

## connecting our community whiria te taura tangata



Your local newsletter published by the Valley Project • September 2021

# **Back at the Backyard Projects**



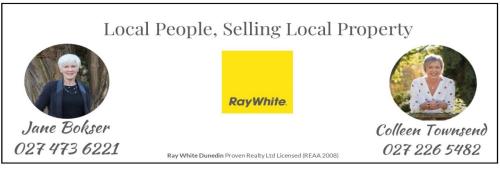
YouthGrow staff and students helping to prepare chew cards for community trapping efforts. Left-right: Emily Peterson, Patrick Smith, Aaven Junior, Hugh Ross, Donna Dickinson, Amber-Leigh Smith, Rebecca Dean, Jack Mutch, Thomas Van De Klundert.





IT'S THE backyard project everyone's talking about. And no, the idea didn't come from Pinterest - you can find the inspiration just outside your backdoor!

#### Continued on page 8





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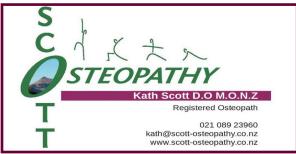
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Spring Clean leadership needed



To Spring Clean or Not to Spring Clean?

We have had many requests from people in the community to hold the Valley Spring Clean again and we know how popular and successful the event has been in the past. However, we can only hold the event if we have enough people to support it. In order to make it possible we need community heroes to lead various areas.

If you would like to lead an area of waste minimisation such as scrap metal, paint recycling or an area like the

free shop, traffic management, volunteer management or food preparation, the community needs you! For the full list of areas to lead and to show your interest by Friday 10 September, click here or type in the link: bit.ly/valleyspringclean2021.

We will be promoting the date and putting a call out for on-the-day volunteers once we have our areas with leaders established.

- Charlotte Wilson

### Community kai sharing lockdown bonus

**WHEN THE** Level 4 announcement hit a couple of weeks ago, Keri, our amazing kai share

volunteer leader, decided to put the call out to local eateries to see if they had surplus stock to donate to our local Kai share recipients. What a stroke of genius, with loads of delicious food donated from local cafes like AD-JO and Beam me up Bagels. Many families were very grateful for this extra windfall at a difficult time. Thanks folks for caring for our community! Interested in being a recipient or donating to Kai share? Give us a call on 473 8614 or email <a href="mailto:charlotte@northeastvalley.org">charlotte@northeastvalley.org</a>.

The Valley Project is a registered charitable organisation. If you like what we do, you can donate at www.givealittle.co.nz/northeastvalley

**Distribution** 3700 copies **Readers** 7500

Online www.northeastvalley.org

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The opinions expressed in articles are the authors own, and are not necessarily shared by the editor or Valley Project Team.

Submitted articles may be edited at the editor's discretion.

Easy vaccination in the Valley

**EARLIER THIS** week my partner Amanda and I were able to get our first Covid immunisation at Gardens Antidote Pharmacy.

Yay!! Fortunately, we had had an appointment booked since before lockdown. So, we left our tweens playing their devices in our car, parked outside the chemist, and headed in. It was exciting to see a longish queue of people waiting outside to receive walk-in vaccinations – it really felt like a big community effort to work together and beat this disease.

The staff were working so quickly that it seemed like they were fitting in a couple of casual immunisations between the scheduled appointments every 15 minutes. The process was great - friendly, efficient, and I found the jab itself totally painless. My immuniser told me this site gave a record number of shots the day before and expected to set a new record the day we were there!

I always intended to quickly get immunised, but I admit had been feeling a little nervous – I don't know why, as I happily get my flu shot each year. But as I started to hear many older family members and church friends enthusiastically sharing their immunisation stories, I started to feel really safe. I am so happy to have had my first dose, and only a kilometre from our



home – super convenient!

So, a big shout out to the essential workers at Gardens Pharmacy working during lockdown to immunise North East Valley, and on a Sunday too. Thanks team!

- Esther Clarke-Prebble



# Dr, who is in Opoho?

**RESIDENTS OF** Opoho have been treated to a different kind of eye-catching character during their lockdown walks.

Gerard is the man responsible, he says "When teddy bears appeared in windows last year it seemed a bit of fun to up the game slightly and bring out this little yellow friend as well. When we had L4 confirmed for more than a few days this time around I thought it a good idea to bring him out again. I've heard a few people commenting as they walk past - kids especially love seeing him. Thanks Gerard, many a Dr. Who fan of all ages will be delighted to see a home-grown Dalek right here in our community!

This version of the Valley Voice is being distributed online, due to Covid lockdown restrictions. We'll back in print and in your letter-box as soon as possible. In the meantime, if you have a printer at home, why not print a copy for a friend, neighbour or loved one and pop it in their letterbox?

Community activities coming up



**JOIN US** for a harakeke/flax weaving workshop with community member Anna.

In this workshop Anna will guide you through weaving a kono - a small square basket.

Harakeke/flax will be pre prepared and supplied. Entry is by koha.

Dates for workshops: Sunday Sept 26th and Nov 21st, 1-4pm

Spaces are limited so please get in touch to secure your spot by emailing Anna at <a href="mailto:adoorn@gmail.com">adoorn@gmail.com</a>

# Quilt workshops

**COME ALONG** to this community quilting workshop to contribute to this art project.

The idea of the project is a reference to gender equality and the feminist movement as a form of resistance against gender discrimination in society.

All ages, genders, and levels of sewing experience welcome.

Come and be a part of the creative process. Stitching not only brings joy, but it has long term physical and mental health benefits as well.

Complimentary tea and coffee are available at the workshop. Please bring a water bottle. Read more details about this project on our blog, <u>here</u>.

Workshops will be held in the Fred Hollows Community room on the 19<sup>th</sup> October, and on the 23<sup>rd</sup> of November, 11am-1pm.

All event and activity listings are subject to change, dependent on changes to Covid Alert levels. Please keep an eye on our Facebook page or contact us for updates.



**New community Trapping Coordinator** 

**INTRODUCING EMILY** Peterson, our new Community Trapping Coordinator for Open VUE!

Emily's role as Community Trapping Coordinator is to support community members in North East Valley, Normanby, Ōpoho, Pine Hill, Liberton, Dalmore, and Upper Junction with trap maintenance, trap installation and to also support new and existing backyard trappers on their backyard trapping journey.

Emily loves living in North East Valley and connecting with the community. She is passionate about the environment and especially supporting our native taonga species, her favourite of which is the beautiful bellbird for it's stunning colours, agility and of course beautiful song.

She will be starting with trap installations in Pine Hill when Covid Guidelines allow.

If you live in Pine Hill and would like to start trapping please contact Emily with your expression of interest by emailing emily@northeastvalley.org.



# Planting Seeds of Change

An evening of inspiring short talks & community discussion around building community kai resilience.

Come and be inspired and contribute to growing food resiliency in the valley. You will hear about a range of exciting initiatives and see the potential for a thriving, vibrant and healthy community food network.

Stick around afterward for a cuppa and connect with each other, to spark further ideas through conversations.

Thursday 7th October 7.30 - 8.30pm

Fred Hollows Community Room, 262 North Road

# UPCOMING EVENTS

Backyard Ecosanctuaries

EVENTS

Online: The Great Kererū count - 17 to 26 September 2021 Participate online www.greatkererucount.nz

**Microworlds:** Sketching Life in a Circle of String. Sunday 3 October 11am-1pm.

Join a community nature sketching workshop with Valley artist Jo Bone!

**Please book:** openvue@northeastvalley.org Events are subject to Covid guidelines, and may only go ahead if we are in Alert Level 1.

# A tale of a wild potato chase

North Otago, tubering away in the verdant volcanoes surrounding Oamaru to eventually appear in cute little boxes stacked in supermarkets across the land for Christmas dinners and summer barbeques.

But back up the bus. Legend has it that one of North Otago's best exports was first grown in New Zealand up the hill in Upper Junction. I set out on a mission to dig up some evidence...

According to family records the story goes something like this: A young man named Pierre le Soudain arrived in Port Chalmers in 1874. Pierre was born in France and had moved to Jersey where he acquired a wife and a handful of kids before emigrating to New Zealand and promptly changing his name to Peter Sudden. Peter spent a few years in Milton before buying land near the top of Corsall Street in Upper Junction where he built a tree fern house and

started a nursery. He planted some Jersey Benne potatoes and shared them with his neighbour, Henry Bennett of Broadacres Nursery, whose strawberry seedlings had arrived from Europe in a sorry state leaving him with little to plant. Next minute these little potatoes are an Upper Junction thing, known for their tastiness and being sold to pubs and markets in Port Chalmers and Dunedin. By 1917 they were being discussed in the ODT's gardening notes.

But where did the Jersey Bennes come from? Bennes are derived from the Jersey Royal potato, which like woolly jumpers and creamy cows originated in, well, Jersey. In 1878 a Jersey farmer, Hugh de la Haye, was given two enormous round potatoes, one of which had 15 or 16 eyes (those sprouty bits). He cut it into 15 or 16 pieces and planted them, producing a big early crop the following spring. Most of the potatoes were round but one was unusually kidney-shaped with a very thin skin – a fluke – and was dubbed a Royal Jersey Fluke. From this one potato apparently descended all Jersey Royals, which today have Protected Designation of

**AHHH, THE** Jersey Benne potato, pride of tubering away in the verdant volcanoes grown in Jersey) and account for over half of Jersey's agricultural exports.

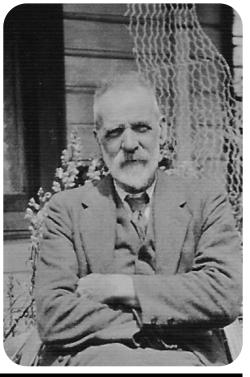
But hang on, if Peter arrived in New Zealand before Jersey Royals even existed, how did he grow them here?

He couldn't have brought them with him. An 86-year-old Jersey potato farmer told me that a Mr Benest, who was a Jersey Royal seed potato producer, introduced his potatoes to New Zealand 'in the early 20<sup>th</sup> century'. Jersey people pronounce Benest as Benay - they don't say the 'st' - hence the Benne (could the double n be a nod to the Bennetts?). One could surmise that Peter knew Benest from his time in Jersey and had him send over some potato stock sometime in the late 1800s or early 1900s. The exact how and when of this, however, would require some Bergerac-level sleuthing to unearth.

Peter Sudden died in 1918 and was buried in the Northern Cemetery with a crop of Jersey Bennes – apparently he believed it would be 'a waste of good ground & fertilizer not to plant a spud or two'! Potatoes from his original stock

continued to be grown at Broadacres for many decades, until the property was subdivided. It is even said that seed was sent back to Europe in the early 1900s when a potato blight threatened the Jersey Royal industry.

So what makes these little spuds so good? Being a new potato (one that you dig up early in the summer) the sugars are yet to turn to starch, giving a fudgey texture and delicious taste, and people reckon the ones grown in coastal Otago's particular soils and climate are especially yummy. September's the time to plant your Jersey Benne seed potatoes for Christmas – I've got mine from Youthgrow garden centre on Norwood Street and they are about to go into the ground to keep the Benne tradition going in the Valley.



Peter Sudden, the father of New Zealand's Jersey Benne. Source: Laurel Dunn.

#### - HELEN JACK

The fine print: Thanks to Laurel Dunn, Peter Sudden's great great granddaughter, Andrew Smith, Henry Bennett's great great grandson, and Jane Rueb of the Jersey Farmers' Union for their help and family records.

# 'Kale' chip recipe

**TRY THIS** delightful, different and healthy snack recipe with greens from your gardens, thanks to community member and avid gardener, Anna Read-Doorn.

I say 'kale' because I use all sorts of leaves, from broccolis, caulis, cabbage, kohlrabi, curly and Russian kale, even nasturtium leaves (I just learned from Stephen Parker, Dunedin's medicinal herbalist, from Gathered medicinal plants of Aotearoa).

#### **Preparation:**

Gather the leaves on a dry day and don't wash them unless you need to. If you wash them you need to dry them too.

Remove the stalks and rip up the leaves into large pieces. Toss them with olive oil (or other cooking oil).

Preheat the oven to 120-125°C fan forced or fan bake. Cover four baking trays with baking paper.



#### Make a spice mix to your own liking:

30gr cashews
20gr sunflower seeds
1tsp dry stock powder or nutritional yeast
1tsp paprika powder
1 tsp tumeric or coriander or
garlic or curry powder (or a combo)
1/4 tsp fresh ground black pepper

1/4 tsp chili flakes or powder (optional)







#### Cooking:

Whizz nuts and spices together in a spice grinder and sprinkle over the oil coated leaves.

Place the leaves on the trays in a single layer and put all four trays in the oven at once. Turn the leaves over after 15 minutes and crunch them up in another 5 minutes (every oven is slightly different and the first time you need to experiment and check frequently).

They need to become crunchy but not brown or they'll taste burnt.

Enjoy!



# Trap-tastic back yard action

#### **Continued from front page**

The connections to nature, the plants that provide beautiful fruits and flowers and rustle in the wind, the birds that sing and flit throughout them, the lizards that scuttle away, the invertebrates that buzz and hum and the fish that splash within the Lindsay Creek Catchment are the inspirations here.

The Backyard Ecosanctuaries project, was established by the Open Valley Urban Ecosanctuary (VUE) Project to facilitate wildlife-friendly backyard actions for our community. It has grown to over 100 participating households, all working together to create ripples that reflect improved biodiversity in their backyards and the community. This year, the project has been well supported by funders, with support from Predator Free Dunedin's City Sanctuary Project, Te Ao Tūroa: Dunedin's Environment Strategy and the ECO Fund to the tune of \$85,000. Planting and growing trees, building 'hotels', predator monitoring and trapping are all actions that we can take to help to nourish and enrich our native wildlife.

Together, we are delivering Predator Free Dunedin's City Sanctuary Project within North East Valley, Normanby, Ōpoho, Pine Hill, Liberton, Dalmore and Upper Junction suburbs, working towards 1 in 10 households trapping by mid next year.

With continued and increased community energy for trapping possums and rats, we sought support and funding from wider Dunedin and we have been empowered to increase our trapping efforts and bring on a new team member. We would like to introduce Emily Peterson, our new Community Trapping Coordinator who will be working towards this goal by providing backyard trapping support and trap maintenance to new and existing backyard trappers and installing free-to-borrow possum traps starting in Pine Hill. Lookout for the letterbox flier when Covid Guidelines allow or submit your expression of interest to Emily directly (emily@northeastvalley.org).

If you're after that pesky rat, the trap library will continue to be available at the Valley Project community rooms for free-to-borrow rat traps as well as monitoring tools such as chew cards, tracking tunnels and trail cameras or chats if you're in need of a little advice. We are so thankful for the help from Youth Grow preparing chew card packs, which means they are ready to go out to the community. Chew cards are simple tools used to find out which mammal predators are around and where they spend their time. Chew cards also smell strongly of peanut butter, yum!

If you are keen to be involved with the Open VUE project or Backyard Ecosanctuaries programme, please contact <a href="mailto:openvue@northeastvalley.org">openvue@northeastvalley.org</a> or sign up using bit.ly/openVUE. For possum trap installation expressions of interest, particularly if you live in the Pine Hill area, contact Emily at emily@northeastvalley.org. We are based at the Valley Project community rooms which can be reached at 03 473 8614.

- Clare Cross, Open VUE Coordinator

### Planting success

ALONGSIDE BACKYARD actions, community actions have been growing too - literally! With the many hands of the community Weed Warriors and Te Rangi Hiroa College students, we planted 75 riparian loving plants that were selected and delivered by Delta as part of the DCC Ecological contract at the Riparian Rhapsody in Chingford Park at the end of July!

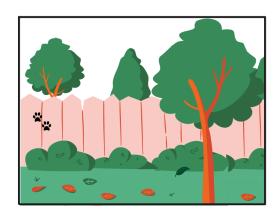
We also carried out some weed maintenance. You might see the plants growing next to Lindsay Creek with their little protective covers on them. These plants are part of the habitat restoration to improve the riparian habitat along the creek. Unfortunately, Working Bees are currently suspended until Covid Guidelines allow, but please keep checking our Facebook Page for updates!

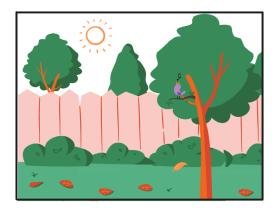


#### Can you spot the difference?



Circle the 5 differences you find between the two backyards!





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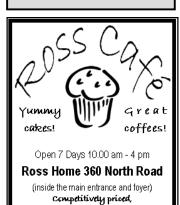


146 Norwood St, NEV (03) 473 1334 A Presbyterian Support Otago service



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**Community based Pilates Small classes** Wednesday evenings Valley community rooms

> Contact Carli 02040059411



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and don't forget to tell them you saw it in the Valley Voice, as their support helps to keep our free community newsletter going ...



come and join us!

# Egg-cellent ways to repurpose egg shells

**HERE'S SOME** helpful tips for repurposing egg shells around the garden.

Collect used eggshells and place them in a container without a lid in the fridge, where the air will dry any moisture left inside the shells. When the container is full, grind the shells either roughly, or into a fine powder.

Scatter over the vegetable or flower garden. As the eggshells decompose, calcium will be released over time. The finer the shells are crushed, the faster they will break down.

#### Tomato Food

Tomatoes love calcium. Add the eggshell powder directly onto the soil, then lightly fork it around the tomato plants. The additional calcium will prevent blossom-end rot, a disorder caused by a calcium imbalance.



Use eggshells to deter slugs and snails Roughly crush eggshells and scatter them around susceptible vegetables or flower plants.



### Feed eggshells to your chickens Laying chickens need an abundance of

Laying chickens need an abundance of calcium, and if they are eating their own eggs after they lay them, it could be due to a lack of nutrients. Crush dried eggshells lightly, lay them on a baking sheet, and bake for about ten minutes at 175 degrees. Crush again, and feed them to your chickens, or to wild birds.

#### Safety tip:

Use a mask when grinding eggshells, especially when ground finely, to prevent inhalation.

- Merylei Guthrie

# What is a Healthy Home?

community NEWS

**MY NAME** is Gracie Lamphee, I am currently studying a Master's in Geography at Otago University. My research is based on how children conceptualise a healthy and unhealthy home in Dunedin.

If your child wants to an activity to do over lockdown they are welcome to draw me a picture of how they conceptualise a healthy and unhealthy home for my research data. They are free to draw whatever they want of the home but some annotations of what they have drawn would be helpful. No physical copies are needed so send a digital photograph of the drawings to health-

<u>yhomes.researchproject@otago.ac.nz</u> by the 18<sup>th</sup> of September (no contact details or names necessary as drawings will remain anonymous in the research project).

The best three drawings will win a \$20 gift voucher to Young Reflections. For my research data I am also undertaking online interviews with children about their feelings towards the home / experiences of the home so please send me an email (above email address) if your child is interested in participating in an interview (I can give more information / an-



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#### fitness & health

#### **CONTRA DANCE**

7.30pm, Mon, \$2, 52 Dundas St. Ph. 473 8640 for more information.

#### **DUNEDIN BMX CLUB**

Race night, Forrester Park BMX track, 6pm, Thur.

#### **FOLK DANCING FOR FUN**

Baptist Church, 270 North Rd, 10am-11.30am, Fri, \$4. Ph Yvonne 455 2406, stureid1@yahoo.co.nz

#### **KUNG FU**

Fitness, discipline and self defence. Classes for 7-12 years Wed, 5-6pm, Sun, 3-4pm, teen & adult classes, Wed, 6-7.30pm, Sun, 4-5.30pm, Nga Maara hall. Contact Kenneth Dunedin@shaolinkungfu.co.nz or 022 094 6357.

#### **PARKRUN**

A free, weekly timed 5km run/walk, Sat, Botanic Gardens, Meet at café, 8am summer, 9am winter, Go to parkrun.co.nz for more info.

#### **STEADY AS YOU GO**

(Age Concern) Gentle balance and strength exercises, NEV Baptist Church, 10.30am-11.30am, Mon, and Pine Hill School Library, 11am, Thur.

#### **SPORTS AEROBICS**

Competitive aerobics and casual fitness classes. No previous experience required. Training held at DNI Fri and Sun. Working towards NZCAF regionals next August. Contact rebeccafishernz@yahoo.co.nz

#### **TANNOCK GLEN**

The 3.5acre garden of the Dunedin Rhododendron Group is situated in Torridon St, Opoho. Members of the public are invited to visit at any time. Dogs permitted on a lead.

#### THREE LEFT FEET

Social dance group, no experience or partners necessary. European dance folk and traditional, \$5 or \$7.50/ couple, Nga Maara hall, 6pm-7pm, Thu. Ph. Marilyn 473 7829.

#### **ZEN MEDITATION**

Zen Meditation - Traditional Zen for beginners and experienced people. All welcome. 7pm Thursdays at the Quaker Rooms, 15 Park Street, Dunedin North. Koha please.6 week beginners courses through the year. 7 day retreat For all levels, casual attendance on Quarantine Island annually. Any questions phone Glenn 473 6256

#### YOGA IN THE VALLEY

Instructor Adair Bruce, 6-7pm, Mon & Fri, DNI designspace; 9.15-10.15am, Mon, Wed, community rooms. \$10 waged, \$8 unwaged, for more info contact adairbruce@hotmail.com

#### KIND LIVING

Relaxing Massages for Mind and Body, Aware Yoga and Self-Leadership Coaching, now on offer in the Valley.

Valley dwellers and friends are invited to ask for a special discount on their first Massage (May only). Visit www.kindliving.co.nz or contact Uschi 027 360 0238.

#### further education

#### **CITIZENS ADVICE**

Dunedin Citizens Advice Bureau - a free confidential service for all. We can help with tenancy problems, employment issues, consumer problems & host of other issues. Rodgers House, 155 Princes St, 471 6166, cab.org.nz

#### **INDOOR BOWLS**

Play indoor bowls at the NEV Bowing Club, 139 North Rd, Thurs, 1.30pm start. Ph. Terry Boylan ph. 4730049

#### **ITALIAN CLASSES**

Experienced teacher, native speaker of Italian. Small groups, all levels, from absolute beginners to advanced and conversation

ph 027 3418312, 473 0832 antonella.vecchiato@gmail.com

#### www.italianclasses.co.nz

#### **LEARN ENGLISH**

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dunedin@englishlanguage.org.nz

#### **NATIVE FRENCH TUTOR**

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#### **SPANISH LESSONS**

Learn Spanish in a fast and fun way. All levels and wide time availability. Ph Luana 027 284 7836 or luana.suarez26@gmail.com

#### **STAND-UP COMEDY**

Open mic at Inch Bar 1st and las Wednesday in Feb. Comedy workshop Mondays 5-7pm at George St McDonalds. Open to all skill levels. Contact reuben@dunedincomedy.co.nz

### art, craft & music

#### **ART CLASSES**

welcome, tutor Anneloes Douglas, community rooms, 10am-noon, Thur and 6pm-8pm, Fri. Ph 027 307 7034, 467 9993.

anneloes.douglas@xtra.co.nz

#### **ART CLASSES**

Continuous class, newcomers welcome, 1-3pm, Wed, community rooms; 1-3pm, Thurs, St Peter's Church Hall, Caversham; 7-9pm, Thurs, Logan Park High School, \$15 per session. Ph Friederike 482 2025.

#### **KNITTING SQUAD**

BYO knitting or crocheting, or come & learn, community rooms, 1pm-3pm, Wed. Ph Marjory 473 7751.

#### **ART FIBRE DUNEDIN**

Bring lunch and requirements, 10am-3pm, second Sun each month, community rooms, Ph Viv 473 0343, www.artfibredunedin.blogspot.com.

#### **DUNEDIN FIDDLE CLUB**

Mostly Celtic tunes, mostly fiddles. New players always welcome! Wednesdays 7:30pm at The Valley Project community rooms. Just drop in or email anna.bowen1@gmail.com

#### **MUSIC LESSONS**

Guitar, drums, singing, with professional musician. All ages. Contact Bevan bevan37@hotmail.com or ph 027 363 1376.

#### **SOUNDS NOR'EASTERLY**

Do you enjoy singing with a group? Why not join your local community choir? All ages and abilities welcome. DNI design lobby every Tues, 7.30-8.45pm. Email Marion for more info marion.okane68@gmail.com

#### **UKULELE SESSIONS**

Wed, 7-8.30pm, Baptist Church, 280 North Rd. Just turn up or text Adrienne 027 389 2574 for more info.

#### **WOMEN'S ART GROUP**

An art & craft group aimed at helping new Dunedin residents learn & share skills & connect with others. Fri11:30 -1pm, community rooms, 262 North Rd.

#### **LEARN TROMBONE**

From winner of Dunedin Youth Jazz Festival best trombone and Otago Rockquest best musician - contact Finnbarr ph 0273562881 fin.mckinlay@gmail.com

### community

#### **BIBLE HOUR**

Friendly small group Bible learning over morning tea, Sun, 9.30am, DNI (tech area) during school terms. All welcome, free, ph 020 4079 5727 or www.dunedinchristadelphians.org

#### **BIKE WORKSHOP**

Get help, use our workshop, bikes available for koha, 3.30-6pm Tues, and 9.30am-12.30pm Sat, Valley Community Workspace, 11 Allen St. Contact Peter on peterd0n@yahoo.com

#### **COMMUNITY ACCOUNTING**

Dunedin Community Accounting provides free accounting training & advice for non-profits in Otago. For more infor call 0800 113 160, kiaora@dca.org.nz or www.dca.org.nz.

#### **ENABLING LOVE**

Looking for friendship and social connection? 18-65 years welcome to our weekly coffee group at Otago Museum cafe, Thurs, 1-2pm. More at

www.enablinglove.nz or contact Joshua for venue at enquiries@enablinglove.nz

#### **DUNEDIN REFUGEE & MULICULTRAL WOMEN'S GROUP**

Dunedin Refugee Centre, meet community rooms, 262 North Rd, 9.30-11.30am, Fri. Ph Afife 473 8944.

#### **FRUIT & VEGES NFP**

Fresh fruit and veges at wholesale prices with All Saints Fruit and Veges. Small, med, family weekly bags. Order at St Martins, 194 North Rd, Thur, 4.30pm, or sign up online fruit.vege.allsaintsdn.org.nz

#### **LEGAL ADVICE**

Free legal advice at Community Law Otago, available by appointment. Legal advice by qualified lawyers, practical solutions.

Telephone 03 474 1922 or email reception@dclc.org.nz to make an appointment.

#### **MEN'S PROBUS**

NEV bowling club, 10am, 2nd Mon each month, new members welcome. Ph Peter 455 1256, peabee@xtra.co.nz or ph Don 473 7544.

#### **DALMORE COMMUNITY GARDEN**

Pine Hill, Dalmore Reserve entrance on Allenby Ave, We need more gardeners, please get in touch if you can help or come along to one of our working bees on the 2nd and 4th Sunday each month at 3pm.

dalmorecommunitygarden@gmail.com

#### **WILD DALMORE RESERVE**

Help us protect and restore the native biodiversity of Dalmore Reserve. We meet most Sunday afternoons. Entrance at 20 Allenby Ave, Pine Hill. Contact us through our Facebook page Wild Dalmore Reserve or phone/text 021 206 3593 or more info

#### **NORTH EAST VALLEY COM-MUNITY GARDEN**

The NEV Community Garden is directly behind NEV school. Pay us a visit! We meet every weekend: hours in the Valley Garden section in this Valley Voice.

#### **DUNEDIN MAKERSPACE**

Work on project, watch others and chat, 1pm-5pm, Sat; organised talks, 7pm, Thur, Valley Community Workspace, 11 Allen St.

#### **NEED A JP?**

The Valley Project have a JP service every Saturday form 11am - 1pm

#### **NORTH DUNEDIN SHED**

New members welcome. Open Wed and Sat mornings 35 Bonnington St over bridge. Find us on Facebook: North Dunedin Shed Society Inc

#### **NEIGHBOURHOOD SUPPORT**

Create safer, more caring communities. For more info and local contacts ph Joy Davis on 456 0857 or 027 476 6047

neighbourhoodsupport@gmail.com.

#### **COMMUNITY PATROL**

Dunedin North Community Patrol. Assisting Police to ensure our communities are safe to live in. Volunteers welcome – for info call Garry on 027 3641485

#### **VOLUNTEERS NEEDED**

CREST Train at the Botanic Garden. Can you help? Volunteers needed for driving, ticketing, commentary, maintenance. <u>www.crestrides.org.nz</u> or phone Rodger 0274714902

### trading corner

#### **BABYSITTER**

10 years of childcare experience, full drivers licence. Have worked with twins. Ph Kelly 027 697 9194.

#### **BABYSITTER**

High school student available for babysitting evenings and weekends. Ph Laura 027 905 9911 after 4pm.

#### **BABYSITTER IN NEV**

Experienced, 26 year old, children of all ages. Wide hourly availability. Ph Luana 027 284 7836

luana.suarez62@gmail.com

#### **CAKE BAKER**

Home-baked cakes large/small for your pleasure. Made to order. Price list available. Ph 473 0159 evenings.

#### **COMPUTERS**

I fix computers! Low rates, great service, Windows, Linux, Mac, Android. Call Matt 022 048 0012.

Gardener available, light weeding/ trimming, winter rose purning, very experienced, \$30/hr, ph 473 0159 (evenings)

#### **HAIRDRESSER**

Retired senior hairdresser providing service for seniors. Your home or mine. Dunedin North only, ph Helen 467 9644 or 021 104 1011.

#### **SEA BLOOM**

A local business specialising in custom resin accessories and home decor - the perfect treat for yourself or a gift for a loved one. Find Sea Bloom on Facebook or Instagram, or here: www.seabloomnz.company.site

#### **GARDENER/CLEANER/ HOMEHELP**

Gardener/Cleaner/Home help available. I offer general household cleaning, assistance, weeding and trimming at \$30 an hour. I use my own cleaning products/gardening tools.

Call Hannah 0277133094.

### housing

#### **FLATMATES WANTED**

Two flatmates wanted for a 3 bedroom house in Pine Hill. Looking for mature creative types who like to garden and share plant based food. Contact Hannah 0277133094.

#### **SEEKING SLEEPOUT**

I'm looking for a sleepout in North East Valley if there's anything available please contact me on my phone number 02108622922

# for families, kids &

#### **DUNEDIN TOY LIBRARY**

A vibrant toy library for children from birth to 7 years. Huge range of toys, ride-ons, dress ups, puzzles, games. NEV Baptist Community Centre, 270 North Rd,, 3.30–4pm Wed, and 10– 11.30am Sat.

#### MT CARGILL GIRLGUIDES

Pins, brownies, guides and ranger groups in the valley, ph 0800 222 292 or info@girlguiding.org.nzipp

#### **OPOHO PLAYCENTRE**

Opoho Playcentre is a nurturing play space for 0-6 year olds where children and their whanau attend together. Our focus is on child-led learning through play. Come make friends, play, learn, and grow. Three free visits. 28A Signal Hill Road. Mon -Fri 9 am - 12 pm following school term times. Find us on Facebook, conțact uș at opoho@playcentre.org.nz, or ph: 027 880265

#### **OPOHO SCOUTS**

Keas, 4pm–5pm, Tues; Cubs, 6pm–7.30pm, Thur; Scouts, 6.30pm–8.30pm, Wed. Opoho Scout Den. Contact Shane opoho@group.scouts.nz

#### **MAINLYMUSIC**

Leith Valley Church, Malvern St, Wednesday 10am \$4 Contact: Fran ph 467-9208 (Leith Valley Church Phone No) Or 027 456 1188

PRESCHOOL MUSIC At Opoho School, 9am–9.30am, Fri, during school term, Room 3, gold coin, drop in, ph 473 8019.

#### **SUNDAY SCHOOL**

Variety of classes with stories, crafts, songs and more. Ages 4–18, 9.30am Sun (term time only), DNI (tech area). All welcome, no charge, ph 020 4079 www.dunedinchristadelphians.org

#### **SPACE FOR BABIES**

Programs run by registered ECE teachers supporting families through their first year with a new baby, school terms, 12.30–2.30pm, day TBC, Valley Baptist Community Cen-tre, ph 0211509165 or space.valleybaptist@gmail.com

#### **NEV PLAYGROUP**

For 0–5yrs, variety experiences to enhance development of your child, meet other local young families, free morning tea & lunch provided for adults please supply child's morning tea. Valley Baptist Community Cen-tre, 270 North Rd, 9am—12.00pm Tue & Wed. nevplaygroup@gmail.com

#### **RUDOLF STEINER**

Te Whare Ako Marie, Pinehill & Ma-ia. A sanctuary for creative play for children from birth to kindergarten, a place of peace & friendship for parents. Groups meet weekly, term time, ph 471 2163 or dunedinsteinerplaygroup@gmail.com

## **INSPIRING MATH CLAS-**

I teach affordable creative mathclasses and maths art after school at my home in the North East Valley. Find my group Inspiring Maths Classes on Facebook or email Sandra.Dunedin@gmail.com for details.

#### **Belleknowes Golf** Club

Green fees \$15 (after 4pm \$10/player)

Come & enjoy our fantastic 9-hole golf course on Lawson Street

Spectacular views over the city Secretary, Christina King, 467 9499

#### **COM2TECH**

Classes, device help, Skinny JUMP setups.

Tuesday 3.30-5.30pm Valley Baptist Community Centre-Tech Space.

CodeClub4Teachers

CodeClub4Kids

Wednesday

10.30-12.30 Valley Project

3.30-5.30 Valley Baptist Community Centre-Tech Space.

CodeClub4Kids

Stepping up

**Better Digital Futures** 

Contact: Amy Souquet

Phone: 0272569182

Email: amy@com2.tech

Web: www.com2.tech

Facebook @Com2Tech

#### church services

Salvation Army, 43 North Rd, community worker only, Mark O'Donnell Sacred Heart Catholic, 89 North Rd, Mass 9.30am

Glenaven Methodist, 7 Chambers St, 11am

Pacific Island Presbyterian, 160 North Rd, English 11am on 1st, 2nd and 3rd Sundays; Cook Island 9.30am; Samoan 11am, 4th and 5th Sundays

Anglican: St Martin's, 194 North Rd, 10.30am

St Thomas', Raleigh St and Pine Hill Rd, children & family service, 4.30pm, 3rd Sunday

Opoho Presbyterian, 50 Signal Hill Rd, 10am

NEV Presbyterian, community rooms, 9.30am, first, third and fourth Sundays, cafe service, contact Shona McDonald ph 4530145

St Mark's Presbyterian, 304 Pine Hill Rd, 10am

NEV Baptist, 270 North Road, 10.30am.

## **INTERESTED IN ADVERTISING IN THE CLASSIFIEDS?**

PLEASE EMAIL VOICE@NORTHEASTVALLEY.ORG TO UPDATE OR ADD A LISTING, BEFORE THE 20TH OF THE MONTH PLEASEL

KOHA IS APPRECIATED, BUT NOT ESSENTIAL, FOR CLASSIFIEDS.

OUR BANK ACCOUNT NUMBER IS 03-1726-0005606-000 IF YOU WOULD LIKE TO MAKE A DONATION. PLEASE USE VVDONATION AS A REFERENCE.



lyn.howe@forsythbarr.co.nz (03) 477 7464 | forsythbarr.co.nz

**Lyn Howe,** Investment Adviser







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### Need a painter?



Contact Bryan

473 7488 or 021 108 1860 porteous.a.b@gmail.com

# Spring is in the air

**WITH SUCH** a sense of Spring in the air, we asked the community to contribute some Spring content for this month's Valley Voice. Thanks to all who contributed, here is a selection. Remember, you are always welcome to submit content. Please email voice@northeastvalley.org to contribute. Contributions are due by the 20th of each month, but where possible, please make contact earlier to discuss your idea.



Spring Blossom on Islington Street, taken by Jess Corbett.



Nature Art by Jett Wilson aged 8