

# Lots of love for Lindsay



An estimated 1000 people turned out for the inaugural CreekFest Love the Lindsay event at Chingford Park, delighting organisers. Pictured here Tahu McKenzie, an educator at Orokonui Ecosanctuary, takes children on a workshop to learn about life in the creek, during which they 'tickled' rocks to find out what creatures made their home there. • more on page 6 & 7

## Valley Project to buy workspace building



Valley Community Workspace members, from left, Christine Keller, Kristen Bracey, Peter McDonald and Steve Ward, jump for joy at news the building will be purchased by the Valley Project.

CELEBRATIONS AND plenty of work are ahead after confirmation the Valley Project will be buying the Valley Community Workspace building at 11 Allen St.

The Department of Internal Affairs has been a partner with the Valley Project for the past four years and under the community-led development pilot project a final grant has been provided to purchase this community asset.

Work has begun to prepare the building for earthquake strengthening and research is underway for insulating and heating the building, for which funds have also been provided.

The community workspace adds great value to the valley in many ways. This purchase will provide stability for the workspace and bring in some revenue for the Valley Project, making it a symbiotic relationship.

Come down to the workspace on Tuesdays from 3:30pm and Saturdays from 10:30am to learn about all the great stuff happening there.

—Marty Cancilla (former Valley Project manager)

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Disclosure Statements are available on request and free of charge.

# Community workers step into new role

**CHANGES ARE** afoot at the Valley Project as our relationship with the Department of Internal Affairs (DIA) comes to an end, and with the resignation of our former manager, Marty Cancilla.

The DIA has been a major funding source for our community development projects and staff salaries, but this funding finishes in June. We have been incredibly lucky to employ a manager with the support of a community worker to run the daily business of the project, but we now have to look elsewhere to find funding for salaries.

To make the best use of the

funds we have left we have had to be creative and have decided to make the following changes:

1. We are thrilled to announce that our current community workers, the amazing Charlotte Wilson and Anna Parker, will step up to new roles as community coordinators in a shared position. They will take on many of Marty's previous roles. We are very fortunate to have two people who know the ropes and are passionate about community development and people in the valley. We won't be filling the community worker position at this stage.

2. Opening hours at the Valley Project office will be Tuesday to Friday from 9am to 4pm. The office will be closed on Mondays and during school holidays.

We ask the community to support Charlotte and Anna as they transition to their new roles and to understand that they won't always be as available as they have been previously.

With the continued support of our wonderful community it is our intention to sustain the Valley Project for the foreseeable future and to build on our great achievements.—Margaret Hillerby (Valley Project executive

## General meeting invite

**THERE'S BEEN** so much happening in the community and with the Valley Project that our next general meeting will be a great time to touch base and check in with each other about important developments and next steps. Here's a taster:

- We've just purchased 11 Allen Street and are leasing it to the Valley Community Work Space (who are doing great stuff with the building and have awesome plans)
- We've ordered a photo-booth as a social enterprise
- We've fare-welled Marty and made some changes to staffing
- We've signed a lease with the Dunedin City Council for a part of Dalmore Reserve so that the Pine Hill Community Garden can start planting.
- We've had a fantastic CreekFest event and hope this evolves into a movement for improvement to our awa.
- We've got our Annual General Meeting coming up in June along with our Matariki hangi.

All the while we want to keep the community conversation going so we want you to come to our next Valley Project general meeting to be held at the Valley Baptist Church at 270 North Rd at 7pm on Wednesday 13 April. Please come your voice is important – you are the reason the project exists!

—Steve O'Connor (Valley Project executive board secretary)

## Keep Dunedin Beautiful awards



*Congratulations to the CreekFest Love the Lindsay team who were highly commended in this year's Keep Dunedin Beautiful awards. Pictured is CreekFest organiser Kuini Scott with Dunedin mayor Dave Cull.*



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**valley voice editor** Edith Leigh  
**distribution** 3700 copies per issue  
**online** [www.northeastvalley.org](http://www.northeastvalley.org)  
**readers** 7400 approximately  
**advertising** (03) 473 8614

**copy deadline** 15th of the month prior  
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# Bookfridge a colourful display

BOOKS ARE now freely available in our new book fridge to valley residents coming past the Valley Project community rooms. Local artist Patricia McCarty spent months painting the old fridge with a fabulous array of characters.

The book fridge is part of Lilliput Libraries, which are tiny community libraries scattered around Dunedin. People are encouraged to 'take a book now, leave a book later'. If you haven't already, stop and peruse the fridge for some reading material. Pictured is Patricia, who runs a painting group, Artyfacts, on Wednesday mornings at the community rooms.



Valley artist Patricia McCarty takes a look at books available in the book fridge she painted.

## Scientists to share knowledge

A GROUP of scientists want to share their knowledge with the community in a speed dating-style forum. Scientist Himang Mujoo says the group members, which include experts in genetics, pharmacy, epidemiology, vaccines and mathematics as well as medical students, are passionate about their subjects and want to share their passion and knowledge with others. Everybody knows about the socio-economic divide, but there is also an information divide, says Himang. "If you can bridge that gap it's a fantastic thing to do." The forum will not be a one-way lecture but a series of conversations with people.



Scientist Himang Mujoo wants to find out if people are interested in learning about science

The first forum will be held at 2pm on Sunday 10 April at the Valley Community Workspace, 11 Allen St. All welcome.  
—Edith Leigh

## Press apples and try harvest preserves

The Dunedin Community Food Harvest group will be holding a celebration and an apple-press and preserve-testing day at the Valley Project community rooms on Saturday 23 April.

Come along and test the preserves made during the 2016 harvesting season. The apple press from the Waitati Open Orchard group will press from 10am to 4pm. Bring your spare apples and fruit along and take home freshly pressed golden apple juice. We will also share tips on apple cider making.

Have no fruit? No worries – you can take home bottles and leave a koha for the group and apple press. For more information or if you can help set up on the day please contact me on 021 069 0546 or [dunedinharvest@gmail.com](mailto:dunedinharvest@gmail.com)—  
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## Healthy eating about the big picture

NUTRITIONIST AND mother Wal Herring knew all the whys and whats of healthy eating, but wasn't prepared for her three children having "minds of their own" when it came to eating.

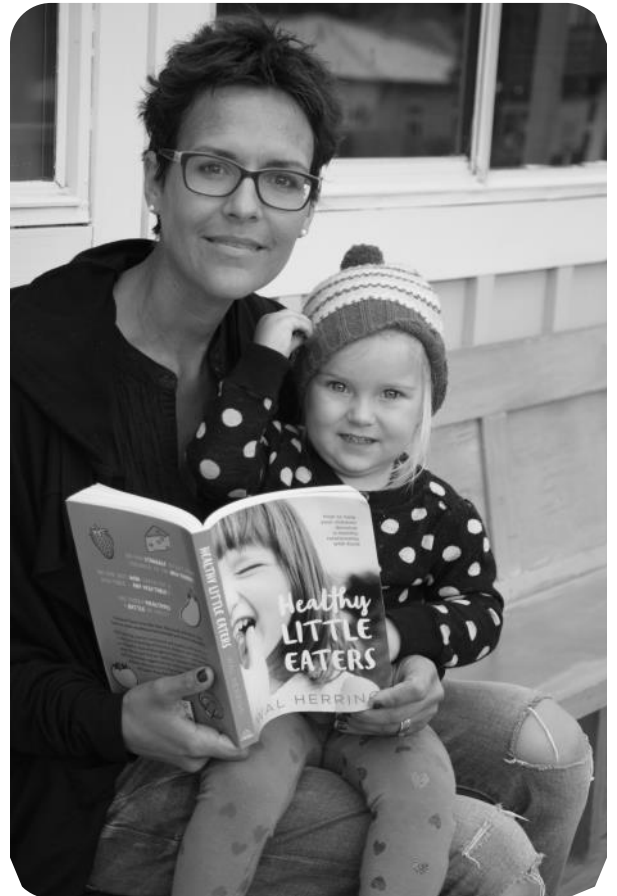
"I kept thinking it doesn't have to be this way with the dinner wars, so that's when I started researching and sharing what I discovered with other mums." Through her blog and chatting to other parents, lots of people kept telling her she should write a book, so she did.

*Healthy Little Eaters*, published by Penguin, has lots of ideas about how to teach children to enjoy healthy food.

"I tend to think about the bigger picture, not 'are they going to eat their broccoli today', but 'are they going to choose to eat it when you're not there.'"

Wal will be sharing her knowledge and inspiration at a talk at Opoho School, in Room 1, at 7.30pm on Monday 4 April. All welcome. She will have copies of her book for sale at the talk. It can also be purchased at major book retailers.

—Edith Leigh



Wal Herring and her daughter Eckhart (2) take a peek at her new book published by Penguin.

### New activities at Pine Hill church

St Thomas' Anglican church offers some exciting new activities this year.

Each Sunday there is a kids' programme at 4pm with our skilled and qualified teacher Natalia. All are welcome and parents can have a cuppa while they are waiting for their kids.

All Saints' Fruit and Veges continues to deliver fresh produce on Thursdays from 5–6pm. Come, place your order or collect your pack.

The same service is available in St Martin's Anglican church at 194 North Rd on Thursdays. Volunteers are always needed at both places. Let us know if you are interested.

On the first Saturday of every month there is a Pop-in Op Shop from 10am–2pm. New goods are added each month. Those who wish can rent a table and transform the place to a small local market.

The corner of Pine Hill Rd and Raleigh St really is an exciting place. For more information contact igregurec@yahoo.co.nz  
—Rev Ivica Gregurec

### Annual barbeque a street highlight



Enjoying a street barbeque in Opoho are Frederika Mourot, left, and Philippa Reidpath with baby Joshua.

ON SATURDAY 12 March Northfield Ave in Opoho held its annual barbeque attracting about 45 residents. This has been an annual function for most of the past 20 years. It was a great event on a warm evening.

Cricket, soccer and water-balloon-and-spoon races kept young folk entertained before and after dinner. For others it was a chance to catch up with neighbours and meet new ones.

Again we are grateful for the support of Valley Project and the generous donation from Gardens New World.—Kevin Helm  
*The Valley Project and Gardens New World provided \$50 vouchers*

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*Marty Hillerby installing a ramp at the Valley Project community rooms*

# CreekFest celebration a community hit



People learning about Lindsay Creek on the CreekFest discovery walk



Enjoying sausages and music during CreekFest



Taking a close-up look at life in Lindsay Creek



Kaumatua David Ellison opening CreekFest



Ngāi Tahu artist Priscilla Cowie installing her tuna sculptures at CreekFest



Dunedin Youth Council members, from left, Tammy Evans, Jess Ryan, Liberty Thein-Pye, Emilia Haszard and Alana Donkin rolled 330 ice-creams for kids at CreekFest



Vicki Paul pouring tea and coffee at CreekFest

## Wide variety of entertainment and activities at CreekFest

Organisers of the CreekFest festival were thrilled with the turnout as the Love the Lindsay event looks set to become an annual celebration.

The day started with a discovery walk with about 150 people walking along the creek to peruse the many information panels about life in the creek and its surrounds and the history of the area.

With perfect weather the temperatures soared into the high 20s as live music and story-telling kept the crowd entertained and kids enjoyed free ice-creams, face-painting and creek workshops. Educational stations were provided by Dunedin North Intermediate pupils and Dunedin City Council enviroschools coordinators, and Otago Regional Council freshwater scientists along with other scientists.

Keep Dunedin Beautiful was on hand with 'adoption packs' for people to take on a section of Lindsay Creek to care for and keep free of rubbish. The Valley Community Workspace and Transition Valley 473 also had information stalls, along with the Valley Project.

If you would like to join next year's CreekFest team please give us a call at the Valley Project on 473 8614.or email [project@northeastvalley.org](mailto:project@northeastvalley.org)

## Saturday night dance revival



*Steampie performing at Nga Maara Hall last month. Photo: Otago Polytechnic photography student Katrina Watt (Facebook.com/KJW-photography)*

**LET'S DANCE** Dunedin's mission is to revive the good old Saturday night dance down at the local hall. The intention is for folks to have fun dancing to live music with a friendly crowd.

We have been running similar dances in South Dunedin over the past year and would like to make them regular events in North East Valley. The first valley dance was held last month and featured two rockin' bands, Bulletproof Cadillac and Steampie. Did those present have fun? You bet they did! See you at the next one.—*PJ Clarke*

**Let's Dance Dunedin: 8pm–midnight, Saturday 9 April, Nga Maara hall, \$15, two bands, [www.facebook.com/Dunedin.Dance.Social.Club](http://www.facebook.com/Dunedin.Dance.Social.Club)**

## Annual Plan 2016/17 – Time to have your say!

Dunedin is one of the world's great small cities, so naturally, it follows that its residents are great too! Last year, you helped us map out the next 10 years through the Long Term Plan and how projects will be paid for.

Now it's time to have your say on some changes we're proposing such as more funding for economic development, arts and culture and community grants and changes to our cycleways plan. A more detailed consultation document setting out these changes will soon be delivered to your letterbox, so keep your eyes peeled.

### **When can I have my say?**

The consultation runs from Thursday, 24 March to Wednesday, 20 April 2016.

### **Where can I find out more and how do I have my say?**

#### **Visit:**

The Annual Plan consultation document, supporting documents and information about the events happening as part of the consultation and how to have your say are available at [www.dunedin.govt.nz/2016AP](http://www.dunedin.govt.nz/2016AP)

A copy of the consultation document and supporting information is also available to read at all DCC Customer Services Centres and Dunedin Public Libraries.

#### **Attend a public meeting and workshop:**

Dunedin Public Art Gallery | 30 The Octagon, Dunedin | Monday, 4 April | 5.30pm – 7pm

#### **Attend drop-in sessions with Councillors:**

- Waikouaiti Library | 192 Main Road, Waikouaiti | Tuesday, 5 April | 4.30pm – 6.30pm
- Catholic Social Services | 42 Macandrew Road, South Dunedin | Thursday 7 April | 4.30pm – 6.30pm
- Mosgiel RSA | 6 Church Street, Mosgiel | Tuesday, 12 April | 10am – 12 noon
- Macandrew Bay Hall | 1 Greenacres Street, Macandrew Bay | Tuesday, 12 April | 4.30pm – 6.30pm
- Four Square supermarket | George Street, Port Chalmers | Thursday, 14 April | 4.30pm – 6.30pm
- Community Hub | North East Valley Normal School | 248 North Road, Dunedin | Monday, 18 April | 4.30pm – 6.30pm

#### **Submit – we encourage you to provide feedback online at:**

[www.dunedin.govt.nz/2016APfeedback](http://www.dunedin.govt.nz/2016APfeedback) [www.facebook.com/DunedinCityCouncil](https://www.facebook.com/DunedinCityCouncil) [www.twitter.com/Dnecitycouncil](https://www.twitter.com/Dnecitycouncil)

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*Izzy*



**AGE:** 7 year old female

**BREED:** chocolate & white Burmilla-cross

**PERSONALITY:** bright & chatty

**LOVES:** being a princess

Izzy is a beautiful and glamorous young lady with movie-star qualities.

She's also super friendly and loves having a good chat. She is a curious little thing, always being nosy and keeping up with all the animal centre gossip.

She is with us because her owners moved away and were not able to take her with them. But Izzy hasn't let this get her down, she has faced her circumstances bravely, and although she doesn't like other cats that much, she has done her best to fit in at the SPCA.

She's waiting here patiently for a fabulous new home, where she can be treated like the princess she believes she is.

*Lucy*



**AGE:** 4 month old female

**BREED:** brindle & white Staffordshire Terrier-cross

**PERSONALITY:** loving & affectionate

**LOVES:** dinnertime!

Lucy gave us a fright when she first came in; she had been found crawling along a sidewalk in Waverley and could not move her back legs.

Our initial thought was that she had been hit by a vehicle and had a broken pelvis, but a veterinary consultation found no injury.

She has improved remarkably with cage rest and a little time in foster care and is able to walk well again.

We suspect she had a pinched nerve which may have caused the temporary paralysis. She has not had a relapse, neither has any owner come looking for her, so we would like to find her a loving forever home.

Lucy has a friendly nature and is a well-mannered pup who will be easy to train. She loves going for walks and playing in the sun. Please come and meet her as soon as possible, chat with our veterinarian and dog manager for advice regarding the original mystery, and fall in love with this sweet youngster.

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# Checks, support and advice for parents



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- parenting support and advice
- discussing health services available to your family and making referrals as required
- work within home, schools and early childcare centres

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Authorized by Denis O'Rourke MP

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Dunedin North Electorate Secretary  
Sadie Andrews



## Cargill's cap a unique valley feature



Mt Cargill's toupee rolling in. This is a unique feature of North East Valley's skyline.

**WORLD METEOROLOGICAL** Day was on 23 March and it got me thinking about the valley's weather, in particular the cloud that drapes itself over Mt Cargill, swirling down the mountain in disappearing fingers of mist.

As we sat in our friends' conservatory on Evans Street looking out at the mountain we wondered: if Cape Town's Table Mountain had the Table Cloth, what was our cloud called? The duvet? The toupée? Or, sticking with men's hairdos, perhaps the comb-over?

Then I met Dr Sam Dean, one of NIWA's chief scientists, who just happens to have a PhD in orographic clouds – the clouds that form as air moves over mountains – and he told me how Cargill's cloud works.

The cloud that forms over Cargill is called a cap cloud, for obvious reasons. From a distance a cap cloud looks like it's not moving but in fact, as anyone who has been in it knows, it is a racing conveyor belt of cloud across the top of the mountain. How does this happen?

If the wind is really strong, air is pushed up and over the top of the mountain, instead of around the sides. As the air is pushed up the air pressure decreases a wee bit and the air cools.

The cooler air can't hold as much water vapour,

so the vapour condenses into the tiniest of water droplets, about 15 microns wide – you could fit 66 of those into a millimetre! There are millions of these droplets and, unlike transparent water vapour gas, they are good at reflecting light so they appear white: a cloud.

The droplets are blown over the top of the mountain and down the other side where the air pressure rises ever so slightly and warms up a little. The air can once again hold the water as vapour, and the wee droplets evaporate back into invisibility.

Cargill's cloud only happens when a decent northerly or north-easterly wind is blowing in from the sea with plenty of water vapour in it, usually caused by an anticyclone off the Otago coast. A dry north-westerly wind doesn't hold enough water vapour to create the cloud.

Apparently, the cloud even influenced the choice of route for the northern motorway. The old main road north, Mt Cargill Road, sidles along the slope that is often enveloped in the cloud.—*Helen Jack*

**Further reading:** For the cloud geeks out there, a dissertation on Cargill's cap cloud was written by Carolyn Robertson in 1982. You can read *An investigation of the cap cloud on Mt Cargill* in the Otago University library.

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## Emotion reflected in art

IT'S GREAT to have the opportunity to show some work at the Northern Artery Pop-up gallery at the gardens mall this month. The paintings and prints are from work done in the past two years and reflect my interest in styles ranging from illustration to abstract art.



Artist Rob Seely with one of his works

After leaving school with a qualification in art I received no formal training until enrolling in the much-missed Kings Art School which revitalised my interest and gave me skills to conceive and complete pictures.

I have come to see that while an artist may lack the skills of a Turner or Rembrandt, work which aims to express some genuine emotion or flight of imagination can still be valid art even if it is a bit rough around the edges.

I frequently do courses, mostly drawing, at the excellent Otago Polytech Art School. I also learned screen-printing techniques here. I enjoy making pictures that combine observation with purely imagined elements. Art should always be fun and it is – but maybe should be – hard work from time to time.—Rob Seely

### church services

- Salvation Army**, 43 North Rd, Nitechurch, 6pm
- Sacred Heart Catholic**, 89 North Rd, Mass 9.30am
- Glenaven Methodist**, 7 Chambers St, 11am
- Pacific Island Presbyterian**, 160 North Rd, English 11am on 1st, 2nd and 3rd Sundays; Cook Island 9.30am; Samoan 11am, 4th and 5th Sundays
- Anglican: St Martin's**, 194 North Rd, 10.45am
- St Thomas'**, Raleigh St and Pine Hill Rd, 6pm
- Opoho Presbyterian**, 50 Signal Hill Rd, 10am
- NEV Presbyterian**, 224 North Rd, 9.30am cafe service
- St Mark's Presbyterian**, 304 Pine Hill Rd, 10am
- NEV Baptist**, 270 North Road, 10.30am.

### community garden working bees

top paddock behind North East Valley Normal School

- Sunday 3 Apr** 1pm–4pm
- Saturday 9 Apr** 9am–noon
- Sunday 17 Apr** 1pm–4pm
- Saturday 23 Apr** 9am–noon

### for families, kids & teens

#### DUNEDIN TOY LIBRARY

A vibrant toy library for children from birth to 7 years. Huge range of toys, ride-ons, dress ups, puzzles, games. St Martin's Hall, Northumberland St, 10am–11am, Wed and Sat.

#### FANTAIL TRAILS

Unstructured exploration in nearby nature for families with young children, on [www.meetup.com/Fantail-Trails](http://www.meetup.com/Fantail-Trails), or email [gabrielle.david@gmail.com](mailto:gabrielle.david@gmail.com)

#### MINI MUSIC GROUP

Preschool music and movement session, 9.15–9.45am, Mon, Nga Maara Hall, Sacred Heart School, school terms, gold coin. All welcome. Starting term 2.

#### MT CARGILL GIRLGUIDES

Pippins, brownies, guides and ranger groups in the valley. More info on Facebook or Ph Eileen 476 1813.

#### NEW PARENTS' GROUP

Coffee group for parents with babies, 10am–noon, Mon, community rooms. All welcome. Ph Charlotte 473 8614.

#### OPOHO PLAYCENTRE

Sessions for 0–6 year olds, 9am–noon, Mon–Fri, school terms, 28A Signal Hill Rd. Visitors welcome. For more info ph 473 0819 or email [opoho.playcentre@yahoo.com](mailto:opoho.playcentre@yahoo.com)

#### OPOHO SCOUTS

Keas, 5.30pm–6.30pm, Tues; Cubs, 6pm–7.30pm, Thur; Scouts, 7pm–8.30pm, Wed. Opoho Scout Den, Ph Kevin 0800 SCOUTS.

#### PLAYGROUP

Leith Valley Church, Malvern St, 10am–noon, school terms. Ph Julia 027 635 8181.

#### PREGNANCY YOGA

Move & breathe your way towards a positive birth with experienced yoga teacher & birth educator Uschi Heyd, ph 027 360 0238, 473 0393 or visit [www.birthcircle.org](http://www.birthcircle.org)

#### PRESCHOOL MUSIC

At Opoho School, 9am–9.30am, Fri, during school term, Room 3, gold coin, drop in, Ph 473 8019.

#### RUDOLF STEINER

Playgroup in Pinehill, 10am–noon, Mon, Thur and Fri (Te Reo Māori group), 351 Pinehill Rd, \$3 koha & piece of fruit, Ph Steiner School 471 2163.

#### SPACE PROGRAMME

Programme to support new parents through first year of child's development (Supporting Parents Alongside Children's Education). Day and time of sessions organised around the group, Valley Baptist Church. Contact Amy on [space.valleybaptist@gmail.com](mailto:space.valleybaptist@gmail.com) or 473 0014.

### NEV PLAYGROUP

Come along with your children 0–4 years, Baptist Hall, 270 North Rd, 9am–3pm, Tue, Wed. Ph Michael 473 0572.

### ZUMBA

All welcome with or without children, qualified instructor Liana, 11am–noon, Mon, Baptist Church hall, \$5, ph 021 299 1024.

### SHARPENING WORKSHOP FOR HAND TOOLS

Learn how to sharpen handtools such as spades, secateurs, loppers, etc. Bring a hand tool you would like to sharpen and a koha. Valley Community Workspace at 3pm, Saturday 2 April. Limited numbers, contact Kristen to register on 027 779 5481 or [valleycommunityworkspace@gmail.com](mailto:valleycommunityworkspace@gmail.com)

### fitness & health

#### BUDDHISM

Introduction, meditation, Q&A. Sundays in the valley. Interested? Ph 473 6256 or 021 174 9290.

#### CLASSIC YOGA

Move, breathe & relax with professional yoga and meditation teacher Uschi Heyd. Classes start in March, [www.birthcircle.org/yoga-classes](http://www.birthcircle.org/yoga-classes) for more info.

#### CONTRA DANCE

7.30pm, Mon, \$3, 52 Dundas St. Ph 473 8640 for more information.

#### DUNEDIN ACROYOGA

Combining acrobatics and yoga, no partner needed. Come play! Beginners classes available. 6–9pm, Tue, Opoho Presbyterian Church, 50 Signal Hill Rd. Find us on Facebook or email [jooske@gmail.com](mailto:jooske@gmail.com)

#### DUNEDIN BMX CLUB

Race night, Forrester Park BMX track, 6pm, Thu.

#### EXERCISE GEAR WANTED

Do you have exercise gear, such as weights, mats & bands, you no longer need? Donate it to the NEV community Sat morning exercise class.

#### FOLK DANCING FOR FUN

Baptist Church, 270 North Rd, 10am–11.30am, Fri, \$3. Ph Yvonne 455 2406, [stureid1@yahoo.co.nz](mailto:stureid1@yahoo.co.nz)

#### FREE FITNESS CLASS

Outdoor circuit training, NEV Normal School, 9.30am Sat. All welcome. Ph Knox Rehabilitation Clinic 474 0517.

#### HISTORICAL DANCE

Explore European dance from the medieval era to the late 19th century. Historical dance workshop, 2nd Sun each month, 10am–noon, Nga Maara Hall, 63 North Rd. Beginners welcome, \$10, [www.frenchdancing.co.nz](http://www.frenchdancing.co.nz)



# Classifieds and community notices (for non-profits)

## CHANGING WAYS

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Fridays, 1.15pm–2.15pm

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## LAUGHTER YOGA

Laugh yourself to health and happiness. 5.15pm–6pm, Wed, Otago Polytechnic H block, room 608.

## LEARN TAEKWONDO

Korean martial art, supportive environment. Training Mon, Thur, NEV Normal School hall, 6pm–7.30pm. Ph 027 412 5770 or dunedinolympicktd@hotmail.co.nz

## MEDITATION

Meditation and mindfulness afternoon workshop every two weeks, ph 021 035 2392, www.meditatenz.com

## OPOHO BOWLING CLUB

Dunedin's friendly little club on the hill. Become part of our lawn bowling community, club day 1.30pm, Mon. Ph Paul and Bridget 471 0743.

## QIGONG

Interested in Qigong? Classes in Yuan Gong, a style of Qigong. Ph Ans 473 6114, 027 756 8383, yuangongdunedin@gmail.com or Jay 027 584 4537, www.bodymindqi.com

## SELF DEFENCE COURSES

For women and girls, learn simple ways to use your mind, body and voice to keep safe. Contact Imogen to arrange evening or weekend course, ircohead@gmail.com

## SPAN NEV

Stretch'n'flex, gentle low-impact exercise, St David's Presb Church lounge, 10am–11am, Tue, over-65s \$3. Ph 473 9311.

## STEADY AS YOU GO

(Age Concern) Gentle balance and strength exercises, NEV Baptist Church, 10.30am–11.30am, Mon, and Pine Hill School Library, 11am, Thur.

## THEMED MEDITATION

Proposed weekly meditation group. Variety of methods, secular. Sun or Mon evenings. Ph 473 8640.

## THREE LEFT FEET

Social dance group, no experience or partners necessary. European dance – folk and traditional, \$5 or \$7.50/couple, Nga Maara hall, 6pm–7pm, Thu. Ph Marilyn 473 7829.

## YOGA IN THE VALLEY

Instructor Adair Bruce, DNI tech block, 6pm, Mon–Fri, \$5 waged, \$4 unwaged; St David's Church, cnr James St & North Rd, 9.15am, Mon, Wed, Fri, adairbruce@hotmail.com

## art, craft & music

### ARTYFACTS

Art group for support and motivation, bring your own work. Community rooms, 9.30am–noon, Wed. Ph Patricia 473 1494.

### ART CLASSES

For all levels, casual attendance welcome, tutor Anneloes Douglas, community rooms, 10am–noon, Thur and 6pm–8pm, Fri. Ph 027 307 7034, 467 9993, anneloes.douglas@xtra.co.nz

### ART CLASSES

Continuous class, newcomers welcome, 1pm–3pm and 7pm–9pm, Wed, St David's Church, \$15 per session. Ph Friederike 482 2025.

### ART FIBRE DUNEDIN

Bring lunch and requirements, 10am–3pm, second Sun each month at the community rooms, Ph Viv 473 0343, www.artfibredunedin.blogspot.com.

### DUNEDIN FIDDLE CLUB

Community rooms, 7.30pm, Wed.

### KNITTING SQUAD

BYO knitting or crocheting, or come & learn, community rooms, 1pm–3pm, Wed. Ph Marjory 473 7751.

### NEV KRAFTERS

Craft group—all crafts welcome. 7.30pm–9.30pm, 2nd and 4th Wed each month, Valley Baptist Church.

### SOUNDS NOR'EASTERLY

Do you enjoy singing with a group? Why not join your local community choir? All ages and abilities welcome. DNI response lobby every Tues, 7.30–8.45pm. Email Clare for more info at clare-n-don@clear.net.nz

### WWI & II RE-ENACTMENT

Re-enactment group looking for new members. We do displays and battles at events like the Wanaka Airshow. Ph Karl 021 244 4119 or kurtz@ihug.co.nz

## further education

### COMPUTER CLASSES

Free class, 9.30–11am, Tues, Valley Project community rooms, 262 North Rd. Tutor Rob Tigear. Ph Afife 473 8944 for more information.

### FREE LITERACY COURSE

For more information contact Ana and Marg at Literacy Aotearoa, 477 2055.

## ENGLISH CLASSES

Improve your English. Tutor Nanette McKendry. 9.30–11am, Thurs, Valley Project community rooms, 262 North Rd, free. Contact Afife on 473 8944 or multicuturewomansgroup@gmail.com for more information.

## ITALIAN CLASSES

Exp teacher, native speaker of Italian (PhD Linguistics), ph Antonella 473 0832 or 027 341 8312, antonella.vecchiato@gmail.com, www.italianclasses.co.nz, Benvenuti!

## LEARN ENGLISH FAST

English for daily life and work, free. Contact Paul or Tamara at English Language Partners 477 7261, dunedin@englishlanguage.org.nz

## LEARN ITALIAN

Planning a trip to Italy this year? Fun, communicative lessons with qualified, experienced teacher. Ph Samantha 021 0831 8408.

## SEA OF FAITH

Highgate Church Hall (cnr Drivers Rd and Highgate), 3–5pm, fourth Thur each month. Enquiries ph 473 0031.

## community groups

### MEN'S PROBUS

NEV bowling club, 10am, 2nd Mon each month, new members welcome. Ph Don 473 7544.

### BIKE WORKSHOP

Get help to repair or tune-up your bike, use our workshop, bikes available for koha. 3.30pm–5.30pm, Tues, and 10.30am–1.30pm, Sat, Valley Community Workspace, 11 Allen St.

### CHAI AND CHAT

Where women come together to socialise, children welcome, gold coin donation, Community House, Moray Pl, 10.30am–12.30pm, Fri. Contact chaichatdunedin@gmail.com

### DUNEDIN MAKERSPACE

Work on project, watch others and chat, 1pm–5pm, Sat; organised talks, 7pm, Thur, Valley Community Workspace, 11 Allen St.

### ENLIVEN DAY CLUB

Ross Home, drivers and help with activities needed, light food preparation. Tues, Wed & Fri. Ph Maybank 473 0890.

## THAI MASSAGE

Traditional, clothes on,  
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Ph Heidi on 473 6256 or 021 174 9290

## LADIES PROBUS CLUB

Meets 10am, Mon, 7 Mar, NEV Bowling Clubrooms, AGM. New members welcome. For more info ph 455 6683.

## LIONS IN THE VALLEY

Toroa Lions Club meets twice monthly Mon evenings, Morrison Lounge, Opoho Church, new members, men and women, welcome. Ph Tess 473 8114 or email Genny at genny-hann@gmail.com

## MULTICULTURAL GROUP

Women's multicultural group, make new friends, speakers, cooking, outings. Community rooms, 10am–noon, Fri, ph Afife 473 8944.

## NORTH DUNEDIN SHED

Working bees, Bonnington St, over bridge, 10am–early afternoon, Sat. Coffee, tea & scones welcome. Ph Bob 488 2647 or Paul 474 0060.

## OPOHO EUCHRE GROUP

Opoho Bowling Club, 1.30pm, Wed. Ph Roy 473 7162.

## PINEHILL COFFEE & CAKE

Morning tea outing to Dunedin café, last Wed of each month. Ph Noora or Amanada 477 7116 for more info.

## trading corner

### COMPUTER SERVICES

Trouble-shooting, tuition, low rates. Ph Dave 473 9542, 022 635 9414 or email davemaxz@actrix.co.nz

### PEASTRAW FOR SALE

\$10 per bale. Pick-up or small additional charge for delivery. A fundraiser for North East Valley Normal School. Contact nevpeastraw@gmail.com or 021 0849 9662 to order.

### SUN UMBRELLA WANTED

If you have recently upgraded your sun umbrella and are wondering what to do with your old one (which is still in good condition) we could use it at the NEV Community Garden. Contact Jenny at garden@northeastvalley.org

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# Artists exhibit in community gallery



A group of artists that get together to paint on Fridays in the Valley Project community rooms are holding an exhibition in the Dunedin Community Gallery on Princes St this month. Sixteen artists have work on display. The group is not tutored but come together to give each other support and advice. Many of them first met on a course at the former Kings High School and were keen to stay together as a group after the courses shut down. Pictured at a Friday session are, from left, Judy Wilson, Janet Smith, Julia McNaughton, Deborah Bell, Irina Schreiber, Rob Seeley, Mary Waymouth and Maya Tate-Manning. The exhibition runs until 15 April and is open from 10am to 5pm.

## Hats n' hotties to be auctioned for women's refuge charity

HAND-MADE 'HATS and hotties' and a Savoy-style afternoon tea are on offer at a charity auction being organised by Northern Artery.

Artists and craftspeople from around Dunedin have got out their knitting needles, felt fabrics and imagination to craft unique hats and hot water bottle covers, just in time for winter's first cold snap.

Te Whare Pounamu Dunedin Women's Reguge will benefit from the auction. Manager Wenda Parata-Muir is "very excited" and says the proceeds will go towards their end-of-year Christmas function for tamariki/children who attended their education programme during the year. Special thanks go to the people at Artsenta who have made many wonderful hats and hotties, and to Sacred Heart School for their generosity.

Tickets are \$12 per person and can be pre-purchased at Black's Road Green Grocers, or paid at the door on Saturday 23 April, 2.30pm, Nga Maara Hall, Sacred Heart School. Please bring cash for the auction.

—Sue Marshall



## what's on calendar

**Saturday dance**  
 Fundraising concert for the Valley Community Workspace.  
 8pm, Saturday 9 April, Nga Maara Hall, Sacred Heart School

**science forum**  
 Want to know more about various sciences? Speed date with scientists, 2pm, Sunday 10 April, Valley Community Workspace, 11 Allen St.

**press some apples**  
 Apple press at the community rooms and test preserves from this year's harvest. 10am–4pm, Saturday 23 April, Valley Project community rooms

**hats n' hotties**  
 Charity auction with sumptuous afternoon tea. 2.30pm, Saturday 23 April, Nga Maara Hall, Sacred Heart School