



HELLO SPRING, GOODBYE CLUTTER!



We here at The Valley Project are super excited to roll out Spring Clean 2022, a community event that will see you, our community, clean out your clutter, Marie-Kondo your living and storage spaces, and generally ease into the warmer months and longer days with a sense of lightness, well-being, and perhaps a feeling of superiority that you've cast off the lethargy of winter and taken control of all your junk! Phew!

Maybe you just want to get a new seasonal wardrobe for your whānau at the scheduled rummage, or learn how to make a worm farm, swap a few vegetable seedlings for the garden, eat some great kai and listen to some live music. Perhaps you want to learn how to mend or repurpose a fave item of clothing or diagnose and fix your laptop...

There will be something for everyone at this fun, family-friendly, waste minimisation event! So if you're in the mood for a clearout and want to ensure that you are being responsible with what you no longer need, then the Spring Clean is for you. It's worth noting that if you can dispose of anything in your red or yellow bin, then do that! We only want to see stuff that you can't dispose of in the usual manner.

We are fortunate to have a grant from the DCC Waste Minimisation fund that helps cover some of our expenses and support our aim to divert as much from landfill as possible. We will have a team of dedicated volunteers, ably led by crew from Res.Awesome, assessing and diverting as much as possible away from the skip. We can take your discarded electronics, including (Continued on page #6...)

MANDY MAYHEM BULLOCK
COMMUNITY ADVOCATE

VOTE #1
CITY COUNCIL & MAYOR

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THRIVING COMMUNITIES
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Your
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Advocate

Vote 1
Joy Davis
for Dunedin City Council

Labour

Authorised by Joy Davis, 68 Macandrew Road, Dunedin

Vote 1
Steve Walker
For Dunedin City Council

Labour

Authorised by Steve Walker, 68 Macandrew Road, Dunedin

CARMEN 4 CHANGE
Vote Carmen Houlahan
for Dunedin city
MAYOR
COUNCIL

Open Honest Fair

Authorised by carmen4council@gmail.com



GREETINGS, ALL! CAN YOU TELL IT'S ELECTION SEASON YET?

New Zealand is at Orange Level of the Covid-19 Protection Framework. All staff and visitors are encouraged to wear an approved face covering while indoors. Social distancing of at least one metre is also encouraged.



There are still plenty of free rapid antigen tests (RATs) available for community members sharing a home with someone Covid-positive. Send a friend to reception to collect a RAT pack or two

for you anytime during our opening hours. Give us a ring if you'd prefer a contact-free pick-up (**03 473 8614**). You can even tap on our office door if the lights are on. To find your nearest testing location in the Southern district, call **0800 VIRUS19 (0800 847 8719)** or visit wellsouth.nz.

The Fred Hollows community room is available for hire without a capacity limit. Check the bookings calendar on our website, then book Fred Hollows by emailing pip@nevn.school.nz or calling **03 473 8246**. Please practise healthy habits when using the room! Sanitise hands and surfaces, sneeze in your elbow, etc. The community thanks you!

www.northeastvalley.org/services/community-room-bookings



Community members are welcome to the Valley Project reception area for the provision of these services:

- free wifi use
- placement of notices
- trap hire
- newsletter advertising
- laminating
- printing & photocopying

INCREASE IN RECEPTION HOURS

Tuesday through Thursday 10am - 2pm
Monday & Friday 10am - noon
Closed on all public and school holidays

Sign yourself up to receive a digital copy of the Valley Voice and/or OpenVUE news as it's published each month:

<https://bit.ly/VPnewsletters>

Run a business or group in the Northern end of Dunedin city? Join the Valley Project Community Directory! Listings are entirely free!

www.northeastvalley.org/directory



There will *not* be a November issue of the Valley Voice this year as our editor will be on holiday leave. Advertisers won't be charged for that month. Only two issues remain for 2022; October and December. Get your ducks in order and send any newsletter content to voice@northeastvalley.org by the 15th of the month prior publication month. We always welcome and look forward to your newsletter contributions! Keep them coming!

A NOTE FROM OUR CHAIRMAN

The executive has been forwarding the work plan of the Valley Project. We have been focusing on appointing a new manager. The manager is a person who leads the team on the ground and is able to mobilise the community for events and consultation.

We have also been revving up for the Spring Clean which is the premier event the Project is undertaking this year. After the last couple of years battling COVID, it is a great time to reset, de-clutter, and clean out all that material you no longer have any use for. Can't wait to see you all there....

Also, just a reminder, that if you or someone you know is struggling with food, please get in contact with our reception to provide some food for you or someone else in need. All you need to do is ask. It's not a crime to do so. Discretion is guaranteed.

Once again, we would like to thank our funders and the support we get from our community. It is hugely appreciated. -- James Sutherland

The Valley Spring Clean is back! Details on pages #6 - 7



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Need an MP?

David Clark MP for Dunedin

If you require advocacy, information or support please contact me

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dunedin@parliament.govt.nz

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Dunedin

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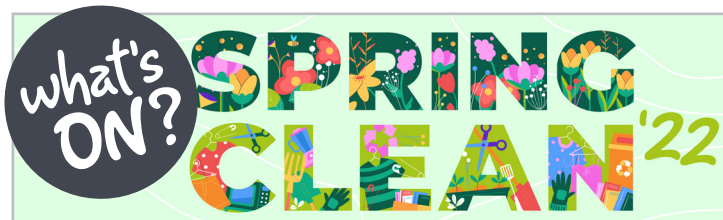


Authorised by David Clark MP,
Parliament Buildings, Wellington



North East Valley
Digital Community
DIRECTORY





VALLEY SPRING CLEAN 2022

All welcome to this fun, family-friendly, waste minimisation event jam-packed with activities and opportunities! Expect sewing and gardening workshops galore, live entertainment, a clothing rummage, fresh kai, and oodles of options for disposing of your rubbish responsibly. Turn to page #7 of this newsletter for heaps of information around this exciting community affair!

SATURDAY, 24 SEPTEMBER, 11am - 3pm

VALLEY PROJECT, 262 NORTH ROAD



COMMUNITY OPEN DAY

Valley Baptist Community Centre is hosting an open day to showcase the venue's facilities. PC-building workshops will be on offer throughout the day, as well as kids activities run by NEV Space, Playgroup, and Toy Library. Bring change for the bake sale fundraiser!

SATURDAY, 24 SEPTEMBER, 10am - 3pm

VALLEY BAPTIST COMMUNITY CENTRE, 270 NORTH RD.

AGM AT THE BOTANIC GARDEN



You're invited to the Friends of the Dunedin Botanic Garden annual general meeting. Afternoon tea will be served following presentations from Artist, Sam Foley, and Photographer, Guy Fredrick.

SUNDAY, 18 SEPTEMBER, 2:30pm

INFO CENTRE, DUNEDIN BOTANIC GARDEN

HORT TALK - BOTANIC GARDEN



LIVING SOIL: Learn how we can support soil for the benefit of all ecosystems and our own health. Free!

FRIDAY, 7 OCTOBER, 12 - 1pm

LOWER BOTANIC GARDEN

10th Waitati Music Fest '22

Bland Park
All ages
free entry, under 15y

November 5
11am - 11pm

\$35 presale
\$50 at gate

PITCH BLACK • RAW COLLECTIVE • SOUL KITCHEN
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HUMAN SUSAN • BULLETPROOF CONVERTIBLE • KING TOAD AND THE LEGEND OF THE FINGLE-BERRY
THE MASON COOPER DISASTER • INFINITE JUSTICE • AYAMVOID • SHAKES AND THE TROUBLEMAKERS
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inchBar **ON REPEAT**

TUESDAYS, 7pm
Open Mic with your host
Andy P and a different feature
act each week!

PENULTIMATE WEDNESDAY
OF EACH MONTH, 7.30pm
Silly Duck Comedy Open Mic.
Tickets via eventfinda.co.nz

2ND THURSDAYS, 7:30pm
The songs you know and love
with local muso Sam King.
Koha entry.

1ST SUNDAYS, 3.30pm
Celtic Jam sessions.

EVERY OTHER SUN. 4.30pm
Smooth jazz with Big Jazz
Apple. Koha entry.

 **8 BANK STREET, NORTH EAST VALLEY**

voice@northeastvalley.org

www.northeastvalley.org

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@valleyproject

(03) 473 8614

P.O. Box 8118,
Dunedin 9041

262 North Road,
North East Valley, Dunedin

The North East Valley Community Development Project (a.k.a. The Valley Project) is a registered charitable organisation that builds community connections and promotes the wellbeing of local families and whanau. If you like what we do, you can donate at:

the
VALLEY
project

givealittle

www.givealittle.co.nz/northeastvalley

The opinions expressed in articles are the author's own and are not necessarily shared by the editor or Valley Project Team. Submitted articles may be edited at the editor's discretion.

We'd love to hear from you! Send us your local photos, stories, announcements, etc. Deadline for newsletter copy is the 15th of the month prior. Submissions later than the 15th cannot be guaranteed space. Please keep your contributions to 250 words or less.

PŌTI 2022

NGA PŌTITANGA Ā-ROHE

VOTE 2022

LOCAL ELECTIONS

THE 2022 LOCAL ELECTIONS

Enrol or update your details to vote in the local elections.

vote.nz
0800 36 76 56



If you have enrolled or updated your address after midnight of **12 August 2022**, you won't get your voting papers sent to you in the mail. You'll have to request special voting papers from your local council's electoral officer.

The last day to enrol to vote in local elections is **Friday, 7 Oct.**

2022 LOCAL ELECTIONS TIMETABLE

Prepare to vote for a Mayor, 14 Councillors, Community Boards and the Otago Regional Council.

FRIDAY, 16 SEPTEMBER

Voting and special voting begins. Voting documents sent to all enrolled voters by local councils.

SATURDAY, 8 OCTOBER

Election day. Voting closes at 12 noon. Progress results should be available later in the afternoon.

DCC Candidate Handbook and more:

www.dunedin.govt.nz/council/electoral-information

MEET THE CANDIDATES - All begin at 7pm

Kaikorai Bowling Club	Monday, 5 September
Port Chalmers Pioneer Hall	Tuesday, 7 September
MacAndrew Bay Hall	Thursday, 8 September
Taieri College Arts Centre	Thursday, 8 September
Burns Hall MAYORAL FORUM	Tuesday, 13 September
Ōpoho Presbyterian Church	Sunday, 18 September & Monday, 19 September
Salvation Army Dunedin Headquarters Princes St.	Wednesday, 21 September



Philip Somerville, aka the Cat in the Hat, chairs a meeting of Dunedin City Council candidates at Ōpoho Church.

COUNCIL CANDIDATE MEETINGS - OPOHO

The Cat in the Hat is back, for more than a chat.

Gain insight into the character, capabilities and views of Dunedin City Council candidates at two forums on **Sunday, September 18 and Monday, September 19.**

THING ONE: The place, Ōpoho Presbyterian Church, corner of Signal Hill Road and Farquharson Street.

THING TWO: The time, 7pm to 9.10pm. We'll have the stag roarer in action again as we maintain strict timing.

Lining up on the Sunday will be those with surnames beginning in the second half of the alphabet. The rest will strut their stuff and be quizzed and questioned on the Monday. Because masks are mandatory, if you are not willing to wear one, please don't come. Candidates can take off their masks when speaking. It will also be necessary not to overcrowd the church. I will be chairing and controlling the forums in my Dr. Suez attire. We hope to have a little time for questions from the floor. There will be a cash koha opportunity for attendees. All money collected will go to the Dunedin Night Shelter Trust.

Come listen to this and to that, for all the knowledge you lack. -- **Philip Somerville**

Cr Jim O'Malley speaks to a packed hall for Dunedin City Council candidate meetings at Ōpoho Church three years ago. Photos courtesy of the ODT.



TWO VOTING SYSTEMS FOR LOCAL ELECTIONS

Local elections are soon. Two different voting systems will be used. Voting for Mayor, City Councillors (and Community Boards) is by the Single Transferable Vote (STV) system. This is a system where you need to number (rank) your votes, starting from 1 for your favourite candidate, 2 for your next, and so on. If you miss a number, or use a number twice, your vote is invalid.

Voting for the Otago Regional Council is First Past the Post (FPP)

where you need to tick your preferred candidates. If you tick more than the number of positions available, your vote will be invalid. The maximum number will be six in our area. You can tick less than six if you want.

This will be explained on the ballot papers. Be aware there are different systems. Take your time and work out your plan.

-- **Ross Davies**, Candidate for Otago Regional Council

COUNCIL ELECTIONS: MAKING THE MOST OF YOUR STV VOTE

Dunedin voters will again be using STV at the October elections to elect a new city council. Gavin Beattie outlines in this article how voters can use their STV vote to help achieve the result they want.

The single transferable vote (STV) electoral system is, as its name indicates, a single vote that is transferred between candidates according to each voter's preferences. This is in contrast to the old first-past-the-post (FPP) system, where the voter has as many votes as there are vacancies.

The STV system is quite different, and is a fundamentally fairer system. This is because all voters have a better chance of contributing to the election of their preferred candidate(s). It is also because votes are not 'wasted' by voting for candidates who are either, popular enough not to need all the votes they receive, in order to be elected, or who are not popular enough to get elected. In these cases votes are transferred, partially in the case of candidates already with enough votes to be elected, to the voter's next preference.

Not only is STV fairer, it can also provide representation proportional to the communities of interest voters relate to. This will result in greater diversity around the council table. These communities of interest may include different age groups such as under-represented young people; different ethnic groups, including Māori;

different rural and urban communities; as well as a wide range of special interest groups such as environmental and conservation interests and the disabled.

Dunedin voters can achieve proportional representation as a result firstly of the election being held at-large across the whole city. Then, by voters understanding that under STV, there is no incentive to vote in any way other than for their true preferences for the candidates on the voting paper.

This understanding is based on the fact that votes are always allocated in order, firstly to a voter's first preference (i.e. number 1 on the voting paper), and then it can be transferred to their second preference (number 2), and then to their third preference (number 3), and so on. In this way, a voter's lower preference for a particular candidate can never override that voter's higher preference. In other words, there is no incentive to vote other than according to your true preferences.

Put another way, there is no incentive to vote negatively or 'tactically' with a view to keeping a particular candidate out. The voter simply ranks other candidates higher than the candidate they wish to keep out.

Arising from this, two frequently asked questions are: how many candidates should I vote for (i.e. rank)? And, should I rank at all, the candidate I least want to be elected?

Voters can rank as many or as few candidates as they wish. As long as your voting paper has a single number 1, a single number 2, a single number 3 and so on, your vote will continue to be counted. The more preferences you identify, the more you maximise the power of your single transferable vote.

Some voters rank all candidates. Some rank candidates equal to the number of vacancies there are. Some may rank candidates up to the point where they have no further preferences among the remaining candidates. Some may rank candidates up to the point where they cannot bring themselves to vote for a particular candidate, i.e. their least preferred candidate.

The number of ranked candidates is up to each voter. As long as there is a continuous sequence of singly numbered rankings (i.e. 1, 2, 3 etc.), you can contribute to the election of at least one of your preferred candidates. In doing so, you will have a say in electing a council that is more representative of the diverse communities that make up Dunedin City.

-- **Gavin Beattie**, former senior adviser to the Local Government Commission. At the Department of Internal Affairs he led policy development for the Local Electoral Act 2001 including the options for councils to establish Māori wards and to adopt STV.



PRE-ELECTION REPORT 2022

Under the Local Government Act 2002 every local authority is required to produce a Pre-Election Report that gives a snapshot of the current state of the community. It talks about what Council is doing, what's planned, the challenges, and of course the opportunities.

The 2022 Report rightly focuses on how we will grapple with the effects of climate change as well as the challenges faced by Council as Central Government reforms begin to take hold. However, here's some other interesting and enjoyable information also detailed in the Report.

Dunedin's population is 130,480. 36% of Dunedin's population is aged 25 and under. 86% of the population agree that

Dunedin is a great place to live. 11% of the Dunedin population are Māori. Dunedin is also a city of firsts – the first public art gallery in NZ, the first university, the first state secondary school for girls (Otago Girls' High School), the first Polytechnic, and the first daily newspaper!

30 native plants and animal species are ONLY found in Dunedin and in 2021 we were the city with the greatest number of kererū observed per capita – yay!

As the city's CEO states at the beginning of the Report:

“ Ōtepoti Dunedin really is one of the greatest little cities in the world. ”

-- **Steve Walker**, Dunedin City Council Candidate

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(continued from front page) ...monitors, computers, printers, screens, microwaves, vacuums, stereos, heat pumps, phones etc. The Valley Project will subsidise the costs for this but there will still be a cost to you to rid yourself responsibly of these goods. We can also take paint, metal, and non treated wood, but no chemicals, no green waste, and nothing bigger than can fit in your boot or back seat. Sorry, but we can't accept trailer loads, utes, trucks, or van loads.

Please bring your own water bottle, cup, plate, cutlery, and bags so that we can really work towards making this a zero waste event.

The NEVN School hall will have a Rummage run by Te Rōopū Mānaaki where you can comb through the pre-sorted Spring and Summer clothes, and other bits and bobs.

Demonstrations will be happening in the Fred Hollows room, encompassing mending and repurposing clothing, creating your own re-usable sanitary products, creating a worm farm and understanding bokaashi, plus lots more.

There will be music, fun, tasty kai, seedling swaps, and most importantly of all, an abundance of community. Come down and re-engage with your people, feel the connections and remember why you live in the sweetest spot in the lower South Island (<https://bit.ly/SweetSpotNEV>).

It's all happening on Saturday, 24th September, from 11am to 3pm. Check out all that's on offer next page over! -- Kate Vercoe

Wanna know what you can get up to at the upcoming Valley Spring Clean?



Spring Clean scenes from years past.

SPRING CLEAN

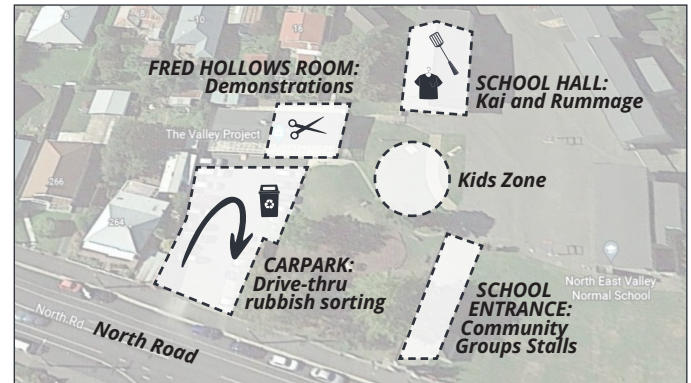
THE VALLEY PROJECT, 262 NORTH ROAD, NORTH EAST VALLEY

SATURDAY, 24 SEPTEMBER 2022, 11am - 3pm

The great Valley Spring Clean is making a return this month!

Many of you will remember this event from pre-COVID days, and now we're bringing back the big day out you all know and love. Now you'll know the Spring Clean is certainly about bringing your clutter, waste, and excess stuff to properly dispose

of or redistribute to others. The thing is, we at the Valley Project will be committed to making space for wonderful experts to share knowledge and choice tips to help you get clued up on proper household sustainable practice. It's super important that we all have a measure of self-sufficiency, to be able to take care of ourselves and our belongings in order to lead meaningful lives! So what's in store at the Spring Clean? Read on!



DEMONSTRATIONS



MEND AND MAKE AWESOME WITH STITCH KITCHEN

Why 'make do' when you can Mend and Make AWESOME!? Join the repair revolution with our friendly team of experienced menders for inspiration and practical help turning flaws into favourite features! Stitch Kitchen's Fiona Jenkin will be on hand to demonstrate quick and fun repairs, and help you do it yourself with all the tools to make it simple. **Book a time by Sept. 10th by emailing info@stitchkitchen.nz!**



D.I.Y. PLASTIC-FREE SANITARY PADS WITH SEW ON

Christine from Dunedin's LoomRoom will be showcasing her new Plastic-Free Periods initiative; SewOn! She will demonstrate how to make your own sanitary pads, and will show period products to manage periods plastic-free with reusable products. Learn some sewing skills, discover the benefits of sustainable materials, and transform your outlook on personal hygiene products! This will be the first of many pad-making initiatives you can get involved in with SewOn.



GARDENING TIPS WITH NORTH EAST VALLEY COMMUNITY GARDEN

North East Valley Community Garden will be demonstrating worm farms as well and sharing information about growing from seed and all things gardening. If you haven't checked out the community garden then this is your opportunity to wander up the hill and do so!



ENVIROSCHOOLS WORM FARM AND BOKASHI

- 11:30 How to set up a worm farm
How to make a worm farm in an ice cream container
- 12:30 Bokashi composting system demonstration
- 1:30 How to set up a worm Farm
How to make a worm farm in an ice cream container
- 2:30 Bokashi Composting system demonstration



RUBBISH SORTING

Bring along discarded electronics, paint, metal scrap, old furniture, and untreated wood, and we'll help you dispose of it responsibly. Follow the signage through the school carpark situated in front of the Valley Project rooms and we'll direct you to a drop-off point. No more than a boot-full of rubbish, please. A subsidised disposal fee will apply for all electronics.



FREE MARKET

Next door in the N.E.V. Normal School hall you'll find the Spring & Summer clothing free market, presented by Te Rōpu Mānaaki whānau. Come check out the local collection of clean and ready-to-wear clothes for the upcoming warmer seasons, including an accessories area for summer hats, swimwear, and more.

In order to keep things tidy and help minimise waste, we won't be accepting donations on the day. Thanks for understanding. Details for donation drop-offs to be announced in the NEVN school newsletter and via Valley Project Facebook in coming days.



COMMUNITY OPEN DAY

While you're in the neighbourhood, why not take a short walk around the corner to Valley Baptist Community Centre (270 North Road) where a Community Open Day will be taking place from 10am - 3pm.

- ◆ Yummy food with a Fundraising Bake Sale!
- ◆ Build-A-PC workshops hosted by Com2Tech!
- ◆ Showcase of the venue's facilities; available for future bookings!
- ◆ Kids activities by N.E.V. Space, Playgroup, and Toy Library!



VOLUNTEERS NEEDED!

This is a community-driven, community-informed event, which means WE NEED YOU to fill volunteer spots! Got some spare hours, brain power, and motivation to lend to our worthy cause? Great! Get in touch with Liam at liam@northeastvalley.org



Our Kai Pantry at the corner of the carpark is quite hungry for donations just now! Any food dropped off seems to disappear within minutes. Bellies are clearly in need of filling. IF YOU HAVE THE MEANS TO SHARE, PLEASE DO!



VALLEY KAI KEEPING FAMILIES FED

A big shout-out goes to local businesses who have rallied around the Valley Kai initiative, Keeping Families Fed food boxes, with funding from the Ministry of Social Development. This small initiative has been focused on working with some Pine Hill whanau, with recognition that this winter has been tough on families, with Covid isolation and winter flu and illness taking its toll, coupled with increased living costs.

Winter support boxes have been made up of:

- 🍏 An All Saints' Fruit & Veg Produce Bag
- 🍴 A cooked meal from Karl of YourProChef
- 🥬 Bulk goods from Veggie Boys
- 🏠 Pantry staples from Gardens New World
- ✍ Fresh herbs, as well as recipe ideas provided by the Valley Project.

We have been fortunate to use the lovely (and hireable) St Thomas' decommissioned Church space in Pine Hill as a hub. This short-term project is a trial of sorts, with the aspirational idea of a longer term, sustainable, bulk-purchasing model that may function like a food co-op. Next month we plan to work with Otago University Masters of Nutrition and Public Health students again, to help us conduct research with whanau to see if this idea is viable. The kai boxes have also been planned to run alongside another Pine Hill project that is soon to be launched—the Pine Hill pātaka kai open food pantry—so watch this space!

Overall this has been a satisfying project to be involved with on so many levels, but most importantly it has been wonderful to be out in our community making new connections and building relationships to better support each other. -- KJ Davie

valley
KAI



WORM FARMING – FERTILIZE YOUR GARDEN WITH FOOD WASTE

Have you ever wondered if there is a natural way to kick-start a plant's growth? Read on to learn how you can feed kitchen waste to a worm farm to create amazing fertilizer, seed raising mix, and potting mix. The benefits will be incredible vegetables, reduced household waste, and opportunities for your children to muck in and have fun!

To start worm farming you will need a house, worms, bedding material, and the right food. Pre-made worm farms make worm farming easy, they look tidy, and are great fun for kids. For a lower cost option, homemade units work well, too.

Use "tiger" worms – the striped ones. They multiply rapidly so you can build a healthy population quickly. This helps you process more kitchen waste. Start with about 250 grams of tiger worms (which amounts to around 1000 of them).

Use wet bedding material such as peat, compost, or a coconut fibre block. A primer—a few handfuls of healthy soil, active compost, or worm castings—is very useful to start a worm farm. Our children (3, 6, and 10 years old) all helped start our worm farms by gathering the farm ingredients.

Worms love being fed: kitchen scraps (all fruit and vegetables), crushed egg shells, tea bags, coffee grounds and filters, and microwaved potato skins. Tough stalks and leaves from brassicas can be chopped or blanched first. Our children help with these tasks, especially smashing egg shells. They also help empty the kitchen "worm food" into the worm farms we have.

Extra food can include (pre-soaked) toilet rolls, paper towels, shredded newspapers, corrugated cardboard, leaves, vacuum cleaner bags, and clothes dryer fluff. Just avoid citrus skins, onion skins, dairy products, spicy foods, bread/pasta and meat.

Feed your worms one litre of food scraps a week at the start. They can handle more as the population grows.

Worm farms create "worm juice" and worm castings (vermicast). Collect the worm juice from a collection tray or a tap-fitted system. Dilute by 1:10. Our children pour "worm tea" onto our rhubarb, asparagus, blackcurrants and vegetables. The results are outstanding and they love eating their super-charged food.

The vermicast is a soil conditioner that acts like a fertilizer. By adding vermicast to our son's grow box he grew radish, carrots, and silverbeet from seed. The vermicast adds nutrients to soil and improves germination and water retention. Small children's hands are great at separating worms from the worm castings.

Vermicast is great as a mulch or an ingredient in seedraising mix (20-30% with sand or peat) or potting mix (50/50 with peat or compost). Our children grow peas from seed. The "dwarf" peas grow to almost one metre! The daily consumption of worm farm super-charged peas by our three boys is a summer delight. -- James East

Learn more about worm farming by volunteering at the North East Valley Community Garden working bees!

N.E.V. COMMUNITY GARDEN WORKING BEES

Sun. 4 Sep. 1pm	Sat. 24 Sep. 9.30am	Sun. 16 Oct. 1pm
Sat. 10 Sep. 9.30am	Sun. 2 Oct. 1pm	Sat. 22 Oct. 9.30am
Sun. 18 Sep. 1pm	Sat. 8 Oct. 9.30am	Sun. 30 Oct. 1pm

DALMORE GARDEN WORKING BEES

Sat. 3 Sep. 10am	Sat. 1 Oct. 10am	Sat. Oct 29 10am
Sat. 17 Sep. 10am	Sat. 15 Oct. 10am	Sat. Nov 12 10am

LOVELOCK ENVIRONMENT SOCIETY UPDATE

Students shooting hoops, families playing tennis, young children on bikes, dog owners puppy training, people sunning themselves and yarning on the seats...at any time of the day the Opoho Tennis Courts next to Alhambra Park are busy with activities.

The Lovelock Environmental Society is an incorporated not-for-profit volunteer community organisation which was established in 2010 to maintain the courts. Keeping the nets in good condition, ensuring lines are painted, installing basketball hoops, and paying annual DCC lease costs are some of our achievements.



Meet some of our Opoho Court regulars:

Jaison Babu and Nipin Krishna are registered nurses from India, who come to play basketball twice weekly and love this space.

John McAndrew with Emily and Thomas who live on Blacks Road, use the tennis courts every week or two for biking, scootering, and sometimes even roller skating. It's great to have a flat and car-free slot to play on in Opoho.

Tim Molteno, daughter Charlotte, and dog Lucy visit regularly for learning to ride a bike and skateboard. In between they enjoy a spot of tennis.

Lovelock Environment
Society Bank Account:
ANZ #01-0906-0157733-00

Anyone interested in keeping the Opoho tennis courts and basketball hoops available to the community is invited to make a donation to the Lovelock Environmental Society for the purpose of building up funds to pay for the council lease in the future.

Like to know more or join, contact Miriam Vollweiler at miriamv@xtra.co.nz



CONNOR'S COLUMN: AND SPEAKING OF LOVELOCK...

Jack Lovelock was a runner from Timaru who won the 1500 metre race at the Olympic Games in 1936.

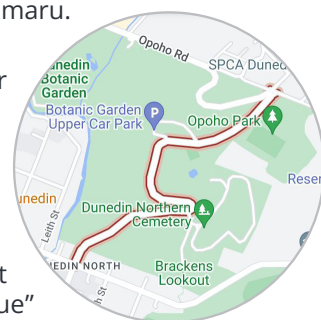
John Edward (Jack) Lovelock was born on the 5 January 1910 and started running when he was in primary school. He went to Otago University and competed in the mile race while he was studying medicine.

Jack then went to Berlin for the 1936 Olympics where he won New Zealand's first athletics gold medal in the 1500 metres race. He called the world record he set "an artistic creation."

He was awarded an oak seed for winning the race, which has since grown into a huge tree in Timaru. It's considered a national treasure.

Mr. Lovelock paved the way for future generations of runners such as Sir Peter Snell, Sir Murray Halberg, and their coach Arthur Lydiard, who I will get to in the next issue of Valley Voice.

Jack even has a Dunedin street named after him - "Lovelock Avenue" in Opoho. -- *Connor Fa'asega*



THE SHIMMERING OF DRAKE'S FEATHERS - DANCING WITH MICHAEL PARMENTER

Dance teachers are dancers who teach. They don't dance while they are teaching. If they do not have a world where they truly dance, they lose their connection to dance. After many years of teaching I had forgotten what dance was. What was I to teach then?

These days, my morning walk along the Leith river takes me to the dance studio. It invariably turns into a walking meditation, a preparation to dance. I breathe in nature and I become the flow of the river forever going forward. I glide with the birds and can feel the wind in my wings. When I arrive at the door of the dance studio, Michael is already there, of course. Dancing,

of course. He, for sure, knows dance intimately - I can see it.

The brutal reality hits me as soon as I start moving. Gone the gliding birds, the shimmering of drake's feathers, gone the flow of water. I can't float any more, my body morphs into the tin man of the Land of Oz and I awkwardly trip. I begin again. I fail, I begin again. Michael is always there, accompanying my chaotic journey back to dance. He reassures me that I will find it, the right move, the right direction, the right shift of weight. "Keep trying," he says.

So I begin again.

Sometimes, in the middle of my re-

encounter with dance, time pauses. And I dance. But as quickly as it came, it's gone. So, I begin again.

Michael is restoring my love for dance. And for that, I am so grateful.

-- *Kate Grace (dancer/dance teacher)*

Michael Parmenter is the recipient of the Caroline Plummer fellowship in community dance. He's teaching Balfolk dance classes open to the public in North East Valley and will present *The Equinox Bal* at the end of September. Details in the classifieds section on page #12.

balfolkdunedin@gmail.com
www.carolineplummer.org.nz





PLAYGROUND REDEVELOPMENT

Despite a week of dreadfully wet weather upon return from school holidays, children of Islington Early Childhood Centre could not resist being out in the elements. The relentless rain made for a splash-tacular debut of their newly redeveloped play space! The meandering river bed, complete with balancing stones, stumps, and a sandy beach, needed no filling with the hand-pump waterspout included in its installation. That didn't stop the tamariki from giving it a go, of course. When the clouds at last lifted, just about everyone present got their hands in the sand.

In addition to the main attractions, native shrubs and grasses now dot the courtyard, with a vege garden in the works. Drainage from the river bed will keep them all quenched. Bench seating has been improved and organically laid to encourage flow of play. Even footpaths received a facelift.

Islington's outdoor renovation was an enormous community endeavour spanning over two years. One year alone was spent on consultation, capturing everyone's thoughts and dreams. The second year was focused on funding and design.

Parents of enrolled children played an integral part in grant applications, earning generous support from Alexander

McMillan and Otago Community Trusts. They even rolled up their sleeves for a bit of ground prep and clean-up, donned mitts to keep the crew fed, and housed some of the workers over the two-week construction period.

The build itself was carried out by Christchurch landscape and woodcraft specialist, Natureflow, a connection made through a family of former Islington enrollees. The "digger man" Nic McEwen, Peter Fredrick of Be Wired Ltd., and plumber Vic Nicholson, all donated time and energy beyond the contracted hours. Of the entire process that a few lucky tamariki witnessed, they say the concrete pouring was the most fascinating bit!

Islington staff invite members of the community to see the results of the transformation for themselves! Pop into 16A Islington Street, North East Valley, during opening hours of 8:30am - 1pm on weekdays. While you're there, why not purchase a bag of stainless steel washing pegs for \$15? A portion of the cost will cover some of the outstanding expenses of this wonderful playground redevelopment.

An immense THANK YOU to all that helped fulfil the dream! This is a prime example of the power of community. -- *Krysha Brzuza*

MEGA SUCCESS FOR NANOFEST - BUILD-A-PC 2.0 COMING TO VALLEY

Back in mid-July, the NZ International Science Festival hosted NanoFest across a number of venues here in Ōtepoti Dunedin for half a week. From seminars and workshops to VR centres and engineering activities, there was a bit of something for everyone, parents and children alike!

Our own local Valley tech provider, Com2Tech, ran a Build-A-PC workshop at the heart of the festival in the Lower Meridian Mall. We had an enthusiastic turnout to the sessions - bright-eyed, tech-eager kids dragged their parents along to pull apart one of the many, many PCs on hand, to learn about the key components of what makes computers tick, then put it back together and get it up and running. At the end they got to take their new computer home... just for the price of their workshop admission! This generosity could not have been possible without Amy Souquet's stellar vision of more accessible tech opportunities for all.

A massive thank you to NanoFest Director, Jerome Cousins, for helping us facilitate this awesome opportunity! -- Nathan Laurie

Check out this upcoming tech workshop, again hosted by Com2Tech →

COM2TECH BUILD-A-PC WORKSHOP

COMMUNITY OPEN DAY

Sat. 24th September, 10am - 3pm

Valley Baptist Community Centre, 270 North Rd.





A STUDY OF LEAVES AND TREES

What initially began with a walk to the park and a collection of leaves, developed into six months of wonder, observation, and detailed investigation for the children and teachers at the Early Childhood Centre on Stafford. Resulting artwork is currently on exhibit at the Botanical Gardens Information Centre. Valley Resident and ECE teacher, Rod Eales, describes the experience:

Dry-pressed leaves were used to make detailed observational drawings. As we delved into leaf characteristics, the drawings changed to reinforce both new scientific learning as well as artistic development.

When I came across a freshly cut Gunnera leaf at the Botanical Gardens, I introduced it to the children as one of the world's largest leaves. The veins on this leaf were

enormous and were covered with sharp thorns. We then researched other large leaves, the world's smallest leaves, the most colourful leaves, poisonous leaves, water leaves, and eating leaves.

The importance of leaves in the entire natural world became evident as we researched further. We discovered stomata, the microscopic breathing holes on a leaf's surface. The children were fascinated by this just as they were with leaf veins, and again drew their own versions from photographic images from microscopes.

During our studies, we were fortunate to acquire a Venus fly trap plant and several swan plants, complete with monarch caterpillars. While the Venus fly trap provided instant drama and delight, the hatching of a monarch required a little more patience for the end result to reveal itself. We watched endless time-lapse videos of both these processes. With a wide range of imagery available to the children, the drawings became far richer and more detailed.

One of my own discoveries along the way was the concept of 'Mother Trees' and how they distribute nutrients to other trees through a fungal network. This is a very abstract concept for young children to understand. However, through looking at printed images from other artists, and by drawing their own interpretations, the idea became more concrete and therefore accessible. The children

wondered, however, where the father tree was in the grand scheme of things.

Following this part of the investigation we identified a selection of root vegetables. The children made their own ginger tea with a large ginger root, honey, and orange juice. We also dug up various weeds behind our centre, noticing the differences in root formation.

The drawings represented in this exhibition are a small selection of a vast collection of works on paper. They demonstrate not only newly acquired artistic skill and thinking, but high levels of motivation, inspiration, and a love of learning about the natural world.

By providing children with opportunities to form an appreciation of nature, and a relationship or connection to nature, we are inspiring them to care for their environment and practise sustainability for future generations of trees and all life on Earth. -- Rod Eales



WEEKLY 5K PARKRUN MARKS ITS 400th ROUND!

If you need a good reason to get out of bed early on Saturday mornings, how about becoming a Parkrunner? Parkrun is an international association of runners and walkers who take part in regular, free, timed 5km fun-runs and walks. Dunedin Parkrun has been going since 2014 and on August 20th it celebrated its 400th event! Parkruns take place in our beautiful Botanic Gardens starting 9am in winter and 8am during daylight savings. Dunedin Parkrun co-ordinator, Tania Hollis, encourages everyone from club runners to social walkers to come and enjoy the non-competitive, community-based events. Kids as young as 4-years-old can participate, but children younger than 11 must be accompanied by an adult.

Parkrun aims to combine fun and fitness. There's a mid-winter pyjama run, an Easter bunny run, a Christmas fancy dress run and when the events fall on the 22nd of the month, some people wear tutus to mark the occasion! Usually, between 100 and 200 people show up, but in summer, numbers can often top 200!

To join the Parkrun movement, just register yourself at www.parkrun.co.nz/dunedin/. You will be sent your personal barcode to print out. Bring that with you and scan it after you cross the finish line. Then, your placement and time will be posted on the website. Parkrun even keeps track of your runs, times placements, and personal best times, which is great if you want to track your progress to better fitness.

Dunedin Parkrun is kindly supported by the Dunedin City Council, the Athlete's Foot, Polar and Contra fitness gear, and by many volunteers. -- Marc Schallenberg

DUNEDIN PARKRUN EVENT STATISTICS

- ★ Volunteers: 468
- ★ Average finish time: 00:32:04
- ★ Female record: Rebekah Greene – 18:57 (14 July 2018)
- ★ Male record: George Hamilton – 16:42 (24 July 2021)



art, craft & music

ART CLASSES

For all levels. Casual attendance welcome, tutor Anneloes Douglas, community rooms, 10am–noon, Thur. ☎ 027 307 7034 📞 467 9993
✉ anneloes.douglas@xtra.co.nz

ART CLASSES

Continuous class, newcomers welcome, 1–3pm, Wed, community rooms; 1–3pm, Thurs, St Peter's Church Hall, Caversham; 7–9pm, Thurs, Logan Park High School, \$15 per session. 📞 Friederike 482 2025

ART FIBRE DUNEDIN

Bring lunch and requirements, 10am–2pm, second Sunday of each month, community rooms.
☎ Megan 027 245 8605
🌐 artfibredunedin.blogspot.com

DIAL-A-PIPER

Available for any functions including birthdays, weddings, funerals, Haggis Address, etc. Feel free to contact me to discuss your function. Can travel.
📞 03 473 0045 or ☎ 027 473 0060
✉ thepiper50@gmail.com

DRUMMER AVAILABLE

Middle age drummer into all sorts (psych rock, dream pop, reggae, ambient, classical, techno, "world" etc.) looking for band/musicians. Anything with soul, groove, and edge. Paul ✉ hoani76@hotmail.com

DUNEDIN FIDDLE CLUB

Mostly Celtic tunes, mostly fiddles. New players always welcome! Wednesdays 7.30pm at The Valley Project community rooms. Just drop in or ✉ anna.bowen1@gmail.com

FOLK CLUB OPEN MIC NIGHT

Songs, tunes and convivial company every Thursday from 7.30pm. Come and join the supportive circle to play or listen. Dunedin Folk Club, 80 Lovelock Ave. ✉ info@nefc.org.nz

KIDS ART CLASS

Thinkit Art offers dynamic and enriching after school term art classes for 7–15yo. Focus is on enriching creativity & exploring who you are as an artist. Book Now: Kiri Scott Artist – Oniyonkid.
📷 @thinkitart ☎ 021 118 9882
📧 @thinkitartfeuerstein.art
✉ Thinkit.fie@yahoo.com

KNITTING SQUAD

BYO knitting or crocheting, or come & learn, Valley Project community rooms, 1–3pm, Wednesdays.
📞 Marjory 473 7751

LEARN TROMBONE

From winner of Dunedin Youth Jazz Festival best trombone, and Otago Rockquest best musician - contact Finn Barr ☎ 027 356 2881 or ✉ fin.mckinlay@gmail.com

MUSIC LESSONS

Celtic style flute, tin whistle, and guitar lessons by Rennie Pearson.
✉ rennie.pearson@gmail.com
🌐 renniepearsonmusic.com

MUSIC LESSONS

Guitar, drums, singing, with professional musician. All ages. Contact Bevan: ☎ 027 363 1376 or ✉ bevan37@hotmail.com

PAD-MAKING WORKING BEE

Interested in plastic-free period products? Like to sew? Contact ✉ sewon@christinekeller.co.nz
The Valley Project Spring Clean Sep. 24 will give you the chance to find out about Sew On working bees & craft groups to make sustainable period products for you & whanau.

SOUNDS NOR'EASTERLY

Do you enjoy singing with a group? Why not join your local community choir? All ages and abilities welcome. DNI design lobby every Tues, 7.30–8.45pm. Email Marion for info ✉ marion.okane68@gmail.com

STAND-UP COMEDY

Open mic at Inch Bar, every Tuesday and penultimate Wednesday. Comedy workshop Mondays 5–7pm at George Street McDonalds. Open to all skill levels. Contact ✉ reuben@dunedincomedy.co.nz

UKULELE SESSIONS

Wed, 7–8.30pm, Valley Baptist Community Centre, 280 North Rd. Just turn up or text Adrienne ☎ 027 389 2574 for more info.

WOMEN'S ART GROUP

Art & craft group aimed at helping new Dunedin residents learn & share skills & connect with others. Fridays 11.30–1pm, Valley Project community rooms, 262 North Rd.

community

BALMACEWEN LIONS CLUB

Meets 2nd & 4th Mondays at Otago Golf Club: 125 Balmacewen Rd, Dunedin. New members welcome! Contact Secretary Russell Hancox: 📞 03 467 5126 (evenings)

BIBLE HOUR

Friendly small group Bible learning over morning tea, Sun, 9.30am, DNI (tech area) during school terms. All welcome, free. ☎ 020 4079 5727 or 🌐 dunedinchristadelphians.org

BIKE WORKSHOP

Get help, use our workshop. Bikes available for koha, 3.30–6pm Tues, and 9.30am–12.30pm Sat. Valley Community Workspace, 11 Allen St. Email Peter ✉ peterd0n@yahoo.com

OP-SHOP VOLUNTEERS

Cat Rescue Dunedin is seeking volunteers to help in our North Rd. Charity Shop. Must commit to 3-hr

shift, likely Mon. or Wed. Please call into shop Tues. mornings to speak with manager or contact Raewyn: ✉ raewynalexander@gmail.com

COMMUNITY ACCOUNTING

Dunedin Community Accounting provides free accounting training & advice for non-profits in Otago. For more info call ☎ 0800 113 160, ✉ kiaora@dca.org.nz 🌐 www.dca.org.nz

COMMUNITY PATROL

Dunedin North Community Patrol. Assisting Police to ensure our communities are safe to live in. Volunteers welcome. Call Garry for more info: ☎ 027 364 1485

COMMUNITY STUDY CIRCLE

Baha'i Spiritual Training. Develop your capacity to offer service to your community as a result of exploring spiritual concepts and how to apply them to everyday life. Strictly no charge. Ring or text Ash: ☎ 022 615 6115

DALMORE RESERVE COMMUNITY GARDEN

Join us fortnightly at the garden on Allenby Ave., Pinehill. All welcome. Tools provided. Check Facebook for dates/times or ✉ dalmorecommunitygarden@gmail.com

ENABLING LOVE

Looking for friendship & social connection? 18–65 years welcome to weekly coffee group at Otago Museum Cafe, Thurs, 1–2pm. More at 🌐 enablinglove.nz or email Joshua for venue: ✉ enquiries@enablinglove.nz

FRUIT & VEGES NFP

Fresh fruit and veges at wholesale prices with All Saints Fruit and Veges. Small, med, family weekly bags. Order at St Martins, 194 North Rd, Thur, 4.30pm, or sign up online: 🌐 fruit.vege.allsaintsdsn.org.nz

LEGAL ADVICE

Free legal advice from Community Law Otago, available by apptmnt. Legal advice by qualified lawyers, practical solutions. 📞 03 474 1922 or email ✉ reception@dcl.org.nz to make an appointment.

MEN'S PROBUS

NEV bowling club, 10am, 2nd Mon ea. month, new members welcome. 📞 Peter 455 1256, ✉ peabee@xtra.co.nz or 📞 Don 473 7544

MISSING PET BIRD

Young albino ringneck parrot. Pure white with a red beak and very friendly. Missing from Dalmeny St. ☎ 022 649 5606

NEED A JP?

The Valley Project offers walk-in JP services for affidavits, document certification, Kiwi Saver withdrawals, immigration matters, etc. Every Sat. 11am–1pm.

NEIGHBOURHOOD SUPPORT

Create safer, more caring communities. For info and local

contacts 📞 Davis 456 0857 or ☎ 027 476 6047 or email: ✉ coordinator@nsotago.nz

NEV COMMUNITY GARDEN

North East Valley Community Garden, directly behind NEV school. Pay us a visit! We meet every wknd: 1st & 2nd Sat. 9.30–12pm, 2nd & 4th Sun. 1–4pm.

NORTH DUNEDIN SHED

New members welcome. Open Wed and Sat mornings, 35 Bonnington Street, over the bridge. Find us on: 📍 North Dunedin Shed Society Inc.

STARJAM NFT

A fun, creative, & positive NFP organisation running music and dance-based workshops for youth with disabilities ages 6–25yrs. Locations in Dunedin & Mosgiel. Visit 🌐 starjam.org for more information or contact Fiona ✉ Dunedin@starjam.org

VOLUNTEERS NEEDED

CREST train at the Botanic Garden. Can you help? Volunteers needed for driving, ticketing, commentary, maintenance. 🌐 crestrides.org.nz or 📞 Rodger 027 471 4902

WILD DALMORE RESERVE

Help us protect and restore the native biodiversity of Dalmore Reserve. We meet most Sunday afternoons. Entrance at 20 Allenby Ave, Pine Hill. Contact us through 📍 Wild Dalmore Reserve or phone/text ☎ 021 206 3593 for info.

Employment

BEDTIME SUPPORT POSITION AVAILABLE

Seeking person w/initiative to assist a young disabled man with evening routine: personal care & household tasks. Must be physically strong as transfer assistance required. 8.45–9.45pm, 4-on/4-off roster. Position based in NEV. Applications w/CV + references to ✉ Tessa.Brown@ccsDisabilityAction.org.nz

EMPLOYMENT WANTED

36yo female looking for employment between 10am and 2pm weekdays, a range of skills and experience: customer service/admin/accounts/courier driving/dental assisting. ☎ 022 649 5606

FLOWER DELIVERER NEEDED

Person required for Sat. deliveries between two florists. No experience necessary. Punctuality is paramount. Need valid driver's ID, superb communication skills, & reliable car. Contact Susan 📞 03 474 9074 or Jannette 📞 03 473 9292

WORKBRIDGE

A FREE specialised service assisting work-ready people with any health conditions/learning difficulties/injuries to find suitable employment. All aspects of vocational prep provided – CV's, cover letters, job search, interview skills, placement.

Once employed, support continued 12 months more. ☎ 0508 858 858 or visit workbridge.co.nz

fitness & health

BALFOLK DANCE CLASSES

Nga Maara Hall, 63 North Rd., Tuesdays 7–8.30pm. \$10 per class. No bookings required. EQUINOX BAL: Friday, 23rd Sept. DANCE WORKSHOPS: Sat. 24th & Sun. 25th Sept. ☎ Michael 021 050 5882 Get on mailing list for details: ✉ balfolkdunedin@gmail.com

BELLEKNOWES GOLF CLUB

Green fees \$15
\$10/player after 4pm

Come & enjoy our fantastic 9-hole golf course on Lawson St. Spectacular views over the city. Call Secretary, Christina King ☎ 03 467 9499

DUNEDIN BMX CLUB

Race night, Forrester Park BMX track, 5.30pm, Thursdays.

FOLK DANCING FOR FUN

Valley Baptist Community Centre, 270 North Road, 10–11.30am, Fridays, \$4. ☎ Yvonne 455 2406, ✉ stureid1@yahoo.co.nz

INDOOR BOWLS

Play indoor bowls at the NEV Bowling Club, 139 North Rd, Thurs, 1.30pm start. ☎ Terry Boylan 473 0049

KUNG FU

Fitness, discipline and self defence. Classes for 7–12 years Wed, 5–6pm, Sun, 3–4pm, teen & adult classes, Wed, 6–7.30pm, Sun, 4–5.30pm, Sacred Heart School, 63 North Rd. Contact Kenneth ☎ 021 0242 38 ✉ Dunedin@shaolinkungfu.co.nz

MASSAGE FOR WOMEN

with Uschi Heyd. Book your session online ☎ www.kindliving.co.nz or call/text ☎ Uschi 027 360 0238 Mention the Valley Voice to receive a 10% discount on your first massage.

ORTHO-BIONOMY

In pain or discomfort? Had surgery or injuries? Ortho-Bionomy is a gentle way to help you in the process of maintaining balance or accessing your resources during your recovery! For info & bookings: ☎ juliafast.nz

PARKRUN

Free, weekly timed 5km run/walk, Sat, Botanic Gardens. Meet at café, 8am summer, 9am winter. Go to ☎ parkrun.co.nz for more info.

STEADY AS YOU GO

(Age Concern) Gentle balance and strength exercises, Valley Baptist Community Centre, 10.30am–11.30am, Mon, and Pine Hill School Library, 11am, Thur.

TANNOCK GLEN

The 3.5acre garden of the Dunedin

Rhododendron Group is situated in Torridon St, Opoho. Members of the public are invited to visit at any time. Dogs permitted on a lead.

THREE LEFT FEET

Social dance group, no experience or partners necessary. European dance – folk and traditional, \$5 or \$7.50 per couple, Nga Maara hall, 6–7pm, Thursdays. ☎ Marilyn 0274 463 358

YOGA IN THE VALLEY

Instructor Adair Bruce, 6–7pm, Mon & Fri, DNI designspace; 9.15–10.15am, Mon & Wed, community rooms. \$10 waged, \$8 unwaged. More info ✉ adairbruce@hotmail.com

ZEN MEDITATION

Traditional Zen for beginners and those experienced. All welcome. 7pm Thur. Quaker Rooms, 15 Park St., Dunedin North. Koha please. 6wk beginners courses through the year. 7-day retreat on Quarantine Island annually. ☎ Glenn 473 6256

for families, kids, and teens

AURORA TAMARIKI EARLY YEARS CARE AND KINDERGARTEN

Childcare for 0-5-year-olds inspired by Rudolf Steiner & Emma Pikler, offering homely rhythms, seasonal songs/stories, and natural space for children to learn and grow. Organic vegetarian kai provided. 351 Pine Hill Road. ☎ auroratamariki.co.nz

DUNEDIN CITY TOY LIBRARY

A vibrant toy library for children from birth to 7 yrs. Huge range of toys, ride-ons, dress-ups, puzzles, games. Valley Baptist Community Centre, 270 North Rd, 3.15–4pm Wed, and 10–11.30am Sat.

DUNEDIN RUDOLF STEINER PLAYGROUP

Te Whare Ako Marie. A sanctuary for creative play for children from birth to kindergarten. A place of peace and friendship for parents. Groups meet weekly, term time. Contact us for times and days ☎ 471 2163 or ✉ dunedinsteinerplaygroup@gmail.com

FARSI LANGUAGE PLAYGROUP

For those wishing to immerse their young ones in the language. Playgroup runs fortnightly on a Sunday afternoon.

✉ farsi.playgroup@nevbctrust.org

LEGO AND CRAFT CLUB

Calling Valley kids years 6–8! Join us at Valley Baptist Community Centre on 3rd Wednesday of every month, 3–4.30pm (excl. school hols). This low-tech club is the opportunity for you to get creative w/Lego & craft. Also, books to look at and to borrow with a Dunedin Public Library card.

MAINLY MUSIC

Leith Valley Church, Malvern St, Wednesday 10am, \$4. Contact: Fran

☎ 467 9208 (Leith Valley Church Phone No) or ☎ 027 456 1188

MT CARGILL GIRLGUIDES

Pippins, brownies, guides, & ranger groups in the valley. ☎ 0800 222 292 or ✉ info@girlguidingnz.org.nz

NEV NORMAL SCHOOL PTA

New members always welcome. Fundraiser ideas needed to help kids and school. Meeting schedule: 15 Sept, 20 Oct, 17 Nov, 8 Dec. ✉ nevn.pta@gmail.com

NEV PLAYGROUP

For 0–5yrs, variety of experiences to enhance development of your child and meet other local young families. Free morning tea and lunch provided for adults. Please supply child's morning tea. Valley Baptist Community Centre, 270 North Rd, 9am–12pm Wed. ✉ nevplaygroup@gmail.com

NORTH GAME DEV CLUB

Intermediate tamariki learn to build their own video games. Tuesdays, 3.30–5pm at the Valley Baptist Community Centre. ☎ @com2tech ✉ office@com2.tech ☎ com2.tech

OPOHO PLAYCENTRE

A nurturing play space for 0-6 yr-olds where children and their whanau attend together. Focus is on child-led learning through play. Come make friends, play, learn, and grow. Three free visits. 28A Signal Hill Road. Mon-Fri 9am–12pm following school term times. Find us on Facebook, contact us at ✉ opoho@playcentre.org.nz, or ☎ 027 880 2365

OPOHO SCOUTS

Keas, 4–5pm, Tues; Cubs, 6pm–7.30pm, Thur; Scouts, 6–8pm, Wed. Opoho Scout Den. ✉ Shane: opoho@group.scouts.nz

SPACE FOR YOU AND YOUR BABY

Programs run by registered ECE teachers supporting families through their 1st year with new baby. School terms, 12.30–2.30pm, day TBC, Valley Baptist Community Centre. ✉ space.valleybaptist@gmail.com ☎ 021 150 9165 or

SUNDAY SCHOOL

Variety of classes with stories, crafts, songs, and more. Ages 4–18yrs, 9.30am Sun (term time only), DNI (tech area). All welcome! No charge. ☎ 020 4079 5727 or go to ☎ dunedinchristadelphians.org

TECHTIME

Primary ages 7+. Work on IT tutorials. Wednesdays, 3.30–5.30pm at the Valley Baptist Community Centre. ☎ @com2tech ☎ com2.tech ✉ office@com2.tech

further education

CITIZENS ADVICE

Dunedin Citizens Advice Bureau – a free confidential service for all. We can help with tenancy problems,

employment issues, consumer problems & host of other issues. Rodgers House, 155 Princes St, ☎ 471 6166 ☎ cab.org.nz

COGNITIVE ENHANCEMENT

Thinkit Feuerstein is a cognitive enhancing program for individuals with learning differences. Enriching thinking and learning skills for ages 5+ to adults. Private sessions held in North East Valley/Dunedin Schools. Book Now: Tutor Kiri Scott – Certified practitioner in Feuerstein method. ☎ 021 118 9882 ☎ www.icelp.info ✉ Thinkit.fie@yahoo.com

COM2TECH

A community-led group that offers a range of free classes to upskill our communities in communications technology and online safety. Wed. 10.30am–12.30pm at Valley Project or Wed. 3.30–5pm at the Valley Baptist Community Centre. ✉ office@com2.tech ☎ com2.tech ☎ @com2tech ☎ 027 256 9182

INSPIRING MATHS CLASSES

Affordable creative maths classes and maths art after school at my home in North East Valley. ☎ Inspiring Maths Classes ✉ Sandra.Dunedin@gmail.com

ITALIAN CLASSES

Experienced teacher, native speaker of Italian. Small groups, all levels, from absolute beginners to advanced and conversation ☎ 027 341 8312, ☎ 473 0832 ✉ antonella.vecchiato@gmail.com ☎ italianclasses.co.nz

LEARN ENGLISH

English for daily life and work. Free and low cost courses. Please contact one of our staff at English Language Partners: ☎ 455 5266 or via email ✉ dunedin@englishlanguage.org.nz

MATHS MADE EASY

Experienced maths teacher, recently retired. Primary and secondary certified. Montessori trained. Private tutoring at your home or mine and Zoom as another option. Different strategies to help your child achieve success. ☎ Diane 021 357 565 ✉ dvalavanis@aol.com

NATIVE FRENCH TUTOR

Conversation, preparation for exams, for adults and children. Hourly rate. ☎ Sandrine 021 107 5814 or ✉ sanfeillet@gmail.com French Up Your Life!

REO MĀORI

Reo Māori teaching or tutoring for adults. Groups or individuals. John Birnie: ✉ johnbirnie@hotmail.com or ☎ 021 236 3765

SPANISH LESSONS

Learn Spanish in a fast and fun way. All levels and wide time availability. ☎ Luana 027 284 7836 or ✉ luana.suarez26@gmail.com

Classifieds continued on next page... ☎

housing

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trading corner

BABYSITTER

10 years of childcare experience. Full drivers licence. Have worked with twins. ☎ Kelly 027 697 9194

BABYSITTER

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I fix computers! Low rates, great service, Windows, Linux, Mac, Android. ☎ Matt 022 048 0012

DAVE'S COMPUTER SERVICE

Troubleshooting & tuition. Low rates. Free optimisation software. ☎ Dave 022 635 9414 or ☎ 03 473 9542

GARDENER

Gardener available, light weeding/trimming, winter rose pruning. Very experienced, \$30 per hour. ☎ 473 0159 (evenings)

GARDENER/CLEANER/HOMEHELP

I offer general household cleaning, assistance, weeding and trimming at \$30 an hour. I use my own cleaning products/gardening tools. ☎ Hannah 027 713 3094

GARDENER/LANDSCAPER

☎ Backblokgardens.nz. Section clearing, tree pruning/shaping, planting, custom planters, retaining walls. ☎ 021 023 44 938

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Retired senior hairdresser providing service for seniors. Your home or mine. Dunedin North only, ☎ Helen 467 9644 or ☎ 021 104 1011

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✉ jescargo_carpet@outlook.com

LOCAL COMPUTER TECHNICIAN

Install, maintain, and troubleshoot hardware & software. Laser engraving services now available. Contact Jeff at Control Focus ☎ 021 036 9670

MATURE BABYSITTER

I'm a mother with grown-up children, (full driver's licence) now available for babysitting. Minimum of three hours and also able to help with homework! ☎ Pauline 027 717 0282

OH PEONY PHOTOGRAPHY

At your location or in studio. Portraits, engagement, maternity, child milestone, cake smash, newborn. Products, social media, personal branding, conceptual, etc. ✉ heidi.ohpeonyphoto@gmail.com
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ROHDE DECORATOR

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☎ 021 083 48207

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SEA BLOOM

Local business specialising in custom resin accessories and home decor - the perfect treat for yourself or a gift for a loved one. Find Sea Bloom on Facebook or Instagram, or here: ☎ seabloomnz.company.site

TOP SOIL WANTED

Top soil wanted for the North East Valley Community Garden. If you have any to give away, contact Janice Bridgman ☎ 03 473 7076 or ☎ 027 674 7788

VENUS FLY TRAPS

Large caliber plants. Five times as big as those sold by the shops and are \$4.00 cheaper. Growing instructions included. \$10. ☎ Pat 473 0159 (PM)

WILDWOOD FLOWERS

Now accepting orders for bunches of beautiful, seasonal garden flowers. \$45 delivered weekly from September 5. Robyn ☎ 021 178 2855

YOUTHGROW GARDEN CENTRE

Check out your local Garden Centre at 146 Norwood St. Get ready for Spring and get planting. We have fruit trees, native plants, veggie seedlings, herbs, peastraw, compost and more! We also take Nespresso pods for recycling and have coffee chaff to give away (it's free!) - great for compost. ☎ 021 508 075

church services

SACRED HEART CATHOLIC
89 North Rd, Mass 9.30am

SALVATION ARMY

43 North Rd, community worker only, Mark O'Donnell

GLENAVEN METHODIST

7 Chambers St, 11am

PACIFIC ISLAND PRESBYTERIAN

160 North Rd. English, 11am on 1st, 2nd, and 3rd Sundays; Cook Island 9.30am; Samoan 11am, 4th and 5th Sundays

ANGLICAN: ST MARTIN'S

194 North Rd, 10.30am

OPOHO PRESBYTERIAN

50 Signal Hill Rd, 10am

NEV PRESBYTERIAN

Community rooms, 9.30am, 11st, 3rd, and 4th Sundays, cafe service, contact Shona McDonald: ☎ 453 0145

ST MARK'S PRESBYTERIAN

304 Pine Hill Rd, 10am

INTERESTED IN ADVERTISING WITH CLASSIFIEDS?



To add or update a listing please email voice@northeastvalley.org before the 15th of the month.

Koha is appreciated, but not essential, for classifieds.

If you would like to make a donation, the Valley Project bank account number is **03-1726-0005606-000**
Reference: VVDonation

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World Suicide
Prevention Day
10 Sept 2020

WORLD SUICIDE PREVENTION DAY - KNOX CHURCH

Observed on September 10th every year, World Suicide Prevention Day (WSPD) provides the opportunity for people across the globe, to raise awareness of suicide and suicide prevention. This year Life Matters Suicide Prevention Trust is holding our 9th annual event at **Knox Church on 10 September at 6pm**. The event will have inspirational speakers, musical performances, candles, yellow ribbons, and a remembrance tree. It's free to attend. For more info, check the Life Matters website at www.lifematters.org.nz or facebook @LifeMattersNZ.

THE CRISIS CAFÉ is a place where people who need a safe and caring place while they are experiencing a crisis can self-refer or be referred to by Dunedin Police, Dunedin Hospital ED, EPS, or family/whānau. No appointment is needed. This ensures that people in mental health distress are supported immediately by peer supporters in a non-clinical and calm environment.

LMSPT will also follow up with people we are supporting in the following days via email and phone to offer more face-to-face peer support and to ensure they get the best care by other services and be provided with ongoing peer support.

Evidence shows that peer support can improve people's wellbeing, meaning they have fewer hospital stays, larger support networks, and better self-esteem, confidence, and social skills. Peer support is an evidence-based practice for individuals in mental health distress.

Crisis Café is open Thursdays 1pm - 9pm at the Hope Centre, 3 Albion Place. No appointment necessary.

MATES CAR CRUISE for suicide prevention is back on again! The date is set for **Labour weekend on Sunday 23 October** and starting at 10am for a shine and show. The cruise starts at 1pm. Entry is \$10 per car so fill it up with mates and come have a good day out with your friends and connect with others in our community. Gold coin entry for the public. There will be lots of activities, prizes and food so check the Life Matters website at www.lifematters.org.nz or facebook @LifeMattersNZ.



COLLABORATING ON NORTH EAST VALLEY HISTORY

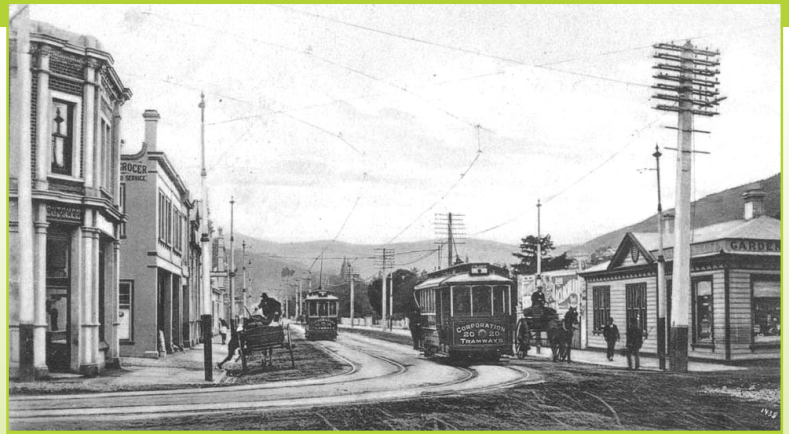
Sarah Gallagher, Historian from Heritage New Zealand, was Guest speaker at Dunedin North Probus Club recently. She gave an outstanding talk on the history of North East Valley. Some of those attending brought along photos and a little knowledge on various and also specific areas in the valley.

This talk was further aided by a visual presentation of photos and documents relating to the development of the valley as an extension to the City of Dunedin. There was plenty of discussion filling in gaps of knowledge on the growth of North East Valley.

This subject created so much interest both from those attending, and Sarah herself in the gaining of pieces of important information, that she has offered to return to the Club for a further presentation. This will again be a meeting where those with a particular interest in this would be very welcome to attend our Probus meeting and hear her talk, which will also be accompanied by a visual presentation.

10am, 12 September - North East Valley Bowling Club, 139 North Road

For more information on this or interest in Probus, email Peter Begg: peabee@xtra.co.nz or 455 1256



Gardens Corner around 1905. The wooden house on the right is where New World stands today. A Muir & Moodie photo.

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