



Greater Green Island Informer

July 2018

IMPORTANT DATES

July 2018

- School holidays, 7th July - 22nd July

August 2018

- The Greater Green Island Get Together, 4th August

Thank you to all the Greater Green Island Recreational Area Funders:

- AAW Jones Charitable Trust
 - Alexander McMillan Trust
 - Bendigo Valley Foundation
 - Dunedin City Council
 - Crackerjacks Queens Birthday Fun Day
 - Green Island Leos
 - Z Good in the Hood 17/18
 - Larson's Pharmacy
 - GI Post and Café
 - Harroways
 - Greenland's Quiz
 - Otago Community Trust and RSA
 - Flex Fitness
 - Commercial Tavern Hunting Comp
 - Playhair
 - Fresh choice
 - Kim Rapley
 - GI Business Association
 - Southern Rehab
 - Lottery Grants Board
 - Long Ping Takeaways
 - Brick Sales and Community Donations.
- THANK YOU ALL

Funding Target Reached



“Let construction begin” says Steve Hayward, Chairman of the Greater Green Island Community Network. The Greater Green Island Community are “over the moon” that the proposed Greater Green Island Recreational Area in the Memorial Gardens can now get underway. The wider community has so far raised \$114,285.60 from a variety of sources and this can now be added to the \$115,343.60 grant from the Lottery Grants Board that was announced in mid June. Construction will soon begin on the fenced Year 0-6 Playground, mouse wheel, family BBQ and seating areas. This new facility, hopefully completed by December of this year, will be a focal gathering point for families and friends to share good times together. “Memories will be made in the Memorial Gardens,” Mr Hayward said. (For updates, please refer to our Facebook page Greater Green Island Community).



The GGICN is kindly supported by the following organisations:



CERT

Your local swimming pool
established in 1975 (relocated 2014)

Space for Each, Share the Beach!

Coastal Otago is one incredible place. Not many people get to enjoy the beach with such precious wildlife as ours. Unfortunately, we forget that our everyday activities may be a threat to these little guys. There are some simple steps we can all take to ensure we successfully share the beach. Sea birds are common on our coast, along with other wildlife. Our gulls, like the threatened red-bill gull, dance on the spot to draw tasty snacks to the top of the soil. These quirky little guys use a lot of energy between flying and having a boogie, that resting is vital to their survival. Unfortunately, we've somehow gained the idea that seabirds, like the gull, aren't within the "precious wildlife" category so allow our dogs to play chase with these chip thieves. However, when a playful pup disrupts their rest they end up using the energy they are storing for foraging to fly away. Help them out by enticing doggo with a stick instead of a flock of gulls. Playing fetch will also keep you active, and builds a relationship between you and your fur ball.



Some birds don't get the opportunity to fly off. Our penguins waddle and unfortunately have no chance compared to a dog's run, especially our kororā who only stand at 25cm tall! Seems like a pretty unfair match – which can be extremely scary and life threatening for these delicate birds. Our dogs love the beach, but so do our penguins, as it's where they call home. One thing to remember is penguins usually stay hidden (maybe they are camera shy), we most likely won't even know they are on our beach. But, this doesn't mean our clever pups can't sniff them out if given the chance to run wild. So, encourage pup to stay on the wet sand and keep him in sight - that way our small feathered friends can remain stress free, which is extremely important during their moult, and our dogs continue to enjoy the beach. It's easy to walk your dog whilst ensuring our seabirds stay stress free by sharing the beach. Keep a lead on you while you are at the beach in case you come across wildlife and encourage pup to walk on the wet sand to avoid the sand dunes. Wildlife is very much a reality of our awesome coast. When using the beach, we need to be alert for others who may have made this their home. It's easy to be a good dog owner as there is space for each, just remember to SHARE the beach! By *Jesikah Triscott – Community Ranger, DoC*



WINTER 2018 HOLIDAY PROGRAMMES

Juniors 5 - 9 Years
Seniors 9 - 14 Years

WEEK ONE	Monday	Tuesday	Wednesday	Thursday	Friday
	Multi Day	Mega Zone	Wacky Wednesday	Top Team Day	Moana Pool & Pizza
	 Creative Crafts 100% Safe & much more			 Plus: Art Star Competition & Creative Championship 12th July	
	9th July	10th July	11th July	12th July	13th July

WEEK TWO	Monday	Tuesday	Wednesday	Thursday	Friday
	Multi Day	Discovery World	Multi Day	Carnival Day	PJ PARTY
	 Creative Crafts 100% Safe & much more	 Discovery World	 Creative Crafts 100% Safe & much more	 Food Stalls Honey Cakes Favourite Wood Dancing Camp	 Shared Lunch
	16th July	17th July	18th July	19th July	20th July



Contact Information:
Admin 022 466-5227 or 03 4533 266
admin@magickidsclub.co.nz

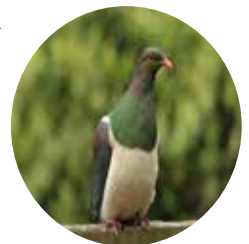


www.magickidsclub.co.nz

Beeswax Wrap Workshop

Thank you to the lovely ladies who came to our Beeswax wrap workshop on the 23rd of June. We hope you had as much fun as we did! We hope to do some other workshops in the near future. If you have some ideas as to what we could do or if you would like to be added to the email list of people interested in attending the workshops, please email leannes@psotago.org.nz

Conservation



Are you interested in Conservation and/or Native Birds?

There is a local organisation who are looking for some volunteers to help. Are you interested in being involved or would like to know more? Please email: leannes@psotago.org.nz



OSTEOPATHY WORKS

for whole body healthcare

Osteopathy Works is new to the Green Island Wellness Centre, welcoming two Osteopaths and one Massage Therapist to their Jenkins Street facility.

Matthew Smith, Osteopath will work on Mondays
Andrew Aitken, Osteopath will work on Wednesdays.
Tracey Walkington, Massage Therapist will be starting on Tuesday 24th July.

The Green Island Wellness Centre is on Jenkins Street, Green Island. To make an appointment please phone the Green Island Wellness Centre on 488 3388, or 0800 OSTEOPATH (0800 678 367), or book online via our website; www.osteopathyworks.co.nz

Little Rock Preschool

1056 Brighton Road, Brighton, Dunedin 9035

Ph: (03) 481 1586 Cell: 0273257927

Web: www.littlerockpreschool.co.nz

Email: admin@lrps.co.nz

We are a fully licensed Christian based Early Childhood Centre from 0-6 years and welcome all families.

7:30-5:30pm, Monday to Friday

All children over three qualify for up to **30Hours FREE ECE.**

TAKING ENROLMENTS NOW!

Please give us a call, or pop in and see us for more information. We look forward to meeting you!



If you have a story, photo or article for the next edition please email this to amandar@psotago.org.nz by the 15th of July.

We have funding for the newsletter so it is free to all of the Greater Green Island Communities to advertise and share stories. The Greater Green Island Community Network want to encourage the use of local businesses, clubs, groups and education.

St Margaret's Playgroup

Children and families enjoy playing and eating together every Thursdays from 9am-11.30am at the St Margaret's Playgroup in Green Island. The group gets its name from the venue which is held in the modern warm rooms at St Margaret's Church, 208 Main South Road, Green Island.

Anyone is welcome to join the group for 0-5 year olds with their whanau or caregivers. Please phone 0275366519 or pop in for a visit to find out more and meet the friendly group. Children's morning tea is provided with a gold coin donation and there is a roster for the adults morning tea each week. The group also has outings each term, including bus trips. A photo which depict the happy times held each week.



Greater Green Island Receives Funding

The Greater Green Island Community Network would like to say a massive thank you to three amazing organisations. Thank you CERT for your donation of \$10,000. Thank you to the Dunedin City Council for the Community Fund grant of \$3,000 and thank you to The Southern Trust for the gift of \$5,000 towards the salaries of Community Workers. This funding allows our organisation to continue our work in the Greater Green Island Community based on our goal *"to foster a strong community which works together to develop its own solutions – a community which is self-reliant, responsive, resilient, and sustainable – a community where neighbourhoods are again full of people we know as our neighbours"*. Thank you, thank you, thank you.

CERT

Your local Gaming Trust
committed to 100% local funding



Child Car Seat Recycling Comes To Dunedin

Dunedin has joined an ever-growing list of cities and towns where people can not only recycle things like glass, paper and plastic, but child car seats too.

The Dunedin City Council and Baby On The Move Dunedin have joined the SeatSmart child car seat recycling programme. They are now providing residents with drop off points to take their expired, damaged or unwanted child car seats for recycling, instead of sending them to landfill.

At least 40,000 seats reach their expiry date each year in New Zealand, with most sent to landfill, despite around 90 per cent of a typical seat being recyclable, says SeatSmart programme manager Toni Bye. Dunedin City Council is now the fifth South Island council – the first in Otago – and the 12th nationally to back the programme. Baby On The Move nationally has been a supporter of SeatSmart since the programme officially launched in April 2016.

“There have been a large number of calls from the public to get SeatSmart established in Dunedin and we are really pleased that Dunedin City Council are supporting us to answer that call, and expand the programme further in the South Island,” Mrs Bye says. Seats can be taken to the Rummage Store at Green Island Landfill or Baby On The Move Dunedin with a fee of \$10 (RRP) to cover the cost of recycling.



“Recycling child car seats can help reduce the amount of waste being sent to landfill. We’ve seen this programme work well for other councils and wanted to give people the opportunity to recycle their unwanted car seats,” says Dunedin City Council Education and Promotions Officer, Catherine Gledhill.

Baby On The Move Dunedin owners Chris and Amber Houghton say it’s a “no-brainer” being part of the programme. “At Baby On The Move we want to do our bit to help the environment and the next generation, so being able to recycle such a big piece of equipment for a small fee is so worth it, rather than it going to landfill.”

The collected seats are dismantled by offenders in Department of Corrections community work programmes. The plastic from the seats is recycled into new products used in the building industry and metal parts are also easily recycled. Straps from the seats are used to make recycled bags.

Waste recovery experts 3R Group, who are behind the SeatSmart programme, aim to not only divert seats away from landfill but encourage caregivers to check the expiry dates on their children’s seats. The programme has 17 collection sites in the South Island; in Nelson, Christchurch, Rolleston, Oxford, Rangiora, Hanmer Springs, Waiau, Culverden, Cheviot, Amberley and now Dunedin. For more information on the programme visit www.seatSMART.co.nz

For further information please contact:

Toni Bye
Marketing & Communications Manager
3R Group Ltd

Abbotsford Women's Institute

Hello ladies, are you looking to make new friends, learn new things and have fun?

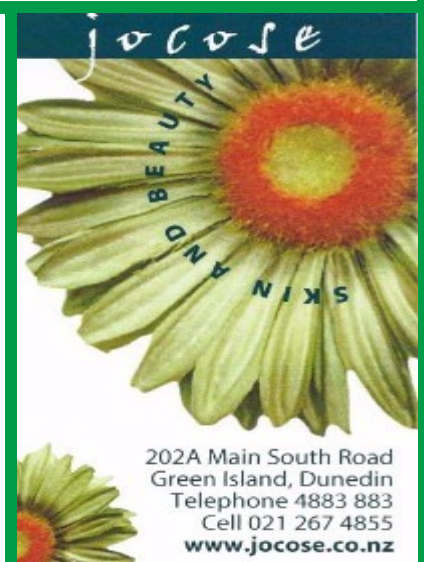
Are you lonely or new to the area?

Abbotsford Women's Institute meets in Green Island on the 4th Thursday of each month.

Our group is a great organization of all ages from 18 to 108. Great new friendships, fun and support can be had. We also have a coffee group, choir and winter craft group. You will be given a warm welcome, a cuppa and cake if you wish to come along. Don't be shy.

NEED MORE INFORMATION, PLEASE EMAIL

joanne_kilgour@yahoo.com or phone 4879045.



202A Main South Road
Green Island, Dunedin
Telephone 4883 883
Cell 021 267 4855
www.jocosé.co.nz



Offering a great music programme for preschool children and also a great way to meet people in the community. There are two programmes running as indicated below:

Fairfield

Wednesday at 10am @ Fuel Church
78 Main Road, Fairfield
Cost \$3 per family
Morning Tea provided
Contact Dianna 488 1210

Brighton / Ocean View

Friday at 10:15am @ Coast Community Church
863 Brighton Road, Ocean View
Cost \$3 per family
Morning Tea provided
Contact Kerri on 021 546488

Email: office@etchurch.co.nz.

Website: <http://www.etchurch.co.nz/ministries/childrens-ministry>



Above: Dancing at the Brighton/Ocean View group

Sadness and Celebration by the Green Island Art Group

It was with sadness that our group farewelled John Schofield in May. John was immediate past president in 2016-17 and had been with our group since 2014. He had brought his passion for painting and enthusiasm for everything else when he joined us. We enjoyed his critique sessions, him sharing his journey in portrait painting and all other art forms. We also enjoyed seeing his woodwork and hearing of his work with rest home clients and the SPCA. John is sadly missed.

On 29th May we had a morning tea for June Faid to celebrate her 90th birthday. June has been a member of our group since 2004 and was also a life member of the North Otago Art Society. A number of us travelled to Oamaru on 3rd May to visit this group at the Customs House Gallery in Tyne Street. A very enjoyable visit and viewing of their excellent art.

Also on 29th May Yvonne Johnston and Debby Foster gave us an excellent demonstration of *Paint pouring*, otherwise known as *Dirty painting*. Using acrylics and water or medium and different colours dropped into a small container. This mixture was then tipped onto the canvas and allowed to bubble and spread. It was stunning to watch the patterns form and many of our members took the opportunity to have a go at this technique.

The Green Island Art Group meets in the Janet Cameron Hall, Shand Street, G.I every Tuesday from 9.30 to 12.00 midday.
By Mona Cromb (Secretary).

Below: Yvonne Johnston and Debbie Foster.

Below: June Faid at her celebration

Below: Paint pouring result.



Know your way around roundabouts

On average three people are killed and more than 250 are injured each year in crashes at roundabouts. One of the major factors contributing to these crashes is uncertainty - drivers being unsure of what they are meant to do, and what other drivers are intending to do.

How this works

There are clear rules in place for how you must signal and use lanes at roundabouts. Make sure you know what to do.

- Before entering a roundabout you must indicate if you are intending to exit left or right (if going straight ahead, don't indicate on entry).
- You must give way to all traffic that will cross your path from your right as you enter the roundabout.
- You then need to signal left as you pass the exit before the one you intend taking.
- At multi-lane roundabouts, you need to approach and enter the roundabout in the correct lane for where you intend to exit.



If you're going left at the first exit, use the left-hand lane (or any other lane marked for that purpose) and signal a left turn before entering. Continue to indicate left as you exit the roundabout.

If you're going straight ahead at the roundabout (eg halfway around), you need to use any lane which is marked for that purpose. You must signal a left turn as you pass the exit before the one you intend to take.



If you are going more than halfway around a multi-lane roundabout, you must approach in the right-hand lane (or any other lane marked for that purpose). You must also signal a right turn when entering the roundabout, then a left turn as you pass the exit before the one you intend to take.



Give way to all traffic that will cross your path from your right as you enter the roundabout.

Steady As You Go Green Island

Age Concern Otago is thrilled to be working with Matthew Smith to develop an alternative set of movements to complement their Steady As You Go falls prevention exercise programme. The Friday Green Island Steady As You Go class is participating in the development of this new programme. Once a sequence of movements has been finalised, an audio recording of instructions will be made and other classes will be trained to use the programme.

Class comments of their experiences with the new movements:

"The new movements for our feet & toes, that Matt is showing to us, to me seem very worthwhile, as increased/improved movement of our toes & feet should/will assist us in walking"

"I like how the exercises open the chest".

"The toe exercises make my feet more relaxed after being in shoes all day".

"The stepping exercises make me think".

"Good to have variety".

"I've been a Peer leader of SAYGO for over 10 years. The exercises have been very beneficial for me as I have problems with my balance as the result of a MVA in 1997".

"Besides the exercises, socially it is very good for older people, as many live alone".

"We are all such a happy group of oldies".

Matthew has been interested in movement his whole life. He has trained as an osteopath, a Pilates instructor and as a dance and movement teacher. By coincidence, he has started working as an osteopath at the Green Island Wellness Centre. He is this year's Caroline Plummer Fellow in community dance at the University of Otago. His fellowship projects include this one with Age Concern Otago and a class specifically for older men "more men moving more" run at Age Concern in the Octagon. Matthew is especially focussed on how it is possible to move well across the entire life span.



If you would like to know more about "Steady As You Go" or "More Men Moving More" please phone

Margaret Dando QSM, Falls Prevention Coordinator Age Concern Otago, 4793052.

Greater Green Island Get Together A Fun Event For All (follow the event progress on Facebook)

This event is the third "Get Together" hosted by the Greater Green Island Community Network. The event is to celebrate our local education providers, clubs and groups, health and social services and more. There will be free bouncy castles, school performances, interactive displays and more! Activities for all ages and stages. Please get in touch if you want to register your club or organisation on 4700814 or email amandar@psotago.org.nz. Please bring cash for some fundraisers if you would like to support local groups. Already registered and attending are Steady as you go, the Book Bus, local schools and early education providers,



Fairfield Probus Group, Senior Net, Family Works Presbyterian Support Otago, Green Island Community Garden, Green Island Shed, Disc Golf Dunedin, Magic Kids Club, Fire trucks, Food stalls, Churches, Youth groups, Green Island Art Group...the list goes on. Please don't miss out on the fun. Come along and see what our community has on offer. Please see the poster overleaf.

THE GREATER GREEN ISLAND GET TOGETHER

DATE: 4TH AUGUST 2018

TIME: 12PM-3PM

PLACE: DUNEDIN CITY BAPTIST CHURCH BUILDING
19 MAIN SOUTH RD,
CONCORD, DUNEDIN

THIS EVENT IS THE THIRD "GET TOGETHER" EXPO HOSTED BY THE GREATER GREEN ISLAND COMMUNITY NETWORK.

THIS EVENT IS TO CELEBRATE OUR LOCAL EDUCATION PROVIDERS, CLUBS AND GROUPS, HEALTH AND SOCIAL SERVICES AND MORE.

THE GREATER GREEN ISLAND COMMUNITY DIRECTORY SECOND EDITION WILL BE LAUNCHED ON THE DAY.

INTERACTIVE DISPLAYS, FREE BOUNCY CASTLE AND SPOT PRIZES

To register your club, group or service please [phone 4700814](tel:4700814) or [email amandar@psotago.org.nz](mailto:amandar@psotago.org.nz)

