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INFORMATION SHEET

Exploring how various workforce roles support people in primary and community care living with a long-term condition

TAUNAKITANGA TAKITINI

Thank you for showing an interest in this project. Please read this information sheet carefully before deciding whether or not you agree to participate. If you decide to do so we thank you. If you decide not to do so there will be no disadvantage to you and we thank you for considering our request.

What is the Aim of the Project?

In New Zealand the number of different workforce roles that support people to live well with a long-term health condition (for example, Health Coaches, Health Improvement Practitioners (HIPs)), are increasing. We are interested in learning more about how these different roles support people to live well.

Research question: How does the health workforce support people in primary and community care living with long-term health condition/s? And what do they draw upon to offer that support?

What Type of Participants are being sought?

- Registered and non-registered health workforce (this includes Health Coaches, HIPs, Kaiawhina, Community care coordinators, therapy assistants) currently or recently working in primary or community care in New Zealand.
- With a case load that reflects working with people living with long term health conditions (LTCs).

For this project we define a long-term health condition/s as an ongoing health problem/s that typically lasts for a year or longer, requires continuous management over months or decades, and usually cannot be cured.

Who are we?

We are researchers who work as part of a team on the Taunakitanga Takitini Research Programme Grant, that are working to reframing health and wellbeing self-management support. This project is part of our aspiration to support change by thinking about how to best support those who support our communities. This includes the health professional workforce, community workers, and whānau and friends/caregivers.

Leigh Hale and Donna Keen, will be conducting this research. Leigh leads the programme grant. She is a physiotherapy educator, clinician, and researcher in community-based rehabilitation. Her work is driven by the primary goal that we can bring support, hope and confidence to people to live well the lives they wish. Donna works as the programme

coordinator. She is an experienced qualitative researcher. She is very passionate about research as a way of supporting the telling of stories and perspectives that are often not heard.

Leigh and Donna are both really supportive of future workforce capability, and each year host student research interns to provide an opportunity for research training. One of these interns may join your interview.

What will Participants be Asked to Do?

Interviews will be conducted via Zoom. Donna or Leigh will conduct the interviews. This project will be supported by research interns who may attend the interview, but only after they have received research training. Each interview will be about 30 – 60 minutes long.

Interviews will explore how participants seek to understand the needs of the people they support living with a LTC/s and families (to enable living well with their LTC) and what they draw upon to offer that support. The discussions will explore both the training people have received as part of their profession and all other resources or sources they may draw on.

In the event of the interviewee inadvertently disclosing patient information during the interview, this information will be deleted at the time of transcription and not included in any of the analyses. We expect the chances of this occurring will be minimal given that we are interviewing practicing health professionals who are practiced in maintaining patient confidentiality.

An open-questioning technique will be engaged. Thus, while a general interview guide will be followed, the precise nature of the questions to be asked have not been determined in advance but will depend on the way in which the interview develops. Consequently, although the University of Otago Human Ethics Committee is aware in general what we wish to ask you about, the Committee has not been able to review the precise questions to be used. In the event that the line of questioning does develop in such a way that you feel hesitant or uncomfortable you are reminded of your right to decline to answer any particular question(s) and also that you may withdraw from the project at any stage without any disadvantage to yourself of any kind.

Following the interviews, the auto-transcribed files will be downloaded from the Zoom website, safely saved on Donna or Leigh's password protected computers. They will be checked for accuracy by the researcher listening and editing as necessary. At this stage the transcripts will be deidentified by removing any personal information such as names or other identifying information. The audio-recordings will not be stored or transcribed in the Zoom cloud.

There is no reimbursement offered for participation in this study.

What Data or Information will be Collected and What Use will be Made of it?

In the initial part of the interview, to provide a background context, we will find out a little about you (your age, ethnicity, gender) and your work. Information from each participant's interview will be analysed and the findings combined with those of other participants. This information will inform workforce training in NZ and the teaching of support in NZ workforce education programmes.

Your personal data collected will be securely stored in such a way that only the above named researchers will be able to gain access to it. Data obtained as a result of the research will be retained for at least 5 years in secure storage by Leigh Hale in a locked filing cabinet (hard copy) or on a password protected computer (electronic). Any personal information held on participants (such as contact details, audiorecordings) will be destroyed at the completion of the project even though the data derived from the research will be kept for much longer. Deidentified data will similarly be securely stored but will be available to the wider research team and students who will assist with the analysis (as mentioned above). No commercial use of the data will be made.

The information from this project will contribute to a publication in a relevant peer reviewed journal. Prior to publication we will *email a short summary report and will host a zoom presentation* if you would like to join to hear more about the study outcomes.

Further to this, the findings will inform discussion and debate at research forums (e.g. annual wānanga of the Health Research Council funded programme "Taunakitanga Takitini: reframing self-management support for all in Aotearoa").

You will not be identified personally in any report or presentation of the findings of this project. We will use our best efforts to preserve your anonymity in these reports and presentations.

Can Participants Change their Mind and Withdraw from the Project?

Participation in this study is entirely voluntary. You may withdraw yourself from participation in the project at any time and without any disadvantage of any kind. However, it will not be possible to withdraw your data from the study after June 1st 2027 as we aim to submit our first publication.

What if Participants have any Questions?

If you have any questions about this project, either now or in the future, please feel free to contact:

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This study has been approved by the University of Otago Human Ethics Committee. If you have any concerns about the ethical conduct of the research you may contact the Committee through the Human Ethics Committee Administrator (ph 03 479 8256) or humanethics@otago.ac.nz Any issues you raise will be treated in confidence and investigated and you will be informed of the outcome.