

# VALLEY VOICE

North-East Valley  
Community Newsletter

A Publication From The North-East Valley Community Development Project  
voice@northeastvalley.org - 262 North Road NEV- (03) 473 8614

April 2014

## It's hot in the Valley

Geoffrey  
Vine

North East Valley is rapidly becoming a 'hot spot' in the Dunedin property market as more people discover its 'plus factors' and want to enjoy them. However, finding the 'right' house in the Valley is not always so easy, with each good property attracting multiple buyers.

Graeme Pennell, a property consultant with Nidd Realty, says 'It is one of the few areas in Dunedin where a good standard of accommodation can be found at reasonable cost and which is also within easy reach of the university and hospital as well as schools and services.'

And that can be a problem, according to Harcourts' Wendy Bowman, who has lived and worked in the area and been involved in its vibrant community for more than 20 years. 'I feel this area is becoming increasingly popular with families, professionals and property investors,' she says. 'But because it is so popular and with long-term residents wishing to remain, there are supply and demand issues for those wishing to move into the area.'

(Continued on page 3)



Good properties in the Valley area are selling quickly, Nidd property consultant Graeme Pennell says

## Dalek's shoot doctor!

Donald  
Liddell

To those walking or driving up North Rd in the Valley, the sight of a jet-black Dalek parked outside Woodstock Furniture has become strangely familiar.

For Barry Renwick, the owner of both, the journey into Dalekism started 18 months ago when a friend brought in his Dalek for repair. Repair finished; Barry saw room for improvement and felt he wouldn't mind building one himself. With a Dalek there are no constraints, you can be as inventive and improvise as much as you like. After working for 6 months, on and off, the Dalek was born.

For Barry, having a Dalek has become a journey in itself, and being a part of street fairs and events is now commonplace for him.



Peter Davison outside Woodstock Furniture on North Road in the Dalek that took out Dr Who

Dunedin's Armageddon Expo, which was staged recently in the MoreFM Arena at the Edgar Centre, featured Peter Davison (the 6th Doctor Who). Barry also attended in his Dalek.

Part of the event included a seminar with Doctor Who and ended with questions from the audience. One attendee wanted to know what the Doctor thought of Daleks. The Doctor's reply was not flattering and included words like 'stupid', 'slow' and 'clumsy'. The words resounded in Barry's ears as he sat in his Dalek. If you're going to 'dis' a Dalek, you may want to check first if there are any in the audience, and you may want to think twice about it if the Dalek is armed with a 12V pumped water gun.

Barry made his way through the audience; carefully taking aim, he let the Doctor have it! A direct hit! The Doctor was left spluttering. With 3 graceful pirouettes Barry left the hall to a great cheer, rapturous applause and laughter from the audience.

In summing up, Barry reckons he never really liked that Doctor.



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## Cop that!

Lou  
France

Hello again,

I hope everyone is well and looking forward to the Easter break that is fast approaching!

The matter of noisy parties has come up a fair bit recently - and it's not just the student parties!! It can be a tricky situation to be in but you are entitled to feel safe and be protected from unnecessary and unreasonable noise. This is what the Dunedin City Council web page says about noise in your neighbourhood.

**'Everybody should expect some degree of noise in their neighbourhood from time to time. We do not regulate everyday activities such as:**

- Mowing lawns
- DIY
- Sawing wood
- Road repairs

**This sorts of noise might be a nuisance to you temporarily, but as long as the hours of operation are reasonable, we may not respond to such complaints.**

**We respond to noise complaints and take action when it is excessive or unreasonable. If you have a noisy neighbour, try talking to them first. If you can't resolve the problem, phone us on 477 4000. We are available 24 hours and an officer will respond to excessive noise (such as music) at the time of the complaint.**

**Excessive noise means any noise under human control that unreasonably interferes with someone's peace, comfort, and convenience. Loud parties, stereo noise and noise from licensed premises are the most common source of complaints'**

Don't forget that you can ring up and ask to be kept anonymous. If the problem persists I would encourage you to keep calling Noise Control, be persistent. Some people can be very sneaky and turn down their music before Noise Control arrives. I would also encourage you to talk to your

neighbours about the problem so that they also call up, so you don't feel like you are the only one making complaints! Noise Control often call Police to assist in serving an abatement notice or seizing the equipment making the noise.

If there is a large party spilling out on the street causing disorder or you fear for the safety of people or property, then call Police straight away. If it is a student party it is a good idea to report it to Police who can then refer it onto the University Proctor! They are bound by the Code of Conduct - a very handy tool when dealing with noisy/disorderly students!

You can contact Dunedin Police 24/7 on 471 4800 or Noise Control on 477 4000. Any questions please do not hesitate to contact me also on 473 0737 or email me [louise.france@police.govt.nz](mailto:louise.france@police.govt.nz)

I have delivered some Crime Prevention booklets to the Community Rooms at 262 North Road - a small booklet with handy hints and tools for keeping you safe in your community. Feel free to pop in and pick one up!

There was some talk after the doors shut at the North Dunedin Police Station about holding Police 'clinic' mornings or afternoons at the community rooms. I would love to hear your thoughts/comments on the matter!

I will be unavailable from the 11th - 28th of April - I will be tied up with various work commitments and a holiday!

Until next time, take care  
Lou



## How neighbourly is your street?

Steve  
O'Connor

We want to find the Valley's friendliest street. Do you know your neighbours? Do you help each other out? Do you share resources or garden surplus? Do you have some outstanding citizens exhibiting neighbourliness in helpful ways? Send us your stories about your street or your block. We'll publish the stories on our web-

site and then invite people to vote on the friendliest street. We will announce details of a prize via the website, [www.northeastvalley.org](http://www.northeastvalley.org), and in the May edition of *Valley Voice*. This competition is open to all residents of Opoho, NEV and Pinehill. Please send stories and photos to [voice@northeastvalley.org](mailto:voice@northeastvalley.org)



**FOLDING  
GUILD**

**Thurs May 1, 7-8:30pm & Fri May 2, 9am**  
Community Rooms, 262 North Rd  
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## Community Garden Working Bee Dates for April

Working Bees alternate between Saturday mornings and Sunday afternoons

Sun 6	1-4 pm	Sat 12	9 am-12 noon
Sun 20 (Easter)	1-4 pm	Sat 26	9 am-12 noon

*Top field of the NEV Normal School — [garden@northeastvalley.org](mailto:garden@northeastvalley.org)*



# Flourishing communities

Steve  
O'Connor

Healthy communities produce happy, satisfied and resilient citizens, and resilient citizens build healthy communities. In this column I'm going to share some of the ideas that I've gathered around ways that we can all build flourishing communities.

The Mental Health Foundation has adopted a programme called 'Winning Ways to Wellbeing'. It helps individuals and communities to be proactive in looking after their own wellbeing and the wellbeing of others.

The Foundation lists five strategies for wellbeing that are easy to grasp and quite simple to put in place. They are: Connect, Give, Take Notice, Keep Learning and Be Active. As it says, 'Introduce these five simple strategies into your life and you will feel the benefits' ([www.mentalhealth.org.nz](http://www.mentalhealth.org.nz)).

If you do these things yourself, and if you encourage others to give them a go, you are contributing to making a healthy community where everyone flourishes. Try some of these practical ideas. The secret is to make small manageable changes.

**Connect:** When you're out and about, say 'Hi' to others on the street. Walk with your head up and smile. Put yourself in places where you might meet others. Go to the park. Spend some time in your front garden. Come to a community dinner.

## It's hot *continued*

Geoffrey  
Vine

Mr Pennell notes that much of the Valley residential housing stock gets good sun and has relatively flat access, making walking or cycling to university an easy alternative to private or public transport. But, he cautions, for these reasons particularly it is popular with buyers local, national and international.

'Many of the properties I have sold in the area have been bought by out-of-town parents buying for student daughters or sons,' Mr Pennell told Valley Voice. 'These buyers provide good market competition and ensure prices stay relatively healthy for vendors.'

'Good properties sell quite quickly', Ms Bowman says. On the other hand she acknowledges that the Valley certainly does have some old housing stock. 'I have been involved with owners of older rental housing, who have decided to exit the market if the property has not been rented. This enables a new owner to upgrade the property and give it a new lease of life.'

'There are opportunities in the Valley to purchase homes that, on the face of it, may seem a risky move with work to be done. Sometimes those who take risks and are willing to factor in a budget for renovating, end up reaping the rewards.' 'The secret,' Ms Bowman says, 'is having an eye for a property's potential.'

There is one corner of the market that is causing intense competition among buyers. 'There is

**Give:** Volunteer one hour per week to a worthy cause. Share your surplus fruit or vegetables with a neighbour. Share your skills. Babysit. Pick up some litter. Bake a little extra and share with someone else. Hire some young people for odd jobs.

**Take notice:** Listen to the birds. Notice the moon and the stars. Take time to watch the sun set or rise. Watch the children play. Walk by the creek. Enjoy the gardens. Turn off the TV.

**Keep Learning:** Learn Te Reo. Learn to knit, sew, garden. Join a discussion group, a bible study group. Share your knowledge and skills with others. Embrace new experiences, seize opportunities, surprise yourself.

**Be Active:** Do what you can do, enjoy your activity, improve your mood. Many of the activities in the sections above involve physical activity that is good for the body and the soul. If none of them appeals, try Taekwondo, take up French dancing, folk dancing, yoga, Tai Chi, Qigong, walk through Bethunes Gully or around Chingford Park. Take up archery, frisbee golf or orienteering. Learn some self-defence moves.

We have a wonderful array of possibilities for enhancing personal and community wellbeing right here in the Valley a. Many of these opportunities are promoted in these pages.

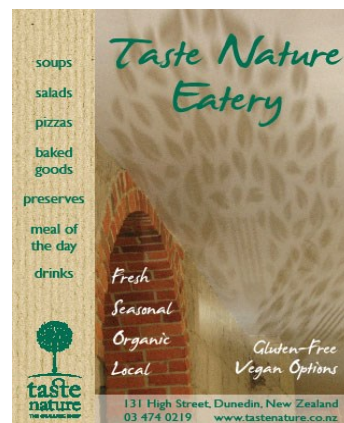
Enjoy.

possibly a shortage of new housing stock in the Valley with demand from people who are looking at downsizing from their large family homes,' Ms Bowman says. 'Often these people are settled in the community they love with the friends they have made and do not wish to leave the area.'

But the Valley is changing, it seems. Ms Bowman feels that with the development of student rental housing on a larger scale in the campus area, there is less competition for student rentals and more of an opportunity for first home buyers to purchase in the Valley. Real estate agents to whom Valley Voice talked were unanimous in their verdict: North East Valley is a great suburb in which to live.



Harcourt agent Wendy Bowman says older housing stock can offer great potential.



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The origins of Dunedin North Intermediate School can be traced back to 1934, when it was officially opened on 23 February. Its original location was Albany Street, and it was called Albany Street Intermediate School. In the late 1950s it was relocated to the Gardens, due to changes in land use taking place between the 1930s and 1950s. The years 1955 and 1956 saw students attending both schools, in Albany Street and North East Valley.

In the first year of Albany Street Intermediate School there were 358 enrolled pupils; most came from one of three schools on Albany Street, George Street and Union Street. As well, there were pupils from other suburban schools in North East Valley, Kaikorai, Arthur Street, High Street and Maori Hill. Albany Street Intermediate School – later known as Dunedin North Intermediate School – was then the fourth intermediate school in all of NZ, and the first in Otago.



A form 2 Class from Dunedin North Intermediate 1958

The North Dunedin Shed is underway! Sixteen months after the very first meeting, a get-together with Bob Biggart, who was involved in the setting up the first two 'Bloke's Sheds' in Dunedin, was organised and attended by 20 people.

The shed and land have been gifted to the NEV community for use as a shed and community garden by Doug Hall. On Saturday 1 March 2014 a working bee was underway. With a crew of 12, tea, coffee and scones supplied, we worked at clearing the site of wood, cutting it up for firewood.

Good conversation flowed as to the potential of the site and what we would like to see happen. We are so fortunate to have a large parcel of land attached to the shed, and its access to Lindsay Creek and Chingford Park.

There will be many smaller projects within this major project for the community. As well as the development of the workshop shed to house tools and equipment for wood and metal work, forging, electronics, tractor restoration etc, the area around the shed will be developed to include an organic community garden, chook tractors, composting systems and food forests, and the environmental restoration of nearby Lindsay Creek and the pathway to Chingford Park will be undertaken.

Over the next 6 months the site will be cleaned up and organised, and action plans drawn up for the next steps to action by Spring 2014 .



Volunteers Norman, Sheila, Tone, Kirsten, Pia, Drew (crouching) Ian, Keri, Jennifer and George (sitting) pause for a tea break

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Please contact us to find out more at  
[project@northeastvalley.org](mailto:project@northeastvalley.org)  
Ph. 473 8614 or pop into  
The Community Rooms  
262 North Road N E V

*A joint initiative between The Valley Project and TV473 to help  
make the homes in our community warmer and healthier places to  
live, work and play.*

**Working Bee:**  
Two shifts throughout Autumn and Winter:  
Saturdays 9.00–12.30 & 12.30–3.00 pm  
Boots and gloves essential  
Coffee, tea and scones are optional

**Fundraising:**  
8x4 trailer of firewood \$40.00 (pop in on Saturdays)

If you think that there is something in this project that you would be able to assist with, or if would like to be a part of the steering committee for this amazing community resource, contact us below:



**Are you interested in being part of establishing The Shed?**

**Contact:**  
Bob Biggart 488 2647  
Jane Clutha 473 8614  
Andrew Bowen 021 982216



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**Pop-up gallery artist of the month** Maya  
Tate- Manning

Each month a different artist is featured in the Northern Artery's Pop-up Art Gallery at the Gardens Mall. This month's featured artists is Maya Tate- Manning and shown to the right and below are samples of her stunning work. Maya writes about her art work...

Tēnā Koutou, Terve Tuloa, Greetings  
 Last July and August my daughter and I were lucky to travel to Suomi Finland to visit my mum's side of the family. A couple of these paintings are inspired by my time in Finland and Spain.

I admired how the Finns have designed their cities, the outer lying suburbs in Helsinki have large forest areas surrounding the apartment blocks. The height of the apartment buildings is planned to be the same as the tallest trees. From my cousin's apartment it was a 10 minute walk through the forest to a lovely secluded beach. This beach was popular with the local residents, particularly for mothers with small children and elderly ladies going swimming. This beach is pictured in- Sade at Laajasalo Beach.

There were plenty of cycle/ walking tracks through the forest areas, in the winter time locals can ski on these.

I really enjoyed travelling by Metro/ Underground in the cities I visited, Barcelona, Madrid, Helsinki, Sydney. It is something of a novelty to a small town girl. It is a cheap and fast way to get around a city but most of all a great place for people-watching.



On a trip to Sydney a while ago I took lots of photos of people on the trains, including some of my brother Rory who is a local resident. Sometimes I asked people if I could photograph them; for example- the young Muslim woman, other times I just discreetly snapped pictures catching people unaware. The medium used is acrylic paint. If you are interested in buying an artwork contact me, Maya Tate- Manning

maya\_tuulikki@hotmail.com or  
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## Unicrew volunteers

During Orientation Week the student residents from Knox College and St Margret's volunteered their time to give the NEV community rooms a tidy up. This group of volunteers came from the Otago University Volunteer Centre. A new group was formed this year to draw in the first year students from the halls of residents as a way to connect them to the community. The Volunteer Center and this new group is managed and orchestrated by Sue-En Lau.

These energetic students gave a second coat of paint to the shed; water blasted the fence,

cleaned the windows, weeded the car park and flattened the nails on the deck.

North East Valley Normal School was also lucky to have some of these students help with tasks such as weeding the school garden, making classroom resources, raking woodchips and tidying the music room.

Some of these students have put their names down for ongoing volunteer work around the city which the NEV Project may be fortunate to benefit from.

Community Vans  
Available 4 Community  
Groups to use



Contact Jan at DNI  
Phone 473 9027



Volunteers from Unicrew who assisted at the Community Rooms and at North East Valley Normal School (above and left)

## Transition Valley- TV473 update

### Community fruit tree harvesting and preserving

- Do you have fruit trees that you don't harvest or need help to pick?
- Do you know how to preserve the fruit, or would you like to learn?

The Dunedin Community Food Harvest Group, Transition Valley 473, Presbyterian Support, and other volunteers are teaming up to do some community fruit picking, baking and preserving. The aim of this community initiative is to build skills, reduce waste and make the most of local foods.

All volunteers (pickers and preservers) and tree owners will get to keep a little produce themselves, with fresh produce going to the Food Bank, or being used in 'skill sharing workshops', or turned into delicious fresh apple juice...

Contact Kristen on 473 9535, or 027 779 5481, or email to [dunedinharvest@gmail.com](mailto:dunedinharvest@gmail.com) if you would like to offer your fruit (or to help pick); or come along to one of the events below:

**Community baking and preserving workshop** on Saturday 5<sup>th</sup> April between 9am -2pm at Dunedin North Intermediate's Technology block at 34 North Rd, NEV.

Skilled bakers and preservers and people who'd like to learn all welcome! If you have any excess fruit going to waste, please let us pick it or bring it along to the workshop.

**Community apple juice-making day and preserves tasting/ swapping** at the NEV Community rooms on Saturday 26<sup>th</sup> April 10am-2pm.

Bring any end of season apples you'd like to make into juice, (plus a clean empty soft drink bottle if you want to take some juice home), and help put them through the 'apple press'. Or bring preserves you'd like to share a taste of, along with the recipe; or excess preserves and fresh produce you'd like to swap. Cuttings for swapping are also welcome. This event has been timed to coincide with the **NEV Community Garden working bee and open morning**. Take time to visit this impressive garden just above the NEVN School and find out more about getting involved. This event is also supported by the NEV Project.

*Transition Valley- TV473 invites you to a*

### **Potluck Dinner and TED Talk Night**

**When:** Saturday 5th April 7pm

**Where:** NEV Community Rooms (at the northern end of the North East Valley Normal School site at 262 North Rd).

Dear Transition Valley 473 Neighbours!

There are many inspiring TED talks on sustainability themes, from

- 'Why buses represent democracy in action' (Enrique Penalosa);
- 'Investment logic for sustainability' (Chris Mc Knett); to
- 'The global food waste scandal' (Tristram Stuart).

Come along for an evening of interesting viewing and discussion. We look forward to seeing you there! Everyone welcome.

# Snippets

For further information on these items contact the  
community rooms 473 8614

## SKATRFEST@NEV

Calling all Skaters and Scooters! Do you want to see a Skater Festival in the Valley?  
Would you be interested in:  
Being a Skateboard/Scooter Mentor  
Event Promoting and Advertising  
Seeking Sponsorship  
Catering and Hospitality  
Music/DJ

**Come along and make it happen.**

**Monday 14 April 2014**

**4.30–5.30 pm**

**Community Rooms 262 North Road**

**Snacks provided**

For more info contact Telii, [tmmjrdn@gmail.com](mailto:tmmjrdn@gmail.com)

**Hort Talk** Friday 4 April 12 noon

Information Centre, lower garden, Dunedin Botanic Garden

*How Did We Get Here? ... NZ's Flora*

by Dr Geoff Rogers, Research Associate,  
Department of Conservation, Dunedin

A unique combination of driving factors such as isolation in the Tasman Sea, tectonic upheaval and big birds have melded a variety of plant lineages into the weird and wonderful flora of New Zealand.

**Gigatown** Dunedin is currently second in this year-long competition to prove our worthiness to become the Southern Hemisphere's first Gigatown. This basically means we would have the fastest broadband in the southern hemisphere – which would provide great opportunities for business, innovation and education. Let's get on line and overtake Wanaka. Go to [gigatown.co.nz](http://gigatown.co.nz) to sign up.

**Situations Vacant** Can you help with any of these tasks? If so please pop in to the Community Rooms or give us a call to express your interest:

### Cleaner

We need a cleaner to look after our Community Rooms. 1–2 hours per week.

### Minute Secretary

To help our Valley Project meetings run smoothly we need an efficient minute secretary. Some experience at minute-taking would be helpful. Please pop in or give us a call to express your interest. 2–3 hours per month.

### Folding Guild Co-ordinator

The Valley Voice is folded and sorted into bundles of 50 by a team of volunteers, ready for our delivery team. We'd love to have a volunteer look after our folders, by making sure they are contacted each month and fed at each folding session. Can you do this? 4–5 hours per month.

### Visual Diaries

We have hundred of photos of the events organised by The Project. We'd love to see them displayed in an accessible form, for the public to view and to keep as a record for future generations. Do you like scrapbooking or archiving? Can you help?

**The AGM** of the North East Valley Community Development Incorporated Society will be held on Wednesday 25 June. At this meeting we elect representatives from the community for the Project Executive. This is a governance body with considerable responsibility which, through hard work, is rewarded by seeing significant positive change in our community. If you have some experience in governance, strategic planning, business or finance, we need your skills and invite you to consider seeking nomination.

**Curtain Bank and Time-bank** Two local social enterprises are looking for premises in North East Valley. If you know where there is space suitable to store curtains that have been donated for free distribution to cold houses, or where the Time-bank may establish an office, please let us know at the Community Rooms.

**Fred Hollows Room** We've been looking for names for the meeting spaces at the Community Rooms. It has been suggested that we name the larger room *The Fred Hollows Room*, after a former resident of international repute. What do you think of the suggestion? Do you have other ideas for the smaller room?

**Social enterprise workshops** We are looking to run workshops on setting up social enterprises. If you are interested let us know and we will put you on our email list.

**Homework club** One of our young people has asked that we set up a homework club. Two teachers have put their hands up to help. If you are a high school student that would like some extra help or if you can help tutor, please contact Steve at the Community Rooms.

**Before school checks** We have a public health nurse visiting the Community Rooms each week who gives free before-school health checks for 4-year-olds. To book your child in phone 479 9839.

**Draft annual plan of the DCC** This sets out the Council's proposed annual budgets and performance measures for 2014/15 and updates the information for the 2014/15 year that is contained in the Council's ten-year plan or Long Term Plan (LTP), which was put in place last year. Please tell the DCC whether you agree or disagree with spending priorities for 2014/15 outlined in the draft plan by making a submission.

The consultation period is your opportunity to 'Have Your Say' about what you want to see included in the Council's plans. Submissions close at 5 pm, Tuesday 15 April 2014. If you are interested in being part of a group process to make a submission on behalf of local residents, let us know, we will try to facilitate this.

**Missing:** A child's scooter was taken from the NEVN School between 3–5 pm on 7 March. If you know the whereabouts of this red MGP scooter please contact Gill 027 261 2612

## Youth Drop-in

### Aka – The Loft

A Friendly and Supervised space for young people from years 7-13 to hang out

Fri & Sat from 7pm  
NEV Baptist 270 North Rd.

[Facebook.com/akatheloft](https://www.facebook.com/akatheloft)

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## All of us

Welcome to a new occasional column on Inclusion. The term 'inclusion' usually refers to including people with disabilities but we want to include everyone who might feel left out or have difficulty attending events or activities.

So who are we? Holly Meyer is a volunteer with the North East Valley Project and writes articles for the *Valley Voice* on the history of North East Valley and surrounding suburbs.

Gabrielle Panckhurst is a long-time resident of North East Valley who has an interest in disability issues and has an invisible disability herself.

We encourage people to contact us if they need help with transport or any other issues that stop them attending NEV Project activities.

Two issues we are particularly interested in focusing on are encouraging opportunities for volunteering, and encouraging The Project to continue to make improvements in accessibility at events and in the Community Rooms.

We would like to invite other interest groups, such as older people and migrants, to use this column to reach out and feel included in the community.

We look forward to seeing you out in your community. You are welcome to contact us regarding any matters in this column.

Gabrielle Panckhurst

[gabriellepanck@gmail.com](mailto:gabriellepanck@gmail.com), 021 039 5899

Holly Meyer - [1988.hmeyer@gmail.com](mailto:1988.hmeyer@gmail.com)



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# Autumn Dinner

## Tuesday 8 April 6pm

**NEV Baptist Church 270 North Road**  
**Gold coin entry**



# Classifieds

## YOGA

Body-breath-mind connection.  
Tuesdays 6:00- 7 15pm  
Baptist Church.  
Jenny Haydon 482 1409  
027 482 1426 or  
[claydons@actrix.co.nz](mailto:claydons@actrix.co.nz)  
Qualified Satyananda  
Yoga teacher, 20 years plus  
teaching experience.

## CHANGING WAYS

Change your mind & keep the  
change in 2014. Karyn Chalk from  
Changing Ways is offering some  
free seminars to show you how to  
create habits & beliefs to support  
your success. For more info check  
out [www.changingways.co.nz](http://www.changingways.co.nz) or  
ph 473 7087 or 021 0275 4881

## COMMUNITY LUNCH

Every Friday 12 noon  
NEV Baptist Church  
270 North Road  
BYO lunch  
Tea and coffee provided.  
All welcome

## COMMUNITY CHOIR

Tuesdays 7.30-8.45  
DNI Design Lobby  
Contact Clare Adams,  
473-7226 or  
[clare-n-don@clear.net.nz](mailto:clare-n-don@clear.net.nz)

# Community Notices *for not-for-profits*

## FITNESS AND FUN

**CONRADANCE** 7.30 pm Mon-  
day nights Baptist Church Hall,  
270 North Rd. \$3 cover charge.

**FOLK DANCING FOR FUN:**  
Friday mornings 10-11.30 am,  
\$3, Baptist Church Hall, 270  
North Rd. Phone Yvonne  
455 2406, or  
[stureid1@yahoo.co.nz](mailto:stureid1@yahoo.co.nz)

**YOGA IN THE VALLEY** Adair  
Bruce, Yoga Instructor. \$5  
waged \$4 Students/unwaged, 6  
pm Mon-Fri, DNI, Tech Block  
or 9.15 am Mon, Wed & Fri,  
St David's Church, cnr James St  
& North Rd.

**LES BELLES VILAINES DANCE  
WORKSHOP** on the second  
Sunday of each month 10-12.00  
Nga Maara Hall 63 North  
Road. More at  
[www.frenchdancing.co.nz](http://www.frenchdancing.co.nz)

**FRENCH MUSIC SESSION** From  
April, keen musicians will meet  
at Filadelfio's every second  
Sunday of each month from 2-4  
pm for a casual music session,  
playing French traditional tunes.  
Mailing list: interested musi-  
cians should contact Kate  
[info@frenchdancing.co.nz](mailto:info@frenchdancing.co.nz)  
or  
text 027 263 9939 to get the  
tune book and audio tracks.

**STEADY AS YOU GO** (Age  
Concern) Gentle balance and  
strength exercises, Mon 10.30-  
11.30 am, Baptist Church.  
Contact: Margaret 477 1040.

**TAI CHI FOR BEGINNERS**  
(Age Concern). NEV Baptist  
Hall, 1.30-2.30 pm. Contact  
Margaret 477 1040.

**SPAN NEV** Stretch'N'Flex Tues,  
10-11am. Over 65s - \$3 per  
session. Gentle low-impact ex-  
ercise. Lounge at St David's  
Presbyterian Church.  
Phone 473 9311.

**SELF DEFENCE FOR WOMEN  
AND GIRLS** Learn simple ways  
to use your mind, body and

voice to keep yourself safe. A  
popular 3-hour class for girls  
(year 7+) and women. Mother/  
daughter combinations wel-  
come. Community Rooms,  
Thursday 10 April or Thursday  
1 May, 6.45 pm, \$5. Email Imo-  
gen to book,  
[ircoxhead@gmail.com](mailto:ircoxhead@gmail.com)

**OPOHO EUCHRE GROUP** Weds  
1.30 pm, Opoho Bowling Club.  
Ph Lesley Bosman 473 9771

## TRY SOMETHING NEW

**ITALIAN** Exp teacher & native  
speaker of Italian (PhD Linguis-  
tics). Contact Antonella at  
[antonella.vecchiato@gmail.com](mailto:antonella.vecchiato@gmail.com),  
473 0832 or 027 341 8312.  
Benvenuti!

**ASTROLOGY COURSE** Learn  
the fundamental principles of  
astrology, [www.taosh.co.nz](http://www.taosh.co.nz)  
or contact Pia on 473 7781.

**MEDITATION**  
Meditation and Mindfulness.  
Afternoon workshop every  
2 weeks, 021 035 2392  
[www.meditatenz.co.nz](http://www.meditatenz.co.nz)

**QIGONG:** Interested in Qigong?  
Ans, Qigong teacher. Home:  
473 6114,  
mobile: 027 756 8383.

[www.qigongrenxue.org.nz](http://www.qigongrenxue.org.nz)

**QIGONG CLASSES:** Jay Baker  
runs a Qigong class at the Com-  
munity Rooms Thursday eve-  
nings 6 pm. 027 5844537

**FREE LITERACY COURSE**  
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**ART CLASSES** for all levels.  
Casual attendance welcome.  
Tutor: Anneloes Douglas  
Thursdays 10-12,  
NEV Community Rooms,  
262 North Road, Dunedin.  
467 9993 or 027 3077 034,  
[anneloes.douglas@xtra.co.nz](mailto:anneloes.douglas@xtra.co.nz)

## CAN YOU HELP?

**ENLIVEN DAY CLUB** Ross  
Home. **Wanted:** drivers, as well  
as help with activities, light  
food preparation. Tues, Wed &  
Fri. Ph Maybank on 473 0890.

**MENTORS REQUIRED** Become  
a mentor to young people who  
lack a good male role model in  
their lives. Operation 'New  
Direction'. Rob Fitzpatrick on  
473 6825.

**HEAPS OF BRICKS** available  
sometime in April. Email Imo-  
gen at [ircoxhead@gmail.com](mailto:ircoxhead@gmail.com)  
if you would like some.

## OPOHO CHURCH FAIR

### **10 MAY**

If you have books or items you  
would like to donate to the  
Opoho Church fair please ring  
Fiona on 473 0024 or email  
[Fiona.stirling@ihug.co.nz](mailto:Fiona.stirling@ihug.co.nz). We  
can pick up if needed.

## CHILD'S SWING FRAME

The NEV Community Garden is  
looking for a swing frame (or  
similar), suitable for pre-school  
children. Phone Jenny 473 8631  
or email

[garden@northeastvalley.org](mailto:garden@northeastvalley.org)

## DRAINAGE COIL

The NEV Community Garden is  
still interested in your excess  
bits of drainage coil or left over  
field tiles. Phone Jenny 473  
8631 or email

[garden@northeastvalley.org](mailto:garden@northeastvalley.org)

## EMPLOYMENT

### **BABYSITTING**

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tificate in Babysitting and in-  
volved in St Johns. Please

phone Kyra Murdoch on  
473 7087.

Laura (18yrs) has done child  
protection and first aid, also  
looking for babysitting work  
Please ph 020 403 7992.  
[blaurap@hotmail.com](mailto:blaurap@hotmail.com)

**COMPUTER SERVICES** Trouble-  
shooting Tuition, low rates.  
Phone Dave 473 9542,  
[davescomputer@actrix.co.nz](mailto:davescomputer@actrix.co.nz)

## FOR THE LITTLE ONES

**PLAY GROUP** for 0-4 yrs.  
Come along with your children  
9-3 pm on Tues & 9-11.30 am  
on Wed at the Baptist Hall (270  
North Road). Want to know  
more? Call Michael 473 0572

**MUSIC AND MOVEMENT** for  
little ones at the Salvation Army  
Hall on Mon 9.30 & 10.30 dur-  
ing school terms only. Between  
sessions morning tea from 10-  
10.30 am. Gold coin.

## MEET NEW PEOPLE

**CHAI AND CHAT** Where wom-  
en can come together to social-  
ise. Children most welcome.  
Dunedin Community House,  
283 Moray Place, opp Count-  
down, Monday 10.30 am. Gold  
coin donation. Ph Afife  
473 8944.

## **COMMUNITY DINNER**

**Tues 8 April 6 pm**

Baptist Church.

Contact Steve

if you can help.

027 424 1828

Help needed with set up  
and decoration, working  
in kitchen, clean up  
and dishes.

The meal will be pot-luck  
and a gold coin donation  
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**Church Services Directory**

**Salvation Army**, 43 North Rd, Nitechurch 6 pm

**Sacred Heart Catholic**, 89 North Rd, Mass 9.30 am

**Glenaven Methodist**, 7 Chambers St, 11 am

**Pacific Island**, 160 North Rd, 11 am on 1-3<sup>rd</sup> Sunday

- **Cook Is** 9.30am; **Samoan** 11 am on 4-5<sup>th</sup> Sunday

**Anglican: St Martin's**, 194 North Rd, 10.45 am

- **St Thomas'**, Raleigh St & Pine Hill Rd, 6 pm

**Opoho Presbyterian**, 50 Signal Hill Rd, 10 am

**NEV Presbyterian**, 224 North Rd, 9.30 am Cafe Service

**St Mark's Presbyterian**, 304 Pine Hill Rd, 10 am

**NEV Baptist**, 270 North Road, 10.30 am

**Walk of the Cross**

The churches of North Dunedin invite you to join them for the walk of the cross on

Good Friday April 18th.

A reflective service will be held at NEV Baptist Church from 10.30 am and the cross will leave there at 11 am before processing to the Gardens. At the Gardens a series of readings and songs will recall the story of Jesus's death.



Smiles all round . . . Some of the 40 Pacific Island tertiary students who gathered at the Pacific Island Presbyterian Church North Dunedin on North Road, NEV, on Sunday, March 9, for a welcoming service and traditional Pacific Island-style lunch. From left are PIPC parish minister, the Rev Nimarota Lale, the Rev Alofa Lale (minister of Anderson's Bay Presbyterian Church) and PIPC session clerk, Keni Moeroa.

PHOTO: GILLIAN VINE

**Drop-in Centre well supported**

Steve O'Connor

The youth drop in centre, *Aka – The Loft*, set up in partnership between The Valley Project and the NEV Baptist Church, has been running since last October. About 15—20 young people visit the centre each Friday and Saturday night. The youth range in age from 11—17, with those over 18 being able to volunteer as leaders. Telii Tekei and Joseph Law help the manager Steve O'Connor out most nights and a volunteer pool of about 16 other adults form the roster of helpers. Pool, futsal, foosball, table-tennis, PlayStation, board games are among the popular pastimes that the youth engage in. A highlight has been to see some of the young people help out with the cooking. A free supper is provided each night along with snacks and drinks throughout the evening. Lately FoodShare has provided some of the snacks we give away. Further gifts of baking most welcome! The Loft is open 7—10 pm Fri & Sat nights @ 270 North Rd. Ph Steve 027 424 1828 for more info.

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