

Kaka back in the valley?



A Creative Minds \$20,000 grant, to start a programme getting children involved with research about birds and predators in North East Valley, is a first step towards the valley becoming Dunedin's first open urban ecosanctuary and cause for celebration for, from left, University of Otago Zoology Professor Phil Seddon, valley resident Eleanor Linscott, Orokonui Ecosanctuary learning experiences outside of the classroom

VALLEY SCHOOL children will have the opportunity to do scientific research to study birds and predators in North East Valley in the first steps towards the valley potentially becoming Dunedin's first open urban ecosanctuary and enabling the return of birds such as kaka to the area.

A \$20,000 grant from the government-funded Curious Minds programme will enable the University of Otago Zoology Department and Orokonui Ecosanctuary to work together to develop a programme for local schools.

The original idea came from relatively new valley resident Eleanor Linscott who moved to the valley one year ago. She immediately noticed how many more birds were in this area than around her former home in Wakari.

As she read news articles about kaka being

spotted in Dunedin gardens she began to wonder if the spill-over effect of wildlife from Orokonui Ecosanctuary could be harnessed in some way given it was so close to the valley.

With the support of interested friends and the Valley Project she was able to put together an application for a Curious Minds grant in a very short space of time.

University of Otago Zoology Professor Phil Seddon says the research will have two main objectives. Firstly to understand what birds are already here and what local residents can provide, such as sugar water and seeds, to attract more birds. And secondly to get a clearer understanding of what threats there are to birdlife in the valley, such as the presence and distribution of predators like possums, rats and stoats.

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the VALLEY project

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community rooms

window film & pelmets
practical session
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Project
NEWS

Cosy up to winter

DO YOU

want to find out how to install the cheapest double glazing ever? Or how to make a pelmet?

A practical demonstration is being run by the Valley Project's Cosy Homes team to help people beat the winter chill. The practical workshop will follow a general information session the week before which will cover ways to tackle mould, moisture and window insulation.

Cosy Homes coordinator Charlotte Wilson encourages everybody to attend. "People got so much out of our workshops last year we are really excited to run them again this year with a practical element."

The first workshop will be on Saturday 13 May, 2–4pm at the community rooms, and the second workshop on Sunday 21 May, 2–4pm at the Valley Community Workspace, at 11 Allen



Valley Project Cosy Home's volunteer Roman Solomatenko is ready to teach people how to put window film up on their windows as a cheap form of double glazing at a workshop on Sunday 21 May.

St. Families with children are welcome. There will be hot soup and drinks, and spot prizes at both workshops.

The Valley Project will be sharing lots of great information about how to stay cosy this winter on their Facebook page.

From the editor:

I LOVE it when peoples' passion and excitement for a project is written all over them. Such is the group that have taken the first steps towards their dream of seeing the valley as Dunedin's first open urban ecosanctuary. Not only is this project exciting for the valley it is great to see the first people to be involved will be the valley's children who will be our next generation of valley residents. The story of the Opoho

tennis courts is also one of community passion. All they need is a little community help to pay their rates bill. If everybody donates a few dollars it will be paid in no time!

The valley is blessed with many opportunities for social activities. Join the Probus Club or dress up and dance for an afternoon High Tea are just two of the many activities and clubs on offer.—Valley Voice editor Edith Leigh

Glazing project underway

A project by the Valley Project's Cosy Homes team to find the best low-cost secondary window glazing options for North East Valley Residents has had a boost from Dunedin business, Megazone Dunedin.

Cosy Homes coordinator Charlotte Wilson says past experience has shown a need to provide longer lasting solutions that will allow people to up and take down the glazing seasonally.

The donation provides the seed money to start the project to test the effectiveness of three budget secondary glazing options. It will also allow Cosy Homes to bulk buy materials for film and framing to give lower cost options or subsidies for those that couldn't otherwise afford it. Megazone Dunedin is largest multi-level laser tag complex in New Zealand, which caters for events and parties.

Valley Project office hours: Tuesday–Friday, 9am–4pm, closed Mondays and school holidays



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Opinions expressed in the articles are those of the authors and not necessarily shared by the editor, or any member of the Valley Project team. Submitted articles may be edited at editor's discretion.

Tennis courts need community serve



The Lovelock Environment Society, which now works to keep the Opoho tennis courts free for community use, is looking for a little community help with its Dunedin City Council rates bill. Pictured are, front from left, society secretary Fiona Stirling, tennis court neighbour and guardian Islay Little and general benefactor and maintenance man Jim Takas. Behind, the Adler brothers, from left, Sam, James and Tim, regularly play at the courts. Photo: Edith Leigh

THIS IS the story of how the Opoho tennis courts became free.

When the Opoho Tennis Club folded local resident Sue Marshall became concerned that the courts would become car parking. She rallied residents around her and we took charge over the courts from the club.

We quickly discovered that the Dunedin City Council would not sign a lease with us unless we were an incorporated society.

We were stuck. Then we heard that the Lovelock Environment Society Inc. was about to cease having achieved the goal of saving Lovelock Avenue from realignment.

So conveniently we stepped into the office-bearing roles of that incorporated society in 2010. Its objective of preserving the area around Lovelock Ave for public enjoyment fitted well with keeping the tennis courts for community use.

Soon after taking charge of the tennis courts Sue asked whether we should keep up insurance payments. We paid the premium. Shortly

afterwards an arsonist set fire to the club rooms completely destroying them. He was caught – honest, it was not us!

The insurance pay-out enabled us to resurface one court and rebuild the fence. Donations have enabled us to install a basketball hoop. Tennis Otago donated a second-hand net.

The DCC supports us by mowing the grass. Jim Takas painted the court lines and generously repairs the nets and the hoop.

However, we still have to pay DCC rates. Can you please give a small donation to help? We have 'not for profit' status but we are not a charity. Currently the chairman is Clark Bragg, Sharon Adler is the treasurer and Fiona Stirling the secretary. Our bank details are: Lovelock Environment Society Inc, 01-0906-0157733-000.

If you would like to join us our membership fee is \$2 and we meet once a year for our Annual General Meeting. For more information phone Fiona on 473 0024 or email Sharon at sharonadlernz@gmail.com.—*Fiona Stirling*

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Open urban ecosanctuary dream for valley

“THE ASPIRATION of the project is to link up with Orokonui Ecosanctuary through the Mt Cargill Reserve, and perhaps to create an open urban ecosanctuary in the valley. This could ultimately bring in birds like kaka, but you don't want to pull them into an area that's full of threats.”

Becoming an open urban ecosanctuary is a long-term project,

but now that the first steps are underway the group wants to bring more of the local community onboard. They want community input to help develop a long-term vision of what North East Valley might look like as an open urban ecosanctuary.

“There will be lots of people out there who will have lots of great ideas about what we could be

doing,” says Eleanor.

There is an open invitation to the community to join the conversation on Thursday 18 May at 7pm in the Valley Project community rooms, 262 North Rd.


The Curious Minds programme is administered in Otago by the Otago Museum.

—*Edith Leigh*

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Bake fancy biscuits, dress-up and dance

INDULGE IN the fine art of afternoon High Tea with the Quadrille Club this autumn. The High Tea is a perfect opportunity to bake fancy biscuits, dress-up, catch up with friends and try (or watch) some dances from Regency and Victorian periods.

Our High Tea is a very special event where you can come and experience a time gone by with a sweet treat, a cup of special tea or freshly ground coffee. Formal or 18/19th Century period attire is encouraged but not compulsory.

High Tea: Saturday 13 May, 2–4pm, at the Valley Baptist hall, 170 North Road. \$5 and a plate.

There will be three dance workshops to prepare for the High Tea. Tuesday 2 and 9 May, 7pm at the North East Valley Normal School hall

and Saturday 13 May, 10am at the Valley Baptist hall. Each workshop costs \$5. Beginners most welcome. No special gear required. Find out

more at www.frenchdancing.co.nz or in our Facebook group 'Historical dance - Dunedin'.—Kate Grace



Dancers in historical dress enjoy last year's High Tea event.

Keep an active mind and friendships with Probus

PROBUS IS an association of active retirees who meet in clubs to enable them to keep their minds active, expand their interests and enjoy the fellowship of new friends.

Probus Clubs are a worldwide organisation in more than 22 countries and consist of Men's Clubs, Women's Clubs and Combined Clubs.

Probus Clubs are prolific in New Zealand – some have up to 100 members and there are 19 clubs in Dunedin. Two are based at the North East Valley Bowling Club, the Dunedin Ladies and the Dunedin North Men's, both with about 40 members.

Both clubs meet on a Monday morning once a month with morning tea followed by an interesting guest speaker, some general club business and arranging other activities such as town or country trips or luncheons.

The meetings are very relaxed and informal. Members wear tidy casual dress. Their personal involvement is entirely voluntary and no



Dunedin North Men's Probus club enjoys an out-of-town outing.

fundraising is undertaken.

Probus Clubs are friendly places especially for those of us who may live alone. We enjoy our membership and believe new members would enjoy the same.

A cordial invitation is extended to visit one of our meetings and see if the club's activities are to your liking. A visit will cost you nothing but some time, and it is quite likely that you will know some of the members.

For more information contact Helen, the president of the Ladies Club on 473 7814; or Men's Club members Don on 473 7544 or John on 473 7703. Do consider this, we would like to meet you!—Don Nash, Dunedin North Men's Club member

Council casual Friday meet



Dunedin City councillor Marie Laufiso

Dunedin City Council councillors Aaron Hawkins and Marie Laufiso will be dropping by the Valley Project on Friday 19 May from 10am to midday.

They will be meeting with the Multicultural Women's Group and helping out our wonderful Kai Share volunteers.

If there's anything you want to bend the ear of the city about, or share your ambitions or concerns, everyone is welcome to come down for a chat.

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Big thank you to CreekFest 2017 sponsors

THEY SAY it takes a village to raise a child. It also takes a whole community to bring up our child called CreekFest. It's been wonderful to see the way many elements of our community came together to make CreekFest 2017 happen. This month I want to give a big shout-out to those businesses and groups who contributed funding for CreekFest 2017 including Antidote Pharmacy, The Inch Bar, Grid Roastery and Café and North Dunedin Rotary.

Also a big thanks to Filidelfio's, the Inch Bar and Beam Me Up Bagels for providing vouchers we could offer to thank our volunteers and as prizes.

Thanks to the Grid and Neng's Kitchen for keeping us fed and caffeinated on the day.

In supporting CreekFest these businesses make it possible for CreekFest to happen. Please consider supporting them as you are able.—*Steve Tripp, CreekFest organising committee member*



The crowd enjoying this year's CreekFest activities.

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Hands-on electronics a 'blinking success'

TINKERING WITH electronics and learning to make things that have a real world application has a group of people, who are supported by Pact, really excited.

The group have been heading to the Valley Community Workspace once a week where Makerspace have kindly offered some volunteer hours to teach some hands on electronics.

The first project involved soldering components to a custom circuit board that when put together correctly would power LED lights.

It proved to be a delicate set of skills but the guys stuck at it and had a blinking success. On the drive home someone joked that they wanted to make a jet ski next.

Soldering, using tools, cutting, joining, getting smoky, and making things work is part of the ethos of the place. A need existed that was different from the arts and craft that this group had been involved in. Not that arts and craft is inherently bad but these guys wanted



Jonno Wilson enjoying some hands-on making stuff and learning how to put together circuits with help from Makerspace at the Valley Community Workspace.

to try out some different skills which the workspace is providing.

During the next few weeks they will be putting together a more complex circuit board which can achieve four different functions. The idea is to get a basic understanding of circuits then tackle a group project that has a real world application.

All of this has been made possible with the valuable expertise from Ian Rees and Paul Campbell from Makerspace at the community workspace on 11 Allen St.

—Pact youth educator Dion MacLeod

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Fascination with objects destined for landfill

Kia ora kotou. My name is Dean Griffiths. I am a valley kid

through and through having returned home five years ago to find a flourishing and caring community. I have a degree in product design and a passion for social justice, responsible design and fair trade.

As a designer and a collector of things I am always fascinated by the objects we choose to inhabit our lives, the connections and relationships we have with them and the stories they tell.

My work is driven by a desire to squeeze new life out of old things, to see those things we discard or throw away and those things that become obsolete, given a second chance.

The objects I create are made from Op shop finds, dumpster treasures, roadside abandonments and reclaimed objects that would otherwise fill our landfills.

I believe design can act as a tool for transformation when it comes to the things we throw away. —Dean Griffiths, Northern Artery Pop-up Gallery May artist



Artist Dean Griffiths and an art piece, Om Lamp, made from a salvaged stereo speaker, salvaged lamp fitting, hardwood offcut and cardboard packing waste.

Viewer to define girl's story

'THE GIRL with the Red Sash' is an undefined figure that leaves it up to the viewer to decide who she is and what is her story. She is placed in situations to convey ideas of love, perseverance, compassion, peace and any other meanings an individual may perceive in each painting. The identity of this character is dependant on the person who perceives her. This explores how we all have our own unique stories, beliefs and things we care about.—Emma Gamson, Northern Artery Pop-up Gallery May artist

Class eats ostrich egg

IF YOU'VE ever wondered what an ostrich egg tastes like then one of North East Valley Normal School's senior classes can tell you.

Pupil Oscar Lambeth brought a giant egg to class given to him by a neighbour who kept ostriches. The class drilled a hole in both ends and blew the yolk and white out, which they then scrambled and ate. Ostrich egg tastes a lot like a normal egg, but a little richer, says Oscar.

Pictured: Oscar Lambeth with the ostrich egg he shared with his class.



Comment: Public meeting invite from local MP

IN DUNEDIN, we don't expect a lot. We are a creative and passionate no-nonsense bunch who get 'stuck in' to achieve our best. We may not expect a lot, but we do expect our elected officials to fight for our interests.

In speaking to many people locally, I've noticed a growing mood for change. Many have said they feel this Government hasn't had our region's interests at heart. And they're not wrong – time and again this government has let us down.

Whether it's delaying the rebuild of Dunedin Hospital, or up and shifting world-class research facilities like Invermay, it has felt like this Government hasn't had our back. Such neglect here is even harder felt with the impending closure of the Cadbury factory.

People across Otago deserve access to the same services as those in bigger cities further north. After all, the best investment we can make is in our people. That's why I am adamant that the rebuild of our hospital and investment in high quality public services here is crucial.

Supporting New Zealand's regions is about working alongside local people to clearly define major issues and develop local solutions. One size doesn't fit all – what works for Auckland has not, and will not, work for Dunedin.

Across Dunedin, I will be engaging with you on your doorstep, over the phone, in your workplace and in your community. I would also like to invite you to the next public meeting in my 'Let's talk, Dunedin!' series. Join me at Dunedin North Intermediate on Monday 8 May at 7pm in a discussion about Dunedin's future – where government backs local people.

—Dr David Clarke, MP for Dunedin North

Migrant women free self-defence course

A free self-defence course for migrant women in Dunedin is being held by valley resident and qualified self-defence instructor Bell Murphy.

The course offers a safe, supportive space for building greater self-confidence and learning skills for safety in a range of situations including attacks by strangers in public, people we know and in our relationships.

A range of techniques designed to be used against an attacker who is bigger and stronger will be taught, including how to break free from holds, how to target vulnerable spots and verbal strategies.

No experience needed. Bell is a member of The Women's Self Defence Network – Wāhine Toa.

The course is on Sunday 21 May, 10am–5pm. The venue will be confirmed on registration. To register contact Ambika on 477 1351 or email Dunedin@shakti.org.nz

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Eliza

AGE: 5 month old female

BREED: American bulldog cross

PERSONALITY: very friendly & playful

LOVES: treats & pats



Meet Eliza. Along with her siblings, Eliza was dumped at the gate of our Opoho centre when she was just one week old.

Being so small and unable to fend for themselves they went out on foster and were hand reared by two lovely vet nurses.

Once old enough they came back to the centre and were desexed and put up for adoption. All of her

siblings have been rehomed but unfortunately Eliza is still waiting for her forever home.

She is a real sweetheart that gets on with the other dogs and people. She's very lonely and really just wants someone to give her a forever home. If you think you can give Eliza the loving home she deserves, please get in touch with us today by calling 473 8252.

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Fresh flowers and beauty therapy in valley

TWO NEW business owners in the valley say the support from the local community since they opened their door has been amazing.

They are sharing a space on North Rd, with Bloomin Gorgeous selling market-fresh flowers and giftware, while Gorgeous Beauty Therapy is offering beauty therapy as well as organic and vegan beauty products.

Bloomin Gorgeous owner Jennenne Mackie says every morning when she comes into the shop and smells the flowers she thinks 'wow, this is so nice'. She has always loved flowers and having lived at home with her husband and three sons flowers were here way to keep the house looking beautiful.

So many people had told her they wanted to be able to buy gifts, such as a present for a new grandson, without having to go into



Jodie Monaghan (left) and Jennenne Mackie are excited to be opening two new businesses in the valley selling flowers, giftware and beauty products and offering beauty therapy services.

town.

Gorgeous Beauty Therapy owner Jodie Monaghan says many people had told them they were excited to see new businesses coming into the valley.

There is such a vibrant, exciting community here and they are tired of seeing empty

Data shows 'rubbish' summer

I MUST admit I often do an internal

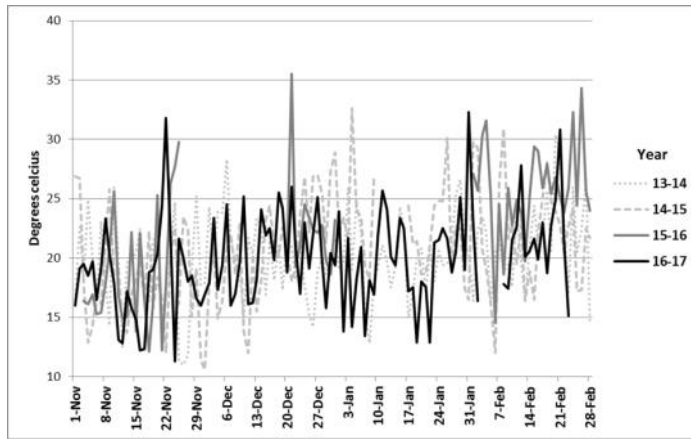
eye roll when I hear about some new scientific research that shows what everyone knew already anyway. You already know that it was a bit of a rubbish summer, so I'm not going to use weather data to prove this. But I can use it to tell you *how* rubbish it was.

The graph here shows the daily maximum temperatures from our backyard weather station for last summer (the black line) against the previous three summers (the grey lines). If you squint and hold your tongue the right way you can see that, particularly for December and January, just when you want the good weather, the daily high just didn't cut it compared to the other years.

My four years' worth of weather data is not the most statistically robust of datasets so I called Metservice meteorologist, Lisa Murray, to see how my backyard analysis fared with some longer-term data.

At Dunedin airport the average monthly temperature (that is averaged out over the whole month, including the cooler night-time temperatures) for last December was around the same as the long-term average. But the average monthly temperature for January, February and March was around 1 degree lower than the long-term averages for those months, which is fairly significant.

This cooler weather was a little disappointing given that I spend a lot of time defending Dunedin's climate to my North Island family and friends - "it's not that bad!", "we only keep the myth going to keep all those Aucklanders and their Sky Tower high house prices away!". This year I had to admit that, perhaps, Dunedin's



Daily high temperatures from our backyard for the last four summers. Unfortunately the January 2016 data is missing, as it was generally much warmer than January 2017.

weather wasn't so great. The only consolation was that most places had a rubbish summer, not just us. Why was this?

Lisa explained to me that from late winter and into spring and early summer last year the dominant weather pattern was a ridge of high pressure consistently occurring in the north Tasman Sea. This kept tropical cyclones at bay, but also meant more southwest airflows over the South Island bringing colder air from the sub-Antarctic.

This weather pattern eventually changed, so we did finally get a few good days, and some tropical cyclones further north to boot, but on average things remained cooler than usual.

We were also a little spoiled the previous summer (2015/16) with a strong El Nino, which meant a lot of nor-westers and warmer weather (and drought for some - not so flash). So it feels like this last summer was particularly non-existent compared to the previous one. The old chestnut "well, the rain's good for the garden!" wore a little bit thin. Let's hope for better next summer!—North East Valley scientist Helen Jack

community
your local guide



Relatives and friends coming to visit?

Arden Street House Bed & Breakfast / Homestay - Great accommodation, short & long term rates!

Phone (03) 473 8860
www.ardenstrethouse.co.nz

Plunket

Plunket Clinic now at the Gardens Corner (by the post boxes), Opoho Road
Phone Melissa Plunket Nurse for an appointment
027 6877925 or Plunket Area Office (03) 474 0490
Plunketline 24/7 0800 933 922



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Plunket's Vision
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Need an MP?
David Clark
MP for Dunedin North

03 474 1973
32 Albany Street, Dunedin
david.clark@parliament.govt.nz
fb.com/DavidClarkMP

Labour

Taster class offered for NZ Sign Language Week



INCREASE YOUR proficiency in one of New Zealand's official languages - New Zealand Sign Language.

A one-hour taster class will be held at the Valley Project community rooms on Saturday 27 May, 11am-noon.

During the class you will learn signs that you can use every day.

New Zealand Sign Language is used by more than 20,000 Kiwis. It is not simply a signed representation of spoken English, but is a separate language with its own structure and grammar.

Find more information on the Valley Project's Facebook events page.

Nau mai, haere mai
Metiria Turei
Green Party MP

Dunedin Office
5th Floor Burns House
10 George St
Please phone for appointment
03 477 8502

Authorised by Metiria Turei
Parliament Buildings
Wellington

Green

Autumn harvest pressed, preserved and baked



The annual community baking and preserving, and apple-pressing days organised by Community Food Harvesting Dunedin were another great success.

Organiser Annika Korsten says it is always fabulous to have great community support.

Pictured is the apple-pressing day underway at the Valley Project community rooms.

church services

Salvation Army, 43 North Rd, community worker only, Mark O'Donnell

Sacred Heart Catholic, 89 North Rd, Mass 9.30am

Glenaven Methodist, 7 Chambers St, 11am

Pacific Island Presbyterian, 160 North Rd, English 11am on 1st, 2nd and 3rd Sundays; Cook Island 9.30am; Samoan 11am, 4th and 5th Sundays

Anglican: St Martin's, 194 North Rd, 10.45am

St Thomas', Raleigh St and Pine Hill Rd, 4pm

Opoho Presbyterian, 50 Signal Hill Rd, 10am

NEV Presbyterian, 224 North Rd, 9.30am cafe service

St Mark's Presbyterian, 304 Pine Hill Rd, 10am

NEV Baptist, 270 North Road, 10.30am.

**Every Sunday
1pm-3pm**

**Dalmore
Reserve
community
garden**

At the reserve entrance on
Allenby Ave

**Saturday 6 May
9am-noon**

**Sunday 14 May
1pm-4pm**

**Saturday 20 May
9am-noon**

**Sunday 28 May
1pm-4pm**

**NEV
community
garden
working bees**

top paddock behind North
East Valley Normal School

for families, kids & teens

ATHLETICS & HARRIERS

Children 3-6yrs and 7+yrs, Chingford Park Clubrooms, 5.30-6.45pm, Mon, and Caledonian grounds, Sat morn. www.leithharriers.co.nz

CHINESE FOR KIWIS

Bear Cats Club and Chinese ABC playgroups for children to learn Chinese. Tues, 3.30-4.30pm, Pine Hill School, 11 Hislop St. Ph 021 589 075 or www.chineseforkiwis.co.nz

DUNEDIN TOY LIBRARY

A vibrant toy library for children from birth to 7 years. Huge range of toys, ride-ons, dress ups, puzzles, games. St Martin's Hall, Northumberland St, 10-11am Wed and Sat

GIRLS BRIGADE

Dunedin Girls Brigade Company, all girls, from age 5 up welcome. 6-7.30pm, Wed, St Marks Presbyterian Church Hall, 304 Pine Hill Rd.

MINI MUSIC GROUP

Preschool music and movement session, 9.15-9.45am, Mon, Nga Maara Hall, Sacred Heart School, school terms, gold coin. All welcome.

MT CARGILL GIRLGUIDES

Pippins, brownies, guides and ranger groups in the valley. Ph 0800 222 292 or info@girlguiding.org.nz

OPOHO PLAYCENTRE

Sessions for 0-6 year olds, 9am-noon, Mon-Fri, school terms, 28A Signal Hill Rd. Visitors welcome. For more info ph 473 0819 or email opoho.playcentre@yahoo.com

OPOHO SCOUTS

Keas, 5.30pm-6.30pm, Tues; Cubs, 6pm-7.30pm, Thur; Scouts, 7pm-8.30pm, Wed. Opoho Scout Den, Ph Kevin 0800 SCOUTS.

PLAYGROUP

Leith Valley Church, Malvern St, 10am-noon, school terms. Ph Julia 027 635 8181.

PRESCHOOL MUSIC

At Opoho School, 9am-9.30am, Fri, during school term, Room 3, gold coin, drop in, Ph 473 8019.

SPACE PROGRAMME

Programme to support new parents through first year of child's development (Supporting Parents Alongside Children's Education). Valley Baptist Church. Contact Amy on 473 0014 or space.valleybaptist@gmail.com

NEV PLAYGROUP

Come along with your children 0-4 years, Baptist Hall, 270 North Rd, 9am-3pm, Tue, Wed. Ph Michael 473 0572.

RUDOLF STEINER

Dunedin Rudolf Steiner playgroups, Te Whare Ako Marie, Pinehill and Maia. A sanctuary of creative play for children from birth to kindergarten and a place of peace and friendship for parent. Groups meet weekly, term time, For more info contact 471 2163 or dunedin-steinerplaygroup@gmail.com

YOUNG PARENTS

Young Parents Group Te Roopuu Maatua Maahuri, where young parents come together to share and support each other. For parents who had their first child before 26 years. Children welcome. 1-2.30pm, Thurs, community rooms. Ph Susan 021 550 737.

fitness & health

CONTRA DANCE

7.30pm, Mon, \$3, 52 Dundas St. Ph 473 8640 for more information.

DUNEDIN ACROYOGA

Combining acrobatics and yoga, no partner needed. Beginners classes available. 6-9pm, Tue, Opoho Presbyterian Church, 50 Signal Hill Rd. Facebook or email joooske@gmail.com

DUNEDIN BMX CLUB

Race night, Forrester Park BMX track, 6pm, Thur.

FOLK DANCING FOR FUN

Baptist Church, 270 North Rd, 10am-11.30am, Fri, \$3. Ph Yvonne 455 2406, stured1@yahoo.co.nz

FRENCH DANCE

French traditional dance, beginners welcome, no partner needed. Wear comfortable shoes. \$8 casual, 7-8.30pm, Tues, North East Valley Normal School hall, 248 North Rd.

HISTORICAL DANCE

The monthly historical dance workshop will exceptionally be held on Sat 13 May instead of Sun to coincide with the Autumn High Tea, 10am-noon, Valley Baptist Hall. Beginners most welcome.

LEARN TAEKWONDO

Korean martial art, supportive environment. Training Mon, Thur, Pine Hill School hall, 6pm-7.30pm. Beginners' classes starting term 2, limited spaces. Email or ph to register interest, 021 0249 3683, dunedinolympictkd@hotmail.co.nz

MEDITATION

Meditation and mindfulness afternoon workshop every two weeks, ph 021 035 2392, www.meditatenz.com



Classifieds and community notices (for non-profits)

DUNEDIN ELECTRIC BIKES

for sale
at the

Valley Community Workspace
11 Allen St, Fri and Sat mornings

Ph Nathan Parker 027 214 8294 or

Want health, wellbeing and relaxation?

Yuan Gong Qigong exercises are easy to learn, effective & enjoyable

All welcome

THAI MASSAGE

Traditional, clothes on, massage for health

20 years experience and Thai trained, here in NEV

By apt only

Ph Heidi on 473 6256 or 021 174 9290

NAKAJIMA JUDO CLUB.

Weekly evening class for all levels and ages. Ph. Keri 021 027 93683.

QIGONG

Classes in Yuan Gong, Ans 027 756 8383, yuangongdunedin@gmail.com Jay 027 584 4537, www.bodymindqi.com

PARKRUN

A free, weekly timed 5km run/walk, Sat, Botanic Gardens. Meet at café, 8am summer, 9am winter. Go to parkrun.co.nz for more info and to register & get your personal barcode.

SPAN NEV

Stretch'n'flex, low-impact exercise, fun and friendship, Nga Maara Hall, Sacred Heart School, 10am-11am, Tue, over-65s, \$4. Ph 473 9311

SPORTS AEROBICS

Competitive aerobics and casual fitness classes. Training held at DNI Sun, Mon and Fri. Contact Rebecca rebeccafishernz@yahoo.co.nz

STEADY AS YOU GO

(Age Concern) Gentle balance and strength exercises, NEV Baptist Church, 10.30am-11.30am, Mon, and Pine Hill School Library, 11am, Thur.

TANNOCK GLEN

The 3.5acre garden of the Dunedin Rhododendron Group is situated in Torridon St, Opoho. Members of the public are invited to visit at any time. Dogs permitted on a lead.

THREE LEFT FEET

Social dance group, no experience or partners necessary. European dance-folk and traditional, \$5 or \$7.50/ couple, Nga Maara hall, 6pm-7pm, Thu. Ph Marilyn 473 7829.

YOGA IN THE VALLEY

Instructor Adair Bruce, 6-7pm, Mon-Fri, DNI designspace; 9.15-10.15am, Mon, Wed, community rooms; 9.15-10.15am. \$10 waged, \$8 unwaged, for more info contact adair-bruce@hotmail.com

further education

COMPUTER CLASSES

Free class, 9.30-11am, Tues, community rooms, 262 North Rd. Tutor Rob Tigeir. Ph Afife 473 8944 for info.

FREE LITERACY COURSE

For more information contact Ana & Marg at Literacy Aotearoa, 477 2055.

ENGLISH CONVERSATION

Multicultural Women's Group New English speakers welcome, 10-noon, Wed, community rooms, 262 North Rd. www.multicultural-women.com

LEARN ITALIAN

Planning a trip to Italy this year? Fun, communicative lessons Ph Samantha 021 0831 8408.

INDOOR BOWLS

Play indoor bowls at the NEV Bowling Club, 139 North Rd, Thurs, 1.30pm start. Ph Jack for more info 473 9565.

ITALIAN CLASSES

Exp teacher, native speaker of Italian ph Antonella 027 341 8312, antonella.vecchiato@gmail.com,

LEARN ENGLISH FAST

English for daily life and work, free. Contact Paul or Tamara at English Language Partners 477 7261, dunedin@englishlanguage.org.nz

SEA OF FAITH

St Johns Church Hall (cnr Wright St and Highgate), 6-7.30pm, fourth Thur each month. Enquiries ph 473 0031.

art, craft & music

ART TARDIS @ THE GRID

Coffeehouse featuring 'Mud Diamond' by Elise Johnston

ART CLASSES

For all levels, casual attendance welcome, tutor Anneloes Douglas, community rooms, 10am-noon, Thur and 6pm-8pm, Fri. Ph 027 307 7034, 467 9993, anneloes.douglas@xtra.co.nz

ART CLASSES

Continuous class, newcomers welcome, 1-3pm, Wed, community rooms; 1-3pm, Thurs, St Peter's Church Hall, Caversham; 7-9pm, Thurs, Logan Park High School, \$15 per session. Ph Friederike 482 2025.

KNITTING SQUAD

BYO knitting or crocheting, or come & learn, community rooms, 1pm-3pm, Wed. Ph Marjory 473 7751.

ART FIBRE DUNEDIN

Bring lunch and requirements, 10am-3pm, second Sun each month, community rooms, Ph Viv 473 0343, www.artfibredunedin.blogspot.com.

DUNEDIN FIDDLE CLUB

Community rooms, 7.30pm, Wed.

SOUNDS NOR'EASTERLY

Do you enjoy singing with a group? Why not join your local community choir? All ages and abilities welcome.

SUNDAY SOUNDS

DNI design lobby every Tues, 7.30-8.45pm. Email Clare for more info clare-n-don@clear.net.nz

VALLEY BLUEGRASS JAM

Monthly jam session at the Normanby Bistro. All welcome to listen or participate, 2pm Sunday 23 April.

community groups

BIKE WORKSHOP

Get help, use our workshop, bikes available for koha. 3.30-7pm, Tues, and 9am-12.30pm, Sat, Community Workspace, 11 Allen St. Contact Peter on peterd0n@yahoo.com

DUNEDIN MAKERSPACE

Work on project, watch others and chat, 1pm-5pm, Sat; organised talks, 7pm, Thur, VCW, 11 Allen St.

DUNEDIN NORTH LIONS

Always welcomes visiting or new members. Ph Ed 456 4317 or Murray 473 8044.

ENLIVEN DAY CLUB

Ross Home, drivers and help with activities needed, light food preparation. Tues, Wed & Fri. Ph Maybank 473 0890.

LADIES' PROBUS CLUB

Meets 10am, first Mon each month, NEV Bowling Clubrooms. New members welcome. For more info ph 455 6683.

MEN'S PROBUS

NEV bowling club, 10am, 2nd Mon each month, new members welcome. Ph Don 473 7544.

MEN'S SHED

The North Dunedin Men's Shed welcomes new members. Open Wed and Sat mornings Bonnington St over bridge. Ph Paul 474 0060.

MULTICULTURAL GROUP

Women's multicultural group, make new friends, speakers, cooking, outings. Community rooms, 10am-noon, Fri, ph Afife 473 8944.

PINEHILL COFFEE & CAKE

Morning tea outing to Dunedin café, last Wed of each month. Ph Carolyn 477 7115 for more info.

trading corner

BABYSITTER AVAILABLE

Experienced 21 year old. Ph Kelly 027 697 9194.

BABYSITTER AVAILABLE

17 year old with extensive first aid training and experience with children of all ages. References available. Kyrá Ph 0221507349

COMPUTER SERVICES

Trouble-shooting, tuition, low rates. Ph Dave 473 9542, 022 635 9414 or email davemaxz@actrix.co.nz

FIREWOOD FUNDRAISER

Stock up now for winter. Demolition hardwood \$60/m, macrocarpa \$90/m. Call at North Dunedin Men's Shed, 35 Bonnington St, just over the bridge, Wed and Sat mornings.

NOTICE OF INTENTION

A large white cat has been responsible for significant injuries to two cats on Signal Hill Rd (near the Presbyterian Church). When he is trapped he will be taken to the Otago SPCA.

PEASTRAW

\$12 per bale delivered. A fundraiser for North East Valley Normal School. Ph 021 0849 9662 or nevpeastraw@gmail.com

SENIORS HAIRDRESSING

Retired senior hairdresser providing service for seniors. Your home or mine. Dunedin North only. Ph Helen 467 9644 or 021 104 1011.

SMALL FLAT WANTED

For older, responsible lady. Clean, tidy, non-smoker, ph 021 250 0943.

WANTED

Music/band room or shed. Ph or text 027 710 7077.

COMMUNITY NOTICES

Priority given to valley groups, email voice@northeastvalley.org



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Dinner: 5-8pm, 5-9pm Fri & Sat
Ph: 473 0373

LIVE MUSIC
The Hooray Henrys
Friday 19 May, 8.30pm



Are you on our volunteer database?

Fill out our form online or come into the office: bit.ly/valleyvolunteer

Being on our database is not a commitment. It simply means we will be in touch if we have opportunities that might match your interests.

Make a difference in your community!

Children keep gardeners young



North East Valley Normal School pupils, from left, Phoebe Bisley, Ryan Dodds, Eadie Kyle (obscured) and Stella Abey, all 5 years, plant seedling with community garden volunteer Mark Dyer.

NORTH EAST Valley Community Garden volunteers have been sharing their passion for gardening and growing plants with pupils at North East Valley Normal School.

Every Tuesday a different class from the school spends an afternoon at the gardens doing activities such as planting seeds and seedlings.

Teacher Theresa Bowen says the children love it at the gardens. Now they are seeing the plants which they planted as seeds at the end of last year.

"It is fantastic that they can share their wealth of knowledge. The children have learned heaps and it takes a lot of pressure off the teachers as well."

Community garden coordinator Richard Tozer says both he and other volunteers have been really enjoying the interactions. "The kids are so enthusiastic and ask lots of good questions." They have been eager to try raw vegetables, tasting celery, silverbeet, cauliflower and herbs such as wasabi and rosemary, Richard says.

"It has been really, really good. It makes me feel younger having the kids around and it may encourage them to come and join us at our weekly weekend working bees with their parents."

Working bees at the community gardens are held every alternate Saturday morning and Sunday afternoon. Dates and times are always listed on page 10 of the *Valley Voice*.

—Edith Leigh

what's on calendar

Let's talk

Discussion with Dunedin North MP David Clarke about Dunedin's future.
Monday 8 May, 7pm,
Dunedin North Intermediate.

High Tea

Join the Quadrille Club to get dressed up, dance and enjoy High Tea. Saturday 13 May, 2-4pm, Valley Baptist Hall, 170 North Rd.

casual council

Join Dunedin City councillors Aaron Hawkins and Marie Laufiso for a chat about the city. Friday 19 May, 10am-midday, community rooms.

self defence

A free course for migrant women in Dunedin. Sunday 21 May, 10am-5pm.
Registration essential (see p7).

learn to sign

A one-hour taster class in New Zealand Sign Language. Saturday 27 May, 11am-noon, community rooms.

Cosy Homes

Learn how to deal with mould, moisture and dampness. Saturday 13 May, 2-4pm, community rooms.
Learn how to put up window film and make a pelmet. Sunday 21 May, 2-4pm, Valley Community Workspace

ecosanctuary

Join the discussion and share your ideas and vision for the valley as an open urban ecosanctuary. Thursday 18 May, 7pm, community rooms. All welcome.