

Old fashioned milk back



Full cream goodness . . . Windy Ridge Farm milk in glass bottles is proving popular with valley residents. Children love it and it makes a lovely creamy coffee . Photo: Edith Leigh

SOUTH OTAGO milkman and farmer, Andrew Moir, is run off his feet with vats of full-cream milk, and his only Dunedin customer is the city's newest grocer, Christopher Wilson, who he delivers to in North East Valley every week.

Christopher, the new owner of Blacks Road Green Grocer, heard about the milk from a friend.

Andrew says he has 22 winter milking cows at Benhar near Balclutha and says he is putting through about "250 litres of milk a week to Christopher's shop".

The milk arrives at the greengrocer on Tuesdays and Fridays. "It's just starting to get going."

The milk is local, not highly processed, and in glass bottles, he says. It is pasteurised, which means it is heated to a certain temperature to kill bugs. Every step of the process is carried out on his farm.

Christopher, who is originally from Dunedin and is a qualified interior designer and gardener, says the milk helped him to get started when he decided to use his savings and take the plunge to buy the greengrocer's

business in North East Valley in March.

His ethos for the shop is to buy locally, such as lettuces from the Taieri, and he says an important part of the business is to buy small amounts every day.

Future plans include a cafe-deli at the shop.

Christopher is keen to get involved with the local community and is also the newest member of the Valley Project executive board after the resignation of previous members Nerissa Kaa and Jim Ross.—*Julie Howard*

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Project NEWS

Discount card for NEV

WE ARE excited to

announce the 'Valley Card', which is a new project to benefit our community. It will be a discount card for businesses and services that are operating in North East Valley, aimed at encouraging people to use local services and build relationships within the valley.

Several businesses already say they would be keen to be involved and we are looking for more.

We envisage that households could purchase a card for a small fee. As there are more than 50 businesses in the valley, the card could potentially save the card holder considerable sums.

Local businesses would also benefit, as card holders would be more likely to use local services and build relationships with locals.

The money raised from the cards will be channelled back into the community by generating on-going funding for the Valley Project to ensure that we can continue projects such as Creekfest, the *Valley Voice* and our Kai Share and Cosy Homes initiatives.

We are currently looking for businesses and



Rob Thomson is inviting businesses to join a new 'Valley Card' initiative

services based in the valley that would like to come onboard and offer a Valley Card discount to locals. Please contact Rob Thomson at robthomson@northeastvalley.org for more details.—Rob Thomson

Share your talents on Valley Project board

THE VALLEY Project is an Incorporated Society and each year we have an Annual General Meeting to confirm our direction for the coming year and elect our governing board.

We are seeking new board members for 2017/2018. Do you have a passion for our community? Do you want to see the Valley Project to continue to thrive? Then please consider taking on a governance role. Come and talk to us in the office or email Anna at anna@northeastvalley.org

have a talk about what is involved.

Board member Steve Tripp says: "Being a part of the Valley Project executive has allowed me to have my finger on the pulse of the community and to be a part of some meaningful and rewarding change."

The AGM is on Wednesday 28 June at the community rooms. We will start with beer and pizza at 6.30pm and the meeting will start at 7pm.

Keep up-to-date with valley news

Did you know we post the *Valley Voice* on our website every month? You can also find loads of other useful information at www.northeastvalley.org If you are on Facebook follow the Valley Project. We share lots of inspiring community stories as well as giving reminders as to what's happening around our area.

Valley Project office hours: Tuesday–Friday, 9am–4pm, closed Mondays and school holidays



The Valley Project is a registered charitable organisation
If you like what we do you can donate at www.givealittle.co.nz/northeastvalley

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Kai Share meets a need in the valley

NEW FAMILIES with young children are increasingly accessing the Valley Project's small food box service, which has made up nearly 3000 food boxes since it started in 2014.

The Kai Share weekly food box service is run by volunteers twice a week with the support of Dunedin FoodShare.

FoodShare rescues perishable food and delivers some to the community rooms every Friday.

Kai Share volunteer coordinator Tamsin Greer said there are a lot of new families accessing the service - twenty this year - and many have young children.

A total of 300 food boxes have gone to 40 different families this year.

Kai Share helps people in a wide range of circumstances. Everybody has individual reasons for why they need help such as single parents, bills, people who had recently moved into the area and low incomes, says Tamsin.

A small team of volunteers helps out on Thursdays and Fridays each week. Mrs Greer says on Thursday mornings she makes up the list for that week and helps anyone who wants to access the service. On Friday afternoons the supplies from FoodShare arrive and the boxes are made up ready for recipients to collect.



Kai Share volunteer coordinator Tamsin Greer prepares a list of food boxes to be made up for the next day.

"Anyone can come in and get help."

"When they sign up we allow up to six weeks' assistance at a time just so we have space for others to apply."

Some recipients also volunteer to help out.

Kai Share was nominated for the 2017 Trustpower Dunedin Community Awards

Kai Share has given out 2985 food boxes since 2014. In 2016 the number of food boxes reached it highest to date - 1225 that year.

Kai Share operated Thursdays 9-11am and Fridays 11.45 -2.30pm (excluding three weeks over the Christmas period)..—Julie Howard

Orphans Aid to open 'treasure trove' in valley

DUE TO the great success of our South Dunedin Opshop we are expanding into North Dunedin. We are excited to announce that we are opening the North Dunedin Orphans Aid Opshop at 21 North Road.

Our opshops fundraise for Orphans Aid International which is a charitable trust founded in New Zealand in 2004 that supports orphanages in Romania, Russia, India and Uganda, and provides aid to projects that lift the world's most vulnerable children out of hopeless situations.

We also fundraise to support kids and families in a variety of projects here in New Zealand and within our local community.

Our opshops are treasure troves filled with incredibly good donated items at reasonable prices, as well as a lot of new items: everything you can imagine from second-hand clothes to household goods plus Fair Trade items and loads of gift ideas.

The shops are run almost totally by volunteers.



Orphans Aid Opshop manager Hilary Campbell

We are very thankful to the dedication and hard work of our volunteers who make this possible. We're recruiting more volunteers to go on the roster of the North Dunedin Opshop. Please email Hilary if this is something you'd be interested in doing at dunedin@orphansaidinternational.org —Orphans Aid Opshop manager Hilary Campbell

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School pupils to use science at home

A CENTRAL aim of the Valley Open Urban Ecosanctuary project is to combine science and education at local schools in North East Valley.

Classroom sessions will introduce children to the potential predators and birds that might be visiting their gardens, and lead them through data collection at home and data analysis in class.

We will finish with an inter-school and community hui to allow children to share their results with each other and the wider community.

Families of participating children also have the opportunity to be involved in the data collection process and will learn about the different predator and bird species visiting their gardens. We will map participating children's gardens to find out the different plant species growing there and whether these plants may attract different bird species.

We will have monthly updates on the classroom programme in the *Valley Voice*, so keep an eye out to see how the children are progressing.

We would also love to offer you the opportunity to be involved in the project. We have created a Nature Watch page for the Valley Urban Ecosanctuary where you can record your own observations of birds (or plants) in your garden.

Even if you are unable to identify the species, we would love to hear about your feathery or floral encounters.—*Clare Cross*

Standing room only at Vision Night

IT WAS a cold and stormy night, a good one to stay home by the fire, however the door to the community room kept opening and the room was filled to capacity. The purpose was a visioning night to find out what interest and ideas were present in the community around the valley open urban ecosanctuary concept - and there were many!

Major themes to emerge were around opportunities to promote backyard biodiversity and the development of a predator control plan for NEV. Please join the Valley Urban Ecosanctuary Facebook group to keep in touch with the next steps of this exciting project.—*Community coordinator Anna Parker*



It was standing room only at a Community Vision Night at which the North East Valley community were invited to share their passion and ideas about the valley becoming an open urban ecosanctuary.

Your wildlife observations invited on Nature Watch

How to add your own observations to our Valley Urban Ecosanctuary Nature Watch page:

- Go to <http://naturewatch.org.nz/home>
- Hover over the 'Projects' tab and search for 'The Valley Urban Ecosanctuary'.
- Click on the green wording 'View projects from everywhere'.
- Click the red 'Add observations' button in the top right corner. You may need to sign up to add your observations.
- Fill in the fields.
- Click the blue 'Save observation' button.

Note: you can also download the 'iNaturalist' App from the apple store or play store to add your observations.

Community garden not affected by lead contamination

NORTH EAST Valley Community Garden founder Richard Tozer is confident produce from the gardens is safe to eat after a geoscience survey revealed high lead levels in the soil at North East Valley Normal School.

The level of lead in the sample from the school is above the Ministry for the Environment standard for residential land where there is some consumption of home-grown fruit and vegetables, but it is lower than the standard for recreational areas.

paddock behind the school.

Richard says that before the community gardens were established, soil testing was done in several different places around the site. All testing came up clear of any contaminants.

Roofing iron used for plot edges was later tested and shown to be also free of lead paint or contaminants.

About 70% of soil material in the plots is from community garden-generated compost.

"I feel confident that the produce from the garden is safe to eat."

School principal John McKenzie says Public Health South has advised that the risk to children is very low. Children would have to ingest a lot of soil before they could become ill.

Bare soil at the school has been covered and teachers have talked to pupils about playing with soil and washing their hands after playtime.

The results were from one sample of soil taken from the school last year and the school has asked for further assessment to be carried out urgently.

New sculpture fresh from the kiln



THE NEW resident in Northern Artery's Art Tardis is a gorgeous wee pup fresh from the kiln. Dunedin artist Kylie Matheson creates evocative ceramic works. Dogs, rabbits and other animals feature frequently in her work.

To find out more about Kylie and her work check out her artist page on

The new artwork in the Art Tardis beside the Grid Coffee Roasters.

www.facebook.com/groups/388411637886069.

She also shows at the Otago Arts Society and at the Artists Room on Dowling street. You can see this current work in the Art Tardis, on North Road, beside to Grid Coffee Roasters until late June.

If you make art and are interested in showing your work in the Art Tardis please email northernartery@gmail.com or message the Art Tardis on Facebook.—*Jasmine Lamorie*

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A new venue for Matariki Huka Nui

MATARIKI HUKA Nui is an opportunity for the valley community to join together for shared kai and conversation as they enjoy a hāngī and kapa haka performances from local schools.

The whakataukī or proverb 'Matariki huka nui' means 'Pleiades has many admirers' and the event brings many people together to celebrate the strengths, the joy and the aroha within our community.

This year's event is being hosted by Sacred Heart School due to renovations underway at Dunedin North Intermediate. Ticket numbers will be limited with the smaller venue so please forgive us if you miss out.

Hundreds of volunteer hours go into making this event happen so please consider helping out. We need people to chop vegetables on Friday 16 June at 5pm in Nga Maara Hall, and we need a dish washing team after the hāngī.

The event is sponsored by Puaka Matariki and Auahi Kore - so it is a smoke-free event. Many thanks for their support.

Tickets can be collected from the Valley Pro-



Matariki Huka Nui coordinator Destyne Poutama has enjoyed the challenges and working with a great team after she stepped up to coordinate the annual event this year.

ject office from Tuesday 6 June. Office hours are 9am–4pm, Tuesday to Friday. Children need a ticket, but not pre-schoolers. Tickets must be collected in person for yourself and your immediate family only.

Koha is collected on the night.

The event is on Saturday 17 June with school kapa haka performances from 3.30–4.30pm and the hāngī at 5.30pm.

Letter to the editor:

I WAS impressed to read in the Pine Hill School newsletter of the 'Fair Play Award' given to a pupil each term. It is just a pity that it does not extend to some of the adults of Pine Hill.

I hired a skip last month which cost me \$258 out of my pension to get rid of almost 60 years of accumulated rubbish.

To those who made the effort to ask if they could put their cast-offs in or take away from the skip, my thanks. For those who took from the skip without asking, what about a donation to charity? And for the others who added prohibited rubbish, including excrement, may I say "a bad cess to you", I believe there is such a thing as karma!

Having lived in Pine Hill all these years, I remember when we cared for each other as people now seem to do in North East Valley.

—P. Hudson

Community Orchard

A Community Orchard pruning and mulching day is planned at Chingford Park on Sunday 18 June. Meet at 1pm beside the playground.

Come along and learn how to prune currants, and help care for the fruit trees by weeding and mulching. Bring with you gardening gloves and any of the following if you can: pruning tools, weeding tools, spade/shovel or even a wheelbarrow.

Wear warm clothes and sturdy shoes. Bring a drink and snack if you like.

Do you live near any of these places: Chingford Park, Calder Ave, North East Valley Community Garden, Wilkinson St Park, Pine Hill Park, or Hillary St Reserve? Would you like to be part of a crew looking after the Community Orchard trees in your neighbourhood?

We welcome more people to get involved and help care for these community treasures. For more information contact Philippa on 473 9293 or 027 547 3929.

The alternative date in case of bad weather is Sunday 25 June.—Kristen Bracey

Mural design wins competition



Sacred Heart School parent Ruan Barton with her winning mural design to be painted on the wall behind her. Celebrating, from left, are parent Emmeline Kendrick with Maeve (2), Matafala Muliau (9), Bella Anderson (8), Billie Fraser (8), Daniel Botting (10) and Isabelle Edmonds (10). Photo: Edith Leigh

SACRED HEART School is excited to win an opportunity to bring a barren wall on the school grounds to life with a mural.

The school on North Rd was this year's primary school winner of Keep New Zealand Beautiful's Wall Worthy competition. Wall Worthy encourages groups to select a wall that is worthy of a mural and develop an idea that will visually improve the area and celebrate the beauty of the local environment.

School parent Emmeline Kendrick says the

mural design is a celebration of the school and the many aspects that make it special, such as the children, culture, values and wider community. The waka in the design symbolises the learning journey everybody is on together, helping to guide and support one another.

"We are all very excited to get started on our creation. Thank you very much to Keep New Zealand Beautiful and Resene for making it possible."

Kids Clothes Swap

A Monster School Kids Winter Clothing Swap is planned for this month to help keep our kids warm this winter.

Clothing will be in sizes from five to 16 years. Entry to the swap will be by koha and you can then fill-a-bag to take home with you.

Everybody is welcome to the swap afternoon. You do not have bring or have donated clothes for entry.

The project is supported by North East Valley Normal School, Pine Hill School, Opoho School, Sacred Heart School, Dunedin North Intermediate and the Valley Project.

The swap will be held on Saturday 10 June from 2-4pm in the North East Valley Normal School hall at 248 North Rd. For more information contact Julie on 022 679 2910.

—Swap co-organiser Julie Howard

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Dolly



AGE: 18 month old female

BREED: Tan Staffy cross

PERSONALITY: very sweet & caring

LOVES: treats!

Dolly arrived at the SPCA with six other dogs just before Christmas last year. She has a very kind, laid-back nature and gets on well with other dogs, especially her daughter Jem (who is also available for adoption).

Her life has been extremely sheltered until now. She still requires some training and needs to gain some confidence, therefore requires a patient, caring owner.

She is slowly getting used to walks on the lead but can still be quite shy at times. If you think you can give Dolly the loving, caring home she deserves, please get in touch with us today by calling 473 8252.

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Cookie



AGE: 4-5 year old female

BREED: short-haired tabby, with white belly

PERSONALITY: friendly & loving

LOVES: listening to stories & pats

Cookie came to the SPCA in July 2016 as a very friendly, sweet-natured stray from the KEW area. Sadly, her owner didn't come forward for her and she has been with us ever since.

While with us she has developed a very healthy appetite. In fact, she has put on quite a bit of weight and is now on a special weight loss diet!

She is a lovely, friendly, wee (big) girl with a loving nature and can't wait to find a forever home.



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Let the night sky out-twinkle street lights

THE LONG nights of the Matariki season are great for evening star gazing.

We've been snooping on Jupiter and some of his moons in the east before bed time, and the Southern Cross is a constant companion behind our house.

But, as anyone who has spent a clear night in the boondocks will know, cities are not the best places to appreciate the marvel that is the night sky. Some, such as Otago Museum director and astronomer Ian Griffin, argue that the night sky has gradually been stolen from us by pollution. And not just the smoggy type – light pollution from streetlights are one of the biggest culprits. Dunedin's street lights need renewing and star-friendliness is one thing that the Dunedin City Council is considering in its choice of new lights. The council is currently trialling LED lights, which use much less energy than the current low-pressure sodium lights, on Lynn St in Maori Hill. These LED lights are designed to direct the light downwards, so it shines only where it is needed on the roads and footpaths, not to the sky or into your house.

But there is more to the story than just energy efficiency and light shielding. The colour of street lighting can have an effect on the wellbeing of many creatures, including us. The bluer or 'cooler' a LED streetlight is, the less it costs to run, but all that blue light at night is not good for our body clocks or immune systems.

Our brains interpret blue light (including that beaming out of our tablets and smartphones)

as 'wake up, it's morning time' which is not conducive to sleep or important chemistry going on in our bodies at night.

The more orange or 'warmer' a streetlight is, the more it costs to run, but the better it is for us and other urban wildlife.

The city council have yet to make a decision on which colour light to go with, but the difference in running costs between the different colours is rapidly decreasing, so hopefully a warmer colour will be a no-brainer.

Auckland Council even has a dimmer switch on their new street lights so that they can be turned way down low in the very early hours. The DCC is also considering this option, but it is more expensive and needs to be weighed up against safety factors.

A decision should be made within the next year, and it will then take 3-4 years to install the 15,000 new streetlights across the city.

The DCC haven't yet decided which areas will get the new lights first, but perhaps the Valley's bid to become an urban ecosanctuary will put us nearer the top of the list for dark sky and wildlife-friendly lights.

Ian Griffin says that the night sky is as precious as our native flora and fauna, and I tend to agree with him. Once installed, the new lights of Dunedin's city scape may not be as pretty and twinkly as they once were, but if we look up, our night sky will hopefully far out-twinkle the people-made lights and be what it should be, dark.—*North East Valley scientist Helen Jack*



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Volunteers thrilled with workshops



Beverly Ohline (left) and Kuini Scott giving a 'mock infomercial' on how to safely remove mould.

VOLUNTEER ORGANISERS of two Valley Project Cosy Homes workshops were thrilled with the amount of people who came along to learn. Community coordinator Charlotte Wilson says the group spent months organising the workshops which gave both useful and practical information on how to have a warmer, drier, healthier home.

How to deal with moisture and mould were one



Peter McDonald demonstrates how to make your own cheap secondary glazing.

focus of the first workshop at the community rooms, while the second workshop had a practical theme with demonstrations on how to do your own cheap secondary glazing and different ideas to stop heat loss from above curtains.

Many thanks to the sponsors who donated spot prizes – Ellis Fibre, McArthur & Symons Electrical, and Megazone Laser Tag.

Need an MP?
David Clark
MP for Dunedin North

03 474 1973
32 Albany Street, Dunedin
david.clark@parliament.govt.nz
fb.com/DavidClarkMP

Authorised by David Clark, MP, 32 Albany Street, Dunedin

Labour

Nau mai, haere mai
Metiria Turei
Green Party MP

Dunedin Office
5th Floor Burns House
10 George St
Please phone for appointment
03 477 8502

Authorised by Metiria Turei
Parliament Buildings
Wellington

Green

Interest in making home-published books called for

LAST CHRISTMAS our family published a *When I was Little* book for the grandchildren, with photos, memories and stories of when their great-grandmother was growing up.

The book has a professional finish, is hard-wearing and will be treasured for a long time. So now we are thinking of doing the same for our own childhoods, plus ones of when the children were little.

These books are easily made using Diamond Photos or

My-Books, but for the nov-

ice there are a few tricks to learn in terms of manipulating photos and text.

If you would like to learn these skills I will run two workshops in the beginning of July, one on how to craft anecdotes into readable stories for children, and the other on how to manage the photo-book side of things.

Interested? Contact Kaitrin on 425 8959 so I can gauge interest and make a time that suits etc. A great Maritaki project.

—Kaitrin McMullan

church services

Salvation Army, 43 North Rd, community worker only, Mark O'Donnell

Sacred Heart Catholic, 89 North Rd, Mass 9.30am

Glenaven Methodist, 7 Chambers St, 11am

Pacific Island Presbyterian, 160 North Rd, English 11am on 1st, 2nd and 3rd Sundays; Cook Island 9.30am; Samoan 11am, 4th and 5th Sundays

Anglican: St Martin's, 194 North Rd, 10.45am

St Thomas', Raleigh St and Pine Hill Rd, 4pm

Opoho Presbyterian, 50 Signal Hill Rd, 10am

NEV Presbyterian, 224 North Rd, 9.30am cafe service

St Mark's Presbyterian, 304 Pine Hill Rd, 10am

NEV Baptist, 270 North Road, 10.30am.

Every Sunday
1pm-3pm

Dalmore Reserve community garden

At the reserve entrance on Allenby Ave

Saturday 3 June
9am-noon

Sunday 10 June
1pm-4pm

Saturday 17 June
9am-noon

Sunday 25 June
1pm-4pm

NEV community garden working bees

top paddock behind North East Valley Normal School

for families, kids & teens

ATHLETICS & HARRIERS

Children 3-6yrs and 7+yrs, Chingford Park Clubrooms, 5.30-6.45pm, Mon, and Caledonian grounds, Sat morn. www.leithharriers.co.nz

CHINESE FOR KIWIS

Bear Cats Club and Chinese ABC playgroups for children to learn Chinese. Tues, 3.30-4.30pm, Pine Hill School, 11 Hislop St. Ph 021 589 075 or www.chineseforkiwis.co.nz

DUNEDIN TOY LIBRARY

A vibrant toy library for children from birth to 7 years. Huge range of toys, ride-ons, dress ups, puzzles, games. St Martin's Hall, Northumberland St, 10-11am Wed, and 10-11.30am Sat

GIRLS BRIGADE

Dunedin Girls Brigade Company, all girls, from age 5 up welcome. 6-7.30pm, Wed, St Marks Presbyterian Church Hall, 304 Pine Hill Rd.

MINI MUSIC GROUP

Preschool music and movement session, 9.15-9.45am, Mon, Nga Maara Hall, Sacred Heart School, school terms, gold coin. All welcome.

MT CARGILL GIRLGUIDES

Pippins, brownies, guides and ranger groups in the valley. Ph 0800 222 292 or info@girlguiding.org.nz

OPOHO PLAYCENTRE

Sessions for 0-6 year olds, 9am-noon, Mon-Fri, school terms, 28A Signal Hill Rd. Visitors welcome. For more info ph 473 0819 or email opoho.playcentre@yahoo.com

OPOHO SCOUTS

Keas, 5.30pm-6.30pm, Tues; Cubs, 6pm-7.30pm, Thur; Scouts, 7pm-8.30pm, Wed. Opoho Scout Den, Ph Kevin 0800 SCOUTS.

PLAYGROUP

Leith Valley Church, Malvern St, 10am-noon, school terms. Ph Julia 027 635 8181.

PRESCHOOL MUSIC

At Opoho School, 9am-9.30am, Fri, during school term, Room 3, gold coin, drop in, Ph 473 8019.

SPACE PROGRAMME

Programme to support new parents through first year of child's development (Supporting Parents Alongside Children's Education). Valley Baptist Church. Contact Amy on 473 0014 or space.valleybaptist@gmail.com

NEV PLAYGROUP

Come along with your children 0-4 years, Baptist Hall, 270 North Rd, 9am-3pm, Tue, Wed. Ph Michael 473 0572.

RUDOLF STEINER

Dunedin Rudolf Steiner playgroups, Te Whare Ako Marie, Pinehill and Maia. A sanctuary of creative play for children from birth to kindergarten and a place of peace and friendship for parent. Groups meet weekly, term time, For more info contact 471 2163 or dunedin-steinerplaygroup@gmail.com

YOUNG PARENTS

Young Parents Group Te Roopuu Maatua Maahuri, where young parents come together to share and support each other. For parents who had their first child before 26 years. Children welcome. 1-2.30pm, Thurs, community rooms. Ph Susan 021 550 737.

fitness & health

CONTRA DANCE

7.30pm, Mon, \$3, 52 Dundas St. Ph 473 8640 for more information.

DUNEDIN ACROYOGA

Combining acrobatics and yoga, no partner needed. Beginners classes available. 6-9pm, Tue, Opoho Presbyterian Church, 50 Signal Hill Rd. Facebook or email joooske@gmail.com

DUNEDIN BMX CLUB

Race night, Forrester Park BMX track, 6pm, Thur.

FOLK DANCING FOR FUN

Baptist Church, 270 North Rd, 10am-11.30am, Fri, \$3. Ph Yvonne 455 2406, stured1@yahoo.co.nz

FRENCH DANCE

French traditional dance, beginners welcome, no partner needed. Wear comfortable shoes. \$8 casual, 7-8.30pm, Tues, North East Valley Normal School hall, 248 North Rd.

LEARN TAEKWONDO

Korean martial art, supportive environment. Training Mon, Thur, Pine Hill School hall, 6pm-7.30pm. Beginners' class 5.30-6.15pm; seniors' class 6.30pm onwards. For more details and to register email dunedinolympictkd@hotmail.co.nz

MEDITATION

Meditation and mindfulness afternoon workshop every two weeks, ph 021 035 2392, www.meditatenz.com

NAKAJIMA JUDO CLUB.

Weekly evening class for all levels and ages. Ph. Keri 021 027 93683.

QIGONG

Classes in Yuan Gong, Ans 027 756 8383, yuangongdunedin@gmail.com Jay 027 584 4537, www.bodymindqi.com

PARKRUN

A free, weekly timed 5km run/walk,



Classifieds and community notices (for non-profits)

DUNEDIN ELECTRIC BIKES

for sale
at the
Valley Community Workspace
11 Allen St, Fri and Sat mornings

Ph Nathan Parker 027 214 8294 or

Sat, Botanic Gardens. Meet at café, 8am summer, 9am winter. Go to parkrun.co.nz for more info and to register & get your personal barcode.

SPAN NEV

Stretch 'n' flex, low-impact exercise, fun and friendship, Nga Maara Hall, Sacred Heart School, 10am-11am, Tue, over-65s, \$4. Ph 473 9311

SPORTS AEROBICS

Competitive aerobics and casual fitness classes. Training held at DNI Sun, Mon and Fri. Contact Rebecca rebeccafishernz@yahoo.co.nz

STEADY AS YOU GO

(Age Concern) Gentle balance and strength exercises, NEV Baptist Church, 10.30am-11.30am, Mon, and Pine Hill School Library, 11am, Thur.

TANNOCK GLEN

The 3.5acre garden of the Dunedin Rhododendron Group is situated in Torridon St, Opoho. Members of the public are invited to visit at any time. Dogs permitted on a lead.

THREE LEFT FEET

Social dance group, no experience or partners necessary. European dance-folk and traditional, \$5 or \$7.50/ couple, Nga Maara hall, 6pm-7pm, Thu. Ph Marilyn 473 7829.

YOGA IN THE VALLEY

Instructor Adair Bruce, 6-7pm, Mon-Fri, DNI designspace; 9.15-10.15am, Mon, Wed, community rooms. \$10 waged, \$8 unwaged, for more info contact adairbruce@hotmail.com

further education

FREE LITERACY COURSE

For more information contact Ana & Marg at Literacy Aotearoa, 477 2055.

ENGLISH CONVERSATION

Multicultural Women's Group New English speakers welcome, 10-noon, Wed, community rooms, 262 North Rd. www.multicultural-women.com

LEARN ITALIAN

Planning a trip to Italy this year? Fun, communicative lessons Ph Samantha 021 0831 8408.

Want health, wellbeing and relaxation?

Yuan Gong Qigong exercises are easy to learn, effective & enjoyable

All welcome

INDOOR BOWLS

Play indoor bowls at the NEV Bowling Club, 139 North Rd, Thurs, 1.30pm start. Ph Jack for more info 473 9565.

ITALIAN CLASSES

Exp teacher, native speaker of Italian ph Antonella 027 341 8312, antonella.vecchiato@gmail.com,

LEARN ENGLISH FAST

English for daily life and work, free. Contact Paul or Tamara at English Language Partners 477 7261, dunedin@englishlanguage.org.nz

SEA OF FAITH

St Johns Church Hall (cnr Wright St and Highgate), 6-7.30pm, fourth Thur each month. Enquiries ph 473 0031.

art, craft & music

ART TARDIS @ THE GRID

Coffeehouse featuring 'Mud Diamond' by Elise Johnston

ART CLASSES

For all levels, casual attendance welcome, tutor Anneloes Douglas, community rooms, 10am-noon, Thur and 6pm-8pm, Fri. Ph 027 307 7034, 467 9993, anneloes.douglas@xtra.co.nz

ART CLASSES

Continuous class, newcomers welcome, 1-3pm, Wed, community rooms; 1-3pm, Thurs, St Peter's Church Hall, Caversham; 7-9pm, Thurs, Logan Park High School, \$15 per session. Ph Friederike 482 2025.

KNITTING SQUAD

BYO knitting or crocheting, or come & learn, community rooms, 1pm-3pm, Wed. Ph Marjory 473 7751.

ART FIBRE DUNEDIN

Bring lunch and requirements, 10am-3pm, second Sun each month, community rooms, Ph Viv 473 0343, www.artfibredunedin.blogspot.com.

DUNEDIN FIDDLE CLUB

Community rooms, 7.30pm, Wed.

SOUNDS NOR'EASTERLY

Do you enjoy singing with a group? Why not join your local community choir? All ages and abilities welcome.

THAI MASSAGE

Traditional, clothes on, massage for health

20 years experience and Thai trained, here in NEV

By apt only

Ph Heidi on 473 6256 or 021 174 9290

SUNDAY SOUNDS

DNI design lobby every Tues, 7.30-8.45pm. Email Clare for more info clare-n-don@clear.net.nz

VALLEY BLUEGRASS JAM

Monthly jam session at the Normanby Bistro. All welcome to listen or participate, 2pm Sunday 18 June.

community groups

BIKE WORKSHOP

Get help, use our workshop, bikes available for koha. 3.30-7pm, Tues, and 9am-12.30pm, Sat, Valley Community Workspace, 11 Allen St. Contact Peter on peterd0n@yahoo.com

DUNEDIN MAKERSPACE

Work on project, watch others and chat, 1pm-5pm, Sat; organised talks, 7pm, Thur, Valley Community Workspace, 11 Allen St.

ENLIVEN DAY CLUB

Ross Home, drivers and help with activities needed, light food preparation. Tues, Wed & Fri. Ph Maybank 473 0890.

LADIES' PROBUS CLUB

Meets 10am, first Mon each month, NEV Bowling Clubrooms. New members welcome. For more info ph 455 6683.

MEN'S PROBUS

NEV bowling club, 10am, 2nd Mon each month, new members welcome. Ph Don 473 7544.

MEN'S SHED

The North Dunedin Men's Shed welcomes new members. Open Wed and Sat mornings Bonnington St over bridge. Ph Paul 474 0060.

MULTICULTURAL GROUP

Women's multicultural group, make new friends, speakers, cooking, outings. Community rooms, 10am-noon, Fri, ph Afife 473 8944.

PINEHILL COFFEE & CAKE

Morning tea outing to Dunedin café, last Wed of each month. Ph Carolyn 477 7115 for more info.

trading corner

BABYSITTER AVAILABLE

Experienced 22 year old, have worked with children of all ages. Ph Kelly 027 697 9194 .

BABYSITTER AVAILABLE

17 year old with extensive first aid training and experience with children of all ages. References available. Kyra Ph 0221507349

COMPUTER SERVICES

Trouble-shooting, tuition, low rates. Ph Dave 473 9542, 022 635 9414 or email davemaxz@actrix.co.nz

FIREWOOD FUNDRAISER

Dry wood, demolition hardwood \$60/m, macrocarpa \$90/m. Call at North Dunedin Men's Shed, 35 Bonnington St, just over the bridge, Wed and Sat mornings.

FOUND - GLASSES

Reading glasses on lower Signal Hill Rd. Pick up from Central Police Station.

HOUSESITTER AVAILABLE

Older, responsible lady, loves pets, non-smoker, next availability mid-June. Will keep your home clean and tidy. References available. Ph 021 250 0943.

PEASTRAW

\$12 per bale delivered. A fundraiser for North East Valley Normal School. Ph 021 0849 9662 or nevpeastraw@gmail.com

RENTAL HOME WANTED

Three-bedroom house, long-term. Must be family friendly with heating. Up to \$350/wk. Ph 471 2309.

SENIORS HAIRDRESSING

Retired senior hairdresser providing service for seniors. Your home or mine. Dunedin North only. Ph Helen 467 9644 or 021 104 1011.

SMALL FLAT WANTED

For older, responsible lady. Clean, tidy, non-smoker, ph 021 250 0943.

COMMUNITY NOTICES

Community notices welcomed.

Priority is given to groups and activities based in the Valley Voice readership area - NEV, Opoho and Pine Hill. Email voice@northeastvalley.org

Please keep notices brief. They may be edited to fit the space.

If your notice is no longer listed or has incorrect information please re-send it. It is your responsibility to ensure it is correct and up-to-date.

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 Bistro open Wed-Sun
 Lunch: 11.30am-2pm
 Dinner: 5-8pm, 5-9pm Fri & Sat
 Ph: 473 0373
LIVE MUSIC
Wayne & the Good Tones
 Saturday 17 June, 8.30pm

the VALLEY project
 Are you on our volunteer database?
 Fill out our form online or come into the office: bit.ly/valleyvolunteer
 Being on our database is not a commitment. It simply means we will be in touch if we have opportunities that might match your interests.
 Make a difference in your community!

North Dunedin skatepark 'blue sky thinking'



Dunedin North Intermediate pupils keen to get involved with a project to explore the idea of a skatepark for north Dunedin are, from left, O'Denzel Pompey-Duffy (11), Finn Rogers (13) and Jasper Chapman (12).

A "BLUE sky thinking" idea will see pupils at Dunedin North Intermediate exploring the possibility of a skate park in north Dunedin.

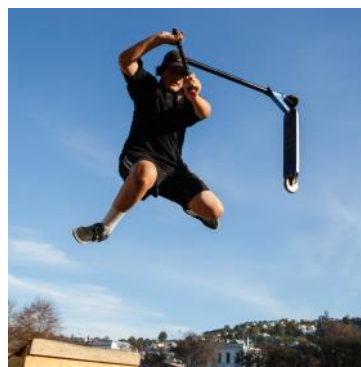
DNI principal Heidi Hayward says many pupils spend their break times scootering and skating.

Every night she drives home and sees so many young people at the skatepark behind the railway station, which got her wondering if it would be viable to create a skatepark in north Dunedin.

"This is blue sky thinking and to be honest I have absolutely no idea how possible it is. But I would like to throw this opportunity open to our students to explore more."

Interested pupils will work in teams to fully design, plan and cost a skatepark, including an analysis of the pros and cons for the school.

The top three designs will be presented by pupils to the school Board of Trustees in October.



Dunedin North Intermediate pupils work on their skills and tricks at every morning and lunch break.

what's on calendar

Kids Clothes Swap

Keep our kids warm this winter. Clothes in sizes 5 to 16 years. Entry by koha - all welcome whether you have donated clothes or not.

Saturday 10 June, 2-4pm,
 North East Valley Normal School Hall, 248 North Rd.

Matariki Huka Nui

A community celebration of the strengths, joy and aroha in our community.

Saturday 17 June, Nga Maara Hall at Sacred Heart School, 3.30-4.30pm kapa haka performances, 5.30pm hāngī.

pruning day

Help prune and mulch the community orchard.

Meet Sunday 18 June, 1pm, beside Chingford Park playground. Postponement day Sunday 25 June.

Project AGM

Become a board member! Join the discussion. Wednesday 28 June, community rooms. Beer and pizza at 6.30pm, meeting starts 7pm.