

connecting our community whiria te taura tangata

f y

your local newsletter published by the Valley Project • **february 2020**

Share, give or take food



Nick Rutledge and his daughter Inara drop off meal packs they have purchased for others to take home from the new Valley Community Pantry. The pantry is a pilot project for community members to share, give and take food.

MORNINGTON RESIDENT Nick Rutledge and his 5-year-old daughter Inara have been putting together small food boxes with all the ingredients needed for one complete meal and leaving them in the South Dunedin community food pantry.

Now the pair have started to drop what they term 'kai-ndness boxes' into the new North East Valley community sharing pantry.

A vegan himself, Nick goes shopping with his daughter to put together the ingredients needed to create a complete vegetarian meal for either breakfast, lunch or dinner with a recipe if needed.

"There is such a need in the community," says Nick. They left their first lot of food boxes in the valley pantry last month and it was all gone within a few hours. "I think I have been very lucky that I have a comfortable life and I want to make sure that other people have the same things I have. I

don't want to live in a community where kids and people are hungry."

Nick says his daughter loves doing it with him and he sees it as a way for them to help the community, the environment and animal welfare.

The new valley sharing pantry is a pilot project as a place for community members to leave, share, swap and take excess food. The pantry was built by members of the North Dunedin shed, with all the supplies to build it donated by Bunnings. It was painted by students and community member Kaitrin McMullan.

Valley Project community worker Charlotte Wilson says the idea behind the sharing pantry is that it is easily and openly accessible to everybody to leave or take food. People can drop off excess produce from their garden or drop off other non-perichable food.











Valley Voice editor moves on

THE AMAZING community and the fantastic crew at the Valley Project are what *Valley Voice* editor Edith Leigh is going to miss the most when she moves on from a role she has filled for almost six years.

I've met loads of inspiring community members who give so much to their community, during my time here, says Edith.

Edith is moving on to go full-time in her own business, Edith Leigh Photography (you may have noticed some of her pictures in the *Valley Voice*). Her own work photographing families and pets has been getting busier, and balancing the two jobs has been a challenge this past year, she says.

During her time with the *Valley Voice* Edith redesigned the newsletter to give it a fresher, more modern look and feel, expanded it from 8 to 12 pages (fitting all the stories in every month became too challenging), and kept the editorial content hyper-local so it was all about the valley area and the people who live here.

Valley Project executive board chair Ian Telfer says Edith has made a huge contribution to the Valley Project. "She has made the *Valley Voice* into the envy of the city as a local newsletter, in the way it connects, informs and resources our community. It will be hard to replace her many talents and skills, but we thank her and wish her all the very best."



Valley Voice editor Edith Leigh is moving on after almost six years of putting together the monthly community newsletter.

Before she leaves Edith has special thanks for all those people who help behind the scenes to ensure the *Voice* gets out to 3600 mailboxes every month. In no particular order, an extra huge thank you to Kaitrin McMullan and Naphtali who volunteer their time to deliver the newsletter to all the businesses; Helen Jack who reliably sends in an awesome science and valley-related column every second month; Mark Dyer who spent many, many hours babysitting the printer; and Imogen Coxhead who proofreads all the content every month (and has been doing so since before Edith started).

You can find out more about Edith's photography on her website edithleighphotography.nz

Volunteer work inspires further study on web development

VALLEY PROJECT reception volunteer Yoko Kurata has been inspired to study web development after learning how to help out by updating the project's website.

Yoko has been a volunteer receptionist for more than a year with the Valley Project. In that time project staff have given her some training so she could help out by doing a lot of work to update our website, which included uploading all the new blog posts after each *Valley Voice* publication, correcting and updating information, and formatting all the text and pictures to make them consistent across the site.

"We wish Yoko all the best with her studies and we're really going to miss seeing her every Tuesday," says Valley Project manager Tess Trotter.

If you are interested in a volunteer opportunity to come and help out on reception at the Valley Project, please contact Tessa on admin@northeastvalley.org or phone 473 8614. This role is a great opportunity to meet some new people, make friends and gain some work experience if needed. Our reception volunteer team generally helps out one day a week between 10am and 2pm.



Volunteer receptionist Yoko Kurata helping out with the Valley Project website.

The Valley Project is a registered charitable organisation If you like what we do you can donate at www.givealittle.co.nz/northeastvalley

valley voice editor Edith Leigh distribution 3700 copies per issue online www.northeastvalley.org readers 7400 approximately advertising (03) 473 8614 copy deadline 15th of the month prior

T (03) 473 8614

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f facebook.com/valleyproject

@valleyproject

262 north road north east valley dunedin 9010

postal address

p o box 8118 • dunedin 9041



reception hours

Monday - Friday 10am-2pm 262 North Rd CLOSED DURING SCHOOL HOLI<u>DAYS</u> Children bring Christmas cheer

CHILDREN FROM schools and early childhood centres in the North East Valley area gave back last Christmas by delivering handmade Christmas cards and singing songs at Ross Home.

Valley Project community worker Charlotte Wilson says the residents were clearly delighted and asked the children lots of questions, a favourite one being what they hoped Santa would bring them for Christmas.

Children from Pine Hill School, Opoho School, North East Valley Normal School, Sacred Heart School, BestStart Montessori Gardens and Islington Early Childhood Centre all made cards that were individually addressed to residents.

Inaugural Summer School

THE FIRST community classroom has been a great success in terms of what was on offer and the feedback from students. Attendees from the Film Night and Essential Oils for Emotions class remarked on how lucky they felt that this project has launched here in Dunedin, and were amazed by the great range of classes and talks on offer.

Danish cooking, singing, kids yoga, photography, organic gardening, sewing and the electric bike talk were all popular workshops, says organiser Melissa Pronk.

"It was particularly nice to find tutors willing to hold classes for koha only, and helped to ensure there was something for everyone." The aim of the summer classes is to be as inclusive as possible within the community, with classes ranging from koha to \$500 (a seven-day weaving course).

Our challenge now, is to spread the word to increase attendance across all classes and grow the school for next year. We also hope to find ongoing sponsorship from local businesses, so that Community Classroom may continue to flourish and be a positive part of our community.

Those who want to be sent a schedule for next summer can join our mailing list at communityclassroom.co.nz.

Social housing plan

DUNEDIN NORTH Anglican Parish (which includes St Martin's Church NEV, All Saints' Cumberland St and St Thomas' Pine Hill) is working with Habitat for Humanity to develop social housing on the site of St Martin's Hall in Northumberland Street.

The back part of the hall doesn't meet earthquake standards and we haven't been able to use it for a couple of years. The front part of the hall has been used by the Dunedin City Toy Library until recently.

Habitat and the parish are considering options for the site and we hope to build some one- and two-bedroom units. We are sad to demolish the hall but the parish has decided that we can best serve the community by providing social housing rather than restoring the hall. We hope the plan will progress in 2020.—Rev. Canon Michael Wallace, Dunedin North Anglican Parish



Children from BestStart Montessori Gardens Early Childhood Centre deliver Christmas cards to residents at Ross Home at the end of last year.

Printer woes cause delay



You may have noticed that it's an unusual time of month to receive your Valley Voice in the letterbox.

Unfortunately, our printer has been rather unwell, causing a significant delay in us going to print this month.. This is a circumstance well beyond our control, but we would like to express our gratitude to local Sam Patrick who has once again gone above and beyond the call of duty servicing the machine

We hope you enjoy this welcome back issue, and keep your eyes peeled for the March issue due out at the beginning of March

If you have story ideas or contact for March, please remember the deadline is the 20th of February.

Thanks for your support!

News Low-cost counselling service

A LOW-COST counselling service is now available in North East Valley.

Dunedin counsellor Wendy Allan offers individual and relationship counselling for adults from the Valley Project community rooms.

Wendy is a provisional member of the New Zealand Association of Counsellors (the governing body for counsellors) with a degree in counselling, and has been practising for three years in a central city clinic.

"All of us face stuff at some time in our life, that's just life. Counselling is for when you are struggling to find the resources to keep dealing with life problems or when you want to make a change for the better but don't seem to be making headway. Counselling is about maintaining health, relationships and wellbeing."

Wendy Allan is passionate about her work and hopes this low-cost counselling service will improve accessibility for those who need it.

Session fees are based on a sliding scale of 0.1% of annual

income (eg. \$20,000 is \$20). For incomes over \$65,000, the fee is \$80.

Assistance is offered to access subsidies. Day and evening appointments are available by negotiation, and referrals can be made directly to Wendy or through a health professional.

For more information visit valleycounsellingservice.wordpress.com or email wen-



Dunedin counsellor Wendy Allan

dy@northeastvalley.org or phone 021 0298 0540.

Please note: The Valley Project kindly supports Valley Counselling Service. However, project staff do not offer counselling. Please direct all enquiries to Wendy Allan.

Road safety improvements

DUNEDIN City Council will be working on road safety improvements at Dunedin North Intermediate and Sacred Heart School this month.

Speed limits will be reduced to 40km/hr during school pick-up and drop-off times, with kerb buildouts and electronic signs to make drivers aware of the new limits.

Where this work has been trialled at other schools in the city, feedback suggests that it raises motorists' awareness that they have entered a school zone and must slow down.

The work is part of the council's city-wide school road safety programme aimed at reducing risk to pedestrians and cyclists from vehicles speeding near schools.

School of Music for the valley

AN EXCITING five years releasing her own EP and sharing her knowledge with others has inspired indie pop artist Molly Devine to open a new music school in the valley.

Molly Devine's School of Music will be offering individual mentoring sessions, singing and song-writing lessons, recording packages and summer school programmes.

Molly has been working in the New Zealand music industry for the past five years and this year released her EP *Rain in the River*.

Recently she has been sharing her knowledge in programmes such as the Amped Music Project at Central Soundwave in Queenstown. She enjoyed it so much she was inspired to start her own school of music, she says.

The music industry is changing every day, says Molly, but as she prepares for new releases coming up this year she feels she "has her finger on the pulse", and she is excited to share her insights with the Dunedin musical community.



Indie pop artist Molly Devine has opened a new music school in the valley.

Molly has a Master's of Music in vocal performance. She has attended conferences, had one-to-one mentoring from MMF, Nic Nak Media and Establish Music, been on two national tours, and performed in all three Tally Ho! concerts at Dunedin Town Hall. Her old band, The Station Agents, supported Dr Hook, Creedence Clearwater Revival and the Little River Band at Gibbston Valley Summer Concerts.

shop eat arink services

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146 Norwood St, NEV (03) 473 1334 A Presbyterian Support Otago service



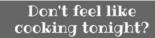


indoor plants local ceramics stockist of MILD Open Wed-Sat 11am-3pm 6 Blacks Road, NEV [6] [7] /residenceonblacksroad



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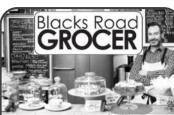
market fresh flowers giftware

19 North Rd 473 9292

Saturday: 9am-2pm

Ph Nathan: 027 214 8294

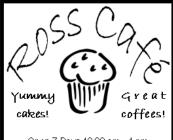
bouquets ready to go made to your choice



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Backyard Ecosanctuaries

2020 IS shaping up to be an exciting year for Open VUE (Open Valley Urban Ecosanctuary) with the launch of our 'Backyard Ecosanctuaries' project.

The project will be based around community learning and enhancing backyard biodiversity in the Lindsay Creek catchment. Keep a lookout for a community buzz (consultation) session coming up!

The Backyard Ecosanctuaries project is an expansion of our previous in-schools backyard biodiversity programme, and has been made possible thanks to a \$20,000 grant from the Otago Regional Council ECO Fund. What a great way to finish the year, to receive this funding and support – such an awesome Christmas present.

The new decade has got off to a great start for Open VUE. With help from a few Unicrew student volunteers, we were able to prepare the propagation nursery behind the Blacks Road grocer for the upcoming seed propagation season.

Now we are on the hunt for native seed that might be growing in backyards. We will post a blog on the Valley Project website with all the details about how to identify and collect particular seeds.

We also hosted a native plant identification walk through Chingford Park with a couple of our friends from Orokonui Ecosanctuary as part of the Dunedin Summer School. This was an awesome opportunity to share knowledge and connect with community members. We are so grateful for everyone who attended (see pictures on the back page). If you are keen to keep in the loop about the Backyard Ecosanctuaries project, or would like to be on our email list, please be in touch with me at openvue@northeastvalley.org.

kids' corner

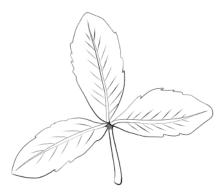
THE SEEK app from inaturalist is a fun way to explore outside using image detection on your (or your parents') phone.

Download the Seek app through the App store or Googleplay then go outside and 'shoot' something you find in nature!

Take a picture and identify what you find to earn badges.

You can find out more about the app at inaturalist.org/pages/ seek_app

We would also love to see your photos. Upload them to our Open-VUE Facebook group with the hashtag #OpenVUE or email them to openvue@northeastvalley.org



Can you find a tree with leaves like this in your own garden and record it on the app? This is called 3-finger or orihou in Māori.

Drawing from Madison Kelly at Orokonui Ecosanctuary.

Garage Sale

THE START of a new year is an opportunity for a clean out of

items that can be upcycled and appreciated.

Opoho Church members and friends have been assembling a wide range of high-quality furniture, cooking, garden and household items plus some classy clothes and books.

Come and enjoy our church gardens and company at the Opoho Church Garage and Book Sale.
On Saturday 22 February, 9am-noon, Opoho Church, 50 Signal Hill Road.

Fiddle Club

THE DUNEDIN FIDDLE CLUB (aka Scottish Fiddle Orchestra) meets on Wednesdays at the NEV Community Rooms next to the Valley Primary School on North Rd. at 7:30pm. You can access most of the repertoire here. New players are always welcome, even if you're just passing through. Email convenor Anna Bowen with any enquiries or just drop in.

Apology to Sacred Heart

THE ANNUAL SACRED HEART MONSTER GARAGE

sale went off this weekend, despite the promotion in the Valley Voice not going out in time.

Our sincere apologies to the team of volunteers at Sacred Heart who organise this wonderful fundraising event..

Congratulations to the school, parents and tamariki who put so much effort into this wonderful community event.

Sunday Sounds

SUNDAY SOUNDS at the Dunedin Botanic Garden bandstand will feature singer-songwriter Philip Fleming, who plays guitar and saxophone with pre-recorded backing tracks, on Sunday 9 February 1–2.30pm.

Sunday 23 February will see the garden reverberating with the country and honky-tonk sounds of Melissa Patridge and Dr Hyram Twang with a full band behind them.

Creating a spirit of communal worship

COMMUNITY KARAKIA is an initiative where we all get together and say karakia (prayers) from our own cultures, in our own languages and from our religious backgrounds – together as one unified community.

This builds community and strengthens our collective capacity. There are no rituals; no individual has any special role. Meetings consist largely of reading prayers and passages in an informal and respectful atmosphere.

A spirit of communal worship is generated by these simple gatherings, and this spirit begins to permeate the community's collective endeavours.

Proudly hosted by your local valley Baha'is, we could not be more pleased in creating a sacred space for all whānau to come together as one whānau, and pray together and be united in heart and in soul.

Today thousands upon thousands of such regular devotional meetings are held in localities throughout the world – in urban and suburban neighbourhoods, in hamlets and villages alike.



All are welcome! Welcome whānau! If you would like to recite/perform a prayer please contact Ash on 022 615 6115 so I can put you on the prayer setlist. Your prayer can be a chant, set to music etc. Let's make it as diverse as possible.

The date for our first instalment of Community Karakia is Sunday 1 March from 11.30am–1pm at the Valley Project community rooms. Please bring a plate for wee kakais afterwards.

Blessings all! Arohanui.—Ashkon Ashraf

trade directory

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A hidden world beneath our feet

SOIL. IT'S a bit underrated. It's, well, dirty, and unlike animals, plants and even rocks you can't

see it very easily so it is not as readily admired.

How often have you stopped and said, 'well, would you look at that gorgeous soil'!

But there is an entire amazing hidden world beneath our feet that is essential for life as we know it, so let's learn a bit more about it in 2020.

Soil is super important for two main reasons. Obviously, plants grow in it, which is what we and the things we eat, eat. (And plants are just magic in their own right.)

Less obviously, soil keeps our rivers flowing. Soil soaks up rain and then releases it slowly into our streams and creeks. If there was no soil, waterways would be dry, apart from when it rained when all the water would flow straight into them, creating a flood. A constantly flowing stream is much better than a dry-flooding-dry one.

I asked Trevor Webb, a soil scientist from Landcare Research, and David Barrell, a geologist at GNS Science, how our valley soils were formed. They explained that soil is formed from the underlying 'parent' rock, which is broken down into smaller bits over thousands of years through a process called weathering – by rain, by water freezing and expanding in cracks in the rock, by plant roots, and by animals like worms.

For us in the valley the predominant parent rock for soils on our steeper and higher slopes is the volcanic basalt that was spewed out of the Dunedin volcano 10–13 million years ago. But I was curious – I can see a layer of clay in the basement under our house and the soil in our vege garden is sometimes pretty gluggy. Where did that come from?

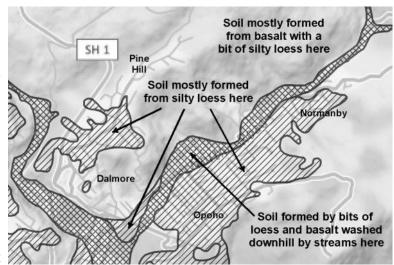
It turns out that a relative newcomer forms the soils on some of our lower and gentler slopes. Over the last few hundred thousand years silty dust was blown in from Central Otago riverbeds, and from the sea floor when it was exposed during past glaciations, and it settled on Dunedin's hills.

This now-hardened silt is called loess (it's German, rhymes with verse) and is thickest – up to 3 metres thick – between North Road and Opoho and in parts of Dalmore/Liberton. Some of this loess has weathered into clay, which provided the raw material for the valley's 19th-century brickworks (that's another story).

So while the volcanic soils formed through 'top down' weathering into the underlying rock, the loess soils were created by more of a 'bottom up' process of sediment accumulation.

In the bottom of the valley beside Lindsay Creek are the alluvial soils – young soils made of bits of both volcanic rock and loess that have been washed down the hills, carried along by the creek, and deposited as the creek meandered along the valley floor.

Loess soils can be frustrating for gardeners because they often develop fragipans. Not to be confused with a French pastry filling (frangipane) or a pretty tropical flower (frangipani), a fragipan is a hard layer created within the soil a few tens of centimetres below the surface.



Soil classes in North East Valley, taken from the Landcare Research S-Map Online.

It is difficult for water and plant roots to get through a fragipan, which occurs in the Valley loess soils about 50–70 centimetres below the ground surface. This makes for poorly drained soil that can dry out in summer and be really wet in the winter.

As much as I love rocks they are not, by themselves, enough to make a useful soil. Plants need nitrogen to grow, and no rock has nitrogen in it. So how do plants start growing in soil? Tune in to the next Nevology to find out about microbes and nitrogen fixers!—North East Valley scientist Helen Jack

Garage & Book Sale



9 a.m. to 12 noon Saturday 22 February

Opoho Church Hall
50 Signal Hill Road, Opoho

Enquiries: Mark ph 473 8677

Share your art and craft skills

KIA ORA, MARHABAN, Salam! Our Multicultural Women's Art and Craft group is starting up again this month and we are on the look-out for creative volunteers to help keep it running.

The group meets on Tuesdays from 1–2.30pm at the Valley Project community rooms and is dedicated to providing a welcoming space for women from all different cultural backgrounds to come together and connect through arts and crafts. Our group is particularly interested in helping former refugee women and others new to the community feel at home in Dun-

Our group is particularly interested in helping former refugee women and others new to the community feel at home in Dunedin, and is a great place to make friends and learn and share creative skills.

In order to keep it going we rely on volunteers to take turns offering to share skills with the group. So if you are looking for a fun and creative way to support Dunedin's multicultural community and have an arts and craft skill, please get in contact. You can choose to just offer one session or more depending on your timetable. We provide the arts materials you will need to teach the group plus delicious kai.



The Multicultural Women's Art and Craft group enjoy learning how to create felt art last year.

So far we have been learning: crochet, felting, knitting, water-colour painting, harakeke flax weaving and origami, but welcome any craft or art suggestion!

Please contact Chloe at chloejanemackenzie@gmail.com or 027 235 5101 if you are interested.

valley garden journal



Meet community gardener Kirsten Ashbury

What got you to your first community garden working bee?

An article in a local newsletter inviting readers to attend the celebration of the community garden's fifth anniversary. This was a most enjoyable gathering and I looked forward to returning to the friendly environment.

How long have you been working at the community garden?Several years. I feel lucky to have become part of this community.

What do you most enjoy about working at the community garden?

Basic gardening activities, planting, weeding and harvesting with friendly and interesting people. Learning much from experienced gardeners in beautiful surroundings.

Do you have a veggie garden at home?

Yes, a small garden shared with other residents in our apartment building. Not enough to keep me busy!

What is your favourite time of the year in the garden?

Summer. However, all the seasons have interesting and fascinating aspects.

What is your favourite vegetable?

Asparagus, but I really like everything grown in the community garden and we are encouraged to take home a variety of fresh, organic vegetables.

Become a community gardener: November community garden working bees

North East Valley Community Garden

Saturday 8 Feb: 9am-noon, Sunday 16 Feb: 1-4pm Saturday 22 Feb: 9am-noon, Sunday 1 Mar: 1-4pm

Pine Hill Community Garden

Check www.facebook.com/DalmoreCommunityGardenPineHill for upcoming events and working bees

Classifieds and community notices (for non-profits)

fitness & health

CONTRA DANCE

7.30pm, Mon, \$2, 52 Dundas St. Ph. 473 8640 for more information.

DUNEDIN ACROYOGA

Combining acrobatics and yoga, no partner needed. Beginners classes available. 6–9pm, Tue, Opoho Presbyterian Church, 50 Signal Hill Rd. Facebook or email jooske@gmail.com

DUNEDIN BMX CLUB

Race night, Forrester Park BMX track, 6pm, Thur.

FOLK DANCING FOR FUN

Baptist Church, 270 North Rd, 10am-11.30am, Fri, \$4. Ph Yvonne 455 2406, stureid1@yahoo.co.nz

KUNG FU

Fitness, discipline and self defence. Classes for 7–12 years Wed, 5–6pm, Sun, 3–4pm, teen & adult classes, Wed, 6–7.30pm, Sun, 4–5.30pm, Nga Maara hall. Contact Kenneth Dunedin@shaolinkungfu.co.nz or 022 094 6357.

LEARN TAEKWONDO

Korean martial art, supportive environment, family friendly. Training Mon, Thur, Pine Hill School hall, 6–7.30pm. To register email dunedinolympictkd@hotmail.co.nz

NAKAJIMA JUDO CLUB.

Weekly evening class for all levels and ages, ph. Keri 021 027 93683.

PARKRUN

A free, weekly timed 5km run/walk, Sat, Botanic Gardens. Meet at café, 8am summer, 9am winter. Go to parkrun.co.nz for more info.

SPAN NEV

Stretch'n'flex, low-impact exercise, fun and friendship, community rooms, 262 North Rd, 10am–11am, Tue, over-65s, \$4. Ph 473 9311.

STEADY AS YOU GO

(Age Concern) Gentle balance and strength exercises, NEV Baptist Church, 10.30am–11.30am, Mon, and Pine Hill School Library, 11am, Thur.

SPORTS AEROBICS

Competitive aerobics and casual fitness classes. No previous experience required. Training held at DNI Fri and Sun. Working towards NZCAF regionals next August. Contact rebeccafishernz@yahoo.co.nz

TANNOCK GLEN

The 3.5acre garden of the Dunedin Rhododendron Group is situated in Torridon St. Opoho. Members of the public are invited to visit at any time. Dogs permitted on a lead.

THREE LEFT FEET

Social dance group, no experience or partners necessary. European dance – folk and traditional, \$5 or \$7.50/ couple, Nga Maara hall, 6pm–7pm, Thu. Ph. Marilyn 473 7829.

ZEN MEDITATION

With the Dunedin Zen group. Meet 7pm Weds, St Martin's Church in the downstairs room.

YOGA IN THE VALLEY

Instructor Adair Bruce, 6–7pm, Mon & Fri, DNI designspace; 9.15–10.15am, Mon, Wed, community rooms. \$10 waged, \$8 unwaged, for more info contact adairbruce@hotmail.com

further education

CITIZENS ADVICE

Dunedin Citizens Advice Bureau - a free confidential service for all. We can help with tenancy problems, employment issues, consumer problems & host of other issues. Rodgers House, 155 Princes St, 471 6166, cab.org.nz

COMPUTER CLASS

A free class to learn how to use computers, 10.30am–noon, Weds, community rooms.

FREE LITERACY COURSE

For more information contact Ana & Marq at Literacy Aotearoa, 477 2055.

FRENCH TUTOR

Beginner to advanced, 30 years experience, hourly rate, ph 473 0159 evenings.

INDOOR BOWLS

Play indoor bowls at the NEV Bowing Club, 139 North Rd, Thurs, 1.30pm start. Ph. Jack for more info 473 9565.

ITALIAN CLASSES

Exp teacher, native speaker of Italian ph Antonella 027 341 8312, 473 0832 antonella.vecchiato@gmail.com

LEARN ENGLISH

English for daily life and work. Free and low cost courses. Contact Tamara or Felicity at English Language Partners 455 5266,

dunedin@englishlanguage.org.nz

SPANISH LESSONS

Learn Spanish in a fast and fun way. All levels and wide time availability. Ph Luana 027 284 7836 or luana.suarez26@gmail.com

STAND-UP COMEDY

Open mic at Inch Bar, 1st & 3rd Thursday every month. Comedy workshop classes every other Thursday, open to all skill levels. For more info contact reuben@dunedincomedy.co.nz

art, craft & music

ART CLASSES

For all levels, casual attendance welcome, tutor Anneloes Douglas, community rooms, 10am–noon, Thur and 6pm–8pm, Fri. Ph 027 307 7034, 467 9993,

anneloes.douglas@xtra.co.nz

ART CLASSES

Continuous class, newcomers welcome, 1–3pm, Wed, community rooms; 1–3pm, Thurs, St Peter's Church Hall, Caversham; 7–9pm, Thurs, Logan Park High School, \$15 per session. Ph Friederike 482 2025.

KNITTING SQUAD

BYO knitting or crocheting, or come & learn, community rooms, 1pm–3pm, Wed. Ph Marjory 473 7751.

ART FIBRE DUNEDIN

Bring lunch and requirements, 10am— 3pm, second Sun each month, community rooms, Ph Viv 473 0343, www.artfibredunedin.blogspot.com.

DUNEDIN FIDDLE CLUB

Community rooms, 7.30pm, Wed.

MUSIC LESSONS

Guitar, drums, singing, with professional musician. All ages. Contact Bevan bevan37@hotmail.com or ph 027 363 1376.

SENIOR MUSOS

Retired musicians who put on music for an afternoon at the Normanby Bistro. Scones, jam & cream \$3, 3rd Thurs of the month from 2pm.

SOUNDS NOR'EASTERLY

Do you enjoy singing with a group? Why not join your local community choir? All ages and abilities welcome. DNI design lobby every Tues, 7.30– 8.45pm. Email Clare for more info clare -n-don@clear.net.nz

UKULELE SESSIONS

Wed, 7–8.30pm, Baptist Church, 280 North Rd. Just turn up or text Adrienne 027 389 2574 for more info.

VALLEY BLUEGRASS JAM

Monthly jam session at the Normanby Bistro, 3rd Sun of the month from 2pm.

WOMEN'S ART GROUP

An art & craft group aimed at helping new Dunedin residents learn & share skills & connect with others. Tues, 1pm, community rooms, 262 North Rd.

COMMUNITY NOTICES

Priority for groups and activities in the Valley Voice readership area, email voice@northeastvalley.org
Please keep notices brief.

community

BIBLE HOUR

Friendly small group Bible learning over morning tea, Sun, 9.30am, DNI (tech area) during school terms. All welcome, free, ph 020 4079 5727 or www.dunedinchristadelphians.org

BIKE WORKSHOP

Get help, use our workshop, bikes available for koha, 3.30–6pm Tues, and 9.30am–12.30pm Sat, Valley Community Workspace, 11 Allen St. Contact Peter on peterd0n@yahoo.com

COMMUNITY ACCOUNTING

Dunedin Community Accounting provides free accounting training & advice for non-profits in Otago. For more infor call 0800 113 160, kiaora@dca.org.nz or www.dca.org.nz.

ENABLING LOVE

Looking for friendship and social connection? 18-45 years welcome to our weekly coffee group, Thurs, 1–2pm. More at www.enablinglove.nnz or contact Joshua for venue at enquiries@enablinglove.nz

ENGLISH CONVERSATION

Informal group to practice speaking with a native English speaker (this is not an English class), new topics each week, meet new people, 12–2pm, community rooms.

DUNEDIN REFUGEE

Dunedin Refugee Centre, meet community rooms, 262 North Rd, 9.30–11.30am, Fri. Ph Afife 473 8944.

FRUIT & VEGES CO-OP

Fresh fruit and veges at wholesale prices with All Saints Fruit and Veges Co-op. Small, med, large weekly bags. Order at St Martins, 194 North Rd, Thur, 4.30pm, or sign up online fruit vege.allsaintsdn.org.nz or

LEGAL ADVICE

Free at Community Law Otago, legal advice by qualified lawyers, practical solutions, 11am–12.30pm Mon–Fri, 5.30–7pm Mon, Fri and 2–3.30pm Mon, Floor 1, 169 Princes St, 474 1922.

MEN'S PROBUS

NEV bowling club, 10am, 2nd Mon each month, new members welcome. Ph Peter 455 1256, peabee@xtra.co.nz or ph Don 473 7544.

COMMUNITY GARDEN

North East Valley, the top paddock behind North East Valley Normal School, working bees every weekend alternating Saturday 9.30am-noon and Sundays 1-4pm. All welcome.

Classifieds and community notices (for non-profits)

Belleknowes Golf Club

Green fees \$15 (after 4pm \$10/player)

Come & enjoy our fantastic 9-hole golf course on Lawson Street

Twilight golf starts October

COMMUNITY GARDEN

Pine Hill, Dalmore Reserve entrance on Allenby Ave, check www.facebook.com/ DalmoreCommunityGardenPineHill for upcoming events & working bees, dalmorecommunitygarden@gmail.com

DUNEDIN MAKERSPACE

Work on project, watch others and chat, 1pm-5pm, Sat; organised talks, 7pm, Thur, Valley Community Workspace, 11 Allen St.

LADIES' PROBUS CLUB

Meets 10am, first Mon each month, NEV Bowling Clubrooms. New members welcome. For more info ph 455 6683.

NEED A JP?

Contact Colin Lind to arrange to meet, ph 473 7174 or 027 733 0066 or colin@lind.co.nz.

NORTH DUNEDIN SHED

New members welcome. Open Wed and Sat mornings 35 Bonnington St over bridge. Find us on Facebook: North Dunedin Shed Society Inc

MULTICULTURAL GROUP

Women's multicultural group, make new friends, speakers, cooking, outings. Community rooms, 10am–noon, Fri, ph Afife 473 8944.

NEIGHBOUR SUPPORT

Create safer, more caring communities. For more info and local contacts ph Lois on 456 0857 or neighbourhoodsupport@gmail.com.

REFUGEE CENTRE

Mon, 9–11am, Dunedin Community House, 301 Moray Pl. Coordinator Afife, ph 027 419 3125 or email afife.harris@gmail.com

trading corner

BABYSITTER

Experienced 23 year old, have worked with children of all ages. Ph Kelly 027 697 9194.

BABYSITTER

High school student available for babysitting evenings and weekends. Ph Laura 027 905 9911 after 4pm.

BABYSITTER IN NEV

Experienced, 26 year old, children of all ages. Wide hourly availability. Ph Luana 027 284 7836 or luana.suarez62@gmail.com

CAKE BAKER

Home-baked cakes large/small for your pleasure. Made to order. Price list available. Ph 473 0159 evenings.

CLEANER WANTED

For one-off spring clean, \$20/hr. Ph Lucy 027 321 7797.

COMPUTERS

I fix computers! Low rates, great service, Windows, Linux, Mac, Android. Call Matt 022 048 0012.

GARDENER

Gardener available, light weeding/ trimming, very experienced, \$25/hr, ph 473 0159 (evenings)

KNIFE SHARPENING

Mobile knife sharpening service for house knives, \$15/knife. Ph. 022 416 5446.

HAIRDRESSER

Retired senior hairdresser providing service for seniors. Your home or mine. Dunedin North only, ph Helen 467 9644 or 021 104 1011.

HANDYMAN

Handyman wanted, ph 473 7969.

HOUSE-SITTER

House minder available 10 Jan to mid Feb, 13yrs experience around Dunedin, quiet 56 year old male, nondrinking, non-smoking. Please email Jeffrey at jeffreyhrobinson@yahoo.co.nz

HOUSE FOR RENT

Dalmore, 2–3 bedroom, 1 bathroom, neutral décor, some furniture if needed. Brick & tile, view, sun, on-street parking bay. Bus stop close. Suit older, mature, quiet, working single or couple. Non-smokers, pet neg. \$299/wk. Available end Feb. Ph 479 0809 between 6.30–7.30pm or text 022 683 1592.

LOG SPLITTER

Commercial power Briggs & Stratton Model 12000 Vanguard. Local pick up & delivery with full tank, \$50/day. User responsibility, ph 473 0393.

SECTION WANTED

Could you help? I am looking for a section or a hunk of dirt to buy now in our NEV area. I am a serious cash buyer & offer early settlement. Contact Julie 022 679 2910.

for families, kids & teens

ACTIVE MUSIC

For 0-5yrs, with Yvette, 10.30am Wed, Valley Baptist Community Centre, 270 North Rd, ph 473 9413 or nevplaygroup@gmail.com

DUNEDIN TOY LIBRARY

A vibrant toy library for children from birth to 7 years. Huge range of toys, ride-ons, dress ups, puzzles, games. NEV Baptist Community Centre, 270 North Rd., 3.30–4pm Wed, and 10– 11.30am Sat.

GIRLS BRIGADE

Dunedin Girls Brigade Company, all girls, from age 5 up welcome, 6– 7.30pm, Wed, St Marks Presbyterian Church Hall, 304 Pine Hill Rd.

MT CARGILL GIRLGUIDES

Pippins, brownies, guides and ranger groups in the valley, ph 0800 222 292 or info@qirlquidinq.orq.nz

OPOHO PLAYCENTRE

Sessions for 0–6 year olds, 9amnoon, Mon–Fri, school terms, 28A Signal Hill Rd. Visitors welcome, ph 473 0819 or email opoho.playcentre@yahoo.com

OPOHO SCOUTS

Keas, 5.30pm-6.30pm, Tues; Cubs, 6pm-7.30pm, Thur; Scouts, 7pm-8.30pm, Wed. Opoho Scout Den, ph Kevin 0800 SCOUTS.

PLAYGROUP

Leith Valley Church, Malvern St, 10am–noon, school terms, ph. Julia 027 635 8181.

PRESCHOOL MUSIC

At Opoho School, 9am—9.30am, Fri, during school term, Room 3, gold coin, drop in, ph 473 8019.

SUNDAY SCHOOL

Variety of classes with stories, crafts, songs and more. Ages 4–18, 9.30am Sun (term time only), DNI (tech area). All welcome, no charge, ph 020 4079 5727 or

www.dunedinchristadelphians.org

SPACE FOR BABIES

Programs run by registered ECE teachers supporting families through their first year with a new baby, school terms, 12.30–2.30pm, day TBC, Valley Baptist Community Centre, ph 473 0014 or space.valleybaptist@gmail.com

NEV PLAYGROUP

For 0-5yrs, variety experiences to enhance development of your child, meet other local young families, free morning tea & lunch provided, Valley Baptist Community Centre, 270 North Rd, 9am-2.30pm Tue & Wed, ph 473 9413 or nevplay-group@gmail.com

RUDOLF STEINER

Te Whare Ako Marie, Pinehill & Maia. A sanctuary for creative play for children from birth to kindergarten, a place of peace & friendship for parents. Groups meet weekly, term time, ph 471 2163 or dunedinsteinerplaygroup@gmail.com

THE BREAST ROOM

Free peer support and help around breastfeeding. All parents welcome. Every Wed, 10.30am–12.30pm, community rooms, 262 North Rd.

church services

Salvation Army, 43 North Rd, community worker only, Mark O'Donnell Sacred Heart Catholic, 89 North Rd, Mass 9.30am

Glenaven Methodist, 7 Chambers St, 11am

Pacific Island Presbyterian, 160 North Rd, English 11am on 1st, 2nd and 3rd Sundays; Cook Island 9.30am; Samoan 11am, 4th and 5th Sundays

Anglican: St Martin's, 194 North Rd, 10.30am

St Thomas', Raleigh St and Pine Hill Rd, children & family service, 4.30pm, 3rd Sunday

Opoho Presbyterian, 50 Signal Hill Rd, 10am

NEV Presbyterian, community rooms, 9.30am, first, third and fourth Sundays, cafe service, contact Cameron Sinclair on sinclairs@snap.net.nz **St Mark's Presbyterian**, 304 Pine Hill Rd, 10am

NEV Baptist, 270 North Road, 10.30am.

VALLEY VOICE NEXT ISSUE: MARCH

Copy deadline for March issue is 20 Feb 2020. Email voice@northeastvalley.org



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Disclosure Statements for Forsyth Barr Authorised Fina Advisers are available on request and free of charge.

leed an MP? **David Clark**

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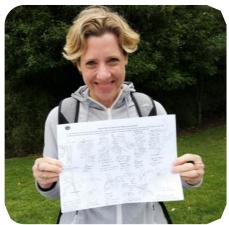
- 9 32 Albany Street, Dunedin
- dunedin.north@parliament.govt.nz
- f fb.com/DavidClarkMP



Native plants ID'd at Chingford







Pictured, top, are some of the participants enjoying the native plant identification walk at Chingford Park. Bottom right, Jo Bone with some of the illustrations she drew during the walk. Bottom left, Unicrew volunteers Chandra Rodriguez, Hisham Mohammed and Duncan Campbell shelling kōwhai seeds after helping to remove weeds and prepare the Blacks Rd propogation nursery.

What's on

Stand up Comedy

Every third Wednesday at the Inch Bar. Next 19th Feb. 8 Bank Street 7:340 pm

garage sale

Opoho Church Garage and Book Sale, 9am-noon, Sat 22 Feb, Opoho Church Hall.

shared karakia

All welcome for community karakia, bring a plate to share, 11.30am-1pm, Sun 1 March, Valley Project community rooms.

FEB 22 BLAND PARK



11am-11pm

12 HOURS • 35 LIVE ACTS

12 DJ'S · 3 STAGES