



HAVE A PLAY AND A SAY ON OUR NEW SKATE FACILITY

Seemingly overnight, without announcement or inauguration, a half-pipe skateboard ramp popped up on a patch of Chingford Park! For a few weeks it was only known to local dog walkers and playground users. Valley Project staff accidentally learned of the ramp's installation when tending to OpenVue activities at the park. And now we may all know, North East Valley has been quietly gifted its promised skate facility! The DCC Play Spaces Plan has delivered. Come and have a roll-around!

A Valley family has already had plenty of plays upon the new half-pipe. It's rather inviting, after all, as the ramp is coincidentally in direct line of sight from their hillside home. Not only is dad a seasoned skateboarder and father of two skating paruhi, he's a member of Dunedin's Skateboarding Association (DSA) which has been instrumental in getting the whole idea considered in the first place.

In 2020, momentum was building for actioning new and improved Dunedin skateparks alongside the sport's rocketing popularity (suspected in part due to our new cycleways, depleted parking options, and ongoing Covid restrictions). The DSA made noise around the scarce and deteriorating skateboard facilities, advised on areas needing them, such as in NEV, and encouraged their followers to complete surveys set out by both themselves and the DCC.

In its Play Space Strategic Planning the following year, the city formally recognised that "skateboarding's popularity is growing rapidly throughout the world...now that skateboarding has been added to the 2020 Olympics, it suggests there is a shift in attitude." When compared to fifteen years ago, the sport has become far more inclusive - especially so for females across the country.

So far reactions to the new ramp have been mostly positive. Residents are "stoked" to have something this "cool and awesome" in their neighborhood. Riders have expressed they're pleased with its accessibility - that is, there are no hills to climb to get there and it's located along the suburb's arterial road and bus route. As the ramp is now the main attraction in that corner of Chingford Park, there exists potential for developing a family day-use area with BBQ and benches.

(Continued on page 11...)

Tim McGuire
RELATIONSHIP MATTERS

LICENSED REA 2008

Recently, the property market has seen rapid change, & now is a great time to make a smart move

Thinking about buying or selling?

Call Tim, now
027 562 7207
hello@timmcguire.co.nz

mcguire.co.nz



Valley Arborist Complete Tree Care

For free quotes by a professional and qualified arborist

Pruning Felling Advice & Assessments Planting

Sam 0223023607
valleyarb@gmail.com



heads
UP!

IT'S ALL GOOD IN THE 'HOOD

Community members are welcome to the Valley Project reception area **Tuesday through Thursday 10am - 2pm**, for the provision of these services:

- use of free wifi
- printing & photocopying
- laminating
- trap hire
- placement of notices
- newsletter advertising



The Valley Project is closed on all public and school holidays.

The nation is currently at the Orange Level of the Covid-19 Protection Framework, therefore all staff and visitors must wear an approved face covering while indoors. Social distancing of at least one metre is still encouraged.



WellSouth has generously supplied us with rapid antigen (RAT) tests for community members sharing a home with someone Covid-positive. Send a friend to reception to collect a RAT pack or two for you anytime during our opening hours. Give us a ring if you'd prefer a contact-free pick-up (**03 473 8614**). You can even tap on our office door if the lights are on. To find your nearest testing location in the Southern district, call **0800 VIRUS19 (0800 847 8719)** or visit **wellsouth.nz**.

We're looking for fresh faces to join the team! Nominations for members of the Valley Project executive committee are open until noon, 11 June. Complete this nomination form for yourself or someone you know: <https://bit.ly/3ykFYbv>

The Fred Hollows community room is available for hire without a capacity limit. Keep up the healthy habits when using the room, please! Sanitise hands and surfaces, ventilate the room, sneeze in your elbow, etc. For bookings: pip@nevn.school.nz or **03 473 8246**

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Need an MP?

David Clark MP for Dunedin

If you require advocacy, information
or support please contact me

Dunedin Office
dunedin@parliament.govt.nz
03 474 1973
544 Great King Street,
Dunedin
📞/DavidClarkMP

Labour
Authorised by David Clark MP,
Parliament Buildings, Wellington



North East Valley Digital Community DIRECTORY



Aurora Tamariki Kindergarten Care

Spaces available!

- Rich and imaginative learning experiences
- Wholesome nourishing vegetarian food provided
- Child-initiated creative free-play
- Learning through songs, movement, storytelling and imitation



At Aurora we work in partnership with families to create a nurturing environment. Our understanding of child development is inspired by Rudolf Steiner and Emily Pikler; fostering children's growth through care, respect, and natural routines.

Located Pine Hill
8am - 4pm Monday - Friday
info@auroratamariki.co.nz | 027 828 8348
www.auroratamariki.co.nz

Starts
16th May 22
1:30-3pm

**early birds
CLASS**

ABC, 123, CRAFT, PLAY, MEET, FUN

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FREE PRE-SCHOOL CLASS

Every odd Monday (Weeks 3/5/7/9)

All enquiries to principal@sacredheartdn.school.nz
63 North Road North East valley 03 473 8362
www.sacredheartdn.school.nz

✉ voice@northeastvalley.org

💻 www.northeastvalley.org

📘 facebook.com/valleyproject

📷 @valleyproject

☎ (03) 473 8614

📮 P.O. Box 8118,
Dunedin 9041

📍 262 North Road,
North East Valley, Dunedin

The North East Valley Community Development Project (a.k.a. The Valley Project) is a registered charitable organisation that builds community connections and promotes the wellbeing of local families and whanau. If you like what we do, you can donate at:

the
VALLEY
project

givealittle
www.givealittle.co.nz/northeastvalley

The opinions expressed in articles are the author's own and are not necessarily shared by the editor or Valley Project Team. Submitted articles may be edited at the editor's discretion.

We'd love to hear from you! Send us your local photos, stories, announcements, etc. Deadline for newsletter copy is the 15th of the month prior. Submissions later than the 15th cannot be guaranteed space. Please keep your contributions to 250 words or less.



VALLEY PROJECT AGM

Join us for discussions on how best to consult with our community and for a look back at the year. Nominations for the new executive followed by supper.

TUESDAY, MAY 14, 6 - 7:30pm

FRED HOLLOWES ROOM, VALLEY PROJECT
REGISTRATION: <https://bit.ly/3MUH7Kz>



HERB WORKSHOP

Introductory session on growing and using your own herbs. Herby nibbles and teas to be tasted. Take home cuttings and seeds for gardening.

SATURDAY, 18 JUNE, 1:30 - 3pm

N.E.V. COMMUNITY GARDEN
valleykai@northeastvalley.org



BIRD IDENTIFICATION WORKSHOP

Mary Thompson from Birds NZ aims to help you learn how to identify backyard birds in preparation for the nation-wide Garden Bird Survey.

SATURDAY, 18 JUNE, 1 - 2:30pm

FRED HOLLOWES ROOM, VALLEY PROJECT

A NEW WAY OF DANCING OLD DANCES

Michael Parmenter, current University of Otago Caroline Plummer Fellow in Community Dance, is launching Balfolk Dunedin with a series of weekly classes and a free, monthly mini-ball. Classes involve various forms of folk and social dance and facilitate regular social events and festivals where beginners and experienced dancers can come together over wonderful live music.

Balfolk is a popular dance movement based on traditional folk dances of Europe, including the waltz, mazurka, Scottish, and polka. Complex choreographies are simplified to make the dances available to as many people as possible.

Of his return to Dunedin, Michael says, "I was living in NEV (up on Hatfield St.) when I took my very first dance class, so like my tenure as Caroline Plummer Fellow, returning to the Valley is in a sense returning to my roots as a dancer. The house on Hatfield St. looks out on Nga Maara Hall and I like to imagine my younger self looking out on what the older Michael

is doing now. In a sense too, Balfolk is also a return to roots of dance, not to the stage nor in the court, but with the people where all dancing began."

"One of the reasons I like Nga Maara Hall is that it is a square. I do lots of circle dances and it's very nice performing these dances in a true circle rather than an egg shape."



In addition to the weekly classes, Balfolk Dunedin will combine with Toitū Otago Settlers Museum to present the monthly Josephine Mini-Bal. With live music from local musicians Catgut and Steel, Michael will lead dancers through a series of accessible partner and group dances.

Rediscover the joy of dancing with others! Any further questions welcome:
balfolkdunedin@gmail.com / 021 050 5882

Balfolk Dunedin Dance Classes
Tuesdays, 7 - 8:30pm, Nga Maara Hall, 63 North Rd.
\$10 per class, no bookings required

Dunedin Midwinter Carnival

8 - 9 July, 6pm - 10pm (11pm on 9th)

First Church grounds & Moray Place

Event tickets, pay-it-forward, and workshop bookings through:
www.midwintercarnival.co.nz

Workshops held each weekend
11 June - 3 July at the Meridian Mall

The Dunedin Midwinter Carnival is set to return this July with a new look, new site, and new theme - Islands of Light.

This year's new format Carnival will be held across two nights with new hours from 6 - 10pm on Friday and extended hours until

11pm Saturday, to coincide with the All Blacks-vs-Ireland test, allowing crowds to spread out across each evening.

The grounds of First Church will play host to the Carnival Village, boasting two stages of local live music, dance and cultural performances, as well as multiple lantern installations for an up-close experience. While roving performers manoeuvre through the crowds and installations, look up to catch a glimpse of Brophy Aerials high amongst the trees, and see the return of last year's popular projections radiating from First Church itself.

Entry to the Carnival Village will be \$5pp with children under three free. Tickets are available now and will be sold for 6pm, 7pm, and 8pm sessions. Gate sales are limited.

Those who make a lantern at the public lantern workshops, to be held at the Meridian Mall on the four weekends prior

to the Carnival event, will gain free entry to the event. Workshop bookings, which cost \$10 per lantern, are now open to the public via the Carnival website.

The Carnival Trust is offering a pay-it-forward option when purchasing tickets. The Trust has partnered with five agencies to distribute tickets as part of a campaign to enable gifting tickets to partner charities who will then provide them to the families they engage with. Pay-it-forward will be available from now, via the Carnival website, until June 30.



HERB PROPAGATION AND USE IN COOKING

Keen to learn which herbs grow well in Dunedin and how to propagate them? Do join us for an introductory session on growing and using your own herbs.

Herbs are generally the easiest edible to grow. They often don't need much watering and can be available for harvest all year round. We'll talk about using fresh herbs in simple cooking for variety and flavour, and some herby nibbles and teas shall be tasted. You will leave the session with some cuttings and seeds to be grown in a pot or replanted into a small garden space later on.

WHERE: Meet at the NEV Community Gardens if fine weather (behind North East Valley Normal School), or Valley Project rooms if wet (262 North Road).

WHEN: 18th June, 1.30 - 3pm.

CONTACT: valleykai@northeastvalley.org



ROWAN'S REFLECTION

Hi everyone, my name is Rowan and I have been interning here at The Valley Project for the last six months as part of my Masters of Applied Science Degree. I got to work on a number of projects while here including workshops for school lunches, cooking on a budget, and preserving (all of which you can find resources about on our Valley Project Facebook Page). The recent Harvest Hub event was a huge success!

I've really enjoyed my time here at The Valley Project. Even though I was born and raised in Dunedin I hadn't spent much time here in the Valley and was pleasantly surprised with the sense of community and support that exists in the Valley. I got to meet and work with some of the local groups and people and enjoyed the opportunity to make a positive impact on people's food knowledge and food security.

Valley Kai still has plenty of things going on! We're in the process of gathering materials so the North Dunedin Shed can build a new food pantry for the Pine Hill area. Keep an eye out for when the shed is built. We're also planning a number of different cooking workshops which should be much easier to run now that Covid restrictions have eased up. As for me, once I'm finished with my internship I'll be driving up to Napier where I'm hoping to get a job working in public health.

I'd just like to say a huge thank you to The Valley Project for giving me the opportunity to work with them. I've learnt so many things while here and have met some great people along the way. I will definitely miss the great community down here in NEV, but I'm looking forward to seeing how it will continue to grow in the future.

-- Rowan Lewis

VEGAN HOT POTS - CHUNKY PUMPKIN & CARROT SOUP

Local business Many Hands Catering is back with another soup-erb recipe to warm your belly and soul! Let them know how you go on their Facebook page @ManyHandsKitchen.



♥ Chunky Pumpkin + Carrot Soup ♥

You will need : Oil (I used olive oil)
diced onion ~ crushed or sliced garlic
curry powder ~ bay leaf or 2 ~
celery ~ carrot ~ pumpkin - diced
Salt + Pepper

Optional extras: fresh, chopped parsley
lemon juice ~ coconut milk or fresh
cream ♥

Step 1: Heat your pot ~ add a splash of oil
then fry onions ~ add garlic next ~ then
sprinkle with Curry powder and stir
together ~ cook for a few minutes ~
stirring to stop it from sticking.

Step 2: add into pot celery and bay leaf
stir ~ then Carrot and pumpkin ~
Cook and stir for 2 mins.

Step 3: Cover vegetables with boiling
water ~ put the lid on and simmer
til vegetables are nicely cooked ~ around
10 mins. Add salt + pepper to your taste.

Step 4: If using optional extras ~ turn off
heat, stir through parsley ~ add cream
or coconut milk or a squeeze of lemon.
♥♥

THE MANY MEANINGS OF MATARIKI

FRIDAY 24 JUNE, 2022

Matariki, (the star cluster known in other parts of the world by many other names such as the Seven Sisters, Pleiades or Subaru), rises in midwinter in Aotearoa and marks the start of the Māori New Year. Here on Te Wai Pounamu, iwi also recognise the return of Puaka, after a bright star that is above and to the right of the Matariki cluster. It is a time to remember those who have passed, and to reflect and plan ahead. This year is the first year that we officially celebrate the long weekend, our first public holiday unique to New Zealand and that recognises te ao Māori.

So as we prepare for Matariki, and I reflect on the amazing Valley Hāngī in past years, I began to ponder what different foods might we share that connect us to our ancestors?

Upper Junction resident, Anna Read, describes her Matariki celebration plans: "Coming from The Netherlands, having a New Year's celebration in the depth of winter makes so much sense to me - the coming together, sharing food, light, music and company in the darkness of winter feels natural and right."

"Combining Dutch, Kiwi, and Maori traditions is a way for us to make new traditions after leaving a lot of typically Dutch celebrations behind. One of these new traditions involves baking Oliebollen for Matariki. They are a traditional New Year's food in the Netherlands, but being a deep-fried, spiced, fruity, oily ball of dough, they taste great when it's cold outside and paired with a mulled wine or hot chocolate."

So what does Matariki mean to our community and do/will you cook anything special for the holiday? At the Valley Project, there have been enthusiastic conversations around hosting an official Matariki event in 2023 when the Covid crisis has hopefully died out. For now, we hope you spend the entirety of the long weekend with whānau just as the Matariki Advisory Group intended when choosing calendar dates for the holiday. Kia hari te Tau Hou!



PATAKAKAI FOOD PANTRY GUIDELINES

Take what you need and leave some for others
Only donate food you would eat yourself

We love donations of:

- Fresh fruit and vegetables
- Unopened dried goods
- Canned foods
- Long-life milk

Please avoid donating:

- Raw meat or fish
- Opened goods
- Frozen foods

If able, tidy up the pantry when it looks messy

We encourage you to check the expiry date and condition of the food you collect and to take personal responsibility for what you eat



CHEERS TO ELEVEN YEARS!

The North East Valley Community Garden has just celebrated its 11th Anniversary! 11 years of enjoyment, learning, community, conversation, friendship, and digging! We'd love to meet you – everyone welcome! We offer you...

- ✿ A quiet, restful, and beautiful garden with lovely rural views.
- ✿ A satisfying and productive experience as you see the vegetables progress from seed to harvest.
- ✿ An organic garden, with a large tunnel-house, and all compost prepared on-site (learn how to make compost using different methods).
- ✿ An experimental garden where you can learn different approaches to growing the best vegetables, emphasising sustainability and organic methods.
- ✿ A garden where you can grow the vegetables, including unusual vegetables, that you don't have room for in a small garden.
- ✿ A large variety of herbs and vegetables that you may not grow at your own home.
- ✿ An environment where you can work quietly on your own or join a group project.
- ✿ An opportunity to form lifelong friendships.
- ✿ Friendly, sociable breaks where we share hot drinks and treats.

Every weekend we come together in maintaining the garden, and then we share and take home the harvest (and save a lot of money on your family's food-bill). Everyone invited! All tools are supplied, and we recommend that you wear good footwear.

If you'd like to know more, send us an email: garden@northeastvalley.org, or visit [f NEV Community Garden](https://www.facebook.com/NEVCommunityGarden). Also access the perpetual working bee calendar by scanning the signposted QR code at the front of NEVN school. -- Lynn Vare



NEV COMMUNITY GARDEN WORKING BEES

Sun. June 12	1pm	Sun. July 10	1pm
Sat. June 18	9.30am	Sat. July 16	9.30am
Sun. June 26	1pm	Sun. July 24	1pm
Sat. July 2	9.30am	Sat. July 30	9.30am

WINTER FEEDING FOR OUR FEATHERED FRIENDS

It's coming to that time of year when we start cuddling up inside next to the fire trying to keep nice and warm. You might also be thinking about dusting off the bird feeder, filling it up with sugar water and placing it somewhere in your backyard away from predators. Keeping bird feeders topped up can help supplement natural food sources, particularly in winter when food is scarce. You can also feed birds by planting trees that fruit and/or flower throughout autumn and winter, such as red matipou (māpou, *Myrsine australis*) and lancewood (horoeka, *Pseudopanax crassifolius*). Sugar water will attract nectivorous and omnivorous birds such as tui, bellbirds, and silvereyes. Nectivorous birds drink nectar produced by flowers and at the same time pollinate those flowers. For more, check out this story on our blog! www.northeastvalley.org/your-community/valley-blog

GARDEN BIRD IDENTIFICATION WORKSHOP



What bird is that!? Can you tell a silvereye from a bellbird? Of course you can. But can you tell a dunno from a sparrow? Mary Thompson from Birds NZ is holding a Garden Bird Identification Workshop on **Sat. 18th June, 1 - 2.30pm** at the Valley Project Community Rooms. The aim is to help you learn how to identify the birds in your garden so that you can effectively take part in the nation-wide Garden Bird Survey coming up **25th June - 3rd July**. Participants will discover the features that distinguish each bird and be introduced to bird ID websites and phone apps, as well as have a chance to put your new skills to the test by identifying birds in the Community Garden if the weather permits. Surveys of birds is a very good way of assessing the health of the

environment and changes in bird numbers are bioindicators of changes for good or bad. This is used to plan future conservation efforts such as habitat restoration and predator control. The Garden Bird Survey has been done for over 7 years providing valuable data on bird populations; be ready to participate this year. This event is held in collaboration with Open VUE.

Garden Bird Identification Workshop
Saturday 18th June, 1pm - 2:30pm
Valley Project Community Rooms

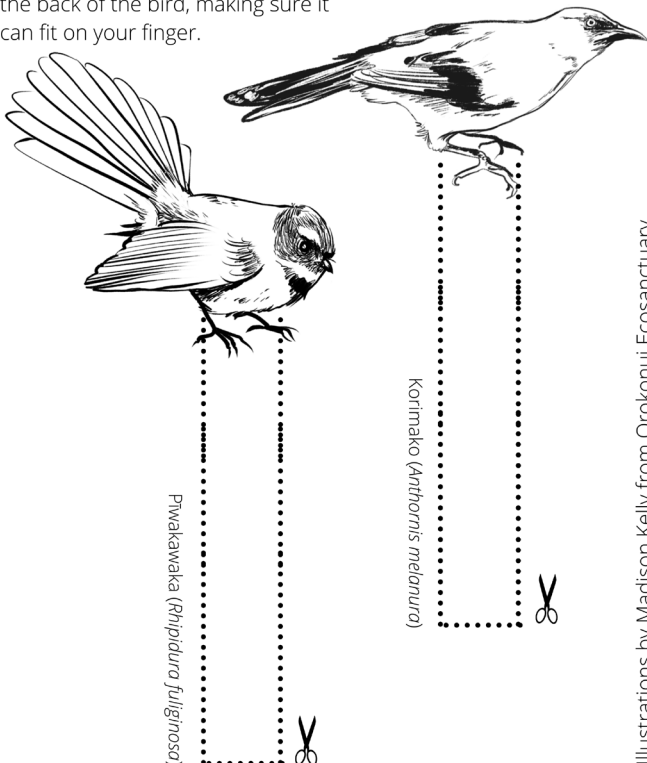
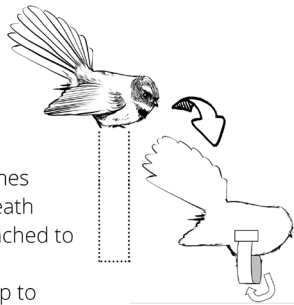
KIDS CORNER Bird finger puppet

Can you make these finger puppets?

You will need: scissors, colouring pens/pencils, and sticky tape.
Ask an adult to help with cutting.

What to do:

1. Colour in the birds as desired.
2. Carefully cut along the birds' outlines and along the dotted rectangle beneath them. Ensure each bird remains attached to its rectangular strip.
3. Sticky tape the free end of the strip to the back of the finger, making sure it can fit on your finger.



Illustrations by Madison Kelly from Orokoni Ecosanctuary



New Zealand

GARDEN BIRD SURVEY GARDENBIRDSURVEY.NZ/

Take part by counting birds in your garden, park, or school on any one day from the **25 JUNE - 3 JULY**. Keen to take part but need help with bird ID? We recommend attending the Bird Identification Workshop with Mary from Birds New Zealand! See above. 🐦



RIPARIAN RHAPSODY PLANTING

A group of volunteers got together back in May to plant more grasses and a few trees at the Riparian Rhapsody within Chingford Park. We are so grateful for all of their efforts, and a big *thank you* to everyone who made the event possible!

art, craft & music

ART CLASSES

For all levels. Casual attendance welcome, tutor Anneloes Douglas, community rooms, 10am–noon, Thur. ☎ 027 307 7034 ☎ 467 9993
✉ anneloes.douglas@xtra.co.nz

ART CLASSES

Continuous class, newcomers welcome, 1–3pm, Wed, community rooms; 1–3pm, Thurs, St Peter's Church Hall, Caversham; 7–9pm, Thurs, Logan Park High School, \$15 per session. ☎ Friederike 482 2025

ART FIBRE DUNEDIN

Bring lunch and requirements, 10am–2pm, second Sunday of each month, community rooms.
☎ Megan 027 245 8605
✉ artfibredunedin.blogspot.com

DIAL-A-PIPER

Available for any functions including birthdays, weddings, funerals, Haggis Address, etc. Feel free to contact me to discuss your function. Can travel.
☎ 03 473 0045 or ☎ 027 473 0060
✉ thepiper50@gmail.com

DRUMMER AVAILABLE

Middle age drummer into all sorts (psych rock, dream pop, reggae, ambient, classical, techno, "world" etc.) looking for band/musicians. Anything with soul, groove, and edge. Paul ✉ hoani76@hotmail.com

DUNEDIN FIDDLE CLUB

Mostly Celtic tunes, mostly fiddles. New players always welcome! Wednesdays 7.30pm at The Valley Project community rooms. Just drop in or ✉ anna.bowen1@gmail.com

FOLK CLUB OPEN MIC NIGHT

Songs, tunes and convivial company every Thursday from 7.30pm. Come and join the supportive circle to play or listen. Dunedin Folk Club, 80 Lovelock Ave. ✉ info@nefc.org.nz

KNITTING SQUAD

BYO knitting or crocheting, or come & learn, Valley Project community rooms, 1–3pm, Wednesdays.
☎ Marjory 473 7751

LEARN TROMBONE

From winner of Dunedin Youth Jazz Festival best trombone, and Otago Rockquest best musician - contact Finn Barr ☎ 027 356 2881 or ✉ fin.mckinlay@gmail.com

MUSIC LESSONS

Celtic style flute, tin whistle, and guitar lessons by Rennie Pearson.
✉ rennie.pearson@gmail.com
✉ renniepearsonmusic.com

MUSIC LESSONS

Guitar, drums, singing, with professional musician. All ages. Contact Bevan: ☎ 027 363 1376 or ✉ bevan37@hotmail.com

SOUNDS NOR'EASTERLY

Do you enjoy singing with a group? Why not join your local community choir? All ages and abilities welcome. DNI design lobby every Tues, 7.30–8.45pm. Email Marion for info
✉ marion.okane68@gmail.com

STAND-UP COMEDY

Open mic at Inch Bar, 1st and last Wed. Comedy workshop Mondays 5–7pm at George Street McDonalds. Open to all skill levels. Contact
✉ reuben@dunedincomedy.co.nz

UKULELE SESSIONS

Wed, 7–8.30pm, Valley Baptist Community Centre, 280 North Rd. Just turn up or text Adrienne
☎ 027 389 2574 for more info.

WOMEN'S ART GROUP

Art & craft group aimed at helping new Dunedin residents learn & share skills & connect with others. Fridays 11.30–1pm, Valley Project community rooms, 262 North Rd.

community

BIBLE HOUR

Friendly small group Bible learning over morning tea, Sun, 9.30am, DNI (tech area) during school terms. All welcome, free. ☎ 020 4079 5727 or ✉ dunedinchristadelphians.org

BIKE WORKSHOP

Get help, use our workshop. Bikes available for koha, 3.30–6pm Tues, and 9.30am–12.30pm Sat. Valley Community Workspace, 11 Allen St. Email Peter ✉ peter0n@yahoo.com

COMMUNITY ACCOUNTING

Dunedin Community Accounting provides free accounting training & advice for non-profits in Otago. For more info call ☎ 0800 113 160, ✉ kiaora@dca.org.nz ☎ www.dca.org.nz

COMMUNITY PATROL

Dunedin North Community Patrol. Assisting Police to ensure our communities are safe to live in. Volunteers welcome. Call Garry for more info: ☎ 027 364 1485

COMMUNITY STUDY CIRCLE

Baha'i Spiritual Training. Develop your capacity to offer service to your community as a result of exploring spiritual concepts and how to apply them to everyday life. Strictly no charge. Ring or text Ash: ☎ 022 615 6115

DALMORE RESERVE COMMUNITY GARDEN

Join us fortnightly at the garden on Allenby Ave., Pinehill. All welcome. Tools provided. Check Facebook for dates/times or ✉ dalmorecommunitygarden@gmail.com

DUNEDIN MAKERSPACE

Work on projects, watch others and chat, 1–5pm, Saturdays; organised

talks, 7pm, Thurs, Valley Community Workspace, 11 Allen Street.

DUNEDIN MULTICULTURAL WOMEN'S GROUP

Currently inactive. Seeking interest in reviving the group. Please call former member, Anne, if you'd like to help
☎ 022 480 0676

ENABLING LOVE

Looking for friendship & social connection? 18–65 years welcome to weekly coffee group at Otago Museum Cafe, Thurs, 1–2pm. More at ☎ enablinglove.nz or email Joshua for venue: ✉ enquiries@enablinglove.nz

FRUIT & VEGES NFP

Fresh fruit and veges at wholesale prices with All Saints Fruit and Veges. Small, med, family weekly bags. Order at St Martins, 194 North Rd, Thur, 4.30pm, or sign up online: ☎ fruit.vege.allsaintsdsn.org.nz

LEGAL ADVICE

Free legal advice from Community Law Otago, available by apptmnt. Legal advice by qualified lawyers, practical solutions. ☎ 03 474 1922 or email ✉ reception@dcl.org.nz to make an appointment.

MEN'S PROBUS

NEV bowling club, 10am, 2nd Mon ea. month, new members welcome. ☎ Peter 455 1256, ✉ peabee@xtra.co.nz or ☎ Don 473 7544

MISSING PET BIRD

Young albino ringneck parrot. Pure white with a red beak and very friendly. Missing from Dalmeny St. ☎ 022 649 5606

NEED A JP?

The Valley Project offers walk-in JP services for affidavits, document certification, Kiwi Saver withdrawals, immigration matters, etc. Every Saturday from 11am–1pm.

NEIGHBOURHOOD SUPPORT

Create safer, more caring communities. For info and local contacts ☎ Davis 456 0857 or ☎ 027 476 6047 or email: ✉ coordinator@nsotago.nz

NORTH DUNEDIN SHED

New members welcome. Open Wed and Sat mornings, 35 Bonnington St., over the bridge. Find us on: ☎ North Dunedin Shed Society Inc.

NORTH EAST VALLEY COMMUNITY GARDEN

NEV Community Garden is directly behind NEV school. Pay us a visit! We meet every weekend: 1st & 2nd Sat. 9.30–12pm. 2nd & 4th Sun. 1–4pm.

STARJAM NFT

A fun, creative, and positive not-for-profit organisation running music & dance-based workshops for youth with disabilities. Locations in Dunedin & Mosgiel. Spots available for ages 6–25 to join us, and also for volunteers. Visit ☎ starjam.org for

more information or contact Fiona
✉ Dunedin@starjam.org

VOLUNTEERS NEEDED

CREST train at the Botanic Garden. Can you help? Volunteers needed for driving, ticketing, commentary, maintenance. ☎ crestrides.org.nz or ☎ Rodger 027 471 4902

WILD DALMORE RESERVE

Help us protect and restore the native biodiversity of Dalmore Reserve. We meet most Sunday afternoons. Entrance at 20 Allenby Ave, Pine Hill. Contact us through ☎ Wild Dalmore Reserve or phone/text ☎ 021 206 3593 for info.

employment

EMPLOYMENT WANTED

36yo female looking for employment between 10am and 2pm weekdays, a range of skills and experience: customer service/admin/accounts/courier driving/dental assisting.
☎ 022 649 5606

WORKBRIDGE

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fitness & health

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Green fees \$15
\$10/player after 4pm

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☎ 03 467 9499

DUNEDIN BMX CLUB

Race night, Forrester Park BMX track, 5:30pm, Thur.

FOLK DANCING FOR FUN

Valley Baptist Community Centre, 270 North Rd, 10am–11.30am, Fri, \$4. ☎ Yvonne 455 2406, ✉ stureid1@yahoo.co.nz

INDOOR BOWLS

Play indoor bowls at the NEV Bowling Club, 139 North Rd, Thurs, 1.30pm start. ☎ Terry Boylan 473 0049

KUNG FU

Fitness, discipline and self defence. Classes for 7–12 years Wed, 5–6pm, Sun, 3–4pm, teen & adult classes, Wed, 6–7.30pm, Sun, 4–5.30pm, Sacred Heart School, 63 North Rd. Contact Kenneth ☎ 021 0242 38
✉ Dunedin@shaolinkungfu.co.nz

Classifieds continued on next page... ☎

MASSAGE FOR WOMEN

with Uschi Heyd. Book your session online www.kindliving.co.nz or call/text ☎ Uschi 027 360 0238 Mention the Valley Voice to receive a 10% discount on your first massage.

ORTHO-BIONOMY

In pain or discomfort? Had surgery or injuries? Ortho-Bionomy is a gentle way to help you in the process of maintaining your balance or accessing your resources during your recovery! For more info and bookings visit juliafast.nz

PARKRUN

A free, weekly timed 5km run/walk, Sat, Botanic Gardens. Meet at café, 8am summer, 9am winter. Go to parkrun.co.nz for more info.

STEADY AS YOU GO

(Age Concern) Gentle balance and strength exercises, Valley Baptist Community Centre, 10.30am–11.30am, Mon, and Pine Hill School Library, 11am, Thur.

TANNOCK GLEN

The 3.5acre garden of the Dunedin Rhododendron Group is situated in Torridon St, Opoho. Members of the public are invited to visit at any time. Dogs permitted on a lead.

THREE LEFT FEET

Social dance group, no experience or partners necessary. European dance – folk and traditional, \$5 or \$7.50 per couple, Nga Maara hall, 6–7pm, Thursdays. ☎ Marilyn 0274 463 358

YOGA IN THE VALLEY

Instructor Adair Bruce, 6–7pm, Mon & Fri, DNI designspace; 9.15–10.15am, Mon & Wed, community rooms. \$10 waged, \$8 unwaged. More info adairbruce@hotmail.com

ZEN MEDITATION

Traditional Zen for beginners and experienced people. All welcome. 7pm Thur. at the Quaker Rooms, 15 Park Street, Dunedin North. Koha please. 6wk beginners courses through the year. 7-day retreat on Quarantine Island annually. Any questions phone ☎ Glenn 473 6256

for families, kids, and teens

AURORA TAMARIKI EARLY YEARS CARE AND KINDERGARTEN

Childcare for 0-5-year-olds inspired by Rudolf Steiner & Emma Pikler, offering homely rhythms, seasonal songs/stories, and natural space for children to learn and grow. Organic vegetarian kai provided. 351 Pine Hill Road. auroratamariki.co.nz

DUNEDIN CITY TOY LIBRARY

A vibrant toy library for children from birth to 7 yrs. Huge range of toys, ride-ons, dress-ups, puzzles, games.

Valley Baptist Community Centre, 270 North Rd, 3.15–4pm Wed, and 10–11.30am Sat.

DUNEDIN RUDOLF STEINER PLAYGROUP

Te Whare Ako Marie. A sanctuary for creative play for children from birth to kindergarten. A place of peace and friendship for parents. Groups meet weekly, term time. Contact us for times and days ☎ 471 2163 or dunedinsteinerplaygroup@gmail.com

FARSI LANGUAGE PLAYGROUP

For those wishing to immerse their young ones in the language. Playgroup runs fortnightly on a Sunday afternoon.

farsi.playgroup@nevbctrust.org

MAINLY MUSIC

Leith Valley Church, Malvern St, Wednesday 10am, \$4. Contact: Fran ☎ 467 9208 (Leith Valley Church Phone No) or ☎ 027 456 1188

MT CARGILL GIRLGUIDES

Pippins, brownies, guides, & ranger groups in the valley. ☎ 0800 222 292 or info@girlguidingnz.org.nz

NEV NORMAL SCHOOL PTA

New members always welcome. Fundraiser ideas needed to help kids and school. Meeting schedule: 7.30–8.30pm 12 May, 16 June, 7 July, 11 Aug, 15 Sept, 20 Oct, 17 Nov, 8 Dec. nevn.pta@gmail.com

NEV PLAYGROUP

For 0–5yrs, variety of experiences to enhance development of your child and meet other local young families. Free morning tea and lunch provided for adults. Please supply child's morning tea. Valley Baptist Community Centre, 270 North Rd, 9am–12pm Wed. nevplaygroup@gmail.com

NORTH GAME DEV CLUB

Intermediate tamariki learn to build their own video games. Tuesdays, 3.30–5pm at the Valley Baptist Community Centre. [@com2tech](https://www.facebook.com/com2tech) office@com2.tech com2.tech

OPOHO PLAYCENTRE

A nurturing play space for 0-6 yr-olds where children and their whanau attend together. Focus is on child-led learning through play. Come make friends, play, learn, and grow. Three free visits. 28A Signal Hill Road. Mon-Fri 9am–12pm following school term times. Find us on Facebook, contact us at opoho@playcentre.org.nz, or ☎ 027 880 2365

OPOHO SCOUTS

Keas, 4–5pm, Tues; Cubs, 6pm–7.30pm, Thur; Scouts, 6–8pm, Wed. Opoho Scout Den. [Shane: opoho@group.scouts.nz](mailto:Shane.opoho@group.scouts.nz)

SPACE FOR YOU AND YOUR BABY

Programs run by registered ECE teachers supporting families through their first year with a new baby. School terms, 12.30–2.30pm, day

TBC, Valley Baptist Community Centre. ☎ 021 150 9165 or space.valleybaptist@gmail.com

SUNDAY SCHOOL

Variety of classes with stories, crafts, songs, and more. Ages 4–18yrs, 9.30am Sun (term time only), DNI (tech area). All welcome! No charge. ☎ 020 4079 5727 or go to dunedinchristadelphians.org

TECHTIME

Primary ages 7+. Work on IT tutorials. Wednesdays, 3.30–5.30pm at the Valley Baptist Community Centre. [@com2tech](https://www.facebook.com/com2tech) com2.tech office@com2.tech

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further education

CITIZENS ADVICE

Dunedin Citizens Advice Bureau – a free confidential service for all. We can help with tenancy problems, employment issues, consumer problems & host of other issues. Rodgers House, 155 Princes St, ☎ 471 6166 cab.org.nz

COM2TECH

A community-led group that offers a range of free classes to upskill our communities in communications technology and online safety. Wed. 10.30am–12.30pm at Valley Project or Wed. 3.30–5pm at the Valley Baptist Community Centre. office@com2.tech com2.tech [@com2tech](https://www.facebook.com/com2tech) ☎ 027 256 9182

INSPIRING MATHS CLASSES

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TOP SOIL WANTED

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VENUS FLY TRAPS

Large caliber plants. Five times as big as those sold by the shops and are \$4.00 cheaper. Growing instructions included. \$10. ☎ Pat 473 0159 (PM)

church services

SALVATION ARMY

43 North Rd, community worker only, Mark O'Donnell

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89 North Rd, Mass 9.30am

GLENAVEN METHODIST

7 Chambers St, 11am

PACIFIC ISLAND PRESBYTERIAN

160 North Rd. English, 11am on 1st, 2nd, and 3rd Sundays; Cook Island 9.30am; Samoan 11am, 4th and 5th Sundays

ANGLICAN: ST MARTIN'S

194 North Rd, 10.30am

OPOHO PRESBYTERIAN

50 Signal Hill Rd, 10am

NEV PRESBYTERIAN

Community rooms, 9.30am, 11st, 3rd, and 4th Sundays, cafe service, contact Shona McDonald: ☎ 453 0145

ST MARK'S PRESBYTERIAN

304 Pine Hill Rd, 10am

THREADING WHARE CHARITABLE TRUST SADLY DISCONTINUED

Omicron was the last straw in our journey with the pilot workspace Threading Whare Project for ethnic women at 270 North Road. The Trust has recently had to make the reluctant decision to permanently close the Workspace.

From the start of scoping and deciding whether to proceed with the Project, we noted "Covid-19 has arrived, and it will be gone in a few months." As we now know, that was not to be. Covid-19's continuing and changing presence had a considerable negative impact on project development. Our purpose didn't build as hoped and totally due to Covid levels, level restrictions, and lockdowns. Rightfully, people made decisions for their health and welfare, and attendance outcomes meant we couldn't prove the pilot project concept which had implications for funding applications. Another

negative impact of Covid has been on a range of community organisations across the city and compromised their ability to function. Community organisations add so much to supporting community and the loss of such organisations and services affect our community wellbeing.

There was no blue print to work with in setting up the Workspace. We tried things, adapted, but the experience will be valuable and guide any future such project. Whilst we had resources for weaving, knitting, and embroidery, sewing was the main interest for the women. The donated fabrics were used up and produced a whole range of items for the women and their homes and families.

We are now focused on winding things down. Remaining donations of materials, wool, and accessories have been donated to a range of charity groups; South Dunedin hub sewing group for ethnic women (meet fortnightly), and Dunedin North Intermediate fabrics for children projects, to name a few.

We had some very positive outcomes, made a difference for some of our attendees, had lots of laughs and fun times, and learnt a lot about our new New Zealanders. The support from local agencies and community groups was amazing – Dunedin has so many great people doing a huge range of things to support our community. Another rewarding part of the project has been the people we have met. -- Ruth Tansley, Trustee

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BIG BIKE GIVEAWAY

On Saturday 7th May, the Valley Cycle Workshop in Allen St tried to give away as many bikes as possible in a "Big Bike Giveaway". Over the years, people's generosity in donating bikes gave us more than we could fit into our limited space. So on a Saturday back in May, people and families lined up and took our bikes away; road and racing bikes, town bikes, older bikes, lots of mountain bikes and some children's bikes. We gave away about 50 in all which was great and even more than we hoped for, and with no drama. So thank you to the people who responded to our offer and thank you to the people who helped with publicity and on the day.

The following day, I saw one of our BBG bikes being ridden around central Dunedin by a happy recipient. There was an ODT story and picture on the following Monday.

Now we can resume normal operations on Tuesday afternoons 3:30 to 6:00pm and Saturday mornings 9:30 to 12:30. We now have plenty of room for some more donated bikes that have been used and looked after but have served their purpose for their owners. Our donations policy has changed (see our Facebook page @valleycommunityworkspace), and we no longer accept bikes not in condition for upcycling. -- Peter McDonald

CONNOR'S COLUMN: THE 2022 OTAGO RALLY



The Otago Rally is a multi-car class race that started out in 1976, this first won by Trevor Crowe. The event would soon become one of the most memorable events on the New Zealand calendar.

The rally stages were held over two days. There were multiple stages around Dunedin, such as the famous Kuri Bush stage which is upon dirt and gravel. There was also meant to be a tarmac stage set down by the harbour but that was postponed this year due to Covid-19.

In addition to 4WD turbo rally cars, there was also the option of racing AP4 and R5 cars, like Hayden Paddon's Hyundai i20 AP4, and Emma Gilmour's Suzuki Swift AP4. They are completely different from your average car. They are highly expensive and modified to the extreme conditions of the gravel and dirt stages around Dunedin.

Here are some of the notable drivers who were competing for the two-day event:

Hayden Paddon (who won it 9 times!)

Emma Gilmour

Robbie Stokes

Ben Hunt

The adrenaline rush that watching the rally ignites is second to none, but thankfully there are small gaps of time between racing cars while drivers get ready for their descent on the stages.

-- Connor Fa'asaga

Connor is a long-time volunteer for the Valley Project and has a passion for sports. He'll be contributing sports-related content to this newsletter until it is safe for him to serve the public once again.

To compliment Connor's column, we invite all sports groups in the Valley and surrounds to contribute content: record-breakers, milestones, major events, fundraisers, game highlights, history, etc. We're keen to hear from you!

TRANSPORT FOR A "SONG"



In this current era of inflation and rising living costs, there is one useful antidote. You can have adequate individual urban transport for minimal initial and ongoing cost by sourcing a 26" wheel standard mountain bike from the '80s, '90s or 2000s from a community bike workshop.

As with any items, quality varies, but there have been many good brands over these decades. More important is the care that has been taken by owners in storage and maintenance. Avoid those brands sold on price by bulk retailers as these often deteriorate quickly and are more frustrating to work on.

Not only can you get the initial bike for a donation, you can access

ongoing spares, tools, and maintenance advice from the same source, and learn about bike maintenance while getting your hands a bit dirty. Owing to the number of these bikes originally sold and still circulating, there is a huge pool of recycled spare parts which community bike workshops are doing our best to maintain. Because of the substantial level of standardisation in the bicycle industry over this period, you are almost certain of finding the bits you want or something that will serve.

In its simplest form (non-suspension), this type of bike (of the right size) will provide a comfortable ride, good control and good braking. There are some things to avoid though. You want alloy rather than steel rims on the wheels because steel rims have poor braking performance in wet conditions. You want cantilever or V-brakes mounted on the forks/stays or disc brakes which are all better than the older sidepull brakes.

Ride such a bike, and the only inflation you have to worry about is the air in your tyres. -- **Peter McDonald**



There are two community bike workshops in Dunedin:



VALLEY CYCLE WORKSHOP at Valley Community Workspace, 11 Allen St in North East Valley. *Open Tuesdays 3:30 - 6pm, and Saturdays 9:30am - 12:30pm.*



THE CROOKED SPOKE in Upper Moray Place behind where the Fortune Theatre used to be. *Open Wednesdays 4 - 6pm and Fridays 4 to 8pm.*

Both have bikes (not necessarily in going order) available for a donation and the tools and knowledge and most of the parts to assist you in getting them going. No-one misses out on a bike because of a lack of dosh. What is available at any given time depends on what has been donated in the way of surplus or unwanted bikes.

The Malcam Trust also recycles bicycles from the Green Island Landfill and trains young people to rehabilitate them. Currently their restored bikes are available for a donation at Te Oraka thrift store in Anzac Avenue Dunedin.

There are also additional facilities at Valley Community Workspace including some gifted engineers like Steve Ward who has crafted special vehicles and modified bicycles over the past few years for people with special needs. Steve also converts bicycles to E-bikes and there is a retail E-bike business run by Nathan Parker.

I am sure we can be of assistance. Feel free to drop in when we are open.

(...continued from front page.) The DSA would like to remind riders of the basic etiquette for using skateboarding facilities:

- Use the "turnabout system" - taking turns in fair rotation.
- Be considerate of your session times.
- Politely ask for a turn if a rider is overusing the equipment.
- Keep boards, scooters, blades, etc. off the ramp or rails so that riders have full, unobstructed riding space.
- Be a supportive and patient spectator, especially when it comes to the littlies.
- Keep the area tidy! Use the provided rubbish bins and keep debris off the ramp.
- Be mindful of your spoken words. In this particular location, the ramp is within earshot of the children's playground.
- Avoid loitering on the playground equipment.
- Try not to skate too late into the evening.

It's a good reminder that this skateboard installation is on a *trial*. This means it is the responsibility of our community to support its sustainability and provide plentiful feedback to managing parties.

The half-pipe ramp was first destined for placement atop the concrete slab where the Chingford Estate wading pool once sat. Prior installation, some neighbouring residents voiced concern for what they assumed would be constant racket. The ramp's relocation beside the playground is a more attractive choice, however it poses some issues already quite evident - mud, being the biggest one. Without a concrete foundation, high foot-traffic is turning grass into slippery sludge. Inevitably it cakes the ramp, literally grinding one's gears. Also, being nestled among dense landscaping rather than out in the open, the ramp is constantly saturated with a build-up of damaging moisture.

A few other discussions are needed around the installation. Maintenance of the equipment will undoubtedly be required. Currently there is no designated area to store supplies. Also, reaching the platforms at the top of the ramps is no easy feat by littler feet. And Chingford Park allows 24-hour public access, and so too, the ramp. At this point there is next to no lighting for evening use.

In the spirit of community and for the love of skateboarding, suggestions are on offer! A graveled perimeter would inexpensively resolve the muddiness. Or perhaps carving a direct path through the adjacent hedge. Maintenance supplies could be stored within the ramp itself. Speaking of supplies, squeegees, mops, or rags would be good to have on hand. A fastened ladder or a stair build would assist the younger riders up. Solar lighting is a smart idea! What about shifting the ramp back to its originally planned location and simply baffling the heck out it for noise control? Let your ideas and concerns be known so our region may enjoy the ramp for many years to come. Contact dcc@dcc.govt.nz or message the Dunedin Skateboarding Association on Facebook @theDSACrew. We hope to see you at the proposed Have-A-Go Day in the near future! -- **Krysha Brzuza**

NORTHERN N.E.V. CONVENIENTLY CAFFEINATED

It's a dream come true times two! Fiona Stuart, owner of Total Recaffeination coffee cart, has fulfilled her desire of thirty years to make a living from coffee. Northern Valley residents and commuters have had their wishes answered, too, with an ultra convenient source for routine caffeine.

Lucky for us, her first go at operations along the harbour were less than ideal. A couple weeks later into her debut month of March, Fiona found her sweet spot along North Road, between the Quarry Dairy and Lindsay Creek. It was immediately evident we Valley-ites had been yearning for a replacement to Grid Cafe that once existed less than a block away. Coincidentally, it's Grid Coffee that Fiona proudly serves, along with Tea Total teas, three alternative milks, sweet nibbles, and a gluten/dairy-free hot chocolate whose purchase contributes to the Hope Foundation. Fiona tells us she is always making efforts to source her supplies locally.

The mini, mobile business came to be when Fiona's partner asked, "What have you always wanted to do?" It was a question raised in a moment of despair. Following voluntary redundancy from Uni, Fiona became a carer, a job she loved, but would often be in tears at the end of shifts because of a difficult employment situation.

"I am naturally chatty as a carer," Fiona informed, a characteristic that proved transferable from a short-lived career in the social-sector, to one in the retail coffee industry. It seems Fiona made the right move for herself. As we spontaneously interviewed her one sunshiny morning, she fulfilled a constant flow of orders and exchanged chipper chit-chat with her patrons. One of them was quick to praise her delicious brews. Another made sure we knew of her extracurricular achievements, too.

Apparently Fiona Stuart is a "very good soprano singer!" She performs in two bands as both musician and vocalist. One of them, *The Flukes*, is Dunedin's premier three-piece ukulele band. The other, *Red Letter Day*, is also a ukulele band including drums and a three-string cigar box guitar. A collection of five ukuleles allows her to play a wide musical range. Perhaps she'll consider coupling her enterprises and offer solo performances in between coffee cart customers!

We're happy to have you and Total Recaffeination here in the Valley, Fiona! That pop of purple can't be missed!

Coffee cart hours of operation are **Monday through Friday, 7am - 1pm**. Stay up to date with schedules and whereabouts on the Facebook page [@totalrecafcoffee](#). You can also email Fiona at totalrecaffeination@gmail.com. -- Krysha Brzuza



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