

Concussion Identification/Reporting Process for first 48 hours

RED FLAGS

- Loss of consciousness or seizures
- Increasing confusion or irritability
- Severe or increasing headache
- Repeated vomiting
- Unusual behaviour change
- Weakness in arms or legs
- Seizure or convulsion
- Double or blurred vision
- Report of neck pain or spinal cord symptoms - numbness tingling, muscle weakness
- Personal medical history of bleeding disorder or regular medication use that could result in prolonged bleeding, e.g. Warfarin, Aspirin
- Visible skull deformity

Injury witnessed or suspected

Remove from Activity Immediately
Report to school
Monitor Symptoms and **red flags**
for 48 hours (**complete rest**)

Red Flags Present

Yes

Call 111 or seek
immediate medical
care (ED)

No

Refer to GP for
diagnosis or
clearance

Stand down from sport until cleared

CONCUSSION SYMPTOMS

- Headache
- Pressure in head
- Balance problems
- Blurred/double vision
- Neck pain
- Nausea/vomiting
- Dizziness
- Sensitivity to light and/or noise
- 'Don't feel right'
- Fatigue
- Drowsiness