

whiria te taura tangata connecting our community

Issue #8 | E waru rerenga

Your local newspaper published by the Valley Project

NOVEMBER | NOEMA 2023

LOCAL E-GROCER STAFFSALE SIMPLIFYING SHOPPING FOR CUSTOMERS AND SUPPLIERS

I would like to introduce the community to Staffsale, a new grocery e-commerce start-up bringing fresh and affordable produce to convenient locations in the North East Valley and surrounding areas.

Staffsale works directly with local suppliers to deliver fresh fruit, veges, and grocery items to your neighbourhood for convenient collection. As a working professional, I found it frustrating having to spend a portion of my weekend doing a grocery run. It can be a truly time-consuming experience having to drive to the supermarket, try to pick out the freshest looking produce, grimace at the prices, and play bumper cars with the trolley. So, in an ideal world, I wished grocery shopping could be brought closer to me in a more meaningful and affordable way.

The idea of Staffsale came about while at work where colleagues of mine would often bulk-order boxes of meat directly to the office. They would then get divvied up among the office personnel. What stood out to me about this was the high quality of the product and its fair pricing. Staffsale was born to offer all food categories through this same concept. Initially, the idea was to service workplaces, hence the name "staffsale", but with more people now working from home the idea to expand and bring convenience to local communities was a no-brainer.

How has convenience been achieved? Staffsale has collaborated with local businesses (such as dairies and food stores) to act as "community hubs". These community hubs are the collection points for the online grocery orders. Each hub has its own specific 'group code', and this is entered at the account registry so that the groceries get delivered to your selected hub. (Continued on page #8...)



Staffsale owner, Spancer Fan, delivering quality and convenience to NEV.





HEY THERE! WE WERE JUST THINKING ABOUT YOU!

What's been keeping you busy lately? Let's take a moment to breathe before 2023 comes to an inevitably frenzied finish. Ready? Through the nose, inhale the universe! Now out the mouth, exhale all that weighs upon your soul. You got this, tiger! And remember how blessed you are to be a part of this grand community!

VALLEY PROJECT RECEPTION HOURS Tuesday - Friday 10am - 2pm Closed Mondays and public & school holidays 262 North Road, North East Valley			HOLIDAY CL The Valley F Will be closs the public fr 15 Dec 20	Project ed to	Subscribe to full-colour digital copies of the Valley Voice and/or OpenVUE newspapers: <i>tinyurl.com/VPnewspapers</i>	
 262 North Road, North East Valley 262 North R				Join the Valley Project Community Business Directory! Listings are entirely free! northeastvalley.org/directory		
VALLEY VOICE 6-1	NEEK SCHEDU	LE				
2023 ISSUE:	#9	2024 #1	#2	#3	#4	#4
CONTENT DUE:	November 22	January 17	February 28	April 10) May 24	May 24
DISTRIBUTION DATE:	December 16	February 10	March 23	May 4	June 15	June 15

COMMUNITY ROOMS AVAILABLE FOR HIRE

FRED HOLLOWS COMMUNITY ROOM has a max capacity of 30 and is equipped with a kitchenette (microwave, sink, jug, dishes/cutlery, serving wares, fridge, etc.) tables & chairs, whiteboard, TV, and more.

TE PŪTAKE ROOM is suitable for small meetings of up to 10 people. Available all hours over weekends and after 3:30pm on weekdays. The room is equipped with a kitchenette, heat pump, and TV w/HDMI.

CLINIC/OUIET ROOM is ideal for the provision of health and social services, or other one-on-one sessions.

Check the bookings calendar on our website for availability (www.northeastvalley.org/services/ community-room-bookings), then book by emailing reception@northeastvalley.org.

Community Concession (public)	General (private)	Birthday Parties	
\$15 - 23 per hour	\$23 - 35 per hour	\$15 - 20 per hour	

MISCELLANEOUS EQUIPMENT FOR HIRE

MARQUEE: 3mx3m. \$20/day for a single marquee, \$30/day for both. \$20 bond, refunded upon return. Available for up to one week.

SONY DATA PROJECTOR: \$30/day. Bond of \$20, refunded upon return. Note: This is an older projector and doesn't work on all computers. We have various cables available for use.

YAHAMA SOUND SYSTEM: Stage Pass 406 Sound System with stand. \$30/day. Available for up to one week. \$20 bond, refunded upon return.

DISCS: Play a round of disc golf at Chingford Park. \$2 per disc or \$10/10 discs.

A NOTE FROM OUR CHAIR

Welcome to Spring! Everything is growing quickly now, as is community spirit! We're certainly feeling the building buzz of activity throughout the community. As always, we've been busy at The Valley Project, the latest venture being the garden buddy programme. If you would like to get involved with that, please contact kaishare@northeastvalley.org.

In collaboration with the Valley Baptist Community Centre Trust, we also hosted our first community dinner since the pandemic. Around 60-70 people were in attendance. This dinner set the groundwork for future events as such. If anyone has any feedback on how they would like their community dinner to look, please get in touch with Nathan (reception@ northeastvalley.org). We are looking to hold another one in the first half of next year with the hope to scale up according to the community's wishes.

We also hosted an afternoon tea with the NEV School PTA for the Historic Homes Tour. Devonshire Tea was served to hundreds of thirsty travellers as they made their way through dozens of historic homes nearby. It was great to catch up on local history and learn of the legends that once inhabited the area. The sight of so many people out and about, enjoying such a wonderfully warm spring day, was simply delightful.

A massive thanks to the NEV PTA and VBCT and our team at the Project for helping provide these events to our community.

Keep your eyes peeled for what's happening next! -- James Sutherland

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 $03\,473\,8519$ www.mcarthursymons.co.nz 39 North Rd. North East Valley





NORTH EAST VALLEY MARKET DAY

The Valley Project is hosting a medley of fundraising markets alongside the Spring Preloved Market! Pack your reusable bags and fill your pockets with change - you're bound to find a bargain and get some early holiday shopping done.

CAR BOOT MARKET: a classic bits-n-bobs sale out of cars! ART EXHIBITION + SALE: gorgeous works of art created locally! CLOTHING MARKET: quality items for all ages at great prices! FOOD DRIVE RAFFLE: go into a prize draw for donating food! PLANT ADOPTION + SEED LIBRARY: free goods for all gardens! TRADE AID STALL, SAUSAGE SIZZLE, MUSIC, & MORE.

Rain or shine event. Cash exchange highly encouraged.

SATURDAY, 11 NOVEMBER, 10am - 1pm (Preloved Market 10am - 2pm) Valley Project & North East Valley Normal School

- voice@northeastvalley.org
- www.northeastvalley.org
- f facebook.com/valleyproject
- 🖸 Ӯ @valleyproject
- **C** (03) 473 8614
- P.O. Box 8118, Dunedin 9041
- 262 North Road, North East Valley, Dunedin

CRUSH THE CARGILL 24-HOUR & 100-MILER CHALLENGES

Participate in this year's Crush the Cargill fundraiser as a competing athlete, a casual one-loop walker, or as a sideline supporter. Kids, dogs, and costumes welcome! Prize-giving and breakfast BBQ 10am Sunday. GRID coffee will be served 6am Saturday to 6am Sunday. All drinks \$5. Overnight camping permitted for the duration of the event; BYO drinking water and toilet paper. Pack it in, pack it out.

Registrations for either race category not required but encouraged. Both races start and finish at the trailhead in Bethunes Gully, end of Cluny Street. Koha entry. Donations: *https://givealittle.co.nz/fundraiser/crush-the-cargill-24-hourchallenge-2023.* Proceeds go to The Valley Project for funding community events such as Waste Diversion Day, Creekfest, etc.

100-MILER: 19 laps of Mt Cargill (161km) within 36 hrs.
10pm FRIDAY, 8 DECEMBER - 10am SUNDAY, 10 DEC.
24-HOUR RACE: As many laps as able within 24 hrs.
10am SATURDAY, 9 DECEMBER - 10am SUNDAY, 10 DEC.
CrushtheCargill | Crushthecargill.wordpress.com

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The North East Valley Community Development Project (The Valley Project) is a registered charitable organisation that builds community connections and promotes the wellbeing of local families and whānau. If you like what we do, you can donate at:

gwealittle www.givealittle.co.nz/northeastvalley

The opinions expressed in articles are the author's own and are not necessarily shared by the editor or Valley Project Team. Submitted articles may be edited at the editor's discretion.

We'd love to hear from you! Send us your local photos, stories, announcements, etc. Next deadline for newsletter copy is 5 JULY, 2023. Submissions later than this date cannot be guaranteed space. Please keep your contributions to 300 words or less. Advertising information available on the VP website.

EXHIBITION



Dunedin Community Gallery 26 Princes Street Dunedin

Paintings and Prints by Local Artists

This month, a group of artists who paint together each week at the Valley community rooms, will be staging their 11th annual exhibition of new works at the Dunedin Community Gallery. We look forward to seeing you all there!

These artists are accomplished painters, many of whom sell their artwork in galleries throughout Otago. Most are regular exhibitors at the Otago Art Society exhibitions.

There will be works in acrylic, oil, and watercolour. Some works are on canvas and some on paper. Styles include realism and abstract, as well as landscapes, still-life, portraits, and print works.

'We enjoy painting together to share ideas and critiques of our works in progress. We are very much looking forward to this exhibition as it is fabulous to see the culmination of our years' work up on the walls.'

> There is art to appeal to all. All works are for sale.

WASTE DIVERSION DAY

Formerly known as the 'Valley Spring Clean', the popular rubbish sorting and waste minimisation demo day is back in 2024! Mark your calendar now for Sunday, 24 March!

Prepare to bring along unneeded paint, electronics, and metal scrap, and we'll help you dispose of it responsibly. Workshops also in store on the day.

Details to come. Stay tuned...



UPCOMING BALFOLK DUNEDIN EVENTS

JOSEPHINE BALFOLK MINIBAL Sunday, 26 November | 2 - 3:30pm

The last Minibal for 2023! A chance to dance together in the gorgeous sun-filled Josephine Foyer at Toitū Otago Settlers Museum. Free!

OAMARU HERITAGE CELEBRATIONS 15 -19 November

Friday, 17 Nov. BALFOLK will be in Oamaru as part of their 2023 Heritage Celebrations! Late Friday afternoon, enjoy Romantic Interludes led by Kate Grace (Balfolk Dunedin) and Michael Parmenter (Balfolk Auckland) as "popup" Balfolk performances demonstrate simple group dances around the Harbour Precinct. The audience is invited to learn and take part in some of them. This is free, and great fun!

Saturday, 18 Nov. Before the Parade, Balfolk will lead a workshop in the Masonic Hall to introduce the Sunday evening Lower-Decks Dance. Warm up with an hour of rags and reels, polkas, waltzes and other 19th century dance moves. Koha requested to cover costs.

Sunday, 19 Nov. For our closing event, Grace and Parmenter are hosting the Lower Decks Dance in the Loan and Mercantile Building. This rustic setting is a perfect location for an impromptu dance/music gathering such as would be held on an immigrant ship or portside tavern. \$25 entry.

LE BAL DE LA SAISON DOUCE Saturday, 25 November | 7:30pm

Join us for an unforgettable evening as we embrace Summer with 'Le Bal de la Saison Douce' at the Valley Baptist Community Centre, 270 North Road! Kick off the festivities with a brief dance workshop, where you'll experience a preview of the dances that will be enjoyed during the Bal. After working up an appetite, come together for a friendly potluck dinner, building a strong sense of community. Then, get ready to dance the night away to the captivating live music of Sophia Bidwell on accordion and Jon Sanders on strings, accompanied by talented friends. Musician-dancers attending the Bal are invited to close the evening with an informal Euro-session with the band after the Bal - an exciting opportunity to combine your love for music and dance in a lively and casual setting. Don't miss this chance to embrace the Summer magic through dance, music, and delightful company.

All events and classes on EventFinda and Facebook: **Balfolk Dunedin** Or contact Kate Grace at **balfolkdunedin@gmail.com** All info on our website: **www.balfolk.co.nz** Ongoing classes listed in the classifieds on page #13



"SIGNAL HILL" FULL-ALBUM RELEASE

Mentalist Collective, Signal Hill, is now available on all major streaming and download services, and available on Bandcamp or by physical CD and USB.

The Mentalist Collective is a group of songwriters and multi-instrumentalists all contributing their own distinct styles of songs to be developed further by the wider group. What results is a diverse sound that transcends multiple genres and flavours of music.

Developed from origins of indie rock and folk music, members Brendan Christie, Scott Campbell, Robert Milne, Danie Urguhart, and Ed Lobo experiment with a wide range of acoustic and electric instrumentation including ukulele, dulcimers, and harmonicas with plenty of vocal from the lakeside. Behind us were harmonies and gutsy electric guitars.

Signal Hill was originally devised pre-covid in 2019 as an EP aimed to feature the band's rockier, higher energy music. The album is the result of more than four years of evolution. True to the nature of the band and the collaboration between its five composers, it includes twelve tracks of everything from beautiful ballads, indie rock, gypsy folk, to hard rock.

The title "Signal Hill" draws its significance from where the band records and rehearses in Dunedin. lust as the lookout provides an overview of Dunedin, this album provides an overview of the diversity of The Mentalist Collective.

Composer/producer Brendan Christie says, "this album [has been] recorded and mixed entirely independently and contains works that we are exceptionally proud of. We have been particular about supporting our local music industry as much as we can

The exciting debut album by The by having our work mastered and distributed only by New Zealandbased options. It has been an exceptional learning experience for us and we are truly grateful for all the help from the community we have had in producing it."

> The album's single Running Through Long Grass is a breakneck folk shuffle featuring Brendan Christie on lead vocals, with a chorus that will live in your head, and is inspired by the grassy plains of Central Otago.

> Christie reflects: "As a kid I grew up with regular visits to Lake Hawea, long before much of the development had gone up beyond the waterfront. We'd camp in an old caravan and hut on a small section about ten minutes walk acres and acres of empty plains and farmland, covered in golden grass which had grown up to my knees, sometimes even higher. This song tries to embody how it felt to run through these fields, often alone, and how exciting and freeing it felt when I was young."

> Running Through Long Grass has long held a cherished place in the band's set list as a dance-floor-filler and an epic anthem that commands attention and often has audience members singing along.

> Beyond the music, the band is filled with passionate teachers and educators - Brendan and Robert both working in primary education, with Scott a teacher of early childhood, and Danie a music/vocal teacher. Ed is a well-known Dunedin entrepreneur, always with a grand idea on the go. This inevitably has an influence on the music, as you will often hear lyrics inspired from childhood, philosophy and life in education.



GOOD SORT ALLSORT

Do you know anyone who makes our community a better place to be and is deserving of recognition for community services? Are they a resident of North East Valley, Pine Hill, Öpoho, Upper Junction, Normanby, or Dalmore? Nominate them now for a Good Sort Allsort Award! Winners earn RJ's Licorice Allsorts, an interview, a certificate, a high tea next month, and a spot on the honour board! Fill a form in person at 262 North Road, or follow

the QR code to the electronic form.





MULLET FESTIVAL number 5 is coming!! The Museum of Future Folly orrrrrr how we learned to stop worrying about and love the OXYMORON!

November the 4th, from 5-7pm at the gas-tastic Gasworks Museum!

Come and Mullet with us...

For one fantabulous evening, we will transform the Gasworks Museum into a south-urban feast of creative experimentation, including dance, music, poetry, theatre, and visual art. You will be guided around the space to enjoy different performances and installations, followed by a shared kai.

Please bring some kai to share. We would also greatly appreciate a koha at the gate. This will go towards the venue hire and supporting our artists.

Get amongst the creative madness!

EASY WAYS TO BOOST YOUR BACKYARD BIODIVERSITY

and food sources for native species.

a nutshell, attract the native insects and birds while controlling the pests. There are many different ways this can be accomplished, and it doesn't matter how big or small your yard is. Everyone in North East Valley has an impact on its biodiversity and its ability to act as a corridor connecting Orokonui Ecosanctuary and Kaikorai Valley.

How can you attract native insects and birds? Create an inviting habitat for visiting pollinators by planting a variety of native plants which bloom at different times throughout the year and produce delicious nectar. Native NZ bees love the flowers on Hebe plants. You can also create an artificial pollinator paradise habitat (bug

hotel) by using things you'd find in your yard such as small sticks, pinecones, or bamboo. Native birds like native plants because they provide shelter, food, and a nesting place. They are drawn to native trees and shrubs which produce nectar, seeds, or

Biodiversity isn't just for Chingford Park or berries. To provide diverse habitats, group your natives in Bethunes Gully. Your very own backyard can mixed communities. And, while it may not be aesthetically become part of the North East Valley corridor pleasing, if you allow leaf litter to accumulate and attract by acting as a stepping stone to provide habitat insects, birds will be able to feed on them as well.

Want to keep the birds safe? Make sure your backyard is a What can you do to increase your backyard biodiversity? In safe place for them to visit. Set traps to control introduced

predators like rats, possums, and stoats. Message our trapping coordinator, *emily@northeastvalley.org*, for more information. Even though we love our cats dearly and want to satisfy their instinct to hunt, cats should be kept inside, particularly at night. Create alternative indoor hunting games like 'prey capture' which allows them to stalk and capture small objects.

> Use pesticides and herbicides knowledgeably. While they can control pests, they are harmful to pollinators. If you're unable to use organic pesticides, make sure to apply them after sunset when most pollinators have stopped movement for

the day, and avoid spraying on flowering plants so you don't poison their food source.

Help protect and increase our North East Valley biodiversity by taking action in your backyard. -- Jennie Wagner-Gorton



OWL-SOME LOCAL BIRD CALENDAR!

With the end of 2023 fast approaching, I now have my locally produced, 2024 Birds of Aotearoa NZ calendar available for purchase.

As always, there are plenty of photos taken in the North Dunedin area, including of a kākā at Orokonui, a kererū at the botanic garden, and a pīwakawaka at Dalmore Reserve, just to name a few!

When heading out for some fresh air and a bit of bird watching, it's often hard for me to go past our beautiful botanic garden. It is such a stunning space, with gorgeous trees and plenty of open areas, always so well kept, and of course, hosts birds galore! This time of year is particularly stunning with so much in bloom. Giant kowhai trees often full of tuī and korimako,

singing, preening, then flying off with amazing skill, darting between the branches.

I'm often told I must have great patience when people see my bird photos. And while patience and commitment are large factors in getting good results, some of the biggest challenges for me when photographing birds are movement in low-light conditions. Take the amazing, acrobatic piwakawaka for example. Always flitting from one branch to the next. Just when I get a shot lined up and in focus, off they hop to their next spot. When trying to capture the ever elusive fanned tail shot, they always seem to be deep in the foliage, in dimly lit spots and partially obscured by leaves. But every now and then, with the aforementioned patience, they pop right out into view, pose and hold it for those extra few seconds. Click.

If you would like to purchase one of these beautiful, local calendars for yourself, or as a gift for family or friends, they are available for \$25 at The Valley Project. A portion of the proceeds go back into the organisation. You can also request purchase from the *featherandferncollective* Facebook page, or by emailing *featherandfernz@gmail.com*.





NATIVE PLANT ADOPTION DAY, 11 NOVEMBER

Would you like to increase the biodiversity in your backyard? We've got some native plants ready to find a new home. Stop by the Valley Market Day at 262 North Road on 11 November from 10am-1pm to adopt an eco-friendly plant pet for your yard.

KŌWHAI @ GRASSES @ PITTOSPORUM @ CORDYLINE

We also accept donations of native plants, soil, and pots of any kind at any time. Please label your plant donations, as we have a limited supply of labels available at the nursery.



DEAR ISLAY

Thanks so much for the vivid description of your encounters with a falcon and its kererū prey. What a wonderful experience to have been able to watch for so long such a natural wild scene.

It indeed was a Kārearea/New Zealand falcon that you saw (Eastern subspecies) and most likely a juvenile, which are darker in plumage. Juveniles are sometimes seen near cities in autumn and winter, although their natural habitat ranges from thick native bush, exotic plantation forests, to steep open country. The mural at the Valley Project is of an adult falcon with the yellow eye-ring and ceres (the bare skin at base of bill); juvenile falcons have a blue-grey eye-ring and ceres, which would have been hard to see in the fading light.

Its behaviour too suggests a juvenile bird, with its reluctance to give up its prey. As you point out, the bird reference books don't record the stumbling, waddling, hoppy gait that you saw; this is probably because few people ever see a young bird trying to deal with its prey. A member of Birds NZ had a similar encounter in the Dunedin Botanic Garden back in April, with a young falcon dragging its prey along a path, then stashing it under a tree and later returning to the spot by walking along the path rather than flying in. I would think that the awkward way of walking is because falcons are not adapted for travelling sedately across ground, but for using their legs and talons for catching prey in flight.

Falcons are magpie-sized birds of prey, with streamlined shape, pointed wings, and long tail, which all provide amazing manoeuvrability so that it can weave through trees and branches to catch its prey on the wing. This is why they are sometimes called 'bush falcon'. The falcon's natural prey in ancient times would have been kererū and other smaller native birds. Nowadays its main prey are small, introduced finches, white doves, and sometimes even chooks! Young falcons often choose pigeons as prey as they are not so hard to catch as the tiny, fast-flying finches are.

Your description of the 'kuk-kuk' call was excellent. It is usually referred to as the kek-kek call and is used to advertise its presence, or when angry or alarmed; it could be for all these reasons in this case.

You mentioned when it was perched in a tree it was surrounded by bellbirds and fantails; this may have been a 'mobbing' response to its presence in an attempt to send it on its way. The tui should have been helping, too.

The falcon should not be confused with the much larger, harrier hawk (swamp harrier, kāhu), which is commonly seen soaring over paddocks searching for prey or feeding on road-kill. Falcon will rarely feed on carrion. The harrier hawk has a slow gliding flight using wide wings with the primary feathers spread like fingers at the ends of their wings.

Happy Birding! -- Mary Thompson, Birds New Zealand https://www.birdsnz.org.nz | birds.otago@birdsnz.org.nz

CONCERNS FOR SAFETY OF TWO, FOUR, AND SIX-LEGGED RESIDENTS

In recent weeks, some furry and feathered locals have had to contend with some gin traps (leg-hold animal traps) set within the Valley. As a concerned local, I'd like to highlight to whomever has set these that their use is *not* permitted in urban areas.

The sale and use of leg-hold (gin) traps for trapping animals is restricted in New Zealand under the Animal Welfare Act 1999. They must not be used within 150 metres of any dwelling without the permission of the occupier, or in any area where there is a probable risk of catching a pet animal. This means that using this type of trap in or adjacent to a built up area may be an offence under the Animal Welfare Act 1999, with maximum penalties of 12 months imprisonment and/or a \$50,000 fine. The Ministry of Primary Industries (MPI) website is a good place to start for information on trap regulations, animal welfare, and pest management.

Applications for ministerial approval to sell or use leg-hold traps in contravention of the regulations must be made to MPI. Approval would be granted in certain limited situations where it is in the public interest and there is no viable alternative in the circumstance. This would be determined on a case-by-case basis.

There are plenty of natural ways to keep unwanted animals away from your garden or yard. Using a toy water gun or hose in the face of pests is a suitable alternative. They'll soon know they're unwelcome. You can also try the power of spices; cinnamon, cayenne, paprika, etc. Mix one teaspoon of spice with a cup of water and spray it on property entry points. Coffee grounds, egg shells, and citrus peel sprinkled across the property has been known to be effective, too.

The SPCA website suggests cat deterrents such as fence and sprinkler installations, removing attractants like open compost bins, and keeping rodent populations under control. The New Zealand Cat Foundation suggests plantings of rue, lavender, marigolds, pennyroyal, and lemon thyme.

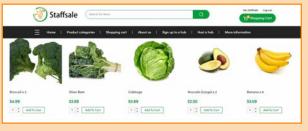
If it is specifically possums you are targeting, get advice from the professionals. City Sanctuary Trapping Coordinator, Emily Peterson, can help you with humane-kill rat and possum traps for the North Dunedin area. Predator Free Dunedin, particularly City Sanctuary, do not condone the use of any traps in urban areas that haven't been approved by NAWAC (National Animal Welfare Advisory Committee). Trap-testing and remote monitoring guidelines of live capture traps are available from *www.nawac.org.nz* and *www.mpi.govt.nz*.

The SPCA would like to hear from anyone who has information about the identity of any person who may have used, or are using, traps similar to those photographed below. Anyone with information of this nature should contact SPCA Inspector Alana by emailing her on *Alana.Cowper@spca.nz.*

Look out for your pets, look out for each other, and let's keep the Valley safe for all residents, whether two, four, or six-legged. -- Concerned Valley Local







(...continued from front page.)

With convenience also comes affordability. By delivering directly from the supplier straight to community hubs, we can offer competitive pricing from essentially less double-handling. Our aim is to source fresh fruit and vegetables from local farmers where possible. At this stage, Staffsale currently sells a select range of fruit and veges, as well as a few pantry items. We are working hard

to get in touch with more local suppliers to expand our offered range as business develops. As with any business, the more customers there are, the cheaper the costs of the produce. So we hope that the community decides to support Staffsale so that we can potentially reduce the costs of produce even further! We encourage you to have a look at our website *staffsale.co.nz* and to register. Once registered, do check back every now and again to see what's new on offer!

So far we have collaborated with the following community hubs that you can sign up to through our website:

- Pine Hill Dairy, 354 Pine Hill Road. Group code: PINEHILL
- 🝎 The Jumbo Dairy, 108 North Road. Group code: JUMBO
- The Valley Project, 262 North Road. Group code: VALLEY
- Willowbank Dairy, 995 George Street. Group code: WILLOW
- Willowbank Food Store, 207 Castle Street. Group code: WILLOWBANK

It was great to hear about the Valley Kai initiative with the idea of forming a food co-op. Our vision aligns with that of Valley Kai's co-ordinator, Tamsin. We hope to collaborate with her further to offer more to the greater North East Valley. We are excited to see where Staffsale goes and hope you all are too. We would like to thank the community for their support and with that, happy shopping! -- Spancer Fan



DEAD-HEADERS' DAY OUT

Every year, Dunedin's Botanic Garden Camellia Collection curator, Marianne Groothuis, gathers a bunch of beautiful blooming camellia Dead-Headers. No, not fans of the Grateful Dead, but keen volunteers who rock up to give the garden its many (over 700?) camellia bushes a makeover. It's done by taking away the browning teabag blossoms that spoil those blooming gorgeous bushes.

Dressed in flowery frocks and sunhats, they were working their magic on September 21st, before sharing the annual picnic. Luckily Marianne's theory of wearing something fabulous to keep the rain away, was truly effective. The first spots of rain didn't start to splash until the offending blemished blossoms were sent into the petalled undergrowth. Another year of Camelia charisma <u>carries on!</u>

If you are willing to help with dead-heading, contact Marianne on **03 477 4000**. It is an important task involving bare hands and satisfying twists of the wrists!

8

FOR THE LOVE OF FOOD!

Watties

Pātaka kai is a pantry/ place for food storage. They are a community response to enable sharing of kai among Valley neighbours.

We are lucky enough to have two in the wider North East Valley area and many more around Ōtepoti. The Valley Project is stoked to have the support of Turners & Growers who regularly supply the local pātaka kai with apples, as well as Bunnings Warehouse who supplied paints for the mural (to be finished soon now that the weather is getting warmer), and to every individual who adds items on a regular or one-off basis.

Additionally, we are very grateful to the two lovely guardians who wipe and sweep down the shelves weekly and let us know of any damage to either of our local pātaka kai. We would love more guardians to check on the pātaka on other days in the week - just a quick look when passing by, or a having a word to anyone mistreating the space, or letting The Valley Project team know of any issues.

Kai donations are always welcomethe pātaka is open 24/7. If you want to be an official pantry guardian, contact *project@northeastvalley.org.*



Take what you need and leave some for others

We love donations of: Fresh fruit and vegetables Unopened dried goods Canned foods Long-life milk

Please avoid donating: Raw meat or fish Opened goods Frozen foods

If able, tidy up the pantry when it looks messy

TAKING THE STING OUT OF WASPS

valley GARDEN With menacing looks and aggressive behaviour that fears noone, wasps are equipped with a venom stinger that can cause serious pain. Wasps often inspire panic wherever they are, and the last thing you want to do is aggravate them. However, wasps have admirable qualities too, and provide great benefits to the gardener and the ecosystem.

Wasps are closely related to ants and bees, and share a common evolutionary ancestor. With about 100,000 identified species, wasps make up a diverse group in the order of Hymenoptera. They are distinguishable from bees by a pointed lower abdomen, and a sharply-cinched waistline that separates the segments of its body. They are less furry than bees, and possess mandibles for cutting and biting. Wasps are either solitary insects living alone, or are social creatures that form colonies.

Solitary wasps typically build nests in an isolated spot underground, in hollowed plant stems, or holes in trees where they bring back prey to feed their young. The majority of wasps are the solitary type, and while they do have stingers, they are used primarily to paralyse their prey and not for defence.

Social wasps, on the other hand, have a highly-organised society featuring one or more gueens with male drones and female workers. Each spring, the gueen builds a small nest, and lays eggs to hatch workers, who then in turn continue to build and expand the nest. As the queen continues to lay eggs throughout the summer, a single colony can be composed of more than 5,000 members. By winter, all wasps die off with the exception of one newly-fertilised queen which is able to survive the cold to start the process anew the following spring.

Social wasps are members of the Vespidae family, and are easily recognisable by their bright yellow and black colouring, and powerful sting. When disturbed, these types emit a pheromone that alerts other wasps to danger, sending them into a stinging frenzy. Only females have stingers, and they can sting repeatedly.

Instead of cursing, we should celebrate each time we spot a wasp in the backyard. Wasps provide excellent pest control. Wasps have evolved over millions of years to be efficient and effective predators. With thousands of hungry mouths to feed each season, wasps seek out many of the pest insects which eat your crops - aphids, grubs, spiders, white flies, and caterpillars just to name a few.

Wasps are quite opportunistic, and will hunt any insect in the vicinity, including other wasps. As a wholly-organic, biological pest-control, wasps provide a valuable service to the garden. If you can tolerate their sometimes-irritating behaviour, they are well worth having around.



Wasps are pollinators. When they aren't competing with other insects to feed their young, adult wasps primarily eat flower-nectar, and can be found buzzing from plant to plant.

Although wasps aren't as effective as bees, due to their small bodies and lack of hairs, they do visit a large number of plants and carry pollen between them. Some wasps are specialist pollinators, and have a symbiotic relationship with fig trees and certain orchid species, where if one went extinct, the other would follow. And as pollinators decline in health and population worldwide, we need all the help we can get.

Wasps help sustain the food web. Without wasps, many fruit and flowers would fail to be fertilised. And another consequence would be that we would be overrun with pest insects that destroy food crops.

If wasps are troubling you while working in the garden, try this homemade topical repellent: a few drops of peppermint essential oil mixed with a teaspoon of a carrier oil, such as olive oil or liquid coconut oil. -- Merylei Guthrie

DALMORE RESERVE COMMUNITY GARDEN WORKING BEES						
Sat. 11 Nov. 10am	Sat. 9 Dec. 10am Sat. 13 Jan. 10am					
Sat. 25 Nov. 10am	Sat. 23 Dec. 10am Sat. 27 Jan. 10am					
N.E.V. COMMUNITY GARDEN WORKING BEES						
Sun. 12 Nov. 1pm	Sat. 2 Dec. 9:30am Sun. 24 Dec. 1pm					
Sat. 18 Nov. 9:30am	Sun. 10 Dec. 1pm Sat. 30 Dec. 9:30am					
Sun. 26 Nov. 1pm	Sat. 16 Dec. 9:30am Sun. 7 Jan. 1pm					

DINNER CAPTURES DELIGHTFUL CONNECTIVITY

On the evening of the last day of September, around 65 community members joined together at the Valley Baptist Community Centre (VBCC) for a potluck dinner. They enjoyed a wide variety of kai across the evening. From turmeric rice to cob loaf, plum crumble and apricot pound cake, to beef chop suey and Domino's Pizza, there was a bit of something for evervone at this dinner - taste explorations for the adults, and regular favourites for the children!

Co-organised by the VBCC and Valley Project, all organisers were excited to achieve what they set out to do, succeeding in providing a space where the community can come to connect. A big Thanks to Foodstuffs NZ for the food grant that will help us support events such as this!

Food is an important part of connecting as a community. Eating together has a way of strengthening our sense of belonging, and enhancing our well-being by forging these connections with our neighbours. Sometimes sitting down all together for dinner can be hard to achieve at home, with juggling work, study, children, differing schedules, and other commitments. Enjoying a meal with your loved ones can actually be a rare occurrence for some, which makes it all the more important to hold spaces like this.

Community potluck dinners are an event we would like to carry on into the future! We'd love to hear from people keen to help organise this. What should we bring into the fold for the next community dinner? Live music? Performances? Activities? Raffle contest? More community groups? Let's serve up some great experiences together! -- Nate Laurie



LIQUID PAPERBOARD RECYCLING NOW AT BLACKS ROAD GROCER

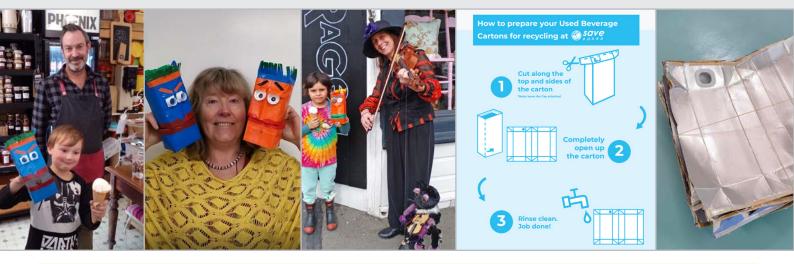
Blacks Road Grocer officially became a collection point for liquid paperboard (LPB) recycling back in mid-September. A celebration took place to mark the occasion. Dunedin-famous storyteller Kaitrin McMullan crafted colourful hand puppets out of emptied Tetra Pak packaging. Children then used these to present knock-knock jokes to shop owner Chris Wilson in exchange for free ice cream! Musician Anna Bowen also employed a puppet of her own to dance alongside her as she happily fiddled the afternoon away with guests and passerby.

The LPB recycling scheme has returned to Dunedin after a short hiatus earlier this year. City-wide collection points are

Blacks Road Grocer officially became a collection point for managed by the Otago based sustainability group, OneCoast, **liquid paperboard (LPB) recycling back in mid-September. A** whom designed the programme as a solution to the DCC's inability to recycle the silver-lined, multi-ply food packaging.

LPB cartons, such as those used for juice and long-life milks, can be dropped off at the Grocer during its business hours of **Tuesday - Saturday, 9am - 4pm**. <u>Cartons must be cleaned and compacted before drop-off.</u>

OneCoast volunteers regularly empty collection bins around the city, then courier their contents to a Hamilton company SaveBOARD where they are re-purposed into building material.





GROWING BUDS - GARDENING PROGRAMME

Growing Buds, our local buddy gardening programme, is a free 10-week course giving participants access to low cost, healthy kai for themselves and the wider community. Some of the modules in this programme include re-purposing junk into garden design, companion sowing, developing healthy soil, gardener networking, etc.

The next instalment of Growing Buds begins 10 February - 14 April, 2024. If interested in participating, email *keri@northeastvalley.org* Keep an eye on the Valley Project Facebook page for updates.

CRUSH THE CARGILL TESTIMONIAL - HADANI WOODRUFF

"CTC seemed like the most perfect running event ever! I heard it had just the right balance of fun, great people, feats of difficulty, a side serving of pain, and just plain awesomeness! I just HAD to give it a go.

So my friends and I turned up, erected a gazebo and stacked it full of yummy snacks and fizzy drinks. We then set off at 10am sharp, full of naive enthusiasm to see how many times we could make it to the top of Mt Cargill and back within 24 hours. The atmosphere was amazing! We met some lovely people and we had heaps of fun. I made my mates wear crazy hats and tutus and we cheered on the other runners, walkers, and families.

At about 1am in the morning, I had managed about 60k hiking up and jogging down, but my legs were getting tired and I thought I was going to die. One of the race organisers, Chris Taylor, turned up with a huge bucket of fried

chicken and shared it among the weary. After consuming more than was probably offered to me, I felt reawakened - renewed and full of beans! (Or chicken). I carried on up and down again and again 'till morning, completing 100k and promptly forgetting how many laps I had run. I was told twelve laps! (It was actually 11, but I didn't figure that out until a year later).

So come and Crush Cargill! Everybody is welcome! Feel free to bring fried chicken."

2023 CRUSH THE CARGILL CHALLENGES, BETHUNES GULLY, DEC. 8-10.

CRUSH THE CARGILL WEBSITE: crushthecargill.wordpress.com/ DONATIONS: givealittle.co.nz/fundraiser/crush-the-cargill-24-hour-challenge-2023 REGISTRATION: www.webscorer.com/register?raceid=323919 See page #3 of this newspaper for event poster for more info.

Photo of Hadani Woodruff while in mid-race by Brad Spiers

SNO

VOTE FOR CHICKENS!

On election day, Valley Kai ran our inaugural Spring Chicken Tour (or "Chook Tour") to promote and encourage the keeping of healthy backyard chooks.

Participants had the opportunity to visit six diverse, local properties to get insight into a variety of management styles – and meet lots of cute lay-dies, of course! We got to see the inner workings of a hatchery, an incredible food forest, some broody bantams, a few great feeding and housing systems (including a couple of funky tunnels that allow access to different parts of the garden) and even some quails.

The owners' passion for their poultry was very inspiring for all. Participants left with the feeling that, although it certainly takes some care and effort, raising and caring for poultry is very achievable (even for very busy people on a tight budget). Owners talked positively about the way that having chooks enhances their lives – i.e. they are the "soul of the garden." And who can argue with a ready supply of eggs, improved soil and compost, and endless entertainment?

We have been asked to run the tour again next year (okay!!). We will also look at following up with some locally-relevant resources for sourcing eggs, hens, and supplies, as well as other useful tips like affordable feeding systems and home remedies to treat mites, illnesses, etc.

Finally, a huge thanks to everyone who opened up their backyards! The feedback from participants was extremely positive all around. May North East Valley continue to resound with happy clucking. *-- Tamsin*





HOTEL CONSENTED

Council has recently approved the construction of a new hotel located along the beautiful Lindsay Creek near the playground in Chingford Park. This hotel boasts seven spacious, naturefilled rooms and has all the latest amenities to comfort locals and tourists alike.

Thanks to the talented builders of the North Dunedin Shed, the 5-star accommodation will attract visitors who will spread their flowering wealth in the local economy, which will see growth rates increase and profits bloom.

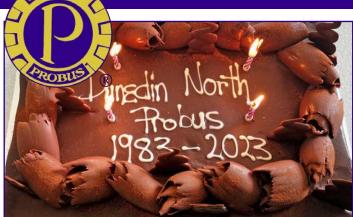
As of publication, the Chingford Park Hotel is open for business and already welcoming guests. No reservations are needed as this is a first-in, best-dressed business. Some guests may have to share rooms with other visitors during the busy spring and summer seasons. All questions and inquiries can be forwarded to *openvue@northeastvalley.org.*

NZ PROPERTY SOLUTIONS FINALIST FOR EXCELLENCE AWARD

We're thrilled to be chosen as a finalist for the Grand Business South 2023 Awards for the 'Excellence in Service' category! This recognises our entire team at NZ Property Solutions and NZPS Property Management for their hard work - every single day - striving to do the very best for our valued clients and customers. And a huge thanks to all our clients and customers for giving us the job to sell/rent/buy your most valuable asset.



DUNEDIN NORTH PROBUS NEWS



DUNEDIN NORTH PROBUS 40TH ANNIVERSARY Probus had its beginnings in the UK in 1965, first forming as two separate clubs, both by members of Rotary.

Fred Carnill of the Welwyn Garden Rotary Club arranged morning coffee with other retired friends, most of which came from London and had professional or business backgrounds. From here, Fred started a community-based luncheon club known as the 'Campus Club' in May of 1965. 45 men attended. Soon after, the Rotary district took up the scheme with Rotary International and news of the club made its way by leaflet throughout Britain and Ireland.

A few months later, while travelling to London via train, Harold Blanchard and two friends agreed they had a need for ongoing fellowship upon retirement. As chairman of the Caterham Rotary Vocational Service Committee, Harold presented the idea of a luncheon club to his Rotary district. In February 1966, a meeting was advertised for all retired professional and business men aged 60 and over. 42 Men attended. A monthly luncheon was established, the first of which took place on 2 March, 1966.

Almost a full year after the 'Campus Club' concept was born, a committee was formed with the now 'father figure' of the movement, Harold Blachard as Chairman. An attendee at a meeting moved that the first three letters from each of the words PROfessional and BUSiness would be used to form 'Probus', the identity for the club. This was carried and the Probus Club of Caterham became a success story, followed by new Probus Clubs being founded in the UK.

Probus came to New Zealand in 1974, followed by Australia in 1976, and the United States in 1987.

OUR CLUB

The Probus Club of Dunedin North was formed in October 1983, and on 14 November 1983, the inaugural meeting attended by 48 founding members was held in the North

East Valley Bowling Club to elect its first committee and establish the club.

At the club's recent meeting earlier in October, a short celebration was held in recognition of its 40th year milestone. A reading of Probus history and details of the Club's first meeting, including names of all elected to the first 1983 committee, were read out by Secretary Peter Begg. President Wolf Nader followed with a 'formal' introduction of a large cake made especially for the occasion. Four cake candles were lit representing four decades, and a club photograph was taken, after which memories were shared and cake was consumed.

A big milestone for the club's 40th year was the vote to become a combined Probus rather than a Men's Probus Club. This was a welcome change allowing the opening of membership access to ladies as well as gentlemen. So far, we have seven new members with interest continuing.

PRESENTATION ON ENDERBY ISLAND RESEARCH TRIP Last month, a very good talk, together with the screening of many compelling photographs, was presented by Jordana White from Dunedin Wildlife Hospital.

Jordana was part of a research team that spent a summer on Enderby Island tagging, tracking, mapping, counting, and checking the health of sea lions, birds, plants, etc. Enderby Island is in the Auckland Island group and is a genuine flora and fauna nature reserve with no introduced pests. Jordana spoke of the great experiences the team had on the island, along with the challenging living conditions there.

DUNEDIN MONUMENTAL MASONS STORY

At our meeting 9th of October, Craig Morton gave great insight into the workings of monumental stones and the masonry business he manages here in Dunedin.

Craig covered the sourcing of stone, and where the best granite comes from and why it reigns in the world of rocks. He also touched on the process of cutting enormous slabs at the quarry using wire ropes, along with notes on shaping, lettering, and polishing techniques. He explained the cultural requirements for headstones, and the local by-laws for installation. This is something people often don't think about until it is a necessity of circumstance. Photos of the processing were very interesting. -- Peter Begg

If you are nearing retirement or are retired, Probus may be a good way for you to meet new people and enjoy great guest speakers. Members very much look forward to the presence of new ladies and gentlemen who may like to join. For further information email Peter, *peabee@ xtra.co.nz*, or phone 03 455 1256.



ÖPOHO POLITICAL FORUM MAINTAINS POPULARITY 30+ YEARS

The turnout for the Dunedin electorate political forum at Ōpoho Church on 8 October exceeded even that of three years ago. This time not just the church but also the adjacent lounge was packed as about 200 people joined in.

Unfortunately, about 20 to 30 people arriving after the meeting had started at 7pm had to be turned away because there was no more room.

Six candidates took part, with Greens co-leader Marama Davidson replacing the Dunedin Greens candidate, Francisco Hernandez.

The crowd was warmed up beforehand by mellow music from local Philip Fleming. He also led the singing of the National Anthem on his saxophone.

For over two hours, the crowd was then informed and entertained by moderator the Cat in the Hat (aka Philip Somerville), Marama Davidson, Rachel Brooking (Labour), James Christmas (National), Keegan Langeveld (New Zealand First), Ben Peters (TOP) and Jim O'Malley (Independent).

The roaring stag-caller, there to make sure no candidate dared run over allotted times, had to be called into action only occasionally.

A koha collection for Presbyterian Support raised \$638 on the night, plus about 100 cans of food were donated. More money was expected at the time of writing via payments direct to a bank account number.

Bert Holmes, an Ōpoho resident, filmed the event. It was screened on Channel 39, with news reports on the channel and in the Otago Daily Times on 9 October.

The church has hosted the candidate meetings since at least the late 1980s. Philip Somerville had been moderating them since the late 1990s. -- Philip Somerville - The Cat in the Hat

The video of the night is at youtube.com/watch?v=_bOzOf3M51Q





TREES THAT MAKE OUR CITY

Our city is adorned by the trees that The Atlas Cedar (Cedrus atlantica) between surround us in our urban and semi-rural landscapes. Adorned by not only the many beautiful street trees, but also the many lovely parks and reserves, including the town belt that winds along the city hills. Sometimes when you are driving though parts of Queens Drive it can make you feel like you are no longer in the city at all. I am always thankful for green spaces and their pleasant views.

We are particularly lucky to have the brilliant Dunedin Botanic Garden so close to the Valley, with their stunning, ever-changing seasonal, vibrant, and well looked-after collections of trees, shrubs, and gardens. I particularly like to walk the Rhododendron Dell at the right time in spring when the colours of all the different specimens of rhododendron, magnolia trees, and azaleas are in bloom and the cherry blossoms display their pink-tinged, snowy clouds of petals.

Some of these amazing trees we see every day are registered with the Dunedin City Council and are protected through the Schedule of Trees. The DCC usually only identifies private notable trees in the Schedule of Trees, as trees on public property are generally covered by the Reserves Act. This protection means that before any work can be done on a protected tree, resource consent must be gained.

You can view the DCC's significant tree list and locations map on their website: www.dunedin.govt.nz/services/trees.

The most visible scheduled trees that NEVdwellers will see while driving or walking along North Road are: the two at the bottom of Glendening Avenue, an Oak (Quercus robur) and a Lime tree (Tilia X europaea).

Blacks Road and James Street on the right. Another Lime tree (*Tilia X europaea*) between Montague and Dalkeith Streets, and the Monkey puzzle (Araucaria Araucana) on the corner of North Road and Birchfield.

It is also worth mentioning the beautiful trees at Chingford Park that welcome you through the park's entrance. Trees line the driveway that lead to the sports field on one side and playgrounds on the other. If you follow this driveway all the way through and over the bridge, you will find yourself in a collection of grand specimen trees. These trees mostly aren't on the scheduled list, but are still visibly significant. You could have a round on the frisbee golf course while you admire them.

For tree enthusiasts like myself, we also have the NZ Tree Register website which has more information, such as detail search criteria by regions, tree type, genus, species, and other tree specific information like height, canopy spread, and other measurements. New Zealand has great champion native and exotic trees. Check the website out at notabletrees.org.nz. Perhaps a self-guided tour of our local stunners can be arranged!

The New Zealand Tree Register website points out that many fine trees still may await discovery, hidden away in backyards, national parks, gardens, and countryside. They invite you contribute to the registry by submitting your own local notable trees. "That tree you pass every day just might be a national champion or may even attract international attention."

Trees, they clean our air. Beautiful trees, they dress our streets. Spectacular trees, they make a city. -- Alvar Del Castillo



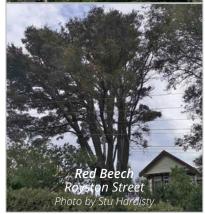
Monterey Cypress Pinehill Road Photo by Christina Carson Copper Bee Ramsay Street Photo by Christina Cai

Monkey

North Road

o by Stu Hardisty

hite Spruce Craigleith Street Photo by Stu Hardisty



Dunedin Electric Bikes

Valley Community Workspace 11 Allen Street, North East Valley Sat, Sun, & Tue: 9am - 2pm Mon & Fri: 9am - 4pm

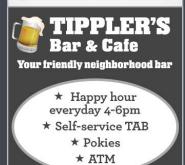




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ISLINGTON ECE HOSTING HOOTIN' HOEDOWN



Join us for a toe-tappin', foot-stompin', family barn dance extravaganza at Nga Maara Hall! Get ready to swing your partner and do-si-do - it's a hoedown like no other! All welcome!

YEEHAW! IT'S A *KID-FRIENDLY GOOD TIME!

Bring the whole family, because our barn dance is designed with kids in mind. Get ready for a night of laughter, live music from Catgut & Steel, food and dance.

DINNER'S ON US!

No need to pack a picnic, folks! We've got a delicious dinner spread that'll satisfy everyone's taste buds. So come hungry and leave with a heart full of joy!

FUNDRAISING FOR A GREAT CAUSE

All the fun and excitement is for a purpose! We're raising funds for the Islington Early Childhood Centre, supporting the education and development of our youngest community members. Your participation will make a difference in their lives!

So put on your dancing boots, gather your loved ones, and join us for a night of dancing, laughter, and goodwill. Let's dance the night away as we make a positive impact in our community. See you at the Family Barn Dance!

Tickets: Single Pass is \$10 + BF (1 child or 1 adult) | Family Pass \$25 + BF (Family pass is based on 1-2 adults and 1 or more children. If you have more than two adults attending - please buy a single pass as well.) *All children must be accompanied by an adult.

Doors open at 5pm. Dance starts at 5:30pm.

Thanks to our sponsors: Sacred Heart Primary School for the School Hall; Catgut & Steel for the music; New World Gardens, Pure Services, and McEwan Transport Ltd. for providing dinner!



Playcentre 🔩

Term 4 at Opoho Playcentre began with my son sprinting down the path to see 'his Ros' one of our two fantastic educators at Ōpoho Playcentre. My son has known Ros since he was four weeks old and fresh out of lockdowns. At that time, I was so happy to be back at Playcentre where I found some willing arms to hold my newborn while I got to lavish some much needed attention on my then three year old.

She's gone off to school now, alongside a cadre of Playcentre buddies, and I've gone back to work. We've been lucky enough to swing our week so that both me and his Dad get to take our son (now 3.5 years) one morning a week each and he attends a lovely kindy the other three days. It's a precious mix of experiences for him and for us as we get to connect and play with our child while getting connection and support with other parents too. It's our village.

At Playcentre you attend with your child and get to roll with their self-directed play in a beautiful and well-resourced environment. Our little gem of a centre

can be found at 28a Signal Hill Road, Monday, Wednesday, Thursday and Fridays from 9-12(ish) and caters for 0-6year olds (and their parents).

We are a parent-run community supported by our two amazing ECE-trained educators Ros and Helen. They bring creative ideas, fun and extensions to every session.

We are hoping to share our community with even more parents who are interested in trying out our place. This term we are offering fee-free Thursdays! Come along for a visit Welcome to our Village then, or any other day that suits your whanau. Hope to see you there!

.....

advertisements ngá pánui hokohoko

art, craft & music **ART CLASSES**

For all levels. Casual attendance welcome, tutor Anneloes Douglas, community rooms, 10am-noon, Thur. 🔲 027 307 7034 💊 467 9993 anneloes.douglas@xtra.co.nz

ART CLASSES

Continuous class, newcomers welcome, 1–3pm, Wed, community rooms; 1–3pm, Thurs, St Peter's Church Hall, Caversham; 7–9pm, Thurs, Logan Park High School, \$15 per session. 📞 Friederike 482 2025

ART FIBRE DUNEDIN

Bring lunch and required supplies, 10am–2pm, second Sunday of each month, community rooms. Megan 027 245 8605 Tartfibredunedin.blogspot.com

CELLO LESSONS

All welcome. What works for you is best! Some instrument hire options available. NEV based. 4 years cello teaching experience & a performance degree. Also open to performance opportunities. 🔲 Ellen 027 430 7739 ellen.walters@gmail.com

DIAL-A-PIPER

Available for any functions including birthdays, weddings, funerals, Haggis Address, etc. Feel free to contact me to discuss your function. Can travel. 💊 03 473 0045 or 🔲 027 473 0060 thepiper50@gmail.com

DUNEDIN FIDDLE CLUB

Mostly Celtic tunes, mostly fiddles. New players always welcome! Wednesdays 7.30pm at The Valley Project community rooms. Just drop in or **▼** anna.bowen1@gmail.com

FOLK CLUB OPEN MIC NIGHT

Songs, tunes and convivial company every Thursday from 7.30pm. Come and join the supportive circle to play or listen. Dunedin Folk Club, 80 Lovelock Ave. ≤ info@nefc.org.nz

GROUP DRUM LESSONS

Learn to play djembe, cajon, percussion with a focus on enjoyment, finding your sound, and jamming. Jamie: drumwithjamie@gmail.com 027 550 2858

KIDS ART CLASS

Thinkit Art offers dynamic and enriching after school term art classes for 7–15yo. Focus is on enriching creativity & exploring who you are as an artist. Book Now: Kiri Scott Artist – Oniyonkid. 🖸 @thinkitart 🔲 021 118 9882 @thinkitartfeuerstein.art
 Thinkit.fie@yahoo.com

MUSIC LESSONS

Celtic style flute, tin whistle, and guitar lessons by Rennie Pearson. rennie.pearson@gmail.com renniepearsonmusic.com

MUSIC LESSONS

Guitar, drums, singing, with professional musician. All ages. Contact Bevan: 🛛 027 363 1376 or **v** bevan37@hotmail.com

PAD-MAKING WORKING BEE

Interested in plastic-free period products? Like to sew? Learn to make sustainable period products for you and whanau. Contact sewon@christinekeller.co.nz

SHE CHOIR DUNEDIN

A non-auditioned, collaborative choir welcoming women, nonbinary, and gendergueer people. We rehearse Wednesdays during term times, 6.15–7.30pm at DNI. No prior contact or experience needed - just turn up and sing with us! f @shechoirdunedin

SOUNDS NOR'EASTERLY

Do you enjoy singing with a group? Why not join your local community choir? All ages and abilities welcome. DNI design lobby every Tues, 7.30–8.45pm. Email Marion for info marion.okane68@gmail.com

STAND-UP COMEDY

Open mic at Inch Bar, every Tuesday and penultimate Wednesday. Open to all skill levels. Contact reuben@dunedincomedy.co.nz

UKULELE SESSIONS

Wed, 7-8.30pm, Valley Baptist Community Centre, 280 North Rd. Just turn up or call/text Mary for more info: **Q** 027 929 9813

community

ALZHEIMERS OTAGO

If you are concerned about your own memory loss or supporting someone with dementia, we are here for you. Contact us about our free support for individuals, carers and families. 💊 03 471 6154 Still.Me@alzheimersotago.org.nz www.alzheimersotago.org.nz

BALMACEWEN LIONS CLUB

Meets 2nd & 4th Mondays at Otago Golf Club: 125 Balmacewen Rd, Dunedin. New members welcome! Contact Secretary Russell Hancox: • 03 467 5126 (evenings)

BIKE WORKSHOP

Get help, use our workshop. Bikes available for koha, 3.30–5.30pm Tues, and 9.30am–12.30pm Sat. Valley Community Workspace, 11 Allen Street. Email Peter: peterd0n@yahoo.com

COMMUNITY ACCOUNTING

Dunedin Community Accounting provides free accounting training & advice for non-profits in Otago. For more info call 🔲 0800 113 160, 💌 kiaora@dca.org.nz 🖵 www.dca.org.nz

CITIZENS ADVICE BUREAU ŌTEPOTI | DUNEDIN

Free, confidential, independent information & advice. Know your rights, how to take action and how to access the services you need. For ANYONE about ANYTHING! 6166 or 0800 367 222 🖵 www.cab.org.nz 😯 CABDunedin 155 Princes Street

COMMUNITY PATROL

Dunedin North Community Patrol. Assisting Police to ensure our communities are safe to live in. Volunteers welcome. Call Garry for more info: 🔲 027 364 1485

COMMUNITY STUDY CIRCLE

Baha'i Spiritual Training. Develop your capacity to offer service to your community as a result of exploring spiritual concepts and how to apply them to everyday life. Strictly FREE. Ash: 🔲 022 615 6115

DALMORE RESERVE COMMUNITY GARDEN

Join us fortnightly at the garden on Allenby Ave., Pinehill. All welcome. Tools provided. Check Facebook for dates/times or 💌 dalmorecommunitygarden@gmail.com

DUNEDIN CURTAIN BANK

Open again for 2023! Got a StudentID, Community Services card, or SuperGold card with CSC? See us at 174 Princes St. 9–4pm Mon-Thurs. or apply online: www.dunedincurtainbank.org.nz

DUNEDIN NORTH PROBUS

Are you retired or close to retirement? Could you benefit from an opportunity to meet others and enjoy social outings? Now accepting women's membership! NEV bowling club, 10am, 2nd Monday each month. Peter 🔤 peabee@xtra.co.nz or **\$**455 1256 or **\$**Don 473 7544

ENABLING LOVE

Looking for friendship & social connection? 18-65 years welcome to weekly coffee group at Otago Museum Cafe, Thurs, 1–2pm. More at 🖵 enablinglove.nz or email Joshua for venue: ve

FRUIT & VEGES NFP

Fresh fruit and veges at wholesale prices with All Saints Fruit and Veges. Small, med, family weekly bags. Order at St Martins, 194 North Rd, Thur, 4.30pm, or sign up online: fruit.vege.allsaintsdn.org.nz

GARDEN SPACE AVAILABLE

Owner of good sized garden wishing to freely share it with someone who can benefit from and utilise the space for gardening. Contact: caitlin.lester@gmail.com

LEGAL ADVICE

Free legal advice at Community Law Otago, available by appointment. Legal advice by qualified lawyers, practical solutions. Appointments now available at the Valley Project on Tuesdays from 11am. **©** 03 474 1922 or reception@dclc.org.nz

NEED A JP?

The Valley Project offers walk-in JP services for affidavits, document certification, KiwiSaver withdrawals, immigration, etc. Every Sat. 11am - 1pm.

NEIGHBOURHOOD SUPPORT

Create safer, more caring communities. For info and local contacts: coordinator@nsotago.nz **6** 03 456 0857

NEV COMMUNITY GARDEN

North East Valley Community Garden, directly behind NEV school. Pay us a visit! We meet every wknd: 1st & 2nd Saturdays 9.30–12pm, 2nd & 4th Sundays 1–4pm.

NORTH DUNEDIN SHED

Open Mon, Wed and Sat mornings. 35 Bonnington Street, over the bridge. Membership full until 2024 North Dunedin Shed Society Inc.

NEV JUSTICE OF THE PEACE

Pine Hill resident, Colin Lind, available for JP services. Flexible days and hours. **6** 03 473 7174 colinlind@hotmail.com

VOLUNTEERS NEEDED

CREST train at the Botanic Garden. Can you help? Volunteers needed for driving, ticketing, commentary, maintenance. 🖵 crestrides.org.nz or **D** Rodger 027 471 4902

WILD DALMORE RESERVE

Help us protect and restore the native biodiversity of Dalmore Reserve. We meet most Sunday afternoons. Entrance at 20 Allenby Ave, Pine Hill. Contact us through G Wild Dalmore Reserve or phone/ text 🗖 021 206 3593 for info.

employment **BEDTIME SUPPORT POSITION AVAILABLE**

Seeking person w/initiative to assist a young disabled man with evening routine: personal care & household tasks. Must be physically strong as transfer assistance required. 8.45-9.45pm, 4-on/4-off roster. Position based in NEV. Applications w/CV ccsDisabilityAction.org.nz

WORKBRIDGE

voice@northeastvalley.org

A FREE specialised service assisting work-ready people with any health conditions/learning difficulties/ injuries to find suitable employment. All aspects of vocational prep provided - CV's, cover letters, job search, interview skills, placement. Once employed, support continued 12 months more. **Q** 0508 858 858 or visit 🖵 workbridge.co.nz



16 www.northeastvalley.org 03 473 8614

fitness & health ADULT YOGA CLASSES OPOHO SCHOOL

Fiona Johannessen, experienced yoga teacher of all ages & levels. Needing time to focus on breathing and moving mindfully? This might be for you! Tues. 7.30–8.30pm (school term). \$10 casual rate. All levels welcome. ➡ Fiona: sweetfee77@gmail.com

BALFOLK DANCE CLASSES & EVENTS

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BALFOLK PARTNER DANCES Polka, Mazurka, Valse, Reinlender. No partner needed. Mondays, 6–7pm (Beginners) at Opoho Scout Hall,123 Opoho Rd. Mondays, 7–8:30pm (Beyond Basics) at Opoho Scout Hall, 123 Opoho Rd.

BALFOLK IMMERSION All common Balfolk dances for bal, Tuesdays, 7–8:30pm at Sacred heart School Hall, 63 North Road.

All classes offer blocks of 5 consecutive classes. \$40/block. \$10 casual attendance. No prior bookings, experience or partner are required.

> OAMARU HERITAGE CELEBRATIONS

17 Nov. Pop-up performances 18 Nov. Lower-Decks workshop 19 Nov. Lower-Decks Dance

BAL DE LA SAISON DOUCE Saturday, 25 Nov. 7:30pm NEV Baptist Comm Centre, 270 North Rd.

JOSEPHINE BALFOLK MINIBAL Sunday, 26 Nov. (last minibal for 2023) 2–3:30pm in Josephine Foyer, Toitū Otago Settlers Museum. FREE!

Event details on page #4. All classes and events on Eventfinda and Facebook: BALFOLKDunedin

balfolkdunedin@gmail.com

BELLEKNOWES GOLF CLUB Green fees \$15

\$10/player after 4pm Come & enjoy our fantastic 9-hole golf course on Lawson St. Spectacular views over the city. Call Secretary, Christina King: \$ 03 467 9499

CONTRA DANCE

Every Monday 7.30–9pm. Valley Baptist Community Centre, corner Calder Avenue. \$3. No partner required. **Q** 0211854566

DUNEDIN BMX CLUB

Race night, Forrester Park BMX track, 5.30pm, Thursdays.

FOLK DANCING FOR FUN

'EVERY BODY' HOLISTIC MASSAGE

KUNG FU

Fitness, discipline and self defence. Classes for 7–12 years Wed, 5–6pm, Sun, 3–4pm, teen & adult classes, Wed, 6–7.30pm, Sun, 4–5.30pm, Sacred Heart School, 63 North Rd. Contact Kenneth ☐ 021 0242 38 ■ Dunedin@shaolinkungfu.co.nz

MASSAGE FOR WOMEN

with Uschi Heyd. Book your session online 🖵 www.kindliving.co.nz or call/text 📞 Uschi 027 360 0238 Mention the Valley Voice to receive a 10% discount on your first massage.

MEDITATION FUNDAMENTALS

Discover the ART OF WISDOM. 12wk 'FUNDAMENTALS OF MEDITATION' courses consist of 'Theory and Practice.' One cannot go without the other. Classes run on koha participation, run all year, and are level based. Contact Colleen Robb: ciga.nz.dunedin@gmail.com

or **[** 021-0228-7258.

MEDITATION & MINDFULNESS

ORTHO-BIONOMY

In pain or discomfort? Had surgery or injuries? Ortho-Bionomy is a gentle way to help you in the process of maintaining balance or accessing your resources during your recovery! For info & bookings: 🖵 juliafast.nz

PARKRUN

Free, weekly timed 5km run/walk, Sat, Botanic Gardens. Meet at café, 8am summer, 9am winter. Go to parkrun.co.nz for more info.

STEADY AS YOU GO

(Age Concern) Gentle balance and strength exercises, Valley Baptist Community Centre 10.30am Mondays, Opoho Church hall 1.30pm Tuesdays, and Pine Hill School Library 11am Thursdays.

TANNOCK GLEN

The 3.5 acre garden of the Dunedin Rhododendron Group is situated in Torridon Street, Ōpoho. Members of the public are invited to visit at any time. Dogs permitted on a lead.

THREE LEFT FEET

Social dance group, no experience or partners necessary. European dance – folk and traditional, \$5 or \$7.50 per couple, Nga Maara hall, 6–7pm, Thursdays. 🗋 Marilyn 027 446 3358

YOGA IN THE VALLEY

Instructor Adair Bruce, 6–7pm, Fridays, DNI designspace; 9.15– 10.15am Wednesdays, community rooms. \$10 waged, \$8 unwaged. More info ➡ adairbruce@hotmail.com

ZEN MEDITATION

Traditional Zen for beginners and those experienced. All welcome. 7pm Thur. Quaker Rooms, 15 Park St., Dunedin North. Koha please. 6wk beginners courses through the year. 7-day retreat on Quarantine Island annually. **Glenn 473 6256**

for families, kids, and teens

EARLY YEARS CARE AND KINDERGARTEN

Childcare for 0-5yr-olds inspired by Rudolf Steiner and Emma Pikler, offering homely rhythms, seasonal songs/stories, and natural space for children to learn and grow. Organic vegetarian kai provided. 351 Pine Hill Road. 🖵 auroratamariki.co.nz

DUNEDIN CITY TOY LIBRARY

A vibrant toy library for children from birth to 7yrs. Huge range of toys, ride-ons, dress-ups, puzzles, and games. Valley Baptist Community Centre, 270 North Road, 3.15–4pm Wednesdays and 10–11.30am Saturdays.

DUNEDIN PUBLIC LIBRARY VALLEY LEGO & CRAFT CLUB

Years 6–8! Valley Baptist Community Centre on 3rd Wed. of every month, 3–4.30pm (excl. school hols). Lowtech club is the opportunity for you to get creative w/Lego & craft. Also books to read/borrow with a Dunedin Public Library card.

DUNEDIN RUDOLF STEINER PLAYGROUP

Te Whare Ako Marie. A sanctuary for creative play for children from birth to kindergarten. A place of peace and friendship for parents. Groups meet weekly, term time. Contact us for times and days \$471 2163 or adunedinsteinerplaygroup@gmail.com

ISLINGTON EARLY CHILDHOOD CENTRE

Independent NFP. High-quality education for 2–5yrs, small session sizes up to 20 children, wellresourced play space, & new nature playground. Extended hours: Mon– Fri 8.30am–2.30pm. Book a visit to discover this treasure, hidden in the heart of the Valley. 03 473 7490 ■ islington.ecc@gmail.com

🖵 islington.org.nz

MAINLY MUSIC

Leith Valley Church, Malvern St, Wednesday 10am, \$4. Contact: Fran 467 9208 (Leith Valley Church Phone No) or **[]** 027 456 1188

MT CARGILL GIRLGUIDES

Pippins, brownies, guides, & ranger groups in the valley. □ 0800 222 292 or ■ info@girlguidingnz.org.nz

NEV CODE CLUB

Primary ages 7–10yrs. Held term time Mondays 3.15–5pm in the Valley Baptist Community Centre tech space, 270 North Road. Join us for some code club projects and some friendly games. Meet some like minded techy friends. FREE to attend ♀ com2tech ♀ com2.tech ♥ office@com2.tech

NEV GAME DEV CLUB

NEV NORMAL SCHOOL PTA

Monthly meetings at Valley Project on a Thursday evening. Anyone interested in being of service to this wonderful school is welcomed. 14 Sep, 12 Oct, 9 Nov, 7 Dec. ☑ nevn.pta@gmail.com

NEV PLAYGROUP

For 0–5yrs, variety of experiences to enhance development of your child and meet other local young families. Free morning tea and lunch provided for adults. Please supply child's morning tea. Valley Baptist Community Centre, 270 North Rd, 9am–2.30pm Wednesdays ☑ nev.playgroup@nevbctrust.org

ÖPOHO PLAYCENTRE

ŌPOHO SCOUTS

Keas, 4–5pm, Tues; Cubs, 6pm– 7.30pm, Thur; Scouts, 6–8pm, Wed. Ōpoho Scout Den. ➡ Shane: opoho@group.scouts.nz

SPACE FOR YOU AND YOUR BABY

Programs run by registered ECE teachers supporting families through their 1st year with new baby. School terms at Valley Baptist Community Centre. ☐ 021 150 9165 or Space@nevbctrust.org

SUNDAY SCHOOL

Variety of classes with stories, crafts, songs, and more. Ages 4–18yrs, 9.30am Sun (term time only), DNI (tech area). All welcome! No charge. 020 4079 5727 or go to undedinchristadelphians.org

Classifieds continued next page... 🕼

further education BEGINNER ENGLISH FOR CHINESE

Join our beginner English conversation group for senior Chinese new to English language. Shared meal. Small contribution to costs. Great way to improve simple conversation. No English necessary. Tian: **Q** 029 02 0009 68 **Q** 254783519@qq.com

COGNITIVE ENHANCEMENT

Thinkit Feuerstein is a cognitive enhancing program for individuals with learning differences. Enriching thinking and learning skills for ages 5+ to adults. Private sessions held in North East Valley/Dunedin Schools. Book Now: Tutor Kiri Scott, certified practitioner in Feuerstein method. 021 118 9882 www.icelp.info Thinkit.fie@yahoo.com

COM2TECH DIGI DROP-IN

A community-led group that offers a range of free classes to upskill our communities in communications technology and online safety. 12.30–2.30pm every Monday at Valley Project ♀ com2tech ➡ office@com2.tech ➡ com2.tech ➡ 027 256 9182

GERMAN LANGUAGE LESSONS WANTED

Beginner level required. I'm on a seven day streak on Duolingo, so I have some basic knowledge. Txt or phone **Q** 027 710 7077 Danke!

INSPIRING MATHS CLASSES

ITALIAN CLASSES

Experienced teacher, native speaker of Italian. Small groups, all levels, from absolute beginners to advanced and conversation. 027 341 8312 or **\$**473 0832 antonella.vecchiato@gmail.com italianclasses.co.nz

LEARN ENGLISH

English for daily life and work. Free and low cost courses. Please contact one of our staff at English Language Partners: **\$** 455 5266 or via email

MATHS MADE EASY

Experienced maths teacher, recently retired. Primary and secondary certified. Montessori trained. Private tutoring at your home or mine and Zoom as another option. Different strategies to help your child achieve success. □ Diane 021 357 565 v dvalavanis@aol.com

NATIVE FRENCH TUTOR Conversation, preparation for exams, for adults and

children. Hourly rate. French Up Your Life! ☐ Sandrine 021 107 5814 or ➡ sanfeillet@gmail.com

REO MÃORI

Reo Māori teaching or tutoring for adults. Groups or individuals. John Birnie: ➡ johnbirnie@hotmail.com or ♣ 021 236 3765

VOCAL TEACHER

I live in the Valley but work from my studio on Vogel Street. I currently have times available on Tuesday and limited times available on Monday. All ages, all skill levels. Starts from \$30 a lesson. Text for more info/to book: **1** 022 122 3405

housing

'HAZELBANK'

Normanby bush lifestyle section for sale with beautiful two-bedroom kauri villa. Separate studio and garage. Fruit trees and bushes. Very private. For viewing **6** 03 473 1650

SELF-CONTAINED UNIT

Looking for a one bedroom flat/self contained unit or studio room. Unfurnished. Up to \$320 p/w. In a quiet, safe building with no smokers. Quiet, reliable tenant. I have autism. Text **Q** 022 034 6290

trading corner BABYSITTER

10 years of childcare experience. Full drivers licence. Have worked with twins. **Q** Kelly 027 697 9194

BALDWIN STREET BOOK

CAKE BAKER

Home-baked cakes large/small for your pleasure. Made to order. Price list available. **473** 0159 (evenings)

CHIMNEY SWEEPS

Top Hat Chimney Sweeps offering single flue cleans for \$100 or two neighbouring houses for \$85 each. FREE glass door clean. Replacement services on firebrick, door seal, and baffles. Text Luke **Q** 027 332 2915

COMPUTERS

I fix computers! Low rates, great service, Windows, Linux, Mac, Android. 🔲 Matt 022 048 0012

DAVE'S COMPUTER SERVICE

Troubleshooting & tuition. Low rates. Free optimisation software. Dave 022 635 9414

EXPERIENCED PAINTER

Bruce Interior Painter (B.I.P.) Int/exterior, residential, commercial. 20 years in industry. □ 022 171 5102 ■ bip.paintiers@gmail.com

FARELLA ORTHODONTICS

Offering Valley residents limitedtime complimentary consultations for children and adults. Cuttingedge tech. 30yrs clinical experience. Flexible financing options. 021 228 4895 🖵 farella.co.nz

FOODIES NURSERY

Nurturing seedlings to maximise the flavour of summer. Personal gardener using living soil solutions. All single seedlings have 40% worm castings. Strawberry, tomato, chilli, ginger, turmeric, basil, and more. Instagram posts on Wed. Open 9–2pm Sat. 7 Arnold St. Flavour is Nutrition **Q** 021 025 977 41

GARDENER

Gardener available, light weeding/ trimming, winter rose pruning. Very experienced, \$30 per hour. • 03 473 0159 (evenings)

GARDENER/LANDSCAPER

Backblokgardens.nz. Section clearing, tree pruning/shaping, planting, custom planters, retaining walls. 021 023 44 938

HAIRDRESSER

Retired senior hairdresser providing service for seniors. Your home or mine. Dunedin North only, **S** Helen 467 9644 or **D** 021 104 1011

HOUSE SITTER AVAILABLE Woman in early sixties looking for a

house-sit in NEV for one month or longer. A writer. Enjoys looking after cats, dogs, and gardens. Written references, from previous housesits, and police check available. Rhian: ■ rhian.galnz@gmail.com

JESCARGO CARPET REPAIRS

Domestic and commercial carpet repairs. No job too small. 100% local. ☐ Jesa 022 012 1194 Sescargo_carpet@outlook.com

LOCAL HANDYMAN & LANDSCAPER

Fencing, Decks, Retaining and all types of Concrete and Paving. For a free quote contact Liam George on □ 027 239 0220 or ■ email Lg.contracting98@gmail.com

MATURE BABYSITTER

I'm a mother with grown-up children, (full driver's licence) now available for babysitting. Minimum of three hours and also able to help with homework! Pauline 027 717 0282

NEV LASER ENGRAVING

Want something personalised? Get it laser engraved. Wood, ceramic, acrylic & more. Call and see if we can help. 11 Allen St. North East Valley. Jeff 021 957 369

NEV LAWNS & GARDENS

Lawns, edges, hedges, gardens, bushes, trees, weeds and green waste removal. Consultation & quote: **Q** Steve 027 424 1828

SCRAP METAL COLLECTION Seeking your scrap metal you have rusting away or cluttering up the shed, etc. Can do small to medium size loads. []]T: 027 206 1725

SUBSIDISED INSULATION

As of August many Otago homes are eligible for subsidised ceiling and underfloor insulation! Find out more Support@premierotago.co.nz or ☐ 022 592 1807

TIPPLERS BAR

Melbourne Cup, Tuesday, 7 Nov. NZ Trotting Cup, Tuesday 14 Nov. Get your bets on early! Tuesday, 7 November - bar closed for private Melbourne Cup function. Reopens 10.30am Wed. 8 Nov.

VEGGIE SEEDLINGS

Selection of cool hardy tomato and other veggie seedlings available, locally grown. Instagram: thefreerangegardener ↓ Vanessa: 022 3055 281 ✓ freerangegardener@gmail.com

VENUS FLY TRAPS

Large caliber plants. Five times as big as those sold by the shops and are \$4.00 cheaper. Growing instructions included. \$10. **C** Pat 473 0159 (PM)

VIDEOGRAPHER NEEDED

WELDING REPAIRS

Gates, fences, balustrades also. Advanced welding courses. More info: Bob **D** 027 206 4064

church services

ANGLICAN: ST MARTIN'S 194 North Rd, 10.30am

GLENAVEN METHODIST 7 Chambers St, 11am

LEITH VALLEY PRESBYTERIAN George St. Normal School Hall, 10am

ÖPOHO PRESBYTERIAN 50 Signal Hill Rd, 10am

PACIFIC ISLAND PRESBYTERIAN 160 North Rd. English, 11am on 1st, 2nd, and 3rd Sundays; Cook Island 9.30am; Samoan 11am, 4th and 5th Sundays

SACRED HEART CATHOLIC 89 North Rd, Mass 9.30am

SALVATION ARMY 43 North Rd, community worker only, Mark O'Donnell

To add or update a listing please email voice@northeastvalley.org

Koha is appreciated, but not essential, for classifieds.

Make donations to the Valley Project bank account: 03-1726-0005606-000 Reference: VVDonation



SETTLING INTO PLACE AT PUKETERAKI

The Valley Project has been lucky over the years to have a relationship with Kati Huriapa Rūnaka ki Puketeraki. Those who whakapapa to the rūnaka and live locally have been huge supporters of biodiversity and water quality projects in North East Valley, including Love the Lindsay, Creekfest, and Open VUE initiatives. Those that work at the rūnaka level and at Aukaha (local Ngāi Tahu consultancy) have also been able to offer advice and support to our wider Valley Project mahi. We are grateful for all input to help us understand Te Ao Māori, and support us to align our mahi/work with rūnaka aspirations and values.

At the end of Ākuhata/August, current Valley Project staff and whānau visited Puketeraki Marae to get a better grounding in history and place. We were welcomed on by Mauraka and Aroha through a mihi whakatau process. Mauraka shared kōrero of the wharenui carvings, his whakakapa and journey, and took us on an oratory journey of waka, wahi tapū/special places and mahi of the rūnaka in today's world.

The weather was calm and sunny and allowed us a pleasant time working in the rūnaka māra/garden. We learned about the various rūnaka projects at the māra which include a grown-to-order nursery for other rūnaka projects; the diving, removal and processing of invasive seaweed (Underia); and māra kai/vegetable gardening. Valley Project staff and whānau helped by planting a shelterbelt, which in the future will keep those cold easterly winds off the new veges and away from nursery workers.

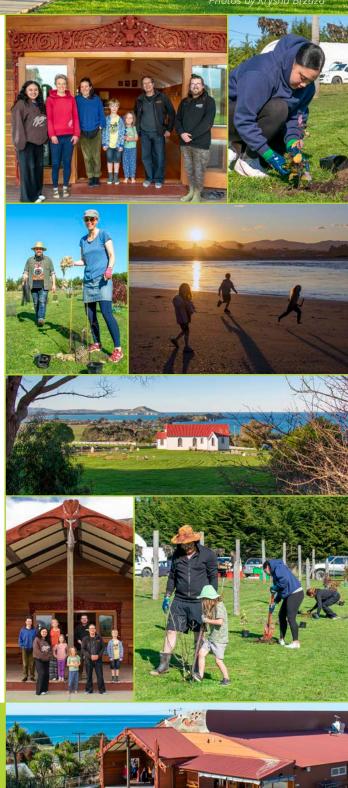
We rounded out our day with a relaxed afternoon tea, exploring the urupa/cemetery, whare karakia/church, and Huriawa Peninsula. A smaller group stayed overnight and we were blessed with the full blue moon, sounds of the waves crashing, and no snoring!

We recently visited Puketeraki for a second time to assist the team there in the māra. -- Jen Rodgers

Puketeraki Marae is situated on the corner of Apes Road and Coast Road in Karitane and overlooks Huriawa Peninsula. It is available year-round for groups who want the marae experience.

Groups visiting Puketeraki are expected to participate in a pōwhiri - a traditional ceremony welcoming people onto a marae. You may feel intimidated if it's your first pōwhiri experience, however, the process is a loving and respectful beginning of a new relationship. A pōwhiri involves formal speech, singing, and food. The steps for this ceremony are described in detail on the marae's website.

www.puketeraki.nz www.facebook.com/katihuirapa 121 Grimness Street, Karitane (03) 465 7300 admin@puketeraki.nz





STILL THE STEEPEST STREET IN THE WORLD

A substantially revised and enlarged edition of Dunedin author Ian Dougherty's book on Baldwin Street has just been published. The first edition, which appeared in 2006, has long since been out of print, and Ian says he wanted to bring the story up to date, including the controversy over a rival claim from a street in Wales.

The book includes the history of the street dating back to the 1870's, the various claims to the world's steepest street title, the street's role as an important Dunedin tourist attraction, and its hosting of events such as the former Baldwin Street Gutbuster and annual Jaffa race. Ian also writes of the local characters who have stamped their mark on North East Valley's most famous street, including Rod McLay, who climbed the street more than 500 times in his eighties; and Dave Kernahan, who developed a habit of running up and skipping down the street up to 30 times a day.

The book chronicles the weird and wonderful modes of transport people have used to conquer the street, including spring-loaded power skippers, stilts, pogo sticks, roller skates, roller blades, skateboards, unicycles, scooters, and drift-trikes. The downside of the street's fame is also

traversed: from the sometimes tiresome effects on residents' lives, to the serious injuries in motor vehicle mishaps and the death of a student who rode down the street inside a wheelie bin that crashed into a parked trailer near the bottom.

The Steepest Street in the World: Baldwin Street, Dunedin, New Zealand runs 32 A4-size pages comprising 8000 words and 60 photographs. It is available for \$20 from bookshops, and directly from the publisher, Saddle Hill Press. To obtain a copy, flick them an email (*saddlehillpress@xtra.co.nz*) or give them a call on *027 248 0714*. Books are also available for purchase from The Valley Project during reception opening hours. A portion of sales from this location will go back into the organisation.



Proud to support The Valley Project

Open 7.30am - 9pm Daily





C 455 2128

407 Hillside Rd. Dunedin

gillions.co.nz Funeral Directors

Plumbing Plumbing Laser "Murray and Corey Ford proudly servicing the Valley for 25+ years" Plumbing - new and existing Gas fitting

Drainage

(03) 456 3178 369 King Edward St. South D. dunedin.central@laserplumbing.co.nz

