

connecting our community whiria te taura tangata

your local newsletter published by the Valley Project • september 2018

# School roll doubles



From 22 pupils at the start of 2017 the school roll at Pine Hill School has doubled to more than 40 children with a big influx of new families into the new entrant class. New school principal Melissa Ward, now in her fourth term at the small, community-centred school, is bubbling over with passion for the school, it's staff and their "awesome families". \*Read the full story on page 3.

# Clues missed in mystery of post office cat



THE SLEEK, well-rounded, fluffy tabby cat of Steep Café (formerly the GRID Café and Roastery) had become something of a valley identity when it was discovered the cat wasn't who we all thought she was. Known locally as Toby, it turns out Toby's real name is Bella. Yes she is a female, but even more astonishing, it

appears that she escaped from the old post office in Ravensbourne, before somehow making her way up and over the hill to make a new home in North East Valley's old post office.

• continued on page 4

**RayWhite** 

Paul Milner and son Levi are reunited with Bella, better known as Toby in the valley, at Steep Café in the valley's old post office, after she was lost three years ago when she escaped from the old post office in Ravensbourne.



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# Keep 'the valley' Beautiful awards

NORTH EAST Valley made a strong showing at the Keep Dunedin Beautiful Awards with both Love the Lindsay and OpenVUE (Open Valley Urban Ecosanctuary) picking up awards.

Second place in the Taylor Community Pride award went to Love the Lindsay for their work in putting together and running the Creekfest events as well as their instrumental efforts in cleaning, clearing and promoting the history of Lindsay Creek.

OpenVUE members were thrilled to be highly commended for their work to restore and enhance biodiversity in the valley. Educator Clare Cross says they were very excited to get the award. It was amazing to see all the mahi happening towards a beautiful Dunedin and to feel like part of something bigger.

Pictured, above right: Love the Lindsay members Wendy Allen, left, and Kaitrin McMullan, right, with Dunedin mayor Dave Cull at the Keep Dunedin Beautiful award ceremony.

Below right: OpenVUE co-chair Eleanor Linscott, Orokonui Ecosanctuary lead educator Tahu Mckenzie, OpenVUE educator Clare Cross and Dunedin mayor Dave Cull with their highly commended award.





# Open enthusiasm and energy flows

WE HAD some awesome ideas and discussions at OpenVUE's (Open Valley Urban Ecosanctuary) OpenCHAT. Many ideas flowed around the room during this evening of community consultation.

The enthusiasm and energy from adults and children alike for a community project of this nature is highly motivating to help us to continue to grow.

Along on this journey is a large number of children, all becoming specialised biodiversity-minded backyard scientists and we are lucky they are all so enthusiastic.

The data they collect can help us to discov-



Sharing ideas during the OpenVUE community consultation.

er and enhance the species we have in the Lindsay Creek catchment area. Through discovery and nurture of biodiversity in our backyards, we can hope to see an increase in numbers and diversity of wildlife. Each pocket of biodiversity throughout urban spaces can benefit from a wide range of activities so it's encouraging to hear we are on the right track.—*OpenVUE educator Clare Cross* 

## New exec board

A NEW Valley Project executive board was elected at the project's annual general meeting earlier this year.

The board farewelled long-serving members Steve O'Connor and Margaret Hillerby and thanked them for their years of committement, enthusiasm and energy for their community. The elected board members are: Pete Abbey, Joseph Flaherty, Sarah Gallagher, Nolan Hill, Fraser Hunter, Natasha Murachver, Rosa Rhiannon Miles-Seeley, Lois Scott-Muir, Ian Telfer, Rob Thomson, Steve Tripp and Megan Turnball.

The Valley Project is a registered charitable organisation If you like what we do you can donate at www.givealittle.co<u>.nz/northeastvalley</u>

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Opinions expressed in the articles are those of the authors and not necessarily shared by the editor, or any member of the Valley Project team. Submitted articles may be edited at editor's discretion.

# Valley cats movements mapped out

THE HABITS of North East Valley cats and local attitudes to native wildlife will be the basis of a short film about responsible cat ownership being created by Science Communication Masters student Tegan Good.

Tegan has been studying a select group of valley cats equipping them with GPS collars and tracking when and where they go.

"All my cat owners have been very surprised at how far their cats go. Most of them thought their cat would only go a few houses around their home but they go a lot further."

The data she has gathered so far shows that cats are often around home during the day but they go on "a really big excursion" at night or in the early hours of the morning. Cats, whose owners are away during the day, will often do another big excursion during the day.

The basic principles of responsible cat ownership include de-sexing your cat, keeping them indoors at night or all the time, wearing a collar and having them microchipped, which allows pet cats to be easily identified from strays.

The best collar to use is a very bright collar that looks a little like a hair scrunchie, as birds can see bright colours in low light. Studies have shown this type of collar to be more effective than collars with a bell.

Tegan is also asking all valley residents to take 10 minutes to complete her online survey. The survey has been designed to gather people's feelings and attitudes towards native wildlife and to find out if people prefer native wildlife to introduced species.



communi

Science Communication Masters student Tegan Good at home with her mother's cat, Banderas. Tegan is creating a short film about responsible cat ownership.

The 10-minute survey can be found with the link: bit.ly/NEVsurvey

# Pupil numbers on the rise as school flourishes

A SURGE in the number of pupils at Pine Hill Positive feedback is starting to filter School hasn't just meant more children in classrooms, it has also lead to more staff for the small community school, including two extra full-time teachers.

From just 22 pupils at the start of 2017 the school roll has doubled to 42, with the new entrant class swelling with the arrival of 11 new families.

School prinicipal Melissa Ward's passion for her school is evident within minutes of talking to her as she bubbles over with enthusiasm about their lovely tamariki, the fantastic, friendly staff, and the school's amazing grounds, classrooms and resources.

"There are some real misconceptions about our school out there — 'that it is closing'. But it's not closing. In fact we are just thrilled with what we have here and how the school is growing."

Melissa, who is in her fourth term at the school, says they have built a strong relationship with the Family Ties Educare early childhood centre across the road, as well as going on school visits to Jonathan Rhodes Kindergarten.

back from the community and visitors to the school, about the school, with people talking about the great atmosphere.

"I'm loving my role here. Our kids are awesome and we have got fantastic staff." The school's board of trustees is very supportive and the school's PTA group, Friends of Pine Hill School, was just recently re-established, she says.

There has been a lot happening at the school as they embrace opportunities that come their way. A parent has started a kapa haka group for the entire school which they all love being a part of and everyone is looking forward to performing at Otago Polyfest, Melissa says. The school visited Otago Girls High School and was inspired by watching their kapa haka group perform and those high school pupils then ran mini-workshops with the children

Students from Otago Polytechnic have been coming to do physical and health activities



Pine Hill School pupil Sol Somnium (7) reads to children during the school's transition to school class for four-year-olds.

with the children every week as part of their course work. The school is also taking part in the OpenVUE (Open Valley Urban Ecosanctuary) children as scientists programme, learning about and researching what predates against native wildlife are in the area. The school welcomes visitors and Melissa says she will always stop what she is doing and happily show people around their "wonderful school".—Edith Leigh

# NEWS Promoting mental wellbeing

TASK Mental Wellness will be offering community workshops in North East Valley this month. Jörg D Bendt talks to Matthew Peppercorn, the founder of TASK, to find out more.

#### Hi Matthew, would you like to briefly introduce yourself?

Hi, I'm Matthew. I'm a mental health nurse, a parent, a musician, a poet. And I'm here to talk about the mental well-being sessions I run throughout Otago and Southland.

#### You are the person behind TASK. Could you briefly outline what TASK is?

I started TASK because I worked in mental health services for ages and saw gaps where knowledge and support was needed but lacking. TASK provides education for whanau and community at grassroots level, offering people knowledge to support themselves in emergency situations and on a day-to-day recovery path.

#### What is going to be covered in your workshops in North East Valley?

We're going to look at anxiety in the first session. Then we'll look at depression, self-harm and suicidality in the second. And the third session covers general well-being and routes to wellness, outlining many things you can do to promote your wellbeing and that of the people around you.

#### Who do you think your workshops are aimed at?

These workshops are for everyone in North East Valley. We're all susceptible to mental distress and should have this knowledge to support ourselves. Roughly one in five people will experience serious mental illness in New Zealand and we have the highest suicide rate in the Western world. It's really important to have this information even before experiencing mental illness.



Matthew Peppercorn will be running a series of mental wellbeing workshops in North East Valley this month.

These workshops are really gentle, I try to make it humorous and not too boring or traumatic to learn about ways to support yourself.

TASK is an organisation which is focused on supporting local people on a grass roots level to learn about mental wellbeing, first aid and to strengthen the resilience of communities.

The TASK Mental Wellness workshops are on 11 and 18 September, and 2 of October from 6.30–8.30pm in the North East Valley Normal School hall. Cost is \$10 waged or koha for any other circumstances.

### e cat that came back in a post office hop continued from page 1

WHEN SHE first arrived at what was then the Paul told the café staff that he and his wife GRID, it was assumed the cat was leftover from a neighbouring student flat and abandoned. Soon named Toby, the cat was shy and skitterish, and slept under the neighbour's house getting through a large pipe hole at ground level.

Staff from the Otago Hospice who were regular customers at the café grew to love Toby and even paid for her medical bills at the vet. Toby was well fed by the café, the hospice and various neighbours and gradually grew to such proportions she could no longer fit through the hole under the house.

Then last month Paul Milner stopped at the café for a coffee and immediately recognised Toby, or rather, Bella. There were a few tears Despite being a regular visitor in Steep, Paul and Bella meowed.

Mel had been devastated when Bella went AWOL after they moved to a new home in the former Ravensbourne Post Office three years ago. When they moved they kept Bella shut inside, but she escaped through an old post office mail slot.

We can only assume she went bush straight away and climbed up and over Signal Hill and down into the valley, choosing another old post office to become her home.

It turns out that Bella who was assumed to be about five years old is actually nine and she also has a daughter called Panda who lives with Paul and the family at their new Waitati home.

had never seen Bella, but clues to her

whereabouts were missed.

Paul's eight-year-old son Levi had told his parent that he had patted Bella at his school, but they thought he must be mistaken. But Levi's school, North East Valley Normal School, is just down the road from Steep Café

Bella who had been with the Milner's from before Levi was born used to sit on the end of his bed and meow when there was trouble. It must have been a cat's sixth sense that led Bella back to her childhood friend. After a lot of thought and a difficult decision, Toby/Bella has now gone home with her family to make a new home in Waitati. She will be missed but we all hope she stays home this time!—Steep Café co-owner Martin Haanen

# Crusty comeback on the cards

**THE WAFT** of Crusty pies will return to North East Valley in a few weeks when Crusty Corner re-opens its doors after nearly two years of demolition works and a complete re-furbishment of its former site.

Crusty Corner owner Rob Barker was forced to close his café, situated at the Gardens corner of Bank Street and North Road, in December 2016, after rotten boards were discovered in the building.

Builder Andrew Stevenson says he has been working on the site since November 2017.

#### "Crusty is coming back."

The building owner, who declined to give his name, says he has owned the building since 1987. He decided to re-furbish the building when rotten walls were discovered at the rear of the building, and after advice from his architect and builder. The old tenants will be back and there is an apartment for students as well, he says.

Rob says the building looks really good. "It's amazing.

"Once they finish all the work, we get three weeks to do the fit out before re-opening our doors. Same meals, same cakes, same sandwiches."—Julie Howard, Valley Voice reporter

## Pack & pass on



YOU MAY have noticed there is a new yellow clothing bin next to the Lilliput

Library on North Rd, in front of the Valley Project community rooms.

This is one of Presbyterian Support Otago's little, but mighty, clothing bins that are part of our Pack it up, Pass it on Project.

If you are planning some spring cleaning we would be grateful for your pre-loved goods so we can use them to do great things.

The bin is cleared by PSO and donated goods are sold through our Shop On op shops with 100% of the proceeds supporting our Family Works projects right here in Dunedin. We welcome clean, re-useable and unbroken goods including clothing, shoes, collectables, books, toys, and antiques.

Find out more at our website www.psotago.org.nz/get-involved/pack-it-up/ for more details.—*Jasmin Graham* 











Children at Jonathan Rhodes Kindergarten will be the winners from all funds raised at the kindy's annual quiz night. The quiz night will be held on Thursday 20 September at the North East Valley Bowls Club. Doors open at 6.30pm for a 7pm start. The cost is \$5 per person with teams of four to six people. There are lots of great prizes, it will be great fun. See you there! Phone 473 9107 to register your team.

## **Polyfest excitement builds**



Dunedin North Intermediate school pupils have been working hard to prepare for their performance at this year's Otago Polyfest.

**DUNEDIN NORTH** Intermediate was amongst the original groups to perform when the annual Otago Polyfest festival when it first started 25 years ago.

This year they will be one of 150 groups performing over five days at the festival of Māori and Pasifika cultural performances.

The DNI group will be performing on the opening night on Monday 10 September and all the other valley schools, including North East Valley Normal School, Opoho School and Sacred Heart School are all regular participants.

The festival gives everyone a chance to participate and encourages positive cross-cultural relationships. A key aim is to promote te reo Māori and other Pacific languages, and the festival coincides with Te Wiki o te Reo Māori. The festival is on in the More FM Arena in the Edgar Centre for the week 10–14 September.

# Making butter the old way



*Enjoying a class visit to Olveston House are North East Valley Normal School pupils, from left, Jackson Still, Winter Edwards and Mary Richards, all 5 years.* 

**MAKING BUTTER** was the highlight of a visit to Olveston Historic House for children in room H5 at North East Valley Normal School.

It was fun, says six-year-old David Clarke-Prebble. "My favourite room was the library because it had a cool chair."

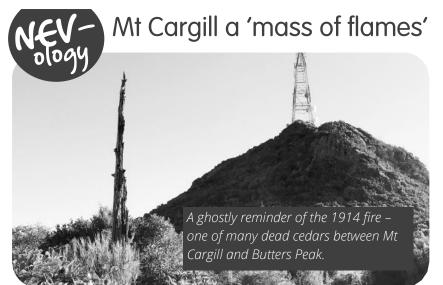
Five-year-old Mary Richards enjoyed dressing up. "The girls got to put on aprons. My favourite room was the sitting room because it was beautiful."

Teacher Amanda Townsend said the visit was part of a wider project the children have been learning about called "our house, our shelter". They have been exploring houses across time. They were shown around all the rooms at Olveston before they made butter and spread it on bread to eat it. "They loved it."

# trade directory

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**THE NORTHERN** Hemisphere's recent sweltering heat and huge fires have made Dunedin's maritime climate (that is, dampish and cool more often than I'd like) seem almost appealing.

They have also reminded me about the story of a fire that ripped across Mt Cargill a century ago, and the remains of the remarkable trees it left behind.

One hundred and four years ago, in October 1914, some small fires that had been lit near Leith Saddle to clear bush, were whipped up by a norwest gale into a massive blaze that spread along Mt Cargill all the way to Mihiwaka.

Most of the fire was on the Waitati side of Cargill but on the night of 9 October it raced over the top and down towards Bethunes Gully where, as the *Otago Daily Times* reported on 12 October 1914 "the lurid flames startled the residents of the city."

"The whole of Mt Cargill was one mass of flames, which were leaping skywards in all directions and lighting up the landscape for many miles around. There was only one thing which outvied the brilliancy of the fires last night as they crackled and licked up the fresh fuel: that was the great bursts of lightning which every now and again lit up the sky over the summit of Mount Cargill and blazed on the tops of the Ragged Teeth." (I think perhaps Tolkien got his inspiration from reading the ODT.)

The fire roared all night and although much sawn timber and some sheds were lost, the houses and farms on the hills were spared by a drop in the wind and a downpour of rain the following day.

The one thing the fire didn't spare was acres of forest. It left the summit of Cargill smouldering, black and bare, the only things remaining being the tall charred trunks of several-hundred-year-old native mountain cedars silhouetted on the skyline.

While the wood of the mountain cedar is fire-resistant, the fire scorched all the leaves from the trees, and when trees like this lose their foliage they can no longer sustain the woody tissue in their trunk and roots and they slowly die.

Mt Cargill is one of only a few places on the east coast of the South Island that you will find our native mountain cedar/kaikawaka/pahautea (*Libocedrus bidwillii*). It prefers damper climes like the West Coast but it thrives on Mt Cargill because of our old friend, the orographic cap cloud brought in by the northeast wind, which often shrouds the summit in mist. The fine little cedar leaves intercept the cloud droplets, creating the tree's own little rain shower.

Cedar doesn't burn or rot easily, having remarkable anti-microbial qualities, which makes it useless as firewood and excellent for roof shingles and window sashes. •continued on next page



## new tai chi class

Come practice mindfulness with Tai Chi on Sunday mornings at North East Valley Normal School.

Chung Kwan moved to the valley about one year ago and is starting up the new class. It will be from 10am– 11am in the school hall.

All welcome. Entry by gold coin donation. For more information email ccyy168@gmail.com

## E-bikes for hire

Electric bikes are now available for hire in North East Valley. Due to popular request Dunedin Electric Bikes, based in the Valley Community Workspace on Allen St, is hiring out ebikes on Mondays, Thursdays, Fridays and Saturdays. Other days are possible by arrangement.

Ebikes give an opportunity to explore Dunedin by bike, and go the extra distance that electric bikes offer.

 $\mathsf{Escooters},$  which are great fun, and normal bikes are also available to hire.

Make a booking by messaging Dunedin Electric Bikes through their Facebook page or call Nathan on 027 214 8294.—*Katie Parker* 

## LoomRoom popular

The LoomRoom, based in the Valley Community Workspace is busy setting up the huge looms in the backspace. Production will start shortly.

People are welcome to drop in at 11 Allen St for a nosy on Saturday mornings between 10am and 1pm. Between 17 to 21 September the LoomRoom is running a five-day intensive course where people will weave ikat scarves using a special dye-technique.

For the rest of September weaving classes on Wednesdays and Thursdays are fully booked with 20 students aged between five and 72 years.

Some spaces are still available for October classes. Please email mindmade@hotmail.com to book asap if you are interested.—*Christine Keeler* 

## Wild bird talks and walks

Can you recognise the 30-plus species of native and introduced birds that are regularly seen in Dunedin Botanic Garden? Birds NZ regional representative Mary Thompson will be giving tips on how to identify them and where to look for them at HortTalk at noon on Friday 7 September in the botanic garden information centre.

That will be followed on Sunday 9 September by a onehour walk around the gardens with local guides from Birds NZ. Meet at the information centre at 10am. Bring binoculars (if you have them).

\*Check the Dunedin Botanic Garden Facebook page or ring 464 0787 if the weather is marginal.

# Fire burns all night on slopes

## •continued from previous page

As a result, the dead cedar trunks remain to this day, washed clean by a century of rain and standing tall above the regenerating bush (including many small cedars) as an echo of one of Dunedin's biggest fires. Thanks to Peter Johnson, botanist at Landcare Research for enlightening me on the beautiful mountain cedar. I highly recommend reading the colourful account of the fire in the ODT on Papers Past at bit.ly/ mtcargillfire — Helen Jack, North East Valley scientist

# New gate a community effort

**DIAL UP** the Dunedin City Toy Library on your bat-phone fast to book a date with Batman, Dragons, Buzz Lightyear or Pirates and let your child's imagination run wild in the library's outdoor space which now has a gate thanks to volunteers from the North Dunedin Shed Society.

The gate was installed last month, after the Dunedin City Toy Library approached the society for help to make their side access safe and secure for children.

Toy library volunteer Rachael McCann says the library's unused gate was too narrow for the space so the shed volunteers fitted posts and



North Dunedin Shed Society members installing a new gate at the Dunedin City Toy Library.

installed the gate for us. We paid for materials and they did the work over the course of a couple of weekends.

"The gate means children can play safely. I think it's going to be fantastic come summer time. We can put the roller-coaster straight down there by the fence." Society members also fixed a little dolls house. North Dunedin Shed Society president Gerard Kenny says they are set up to support other charities and good work. "It was a pleasure." The toy library is open Wednesday 10-11am, and Saturday 10-11.30am. —Julie Howard, Valley Voice reporter





# **Classifieds and community notices (for non-profits)**

### fitness & health

#### **CONTRA DANCE**

7.30pm, Mon, \$2, 52 Dundas St. Ph. 473 8640 for more information.

#### DUNEDIN ACROYOGA

Combining acrobatics and yoga, no partner needed. Beginners classes available. 6–9pm, Tue, Opoho Presbyterian Church, 50 Signal Hill Rd. Facebook or email jooske@gmail.com

#### DUNEDIN BMX CLUB

Race night, Forrester Park BMX track, 6pm, Thur.

#### FOLK DANCING FOR FUN

Baptist Church, 270 North Rd, 10am-11.30am, Fri, \$4. Ph Yvonne 455 2406, stureid1@yahoo.co.nz

#### LEARN TAEKWONDO

Korean martial art, supportive environment, family friendly. Training Mon, Thur, Pine Hill School hall, 6– 7.30pm. For more details and to register email

dunedinolympic tkd@hotmail.co.nz

#### NAKAJIMA JUDO CLUB.

Weekly evening class for all levels and ages. Ph. Keri 021 027 93683.

#### QIGONG

Classes in Yuan Gong, Ans 027 756 8383, yuangongdunedin@gmail.com Jay 027 584 4537, www.bodymindqi.com

#### PARKRUN

A free, weekly timed 5km run/walk, Sat, Botanic Gardens. Meet at café, 8am summer, 9am winter. Go to parkrun.co.nz for more info.

#### **SPAN NEV**

Stretch'n'flex, low-impact exercise, fun and friendship, community rooms, 262 North Rd, 10am–11am, Tue, over-65s, \$4. Ph 4739311.

#### **SPORTS AEROBICS**

Competitive aerobics and casual fitness classes. No previous experience required. Training held at DNI Fri and Sun. Working towards NZCAF regionals next August. Contact rebeccafishernz@yahoo.co.nz

#### **STEADY AS YOU GO**

(Age Concern) Gentle balance and strength exercises, NEV Baptist Church, 10.30am–11.30am, Mon, and Pine Hill School Library, 11am, Thur.

#### TAI CHI

All welcome from beginners to experienced, all ages. North East Valley Normal School hall, 10.30–11.30am, gold coin entry, ccyy168@gmail.com

#### TANNOCK GLEN

The 3.5acre garden of the Dunedin Rhododendron Group is situated in Torridon St, Opoho. Members of the public are invited to visit at any time. Dogs permitted on a lead.

#### THREE LEFT FEET

Social dance group, no experience or partners necessary. European dancefolk and traditional, \$5 or \$7.50/ couple, Nga Maara hall, 6pm-7pm, Thu. Ph. Marilyn 473 7829.

#### **ZEN MEDITATION**

With the Dunedin Zen group. Meet 7pm Weds, St Martin's Church in the downstairs room.

#### **YOGA IN THE VALLEY**

Instructor Adair Bruce, 6–7pm, Mon– Fri, DNI designspace; 9.15–10.15am, Mon, Wed, community rooms. \$10 waged, \$8 unwaged, for more info contact adairbruce@hotmail.com

#### **YOGA WITH HAGINO**

All levels, BYO yoga mat, 6–7pm and 7.15–8.15pm, Tues (except 1st Tue of month), \$10/class or \$45 for 5 classes. More info at haginoyoga.com or email hagino.yoga@gmail.com

### further education

#### **CITIZENS ADVICE**

Dunedin Citizens Advice Bureau - a free confidential service for all. We can help with tenancy problems, employment issues, consumer problems & host of other issues. Rodgers House, 155 Princes St, 471 6166, cab.org.nz

#### **COMPUTER CLASS**

A free class to learn how to use computers, 10am-noon, Weds, community rooms.

#### FREE LITERACY COURSE

For more information contact Ana & Marg at Literacy Aotearoa, 477 2055.

#### **FRENCH TUTOR**

Beginner to advanced, 30 years experience, hourly rate, ph 473 0159 evenings.

#### **LEARN ITALIAN**

Planning a trip to Italy this year? Fun, communicative lessons Ph. Samantha 021 0831 8408.

#### **INDOOR BOWLS**

Play indoor bowls at the NEV Bowing Club, 139 North Rd, Thurs, 1.30pm start. Ph. Jack for more info 473 9565.

#### **ITALIAN CLASSES**

Exp teacher, native speaker of Italian ph Antonella 027 341 8312, 473 0832 antonella.vecchiato@gmail.com

#### LEARN ENGLISH

English for daily life and work. Free and low cost courses. Contact Tamara or Felicity at English Language Partners 455 5266,

dunedin@englishlanguage.org.nz

### art, craft & music

#### **ART CLASSES**

For all levels, casual attendance welcome, tutor Anneloes Douglas, community rooms, 10am–noon, Thur and 6pm–8pm, Fri. Ph 027 307 7034, 467 9993,

anneloes.douglas@xtra.co.nz

#### ART CLASSES

Continuous class, newcomers welcome, 1–3pm, Wed, community rooms; 1–3pm, Thurs, St Peter's Church Hall, Caversham; 7–9pm, Thurs, Logan Park High School, \$15 per session. Ph Friederike 482 2025.

#### **KNITTING SQUAD**

BYO knitting or crocheting, or come & learn, community rooms, 1pm–3pm, Wed. Ph Marjory 473 7751.

#### ART FIBRE DUNEDIN

Bring lunch and requirements, 10am– 3pm, second Sun each month, community rooms, Ph Viv 473 0343, www.artfibredunedin.blogspot.com.

#### **DUNEDIN FIDDLE CLUB**

Community rooms, 7.30pm, Wed.

#### **MUSIC LESSONS**

Guitar, drums, singing, with professional musician. All ages. Contact Bevan bevan 37@hotmail.com or ph 027 363 1376.

#### **SENIOR MUSOS**

Retired musicians who put on music for an afternoon at the Normaby Bistro. Scones, jam & cream \$3, 3rd Thurs of the month from 2pm.

#### SOUNDS NOR'EASTERLY

Do you enjoy singing with a group? Why not join your local community choir? All ages and abilities welcome. DNI design lobby every Tues, 7.30– 8.45pm. Email Clare for more info clare -n-don@clear.net.nz

#### UKULELE SESSIONS

Wed, 7–8.30pm, Baptist Church, 280 North Rd. Just turn up or text Adrienne 027 389 2574 for more info.

#### VALLEY BLUEGRASS JAM

Monthly jam session at the Normanby Bistro, 3rd Sun of the month from 2pm.

### community groups

#### **BIBLE HOUR**

Friendly small group Bible learning over morning tea, Sun, 9.30am, DNI (tech area) during school terms. All welcome, free, ph 020 4079 5727 or www.dunedinchristadelphians.org

#### **BIKE WORKSHOP**

Get help, use our workshop, bikes available for koha. 3.30–7pm, Tues, and 9am–12.30pm, Sat, Valley Community Workspace, 11 Allen St. Contact Peter on peterd0n@yahoo.com

#### **MEN'S PROBUS**

NEV bowling club, 10am, 2nd Mon each month, new members welcome. Ph Don 473 7544.

#### **COFFEE GROUP**

Casual meet up for coffee or glass of wine and a chat. Open to all, monthly gathering. Email meetupinthevalley@yahoo.com

#### COMMUNITY GARDEN

North East Valley, the top paddock behind North East Valley Normal School, working bees every weekend alternating Saturday 9.30am-noon and Sundays 1-4pm. All welcome.

#### **COMMUNITY GARDEN**

Pine Hill, Dalmore Reserve entrance on Allenby Ave. Working bee dates on Facebook page: Dalmore Reserve Bandit Gardeners. Contact dalmorecommunitygarden@gmail.com

#### **DUNEDIN MAKERSPACE**

Work on project, watch others and chat, 1pm–5pm, Sat; organised talks, 7pm, Thur, Valley Community Workspace, 11 Allen St.

#### **ENLIVEN DAY CLUB**

Ross Home, drivers and help with activities needed, light food preparation. Tues, Wed & Fri. Ph Maybank 473 0890.

#### LADIES' PROBUS CLUB

Meets 10am, first Mon each month, NEV Bowling Clubrooms. New members welcome. For more info ph 455 6683.

#### NORTH DUNEDIN SHED

New members welcome. Open Wed and Sat mornings 35 Bonnington St over bridge. Find us on Facebook: North Dunedin Shed Society Inc

COMMUNITY NOTICES Community notices welcomed.

Priority given to groups and activities based in the valley area. Please keep notices brief. They may be edited to fit the space. Email voice@northeastvalley.org

# **Classifieds and community notices (for non-profits)**



#### **MULTICULTURAL GROUP**

Women's multicultural group, make new friends, speakers, cooking, outings. Community rooms, 10am-noon, Fri, ph Afife 473 8944.

#### **NEIGHBOUR SUPPORT**

Create safer, more caring communities. For more info and local contacts ph Lois on 456 0857 or

### neighbourhoodsupport@gmail.com.

#### REFUGEE & MIGRANT CENTRE

Mon, 9–11am, Dunedin Community House, 301 Moray Pl. Coordinator Afife, ph 027 419 3125 or email afife.harris@gmail.com To volunteer at centre please get in touch.

#### TWILIGHT TINKERING CLASSES

Mon & Thurs, 7–9pm, 347 North Rd, Ph Andrew 021 982 216

### trading corner

#### BABYSITTER AVAILABLE

Experienced 23 year old, have worked with children of all ages. Ph. Kelly 027 697 9194.

#### **BABYSITTER WANTED**

In NEV for 5-year-old boy, 12hrs/wk (Tue, Wed after school & 3hrs Sat). Drivers licence needed for school pick -up. Ph Claire 020 4092 6114.

#### **COMPUTER SERVICES**

Trouble-shooting, tuition, low rates. Ph Dave 473 9542, 022 635 9414 or email davemaxz@actrix.co.nz

# Want health, wellbeing and relaxation?

Yuan Gong Qigong exercises are easy to learn, effective & enjoyable

All welcome For class times or private sessions contact Jay 027 584 4537 www.bodymindqi.com

#### **DAHLIA CLUMPS**

Stunning red pompoms, \$10, ph 473 0159 evenings.

#### **KNIFE SHARPENING**

Mobile knife sharpening service for house knives, \$15/knife. Ph. 022 416 5446.

#### **HOUSE-MINDER**

House-minder avail to look after your house, pets & plants, late July onwards. 12yrs experience in Dunedin area. Ph Jeffrey 027 4467 915 or email jeffreyhrobinson@yahoo.co.nz

#### **HOUSE WANTED**

Small family looking for 3 bedroom home to rent in NEV/Opoho area. Very tidy, reliable tenants with good references. Ph Sarah 022 137 6385

#### HOUSE WANTED

Older couple living on a Supported Living allowance, with a neutered cat and a car looking for 1-bedroom home. Heat pump desirable as we are getting older and feel the cold. NEV been our home for past 18 yrs & would love to stay here but willing to look at surrounding areas. Contact ireneparsons@xtra.co.nz, 473 1788 or 027 511 6894.

#### WANTED

2–3 bedroom house in wider NEV area. Private sale pref. All approved & ready for fast sale. I am a local artist who would like to make Dunedin my permanent base. Ph Nadia 027 784 9787.

#### **ROSE PRUNER**

Winter pruning, experienced, hourly rate, ph 473 0159 evenings.

### church services

Salvation Army, 43 North Rd, community worker only, Mark O'Donnell Sacred Heart Catholic, 89 North Rd, Mass 9.30am

Glenaven Methodist, 7 Chambers St, 11am

**Pacific Island Presbyterian**, 160 North Rd, English 11am on 1st, 2nd and 3rd Sundays; Cook Island 9.30am; Samoan 11am, 4th and 5th Sundays **Anglican: St Martin's**, 194 North Rd, 10.45am

**St Thomas'**, Raleigh St and Pine Hill Rd, children & family service, 4.30pm, 3rd Sunday

Opoho Presbyterian, 50 Signal Hill Rd, 10am

NEV Presbyterian, community rooms, 9.30am, first, third and fourth Sundays, cafe service, contact Cameron Sinclair on sinclairs@snap.net.nz St Mark's Presbyterian, 304 Pine Hill Rd, 10am NEV Baptist, 270 North Road, 10.30am.

### Belleknowes Golf Club

Green fees for August \$15 Green fees for September \$10

Come & enjoy our fantastic 9-hole golf course on Lawson Street Spectacular views over the city Secretary, Christina King, 467 9499

#### LOG SPLITTER FOR HIRE

Commercial power Briggs & Stratton Model 12000 Vanguard. Local pick up & delive with full tank, \$50/day. User responsibility, ph 473 0393.

#### SENIORS HAIRDRESSING

Retired senior hairdresser providing service for seniors. Your home or mine. Dunedin North only. Ph. Helen 467 9644 or 021 104 1011.

### for families, kids & teens

#### **ATHLETICS & HARRIERS**

Children 3–6yrs and 7+yrs, Chingford Park Clubrooms, 5.30–6.45pm, Mon, and Caledonian grounds, Sat morn. www.leithharriers.co.nz

#### **CHINESE FOR KIWIS**

Ages 6–12 Bear Cats Club to learn Chinese, Mon, 3.30pm–4.45pm, St Mark's Church, 304 Pine Hill Rd. Ph 021 589 075, chineseforkiwis.co.nz

#### **DUNEDIN TOY LIBRARY**

A vibrant toy library for children from birth to 7 years. Huge range of toys, ride-ons, dress ups, puzzles, games. St Martin's Hall, Northumberland St, 10–11am Wed, and 10–11.30am Sat.

#### **GIRLS BRIGADE**

Dunedin Girls Brigade Company, all girls, from age 5 up welcome. 6– 7.30pm, Wed, St Marks Presbyterian Church Hall, 304 Pine Hill Rd.

#### MINI MUSIC GROUP

Preschool music and movement session, 9.15–9.45am, Mon, Nga Maara Hall, Sacred Heart School, school terms, gold coin. All welcome.

#### MT CARGILL GIRL-GUIDES

Pippins, brownies, guides and ranger groups in the valley. Ph. 0800 222 292 or info@girlguiding.org.nz

#### OPOHO PLAYCENTRE

Sessions for 0–6 year olds, 9amnoon, Mon–Fri, school terms, 28A Signal Hill Rd. Visitors welcome. For more info ph. 473 0819 or email

opoho.playcentre@yahoo.com

#### ороно scouts

Keas, 5.30pm–6.30pm, Tues; Cubs, 6pm–7.30pm, Thur; Scouts, 7pm– 8.30pm, Wed. Opoho Scout Den, Ph. Kevin 0800 SCOUTS.

#### PLAYGROUP

Leith Valley Church, Malvern St, 10am–noon, school terms. Ph. Julia 027 635 8181.

#### **PRESCHOOL MUSIC**

At Opoho School, 9am–9.30am, Fri, during school term, Room 3, gold coin, drop in, Ph. 473 8019.

#### **SPACE PROGRAMME**

Programme to support new parents through first year of child's development (Supporting Parents Alongside Children's Education). Valley Baptist Church. Contact Amy on 473 0014 or

space.valleybaptist@gmail.com

#### **NEV PLAYGROUP**

Come along with your children 0– 4 years, Baptist Hall, 270 North Rd, 9am–3pm, Tue, Wed. Ph Michael 473 0572.

#### SUNDAY SCHOOL

Variety of classes with stories, crafts, songs and more. Ages 4– 18, 9.30am Sun mornings (term time only), DNI (tech area). All welcome, no charge. Ph. 020 4079 5727 or

www.dunedinchristadelphians.org

#### **RUDOLF STEINER**

Dunedin Rudolf Steiner playgroups, Te Whare Ako Marie, Pinehill and Maia. A sanctuary of creative play for children from birth to kindergarten and a place of peace and friendship for parents. Groups meet weekly, term time. For more info contact 471 2163 or dunedinsteinerplaygroup@gmail.com

#### **YOUNG PARENTS**

Young Parents Group Te Roopuu Maatua Maahuri, where young parents come together to share and support each other. For parents who had their first child before 26 years. Children welcome. 1–2.30pm, Thurs, community rooms. Ph Emma 021 125 0850.

#### THE BREAST ROOM

Free peer support and help around breastfeeding. All parents welcome. Every Wed, 10.30am– 12.30pm, community rooms.

#### **TINKER SCHOOL**

Afterschool courses, Mon-Fri, 3–5.30pm, 347 North Rd. Ph Andrew 021 982 216.



Property Transactions Commercial & Company Advice Trusts, Wills, EPOAS

Ben Nettleton is regularly in North Dunedin and happy to assist

> 021 0208 3888 ben@frenchburt.co.nz

#### For local expertise and timely personalised investment advice...

...contact **Lyn Howe,** your local Authorised Financial Adviser

(03) 477 7464 *lyn.howe@forsythbarr.co.nz*  **FORSYTH BARR** 2220 (2000) 0800 367 227 • www.forsythbarr.co.nz



Disclosure Statements are available on request and free of charge.

Bar open from 11am daily (open from 3pm Mon & Tues) Bistro open Thurs-Sunday Lunch 11.30am–2pm Dinner 5–8pm

Kiwi Poker League 7pm Thursdays

# Compassionate guidance, support and advice 24/7





474 7070 027 609 7599 wendy.bowman@harcourts.co.nz wendy.bowman.harcourts.co.nz

# Time for a valley spring clean



Lots of behind-the-scenes action and preparation has been underway to organise a Valley Spring Clean with the aim of tackling weeds in the valley, clearing rubbish and responsibly disposing of e-waste and old paint. The organising team, pictured from left, Tess Trotter, Kaitrin McMullan, Simon Noble and Clare Cross, look forward to the community pitching in and joining them.

**"SPRING IS** sprung, the grass is riz, I wonder where my garden is?" Are you feeling overwhelmed with weeds and rubbish? Then join the 2018 Valley Spring Clean.

Much like last year, the Valley Project is helping with a free skip, e-waste collection and paint collection. Bring your unwanted stuff down to the community rooms between noon and 3pm on Sunday 23 September.

There will be recycled craft activities for kids, a sausage sizzle ,e-bikes and maybe even a baby goat too.

This year we're also tackling weeds. We need your help and what's cool is that you don't even have to take them away yourself.

There are three options: First, book a fadge and fill it with your own weeds from home. We'll pick it up and give you some natives to fill the gaps.

Second, jump on the Weed Blitz Tour Bus to help at public spaces around the valley that need a bit of love.

Third, if you're feeling really bold, form a team and take on the weeds on your street or in your neighbourhood – we'll help you with this too.

To get involved with the weeding work, contact coordinator Simon Noble on 021 468406. Tools and gloves will be available for public places and for the tour. We also need drivers, craft-makers and sausage sizzlers, even if you can only spare an hour.

Head to bit.ly/valleyspringclean to register your interest or contact Kaitrin on 027 460 9885.

Ma pango ma whero, ka oti ai te mahi, working together the job will be done.—*Kaitrin McMullan* 

# Debbe Berkett

Helping you achieve your Real Estate Goals.

# what's on

### quiz night

Teams of 4–6, \$5 per person entry. 7pm start, North East Valley Bowls Club, 20 Sept. Ph 473 9107 to register your team.

### mental wellness

A series of three workshops to promote mental wellness. Starts Tue 11 September, 6.30pm, North East Valley Normal School hall.

### tai chi

Join a new class and practise mindfulness on Sun, 10–11am, in North East Valley Normal School hall. Entry by donation

### wild bird walk

Join Birds NZ local guides for a walk around Dunedin Botanic Garden, meet information centre, 10am, Sun 9 September.

## LJ Hooker

W: 03 470 1370 M: 027 201 6625 E: Debbe@ljhdunedin.co.nz



Harcourts