Transform Tamariki Wellbeing

The Otago Community Trust is proud to announce funding of \$454,631 over three years to Barnardos Aotearoa in collaboration with Milton Primary School and local service providers to support the school's wider long-term Wellbeing Strategy. Specifically, the collaboration will deliver

Barnardos' Leap social work service at Milton Primary School, with the flexibility to serve the wider community and other local schools over time. The community recognised an urgent need and service gap for specialist support focused on the developmental, social, and emotional needs of primary school children within Milton.

This new service will focus on identifying needs, building critical relationships between families and support services, improving accessibility to help, and providing tailored, wraparound support to meet the needs of each child. Working in partnership with families, Milton Primary's Wellbeing Strategy aims to nurture Milton's tamariki to grow into thriving, confident individuals. The service represents an exciting additional support focused solely on connecting vulnerable children aged 5-12 years old with vital help early on.

"This community-led initiative shows what can happen when a region comes together around our shared hope for tamariki", said Milton Primary School Principal, Kaela McGregor.

Dates to Remember...2024

Wednesday 28th February -Board Meeting

Tuesday 5th March -Parent Teacher Hui

Tuesday 19th March -Swimming Sports





SuperValue Milton: 59 Union Street, Milton n 417 8008 Open 7am - 8pm, 7 days. Prices valid 19th - 25th February 2024 or whilst stocks last.



Loose Yellow Flesh Nectarines (Product of NZ)



Fresh Chicken Drumsticks (Product of NZ, Excludes Free Range)



SCHOOL MISSION: Inspiring Excellence in Education, in Character and in Life.

Tena koutou katoa

This week in assembly students heard about some of the opportunities that are available to them during the year. They heard from Head Prefect Wyatt Mallon about his experience at the Rotary Youth Science and Technology Forum in Auckland, and also from Prefect Elsie Clarke about her recent experience on Spirit of Adventure. These are just two examples of a wide range of exciting opportunities that our students have open to them.

In addition Ms Eames talked to the students about the awards that are presented to our students at our annual Prize Giving in December. It was really interesting hearing the long history around some of the awards. I really hope that the students took note of Ms Eames' words and set their sights on becoming a recipient of one of the awards in 2024.

E rere te huata, kapohia! When the spear flies, grab it!

Fortnightly Summaries

Last Friday the first of this years' Effort Summaries were sent out. These contain information on overall attendance as well as attendance in individual classes. Also contained in the summaries are each students' effort scores. Effort scores are awarded in every class and the maximum score is four. A student should be aiming to average at least a three in every class. If you do have any questions about the summary that was sent out please do not hesitate to contact the relevant teacher. Also if you did not receive the summary please can you contact us so that we can check that we have your email address.

Parent Teacher Hui

We will be holding our first Parent Teacher Hui on Tuesday 5th March. This will be an opportunity for caregivers to meet with their child's house group teacher to discuss goals for the year and how we can support each student to meet their goals. Meetings will be 15 minutes long and start at 2pm, so on this day school will finish early to allow us to meet with as many caregivers as possible. Bookings will be online and details of how to make a booking will be emailed to caregivers soon.

Lunch Passes

Students in Year 13 have the privilege of signing out of school at lunchtime, however, they should not be leaving school grounds at any other time during the day. For students in years 7 to 12 the blanket rule is that students can not sign out of school to go to the shops or home. A caregiver can, however, apply for a lunch pass for a student to go to their own home at lunchtime. Applications for Lunch Pass forms are available at the school office.

Attendance

I am very pleased that we are continuing to see a massive improvement in the attendance rates of our students. The Ministry of Education has set us a very high target for the number of students who attend school regularly. So far we are only 1% short



Genesis

The Genesis is a free publication, delivered weekly to homes and businesses in Milton, and is available on the school website, Facebook or via email. The Genesis office is open Tuesday 8:30am - 3:30pm and Wednesday 8:30-12. If the office is unattended, any articles, advertising or payments can be taken to the school office or left in the secure box in the office door.

Genesis Deadlines: Advertising and Articles - Monday 12 noon. These can be emailed to the Editor at genesis@tokohigh.school.nz. Genesis is delivered FREE to your letterbox on Wednesday afternoons. Any payments or donations can be made to Tokomairiro High School, account number 03 1736 0009803 000. Please use GENESIS and your name as reference. - Carolyn Shanks, Genesis Editor

Milton Medical Centre -Practice News

New Zealand is in the midst of a nationwide GP shortage and this is making it difficult for us to secure a permanent replacement for Dr Bungard who we farewelled late last year. Thankfully there is some good news! We have a locum coming to spend some time with us in March, and we have some TeleHealth sessions underway at present with Dr

Eric Dy, who is proving popular with our patients. We are grateful to have our full-time Nurse Practitioner, Lorna Scoon, and our GP, Dr Jerry Hsu who are both available for medical consultations. As a Nurse Practitioner, Lorna is trained to prescribe treatments, order tests, and diagnose conditions, in the same way as a GP. Our Reception staff or nurses can advise what appointment will best suit your needs.

Staff shortages do often mean longer wait times for appointments so it's important that if you are unwell you ring us at 8.30am and ask about an on-the-day appointment. If you are unsure what to do, please ask to talk to a nurse. For non-urgent appointments please ring and discuss the current wait times, and options (see below).

TeleHealth

A TeleHealth consult is a good option when you don't need a physical examination. You still come into the practice and meet one-on-one with a New Zealand based GP, via a video link. The GP can do everything that isn't "hands-on". Our nurses are also available to support the GP.

CareKiosk (Robo-Doc)

The CareKiosk has been the talk of the waiting room for the last three months. This is an innovative machine designed to save time for patients and clinicians, by recording essential information before you haveyour appointment. The CareKiosk measures your height, weight, body mass, oxygen levels, blood pressure and temperature and sends this information straight to your file ready for review by your clinician. There is no cost to use the CareKiosk. You can also call in and check your measurements all you need is a QR code from Reception.

Prescription Renewals

You may be able to get a prescription renewed without an appointment, but if you do need an appointment, we have quite long wait times at present so please call to discuss this before you run out of medication. Ideally, we would like to hear from you approximately 2 weeks before you are due to run out of medication. If you aren't sure if you need an appointment please discuss this with a nurse. You are also welcome to use our patient portal Manage My Health to request a prescription.

Friday Walking Group

Our Health Coach, Laura, has been holding a weekly walking group on a Friday morning. If you would like to join this group, or make a time to talk to Laura, please phone us on 417 8226. Appointments with Laura are free, and she can support you to make lifestyle changes, better understand your health conditions and set wellbeing goals.

Payment Options

We encourage patients to set up regular automatic payments to build up for when you need an appointment. Please discuss this with our Receptionists.

Feedback

Our Practice Manager, Lee-Anne Michelle, has been with the practice for almost 6 months and is loving her new role. Lee-Anne would love to hear your feedback on what we do well and how we could improve our service to you. She is available Tuesdays, Thursdays, and Fridays, and can also be contacted by email: <u>pm.milton@southlinkgp.co.nz</u>

> Genesis Deadline 12 Noon Monday

Bible Reading for the Week "For God so loved the world that he gave his one and only Son, that whoever believes in him shall not perish but have eternal life. " - John 3:16



Our New Bistro Kitchen is open Friday nights from 5:30pm with last orders being taken at 7:30pm All Welcome!

Small sample of our new menu with more options available. Full menu can be seen on our Facebook page or on the notice board at the front of club Loaded Wedges - \$14.00

> Ham Steak, Pineapple, Salad and Chips Medium \$18.00 or Large \$23.00

Beef Schnitzel, Chips and Salad with gravy or mushroom sauce - \$24.00

Whiting Fish, Chips and Salad -Medium \$18.00 or Large \$23.00

Mini Hotdogs or Chicken Nuggets and Chips with Kid's Drink - \$9.00

Are you the parent of a 13-15 year old who would like to improve their wellbeing?

If so, we would like your child to try out an engaging new app designed by NZ young people and researchers at The University of Auckland.



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receive a \$20 gift voucher.

here or scan this QR code.

WHITU

Articles and Reports

The Genesis relies on articles and reports supplied by the community to fill our pages. Please email these to genesis@tokohigh.school.nz so we can share what is happening in our area.



Sumpter Moore – Barristers & Solicitors

5 Eden Street, (PO Box 16) Milton

For all your legal requirements, contact our friendly team at (03) 417-8004 or email milton@sumptermoore.co.nz

Quote of the Week: 'Only exceptionally rational men can afford to be absurd"

-Allan Goldfein

Toko Golf

Tin \	Whistle	–13th	February	2024
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1st	Judy O'Connor	68	
2nd	Suzie Bearman	64	
3rd	Lynne Lister	63	
4th	Cath Scott	59	
5th	Ruta Reid	58	

9 Holers – Game of the Day Tin Whistle—Noelene Cubitt 25 Best Shot out to the Green-Suzie Bearman

Euchre

7th February 2024



Winner: Raelene Loser: Russell Raffle: Raelene

Winner: Dawn (Owaka) Loser: Moira Raffle: Raelene

Milton Country Club News

Well hello to all, 2024 and nearly two months gone already. February 23rd sees the start of our very popular sports pics, so make sure you get your name on the list at the club now, as the final night function is well worth signing up for even if you're not a winner. It's more than rugby, in fact if it's a sport then at some point it will be in the pics, and we have the biggest screen in town to watch them on.

The Friday night bistro is going down a treat so come on down and join us and enjoy a lovely meal where you will be most welcome. Remember our lounge bar is able to be hired by all, so please feel free to ring Sharlene on 0274595968 for further details. We are always happy to welcome new visitors through our doors, so do come down and join us. Until next time

See you at the club!

Bridge Summer Pairs 15th February 2024



J Scott/V Stanley T Tetlow/C Harrex K Powell/A Broome 66.25% J Turnbull/M Cain 56.25% T Peterson/T Morland

48.75% 38.75% 52.50% K Roughan/R Ferreira 37.50%

Keep Your Contact Details Updated!

Email any changes to genesis@tokohigh.school.nz.

Ladies! Would you like to play golf?

Start with 9 holes or less

Every Tuesday morning, start at 10:30am \$3 per person Bring your lunch Come on up—see you there!

Club Captain, Raewyn Devlin 027 481 6146



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RSA News from the Trenches...

Greetings from RSA Headquarters where I'm just having a wee sherry with the Brigadier discussing current manoeuvres at the RSA. There is so much happening on so many fronts.

Our Sporty Tipping Comp commences this Friday with the Chiefs going up against my beloved Crusaders, so make sure that you have your picks in before then and watch the first game on Friday night. I think there may be room for a couple more entrants, and the Brigadier states many having been puffing their chest out already claiming victory

Then on the 9th March we will be having our Annual Fishing Comp where I'm hoping to contact Admiral Pugwash and be on our battleship hoping to catch plenty of fish. We have plenty of fantastic prizes so thank you for our generous sponsors.

Our Thursday night raffles have been going spiffy with plenty there. I usually end the week exhausted on Friday having a wee Pimm's courtesy of our tremendous Bar Manager Dougal who keeps a wee supply.

See you soon! Toodles.

-Major Gilbert Bruce



Toko Rugby Report

Last Saturday we held our inaugural Car Show with almost 180 entrants showing off some beautiful vehicles of all shapes and sizes. There was a huge turn out of people viewing and plenty of positive feedback. We will be looking at making this an annual event with next year already promising to be bigger and better.

On Sunday we held our Toko Juniors Registration with plenty of potential superstars lining up looking excited for the 2024 season. Speaking of excited, the Toko Premiers are training the house down doing the hard yards pre season. The squad has a few new players this year with a couple already looking like being crowd favourites. If you want to play come along Tues and Thurs at 6pm for a run.

The season kicks off with the comp commencing on 23rd March with Toko playing Green Island pre season on 9th March in Dunedin.

We are about to launch our Supporters Membership Drive where every home game a name is drawn out and if you are there, you win a cash prize. To be eligible for the draw, it will cost \$20 single or \$30 double. Please use bank account 06 0936 0068061 00 and your name as a reference. If it's not struck, the money will jackpot until next home game, so get your name in the mix to win.

More info to come next week. Stay tuned-The Judge

Milton **Sub Association** Indoor Bowls



It was a much smaller field and very hot this week so only two games were played. Also the Balclutha ladies were sorely missed.

In the first round Alex Benington, Alwyn Read and Raymond Perry drew with Barbara Read, Eunice Benington and Greta Jenkins 8-all, and the second game saw Barbara's team trounce Alex 9-3. Hopefully we'll see a better turn out this week. Come along and have a go, we'd love to see you.

4 High Street, Balclutha • <u>crash@gmpanelbeating.co.nz</u>



Genesis Classifieds ...





