



Tokomairiro High
School Newsletter &
Community Noticeboard

Wednesday
7th October 2020

Genesis

238 Union Street
MILTON
T: 03 417 4483
F: 03 417 8215

E: genesis@tokohigh.school.nz



A Visit to Haast

Tokomairiro High School's Japanese student, Hiroki Nagase recently visited Haast and the West Coast. He shares his experience with us -

Mr Gilling, Mr Devlin and I travelled to the West Coast for three days. It was a cloudy morning when we hopped into Mr Gilling's 4WD. We drove through Alexandra, Cromwell, then, we arrived at Wanaka. I kayaked in Lake Wanaka. After that, we went through the Haast Pass and arrived at Haast! Once we had arrived at the West Coast, we went to the beach to see the awesome sunset. Tea for the day was whitebait! I used to eat whitebait in Japan and I liked them so it was really good to have them. It was a good starry night as well :)

Next morning, we went up to Franz Josef via the Fox Glacier. In Franz Josef, we decided to have a ride in a helicopter. It was the first heli flight for me but I was not nervous - I was excited! During the flight, we saw a big glacier, Mt Tasman and Mt Cook with the pilot's awesome commentary. It was absolutely fantastic! Perfect for me. However, Mr Gilling was shocked that the glacier was melting and getting smaller. I was really sad to hear the story. On the way to Haast, Mr Gilling and I went to a beach. It was like a hidden beach, no one was in there, and there was a beautiful view! We had been to some beaches during our trip; however, it was the best beach of them all. We didn't do many things on the last day, but we drove back the same way and sometimes stopped at places to see waterfalls, and have a cuppa. We arrived back in Milton in the afternoon.

The West Coast was a really good place to visit. It showed me a different side of New Zealand. It is similar to Japan because it gets a lot of rain and Japan does too. However, the one issue is there are a lot of sandflies. Why do they bite me so much? I've been bitten more than ten times. It seems they like Japanese meat!



Students Complete RYDA Programme



The Year 12s went to Telford at the end of term to participate in the RYDA (Rotary Youth Driver Awareness) programme. This programme has been running for a number of years to educate youth and promote safer roads. It is supported by Rotary and NZ Police. Students got to take part in a number of interactive workshops throughout the day including a live action demonstration of a car making an emergency stop at a number of different speeds. Not all students have their license yet but all spoke highly of the day and will definitely have more awareness and knowledge around how to be a safer driver.



Inside this week....

School Newsletter

Student Profile

Toddlers and Sleep Pt 2

Club Reports and Results

Kids Voting 2020



The first Monday back after the term break will bring the opportunity for our Tokomairiro High School junior students (Years 7-10) to vote in a Kids Voting Election. Run in conjunction with the NZ Electoral Commission, it allows students to experience voting as we, as adults, will on the upcoming election day. This is a mock election voting opportunity and is provided as a teaching and learning activity. Tuesday will be the turn of the senior school and they will also have the option of voting on the choice of Life and Cannabis Referendums as well.

A number of classes throughout the school have been looking at both the referendums and their implications as well as developing mock parliaments, parties and policies and presenting debates as to why students should vote for their party.

Results will be collated by our Year 10 classes with a report of findings presented for publication in the Genesis and sent onto the Electoral Commission for publication of nationwide results.

Lamb Tailing

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ea

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ST/02/01/20

Tokomairiro High School Newsletter...



SCHOOL MISSION: Working together to inspire excellence in education, in character and in life.

Tena koutou katoa,

Week two of the term break – I am enjoying the sunshine in Northland for a week. I hope it has got warmer at home compared to the day I left (last Tuesday), and I hope those young lambs managed to survive the snows. I imagine many of the students would have enjoyed getting out in the snow during the day.

Term 4 – Change of Afternoon Times As from the first day of term 4, **classes will finish at 3.00pm** at the end of the day. This will allow more time for students to finish off with teachers before heading to their buses – note that buses will still leave at the same time – 3.15pm. It will also allow extra time for tutorials for senior students as they head towards the external examination period.

Junior Options Early next term, year 8 and 9 students will have an opportunity to select their option subjects for next year. Information will be sent home for students to discuss choices with parents / caregivers / whanau members. We will also provide an opportunity for parents to come into school to discuss option choices with teachers.

Year 13 Scholarships We have a number of scholarships open to school leavers and applications are now open. Applications must be in by Wednesday 28 October. Scholarship recipients will be announced at the prizegiving on Thursday 10 December.

Student Representative on the Board of Trustees

Congratulations to Holly Griffin who has been appointed as the Student Representative on the Board of Trustees. Holly takes over from Annabelle Philips who has completed the past year on the board. We thank Annabelle for her services and welcome Holly to the board.

Trail Bike Ride Plans are underway for this year's trail bike ride. The PTA are on track with their planning and Griff and his team are organizing the route. Online registration is now available – there is a link on the Tokomairiro High School website. Be sure to mark the date in your diary, Saturday 31st October. We will be looking for members of the public who may be available to help out on the day – marshalling, helping at food stations, etc.

If you are able to help out please contact the school office (03 417 8620).

Healthy School Lunches We are very excited that all the schools in Milton are to become part of the Healthy School Lunches programme. This means that all of the young people of school age in Milton will be provided with a free healthy lunch through their school. This is an opportunity for local business. Please email thsprincipal@tokohigh.school.nz if you would like more information about this opportunity.

Hockey Turf Fence Repair We are looking for someone with some fencing skills to volunteer some time to repair some of the fencing around the hockey turf here at school. If you can help out please contact our Property Manager, Alan Robinson (027 417 8744). Your help will be very much appreciated.

Student Profiles You will find a student profile, for our senior students, in each edition of the Genesis over the next few weeks. We want to share the success and passions of our young people and what has been special for them at Tokomairiro High School. This week is prefect and past Student Representative on the Board of Trustees, Annabelle Philips.

Year 6 Students and Parents All year 6 students should have received Information Packs for 2021 Year 7 and enrolment forms. We ask that enrolment forms be completed and handed in to Tokomairiro High School office by Friday 16 October. If you have any questions, or would like to have a look around the school at any time, we are happy to organise this – please contact the school office. A transition programme is currently being put together and Year 6 students will have an induction programme next term. We also organise an interview time for each Year 6 child and their parents, early next term.

Term break Finally, I hope all the students and staff have been having a good break and looking after themselves, and will be ready to come back to school next week. It is important our students come back feeling refreshed and ready to focus on their learning for term four. For senior students working towards external examinations, it is a great chance to complete all internal assessment work, sort out notes and books and get ready for the focus on preparing for those externals.

Remember, our doors are always open. Please come and talk to us if you have any concerns.

Regards
Glenis Sim,
Principal

*Ki to kohahi te Kākaho ka whati, ki te kapaia,
e kore e whati - When reeds stand alone,
they are vulnerable, but bound together they
are unbreakable.*

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Student Profile - Annabelle Philips (Year 13)

What is your favourite subject and why?

My favourite subjects are the arts - English, media studies, classics and art. They're the kinds of subjects that force original thought and expression, and I for one am very expressive!!

What opportunities have you had at our school?

In junior school I was exposed to the basics of the arts, but senior school has allowed me to excel independently in them. The teachers I've had have been incredibly supportive, and are the reason I'm so passionate.

How do you think Tokomairiro High School has set you up for life after school?

I'm really excited to move onto university next year: to continue my love of English as a major, and one day become something huge, like an editor in London.

What is your favourite thing about Tokomairiro High School?

I love the familiar atmosphere of Toko. I've made so many crucial memories here. Every square foot holds sentimental value.

What will you always remember about school?

I'll always remember the iconic Ms Butler. Her advice to me was "if all else fails, marry a rich man to do everything for you." So, if the arts don't get me a job (which is HIGHLY unlikely...) then I'll just have to settle for that. Xx



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Report Bullying



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Dates to Remember...

Monday 12th October - Term 4 Begins
Thursday 15th October - Year 10-13 INZONE Careers Bus
Wed 21st-Fri 23rd October - Year 9 Camp
Wednesday 4th November - Sports Awards Evening
Monday 9th November - HPV Vaccines
Friday 13th November - Seniors finish classes

News From the Trenches

On Saturday we had a very successful working bee where we tidied our upstairs rooms. Thanks to the large numbers of volunteers that turned up, much appreciated, as it made a large job very easily knocked off. Next task will be doing maintenance work in the carpark, so stay tuned for the next working bee.

During Saturday's working bee, there were a few gems uncovered with some photo albums showing current members much younger in appearance - even some with hair!!

The Joker draw is now like a runaway train with the current jackpot now sitting at \$3,300 waiting to be won on Thursday night. The number of cards waiting to be turned now is 17, so time is rapidly running out to win. Be in quick on Thursday night. Also steaming along nicely is our Land Raffle which is rapidly being snapped up. Don't forget only \$2 a square to secure prime real estate locations. Friday night Handle Club also is attracting an excellent crowd - Paddy has whispered to me, there are a couple of events being planned for Friday nights - you absolutely don't want to miss out. Further details to arrive in the coming weeks.

Paddy and I are disappearing on a secret military mission next week, so the next report will be in a fortnight. Maybe the joker will be struck???

Private Pike



Gym Report

Remember – 24 hr access is available – this is great to have for a town the size of Milton. Come and join up (this involves filling out a membership form, signing the rules & health and safety contracts and agreements – staff on between 8am and 5pm weekdays – outside of these hours, you need an access fob which can be purchased when you join.

We are a friendly Community Gym and the gym is used for many things. Physiotherapy Rehab and Return to Work programmes through SPS Physio, Keep Moving Classes held twice a week on a Tuesday and Thursday at 2.30 pm (strength and balance for the older generation) individual & family memberships with members ranging in age from High School students to 90 +

The suggestions below will help you to get motivated – you won't regret it.

- ◆ Put your workout clothes on. Don't think about it, just get dressed – it's the best way to get motivated to work out.
- ◆ Write down how you feel after your workout. ...
- ◆ Variety, variety, variety...
- ◆ Surround yourself with motivation
- ◆ Everything is easier in a group. Come with friends. See you at the gym.

Bridge

Milton Pairs 30.09.20

| | |
|---------------------------|--------|
| G Dale & V Clifford-Marsh | 80.56% |
| J Scott & S Agnew | 58.33% |
| J Turnbull & A Broome | 50.00% |
| J Taylor & T Peterson | 44.44% |
| K Powell & V Stanley | 44.44% |
| L Clark & L Rutherford | 40.28% |
| C Harrex & K Roughan | 31.94% |



Bible Reading for Today

A friend loves at all times, and a brother is born for a time of adversity. Proverbs 17:17

Milton Elder Care Report

What a shock Tuesday was with the ground covered in snow. The whole street looked pristine, but not for long - by mid afternoon the snow had vanished. Such a shame! Yet as I write this report, it is a beautiful day with sun and hardly any wind.

The month started with Housie, then Ruby came and spoke to us about her travels around some very exciting places, and often on her own. Very brave and very interesting to listen to. Thankyou Ruby. Sylvia and Eddie came and entertained.

An outing just for the men was enjoyed, while the ladies had a happy hour. We have also had lunch of soup and buns at the rooms and a high afternoon tea followed by a talk by most clients on their life experiences. Trevor Graham has been back to play and sing, and he is always popular.

The last day of the month was the ladies turn to go on an outing, and they went to The Big Tree on SH1, then out the back through Outram and home for a welcome cuppa.

It is good to have the Rest Home clients back now they are out of lockdown.

If anyone is out there who is interested in giving up an afternoon once or twice a month to help, we would love to hear from you. Please contact Ruth at the rooms, or call her on 021 086 66054.

Euchre

23rd September 2020

30th September 2020

Winner - I Mason

Winner - R Cull

Loser - R Harry

Loser - I Mason

Raffle - R Jenkins

Raffle - D Le Sueur

kink  the road
BAR & BISTRO

Pensioner Lunches

Tuesday 13th October
from 12pm

Roast lunch, dessert, tea and coffee

Bookings Essential. Courtesy coach available for pick up and drop off between 11:30am and 2.00pm

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Toddlers & Sleep (part 2 of 3)

"Mum! Mum!" It's 3am and your toddler has woken and called out for the fifth time that night. As you stumble out of bed with one eye open, you wonder if giving another a bottle of milk will allow you a few more hours sleep. Night wake ups are really common with toddlers, either repeatedly calling out or coming out of their room and into yours. To help resolve this, we need to consider how they are getting to sleep in the first place. Diet plays a huge role in sleep, so reducing excess milk and increasing their protein intake over the day can make a big difference.



How to move away from milk at night and general nutrition will be covered at the Toddlers & Sleep evening in Milton on Friday 30th September, tickets can be purchased from The Hub, 61 Union Street or from www.littlesleepcoach.co.nz/

Public Notices ...

Milton Poultry Club AGM

Monday 12th October at
7pm

St John Rooms, Eden Street

Apologies/ Enquiries
Ph 0274 177 317

Public Notices ...

Do you have an art project in mind?

Clutha District Council is to hold an additional Creative Communities funding round this year. The next round closes on 20 November 2020.

The application guide can be found on the Funding Schemes page of our website: www.cluthadcc.govt.nz

To qualify, projects must:

- Take place within the Clutha District
- Be completed within 12 months of funding approval
- Not have started or finished before mid December 2020.

Please contact Karen Piercy, Corporate Services Administrator with any questions on 03 419 0261.

Applications are invited from groups and individual artists.

Lost and Found ...

LOST: from Circle Hill Rd on Wednesday 23/9, my handbag and cellphone. If found, please phone Heather on 03 417 7099

Public Notices ...

The Weatherstons Daffodils and Brewery Trust, Lawrence



The Daffodils and Brewery Ruins will be open Fri/Sat/Sun from 12th September to 18 October, 10am-4pm.

Open Thursdays during school holidays.

Adults \$5, Under 13's - \$2, Pre-schoolers FREE

\$12 family of 4. Cash admission only. Groups by arrangement.

Enquiries to Simone 03 4859 136 or Mel 027 232 9963.

Situations Vacant ...

Situations Vacant ...



Whanau Ora Navigator – Youth Justice

(part-time, fixed term position)

The position of Whanau Ora Navigator – Youth Justice, will Support rangatahi and whanau to identify their strengths; facilitate and mentor rangatahi to identify their aspirations through a range of approaches; and will support rangatahi and whanau through advocacy and referrals to appropriate services. The position will be based with our Whanau Ora Navigation team in Milton.

Applicants must hold a valid and full Class 1 drivers licence, and be prepared to undergo Police vetting.

A copy of the Whanau Ora Navigator – Youth Justice Job Description can be requested via office@tokomairo.co.nz. Please include a CV in chronological order, and a cover letter with your application and email to office@tokowaiora.co.nz. Applications close Friday 23rd October 2020.

For more info about the Tokomairiro Waiora Inc. visit <https://www.tokowaiora.co.nz/>

Housie - Housie - Housie

Milton Country Club

Thursday 8th October at
7pm.

See you there!

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Milking Mon-Thurs.

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MILTON COMMUNITY HEALTH TRUST

Annual General Meeting

7.00pm on Tuesday, 10th November 2020
at the Milton, St Johns Ambulance Rooms

Four positions will become vacant for nomination this year, on the Board's stand-down rotation policy – Kerry Dowling, Sue Stewart, Gaynor Hayes and Carol Dalton are due to stand down from the Board. Kerry Dowling and Gaynor Hayes both offer themselves for re-election. Sue Stewart and Carol Dalton will be standing down.

Members of the public who may be interested in standing for the Board are encouraged to speak to one of the current board members or the Nurse Manager. An information pack including the Job Description and nomination papers is available from the Milton Community Health Trust Office: 7 Eden Street, Milton, Phone: (03) 417 4399 Fax: (03) 417 4398, Email: milcomhealth@xtra.co.nz.

The time commitment for this board is approximately three hours per month.

Nominations must be received in writing at the Trust's office, signed by a proposer and seconder, and carrying the nominee's consent, by Friday, 30th October 2020. Elections will be held on Tuesday, 10th November 2020 at the AGM.

Current Board Members:

| | |
|----------------------------|--------------|
| Helen Vollweiler (Chair) | 417 7160 |
| Susan Stewart (Vice Chair) | 417 8779 |
| Gaynor Hayes | 417 8939 |
| Chris London | 417 7974 |
| Kerry Dowling | 417 8004 |
| Justin Geddes | 027 487 6487 |
| Carol Dalton | 417 7057 |

For further information contact Dale Wyber, Nurse Manager on (03) 417 4399 or 027 417 8861.

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Genesis Classifieds ...

Public Notices ...

Public Notices ...

TEVIOT VALLEY (7th) ANNUAL GARAGE SALE TRAIL

**Saturday 10th and Sunday 11th October
9AM-4PM**

- Almost 70 garages so far! -

Proceeds will go into a fund at BNZ named
'Teviot Valley Kids Count'.

The monies raised will be used to aid families of young people from the Teviot Valley who have been confronted with unexpected illnesses or extended hospital visits.

**MAPS WILL BE SOLD FROM 7:30AM ON THE DAY ONLY AT:
ROBBS GARGAE (ROXBURGH)
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Church Services ...

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Sunday Service - Sunday @ 10am

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10:45 am Milton

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Home Services ...



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Genesis Classifieds ...

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