



FAMOUS FOOTRACE DOUBLE DARES

In December, Crush the Cargill organiser, Steve Tripp, trialled a tandem version of his annual endurance running race. The traditional 24-hour challenge, in which participants achieve as many laps of Māunga Kāpuka-taumāhaka/Mount Cargill as able, was accompanied by a new, slightly more forgiving one: the 100 Miler. Participants of this race begin 12 hours earlier, allowing 36 total hours to conquer 19 full laps (161km). Steve gives us the rundown:

The first race started peacefully at 10pm sharp with approximately twelve runners. Two runners turned up but failed to start. Excuses were given: Covid; rheumatoid arthritis, etc. Two others made it to the starting line, but failed to complete the first lap. If anyone is out there and finds them, please let us know. The fact they did not finish (DNF) shows how tough this event really is!

A couple of runners chose the 'one and done' option. If you're going to 'DNF' the toughest miler in the world, there's no point in losing sleep over it, so they were home in bed by midnight. Wise choice. That left eight runners plodding on into the dark hours of the night...

Crush The Cargill 2023. Photo by Brad Spiers.

After some stunning birdsong (I think the birds were laughing at us), the sun rose to reveal six runners remaining. Three were trucking along at a good pace to finish early. Two were a couple hours back. One was cursing the hill and the race directors, maintaining his social media presence while at the tail end. Four hours later, the party of three were still trucking along at a good pace, but the other two had pulled out, and the dawdler was now four hours behind, still abusing the hill and the race directors. He was no longer present on social media.

The next casualty completed his 16th lap with a triumphant zig-zag, and then tapped out. He had done over an Everest in climbing—at least 135km, probably more thanks to the zig-zags! Great effort, Phil Peterson! *(Continued on page #11...)*

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WELCOME BACK - NAU MAI, HOKI MAI! WE MISSED YOU!

We've got a lot in store for 2024, so make sure to keep your antennas up, wifi on, and letterboxes emptied for incoming Valley Project activity! As always, readers of the Valley Voice are wholeheartedly welcomed to contribute content. Don't be shy! Advertise events and meetings. Encourage the community to get involved. Share your ideas, talents, and perspectives. Inspire the masses! voice@northeastvalley.org

VALLEY PROJECT RECEPTION HOURS

CLOSED UNTIL FURTHER NOTICE. Applications for Administration/Reception are currently being processed.
262 North Road, North East Valley

- free wifi use
- placement of notices
- hireables
- trap hire
- newsletter advertising
- seed library
- laminating
- printing & photocopying
- room bookings

Subscribe to full-colour digital copies of the Valley Voice and/or OpenVUE newspapers:
tinyurl.com/VPnewsapers

Join the Valley Project Community Business Directory! Listings are entirely free!
northeastvalley.org/directory

2024 VALLEY VOICE SCHEDULE

2024 ISSUE:	#2	#3	#4	#5	#6	#7	#8
CONTENT DUE:	Feb 28	April 24	June 5	July 17	Aug 28	Oct 9	Nov 13
DISTRIBUTION DATE:	March 23	May 18	June 29	Aug 10	Sept 21	Nov 2	Dec 7

COMMUNITY ROOMS AVAILABLE FOR HIRE

FRED HOLLOWES COMMUNITY ROOM has a max capacity of 30 and is equipped with a kitchenette (microwave, sink, jug, dishes/cutlery, serving wares, fridge, etc.) tables & chairs, whiteboard, TV, and more.

TE PŪTAKE ROOM is suitable for small meetings of up to 10 people. Available all hours over weekends and after 3:30pm on weekdays. The room is equipped with a kitchenette, heat pump, and TV w/ HDMI.

CLINIC/QUIET ROOM is ideal for the provision of health and social services, or other one-on-one sessions.

Check the bookings calendar on our website for availability (www.northeastvalley.org/services/community-room-bookings), then book by emailing reception@northeastvalley.org.



Community Concession (public)	General (private)	Birthday Parties
\$15 - 23 per hour	\$23 - 35 per hour	\$15 - 20 per hour

AVAILABLE AT THE VALLEY PROJECT!



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PEKAPEKA BIRDFEEDERS for purchase



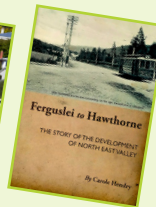
OUTDOOR MARQUEES for hire



TRESTLE TABLES for hire



BALDWIN STREET BOOK for purchase



NORTH EAST VALLEY BOOK for purchase



LATEST CRITIC ISSUE for free

A QUICK NOTE FROM OUR MANAGER

Ngā mihi o te tau hou ki a koutou katoa.

Thanks to all our funders, staff, volunteers, and executive for your mahi and tautoko/support in 2023. There is a drop in funding availability in 2024 so please consider giving a koha to the Project, or becoming a business sponsor of community mahi.

The Community Harvest team are busy, and a new Community Development Coordinator will be hired soon, so there will be heaps of opportunities to get involved in shaping your community.

--Jen, vpmanagernortheastvalley.org

Happy Valentine's Day, Peter & Rosslyn!

Peter and Rosslyn met while residing at the same nursing home. Friendship developed into love. Peter gave Rosslyn a promise ring which she said, "is never being removed from my finger!"

They are both very happy in the company of each other and hope to spend many happy years together even if there are bumps in the road.

"Love is always in the air"



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VALLEY KAI STALL

Visit the Valley Project each Thursday during harvest season to sell your garden surplus and/or to buy locally grown, fresh produce: rhubarb, beans, herbs, blackcurrants, plums, apricots, etc. For enquiries, email valleykai@northeastvalley.org or call 022 1240 525. Ftpos available.

THURSDAYS (UNTIL APRIL), 3:30 - 5pm
VALLEY PROJECT, 262 North Road

COMMUNITY POTLUCK

Spend an evening with local friends and whānau, take time to catch up in an easygoing space, and enjoy a delicious meal together. Start thinking about your best dish for a starter, main course, or dessert! Look for the event on the Valley Project Facebook page and keep an eye out for posters around North East Valley.

FRIDAY, 23 FEBRUARY, 4:30 - 8pm
BAPTIST COMMUNITY CENTRE, 270 North Road



BALFOLK Potluck

Valentine's Day

Wednesday 14 February, 7pm
North East Valley Baptist Community Centre
270 North Road - FREE

Step into the rhythm of the new year at our Balfolk Start-of-Year Gathering on Valentine's Day. Join us for a delightful potluck and casual reconnection after the summer hiatus. Whether you're a seasoned Balfolk enthusiast or a curious newcomer, everyone is welcome. As we kick off the year, we'll share information about upcoming dance classes and events, ensuring there's something for everyone throughout the year.

This gathering is about more than just movement and music; it's about building connections, sharing delicious food and enjoying good company. Bring your favourite dish to share, kick off your shoes, and celebrate Balfolk, a truly one-of-a-kind contemporary genre rooted in centuries-old European dance traditions—a vibrant fusion of the old and the new.



AOTEAROA BIKE CHALLENGE

1-29 FEBRUARY 2024



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FAMILY FUN MARKET DAY

10:30-1:30

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South DUNEDIN

STREET FESTIVAL

16th MARCH

Free one-day event to bring communities together. Lower King Edward Street will be transformed into a field day showcasing performers, artists, local businesses, community clubs, groups and services. Calling out for any artisans, vendors, social or community clubs, groups or organisations who would like a stall at the festival to register at southdunedin.org.nz/street-festival/. If you would like to showcase your talents or wardrobe to add to the festive atmosphere as a busker, street performer or roaming character, please email streetfestival@southd.org.nz. We are also in need of volunteers, so get in touch to have a chat about how you would like to share your skills.

- ✉ voice@northeastvalley.org
- 🌐 www.northeastvalley.org
- 📘 facebook.com/valleyproject
- 📷🐦 [@valleyproject](https://twitter.com/valleyproject)
- ☎ (03) 473 8614
- 📍 P.O. Box 8118, Dunedin 9041
- 📍 262 North Road, North East Valley, Dunedin



The North East Valley Community Development Project (The Valley Project) is a registered charitable organisation that builds community connections and promotes the wellbeing of local families and whānau. If you like what we do, you can donate at:

givealittle
www.givealittle.co.nz/northeastvalley

The opinions expressed in articles are the author's own and are not necessarily shared by the editor or Valley Project Team. Submitted articles may be edited at the editor's discretion.

We'd love to hear from you! Send us your local photos, stories, announcements, etc. Next deadline for newsletter copy is 17 February, 2024. Submissions later than this date cannot be guaranteed space. Please keep your contributions to 300 words or less. Advertising information available on the VP website.



EAT, DRINK & BE ROSEMARY

Not only can you use rosemary in your cooking, but this herb makes for a great companion plant. It's also good for repelling insects, and for increasing the health and quality of the plant it's paired with.

Rosemary grows well alongside many herbs, flowers, fruits and vegetables. It's easy to care for, needing only a few conditions to thrive. Provide it with well-drained soil, and plant it in an area that receives a lot of sunlight.

These are some of the best herbs, flowers and vegetables that grow well next to rosemary:

LAVENDER + ROSEMARY both have roots in the Mediterranean, and enjoy the same warm climate. Give them lots of sun and weekly watering. This pair also attracts a variety of pollinators.

MARIGOLD + ROSEMARY have insect-repellent properties whose combination provides potent companionship to many plants, as well as visual contrast. They can be planted together within vegetable gardens or within containers.

ALYSSUM + ROSEMARY is the most beneficial duo. While its tiny flowers attract pollinators and other favourable insects, rosemary will repel pests. Together, these plants make an excellent team for protecting your garden from aphids and other pests that may be plaguing your garden.

SAGE + ROSEMARY grow well when planted together due to thriving in similar conditions. Rosemary is known to boost and improve the overall health of sage, as well as magnify its flavour.

THYME + ROSEMARY are great herb companions. Thyme is a cabbage-worm deterrent, and rosemary is an insect repellent. With these two herbs planted together, they are sure to protect your garden from many pests.

OREGANO + ROSEMARY can be easily paired due to the similar growing conditions they require, and together improve the overall health of surrounding plants.

MARJORAM + ROSEMARY growing together will strengthen marjoram's general health and growth. Marjoram is a plant which releases specific chemicals into the soil, and encourages faster growth and better taste in the plants around it. Giving more than it receives, marjoram is a beneficial buddy.

BRASSICAS + ROSEMARY are a good pair for any plant in the cabbage family. A common problem with brassica plants is their attractiveness to cabbage moths and certain butterflies, which means that they're constantly under threat from caterpillars.

Rosemary, however, has a strong aroma which masks the scent of brassicas, and has pest-repellent qualities, too.

Rosemary is easy to grow and to propagate, and provides long-term protection for your garden to keep it thriving.

-- Merylei Guthrie



DALMORE RESERVE COMMUNITY GARDEN WORKING BEES

Sat. 10 Feb. 10am	Sat. 9 Mar. 10am	Apr. 13 Apr. 10am
Sat. 24 Feb. 10am	Sat. 23 Mar. 10am	Apr. 27 Apr. 10am

N.E.V. COMMUNITY GARDEN WORKING BEES

Sat. 10 Feb. 9:30am	Sun. 3 Mar. 1pm	Sat. 23 Mar. 9:30am
Sun. 18 Feb. 1pm	Sat. 9 Mar. 9:30am	Sun. 31 Mar. 1pm
Sat. 24 Feb. 9:30am	Sun. 17 Mar. 1pm	Sat. 6 Apr. 9:30am

Got bountiful beans? An abundance of eggs? Plums coming out of your ears? Do you want to buy and support super-local produce?

Valley Kai Surplus Stall

Thursdays 3.30-5pm
Valley Project, 262 North Rd.

Sell your homegrown surplus to us for 75% of the sale price between 3.30-4pm. Come along and buy local produce between 4pm-5pm. The 25% remainder goes back into the stall and to Community Fruit Harvesting in Otepoti.

022 1240 525
valleykai@northeastvalley.org

HUMMING HARVEST-TIME

The Community Fruit Harvest Ōtepoti Dunedin (CFH) is back for another great picking season! CFH is a nationwide, volunteer-based initiative to pick fruit (and other produce) from people's private gardens. This fruit then gets distributed back to the community and our neighbours. In a time where our country is facing growing food insecurity, a cost-of-living crisis, and climate emergency, creating a food-resilient community is more important than ever.

In collaboration with The Valley Project and Our Food Network, CFH is aiming to collect over 1.5 tonnes of fruit this year (beating our goal last year of 1 tonne!). We cannot collect damaged or rotten fruits, and will only pick if it is a substantial quantity. We collect all around Dunedin! The food is then distributed to local organisations who help put it in the hands of those who need it most. Some of it is saved for our preserving workshops. We will finish the season in April with a harvest celebration at The Valley Project.

Would you like to get involved? If you have a tree on your property in good condition, we'd love to add it to our tree-database and then come pick it! Or, if you have spare time and energy, you're welcome to join our mighty team of pickers, preservers, or distributors. Perhaps you're an organisation looking to receive some of our harvested goods? Message us through Facebook (*Community Fruit Harvest Ōtepoti*) or email (*Harvest@ourfoodnetwork.org.nz*), or ring/text us on 021 0273 1251.

*"Nā tō rourou, nā tāku rourou, ka ora ai te iwi."
(With your food basket and my food basket, the people will thrive).*

2024 HARVEST STATS as of 25 January:

33 VOLUNTEERS
577.5 VOLUNTEER HOURS
632.5KGS FRUIT COLLECTED
12 PROPERTIES PICKED,
(7 NEW, 5 RETURNING)

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FORSYTH BARR

We Love the Lindsay!

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It's a great time to get outdoors and experience the amazing sites of North East Valley. A local fan favourite, the Lindsay Creek, is a utopia for the senses! My family and I often find ourselves dipping our toes in the water at both Chingford Park and Bethune's Gulley.

While my kids love seeing how many skips they can get from a stone, my ears love the *splash-plop-plunk* of a pebble being tossed gracefully into the moving waters. I've been told you can find a rock in the creek called a phonolite which is a mix of andesite and a silica-rich basalt. An amazing find like that is a result of lava that escaped through a vent nearly 13 million years ago!

I've never heard the splash of a brown trout at Chingford Park, but my feet felt a little fish hug last summer at a swimming hole in Bethune's Gulley. Brown trout are an introduced species of fish (in the latter half of the 1800s), so unfortunately if you see a trout you probably won't see too many native galaxiids. Trout snack on them, and they outcompete galaxiids for food and habitat. Of 23 species of galaxiids in the world, 11 are found only in Otago streams and rivers!

Something you definitely can find in the Lindsay are koura (NZ native crayfish). These little guys love to have their own working bees, cleaning the river by feeding on things like old leaves and small insects. Did you know that Lindsay Creek is one of only three places in the world to have an isopod inhabitant called *Austridotea benhami*? The other two places are Ross Creek and Greenacres Stream on the Peninsula. This little crustacean has been around for approximately 300 million years, is only a centimetre long, and breathes through its legs.

There hasn't been a day I've visited the Lindsay, in good weather or otherwise, that I don't hear the wonderful songs of New Zealand's feathered fauna. Coming over from Australia, I've always enjoyed being an avian observer. I love finding a nice warm spot under the trees in Chingford Park to hear the warbles and trills of the silvereye/tauhou or the tink of the wind chime songs from bellbirds/korimako. I've heard from two different people recently that they spotted a tūi in Chingford Park. While I haven't been lucky enough to see one in the wild, I look forward to catching a glimpse of its distinctive white throat tuft as it sings its complex songs. The dual voice box of a tūi allows it to make two sounds at the same time! I can't even sing one note in tune at a time.

As much as I love listening to the songs of the birds, feeling the Lindsay rush past my legs, and hearing the perfect plonks of pebbles being dropped by tiny hands, nothing beats the sense of inner peace I get from smelling the air that winds its way through the trees. There are so many different species of trees along Lindsay Creek. Did you know the kōtukutuku is the world's biggest fuchsia and the only species that grows as a tree, rather than a shrub? Their berries, kōnini, are edible and ripen in March.

If you'd like to have a positive impact on our local environment while experiencing some of the tranquillity found along Lindsay Creek, come along to one of our working bees in Chingford Park. It's a great way to encounter the sights and sounds, while gathering local knowledge from experts who live in the NEV community. Contact *openvue@northeastvalley.org* or call 03 473 8614 for more information. - Jennie Wagner-Gorton

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- Suppresses weeds
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- Add to compost or cover bokashi compost
- Garden pathways

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\$125
10 BALES



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Fundraising goes into classrooms as craft materials and headphones, into the library as hundreds of new books, and into experiences for the kids, such as new play equipment and support for the school camp. Thank you very much for helping support our tamariki's growth!

PORT CHALMERS LIBRARY & DCC SERVICE CENTRE

Happy New Year from the Port Chalmers Library!

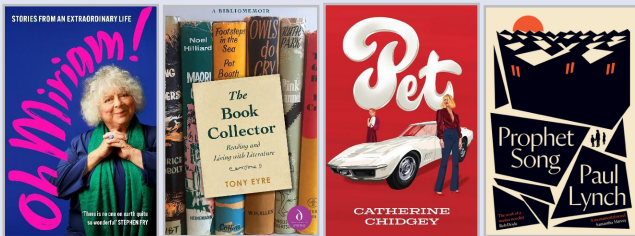
Join us on Wednesday mornings at 10:30am for stories and rhymes designed for preschoolers and their caregivers; a chance to socialise in the warm and comfortable space of the Port Chalmers Library.

The Kids' Book Club is back in session! First Monday of each month (excluding school holidays) from 3:15 to 4:30pm. Join us for books, games, art and nibbles! For independent primary school readers.

Our Book Share happens on the first Friday of every month. Come along and share what you've been reading over a cuppa. A relaxed way to exchange ideas about what to read next.

Changes to DCC kerbside collection in 2024: we will have a display of the new DCC rubbish bins in the library from the 1st of February. Come along to either of the two talks about the new kerbside bins, scheduled 16th February at 10:30am and 22nd February, 5:30pm.

NEW BOOKS AT THE LIBRARY:



Inclusive dance for people with/without disabilities.
Offering movement exploration and unique performance for people of all abilities.

**Senior class (over 16 years):
Mondays 6-7pm & 7:15-8:15pm**

**Junior class (under 16 years):
Tuesdays 4-5pm**

**New Athenaeum Theatre,
23 The Octagon, Dunedin.**

Classes suited for all levels and abilities. Wear comfortable clothing, and bring water.

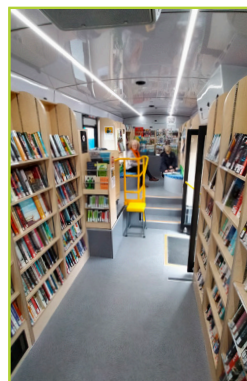
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Stitch Camp at North East Valley Normal School! All kids welcomed aged 5+.

Unleash your child's imagination and skills with the art of needle & thread! Offering a magical journey into the world of sewing, knitting, embroidering, crocheting, and felting, all inspired by the Steiner educational approach. All materials included.

**Wednesdays after school,
3:15pm-4:30pm,
7 Feb-10 April
natalieperks.com/**



Dunedin Public Libraries Bookbus schedule for North East Valley area:

GARDENS: Opoho Rd. / Shopping Centre
Friday 11am -12:15pm

NORTH EAST VALLEY: North Rd. / Watts Rd.
Thursday 1:30pm - 2:45pm

OPOHO: Signal Hill Rd. / Farquharson St.
Thursday 3:15pm - 4:30pm

PINE HILL: Pine Hill Rd. / Forrester Ave.
Thursday 6pm - 7pm

BUILDING FUTURE DUNEDIN

You can now have your say on Dunedin's new Future Development Strategy and help shape how the city grows for the next 30 years.

The DCC and Otago Regional Council are jointly developing a Future Development Strategy for the city, in partnership with mana whenua and supported by Waka Kotahi and Kāinga Ora.

The Strategy replaces the current Dunedin Spatial Plan and outlines strategic directions for the city's growth and development for the next 30 years.

It discusses how we will meet the city's housing and business space needs and what infrastructure is needed to support our growth and development, including transport infrastructure and services, 3 Waters, parks and recreation facilities and natural hazards protection infrastructure.

It also includes a statement of hapū and iwi values and aspirations for urban development.

Public consultation is taking place from **31 January to 28 February 2024**. The draft strategy is available to view online, and at the DCC Civic Centre, libraries and the ORC. Public information sessions to explain the draft strategy and answer questions are also planned for early February.

As part of the consultation, we're encouraging people to provide feedback on the options identified for long term growth, and the infrastructure needed to support growth and achieve key outcomes that will support a well-functioning urban environment, such as reducing emissions, building resilience to natural hazards and protecting and enhancing biodiversity values.

Hearings for those wishing to speak to their submission will be held in early April and a final Dunedin Future Development Strategy is expected to be released mid-2024.

<http://www.dunedin.govt.nz/future-development-strategy>





Formerly known as Youth Grow, the new home of Naphtali brings us back to the Valley where we feel we belong, just as our namesake who lived in the mountains and valleys between Lebanon and Upper Galilee. We all feel instantly at home. The space is peaceful, nestled in bush with the great Māunga Kāpuka-taumāhaka/Mount Cargill looking down on us. It naturally feels like a place to grow.

The tribe of Naphtali were swift runners and known by their symbol of the Gazelle. We have taken up this mantle and the Gazelle is a common symbol that you can now see around Naphtali. While we definitely have some fast runners amongst us, our real swiftness comes to light when our Naphtali whānau is given an opportunity like we have with our new home.

As mentioned in the December Valley Voice, our organisation, Pact, has renovated the buildings beautifully and we moved in just in time to get some plants in the ground and to have some fun. Growing is fun. Whether it is food or pretty flowers, there is always joy and fascination along the way. We are fortunate to have amazing hot houses, and our swift-thinking artists have developed a vision. We will fill the space with plants (obviously), but also giant sculptures of birds and animals (and whatever else finds our fancy). Our first project? It's a Gazelle, of course.

We are asking the community for house paint. If you have any spare, please get in touch with us. -- **Matthew Sanson (Service Coordinator) 027 325 2330 | Matthew.Sanson@pactgroup.co.nz**

CALL TO CURTAIL BEHAVIOUR AND INCREASE PEOPLE POWER

Kia ora katoa. Firstly, thank you to all the good residents of North East Valley, and especially to our wonderful students and graduates, who do the right thing by putting away litter and who Keep Dunedin Beautiful with conscientious, compassionate care, diligently and consistently.

We all drop papers, receipts, etc. from time to time, which is understandable. What is not understandable in this day and age of the Extinction Rebellion Movement, is that our city sidewalks (to quote the loved Christmas song "Silver Bells") are being trashed through laziness, a lack of understanding and a lack of time. I believe it is primarily the students, as well as residents, responsible for this treatment of our city turning Ōtepoti into an ugly eyesore that is dangerous for the elderly and the mobility impaired. Not a good look for tourists and university student's whānau while they are here, and a nuisance to visitors here for business purposes. If we are more mindful of this we shall be showing genuine care, compassion and kindness, as well as setting a good example to other people living in Aotearoa and overseas.

I believe that more employment and voluntary work opportunities, already provided by the wonderful work of Taskforce Green, could be made available during the Otago University student academic year for the disabled and unemployed to give them much better options and opportunities in life. This venture would have its challenges, obviously, but shall also be empowering and helpful for each other as well as the environment. Evidently, this is a win-win situation to ponder and chew over!

Thank you to all those in our suburb who have done fine work in the past twelve months.

Wishing all the readers of this local newspaper a prosperous 2024! -- **Thomas McAlpine**



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Local, loyal and licensed builder practitioner at your service.

No job too big or small, quotes available.

Please call
021 867 896

art, craft & music

ART CLASSES

For all levels. Casual attendance welcome, tutor Anneloes Douglas, community rooms, 10am–noon, Thur. ☎ 027 307 7034 📞 467 9993 ✉ anneloes.douglas@xtra.co.nz

ART CLASSES

Continuous class, newcomers welcome, 1–3pm, Wed, community rooms; 1–3pm, Thurs, St Peter's Church Hall, Caversham; 7–9pm, Thurs, Logan Park High School, \$15 per session. 📞 Friederike 482 2025

ART FIBRE DUNEDIN

Bring lunch and required supplies, 10am–2pm, second Sunday of each month, community rooms. ☎ Megan 027 245 8605 📧 artfibredunedin.blogspot.com

BLUESKIN OPEN MIC NIGHT

For performers of all levels. 2nd Saturday of month, Blueskin Gallery, Waitati, 7pm. ☎ Jenny 027 582 1300

CELLO LESSONS

All welcome. What works for you is best! Some instrument hire options available. NEV based. 4 years cello teaching experience & a performance degree. Also open to performance opportunities. ☎ Ellen 027 430 7739 ✉ ellen.walters@gmail.com

DIAL-A-PIPER

Available for any functions including birthdays, weddings, funerals, Haggis Address, etc. Feel free to contact me to discuss your function. Can travel. 📞 03 473 0045 or ☎ 027 473 0060 ✉ thepiper50@gmail.com

DUNEDIN FIDDLE CLUB

Mostly Celtic tunes, mostly fiddles. New players always welcome! Wednesdays 7.30pm at The Valley Project community rooms. Just drop in or ✉ anna.bowen1@gmail.com

FOLK CLUB OPEN MIC NIGHT

Songs, tunes and convivial company every Thursday from 7.30pm. Come and join the supportive circle to play or listen. Dunedin Folk Club, 80 Lovelock Ave. ✉ info@nefc.org.nz

GROUP DRUM LESSONS

Learn to play djembe, cajon, percussion with a focus on enjoyment, finding your sound, and jamming. Jamie: ✉ drumwithjamie@gmail.com ☎ 027 550 2858

KIDS ART CLASS

Thinkit Art offers dynamic and enriching after school term art classes for 7–15yo. Focus is on enriching creativity & exploring who you are as an artist. Book Now: Kiri Scott Artist – Oniyonkid. 📧 @thinkitart ☎ 021 118 9882 📧 @thinkitartfeuerstein.art ✉ Thinkit.fie@yahoo.com

LOCAL MUSICIAN

For parties and/or dinner music. Singer/songwriter who plays guitar & saxophone. Can play cover songs if wanted. Philip ☎ 027 444 4967

MUSIC LESSONS

Celtic style flute, tin whistle, and guitar lessons by Rennie Pearson. ✉ rennie.pearson@gmail.com 📧 renniepearsonmusic.com

MUSIC LESSONS

Guitar, drums, singing, with professional musician. All ages. Contact Bevan: ☎ 027 363 1376 or ✉ bevan37@hotmail.com

PAD-MAKING WORKING BEE

Interested in plastic-free period products? Like to sew? Learn to make sustainable period products for you and whānau. Contact ✉ sewon@christinekeller.co.nz

SHE CHOIR DUNEDIN

A non-auditioned, collaborative choir welcoming women, non-binary, and genderqueer people. We rehearse Wednesdays during term times, 6.15–7.30pm at DNI. No prior contact or experience needed - just turn up and sing with us! 📧 @shechoirdunedin

SOUNDS NOR'EASTERLY

Do you enjoy singing with a group? Why not join your local community choir? All ages and abilities welcome. DNI design lobby every Tues, 7.30–8.45pm. Email Marion for info ✉ marion.okane68@gmail.com

STAND-UP COMEDY

Open mic at Inch Bar, every Tuesday and penultimate Wednesday. Open to all skill levels. Contact ✉ reuben@dunedincomedy.co.nz

UKULELE SESSIONS

Wed, 7–8.30pm, Valley Baptist Community Centre, 280 North Rd. Just turn up or call/text Mary for more info: ☎ 027 929 9813

community

ALZHEIMERS OTAGO

If you are concerned about your own memory loss or supporting someone with dementia, we are here for you. Contact us about our free support for individuals, carers and families. 📞 03 471 6154 ✉ Still.Me@alzheimersotago.org.nz 📧 www.alzheimersotago.org.nz

BALMACEWEN LIONS CLUB

Meets 2nd & 4th Mondays at Otago Golf Club: 125 Balmacewen Rd, Dunedin. New members welcome! Contact Secretary Russell Hancox: 📞 03 467 5126 (evenings)

BIKE WORKSHOP

Get help, use our workshop. Bikes available for koha, 3.30–5.30pm...

Tues, and 9.30am–12.30pm Sat. Valley Community Workspace, 11 Allen Street. Email Peter: ✉ peterd0n@yahoo.com

CITIZENS ADVICE BUREAU

Free, confidential, independent information & advice. Know your rights, how to take action and how to access the services you need. For ANYONE about ANYTHING! 📞 03 471 6166 or 0800 367 222 📧 www.cab.org.nz 📍 CABDunedin 155 Princes Street

COMMUNITY ACCOUNTING

Dunedin Community Accounting provides free accounting training & advice for non-profits in Otago. For more info call ☎ 0800 113 160, ✉ kiaora@dca.org.nz 📧 www.dca.org.nz

COMMUNITY PATROL

Dunedin North Community Patrol. Assisting Police to ensure our communities are safe to live in. Volunteers welcome. Call Garry for more info: ☎ 027 364 1485

COMMUNITY STUDY CIRCLE

Baha'i Spiritual Training. Develop your capacity to offer service to your community as a result of exploring spiritual concepts and how to apply them to everyday life. Strictly FREE. Ash: ☎ 022 615 6115

DALMORE RESERVE COMMUNITY GARDEN

Join us fortnightly at the garden on Allenby Ave., Pinehill. All welcome. Tools provided. Check Facebook for dates/times or ✉ dalmorecommunitygarden@gmail.com

DUNEDIN CURTAIN BANK

Got a StudentID, Community Services card, or SuperGold card with CSC? See us at 174 Princes St. 9–4pm Mon–Thurs. or apply online: 📧 www.dunedincurtainbank.org.nz

DUNEDIN NORTH PROBUS

Are you retired/close to retirement? Could you benefit from meeting others? Enjoy social outings? Now accepting women's membership! NEV bowling club, 10am, 2nd Monday each month. ✉ Peter: peabee@xtra.co.nz or 📞 455 1256 or 📞 Don 473 7544

ENABLING LOVE

Looking for friendship & social connection? 18–65 years welcome to weekly coffee group at Otago Museum Cafe, Thurs, 1–2pm. More at 📧 enablinglove.nz or email Joshua for venue: ✉ enquiries@enablinglove.nz

FERN COLLECTIVE

Accepting new clients. Self referrals welcome. Open to all ages, all stages of life. Empathetic support for individuals & families facing unique challenges of neurodiversity and more. Let us support your journey w/practical tools & resources. ✉ ferncollectivenz@gmail.com

FRUIT & VEGES NFP

Fresh fruit & veges at wholesale prices with All Saints Fruit and...

Veges. Small, med, family weekly bags. Order at St Martins, 194 North Rd, Thur. 4.30pm, or sign up online: 📧 fruit.vege.allsaintsdsn.org.nz

GARDEN SPACE AVAILABLE

Owner of good sized garden wishing to freely share it with someone who can benefit from and utilise the space for gardening. Contact: ✉ caitlin.lester@gmail.com

LEGAL ADVICE

Free legal advice at Community Law Otago, available by appointment. Legal advice by qualified lawyers, practical solutions. Appointments now available at the Valley Project on Tuesdays from 11am. 📞 03 474 1922 or ✉ reception@dcl.org.nz

NEED A JP?

The Valley Project offers walk-in JP services for affidavits, document certification, KiwiSaver withdrawals, immigration, etc. Every Sat. 11am - 1pm.

NEIGHBOURHOOD SUPPORT

Create safer, more caring communities. For info and local contacts: ✉ coordinator@nsotago.nz 📞 03 456 0857

NEV COMMUNITY GARDEN

North East Valley Community Garden, directly behind NEV school. Pay us a visit! We meet every wknd: 1st & 2nd Saturdays 9.30–12pm, 2nd & 4th Sundays 1–4pm.

NEV JUSTICE OF THE PEACE

Pine Hill resident, Colin Lind, available for JP services. Flexible days and hours. 📞 03 473 7174 ✉ colinlind@hotmail.com

NORTH DUNEDIN SHED

Open Mon, Wed and Sat mornings. 35 Bonnington Street, over the bridge. Membership full until 2024 📍 North Dunedin Shed Society Inc.

VOLUNTEERS NEEDED

CREST train at the Botanic Garden. Can you help? Volunteers needed for driving, ticketing, commentary, maintenance. 📧 crestrides.org.nz or ☎ Rodger 027 471 4902

WILD DALMORE RESERVE

Help us protect and restore the native biodiversity of Dalmore Reserve. Meets most Sunday afternoons. Entrance at 20 Allenby Ave, Pine Hill. 📍 Wild Dalmore Reserve ☎ 021 206 3593

employment

SUPPORT POSITION NEEDED

Seeking person w/initiative to assist young disabled man 8–9am and/or 8.45–9.45pm: personal care and household tasks. Must be physically strong as transfer assistance required. Successful applicants have the ability to expand hours. Position in NEV. Applications + CV + references to ✉ Tessa.Brown@ccsDisabilityAction.org.nz

WORKBRIDGE

A FREE specialised service assisting work-ready people with any health conditions/learning difficulties/injuries to find suitable employment. All aspects of vocational prep provided – CV's, cover letters, job search, interview skills, placement. Once employed, support continued 12 months more. ☎ 0508 858 858 or visit workbridge.co.nz

fitness & health

ADULT YOGA CLASSES ŌPOHO SCHOOL

Fiona Johannessen, experienced yoga teacher of all ages & levels. Needing time to focus on breathing and moving mindfully? This might be for you! Tues. 7.30–8.30pm (school term). \$10 casual rate. All levels welcome. ✉ Fiona: sweetfee77@gmail.com

BALFOLK DANCE CLASSES AND EVENTS

Valentine's Day Potluck, Wed. 14 Feb. 7pm, North East Valley Baptist Community Centre, 270 North Rd. FREE. All welcome. bring a plate.

ENGLISH COUNTRY DANCE & European Contredances

Mon. 6–7pm (Beginners)
Mon. 7–8.30pm (Beyond Basics)
Beginners encouraged to dance in Beyond Basics class. Opoho Scout Hall, 123 Opoho Rd.

**BALFOLK Immersion -
all common Balfolk dances**
Tues. 10–11.30am (Balfolk et Contredances), NEV Baptist Comm. Centre, 270 North Rd.

Tues. 6–7pm (Balfolk partner dances). 7–8.30pm (All Balfolk dances). Opoho Scout Hall, 123 Opoho Rd.

All blocks 5 consecutive classes. \$40/block. \$10 casual.

No prior bookings, experience or partner required.

JOSEPHINE BALFOLK MINIBALS

Last Sunday each month. Toitū Otago Settlers Museum, Josephine Foyer. 2pm. FREE. First minibal Sunday 25 Feb.

📍 Balfolk Dunedin
balfolk.co.nz | Eventfinda

CONTRA DANCE

Every Monday 7.30–9pm. Valley Baptist Community Centre, corner Calder Avenue. \$3. No partner required. ☎ 0211854566

DUNEDIN BMX CLUB

Race night, Forrester Park BMX track, 5.30pm, Thursdays.

FOLK DANCING FOR FUN

Valley Baptist Community Centre, 270 North Road, 10–11.30am, Fridays, \$4. ☎ Yvonne 455 2406, ✉ stureid1@yahoo.co.nz

BELLEKNOWES GOLF CLUB

Green fees \$15
\$10/player after 4pm

Come & enjoy our fantastic 9-hole golf course on Lawson St. Spectacular views over the city. Call Secretary, Christina King: ☎ 03 467 9499

'EVERY BODY' HOLISTIC MESSAGE

Now based in Ōpoho! Swedish relaxation - deep tissue - myofascial release. Queer-friendly, trauma-informed & disability support - led by your needs. \$90/hr. ☎ Tamsin 022 1240 525 for info or to book.

KUNG FU

Fitness, discipline and self defence. Classes for 7–12 years Wed, 5–6pm, Sun, 3–4pm, teen & adult classes, Wed, 6–7.30pm, Sun, 4–5.30pm, Sacred Heart School, 63 North Rd. Contact Kenneth ☎ 021 0242 38 ✉ Dunedin@shaolinkungfu.co.nz

MESSAGE FOR WOMEN

with Uschi Heyd. Book your session online www.kindliving.co.nz or call/text ☎ Uschi 027 360 0238 Mention the Valley Voice to receive a 10% discount on your first massage.

MEDITATION FUNDAMENTALS

Discover the ART OF WISDOM. 12wk 'FUNDAMENTALS OF MEDITATION' courses consist of Theory and Practice.' One cannot go without the other. Classes run on koha participation, run all year, and are level based. Contact Colleen Robb: ✉ ciga.nz.dunedin@gmail.com or ☎ 021-0228-7258.

MEDITATION & MINDFULNESS

4-hr meditation and mindfulness workshops designed to simplify and clarify everything you need to know to meditate effectively. ☎ 0210 352 392 www.meditatenz.com

ORTHO-BIONOMY

In pain or discomfort? Had surgery or injuries? Ortho-Bionomy is a gentle way to help you in the process of maintaining balance or accessing your resources during your recovery! For info & bookings: juliafast.nz

PARKRUN

Free, weekly timed 5km run/walk, Sat, Botanic Gardens. Meet at café, 8am summer, 9am winter. Go to parkrun.co.nz for more info.

STEADY AS YOU GO

(Age Concern) Gentle balance and strength exercises, Valley Baptist Community Centre 10.30am Mondays, Opoho Church hall 1.30pm Tuesdays, and Pine Hill School Library 11am Thursdays.

TANNOCK GLEN

Torridon St. Ōpoho. 3.5 acre garden of the Dunedin Rhododendron Group. Members of public invited at any time. Dogs permitted on lead.

THREE LEFT FEET

Social dance group. No experience or partners necessary. Folk & traditional European dance. \$5 or \$7.50 per couple, Nga Maara hall, 6–7pm Thursdays. ☎ Marilyn 027 446 3358

WEKA WELLNESS

Community mental health sessions, Mondays 6–8pm at WEKA hub, 31 Stafford St. level 2. Follow us on FB to keep updated [WEKADUNEDIN](https://www.facebook.com/WEKADUNEDIN) ✉ wekadunedin@gmail.com

YOGA IN THE VALLEY

Instructor Adair Bruce, 6–7pm, Mondays at DNI; 9.15–10.15am Wednesdays, Valley Project. \$10 waged, \$8 unwaged. More info ✉ adairbruce@hotmail.com

ZEN MEDITATION

Traditional Zen for experienced & beginners. All welcome. 7pm Thur. Quaker Rooms, 15 Park St., Dunedin North. Koha please. 6wk beginners courses through the year. 7-day retreat on Quarantine Island annually. ☎ Glenn 473 6256

for families, kids, and teens

AURORA TAMARIKI EARLY YEARS CARE AND KINDY

Childcare for 0-5yr-olds inspired by Rudolf Steiner & Emma Pikler, offering homely rhythms, seasonal songs/stories, and natural space for children to learn and grow. Organic vegetarian kai provided. 351 Pine Hill Road. auroratamariki.co.nz

DUNEDIN CITY TOY LIBRARY

Vibrant toy library for children 0–7yrs. Huge range of toys, puzzles, ride-ons, dress-ups, & games. Valley Baptist Community Centre, 270 North Road, 3.15–4pm Wednesdays and 10–11.30am Saturdays.

DUNEDIN PUBLIC LIBRARY VALLEY LEGO & CRAFT CLUB

Years 6–8! Valley Baptist Community Centre on 3rd Wed. each month, 3–4.30pm (excl. school hols). Low-tech club opportunity to get creative w/Lego & craft. Also books to read/borrow with a Dunedin Library card.

DUNEDIN RUDOLF STEINER PLAYGROUP

Te Whare Ako Marie. A sanctuary for creative play for children from birth to kindy. A place of peace and friendship for parents. Groups meet weekly, term time. Contact us for times and days ☎ 471 2163 or ✉ dunedinsteinerplaygroup@gmail.com

ISLINGTON EARLY CHILDHOOD CENTRE

Independent NFP. High-quality education for 2–5yrs, small session sizes up to 20 children, well-resourced play space, nature playground. Mon–Fri 8.30am–2.30pm. Book a visit to discover this treasure hidden in the heart of NEV. ☎ 03 473 7490 islington.org.nz ✉ islington.ecc@gmail.com

MAINLY MUSIC

Leith Valley Church, Malvern St, Wednesday 10am, \$4. Contact: Fran ☎ 467 9208 (Leith Valley Church Phone No) or ☎ 027 456 1188

MT CARGILL GIRLGUIDES

Pippins, brownies, guides, & ranger groups in the valley. ☎ 0800 222 292 or ✉ info@girlguidingnz.org.nz

NEV CODE CLUB

Primary ages 7–10yrs. Held term time Mondays 3.15–5pm in the Valley Baptist Community Centre tech space, 270 North Road. Join us for some code club projects and some friendly games. Meet some like minded techie friends. FREE to attend [com2tech](https://www.facebook.com/com2tech) [com2.tech](https://www.linkedin.com/company/com2tech) ✉ office@com2.tech

NEV GAME DEV CLUB

Intermediate tamariki learn to build their own video games. Tuesdays, 3.30–5pm at the Valley Baptist Community Centre. [com2tech](https://www.facebook.com/com2tech) ✉ office@com2.tech [com2.tech](https://www.linkedin.com/company/com2tech)

NEV NORMAL SCHOOL PTA

Monthly meetings at Valley Project on a Thursday evening. Anyone interested in being of service to this wonderful school is welcomed. ✉ nevn.pta@gmail.com

NEV PLAYGROUP

0–5yrs, variety of experiences to enhance child development and meet other local families. Free morning tea and lunch provided for adults. Please supply child's morning tea. Valley Baptist Community Centre, 270 North Rd, 9am–2.30pm Wednesdays. ✉ nev.playgroup@nevbctrust.org

ŌPOHO PLAYCENTRE

Nurturing play space for 0–6year olds where children and their whānau attend together. Focus is on child-led learning through play. Make friends, play, learn, & grow. 3 free visits. 28A Signal Hill Rd. Mon and Wed–Fri, 9am–12pm, school terms. [opoho.playcentre](https://www.facebook.com/opoho.playcentre) ✉ opoho@playcentre.org.nz or ☎ 027 880 2365

ŌPOHO SCOUTS

Keas, 4–5pm, Tues; Cubs, 6pm–7.30pm, Thur; Scouts, 6–8pm, Wed. Ōpoho Scout Den. ✉ Shane: opoho@group.scouts.nz

SPACE FOR YOU AND YOUR BABY

Programs run by registered ECE teachers supporting families through their 1st year with new baby. School terms at Valley Baptist Community Centre. ☎ 021 150 9165 or ✉ space@nevbctrust.org

SUNDAY SCHOOL

Variety of classes with stories, crafts, songs, and more. Ages 4–18yrs, 9.30am Sun (term time only), DNI (tech area). All welcome! No charge. ☎ 020 4079 5727 or go to dunedinchristadelphians.org

Classifieds continued next page... [☞](#)

further education

BEGINNER ENGLISH FOR CHINESE

Join our beginner English conversation group for senior Chinese new to English language. Shared meal. Small contribution to costs. Great way to improve simple conversation. No English necessary. Tian: ☎ 029 02 0009 68 ☒ 254783519@qq.com

COGNITIVE ENHANCEMENT

Thinkit Feuerstein is a cognitive enhancing program for individuals with learning differences. Enriching thinking and learning skills for ages 5+ to adults. Private sessions held in North East Valley/Dunedin Schools. Book Now: Tutor Kiri Scott, certified practitioner in Feuerstein method. ☎ 021 118 9882 ☒ www.icelp.info ☒ Thinkit.fie@yahoo.com

COM2TECH DIGI DROP-IN

A community-led group that offers a range of free classes to upskill our communities in communications technology and online safety. 12.30-2.30pm every Monday at Valley Project. ☎ com2tech ☒ office@com2.tech ☒ com2.tech ☎ 027 256 9182

INSPIRING MATHS CLASSES

Affordable creative maths classes and maths art after school at my home in North East Valley. ☎ Inspiring Maths Classes ☒ Sandra.Dunedin@gmail.com

ITALIAN CLASSES

Experienced teacher, native speaker of Italian. Small groups, all levels, from absolute beginners to advanced and conversation. ☎ 027 341 8312 or ☎ 473 0832 ☒ antonella.vecchiato@gmail.com ☒ italianclasses.co.nz

LEARN ENGLISH

English for daily life and work. Free and low cost courses. Please contact one of our staff at English Language Partners: ☎ 455 5266 or via email

MATHS MADE EASY

Experienced maths teacher, recently retired. Primary and secondary certified. Montessori trained. Private tutoring at your home or mine and Zoom as another option. Different strategies to help your child achieve success. ☎ Diane 021 357 565 ☒ dvalavanis@aol.com

REO MĀORI

Reo Māori teaching or tutoring for adults. Groups or individuals. John Birnie: ☒ johnbirnie@hotmail.com or ☎ 021 236 3765

VOCAL TEACHER

All ages, all skill levels. Starts from \$30 a lesson. Studio on Vogel Street. Text for more info/to book: ☎ 022 122 3405

housing

FAMILY RENTAL WANTED

Seeking new, long-term home in NEV for family of 5 and 1 cat. ☎ Missy 020 418 411 48 ☒ missy.gilmour370@gmail.com

RENTAL HOME WANTED

1-2 bedroom house, up to \$400pw. Unfurnished. Excellent tenant. Quiet, reliable, mature woman (66), ex-teacher w/ house-trained cats. ☎ Caz 021 125 3709

SELF-CONTAINED UNIT

Looking for a one bedroom flat/self contained unit or studio room. Unfurnished. Up to \$320 p/w. In a quiet, safe building with no smokers. Quiet, reliable tenant. I have autism. Text ☎ 022 034 6290

trading corner

BABYSITTER

10 years of childcare experience. Full drivers licence. Have worked with twins. ☎ Kelly 027 697 9194

BALDWIN STREET BOOK

Substantially revised and enlarged edition just out. 32 A4 pages, 8,000 words, 60 photos. \$20ea. Available from ☒ saddlehillpress@xtra.co.nz and Valley Project. ☎ 027 2480714

CAKE BAKER

Home-baked cakes large/small for your pleasure. Made to order. Price list available. ☎ 473 0159 (evenings)

CHIMNEY SWEEPS

Top Hat Chimney Sweeps offering single flue cleans for \$100 or two neighbouring houses for \$85 each. FREE glass door clean. Replacement services on firebrick, door seal, and baffles. Text Luke ☎ 027 332 2915

COMPUTER REPAIR

I fix computers! Low rates, great service, Windows, Linux, Mac, Android. ☎ Matt 022 048 0012

DAVE'S COMPUTER SERVICE

Troubleshooting & tuition. Low rates. Free optimisation software. ☎ Dave 022 635 9414

EXPERIENCED PAINTER

Bruce Interior Painter (B.I.P.) Int/exterior, residential, commercial. 20 years in industry. ☎ 022 171 5102 ☒ bip.painters@gmail.com

FARELLA ORTHODONTICS

Offering Valley residents limited-time complimentary consultations for children and adults. Cutting-edge tech. 30yrs clinical experience. Flexible financing options. ☎ 021 228 4895 ☒ farella.co.nz

FOODIES NURSERY

Flavour is Nutrition. Personal gardener using living soil solutions. All single seedlings have 40% worm castings. Strawberry, tomato, chilli, ginger, turmeric, basil, and more. Instagram posts on Wednesdays...

Open 9-2pm Sat. 7 Arnold Street ☎ 021 025 977 41

GARDENER

Gardener available, light weeding/trimming, winter rose pruning. Very experienced, \$30 per hour. ☎ 03 473 0159 (evenings)

GARDENER/LANDSCAPER

☒ Backblokgardens.nz. Section clearing, tree pruning/shaping, planting, custom planters, retaining walls. ☎ 021 023 44 938

HAIRDRESSER

Retired senior hairdresser providing service for seniors. Your home or mine. Dunedin North only, ☎ Helen 467 9644 or ☎ 021 104 1011

HOUSE SITTER AVAILABLE

Woman in early 60's looking for a house-sit in NEV for one month or longer. A writer. Enjoys looking after cats, dogs, and gardens. Written references, from previous house-sits, and police check available. Rhian: ☒ rhian.galnz@gmail.com

JESCARGO CARPET REPAIRS

Domestic and commercial carpet repairs. No job too small. 100% local. ☎ Jesa 022 012 1194 ☒ jescargo_carpet@outlook.com

LOCAL HANDYMAN & LANDSCAPER

Fencing, Decks, Retaining and all types of Concrete and Paving. For a free quote contact Liam George on ☎ 027 239 0220 or ☒ email Lg.contracting98@gmail.com

MATURE BABYSITTER

I'm a mother with grown-up children, (full driver's licence) now available for babysitting. Minimum of three hours and also able to help with homework! ☎ Pauline 027 717 0282

NEV LASER ENGRAVING

Want something personalised? Get it laser engraved. Wood, ceramic, acrylic & more. Call and see if we can help. 11 Allen St. North East Valley. ☎ Jeff 021 957 369

NEV LAWNS & GARDENS

Lawns, edges, hedges, gardens, bushes, trees, weeds and green waste removal. Consultation & quote: ☎ Steve 027 424 1828

SCRAP METAL COLLECTION

Seeking your scrap metal you have rusting away or cluttering up the shed, etc. Can do small to medium size loads. ☎ JT: 027 206 1725

SELF-SERVE PLANT STALL

Local, organic seedlings stocked daily, weather dependent. Mix of veggie, flowers/companion plants. 16 Truby King Crescent, Liberton.

SUBSIDISED INSULATION

As of August many Otago homes are eligible for subsidised ceiling and underfloor insulation! Find out more ☒ support@premierotago.co.nz or ☎ 022 592 1807

VENUS FLY TRAPS

Large caliber plants. Five times as big as those sold by the shops and are \$4.00 cheaper. Growing instructions included. \$10. ☎ Pat 473 0159 (PM)

VIDEOGRAPHER NEEDED

Looking for videographer for help in filming a music video project, starting in December. Please message Tali JOY for more details: ☒ talijoy00@gmail.com

WELDING REPAIRS

Gates, fences, balustrades also. Advanced welding courses. More info: Bob ☎ 027 206 4064

church services

ANGLICAN: ST MARTIN'S

194 North Rd, 10.30am

GLENAVEN METHODIST

7 Chambers St, 11am

LEITH VALLEY PRESBYTERIAN

George St. Normal School Hall, 10am

ŌPOHO PRESBYTERIAN

50 Signal Hill Rd, 10am

SACRED HEART CATHOLIC

89 North Rd, Mass 9.30am


PACIFIC ISLAND PRESBYTERIAN

160 North Rd. English, 11am on 1st, 2nd, and 3rd Sundays; Cook Island 9.30am; Samoan 11am, 4th and 5th Sundays

SALVATION ARMY

43 North Rd, community worker only, Mark O'Donnell

INTERESTED IN ADVERTISING WITH CLASSIFIEDS?



To add or update a listing please email voice@northeastvalley.org

Koha is appreciated for classifieds.

Make donations to the Valley Project bank account: **03-1726-0005606-000**
Reference: **VVDonation**

JUSTICE OF THE PEACE
weekly services

EVERY SATURDAY
11am - 1pm
at the Valley Project



walk-ins welcome

(...continued from front page.) The remaining three participants of the inaugural Crush the Cargill 100-Miler made it to the finish! Bravo to **Chris Bisley** for his top-scoring time of 27 hours and 32 minutes; **Nick Tweed** at 29hrs:13min; and **Adam Keen** at 35hrs:30min. The grit award went to Adam who really got his money's worth by using nearly all of his allotted 36 hours.

Chris Bisley offered his thoughts on the new 100-mile race option; "The following quote from Star Wars Return of the Jedi sums it up nicely if you adjust a couple of words: 'In the mighty Cargill's belly, you will find a new definition of pain and suffering, as you are slowly digested over 19 ascents and descents in 100 miles.' If you know, you know."

It sounds so appealing!!! There should be many more takers in 2024.

The total entries for the 2023 edition of Crush the Cargill was a record-smashing 156! The 100-miler counted 11, and the classic 24-hour race counted 145 individuals, plus one team! The previous record was 107. A huge thanks goes to admin whom were suddenly inundated with 100 registrations all at once. A memo to self: we need another whiteboard.

The team entry was the enduring *Crash the Cargill* unit. For five years they have been trying to get a fridge (large cooler) on wheels up to the Cargill summit. They hadn't yet made it past halfway and so they didn't even know about the rock garden, the bicycle barrier, and the 'Stairs of Despair'. Two years ago they epically

failed due to rain. One year ago their car broke down, so they didn't even make it to the start line. Someone should make a movie about them. It's like the plot for a Hollywood blockbuster!

In 2023, however, all guns were blazing! A cart with mostly functional wheels, a snowboard, a big sub-woofer, a shopping basket, two hatchets and a shovel, managed its first-ever full ascent of 676 metres! Like any good, highly successful and heart-warming Hollywood blockbuster, there needs to be a sequel! What will its title be? The Crash Strikes Back? Return of the Crash? Crash Hard II?

Over \$3000 was raised for the Valley Project, some of which will be used for environmental initiatives based around North Dunedin - good stuff that will help the birdsong get even better!

A big thanks goes to Grid Coffee Roasters for the caffeine and loan of their truck. For the spots prizes, thanks to Creepers Socks, Tailwind Nutrition NZ, Curranz, Aerodaks, Aerobicedge, and Inch Bar. And to the Valley Project, thanks for cooking up an awesome breakfast, and to New World Gardens for providing the yummy grub to do so. Also, a shout-out to Duncan from Reignite Physio for the massages! And finally, thank you Wendy, Andrea, Leanne, Nolan, Anthony, Nick, Tim and others that kept the admin table ticking over.

Congratulations everyone! Apparently the hill is still there and the trig is still at the same altitude, so we haven't crushed it yet. Try again next year! -- **Steve Tripp**

CRUSH THE CARGILL 2023 RESULTS

24-HOUR CHALLENGE

1 lap = 8.5km, 5 laps = a marathon, 18 laps = 153km (NEV to Waimate)

Petrus Hedman: 14 laps

Sally Nicoll: first women equal, 7 laps (plus 3 that she did in the 100-mile race before 'DNF'-ing and then starting the 24-Hour challenge)

Saskia Wohlgemuth: 7 laps

Joshua Smith, Christopher Pinel, & Jamie Ward: 12 laps

100-MILE CHALLENGE

19 laps in 36 hours = 161km

Chris Bisley: 27hrs 32min

Nick Tweed: 29hrs 13min

Adam Keen: 35hrs 30min

Three runners aged 70-plus.

Numerous runners aged 10-minus.

Pascal and his son misunderstood the direction of climate change and turned up in full snowboard/ski gear. 8.5km up and down a rocky, muddy walking track is quite difficult in ski boots.

Two race directors also took on roles of strange animals, barista, and pacer.

Someone slept in a hammock in the rain.

Ella, who spent her birthday running up and down a mountain, baked herself a cake and brought it along to share.

Crash the Cargill made the summit!!!



Photos by Brad Spiers. See more at bossfotos.com/customer/events/Brad-Spiers/Crush-the-Cargill-2023

Playcentre

Are you looking for that village, the one it takes to raise children? If you are, come try out our Playcentre and see if we might be it. Playcentre is a child-led, play-based learning environment for your child and you. Ōpoho Playcentre is tucked away, offset from Signal Hill Road, down a driveway and amongst the trees. It is a well-resourced, relaxed space to play with your little one inside or out.

We have music, family play, baby-friendly areas, puzzles, games, art, science and kai spaces inside, as well as swings, bikes, huts, carpentry, slides, gardens, and a sandpit outside in our freshly re-barked playground. Encourage your tamaiti to explore their interests and their senses with the other tamariki or our excellent session facilitators, Ros or Helen. Sit, have a cuppa, and get to know other parents or whānau.

Families in our community have been making long lasting connections and supporting each other during tricky times

for many years now. We all muck in to keep our centre running smoothly, but try to keep the mahi light and fun while keeping the focus on learning. Our rules are simple; respect each other's play and respect our play environment - the rest comes from the imaginations of our whānau. Our families come from many different circumstances and backgrounds, and many of our members now mix-and-match with other ECE options like drop-offs at kindy on other days of the week.

Our sessions run Monday, Wednesday, Thursday and Friday, from 9am to 12pm during school term time. Come late and/or leave early if you prefer. We have available spaces for 0-6 year olds on all sessions, and we are trialling out fees-free Thursdays in Term 1 of 2024. Come for up to three visits—obligation free—and try out different sessions for the best combination before deciding whether to enrol. Contact us at opoho@playcentre.org.nz to arrange a visit or just drop in during session times.

Welcome to our Village



LOOKING FOR UNIQUELY NEW ZEALAND GIFTS? Visit the Information Centre at the Botanic Garden

OPEN
10AM-4PM
EVERY DAY

- | | | | | | |
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