

your local newsletter published by the Valley Project • december 2015

Passion for doves in full flight



Helping Sacred Heart School assistant principal Pesamino Tili (behind) release doves for a training run are, from left, Nuala Kelly (8), Adam Wilson (9), Vania Wong (8), Danniell Tamatea (9), Gabriel Nardo (8) and Neha Binu (8).

WHEN PESAMINO Tili told his wife he was going out for toilet paper and then three hours later came home with two doves and no toilet paper, she was not impressed. When a friend first talked to him about keeping white doves that could be released at weddings and special events he was enchanted with the idea, even if his wife was not. Now three years on the Sacred Heart School assistant principal and director of religious studies has more than 20 white doves and

has become an expert in keeping them and training them to fly home.

"Doves are always that sign of peace and I feel that when I watch them fly."

The white doves have also become a strong part of the culture at Sacred Heart School where they are often released for sacramental occasions, special events and liturgies. "It blends in beautifully with our faith," says Pesamino. ... continued on page 6

Suzanne & Richard thank you for all your support this year

Open for Christmas lunch 473 0373



then away on our honeymoon

Re-opening 20 January · Have a safe & happy Christmas



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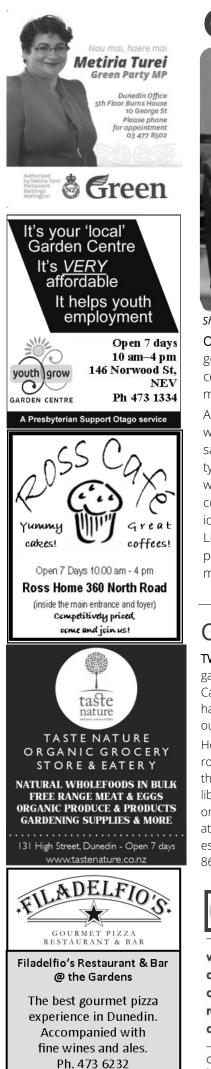


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Do it once Do it right



Community feedback valuable



Sharing ideas and generating community discussions at the Valley Project general meeting last month.

ONE OF the Valley Project's goals is to consult with the community and find out what matters to them.

At our general meeting there was lots of really good conversation among active community members. Feedback about what was working well, what could be improved and new ideas were also discussed. Lindsay Creek and its importance in the valley was a main point of discussion.

The Valley Project executive gave an overview of a proposal they will be making to the Department of Internal Affairs for the potential purchase of a housing complex of 16 apartments in Pine Hill. Should this move ahead it would provide the project with an income stream to help to keep it operating indefinitely. Other ideas

discussed included math teaching methods for parents, increased

programs for the elderly, and community clean-ups. Ideas need people to drive them, however. If you would like to lead the charge for one of these or other community programs, let us know. Look for some of these programs to start moving forward in the new year.—Marty Cancilla

Pool Party to be a relaxed family affair

The annual Valley Project Christmas Party will once again be held at Dunedin North Intermediate school pool. Come along and have a swim (children with an adult please), decorate a biscuit, pick up some low to no-cost Christmas gift ideas and generally relax.

Valley Project community worker Charlotte Wilson says the Christmas party is a way to connect with the community before Christmas. "It is something fun for the kids."

WHEN: 2–4pm, Saturday 19 December WHERE: DNI school pool

The Valley Project is a registered charitable organisation If you like what we do you can donate at www.givealittle.co.nz/northeastvalley

valley voice editor Edith Leigh distribution 3700 copies per issue online www.northeastvalley.org readers 7400 approximately advertising (03) 473 8614

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262 north road north east valley dunedin 9010

postal address po box 8118 • dunedin 9041

Opinions expressed in the articles are those of the authors and not necessarily shared by the editor, or any member of the Valley Project team. Submitted articles may be edited at editor's discretion.

Games library missing items TWO OF our most popular SETTLERS

games, The Settlers of Catan and Catan Seafarers, have gone missing from our games library.

Hopefully someone borrowed them not knowing that you could buy a games library membership for

only \$10 per year and sign out games for up to two weeks at a time, but we would like them returned. If you are interested in a games library membership give us a call on 473 8614 or call into the Valley Project at 262 North Rd.

Support local art and craft talent

NGA MAARA Hall will once again be buzzing with the hum of people enjoying a busy crafty day as Northern Artery holds their fifth Arts Bazaar here in the valley.

The Northern Artery collective originally conceived the idea as a means for local artists and craftspeople to showcase and sell their work prior to Christmas, and to give people



Crowds flocked to last year's Arts Bazaar, which is organised annually by Northern Artery to allow local artists and craftspeople to showcase and sell their work.

the opportunity to 'shop local' for beautiful gifts made by the many talented artists who live and work in our area.

The wonderful St Martin's Hall was the venue for our first two events, then when we were no longer able to use the hall due to earthquake regulations we moved along the valley to Nga Maara hall where we have found another ideal home.

The bazaar is known for its vibrant and festive feel with a local flavour. There will be musical performances and Northern Eatery open for business providing shoppers

and stallholders alike with home-baked delights and a well-earned cuppa.

The work sold is diverse and unique with many of our stallholders returning year after year, and there is real sense of camaraderie throughout the day. So don't miss out. Come along and enjoy choosing gifts for friends, family and, of course, yourself. Please bring cash as no EFTPOS available.—*Marion O'Kane*

WHEN: 10am–3pm, Saturday 5 December WHERE: Nga Maara Hall, 63 North Rd

Submissions invited for community gardens

RESOURCE CONSENT for the Pine Hill Community Gardens has been granted and the licence to occupy and lease the land is now being publically notified.

The community garden is proposed to be in the Dalmore Reserve at 20 Allenby Ave in Pine Hill, with planned raised garden beds and a small shed on site. Public access to and through the reserve will not be affected.

Submission forms can be found on the Dunedin City Council website under 'consulting on' or by calling customer services on 477 4000. Submissions close on 7 December.

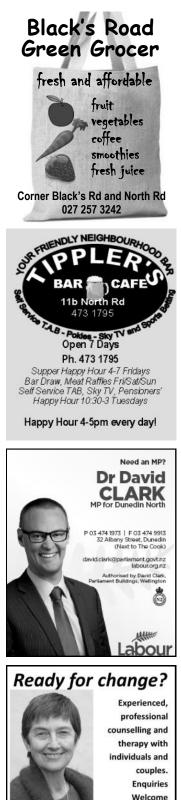
Book fridge coming along



Artist Patricia McCarty painting the new book fridge which will be installed outside the community rooms next year. Need some summer reading, or having a clear out? Call into the Valley Project and check out our book swap shelf.

Merry Christmas and Happy New Year from the Valley Project team

A big thank you to our many volunteers who have helped out this year from Marty, Charlotte, Anna, Edith and the executive board



Sonja Antonsen, Dip. Couns. MNZAC

> sonjaacounselling@gmail.com Ph 473 0429 or 021 269 8421



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Mā te mahi ngātahi, e puāwai ai ā tātou tamariki.

Young valley broadcaster wins top award



Otago Access Radio Global Kids NZ hosts Jayden 'TJ' Jesudhass, left, a valley resident, and Daniel Tucker who won the Supreme Award at the OAR Air Awards with their "ambitious and impressive" weekly show.

ELEVEN-YEAR-OLD VALLEY resident Jayden 'TJ' Jesudhass and his co-host took home the Supreme Award at the biennial Otago Access Radio Air Awards.

TJ co-hosts the weekly show *Global Kids NZ* with Daniel Tucker (12). The programme features interviews, stories and music, with an emphasis on cultural diversity. The

awards judging panel described the pair's show as ambitious and impressive.

In the show submitted for judging the two young hosts played their music, compiled children's news for Dunedin, delved into a fundraiser for Myanmar flood victims and did a live interview with a Paralympian about bullying and sports.

"It was a great example of what access radio is all about—in this case, kids talking to kids about big stuff," the judges said.

OAR community liaison Jeff Harford says it is "wonderful" to have young people at the station. A Youth Zone initiative run by the station offers a free week-night timeslot, from 4–5pm for young people, along with training and mentoring. The initiative is funded through grant applications. "We have all sorts of kids making programmes about all sorts of things." *Global Kids NZ* airs from 4–5pm on Wednesdays.

Valley Project manager Marty Cancilla, who hosts the weekly *Valley Voice Radio*, was a joint winner of the Community Information category.

"...a great example of what access radio is all about-in this case, kids talking to kids about big stuff."

In judging the show he submitted, the judges described it as "an enjoyable discussion that gave a fascinating insight into a local figure—in this case Labour MP David Clark". OAR broadcasters and their family and friends celebrated the achievements of the station's 180 volunteers last month. Judging was done by an external

judging panel.

The Valley Voice Radio has finished for now. In its place Marty will be checking in on the OARsome Morning Show on Mondays at 9.10am to give an update on what is happening in the valley. The morning show is hosted by born-and-bred valley resident Jeff Harford. Otago Access Radio airs on 105.4 FM.—Edith Leigh

Cop that: Get to know your neighbours these holidays



Community constable Brendan Thomson

what in the student guarters of our area and this can bring with it an increase in criminal activity by way of thefts and burglaries from vacant dwellings.

ANOTHER

done and

dusted and

we turn our

thoughts to-

wards the

son.

festive sea-

Things have

quietened

down some-

Together with our community partners YEAR is nearly such as Campus Watch and the North Dunedin Community Patrol, we are on the lookout for this type of activity but, make no mistake, your input cannot be underestimated.

> I know I have said it before, but I'm making a point of saying it again at this time of year: know who your neighbours are. If you are heading away on holiday, ask someone to clear the mail and mow the lawn, maybe even park their car in your driveway. The effects of burglary on a family can be devastating and longlasting so we need to take positive steps to prevent it happening.

With the year drawing to a close, office and work parties will be on the increase so watch that alcohol level if you are even thinking about operating a motor vehicle. Get a plan in place prior to the event and if in any doubt, just don't drive.

You can guarantee an increased police presence on our roads at this time of year and it's just not worth the risk. I wish you all a very merry Christmas and a happy New Year.

Stay safe on our roads and look after each other.-Brendan Thomson

Drainage Plumbing – new and existing

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Call Edith on 473 8614 www.northeastvalley.org



Computer classes at community rooms

Computer classes organised by the Dunedin Women's Multicultural Group are being held in the community rooms on Tuesday mornings.

The free classes are being taken by Prof Salam Moohib, a retired mechanical engineer.

He will be teaching the International Computer Driving Licence (ICDL), which is an internationally recognised qualification designed to raise a person's level of knowledge and competency on computers.

It covers aspects such as word processing, spreadsheets and IT security.

WHEN: 10am–12.30pm, Tuesdays

WHERE: Valley Project community rooms, 262 North Rd Spaces are limited. Contact Afife to confirm on 473 8944.

Grant for shed

A \$6000 Lottery grant will enable the North Dunedin Shed to concrete more of the dirt floor in their building on Bonnington St.

The group is seeking further funding for the end walls and doors for the shed. The group meets for working bees on Saturday mornings from 10am to early afternoon.

The shed is a place for the community to come together in a workshop space and work on practical projects.

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THEIR CONTRIBUTIONS MAKE THIS COMMUNITY NEWSLETTER POSSIBLE

SPACE for new parents in valley

A NEW programme designed to support parents through the first year of their child's development will start in the valley next year. SPACE (Supporting Parents Alongside Children's Education) is mainly aimed at first-time parents and their babies. Weekly sessions are held over three to four terms in a relaxed, baby-friendly atmosphere. The weekly sessions include the opportunity to meet and get to know other new parents. There are discussions on relevant child development and parenting tools, rhymes, music and books for ba-



Getting ready to start a new SPACE programme in the valley to support new parents are, from left, Amy Souquet with Lily McCann (1), Michael Gaffney and Rachael McCann.

bies, and ideas for homemade resources. The discussion topics vary according to the group's interests or needs and guest speakers may be invited to talk about specialised topics.

SPACE coordinator Amy Souquet says new parents can become isolated. "We all know when you have a new baby, you can be sitting at home thinking 'is this normal?" The group discussions allow people to share their issues and how they solve them as well as getting support

from others. "We are hoping to help new parents integrate better into the valley. They can come along and meet people in the same stage as them."

The first programme begins in February next year and is open to all new parents. It will be run in the lounge at the North East Valley Baptist Church. Contact Amy on 473 0014 or space.valleybaptist@gmail.com for more information or to register.

Art is not decoration, says pop-up artist

"**ART IS** not decoration," says this month's pop-up artist Sally Shephard. "If you want decoration buy a cushion."

Art and paintings operate according to a complex mechanism that both invites and eludes interpretation, says Sally. She made the paintings on display in the Northern Artery Pop-up Gallery at the Gardens shopping mall, while thinking about family relationships.

"I enjoy mark making and the spontaneity of paint as a medium. I often use text and poetry to trigger and inspire my work. "I use the human figure to represent universal social themes rather than specific partraiture." Sally says she is currently used

portraiture." Sally says she is currently working with installation and mechanisms of change,



You'll have to take our word for it - this is December's Northern Artery Pop-up Gallery artist Sally Shephard in her art studio at the Otago Polytechnic Dunedin School of Art.

both of growth and decay. For sale enquiries email Sally on sally.look@me.com.

White doves: A passion and a symbol of peace and faith

"The kids love them. We did a bird study last year and I brought in some young birds." The school also ran a "dove derby" fundraiser earlier this year, in which they discovered it took the doves just 10 minutes to fly from the school to Green Island.

While Pesamino has a small business, White Doves Dunedin, the birds are much more of a hobby and a passion, he says. "They are pets, much loved pets. Some of them have strong personalities and I have my favourites."

To find out more head to the White Doves Dunedin Facebook page.—*Edith Leigh*

Progress at community workspace

THE VALLEY Community Workspace, thanks to building owner Matt Jennings' generosity, has completed our first six months.

So far this year we've become an incorporated society, established a governance group, got to know each other better, significantly spruced up the old garage space, and sought out other community-minded, 'green' innovators to join us.

We have held regular bike fix-it and skill -sharing workshops, given people the chance to try out electric and recum-

bent bikes, or take a smooth ride in an electric Starting in 2016, we will begin a program to car.

Thanks to MakerSpace we've seen how 3D printers can turn a 'waste' product (whey) into specific parts, enabling 'broken' equipment to be fixed.

We have promoted converting cars to electric, and invited people to join workshops to learn about what's involved. Recent additions to the workspace bring more tools and expertise for craft, making and fixing, and experience and enthusiasm for mentoring youth.



The Valley Community Workspace at 11 Allen St in the valley

link researchers, industry partners, small businesses, innovators, end-users and students, as part of our efforts to hasten the market transformation curve of sustainable energy technologies. We have been talking with Dunedin North Intermediate School as a way to reach out to our community. It's been exciting working with others who want to promote change toward a socially just, sustainable, lowcarbon future, and build skills and selfreliance.

Upcycle kid's bikes for a Christmas gift



Keri Eastwood, centre, looks for spare parts for a bike she is fixing up with her children, Islay (7), left and Finn McGilchrist(9) at the Valley Community workspace

NEED A bike for your kid's Christ- the perfect wheels for your child. mas? Come along to the Personalised Pedals open day at the Valley Community Workspace. This is a chance to work on a donated bike with experienced mechanics and create

For a little time, a lot of love and a koha (\$30 if possible), you can come away with a gift that not only looks great, but teaches the values of recycling and good workmanship. All kinds of decoration ideas can make it a really personalised and special present. So pimp your ride for Christmas. All ages and sizes catered for. For more info contact Peter on 027 379 4388 or peterd0n@clear.net.nz

Workspace keen to buy building

Here's our next idea: let's buy the building which houses the Valley Community Workspace ourselves. The building will soon be on the market so we have to act now. Want to help? We need \$300,000. That's 100 people donating or investing \$3000 each; 300 people \$1000 each; or 600 people \$500 each. Let's make it a community-owned, community-run amenity that will increase skills, relationships and options into the future. Other ways to help include buying a community workspace subscription for only \$10 per month, visit our Pledge Me or Give-a-Little pages to donate, or give one of our gift vouchers this Christmas. If you know anybody who may be interested in renting part of the building or helping us to purchase it contact Tim on 022 705 346.

Arohanui, Valley Community Workspace team

Personalised Pedals open day for bikes

WHEN: 10.30am-1.30pm, Saturday 5 December WHERE: Valley Community Workspace, 11 Allen St

Other Christmas gift ideas

Make your Christmas gifts count for the community as well as the gift receiver this year.

Consider giving a Valley Community Workspace voucher or subscription, which would help us raise funds to pay the rent, to ensure we can keep operating.

We have lots of enthusiasm and great ideas for Allen St, but need your financial support.



When you're busy looking ahead, we've got your back.



Animals for adoption

Go to spcaotago.org.nz for information about the adoption process and fees.

Vist us at 1 Torridon St, Opoho, Dunedin or phone 473 8252

AGE: 10-12 years old **BREED:** long-hair tabby/tortie female cat **PERSONALITY:** shy but very affectionate LOVES: pats, pats, pats/

JoJo is a mature, long-haired tabby/tortie female. She came to the SPCA after her owner sadly passed away. When she arrived a nasty collar wound was discovered, so we provided surgery to fix it up and she's all better now.

She would do best in a home with no other pets as she likes her own space. She would also prefer to be an indoor cat as she can be shy about the big outside world.

Once she gets to know you she will come out of her shell and she loves pats so much that they sometimes make her dribble! She needs regular brushing and has a special diet for optimum urinary function. JoJo is currently on foster with a SPCA staff member, but she needs a permanent, quiet home to retire in. Please give us a call if you think you can give JoJo a loving home for her golden years.

Cheeky



AGE: 3-4 months old **BREED:** female Collie/Pointer cross PERSONALITY: inquisitive and very playful LOVES: chasing balls and other doggy toys

Cheeky is one of five puppies in her litter that are living at SPCA Otago and looking for a permanent new home.

The owners of Cheeky's mother came to us in desperation after their female dog gave birth to nine puppies. They found homes for four, but the struggling family were overwhelmed by the rest.

Fortunately the timing was good for Cheeky and her siblings, as on this very rare occasion, we had some spare space at the animal centre. When we saw how adorable the pups were, we just had to help them.

This is a good example of the importance of desexing your pet, or you may end up with many hungry mouths to feed. It is even more difficult if homes cannot be found and the SPCA is too full to assist. So please desex your pets, it's the safest thing you can do to avoid disaster. Meanwhile, please come to the SPCA and meet Cheeky and her siblings today.



Valley artists thrilled to exhibit work at Gardens

FOR SOME members of a weekly art class a group exhibition in the information centre at the Dunedin Botanic Gardens is the first time they have publically displayed their work.

"It is pretty amazing," says artist Elly Heenan, pictured here with fellow artists, behind, from left, Denise Hopkins, Lynnette Barker, Jennifer Belt and Marsailie Sayers. The exhibition runs until 16 January. The art classes are run by art tutor



Artist Elly Heenan, front, paints at an art class at the Valley Project community rooms. Behind, from left, are Denise Hopkins, Lynnette Barker, Marsailie Sayers and Jennifer Belt.

Anneloes Douglas twice a week. Check the community notices for more information.

Love the Earth banner comes together for Paris world summit

Gabrielle Pankhurst and Donna Peacock sew a Love the Earth banner together to be sent to the upcoming Paris Climate-Change Conference. The banner was made using small artworks created at workshops and during a climatechange vigil held at St Pauls Cathedral.



Valley flashback: Shopping in NEV during the thirties



Does anybody remember Mrs Cooke's store? This photo was taken in 1930. The store was at 207–209 Main Road in the valley, where 205 North Road is now. Photo courtesy of Dunedin City Council Archives. Look at more photos from the council archives on their Flickr page Dunedin City Council Archives.



Do you have a client that would value from having the gift of a SuperGran? Consider making a referral ph: 474 0582

Christmas services

Opoho Presbyterian Church

services during the Christmas period

Sunday 29 November: St Andrew's Day with the music group, 10am Sunday 6 December: Quarterly Communion with the choir, 10am Sunday 13 December: Family Service Advent 3, celebrating our children, 10am and Blue Christmas: a pause to remember . . . a service to acknowledge that Christmas can be a sad time for some, 7pm Sunday 20 December: Nine Lessons and Carols with the music group, 10am

Thursday 24 December: Candlelight Christmas Eve, 11.30pm Friday 25 December: Christmas Day Service, 10am Sunday 27 December: Service, 10am Sunday 3 January: Holy Communion, 10am

All are welcome. Contact 395 6129 or marg.garland@gmail.com

Christmas for kids and families

A Christmas pageant featuring children from the North East Valley Playgroup. There will be a finger-food meal to follow. WHEN: 4pm, Sunday 20 December WHERE: North East Valley Baptist Church, 270 North Rd

Christmas @ the Gardens

Favourite Christmas carols with music from the Salvation Army Band and the Sounds Nor'easterly Community Choir. Please bring a non-perishable food item (a treat) to be distributed by the Salvation Army to families in need at Christmas. Brought to you by the North Dunedin Combined Churches. For more information phone Steve O'Connor on 027 424 1828. WHEN: 4.30pm, Sunday 13 December WHERE: By the Bandstand, Dunedin Botanic Gardens

Glenaven Methodist Church

Thursday 24 December: Christmas Eve, 10.30pm supper for 11pm Carol Service Sunday 27 December: Service at 11am



PLEASE RECYCLE THIS NEWSLETTER.

Printed on carbon neutral paper

Sunday 1 Nov 1pm–4pm Saturday 7 Nov 9am-noon Sunday 15 Nov 1pm–4pm Saturday 21 Nov 9am–noon

community garden working bees

top paddock behind North East Valley Normal School

trading corner

COMPUTER SERVICES

Trouble-shooting, tuition, low rates. Ph Dave 473 9542, 022 635 9414 or email davemaxz@actrix.co.nz

GRAZING WANTED

Grazing wanted for one horse next year. Experienced owner willing to provide references. Around \$20/week. Ph Harriet 021 0328 583.

HOUSE WANTED TO BUY

Small, young family looking to buy first home in the valley they love. Sunny side up, 3 or more bedrooms. Not afraid if it needs a little TLC. Contact John and Rachel 022 0299 844

HOUSEMINDER

Houseminder available for 2016. Nine years experience minding dogs, cats, goats and guppies, mowing lawns and watering plants. Prefer stays of at least 3-4 weeks. Quiet PhD student, non-smoker. Contact Jeffrey jeffreyhrobinson@yahoo.co.nz or 027 4467 915.

OUARANTINE ISLAND/

Kamau Taurua is a great place for a sustainable holiday. Beautiful gift vouchers available for overnight stay on island, or boat transport. See www.guarantineisland.org.nz or ph the keeper 478 0874.

church services

Salvation Army, 43 North Rd, Nitechurch, 6pm

Sacred Heart Catholic, 89 North Rd, Mass 9.30am

Glenaven Methodist, 7 Chambers St. 11am

Pacific Island Presbyterian, 160 North Rd, English 11am on 1st, 2nd and 3rd Sundays; Cook Island 9.30am; Samoan 11am, 4th and 5th Sundavs

Anglican: St Martin's, 194 North Rd, 10.45am

St Thomas', Raleigh St and Pine Hill Rd, 6pm

Opoho Presbyterian, 50 Signal Hill Rd, 10am

NEV Presbyterian, 224 North Rd, 9.30am cafe service

VALLEY PLAYGROUP

Come along with your children 0–4 years, Baptist Hall, 270 North Rd, 10am-2pm, Mon; 9am-3pm, Tue, Wed. Ph Michael 473 0572.

ZUMBA

All welcome with or without children, qualified instructor Liana, 11am-noon, Mon; 1.30pm-2.30pm, Thur, Baptist Church hall, \$2.50, ph 021 299 1024.

for families, kids & teens

DUNEDIN TOY LIBRARY

A vibrant toy library for children from birth to 7 years. Huge range of toys, ride-ons, dress ups, puzzles, games. St Martin's Hall, Northumberland St, 10am-11am, Wed and Sat.

FANTAIL TRAILS

Unstructured exploration in nearby nature for families with young children, on www.meetup.com/Fantail-Trails, or email

gabrielle.david@gmail.com

MT CARGILL GIRLGUIDES

Pippins, brownies, guides and ranger groups in the valley. More info on Facebook or Ph Eileen 476 1813.

MUSIC AND MOVEMENT

For little ones, Salvation Army Hall, Mon, school terms only, two sessions, 9.30am-10am, 10am-10.30am, gold coin. Ph 473 0581.

MUM 'n' BUBS YOGA

A class for mothers and babies from about 8 weeks old until they are actively mobile. 1.30pm-2.30pm, Mon, Baptist Church. Ph KJ 021 174 0149 or catchkj@gmail.com.

NEW PARENTS' GROUP

Coffee group for parents with babies, 10am–noon, Mon, community rooms. All welcome. Ph Charlotte 473 8614.

OPOHO PLAYCENTRE

Sessions for 0-6 year olds, 9am-noon, Mon-Fri, school terms, 28A Signal Hill Rd. Visitors welcome. For more info ph 473 0819 or email opoho.playcentre@yahoo.com

OPOHO SCOUTS

Keas, 5.30pm-6.30pm, Tues; Cubs, 6pm-7.30pm, Thur; Scouts, 7pm-8.30pm, Wed. Opoho Scout Den, Ph Kevin 0800 SCOUTS.

PLAYGROUP

Leith Valley Church, Malvern St, 10am-noon, school terms. Ph Julia 027 635 8181.

PREGNANCY YOGA

Move & breathe your way towards a positive birth, 5.30pm-6.45pm, Mon, community rooms. With experienced yoga teacher & birth educator Uschi Heyd, ph 027 360 0238, 473 0393 or visit www.birthcircle.org

PRESCHOOL MUSIC

At Opoho School, 9am-9.30am, Fri, during school term, Room 3, gold coin, drop in, Ph 473 8019.

RUDOLF STEINER

Playgroup in Pinehill, 10am-noon, Mon and Fri (Te Reo Māori group), 351 Pinehill Rd, gold coin & fruit to share, Ph Steiner School 471 2163.

TUNEFUL TUESDAYS

Music session for pre-schoolers and parents, limited spaces . NEV Baptist Church, 1.30pm-2.15pm, Tues, gold coin. Ph Kaitrin 425 8959.

Classifieds and community notices (for non-profits)

CHANGING WAYS

December special 'Responding to Tricky Teens' A book full of practical ideas Only \$10

Ph Karyn on 021 0275 4881 www.changingways.co.nz

fitness & health

CLASSIC YOGA

Move, breathe & relax with professional yoga and meditation teacher Uschi Heyd. For all abilities, Baptist Church, 5.30pm–6.45pm, Tues. Ph 027 360 0238, 473 0393 or visit www.birthcircle.org/yoga-classes.

CONTRADANCE

7.30pm, Mon, \$3, 52 Dundas St. Ph 473 8640 for more information.

DUNEDIN BMX CLUB

Race night, Forrester Park BMX track, 6pm, Thu.

EXERCISE GEAR WANTED

Do you have exercise gear, such as weights, mats & bands, you no longer need? Donate it to the NEV community Sat morning exercise class.

FOLK DANCING FOR FUN

Baptist Church, 270 North Rd, 10am-11.30am, Fri, \$3. Ph Yvonne 455 2406, stureid1@yahoo.co.nz

FREE FITNESS CLASS

Outdoor circuit training, NEV Normal School, classes restart on 14 Nov. Ph Knox Rehabilitation Clinic 474 0517.

HISTORICAL DANCE

Explore European dance from the medieval era to the late 19th century. Historical dance workshop, 2nd Sunday each month, 10am–noon, Nga Maara Hall, 63 North Rd. Beginners welcome, \$10, www.frenchdancing.co.nz

LAUGHTER YOGA

Laugh yourself to health and happiness. 5.15pm–6pm, Wed, Otago Polytechnic H block, room 608.

LEARN TAEKWONDO

Korean martial art, supportive environment. Training Mon, Thur, NEV Normal School hall, 6pm– 7.30pm. Ph 027 412 5770 or dunedinolympictkd@hotmail.co.nz

MEDITATION

Meditation and mindfulness afternoon workshop every two weeks, ph 021 035 2392, www.meditatenz.co.nz

OPOHO BOWLING CLUB

We are Dunedin's friendly little club on the hill. Become part of our lawn bowling community, club day 1.30pm, Mon. Ph Paul and Bridget 471 0743.

LET'S GO DOG WALKING AND TRAINING SERVICES

Affordable dog walking and training with experienced dog handler and trainer, behaviour consultations

Ph Laura 021 296 4249 or 487 8850 letsgodogwalker@gmail.com Find us on Facebook

QIGONG

Interested in Qigong? Ph Ans 473 6114 or 027 756 8383, www.qigongrenxue.org.nz

QIGONG CLASSES

Jay Glubb runs a Qigong class at the community rooms, 6pm, Thur. Ph 027 584 4537.

SELF DEFENCE COURSES

For women and girls, learn simple ways to use your mind, body and voice to keep safe. Contact Imogen to arrange evening or weekend course, ircoxhead@gmail.com

SPAN NEV

Stretch'n'flex, gentle low-impact exercise, St David's Presb Church lounge, 10am–11am, Tue, over-65s \$3. Ph 473 9311.

STEADY AS YOU GO

(Age Concern) Gentle balance and strength exercises, NEV Baptist Church, 10.30am–11.30am, Mon.

THREE LEFT FEET

Social dance group, no experience or partners necessary. European dance – folk and traditional, \$5 or \$7.50/ couple, Nga Maara hall, 6pm–7pm, Thu. Ph Marilyn 473 7829.

YOGA IN THE VALLEY

Instructor Adair Bruce, DNI tech block, 6pm, Mon–Fri, \$5 waged, \$4 unwaged; St David's Church, cnr James St & North Rd, 9.15am, Mon, Wed, Fri, adairbruce@hotmail.com

art, craft & music

ARTYFACTS

Art group for support and motivation, bring your own work. Community rooms, 9.30am–noon, Wed. Ph Patricia 473 1494.

ART CLASSES

For all levels, casual attendance welcome, tutor Anneloes Douglas, community rooms, 10am–noon, Thur and 6pm–8pm, Fri. Ph 027 307 7034, 467 9993, anneloes.douglas@xtra.co.nz

ART CLASSES

Continuous class, newcomers welcome, 1pm–3pm and 7pm–9pm, Wed, St David's Church, \$15 per session. Ph Friederike 482 2025.

GARDENS PHYSIOTHERAPY CLINICAL PILATES Beginners Pilates

Fridays 9.30am–10.30am Saturdays 9.30am–10.30am Saturdays 9.30am–10.30am Levels 1-2 Pilates Tuesdays, 11.30am–12.30pm Fridays, 1.15pm–2.15pm \$15 per session/\$72 six sessions www.gardensphysio.co.nz

ART FIBRE DUNEDIN

Bring lunch and requirements, 10am– 3pm, second Sun each month at the community rooms, Ph Viv 473 0343, www.artfibredunedin.blogspot.com.

DUNEDIN FIDDLE CLUB

Community rooms, 7.30pm, Wed.

KNITTING SQUAD

BYO knitting or crocheting, or come & learn, community rooms, 1pm–3pm, Wed. Ph Marjory 473 7751.

further education

FREE LITERACY COURSE

For more information contact Ana and Marg at Literacy Aotearoa, 477 2055.

ITALIAN CLASSES

Exp teacher, native speaker of Italian (PhD Linguistics),ph Antonella 473 0832 or 027 341 8312, antonella.vecchiato@gmail.com, www.italianclasses.co.nz, Benvenuti!

LEARN ENGLISH FAST

English for daily life and work, free. Contact Paul or Tamara at English Language Partners 477 7261, dunedin@englishlanguage.org.nz

LEARN ITALIAN

Planning a trip to Italy this year? Fun, communicative lessons with qualified, experienced teacher. Contact Saman-tha 021 0831 8408.

SEA OF FAITH

Highgate Church Hall (cnr Drivers Rd and Highgate), 3–5pm, fourth Thur each month. Enquiries ph 473 0031.

community groups

BIKE WORKSHOP

Get help to repair or tune-up your bike, use our workshop, bikes available for koha. 3.30pm–5.30pm, Tues, and 10.30am–1.30pm, Sat, Valley Community Workspace, 11 Allen St.

CHAI AND CHAT

Where women come together to socialise, children welcome, gold coin donation, Community House, Moray Pl, 10.30am–12.30pm, Fri. Contact Yulia and Shiraani chaichatdunedin@gmail.com

ARTS BAZAAR

Yes, the Arts Bazaar is back! Support local arts and craftspeople at the North East Valley Christmas Arts Bazaar 10am-3pm Saturday 5 December

Nga Maara Hall More info on Northern Artery Facebook page

MEN'S PROBUS

NEV bowling club, 10am, 2nd Mon each month, new members welcome. Ph Don 473 7544.

COMPANIONSHIP

Lonely? I offer genuine companionship to house-bound disabled and aged folk. Refs available. Ph Kerry 021 0242 6761

DUNEDIN MAKERSPACE

Work on project, watch others and chat, 1pm–5pm, Sat; organised talks, 7pm, Thur, Valley Community Workspace, 11 Allen St.

ENLIVEN DAY CLUB

Ross Home, wanted, drivers and help with activities, light food preparation. Tues, Wed & Fri. Ph Maybank 473 0890.

MENTORS REQUIRED

Become a mentor to young people who need a good male role model in their lives, Operation 'New Direction'. Ph Rob Fitzpatrick 473 6825, garden@northeastvalley.org

LIONS IN THE VALLEY

Toroa Lions Club meets twice monthly Mon evenings, Morrison Lounge, Opoho Church, new members, men and women, welcome. Ph Tess 473 8114 or email Genny at gennyhann@gmail.com

MULTICULTURAL GROUP

Women's multicultural group, make new friends, speakers, cooking, outings. Community rooms, 10am–noon, Fri, ph Afife 473 8944.

NORTH DUNEDIN SHED

Working bees, Bonnington St, over bridge, 10am–early afternoon, Sat. Coffee, tea & scones welcome. Ph Bob 488 2647 or Paul 474 0060.

OPOHO EUCHRE GROUP

Opoho Bowling Club, 1.30pm, Wed. Ph Lesley 473 9771.

PINEHILL COFFEE & CAKE

Morning tea outing to Dunedin café, last Wed of each month. Ph Noora or Amanada 477 7116 for more info.

COMMUNITY NOTICES

Community notices welcomed. Priority given to groups and activities based in the valley. Email voice@northeastvalley.org





Gillions Funeral Services A NEED to fundraise for an overseas school trip led to the creation of Quirky Valley, a small handcraft enterprise of valley resident Jo Bone.

Crafts Bazaar.

Her sons had enjoyed making "felt zombies" at Dunedin North Intermediate School, so she decided to create things to sell from the leftover felt pieces. Two years after her son Sam's

Valley craftsperson Jo Bone is looking forward to selling her Quirky Valley crafts at the annual Northern Artery Arts and

school trip to New York, she and son Liam are saving to go to the Comic-Con convention in San Diego. Liam has a passion for drawing and graphic novels and has designed lots for Quirky Valley. He also helps out at the markets. At a previous Northern Artery Arts and Crafts Bazaar he drew a picture for everyone who bought something from the table.

Jo creates Christmas decorations, magnets, badges, finger puppets and soft toys using a mix of felt and fabric, although she especially loves working with felt. "It is such a joyful material to work with and I love the bright colours."

When a friend loaned her a sewing machine she overcame her phobia about using one—a hangover from school manual classes—and has extended her range of crafts.

"Now I am creating tricky soft toys I would never have dreamed I could make.

"It gives me such pleasure to put handcrafted creations into people's homes, and the thought of my felt Christmas decorations being brought out each year and adorning Christmas trees is a lovely one."

An appreciation of handcrafts is coming back, but in a society accustomed to buying low-cost, mass-produced goods, it is hard to charge their true worth, says Jo.

Quirky Valley will be at the Northern Artery Arts and Crafts Bazaar on Saturday 5 December from 10am to 3pm.

school holidays

The school term finishes on Friday 18 December this year. School restarts next year on Monday 1 February.

what's on calendar

arts bazaar

Like us on Facebook

> Support local arts and craftspeople at this Northern Arteryorganised event. 10am–3pm, Saturday 5 December, Nga Maara Hall

Christmas carols

Enjoy your favourite Christmas carols with the North Dunedin combined churches. 4.30pm, Sunday 13 December, the bandstand, Dunedin Botanic Gardens.

Christmas pool party

Join the Valley Project for a relaxed family pool party. 2pm– 4pm, Saturday 19 December

Christmas pageant

A Christmas pageant and finger-food meal. 4pm, Sunday 20 December, North East Valley Baptist Church

Ray White.



407 Hillside Rd. Ph 455 2128. gillions.co.nz



The Normanby Bistro

(At the Normanby Tavern)

Open Wed–Sun Lunch: 11.30am–2pm, all \$13.50 Dinner: 5pm–9pm*, from \$15.50 (*8pm on Sunday)

Ask about our Gold Card discount

Susanne and Richard look forward to meeting you