

NORTH OTAGO BASKETBALL ASSOCIATION (NOBA)

HEALTH AND SAFETY PLAN

Location: Oamaru, New Zealand

Date: June 2026



1. Introduction

North Otago Basketball (NOBA) is committed to providing a safe and healthy environment for players, coaches, staff, volunteers, and spectators. This Health and Safety Plan (HSP) outlines our commitment to ensuring compliance with New Zealand's Health and Safety at Work Act 2015. Our primary goal is to eliminate or minimise risks through hazard identification and participant engagement.

2. Legal and Regulatory Compliance

NOBA acknowledges its duties and obligations under the following New Zealand legislation:

- Health and Safety at Work Act 2015
- Health and Safety in Employment (Sports) Regulations 2016
- Health and Safety at Work (General Risk and Workplace Management) Regulations 2025
- New Zealand Code of Practice for Safety in Sports Activities
- WorkSafe New Zealand Guidelines

3. Health and Safety Responsibilities

3.1. NOBA Board

- Ensure safety systems are implemented, resourced, and maintained.
- Oversee legislative compliance and safety procedures.
- Ensure staff and volunteers are trained in safety obligations.

3.2. Floor Controller / Health and Safety Representative

- Act as the primary on-court contact for safety matters.
- Coordinate regular health and safety facility audits.
- Manage the reporting of incidents, hazards, and injuries.

3.3. Coaches, Managers, and Volunteers

- Monitor player welfare, ensuring warm-ups and safe skill development.
- Report court hazards, injuries, or near-miss incidents immediately).
- Ensure adequate supervision of players during training and games.
- Provide two scorebench officials per team (including at least one adult).

3.4. Players and Spectators

- Follow facility safety instructions and report injuries promptly.
- Respect the safety of fellow participants, officials, and venue staff.
- Remain off the playing floor (spectators must stay clear of the bottom floor area).

4. Hazard Identification and Risk Management

4.1. Hazard Identification

- Physical Hazards: Slippery courts, floor debris, trip hazards, and spillages.
- Equipment Hazards: Loose scoreboards, unsecured portable hoops, or damaged backboards.
- Player Health Hazards: Concussions, sprains, fractures, and dehydration.
- Environmental Hazards: Facility lighting failures, poor ventilation, or extreme temperatures.

4.2. Risk Assessment and Control Measures

- Footwear and Floors: Only clean, soft-soled athletic shoes are permitted on the courts. No high heels or dirty footwear.
- Spill Protocol: Keep disposable paper towels at the scorebench to immediately dry sweat or liquid spills.
- Food Restrictions: No glass, food, or chewing gum allowed on courts or team benches. Water bottles only.
- Equipment Audits: Inspect hoops, nets, and court structures before every tournament or local league round.

5. Emergency and Incident Procedures

5.1. First Aid and Medical Support

- Maintain stocked first aid kits at the primary scorebench and control desk.
- Ensure access to a qualified first aid responder during formal local competitions .
- Keep clear emergency vehicle access points open outside the Network Waitaki Event Centre.

5.2. Incident Reporting

- Document all injuries, hazards, and near-misses on NOBA incident forms.
- Investigate all major incidents to implement corrective court measures.

5.3. Evacuation and Fire Safety

- Follow the dedicated evacuation plans for the Network Waitaki Event Centre.
- Ensure floor controllers clearly communicate exit paths to participants during emergencies.

6. Code of Conduct and Personal Safety

6.1. Personal Protective Equipment (PPE)

NOBA strongly recommends or requires the following safety gear:

- **Mouthguards: Mandatory for all youth grade players during games.**
- Joint Supports: Recommended ankle or knee braces for injury prevention.

6.2. Behavioural Conduct

- Zero Tolerance: No aggressive, dangerous, or abusive behaviour toward officials, players, or staff.
- Substance Policy: Zero tolerance for alcohol or drug impairment by any player, coach, or official.
- Social Media: Participants must represent North Otago Basketball positively, avoiding cyber-bullying or reputational damage.

7. Wellness and Mental Health Support

- Promote an inclusive, supportive, and safe environment for all local players and clubs.
- Provide links to community mental health resources and sports sportsmanship programmes.

8. Review and Continuous Improvement

- Conduct annual reviews of this plan to integrate Basketball New Zealand updates.
- Welcome ongoing health and safety feedback from players, clubs, and coaches .

Signed: Rachel Fowler (on behalf of)

North Otago Basketball Association
