

# Lighting up energy poverty



Thanks to Flick Electricity Co. the Valley Project has 300 energy-saving LED bulbs to give away to North East Valley, Opoho and Pine Hill residents who are struggling to pay their electricity bills. Replacing standard bulbs with LED bulbs can save an average consumer up to \$300 a year in electricity costs. Turn to page 2 for more details on how to apply. Photo: Edith Leigh

## Three exciting vacancies at Valley Project

IT IS with some sadness that I have to announce that our community coordinator Anna Parker has resigned after years of wonderful work with the Valley Project.

Anna will finish at the end of June. Rather than simply trying to replace her (an impossible task), we are changing the staff structure at the project.

We have come to realise that it would be better to have a team leader who will oversee all staff (this will be a half-time position). The other change is that we are adding a part-time administrator

(another half-time position).

As the project has grown and consolidated over the past couple of years the staff have done an admirable job in keeping up with the admin, but the time has come for us to get a specialist in the position.

Perhaps we can find one person to be team leader who is also skilled in administration; or we may need to find two people to take on these roles.

Check out the job adverts in this issue and watch this space!—Valley Project board chair Steve Tripp



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## Seminar for landlords and tenants

THE HEALTH minister and the Dunedin's mayor will be addressing landlords, property managers and rental tenants at this year's Valley Project Healthy Winter Rental Homes seminar.

Valley Project community coordinator Charlotte Wilson says that the project runs workshops and talks every year to help valley residents find useful information and resources to increase warmth in their homes.

"Many renters, however, have reported that little can change without their landlords being onboard."

Government legislation requiring all rental properties to have ceiling and under-floor insulation by 2019 will soon come into force.

Therefore this year the project is providing information, incentives and resources for landlords, property managers and tenants to help make rental properties warm and dry for winter, Charlotte says.

The event, at Diesel's Bar and Bistro on North Road, will start with about half an hour of speakers, including Minister of Health David Clark, Dunedin mayor Dave Cull, and Dunedin City Council Cosy Homes Trust project manager Jordana Whyte.

Other guests will include representatives from Techno Bond, Smart Energy Solutions and the Dunedin Curtain Bank.

Afterwards there will be an opportunity to mingle and ask questions with the speakers and guests present.

Nibbles will be provided and drinks may be purchased at the bar. Diesel's will be putting on a special menu for the evening with a main course and either a drink or dessert for only \$15, or \$20 for a main course, dessert and a drink.

There will also be a raffle with winter-related prizes on offer. The seminar is from 7-8pm on Friday 11 May.

# Letter to PM brings results

A LETTER to the prime minister, asking if the government could look to make its youth employment scheme more responsive to the needs of people with disabilities, brought about a positive outcome for Valley Project receptionist Rorie White.

After being told it was finishing, Rorie's funding from the scheme has now been extended for a further six months.

Rorie is thrilled to be able to continue building on his work skills and enjoying the excitement of being in his first paid employment. He will continue to advocate for permanent changes to the youth employment scheme.



Valley Project receptionist Rorie White at his desk with in-work support specialist Cecilia Sullivan-Grant, MNZM.



## Tackling energy poverty with LEDs

THE VALLEY Project has 300 energy-saving LED

bulbs to give away to valley residents who struggle to pay their electricity bills.

Energy-efficient lightbulbs are a fast, easy, no-sacrifice way to bring down electricity use in homes, but they are often considered too expensive to install.

The bulbs were donated by Flick Electricity Co., a small Wellington-based tech start-up that describes itself as New Zealand's fastest growing electricity retailer.

Flick Electricity Co. community and campaign manager Sam Young says thousands of New Zealanders still have to choose between feeding their kids and heating their homes. "This is unacceptable. It's not the sort of New Zealand we want to live in and we reckon that every one of us has an opportunity to change this."

Replacing standard bulbs with LEDs will

slash 80% of household lighting costs, which for an average home can amount to over \$300 of savings every year, Sam says.

Valley Project community coordinator Charlotte Wilson says the bulbs will be given out on a first-come, first-served basis to those who meet the criteria. People need to live in the valley area, including North East Valley, Opoho and Pine Hill, to apply.

Each household would be given sufficient bulbs for every light socket in their home to make a meaningful impact.

If your household struggles with electricity bills you can apply by filling out the form at [bit.ly/valleyLEDs](http://bit.ly/valleyLEDs), or come in to the Valley Project office to fill out a form.

This is a great initiative and we appreciate the opportunity to be a part of helping families and people living in the valley, says Charlotte.

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Valley Project  
office hours:  
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Tuesday-Friday  
Closed Monday &  
school holidays

# Hit the nail on the head this Mother's Day

CAN YOU hit a nail two times out of three?

If the answer is yes, you can come and build a rat and mice trapbox for Mother's Day! (And you'll be helping out the birds and insects in the valley, too!)

The Open Valley Urban Ecosanctuary Group, Open VUE, is running two workshops for assembling outdoor trapboxes that are safe to use in your backyard.

These boxes have a small entry at one end that allows mice and rats to access the basic spring-wire snap trap. Trapboxes are designed to be placed in your yard where rats and mice feed, near compost areas or fruit trees, and facilitate their termination in the enclosed trap.

They ensure a quicker death than poison, and dead rats and mice do not end up getting smelly behind the fridge or in the wall. You will, however, have to dispose of the dead rodents.

It's been a great summer for swimming at the beach, but also for the growth of rat and mouse populations. So to help the skinks, wetas, insects, plants and the birds' eggs and chicks next spring, let's reduce the rat and mouse population now. It may also stop them moving into your house (no guarantees).

The timber and mesh is cut to size, nail holes are pre-drilled and nails are supplied. If you can bring a hammer that would be great, but we will have some spare. We will probably even have pre-built trapboxes available.

A trapbox kitset with one rat trap and one mouse trap costs \$10.

The cost is \$8 if you have a Valley Card, a community services card, or want to build three or more trapboxes yourself.

Join us on Saturday 12 May or Sunday 27 May from 2–4pm at the Valley Project community rooms next to North East Valley Normal School, 262 North Road.

Bird feeders, pest chew cards, tracking tunnels, trapping information and friendly advice will also be on offer.

—Open VUE member Maurice Kane



Open VUE member Robyn Zink pre-drilling a trapbox ready for keen assemblers Alice and Rachael Smith to bang it all together.



## Valley Project leader

The Valley Project is seeking someone to lead our vibrant community-led organisation in North East Valley

This position is 20 hours/week for 12 months initially

### Key tasks:

- Provide strategic leadership to the Valley Project in collaboration with the executive committee
- Manage staff and volunteer receptionists
- Lead the organisation's fundraising
- Build and maintain strong relationships within the valley, across the city and within the community sector
- Provide operational, administrative and financial support to the project's activities
- Support the executive committee

### Required skills:

Proven community development experience  
Confident fundraiser in the not-for-profit sector  
Strong leadership and management skills  
Excellent communicator  
Proven commitment to the Treaty (Te Tiriti o Waitangi)  
Connected to North East Valley (desirable)

\*This role could also be potentially combined with our administrator position  
For more information contact Ian Telfer at [ian@northeastvalley.org](mailto:ian@northeastvalley.org) or 022 082 5120  
To apply please email a cover letter and CV by 5pm Friday 11 May



## Administrator

The Valley Project is seeking an experienced bookkeeper to run the organisation's accounts and administration.

This position is 10 hours/week for 12 months initially

### Key tasks:

Manage all day-to-day financial transactions, billing and bookkeeping in Xero accounting software  
Administer the project's grants and funding administration  
Run the payroll system  
Keep the project's office administration and filing running smoothly

### Required skills:

- Strong bookkeeping (Xero) experience and skills
- An experienced administrator
- An excellent communicator
- Community-minded
- Connected to North East Valley (desirable)

\*This role could also be potentially combined with our leader position  
For more information contact Ian Telfer at [ian@northeastvalley.org](mailto:ian@northeastvalley.org) or 022 082 5120  
To apply please email a cover letter and CV by 5pm Friday 11 May



# Laughter, exercise and meditation with free-loading 'fluffy-butts'



*For Carla Sanders, spending time in her Pine Hill garden with her "fluffy-butt" heritage chickens is a great way to get some fresh air, sunshine, exercise and reflective and meditative time. It was a hobby that began after a chance visit to a bird show three years ago . . .*

I'M GOING down the garden to dig worms and I have a confession to make. I'm a hatchaholic.

I'm a valley girl and my hobbies include being a backyard farmer of little fluffy-butt chickens.

Keeping poultry brings balance to my life, which helps me to be able to do what I do as a nurse. It keeps me grounded and keeps me connecting with people. You have to be resilient and have a sense of humour.

My flock spends most of its day surrounded by kākābeak, harakeke, horoeka and my large rhubarb plant. I have a big compost area and I find being outside and digging worms brilliant exercise.

*A bird does not sing because he has an answer. He sings because he has a song. —Anglund, 1967*

After a busy day I sit outside with my girls. I stop. I rest, breathe in fresh air and enjoy sunlight. I reflect and meditate and this is one thing I do to keep well. My neighbour calls it 'the good life'.

My hens crack me up with their mannerisms and funny pecking order. I say they are mostly freeloaders as I don't get that many eggs.

It was a cold winter's afternoon three years ago that I went down for a look at the bird show. My eyes opened and so did my boot

of my car.

When I got home my husband asked, 'What's in that box?' – and not long after, he built me two large hen houses.

I was able to borrow a roo (rooster) from another club member and successfully hatched beautiful Pekin Bantams and Chinese Silkie chicks. They are so friendly you can pick them up.

On behalf of the Dunedin Poultry Pigeon and Cage Bird Club, we warmly invite you to our Annual Bird Show and Bird Sale. Please bring your friends and family. We will have a sausage sizzle and hot cuppa available.

The show opens on Saturday 26 May at 1pm and on Sunday at 10am at the Forrester Park Exhibition Centre.

If you would like a show schedule, contact our club secretary Charlie Wilson on [charlie.wilson@xtra.co.nz](mailto:charlie.wilson@xtra.co.nz)

Say YES to a new adventure! I look forward to seeing you there.

—Carla Sanders 🐔🐔

## Free Zen meditation course

The Dunedin Zen group is offering a free course in Zen meditation at St Martin's Church in North East Valley.

The course runs on Mondays until June starting at 7pm. Although it started this month, people are still welcome to join. The regular Zen group meets on Wednesday nights at 7pm. Go to [dunedinzen.wordpress.com](http://dunedinzen.wordpress.com) for more information.

# Open day at workspace for Techweek

BY THE time you are reading this the Loom Room will have had its official open day and welcome to the Valley Community Workspace.

After months of hard work Christine Keller and Sam Patrick, helped by other volunteers, especially Mark Calvo, Roman Solomatenko and Steve Ward, have transformed this end of the old automotive museum into a beautiful weaving workshop.

Saturday 26 May is the Techweek open day for community workshops and Makerspaces around New Zealand. At the community workspace we will be demonstrating our equipment and techniques for surface mount soldering.

All are welcome to call in from 1–5pm at 11 Allen Street.

Also, Alex King from LinuxWorks has moved into our co-working space. We are looking for more members who would like to share a hot-desk with us in an electronics workshop.

\$30/week.—Kristen Bracey



Tim Bishop at the Makerspace at the Valley Community Workspace.

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*Documentary co-director and musician Phil Davison performs alongside the Sounds Nor'Easterly choir for the film, 'Dealin' with the Devil', which was co-directed by North East Valley photographer and film-maker Sue Marshall.*

A FEATURE film that includes a concert performance by the North East Valley choir, Sounds Nor'Easterly, has been selected for the Doc Edge International Documentary Film Festival and will premier in Wellington and Auckland during May.

What is so impressive is that the film has been selected from over 900 entries.

*Dealin' with the Devil* is a film produced, directed and edited by a Dunedin film partnership, North East Valley's Sue Marshall and Phil Davison.

Sue was instantly attracted to the project by the obvious passion that Phil and many others had for ensuring that the life and music of Kiwi blues musician, Ralph Bennett-Eades, took a permanent place in New Zealand's music folklore.

Ralph regularly played in Dunedin, and Phil is a well-known musical identity in the valley.

"I think the film succeeds because it's a very personal statement: it's a very heart-felt film, and, just like life, it's both funny and tragic," says Phil.

Sue says the choir performed perfectly. "Asking the choir to contribute their time for rehearsing and performing in front of cameras was a gamble but everyone was keen. Clare Adams, the choir master, spent many hours ensuring the sometimes difficult music score was performed perfectly."

Dunedin audiences should be able to View on Demand during the festival via the website and, fingers crossed; it will be screened in Dunedin later in the year.

## Sewing brings community together

SEWING IS being used as a tool to help bring community together 'one stitch at a time' to make a bag library of quality, reusable shopping bags and to help people upcycle their garments into favourite pieces.

Stitch Kitchen, formerly known as Just Atelier, is running a community pop-up workshop at the Valley Project on the first Saturday of each month.

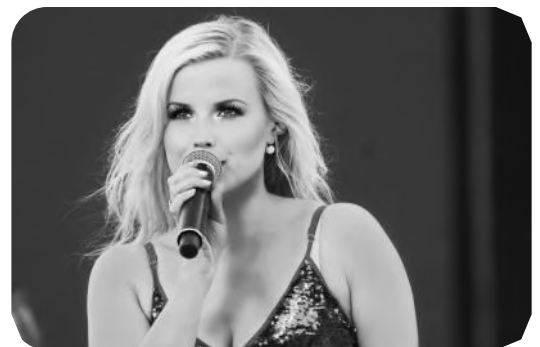
Mornings are dedicated to the Bags for Good sewing bee, while the afternoons are all about Mend and Make Awesome. Bags for Good is a project to sew reusable bags from upcycled material to create a 'bag library' from which people can borrow a bag if needed and return it on their next visit to the shop. The plan is to trial the bag library at Black's Road Green Grocer once enough have been made.

Following straight on from this is another community pop-up of the regular Sewcial workshops held in Stitch Kitchen's central-city studio. You can join the 'repair revolution' with our friendly team of experienced menders and upcyclers, and get inspiration and practical help to turn clothing flaws into favourite features.

Bags for Good runs from 10am-1pm and Mend and Make Awesome from 1pm-4pm. Community members are welcome to join either or both workshops at the Valley Project community rooms at the top of the North East Valley Normal School carpark. Find out more at the Facebook event pages.

Donations of fabric and/or sewing thread are welcome. If you can't join the Bags for Good workshop but are keen to sew for the project, email [bagsforgood@gmail.com](mailto:bagsforgood@gmail.com) for a pattern, sample bag and instructions.

## Ten Tenors tour for former Opoho singer



*Dunedin singer and performer Sophie Morris, who grew up in Opoho, will be the first female to join the Australian-based, classical-based contemporary music group, the Ten Tenors, on a New Zealand tour.*

*Sophie trained in operatic, classical and musical theatre, and promoters say her "stunning voice will add a contrasting element to an already amazing show".*

*The Ten Tenors will be performing throughout*



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# STEEP combines tea, coffee and location

IT MIGHT have new owners and a new name but the café inside the old post office building on North Rd is still serving the same great GRID coffee.

The new name, STEEP Café, is simple pun that incorporates the words coffee, tea and the café's location close to the steepest street in the world, Baldwin St.

Co-owner Martin Haanen says he has a passion for supporting local business. While their coffee beans are imported, the coffee is freshly roasted by the GRID in Dunedin.

The café owners are currently looking for community feedback on their new logo designs with an opportunity to win a newly-designed Baldwin St t-shirt. They are also doing some redevelopment inside the café to help with extending their food menu and expanding their range of merchandise for tourists visiting Baldwin St.

STEEP Café sells both GRID blended coffee and their own Royal Thai Coffee. The Royal Thai coffee is roasted from single source AA graded Arabica organic coffee beans, which are hand picked to avoid waste and harvested from family farms in the mountains of northern Thailand.

"People say Fairtrade, but our Royal Thai Coffee is better. What is special is we know the farmers personally." The coffee also has a strong connection to the King of Thailand who helps farmers in the area grow non-opium crops to promote family welfare and only allows each family business to hold single small blocks of land so they cannot be bought up by large corporations.

Martin's business partners Donald and Suzanne Lewis have their own charitable trust operating in Chiang Mai in northern Thailand which is how the coffee connection came about.

"There is a lot more story to tell inside STEEP Café," says Martin. "Come on in and watch the story unfold."

Former GRID owners Nicky van der Jagt and Gavin Mockford moved the GRID Coffee Roastery to a new premises in Eglinton Rd to enable them to concentrate more on coffee roasting rather than the café side of the business.



*STEEP Café co-owner Martin Haanen enjoys a coffee at the recently re-named café in the old post office building near the steepest street in the world, Baldwin St.*

## Opoho Church Fair

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*&*

*especially cool Clothes*



### Sales/marketing

The Valley Project is seeking a contractor to promote our existing social enterprises to engage our community and generate funding to support our projects and activities. These include the Valley Card, Valley Voice advertising and developing merchandise to promote our community.

#### As a contractor:

- You will develop ideas and strategies to promote and sell the Valley Card
- You will increase advertising in the Valley Voice
- You will investigate social enterprise ideas
- You have a connection with North East Valley
- You are creative, dynamic and engaging
- You have skills in sales, marketing and design

This role will be 10 hours/week for a six-month period + a commission on Valley Card sales and new advertising.

To apply please submit a two-page proposed sales and marketing strategy and a CV by 5pm Friday 25 May.

For more information, or to discuss your ideas, contact Rob Thomson on [robthomson@northeastvalley.org](mailto:robthomson@northeastvalley.org)





# Atmospheric escalators in the valley

ON WARM summer evenings when we eat in our sunroom, Mr Jack, who is far more observant than me, will often say, "Hey, look at those birds up there, catching a lift!" – and I'll look up to see birds spiralling above the valley.

It's hard to see what sort of birds they are as they are so high up, but any bird twitcher will tell you they are soaring birds – karoro (black-backed gulls), tarāpunga (red-billed gulls), and kāhu (native harrier hawks).

But what sort of atmospheric escalator are they catching a lift on? Birds will often make the most of ridge-lift – riding on air that is being blown up over a hill, and there are plenty of those around here.

But these birds are circling around the middle of the valley, which makes me think they are catching a thermal. Not the kind that you recently had to fish out of the cupboard for the first time since September, but the meteorological kind.

Thermals are rising air currents created when the ground is warmed by the sun. The warm ground heats the air directly above it, and because the warm air is lighter than the cooler air around it, it rises up as an invisible column.

Calm weather in the summer is the ideal time for thermals to form over dark surfaces like open areas of asphalt or newly ploughed fields. There aren't many large areas like this in the valley, but perhaps the small quadrangles of asphalt at North East Valley Normal School or the dark bitu-

men strips of North Road and the roads around Selwyn Street create enough heat to form small thermals.

The other thing I wanted to know was: where are these birds coming from and where are they going to? Like humans, the gulls often come into town for dinner, and will use a thermal to catch a free ride back up and over the hills to their nests along the coast.

The harriers, on the other hand, are likely to be opportunists passing through town looking for tucker, on a beat that can stretch for hundreds of kilometres. Individual harriers have been tracked travelling the length of New Zealand.

Harriers are relatively recent New Zealand colonists, arriving here from Australia after human settlement, and they are one of only a handful of native bird species thriving today.

Harriers are designed for using thermals and hunting from above, and we provide them with lots of dead stuff to eat, like road kill and unfortunate farm animals.

Winter and duck-shooting season arrive hand-in-hand; there will be few or no thermals to catch, but I'm sure the harriers will be using what ridge-lift they can to catch a ride inland to clean up the shooters' leftovers. —

*North East Valley scientist Helen Jack*

*\*Thanks to Chris Rudge at Aviation Adventures Ltd in Twizel and Graeme Loh, Dunedin ornithologist, for thermal and bird chats.*

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**Plunket's Vision**  
In the first 1000 days we

**Dr Matthew Hamilton**

Welcoming New Patients



Dr Hamilton is warmly welcoming patients into his new centrally located practice on Albany Street.

To register come down or call for more info

**Albany Street Medical Centre**  
477 8812  
29 Albany St, North Dunedin



email [voice@northeastvalley.org](mailto:voice@northeastvalley.org)




**Valley Copy Centre**

convenient local support your community

Print or photocopy at the community rooms  
262 North Rd  
[voice@northeastvalley.org](mailto:voice@northeastvalley.org)

Need an MP?  
**David Clark**  
MP for Dunedin North

03 474 1973  
32 Albany Street, Dunedin  
[david.clark@parliament.govt.nz](mailto:david.clark@parliament.govt.nz)  
[fb.com/DavidClarkMP](https://www.facebook.com/DavidClarkMP)







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# Website a new way to connect

# pikaado

Calendar View  
Post a Profile

COMING TO YOUR TOWN SOON!



## TOWARDS ZERO WASTE WITH SARAH

I aim to send nothing to landfill and create minimal recycling, while still being as normal as possible. My husband and I made about 40L (one small DOC bag) of rubbish last year. We put out our recycling bin about twice a year. All it took were some changes to the way we live and they are so achievable. Three years ago, I was worried about whether I could do anything more for the environment. I learned about something called 'zero waste' and something just clicked - this was what I was looking for! I've been doing it ever since. I love inspiring other people to reconsider how they live in a non-judgemental way to tread more gently on the planet. I think it's really important to take little steps and make them habits rather than trying to change everything overnight.

BOOK YOUR SPOT

A NEW website that features local workshops and skill-sharing sessions, [www.pikaado.com](http://www.pikaado.com), has been launched in Dunedin.

Pikaado is a way to share knowledge, connect local communities and meet people who are interested in the things you are. The site is for hobbyists sharing an interest, a new income stream or marketing method for your business, or just a way to meet new people.

Hagar Ozri, The Organic Cook, has sold out her Vegan Cooking for Newbies workshop at the Valley Project community rooms next month, and another valley listing is a zero-waste workshop coming up in June at the community rooms.

## New SPACE group starts this term

SPACE (Supporting Parents Alongside Children's Education) is a programme to help support new parents through the first year of a child's development. A new group starts this term and will be held on Mondays from 12.30pm-2.30pm at the Valley Baptist Church. If you are pregnant and due this term get in touch to join a new course next term. Contact [space.valleybaptist@gmail.com](mailto:space.valleybaptist@gmail.com) for more information.

## community gardens

### NORTH EAST VALLEY

The top paddock behind North East Valley Normal School, working bees every weekend, alternating Saturdays 9am-noon and Sundays 1-4pm, all welcome.

May dates: Sun 13 May, Sat 19 May, Sun 27 May, Sat 2 June.

### PINE HILL

Dalmore Reserve entrance on Allenby Ave. Working bee dates on Facebook page: Dalmore Reserve Bandit Gardeners. Contact [dalmorecommunitygarden@gmail.com](mailto:dalmorecommunitygarden@gmail.com)

## church services

**Salvation Army**, 43 North Rd, community worker only, Mark O'Donnell

**Sacred Heart Catholic**, 89 North Rd, Mass 9.30am

**Glenaven Methodist**, 7 Chambers St, 11am

**Pacific Island Presbyterian**, 160 North Rd, English 11am on 1st, 2nd and 3rd Sundays; Cook Island 9.30am; Samoan 11am, 4th and 5th Sundays

**Anglican: St Martin's**, 194 North Rd, 10.45am

**St Thomas'**, Raleigh St and Pine Hill Rd, children & family service, 4.30pm, 3rd Sunday

**Opoho Presbyterian**, 50 Signal Hill Rd, 10am

**NEV Presbyterian**, 224 North Rd, 9.30am cafe service

**St Mark's Presbyterian**, 304 Pine Hill Rd, 10am

**NEV Baptist**, 270 North Road, 10.30am.

## for families, kids & teens

### ATHLETICS & HARRIERS

Children 3-6yrs and 7+yrs, Chingford Park Clubrooms, 5.30-6.45pm, Mon, and Caledonian grounds, Sat morn. [www.leithharriers.co.nz](http://www.leithharriers.co.nz)

### CHINESE FOR KIWIS

Bear Cats Club and Chinese ABC playgroups for children to learn Chinese. Tues, 3.30-4.30pm, Pine Hill School, 11 Hislop St. Ph 021 589 075 or [www.chineseforkiwis.co.nz](http://www.chineseforkiwis.co.nz)

### DUNEDIN TOY LIBRARY

A vibrant toy library for children from birth to 7 years. Huge range of toys, ride-ons, dress ups, puzzles, games. St Martin's Hall, Northumberland St, 10-11am Wed, and 10-11.30am Sat.

### GIRLS BRIGADE

Dunedin Girls Brigade Company, all girls, from age 5 up welcome. 6-7.30pm, Wed, St Marks Presbyterian Church Hall, 304 Pine Hill Rd.

### MINI MUSIC GROUP

Preschool music and movement session, 9.15-9.45am, Mon, Nga Maara Hall, Sacred Heart School, school terms, gold coin. All welcome.

### MT CARGILL GIRLGUIDES

Pippins, brownies, guides and ranger groups in the valley. Ph. 0800 222 292 or [info@girlguiding.org.nz](mailto:info@girlguiding.org.nz)

### OPOHO PLAYCENTRE

Sessions for 0-6 year olds, 9am-noon, Mon-Fri, school terms, 28A Signal Hill Rd. Visitors welcome. For more info ph. 473 0819 or email [opoho.playcentre@yahoo.com](mailto:opoho.playcentre@yahoo.com)

### OPOHO SCOUTS

Keas, 5.30pm-6.30pm, Tues; Cubs, 6pm-7.30pm, Thur; Scouts, 7pm-8.30pm, Wed. Opoho Scout Den, Ph. Kevin 0800 SCOUTS.

### PLAYGROUP

Leith Valley Church, Malvern St, 10am-noon, school terms. Ph. Julia 027 635 8181.

### PRESCHOOL MUSIC

At Opoho School, 9am-9.30am, Fri, during school term, Room 3, gold coin, drop in, Ph. 473 8019.

### SPACE PROGRAMME

Programme to support new parents through first year of child's development (Supporting Parents Alongside Children's Education). Valley Baptist Church. Contact Amy on 473 0014 or [space.valleybaptist@gmail.com](mailto:space.valleybaptist@gmail.com)

### NEV PLAYGROUP

Come along with your children 0-4 years, Baptist Hall, 270 North Rd, 9am-3pm, Tue, Wed. Ph Michael 473 0572.

## SUNDAY SCHOOL

Variety of classes with stories, crafts, songs and more. Ages 4-18, 9.30am Sun mornings (term time only), DNI (tech area). All welcome, no charge. Ph. 020 4079 5727 or [www.dunedinchristadelphians.org](http://www.dunedinchristadelphians.org)

## RUDOLF STEINER

Dunedin Rudolf Steiner playgroups, Te Whare Ako Marie, Pinehill and Maia. A sanctuary of creative play for children from birth to kindergarten and a place of peace and friendship for parents. Groups meet weekly, term time. For more info contact 471 2163 or [dunedin-steinerplaygroup@gmail.com](mailto:dunedin-steinerplaygroup@gmail.com)

## YOUNG PARENTS

Young Parents Group Te Roopuu Maatua Maahuri, where young parents come together to share and support each other. For parents who had their first child before 26 years. Children welcome. 1-2.30pm, Thurs, community rooms. Ph Emma 021 125 0850.

## TINKER SCHOOL

Afterschool courses, Mon-Fri, 3-5.30pm, 347 North Rd. Ph Andrew 021 982 216.

## fitness & health

### CONTRA DANCE

7.30pm, Mon, \$2, 52 Dundas St. Ph. 473 8640 for more information.

### DUNEDIN ACROYOGA

Combining acrobatics and yoga, no partner needed. Beginners classes available. 6-9pm, Tue, Opoho Presbyterian Church, 50 Signal Hill Rd. Facebook or email [jooske@gmail.com](mailto:jooske@gmail.com)

### DUNEDIN BMX CLUB

Race night, Forrester Park BMX track, 6pm, Thur.

### FOLK DANCING FOR FUN

Baptist Church, 270 North Rd, 10am-11.30am, Fri, \$4. Ph Yvonne 455 2406, [stured1@yahoo.co.nz](mailto:stured1@yahoo.co.nz)

### LEARN TAEKWONDO

Korean martial art, supportive environment, family friendly. Training Mon, Thur, Pine Hill School hall, 6-7.30pm. For more details and to register email [dunedinolympictkd@hotmail.co.nz](mailto:dunedinolympictkd@hotmail.co.nz)

### NAKAJIMA JUDO CLUB.

Weekly evening class for all levels and ages. Ph. Keri 021 027 93683.

### QIGONG

Classes in Yuan Gong, Ans 027 756 8383, [yuangongdunedin@gmail.com](mailto:yuangongdunedin@gmail.com) Jay 027 584 4537, [www.bodymindqi.com](http://www.bodymindqi.com)



PLEASE RECYCLE THIS NEWSLETTER - PRINTED ON CARBON NEUTRAL PAPER

# Classifieds and community notices (for non-profits)

## DUNEDIN ELECTRIC BIKES

shiny, new & recycled ebikes  
Valley Community Workspace  
11 Allen St  
Tues-Thurs, Sat 9am-2pm  
Fri 9am-5pm. Message us on Facebook  
or ph Nathan Parker 027 214 8294

## PARKRUN

A free, weekly timed 5km run/walk, Sat, Botanic Gardens. Meet at café, 8am summer, 9am winter. Go to parkrun.co.nz for more info.

## SPAN NEV

Stretch'n'flex, low-impact exercise, fun and friendship, community rooms, 262 North Rd, 10am-11am, Tue, over-65s, \$4. Ph 4739311. Last class end Nov, restart in Feb.

## SPORTS AEROBICS

Competitive aerobics and casual fitness classes. No previous experience required. Training held at DNI Fri and Sun. Working towards NZCAF regionals next August. Contact Rebecca rebeccafishernz@yahoo.co.nz

## STEADY AS YOU GO

(Age Concern) Gentle balance and strength exercises, NEV Baptist Church, 10.30am-11.30am, Mon, and Pine Hill School Library, 11am, Thur.

## TANNOCK GLEN

The 3.5acre garden of the Dunedin Rhododendron Group is situated in Torridon St, Opoho. Members of the public are invited to visit at any time. Dogs permitted on a lead.

## THREE LEFT FEET

Social dance group, no experience or partners necessary. European dance-folk and traditional, \$5 or \$7.50/couple, Nga Maara hall, 6pm-7pm, Thu. Ph. Marilyn 473 7829.

## YOGA IN THE VALLEY

Instructor Adair Bruce, 6-7pm, Mon-Fri, DNI designspace; 9.15-10.15am, Mon, Wed, community rooms. \$10 waged, \$8 unwaged, for more info contact adairbruce@hotmail.com

## ZEN MEDITATION

With the Dunedin Zen group. Meet 7pm Weds, St Martin's Church in the downstairs room. Free introductory course Mon at 7pm.

## further education

### COMPUTER CLASS

A free class to learn how to use computers, 10am-noon, Weds, community rooms.

### FREE LITERACY COURSE

For more information contact Ana & Marg at Literacy Aotearoa, 477 2055.

## Want health, wellbeing and relaxation?

Yuan Gong Qigong exercises are easy to learn, effective & enjoyable

All welcome

## LEARN ITALIAN

Planning a trip to Italy this year? Fun, communicative lessons Ph. Samantha 021 0831 8408.

## INDOOR BOWLS

Play indoor bowls at the NEV Bowling Club, 139 North Rd, Thurs, 1.30pm start. Ph. Jack for more info 473 9565.

## ITALIAN CLASSES

Exp teacher, native speaker of Italian ph Antonella 027 341 8312, 473 0832 antonella.vecchiato@gmail.com,

## LEARN ENGLISH

English for daily life and work. Free and low cost courses. Contact Tamara or Felicity at English Language Partners 455 5266, dunedin@englishlanguage.org.nz

## SEA OF FAITH

St Johns Church Hall (cnr Wright St and Highgate), 6-7.30pm, third Thur each month. Enquiries ph. 473 0031.

## art, craft & music

### ART CLASSES

For all levels, casual attendance welcome, tutor Anneloes Douglas, community rooms, 10am-noon, Thur and 6pm-8pm, Fri. Ph 027 307 7034, 467 9993, anneloes.douglas@xtra.co.nz

### ART CLASSES

Continuous class, newcomers welcome, 1-3pm, Wed, community rooms; 1-3pm, Thurs, St Peter's Church Hall, Caveisham; 7-9pm, Thurs, Logan Park High School, \$15 per session. Ph Friederike 482 2025.

### KNITTING SQUAD

BYO knitting or crocheting, or come & learn, community rooms, 1pm-3pm, Wed. Ph Marjory 473 7751.

### ART FIBRE DUNEDIN

Bring lunch and requirements, 10am-3pm, second Sun each month, community rooms, Ph Viv 473 0343, www.artfibredunedin.blogspot.com.

### DUNEDIN FIDDLE CLUB

Community rooms, 7.30pm, Wed.

### MUSIC LESSONS

Guitar, drums, singing, with professional musician. All ages. Contact Bevan bevan37@hotmail.com or ph 027 363 1376.

## SENIOR MUSOS

Retired musicians who put on music for an afternoon at the Normaby Bistro. Scones, jam & cream \$3, Thurs 17 May, 2pm.

## SOUNDS NOR'EASTERLY

Do you enjoy singing with a group? Why not join your local community choir? All ages and abilities welcome. DNI design lobby every Tues, 7.30-8.45pm. Email Clare for more info clare-n-don@clear.net.nz

## UKULELE SESSIONS

Wed, 7-8.30pm, Baptist Church, 280 North Rd. Just turn up or text Adrienne 027 389 2574 for more info.

## VALLEY BLUEGRASS JAM

Monthly jam session at the Normanby Bistro, Sun 20 May, 2pm.

## community groups

### BIBLE HOUR

Friendly small group Bible learning over morning tea, Sun, 9.30am, DNI (tech area) during school terms. All welcome, free, ph 020 4079 5727 or www.dunedinchristadelphians.org

### BIKE WORKSHOP

Get help, use our workshop, bikes available for koha. 3.30-7pm, Tues, and 9am-12.30pm, Sat, Valley Community Workspace, 11 Allen St. Contact Peter on peterd0n@yahoo.com

### DUNEDIN MAKERSPACE

Work on project, watch others and chat, 1pm-5pm, Sat; organised talks, 7pm, Thur, Valley Community Workspace, 11 Allen St

### ENLIVEN DAY CLUB

Ross Home, drivers and help with activities needed, light food preparation. Tues, Wed & Fri. Ph Maybank 473 0890.

### LADIES' PROBUS CLUB

Meets 10am, first Mon each month, NEV Bowling Clubrooms. New members welcome. For more info ph 455 6683.

### MEN'S PROBUS

NEV bowling club, 10am, 2nd Mon each month, new members welcome. Ph Don 473 7544.

### NORTH DUNEDIN SHED

New members welcome. Open Wed and Sat mornings Bonnington St over bridge. Ph Paul 474 0060 or find us on Facebook: North Dunedin Shed Society Inc

### MULTICULTURAL GROUP

Women's multicultural group, make new friends, speakers, cooking, outings. Community rooms, 10am-noon, Fri, ph Afife 473 8944.

## NEIGHBOUR SUPPORT

Create safer, more caring communities. For more info and local contacts ph Lois on 456 0857 or neighbourhoodsupport@gmail.com.

## REFUGEE & MIGRANT CENTRE

Mon, 9-11am, Dunedin Community House, 301 Moray Pl. Coordinator Afife, ph 027 419 3125 or email afife.harris@gmail.com To volunteer at centre please get in touch.

## TWILIGHT TINKERING CLASSES

Mon & Thurs, 7-9pm, 347 North Rd, Ph Andrew 021 982 216

## trading corner

### BABYSITTER AVAILABLE

Experienced 23 year old, have worked with children of all ages. Ph. Kelly 027 697 9194 .

### COMPUTER SERVICES

Trouble-shooting, tuition, low rates. Ph Dave 473 9542, 022 635 9414 or email davemaxz@actrix.co.nz

### KNIFE SHARPENING

Mobile knife sharpening service for house knives, \$15/knife. Ph. 022 416 5446.

### HOUSE-MINDER

House-minder avail to look after your house, pets & plants, late July onwards. 12yrs experience in Dunedin area. Ph Jeffrey 027 4467 915 or email jeffreyhobinson@yahoo.co.nz

### LOG SPLITTER FOR HIRE

Commercial power Briggs & Stratton Model 12000 Vanguard. Local pick up & delive with full tank, \$50/day. User responsibility, ph 473 0393.

### SENIORS HAIRDRESSING

Retired senior hairdresser providing service for seniors. Your home or mine. Dunedin North only. Ph. Helen 467 9644 or 021 104 1011.

### WANTED

For cash buyer, NEV area, sun side house with rural views (any condition) or building block. Contact by text 021 147 4075.

## COMMUNITY NOTICES

Community notices welcomed. Priority is given to groups and activities based in the Valley Voice readership area. Email voice@northeastvalley.org Please keep notices brief. They may be edited to fit the space. Please email if your listing needs updating or correcting.



## The Normanby Tavern

Bar open from 11am daily  
(open from 3pm Mon & Tues)  
Bistro open Thurs-Sunday  
Lunch 11.30am-2pm  
Dinner 5-8pm

**Kiwi Poker League**  
7pm Thursdays

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**Harcourts**

# Fashion feature for Opoho fair



*Fiona Stirling, left, and Bronwen Strang sort clothes for the Opoho Presbyterian Church fair on Saturday 12 May.*

THIS YEAR the Opoho Presbyterian Church fair is making a special feature of the clothes for sale. Instead of the usual art show, we are going to display the clothes in the church.

"We will festoon the church with fabulous fashions and fabrics," says Bronwen Strang.

"We want it to be a celebration of colour, texture and shape and all the creativity that goes into clothes. Of course, it is a celebration of recycling too, and it is an essential part of the Church's fundraising for the year."

The other fair stalls will be in the hall adjacent to the church. There will be espresso coffee and delicious snacks, hot soup and a sausage sizzle, as well as all the usual stalls including books, white elephant, toys, preserves, crafts and plants. This year there is a big range of jigsaw puzzles for sale.

The fair is at 11am on Saturday 12 May at the Presbyterian Church and hall in Signal Hill Road, Opoho. Do come along.—*Fiona Stirling*

**correction:** The last edition of the Valley Voice had the incorrect price for the Normanby Bistro's new roast menu option. A roast is \$15, not \$25.

## what's on

**Cosy Homes seminar**  
Info for landlords, property managers and rental tenants. Diesel's Bar and Bistro, North Rd, 7-8pm Friday 11 May.

**Opoho Church fair**  
Second-hand fashion, white elephant, plants, coffee and food at Opoho Presbyterian Church, Signal Hill Rd, from 11am, Saturday 12 May.

**trapbox workshop**  
Build your own rat and mice trapbox. Community rooms, 262 North Rd, 2-4pm, Saturday 12 May and Sunday 27 May.

**bird show**  
Annual Bird Show and Bird Sale hosted by the Dunedin Poultry Pigeon and Cage Bird Club at the Forrester Park Exhibition Centre. From 1pm Saturday 26 May and from 10am Sunday 27 May.

**open day**  
Techweek national open day for community workshops and Makerspaces at the Valley Community Workspace, 11 Allen St, 1-5pm Saturday 26 May.

**sewing workshops**  
Help create a re-useable bag library. Bags for Good workshop, community rooms, 10am-1pm, first Saturday each month. Followed by a Mend and Make Awesome afternoon workshop.



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[www.northeastvalley.org/work-with-us](http://www.northeastvalley.org/work-with-us)