



LOG-SPLITTER DONATED FOR BACK-SAVING FUNDRAISING

The North Dunedin Shed Society has been progressively clearing willows off the banks of the Lindsay Creek near its premises in Normanby as part of its ongoing riparian restoration project. With the annual help of students from Arana College, they have been planting native trees and shrubs along the riverbanks as supplied by the Valley Project. In the course of this work, considerable amounts of firewood have been generated. Some of this is sold to the public to raise funds and some is donated to families in the area through the Valley Project. The growing quantity of wood overwhelmed the Shed's tiny electric log splitter.

In the course of a conversation between Rotarian and North Dunedin Shed Society Treasurer, Chris Bloore, and Rotary District 9980 Assistant District Governor, Ah-Lek Tay, it emerged that the District had some unspent funds looking for a good cause. The Shed Society could make

good use of a heavy-duty log splitter. It was a case of two-plus-two making 42 - the capacity in tons of a top-of-the-line petrol-driven log splitter. Three Dunedin Rotary clubs; Dunedin, Dunedin Central, and Dunedin South, chipped in. Their contribution was topped up by Rotary District 9980 to pay \$3,600 towards the \$4,000 cost of the machine supplied by Topmaq. Their Dunedin branch generously absorbed the freight cost from their Christchurch warehouse. An anonymous donor supplied the 65 litres of hydraulic oil used in driving the ram that pushes log rounds against a fixed splitting wedge. *(Continued on page #10...)*

GILLIONS
FUNERAL SERVICES

We're here for you.
100% locally owned and operated. Ask about our eco and pre-planning options.

☎ 455 2128
407 Hillside Rd. Dunedin
gillions.co.nz

Funeral Directors
ASSOCIATION OF NZ

*Local People
Selling Local Property*

Jane Bokser | **Colleen Townsend**
027 473 6221 | 027 226 5482

Ray White Dunedin Proven Realty Ltd Licensed (REAA 2008)

Proud to support

The Valley Project

Open 7.30am - 9pm Daily



Gardens



**Plumbing
Laser**

"Murray and Corey Ford proudly
servicing the Valley for 25+ years"

- Plumbing - new and existing
- Gas fitting
- Drainage

☎ (03) 456 3178

369 King Edward St. South D.
dunedin.central@laserplumbing.co.nz



KIA ORA KOUTOU! HOW DO YOU DO?

Community members are welcome to the Valley Project reception area *Tuesday through Thursday 10am - 2pm*, for the provision of these services:

- use of free wifi
- laminating
- placement of notices
- printing & photocopying
- trap hire
- newsletter advertising

JULY 2022

31					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

The Valley Project is closed on all public and school holidays. This includes the upcoming winter break scheduled for Saturday 9 July to Sunday 24 July.



New Zealand is still at Orange Level of the Covid-19 Protection Framework. All staff and visitors are encouraged to wear an approved face covering while indoors. Social distancing of at least one metre is also encouraged.

WellSouth has generously supplied us with rapid antigen tests (RATs) for community members sharing a home with someone Covid-positive. Send a friend to reception to collect a RAT pack or two for you anytime during our opening hours. Give us a ring if you'd prefer a contact-free pick-up (**03 473 8614**). You can even tap on our office door if the lights are on. To find your nearest testing location in the Southern district, call **0800 VIRUS19 (0800 847 8719)** or visit **wellsouth.nz**.



At this time, the Fred Hollows community room is available for hire without a capacity limit. Keep up the healthy habits when using the room, please! Sanitise hands and surfaces, sneeze in your elbow, etc.

For bookings: **pip@nevn.school.nz** or **03 473 8246**

Did you know you can sign yourself up to receive a digital copy of the Valley Voice as it's published each month? Do so here: **<https://bit.ly/VPnewsletters>**. And while you're at it, why not tick the box to receive OpenVUE newsletters, too. Be in the know of all things happening in and around the Valley Project!

A North East Valley family recently lost their home to a fire. Parents and children are well but all of their worldly possessions are now gone. A GiveALittle page has been established by their loving friend who is asking fellow Valley residents for any contributions. Watch this space for fundraising events to further assist the affected family in rebuilding their lives.

<https://givealittle.co.nz/cause/family-lost-their-house-in-fire>

✉ **voice@northeastvalley.org**

💻 **www.northeastvalley.org**

📘 **facebook.com/valleyproject**

📷 **[@valleyproject](https://twitter.com/valleyproject)**

☎ **(03) 473 8614**

📍 **P.O. Box 8118,
Dunedin 9041**

📍 **262 North Road,
North East Valley, Dunedin**

The North East Valley Community Development Project (a.k.a. The Valley Project) is a registered charitable organisation that builds community connections and promotes the wellbeing of local families and whanau. If you like what we do, you can donate at:

the
VALLEY
project

givealittle

www.givealittle.co.nz/northeastvalley

The opinions expressed in articles are the author's own and are not necessarily shared by the editor or Valley Project Team. Submitted articles may be edited at the editor's discretion.

We'd love to hear from you! Send us your local photos, stories, announcements, etc. Deadline for newsletter copy is the 15th of the month prior. Submissions later than the 15th cannot be guaranteed space. Please keep your contributions to 250 words or less.

Your local Dunedin electricians
DOMESTIC • COMMERCIAL • 24HR SERVICE



03 473 8519
www.mcarthursymons.co.nz
39 North Rd. North East Valley

Need an MP?
David Clark MP for Dunedin

If you require advocacy, information or support please contact me

Dunedin Office
dunedin@parliament.govt.nz
03 474 1973
544 Great King Street,
Dunedin
📞 /DavidClarkMP



Labour 

Authorized by David Clark MP,
Parliament Buildings, Wellington

Thinkit

Kids Art Class
Dynamic & Enriching
7 - 15 years



**Feuerstein
Tuition**

- Ideal for learning differences -
Enhances Cognitive
thinking
& learning skills
5 years - Adult

Kiri Scott 0211189882
thinkit.fie@yahoo.com
@thinkit
www.icelp.info



**North East Valley
Digital Community
DIRECTORY**

what's
ON?



AUKAHA INFORMATION SESSION

The team at Aukaha invites you to an informative evening introducing the Otago Home Upgrade programme. Find out if you're eligible for funded home improvements and get help completing referral forms. See page #10 for more.

TUESDAY, JULY 19, 5 - 7pm

FRED HOLLOWES ROOM, VALLEY PROJECT

2022 LOCAL ELECTIONS TIMETABLE

Prepare to vote for a Mayor, 14 Councillors, Community Boards and the Otago Regional Council.

Friday 15 July Nominations opens.

Friday 12 Aug. Nominations close 12noon.

Friday 16 Sept. Voting & special voting begins.

Saturday 8 Oct. Election day ending 12noon.

DCC Candidate Handbook and more:
www.dunedin.govt.nz/council/electoral-information

ROLLER SKATING IS ON!

WHERE: THE EDGAR EVENT CENTRE

WHEN: SUNDAYS 4.30pm - 6pm

ADULTS \$5.00 SCHOOL STUDENT \$2.50



Go to Facebook and look under
f SUNDAY SOCIAL SKATERS
for any updates, cancellations,
or changes in venue

COME AND HAVE A GO!

Skates are available but limited.




dunedin public libraries
Kā Kete Wānaka o Ōtepoti

 **Community
Centre**


ŌTEPOTI - HE PUNA AUAHA
DUNEDIN UNESCO
CITY OF LITERATURE

Join the library at the Valley Baptist Community Centre for Lego and Craft fun.

Plus books to look at and borrow. Bring your library card!

Kids get to choose the theme each month.

SUITABLE: for senior primary school and intermediate aged students (years 6-8) although younger family members are very welcome.

FREE

Every 3rd Wednesday of the month
3pm - 4.30pm (excluding school holidays)
The Valley Baptist Community Centre
270 North Road

CITY MOSGIEL BLUESKIN BAY WAIKOUAITI PORT CHALMERS SOUTH BOOKBUS

Kia ora koutou - Dunedin Public Libraries is calling all Valley kids, years 6 to 8! Join us at the Valley Baptist Community Centre on the 3rd Wednesday of every month, 3 - 4.30pm (excluding school holidays).

This low-tech club is the opportunity for you to get creative with Lego and craft. There are also books to look at and borrow - so don't forget your library card! And YOU get to choose the theme for the following month!

Although this programme is targeting 9/10 - 13-year-olds, younger family members are very welcome. We look forward to seeing you next term.

Term 3: Aug. 17th, Birds & Space. Sept. 21st, theme yet tbd.



ISOLATION MEAL PACKS

Did you know North East Valley business, YourProChef, specialises in Self Isolation Meal Packs that can be delivered straight to your door?! Choose an order of 8, 12, 16 or 22 chef-made heat-n-eat meals. Options include their most popular range of generously portioned dishes like kumara & bacon soup, classic mac & cheese, mushroom & walnut risotto, cajun chicken, and pork roast to name a few. YUM! Keep it easy.

03-473 1680

www.yourprochef.nz/

6 Cornhill Street, NEV

Facebook: @yourprochef.nz **YourProChef.nz**

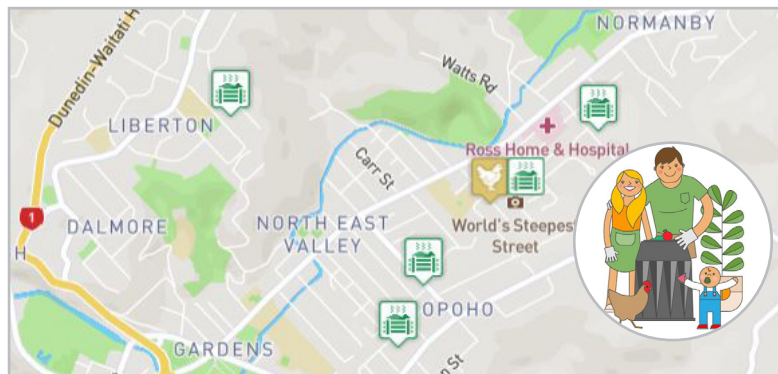


FOOD SCRAPS & COMPOST

The DCC revised waste system that includes collection of food scraps is still at least a year out (info about the changes can be found at <https://bit.ly/3QKXV9J>). In the meantime, if you want to reduce your carbon footprint by diverting food scraps from landfill but don't have a system at your whare, then look no further:

<https://www.sharewaste.org.nz/>

Sharewaste connects people who wish to recycle their food scraps and other organics with locals who are already composting, worm-farming, or keeping farm animals. It's a great opportunity to get to know your neighbours, too! A few "hosts" already exist here in the Valley. Join Sharewaste for free and get connected.



Alternatively, if you want to learn more about the art of compost making, head to your local Community Garden working bee, talk to their experts and muck in.

Did you read Valley Kai material that sparked your interest but now can't find it? Information on lots of Valley Kai knowledge is available on our website. Head to the following web page for info on community gardens, fruit tree initiatives, foraging, food rescue schemes, shared pantries, recipes, and much more!

www.northeastvalley.org/your-community/valley-kai



VEGAN HOT POTS - MATARIKI CELEBRATION SOUP

Not all iwi commemorate Matariki at the same time; some start on the first full moon after the star cluster rises, or on the next new moon. It's not too late to celebrate! Try this stellar soup recipe crafted by local food inspiration page, Many Hands Kitchen. This original recipe includes a peculiar ingredient of peanut butter that makes it out of this world! Let the chefs know how you go on their Facebook page: @ManyHandsKitchen



★ ★ Matariki Celebration Soup ★ ★ ★

★ Heat oil in a large pot and fry ~
1 diced onion, 3 small sliced chillis, an inch of peeled and thinly sliced ginger and 2 heaped tsp of crushed garlic ~ stir often.

~ Once lightly browned, add 2 small carrots and 2 sticks of celery, chopped ~ stir-through.

Add approx 3 litres of boiling water and 2 tsp of salt. Simmer for 10 mins.

For the broth ~ add 2 Tbsp of soy sauce, 3 Tbsp of chilli sauce, 1 tsp of sesame oil and 3 Tbsp ~ heaped ~ of peanut butter. Simmer and stir ~ allow the flavours to infuse ~ taste and add more salt or broth flavourings to your liking.

Cube cut some firm tofu and/or pumpkin and/or cabbage (I put it all in ♥) and cover with a lid and Simmer for a further 10 mins ~ add rice noodles and coconut milk if you wish ~ and turn off the heat.

We served ours with a little chopped coriander leaf and a squeeze of lemon juice.

♥ Matariki blessings ~ from Many Hands Kitchen ♥

AN ODE TO NEIGHBOURLY GENEROSITY

As I reflect on almost ten years on our little street, I realise what strong relationships have been built with neighbours often centred around food!

I treasure the 'old school' relationship we hold on one side. They are our go-to neighbours if we are short an egg, or a cup of flour. They have saved me many times! I try to repay them with some fruit or a jar of chutney, and then something else generous comes across the fence! They even save their treatful leftovers for our chooks! With many neighbours we share the love of growing food in our backyards, and many veggie seedling punnets get swapped and shared.

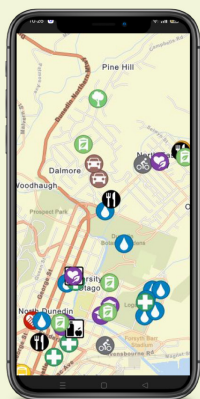
Needless to say, excess fruit and veg also get shared, even if they don't look perfect. One neighbour is much more organised than me, and often shares their early sprouted tomato seedlings for the glasshouse, which reward us greatly over the summer season. But over these last hard, few years with unusual lockdowns and such restrictions, other neighbours have surprised us with their generosity. One lockdown week, a bag of coffee beans turned up (roasted in a garage on our street and unused at our neighbours cafe). How that perked us up! Another gift closer to Christmas was a pottle of delicious honey, made by

busy bees who also reside on our street. Yet another neighbouring whanau at the end of our street offers excess bounty from up north, once being a bag of coveted feijoas and lemons!

When I step back and reflect it makes me realise what a little but generous street we have! It's interesting how we have gotten to know so many different neighbours through sharing kai. So I just wanted to give a shout-out to thoughtful neighbours and put a huge thank-you out there to those that share when they can and those that help look after those around them. What a lovely, generous NEV community we have. -- Anonymous

LOW-COST FOOD AND TRANSPORT MAPS

Online resources to help find the nearest affordable (free or lower cost) food and transport options in your region.



- COMMUNITY GARDENS
- COMMUNITY ORCHARDS
- PRODUCE BOXES & BAGS
- PRODUCE SUPPLIERS
- COMMUNITY FOOD & MEAL SERVICES
- HEALTHY EATING SERVICES
- PUBLIC DRINKING FOUNTAINS
- TRANSPORT OPTIONS
- COMMUNITY FOODBANKS
- COMMUNITY PANTRIES AND MANY MORE!



FIND MAPS AT
wellsouth.nz/community/health-promotion/low-cost-food-and-transport-map/



SUPERB HERB PROPAGATION

We had a fantastic turnout despite frigid temperatures on the day. It was lovely to be able to engage with community members as a group once again, especially one intent on getting their hands soiled! Everyone left with loads of herbs freshly potted on the spot - curry plant, rosemary, thyme, sage, lavender, mint, bay tree, and even New Zealand cranberry was propagated. Using only the cuttings from the gardens of workshop organisers Anna Read and KJ Davie, at least a dozen more gardens can now be grown. And may they, too, one day provide for more!



COMMUNITY GARDEN WORKING BEES - ALL WELCOME!

DALMORE GARDEN

Sat.	July 9	10am
Sat.	July 23	10am
Sat.	Aug 6	10am
Sat.	Aug 20	10am



NORTH EAST VALLEY GARDEN

Sun.	July 10	1pm	Sun.	Aug 7	1pm
Sat.	July 16	9.30am	Sat.	Aug 13	9.30am
Sun.	July 24	1pm	Sun.	Aug 21	1pm
Sat.	July 30	9.30am	Sat.	Aug 27	9.30am



LINDSAY CREEK STORIES WANTED

Do you have a special story involving Lindsay Creek that could be shared with us? Earlier this year, we brought the community together to gain insight into the past amazing mahi that has occurred around the Lindsay Creek catchment, how and why Lindsay Creek is important to us, and ways in which we move forward from here.

We have secured Participatory Science Platform (PSP) funding to be able to carry out a project based on the discussion had at the consultation evening held back in February. Be on the lookout for a get-together later this year to learn more about this project which comes with the opportunity to present your stories about and photos of Lindsay Creek. We will promote the date of this event in the next issue of the Valley Voice.

If you have any historical stories or photographs that you're really keen to share with the community and to have presented at this proposed event, please send them to openvue@northeastvalley.org. Otherwise, hang onto them until the day of the event. We look forward to what you share! -- Clare Cross



OPEN VUE SUPPLIES AND SERVICES



PEKAPEKA BIRD FEEDER KIT
Feed sugar water and fat balls to backyard birds. Yours for \$80.



TRAP BOX & RAT TRAP
Free to borrow.



POSSUM TRAP INSTALLATION
Free to borrow, as well as free Installation.



CHEW CARDS
Identify predators in your backyard using chew marks. Free to keep.

openvue@northeastvalley.org

BIRD ID WORKSHOP WELL ATTENDED

A huge thank you to Mary Thompson from Birds New Zealand for delivering the Garden Bird Identification workshop last month. Throughout the workshop we learnt that different birds have specific 'bling' (unique physical characteristics) and behaviours that can help us tell them apart from one another. We were particularly delighted that just as we were nearing the end of the workshop, one of the participants spotted a couple of Eastern rosellas out the window of the Fred Hollows Room! It was so great to be able to connect with everyone in the community with a focus on NZ Garden Birds. If you are keen for us to run the workshop again or something similar, please let us know by emailing openvue@northeastvalley.org.



Spotting birds from Fred Hollows



Lindsay Creek at Chingford Park



Heart in the frost discovered at Chingford Park



Conducting the plant survey at Chingford Park

HABITAT RESTORATION UPDATE

We have been working towards our habitat restoration in Chingford Park with more planting and weeding, and surveying of smaller plants. Some of the species we found included a variety of ferns, coprosmas, bush flax, New Zealand Jasmine, ivy, sycamore, oak, and holly. This was only within a very small part of Chingford Park.

KIDS CORNER Write a nature poem

Can you write a poem all about the nature around you?

What to do: Go into your backyard or local park, and as quiet as you can, listen to all of the sounds you can hear. Write these down. What do you think is making those sounds? If it's too cold, look out your window and write about anything you see. What sounds do you think the things you see are making? Can you make the noises of the things you see?

Here's my poem: *The wind is rustling the leaves in the trees.
A bird is singing tweet, tweet, tweet.
The frost is crunching under my feet.
Someone is playing by the creek.*

Photo by Jess Corbett



Peka Peka 
Birdfeeders are back in stock at the Valley Project!

kit includes platform, nectar nest, sugarwater bottle feeder, truffle feeder, truffles, instructions and a waratah to mount everything onto!

\$80

CONSIDER MORE 'FUNGI FORAY' AND LESS 'FUNGI FORAGE'

The topic of foraging is becoming an interesting thing lately. Mostly in the sense that it's becoming increasingly 'trendified', popularised, and commodified.

With this popularisation brings a range of ethical, ecological, cultural and legal questions and considerations. While foraging is marketed as a 'sustainable' way to get food, it's important to remember that foraging was a sustainable way of human life back when the population of humans on earth was well under one billion with very low population densities spread across large areas of healthy ecosystems, and the foraging was done by people who live literally within their environment and with intergenerational wisdom about ecology being an intrinsic part of their knowledge base. Now, the world population is eight billion. We live in densely populated areas and we are quite embedded in a culture of globalised extraction which is quite literally destroying the planet.

Many in the worldwide mushroom community are becoming increasingly concerned with this recent foraging craze in regards to conservation of fungi in urban and peri-urban ecosystems. There's plenty of examples from overseas parks, reserves, bush areas, etc. near populated places (i.e. Asia, Europe, the UK, and North America) where many species of fungi have been driven to extinction or near extinction in those areas due to rampant overharvesting. This is mirrored with other 'foragable' things like shellfish, fish, plants, seaweeds, and some animals in various locations around the world.

One local example of this is Chingford Park. There's a species of mushroom called 'Artists Conk' (*Ganoderma species*) which are a type of medicinal mushroom. They're a woody, bracket-type fungi and the ones seen around the park will commonly be five or more years old. Some are known to be over ten years of age! Local enthusiasts enjoy seeing them grow over the years. Their presence is used by ecologists as a sign of a healthy ecosystem. About a year ago all of the *Ganoderma* disappeared. Someone had come through and in one fell swoop, stripped the entire park of these mushrooms. They are yet to start growing back.

There seems to be a huge amount of people now, all over the country, who are literally picking every single edible mushroom that they can find. Some people get really crazy about it, basically grid-searching parks and reserves day in, day out, foraging mushrooms (and in some cases selling them on the 'grey market' as a profit-making exercise).

We need to also consider the legalities of such harvesting. Areas like Bethunes Gully, Woodhaugh, and other native bush areas around Dunedin are, in essence, nature reserves. They can be thought of as conservation areas which

help to foster urban biodiversity. It's actually illegal to remove biological material from these areas whether plants, birds, lizards, fungi, etc. This is something which is conveniently ignored by most people who are promoting foraging. At the end of the day, fungi are a crucial part of ecosystems and if everyone starts pulling them out, it's going to have an impact. Imagine trapping a couple of kereru to eat for dinner because they're quite abundant, and were eaten as a sustainable food source by Maori right in this very area in pre-European times, and apparently they taste pretty good! But we don't consume kereru because we value them for their own inherent values and the role that they play in a healthy ecosystem.

On one hand it's great that people take an interest in nature. On the other hand, it's a real bummer when walking in the bush and seeing signs of ravaged mushrooms, whether ripped out, completely taken away, or tossed on the ground like rubbish instead of remaining in their natural state for others to enjoy. Perhaps the only exception to mushroom foraging is in environments which are already highly modified and on private land, such as field mushrooms from farm paddocks or other kinds of mushrooms from pine plantations.

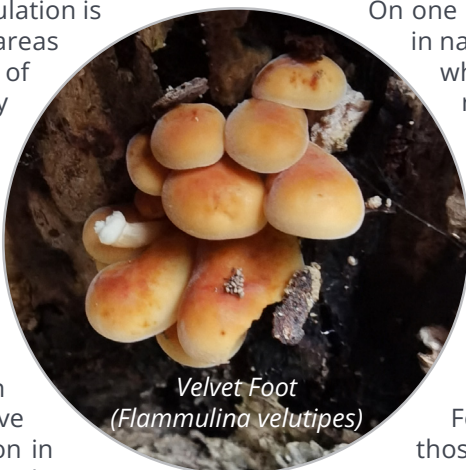
For most other mushrooms, and especially those in native habitats, small samples (as in one or two singular specimens) are acceptable for research purposes. People who study fungi and other organisms obtain permits from land owners and local iwi to carry out their work. Typically, the samples are studied to learn more about fungi in general, and to survey fungal diversity of certain areas for record keeping and conservation purposes. Some species are taken to the lab for cultures so that they can be cultivated. In this way the enjoyment of eating fungi can be enabled without having to harvest from the wild.

Purchase your own affordable mushroom growkits from a plethora of certified fungi farms throughout New Zealand such as SporeShift, Oak and Spore, Mushrooms by the Sea, or Dunedin's own MycoLogic. In the case of MycoLogic, the money generated from selling mushroom growing cultures for home cultivation funds ongoing research into native fungi.

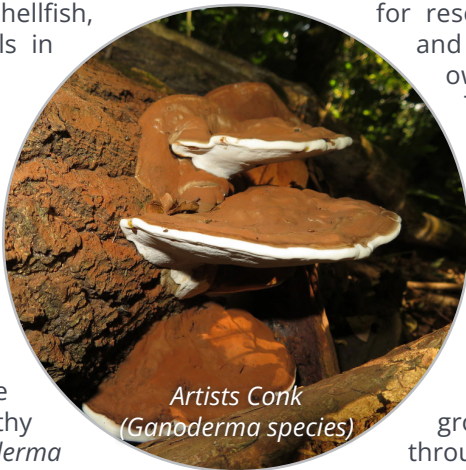
Many people get heaps of enjoyment from learning about and photographing fungi without necessarily harvesting them all, in the same way that it's fun to learn about plants and look out for native birds or insects. -- Anonymous



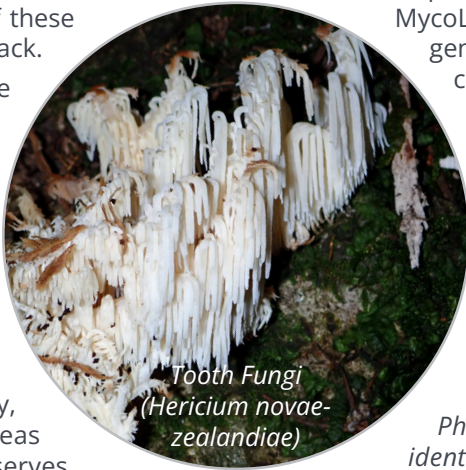
Brown Birch-Bolete
(*Leccinum scabrum*)



Velvet Foot
(*Flammulina velutipes*)



Artists Conk
(*Ganoderma species*)



Tooth Fungi
(*Hericium novae-zealandiae*)

Photos of local fungi from INaturalist nature identification app. <https://inaturalist.nz/>

IT'S ALL GO AT SALVO!

The Salvation Army Family Store has been operating from its reinstated North Road residence for over a month now! Have you been yet? Isn't it the tidiest op-shop you've ever seen!? Were you deceived by the entrance, too? There's a good reason why it's a few doors down the way...

The store has been set up with its storage at the front of the building and shop at the back due to the historical significance of the church attached. Its interior is adorned with beautiful rimu walls whose preservation is preferred. Shelves can't be installed in that part of the building (the church), therefore making it impossible to house the shop there. It's much smaller than the back room anyway.

There are actually two entrances to the shop, one on the North-facing side of the building and one at the very back beside an inviting patio. Signage is planned to better direct customers to the shop's entrances, but being a charity, funds must be found first. There are also two sets of car parks, some at the front and a few at the very back of the property. Donations are accepted at the front/streetside of the building during operating hours.

It's a brand new team in this location, under the management of the wonderful Michelle, and they're reportedly having a ball! Opening day was told to be amazing and made so much better by the welcome received from the community.

Salvation Army is always looking for volunteers to help the team, so if anyone out there wants to offer their time and diligence, to have fun and feel good about their day, get in touch!

43 North Road, NEV | 03 473 6392

Facebook: @Thesalvationarmydunedinfamilystores



FOSTER HOPE OTAGO IN NEED

There are over 5,000 children in foster care in New Zealand. Are you aware that many of these children arrive at their new placements with nothing but the clothes on their backs, or with their belongings in a rubbish sack? No child should be made to feel like their belongings are "rubbish" and caregivers should be able to focus on the emotional needs when a child arrives, rather than having to run around doing last-minute shopping. Let's change this!

We believe that every child in foster care deserves to know that their community cares about them. We demonstrate this through providing children with necessities to ease their way and symbolise support for them and their carers. We make up backpacks to be given to children when they are removed from their homes, and 'flat packs' for young adults aging out of foster care.

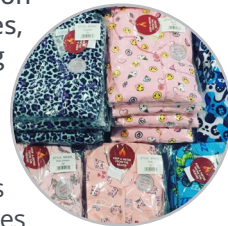
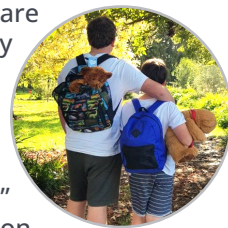
Each year we rely on donations from the public to help us make as many packs as possible. Can you help? Donations can be in the form of automatic weekly/monthly monetary subscriptions or as online purchases directly from our supply list. You can also donate physical items so long as they are new/unopened. We are always in need of toiletries (dental hygiene, deodorant, bathing product, etc.), books, soft toys, pyjamas, socks, underwear, nappies, sanitary products, towels, blankets, bedding, and flattening goods (cooking utensils, cleaning supplies, tea towels, etc.). See the pinned post on our Facebook page for the various drop-off points.



<https://www.fosterhope.org.nz>

Facebook: @fosterhopeotago

Charity number: CC43568



Aurora Tamariki Kindergarten Care

Spaces available!



- Rich and imaginative learning experiences
- Wholesome nourishing vegetarian food provided
- Child-initiated creative free-play
- Learning through songs, movement, storytelling and imitation

At Aurora we work in partnership with families to create a nurturing environment. Our understanding of child development is inspired by Rudolf Steiner and Emily Pikler; fostering children's growth through care, respect, and natural routines.

Located Pine Hill

8am - 4pm Monday - Friday

info@auroratamariki.co.nz | 027 828 8348

www.auroratamariki.co.nz

AURORA TAMARIKI IN THE WINTERTIME

Do you know about the little early childhood centre up on the hill? Aurora Tamariki in Pine Hill is a small, Waldorf and Pikler-inspired centre; a home away from home for some of the Valley's youngest residents.

It's July and winter at Aurora is: a woodfire in the main play space; warm and nutritious kai such as soup and porridge for lunch (prepared with help from the tamariki); woollen clothes and wet weather gear so tamariki can freely explore the trees and garden outside, even on wet days.

As children arrive in the morning, each is greeted with a song for the season. In June, the song was 'Ngā Tamariki o Matariki', a waiata introducing each of the stars of Matariki.

Whānau connections are essential to the Aurora philosophy. All families were invited to the centre in late June to brighten the late afternoon darkness with lanterns made by the tamariki and hot drinks for the adults.

If this sounds like a centre that might suit your whānau and little ones, Adrienne and Alison would love to hear from you. The centre is small, but children grow and spaces become available. You can learn more at www.auroratamariki.co.nz or email info@auroratamariki.co.nz



EVlution^{EE}

Electric car charging systems
Solar system checks and cleaning
Off grid solar design build
Custom lithium battery manufacture

03 395 6565

ev-lution.co.nz

ONE EARTH ELECTRICAL



Require an electrician to complete work within your home? We provide expert advice and service.

Andrew Parkinson
027 266 3906

ask.one.earth@gmail.com
www.oneearthelectrical.co.nz

DALE WILKINSON BUILDER

Local, loyal and licensed builder practitioner at your service.

No job to big or small, quotes available.

Please call
021 867 896

New Builds, Renovations,
Alterations Maintenance &
Farm Buildings



EDWARD WHITE
BUILDERS

for more information contact:

p: 021 0718 665
or 03 482 2729

e: edwardwhitebuilders@gmail.com



COMMERCIAL & INDUSTRIAL
ELECTRICIANS

Instrumentation
Automation
Safety Upgrades

Local Computer Repairs

New! controlfocus.co.nz

03.395.6565

Need a painter?



- inside or out
- no job too small
- waterblasting available

COMPETITIVE RATES & QUOTES

Contact Bryan:
473 7488 or 021 108 1860
porteous.a.b@gmail.com

BACKBLOK

GARDENS & LANDSCAPES

- Section clearing
- Tree pruning and shaping
- Planting plans
- Custom planter boxes
- Timber retaining walls

021 0234 49 38
www.backblokgardens.nz

ADVERTISE YOUR BUSINESS HERE

\$40 monthly for this space
Open-ended contract
Discounts for non-profits
Design yourself or use our
in-house graphic designer
voice@northeastvalley.org

THE PRODUCTION OF THIS
COMMUNITY NEWSLETTER
DEPENDS ON YOU!



Photo by Sinead Gill

NORTH EAST VALLEY NAMED NEW NATIONAL SWEET SPOT!

Stuff news media website has chosen North East Valley as its lower South Island Sweet Spot winner this year! Using all the data Stuff could get their hands on—weather, housing, social and economic stats, public transport, amenities, and more—they determined we are "the most liveable place in the region"! We Valley-ites know well our community truly is an extraordinary one. We are honoured by this recognition!

Local Stuff reporter, Sinead Gill, announced the win early last month in an article titled *The Dunedin suburb where you can convert your car into an EV - and play very competitive mini-golf*. She begins, "A ten minute drive north of Dunedin city centre is a community so strong that together its members have restored their environment, made their homes and tamariki healthier, and are tackling climate change with one of the few electric vehicle conversion businesses in the country."

Read the full article at <https://bit.ly/SweetSpotNEV>. It touches on the Valley Project and its ongoing Healthy Homes initiative, activity at the Community Workspace on Allen Street, North East Valley's concentration of local eateries and shops, current real estate and rental figures for our area, and stories of lockdown survival.

You're sure to recognise some of the community members mentioned, such as James Hardisty of EV-lution and his electric car conversions. Steve Ward, a.k.a. 'Captain Bikeheart', gets a shout-out for his bicycle expertise. Christopher Wilson shares a story of his faithful Blacks Road Grocer customers. Joyce Lepper highlights the community gardens and the birth of a backyard petanque club.

Of the Sweet Spot selection process, Stuff reporter Kate Newton informs, "This year, we've also scored suburbs on good access to essential services and proximity and choice of schools—the things which make a suburb more liveable—and reasonable rent, recognising that homeownership is increasingly out of reach for many." She confirms financial accessibility and diversity were used to inform overall winners.

Stuff encourages kiwis to entertain their curiosities around potential living spaces. They offer a Sweet Spots interactive tool containing information on ~2000 New Zealand suburbs, towns, and settlements to help Kiwis identify the best places to live according to their unique preferences. Go on, have a try: <https://interactives.stuff.co.nz/sweet-spots/>. The comprehensive database behind the tool is continually updated with real-time data. You could be matched with Kaitoke, Kaiti, or Tomarata. Maybe Aidanfield will be up for consideration. If you play your preferences right, you may be lead right back to North East Valley or its neighbouring suburbs, assuring you're already in the sweetest spot you could be. -- Krysha Brzuza

(...continued from front page.)

The 510kg packing case holding the WONTIDE 42-ton log splitter with log lift was picked up on Saturday, 26 March. The Shed members were like kids on Christmas morning unpacking the machine and starting to assemble it. It was Saturday, 9 April before it was greased and oiled, filled with hydraulic oil and petrol, and started up for the first time. The sheer power of the machine greatly impressed the shed members. The hydraulic log lifter means that large rounds of chainsawed trees can be rolled onto the lifter and raised to the splitting ram without effort.

To date, six cubic metres of free dry firewood have been delivered to deserving families in the Pinehill area through The Valley Project.

The log splitter will be a great asset to the Shed and will provide firewood for donating as well as for sale to raise funds for many years. -- Chris Bloore



AUKAHA - HEALTHY HOMES, HEALTHY WHANAU

Healthy homes, healthy whānau is the goal of the pilot Otago Home Upgrade programme funded by the Energy Efficiency and Conservation Authority through to December 2023. Our team at Aukaha are delivering the programme. We have a passion to improve outcomes for all homeowners in need.

The programme criteria is simple. To be eligible you need:

1. To be an Otago resident;
2. To own your own home;
3. To possess a Community Services Card or have another way to verify low income.

What we do: First we receive your referral and then we conduct a Home Performance Assessment to find out the condition of your home and what needs doing. We then prepare a scope of works, which we can then undertake at no cost to you if you agree to improve your home. The type of work we can do is:

- A. Warmer Kiwi Homes (ceiling and underfloor insulation and clean heat);
- B. Critical repairs, i.e. fix a window, leaky roof, plumbing or drainage problem;
- C. Additional features like curtains, LED light bulbs, cylinder wrap, mechanical extraction fans.

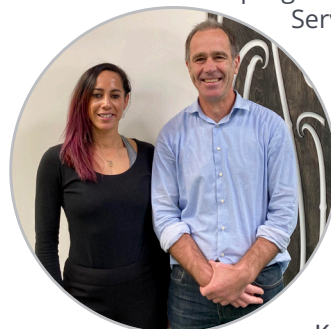
Homes that have already received the Warmer Kiwi Homes interventions are still eligible for this programme as we go above and beyond Warmer Kiwi Homes.

How can you get involved? To find out more or to self-refer, email Keita, our Project Coordinator (keita@aukaha.co.nz) or call directly on **03 474 2771**. Alternatively you can ask the Valley

Project to complete a referral form for you and we'll be in touch. *The time frame is short – this pilot must be complete by December 2023, so the sooner you get in touch, the easier it is for us to get the work done and you won't miss out.*

We want this programme not only to benefit those who receive upgrades but also to help shape the replacement national Warmer Kiwi Homes programme and ensure energy wellbeing throughout the motu. Our mission is help everyone into healthy homes, reduce emissions, and to be socially and environmentally responsible in all we do as we adapt to our changing climate. We want to hear from you!

About Us: We are a kaupapa Māori organization owned by five rūnaka, offering health services, trade training, resource management and planning, business development and cultural services to the wider community. The Otago Home Upgrade programme is part of the Health and Social Services / Mana Takata team.



Aukaha

Our Otago Upgrade Team:
Scott Willis (Project Manager)
Keita McComb (Project Coordinator)
Natasha Tatana (Home Performance Advisor)

AUKAHA INFO SESSION The Aukaha team invites you to learn more about the Otago Home Upgrade programme. Find out if you're eligible and get help completing referral forms. **TUESDAY, JULY 19, 5 - 7pm at the VALLEY PROJECT**

art, craft & music

ART CLASSES

For all levels. Casual attendance welcome, tutor Anneloes Douglas, community rooms, 10am–noon, Thur. ☎ 027 307 7034 📞 467 9993
✉ anneloes.douglas@xtra.co.nz

ART CLASSES

Continuous class, newcomers welcome, 1–3pm, Wed, community rooms; 1–3pm, Thurs, St Peter's Church Hall, Caversham; 7–9pm, Thurs, Logan Park High School, \$15 per session. 📞 Friederike 482 2025

ART FIBRE DUNEDIN

Bring lunch and requirements, 10am–2pm, second Sunday of each month, community rooms.
☎ Megan 027 245 8605
🌐 artfibredunedin.blogspot.com

DIAL-A-PIPER

Available for any functions including birthdays, weddings, funerals, Haggis Address, etc. Feel free to contact me to discuss your function. Can travel.
📞 03 473 0045 or ☎ 027 473 0060
✉ thepiper50@gmail.com

DRUMMER AVAILABLE

Middle age drummer into all sorts (psych rock, dream pop, reggae, ambient, classical, techno, "world" etc.) looking for band/musicians. Anything with soul, groove, and edge. Paul ✉ hoani76@hotmail.com

DUNEDIN FIDDLE CLUB

Mostly Celtic tunes, mostly fiddles. New players always welcome! Wednesdays 7.30pm at The Valley Project community rooms. Just drop in or ✉ anna.bowen1@gmail.com

FOLK CLUB OPEN MIC NIGHT

Songs, tunes and convivial company every Thursday from 7.30pm. Come and join the supportive circle to play or listen. Dunedin Folk Club, 80 Lovelock Ave. ✉ info@nefc.org.nz

KIDS ART CLASS

Thinkit Art offers dynamic and enriching after school term art classes for 7–15yo. Focus is on enriching creativity & exploring who you are as an artist. Book Now: Kiri Scott Artist – Oniyonkid.
📷 @thinkitart ☎ 021 118 9882
📧 @thinkitartfeuerstein.art
✉ Thinkit.fie@yahoo.com

KNITTING SQUAD

BYO knitting or crocheting, or come & learn, Valley Project community rooms, 1–3pm, Wednesdays.
📞 Marjory 473 7751

LEARN TROMBONE

From winner of Dunedin Youth Jazz Festival best trombone, and Otago Rockquest best musician - contact Finn Barr ☎ 027 356 2881 or ✉ fin.mckinlay@gmail.com

MUSIC LESSONS

Celtic style flute, tin whistle, and guitar lessons by Rennie Pearson.
✉ rennie.pearson@gmail.com
🌐 renniepearsonmusic.com

MUSIC LESSONS

Guitar, drums, singing, with professional musician. All ages. Contact Bevan: ☎ 027 363 1376 or ✉ bevan37@hotmail.com

SOUNDS NOR'EASTERLY

Do you enjoy singing with a group? Why not join your local community choir? All ages and abilities welcome. DNI design lobby every Tues, 7.30–8.45pm. Email Marion for info ✉ marion.okane68@gmail.com

STAND-UP COMEDY

Open mic at Inch Bar, 1st and last Wed. Comedy workshop Mondays 5–7pm at George Street McDonalds. Open to all skill levels. Contact ✉ reuben@dunedincomedy.co.nz

UKULELE SESSIONS

Wed, 7–8.30pm, Valley Baptist Community Centre, 280 North Rd. Just turn up or text Adrienne ☎ 027 389 2574 for more info.

WOMEN'S ART GROUP

Art & craft group aimed at helping new Dunedin residents learn & share skills & connect with others. Fridays 11.30–1pm, Valley Project community rooms, 262 North Rd.

community

BIBLE HOUR

Friendly small group Bible learning over morning tea, Sun, 9.30am, DNI (tech area) during school terms. All welcome, free. ☎ 020 4079 5727 or 🌐 dunedinchristadelphians.org

BIKE WORKSHOP

Get help, use our workshop. Bikes available for koha, 3.30–6pm Tues, and 9.30am–12.30pm Sat. Valley Community Workspace, 11 Allen St. Email Peter ✉ peterd0n@yahoo.com

OP-SHOP VOLUNTEERS

Cat Rescue Dunedin is seeking volunteers to help in our North Rd. Charity Shop. Must commit to 3-hr shift, likely Mon. or Wed. Please call into shop Tues. mornings to speak with manager or contact Raewyn: ✉ raewynalexander@gmail.com

COMMUNITY ACCOUNTING

Dunedin Community Accounting provides free accounting training & advice for non-profits in Otago. For more info call ☎ 0800 113 160, ✉ kiaora@dca.org.nz 🌐 www.dca.org.nz

COMMUNITY PATROL

Dunedin North Community Patrol. Assisting Police to ensure our communities are safe to live in. Volunteers welcome. Call Garry for more info: ☎ 027 364 1485

COMMUNITY STUDY CIRCLE

Baha'i Spiritual Training. Develop your capacity to offer service to your community as a result of exploring spiritual concepts and how to apply them to everyday life. Strictly no charge. Ring or text Ash: ☎ 022 615 6115

DALMORE RESERVE COMMUNITY GARDEN

Join us fortnightly at the garden on Allenby Ave., Pinehill. All welcome. Tools provided. Check Facebook for dates/times or ✉ dalmorecommunitygarden@gmail.com

DUNEDIN MAKERSPACE

Work on projects, watch others and chat, 1–5pm, Saturdays; organised talks, 7pm, Thurs, Valley Community Workspace, 11 Allen Street.

ENABLING LOVE

Looking for friendship & social connection? 18–65 years welcome to weekly coffee group at Otago Museum Cafe, Thurs, 1–2pm. More at 🌐 enablinglove.nz or email Joshua for venue: ✉ enquiries@enablinglove.nz

FRUIT & VEGES NFP

Fresh fruit and veges at wholesale prices with All Saints Fruit and Veges. Small, med, family weekly bags. Order at St Martins, 194 North Rd, Thur, 4.30pm, or sign up online: 🌐 fruit.vege.allsaintsdsn.org.nz

LEGAL ADVICE

Free legal advice from Community Law Otago, available by apptmnt. Legal advice by qualified lawyers, practical solutions. 📞 03 474 1922 or email ✉ reception@dcl.org.nz to make an appointment.

MEN'S PROBUS

NEV bowling club, 10am, 2nd Mon ea. month, new members welcome. 📞 Peter 455 1256, ✉ peabee@xtra.co.nz or 📞 Don 473 7544

MISSING PET BIRD

Young albino ringneck parrot. Pure white with a red beak and very friendly. Missing from Dalmeny St. ☎ 022 649 5606

NEED A JP?

The Valley Project offers walk-in JP services for affidavits, document certification, Kiwi Saver withdrawals, immigration matters, etc. Every Saturday from 11am–1pm.

NEIGHBOURHOOD SUPPORT

Create safer, more caring communities. For info and local contacts 📞 Davis 456 0857 or ☎ 027 476 6047 or email: ✉ coordinator@nsotago.nz

NORTH DUNEDIN SHED

New members welcome. Open Wed and Sat mornings, 35 Bonnington St., over the bridge. Find us on: 📍 North Dunedin Shed Society Inc.

NORTH EAST VALLEY COMMUNITY GARDEN

NEV Community Garden is directly behind NEV school. Pay us a visit! We meet every weekend: 1st & 2nd Sat. 9.30–12pm. 2nd & 4th Sun. 1–4pm.

STARJAM NFT

A fun, creative, and positive not-for-profit organisation running music & dance-based workshops for youth with disabilities. Locations in Dunedin & Mosgiel. Spots available for ages 6–25 to join us, and also for volunteers. Visit 🌐 starjam.org for more information or contact Fiona ✉ Dunedin@starjam.org

VOLUNTEERS NEEDED

CREST train at the Botanic Garden. Can you help? Volunteers needed for driving, ticketing, commentary, maintenance. 🌐 cresttrides.org.nz or ☎ Rodger 027 471 4902

WILD DALMORE RESERVE

Help us protect and restore the native biodiversity of Dalmore Reserve. We meet most Sunday afternoons. Entrance at 20 Allenby Ave, Pine Hill. Contact us through 📍 Wild Dalmore Reserve or phone/text ☎ 021 206 3593 for info.

employment

EMPLOYMENT WANTED

36yo female looking for employment between 10am and 2pm weekdays, a range of skills and experience: customer service/admin/accounts/courier driving/dental assisting. ☎ 022 649 5606

WORKBRIDGE

A FREE specialised service assisting work-ready people with any health conditions/learning difficulties/injuries to find suitable employment. All aspects of vocational prep provided – CV's, cover letters, job search, interview skills, placement. Once employed, support continued 12 months more. ☎ 0508 858 858 or visit 🌐 workbridge.co.nz

fitness & health

BALFOLK DANCE CLASSES

Nga Maara Hall, 63 North Rd., Tuesdays 7–8.30pm. \$10 per class. No bookings required. ☎ Michael 021 050 5882 ✉ balfolkdunedin@gmail.com

BELLEKNOWES GOLF CLUB

Green fees \$15
\$10/player after 4pm

Come & enjoy our fantastic 9-hole golf course on Lawson St. Spectacular views over the city. Call Secretary, Christina King

📞 03 467 9499

Classifieds continued on next page... 📄

DUNEDIN BMX CLUB

Race night, Forrester Park BMX track, 5:30pm, Thur.

FOLK DANCING FOR FUN

Valley Baptist Community Centre, 270 North Rd, 10am-11.30am, Fri, \$4. 📞 Yvonne 455 2406, ✉ stureid1@yahoo.co.nz

INDOOR BOWLS

Play indoor bowls at the NEV Bowling Club, 139 North Rd, Thurs, 1.30pm start. 📞 Terry Boylan 473 0049

KUNG FU

Fitness, discipline and self defence. Classes for 7-12 years Wed, 5-6pm, Sun, 3-4pm, teen & adult classes, Wed, 6-7.30pm, Sun, 4-5.30pm, Sacred Heart School, 63 North Rd. Contact Kenneth 📞 021 0242 38 ✉ Dunedin@shaolinkungfu.co.nz

MASSAGE FOR WOMEN

with Uschi Heyd. Book your session online 📱 www.kindliving.co.nz or call/text 📞 Uschi 027 360 0238 Mention the Valley Voice to receive a 10% discount on your first massage.

ORTHO-BIONOMY

In pain or discomfort? Had surgery or injuries? Ortho-Bionomy is a gentle way to help you in the process of maintaining your balance or accessing your resources during your recovery! For more info and bookings visit 📱 juliafast.nz

PARKRUN

A free, weekly timed 5km run/walk, Sat, Botanic Gardens. Meet at café, 8am summer, 9am winter. Go to 📱 parkrun.co.nz for more info.

STEADY AS YOU GO

(Age Concern) Gentle balance and strength exercises, Valley Baptist Community Centre, 10.30am-11.30am, Mon, and Pine Hill School Library, 11am, Thur.

TANNOCK GLEN

The 3.5acre garden of the Dunedin Rhododendron Group is situated in Torridon St, Opoho. Members of the public are invited to visit at any time. Dogs permitted on a lead.

THREE LEFT FEET

Social dance group, no experience or partners necessary. European dance - folk and traditional, \$5 or \$7.50 per couple, Nga Maara hall, 6-7pm, Thursdays. 📞 Marilyn 0274 463 358

YOGA IN THE VALLEY

Instructor Adair Bruce, 6-7pm, Mon & Fri, DNI designspace; 9.15-10.15am, Mon & Wed, community rooms. \$10 waged, \$8 unwaged. More info ✉ adairbruce@hotmail.com

ZEN MEDITATION

Traditional Zen for beginners and experienced people. All welcome. 7pm Thur. at the Quaker Rooms, 15 Park Street, Dunedin North. Koha please. 6wk beginners courses through the year. 7-day retreat on

Quarantine Island annually. Any questions phone 📞 Glenn 473 6256

for families, kids, and teens

AURORA TAMARIKI EARLY YEARS CARE AND KINDERGARTEN

Childcare for 0-5-year-olds inspired by Rudolf Steiner & Emma Pikler, offering homely rhythms, seasonal songs/stories, and natural space for children to learn and grow. Organic vegetarian kai provided. 351 Pine Hill Road. 📱 auroratamariki.co.nz

DUNEDIN CITY TOY LIBRARY

A vibrant toy library for children from birth to 7 yrs. Huge range of toys, ride-ons, dress-ups, puzzles, games. Valley Baptist Community Centre, 270 North Rd, 3.15-4pm Wed, and 10-11.30am Sat.

DUNEDIN RUDOLF STEINER PLAYGROUP

Te Whare Ako Marie. A sanctuary for creative play for children from birth to kindergarten. A place of peace and friendship for parents. Groups meet weekly, term time. Contact us for times and days 📞 471 2163 or ✉ dunedinstainerplaygroup@gmail.com

FARSI LANGUAGE PLAYGROUP

For those wishing to immerse their young ones in the language. Playgroup runs fortnightly on a Sunday afternoon. ✉ farsi.playgroup@nevbctrust.org

MAINLY MUSIC

Leith Valley Church, Malvern St, Wednesday 10am, \$4. Contact: Fran 📞 467 9208 (Leith Valley Church Phone No) or 📞 027 456 1188

MT CARGILL GIRLGUIDES

Pippins, brownies, guides, & ranger groups in the valley. 📞 0800 222 292 or ✉ info@girlguidingnz.org.nz

NEV NORMAL SCHOOL PTA

New members always welcome. Fundraiser ideas needed to help kids and school. Meeting schedule: 7.30-8.30pm 12 May, 16 June, 7 July, 11 Aug, 15 Sept, 20 Oct, 17 Nov, 8 Dec. ✉ nevn.pta@gmail.com

NEV PLAYGROUP

For 0-5yrs, variety of experiences to enhance development of your child and meet other local young families. Free morning tea and lunch provided for adults. Please supply child's morning tea. Valley Baptist Community Centre, 270 North Rd, 9am-12pm Wed. ✉ nevplaygroup@gmail.com

NORTH GAME DEV CLUB

Intermediate tamariki learn to build their own video games. Tuesdays, 3.30-5pm at the Valley Baptist Community Centre. 📱 @com2tech ✉ office@com2.tech 📱 com2.tech

OPOHO PLAYCENTRE

A nurturing play space for 0-6 yr-olds

where children and their whanau attend together. Focus is on child-led learning through play. Come make friends, play, learn, and grow. Three free visits. 28A Signal Hill Road. Mon-Fri 9am-12pm following school term times. Find us on Facebook, contact us at ✉ opoho@playcentre.org.nz, or 📞 027 880 2365

OPOHO SCOUTS

Keas, 4-5pm, Tues; Cubs, 6pm-7.30pm, Thur; Scouts, 6-8pm, Wed. Opoho Scout Den. ✉ Shane: opoho@group.scouts.nz

SPACE FOR YOU AND YOUR BABY

Programs run by registered ECE teachers supporting families through their 1st year with new baby. School terms, 12.30-2.30pm, day TBC, Valley Baptist Community Centre. ✉ space.valleybaptist@gmail.com 📞 021 150 9165 or

SUNDAY SCHOOL

Variety of classes with stories, crafts, songs, and more. Ages 4-18yrs, 9.30am Sun (term time only), DNI (tech area). All welcome! No charge. 📞 020 4079 5727 or go to 📱 dunedinchristadelphians.org

TECHTIME

Primary ages 7+. Work on IT tutorials. Wednesdays, 3.30-5.30pm at the Valley Baptist Community Centre. 📱 @com2tech 📱 com2.tech ✉ office@com2.tech

further education

CITIZENS ADVICE

Dunedin Citizens Advice Bureau - a free confidential service for all. We can help with tenancy problems, employment issues, consumer problems & host of other issues. Rodgers House, 155 Princes St, 📞 471 6166 📱 cab.org.nz

COGNITIVE ENHANCEMENT

Thinkit Feuerstein is a cognitive enhancing program for individuals with learning differences. Enriching thinking and learning skills for ages 5+ to adults. Private sessions held in North East Valley/Dunedin Schools. Book Now: Tutor Kiri Scott - Certified practitioner in Feuerstein method. 📞 021 118 9882 📱 www.icelp.info ✉ Thinkit.fie@yahoo.com

COM2TECH

A community-led group that offers a range of free classes to upskill our communities in communications technology and online safety. Wed. 10.30am-12.30pm at Valley Project or Wed. 3.30-5pm at the Valley Baptist Community Centre. ✉ office@com2.tech 📱 com2.tech 📱 @com2tech 📞 027 256 9182

INSPIRING MATHS CLASSES

Affordable creative maths classes and maths art after school at my home in North East Valley. 📱 Inspiring Maths Classes ✉ Sandra.Dunedin@gmail.com

ITALIAN CLASSES

Experienced teacher, native speaker of Italian. Small groups, all levels, from absolute beginners to advanced and conversation 📞 027 341 8312, 📞 473 0832 ✉ antonella.vecchiato@gmail.com 📱 italianclasses.co.nz

LEARN ENGLISH

English for daily life and work. Free and low cost courses. Please contact one of our staff at English Language Partners: 📞 455 5266 or via email ✉ dunedin@englishlanguage.org.nz

MATHS MADE EASY

Experienced maths teacher, recently retired. Primary and secondary certified. Montessori trained. Private tutoring at your home or mine and Zoom as another option. Different strategies to help your child achieve success. 📞 Diane 021 357 565 ✉ dvalavanis@aol.com

NATIVE FRENCH TUTOR

Conversation, preparation for exams, for adults and children. Hourly rate. 📱 Sandrine 021 107 5814 or ✉ sanfeillet@gmail.com French Up Your Life!

SPANISH LESSONS

Learn Spanish in a fast and fun way. All levels and wide time availability. 📱 Luana 027 284 7836 or ✉ luana.suarez26@gmail.com

housing

ADD YOUR HOUSE, FLAT, OR ROOM LISTING HERE!

✉ voice@northeastvalley.org

trading corner

BABYSITTER

10 years of childcare experience. Full drivers licence. Have worked with twins. 📞 Kelly 027 697 9194

BABYSITTER

High school student available for babysitting evenings and weekends. 📞 Laura 027 905 9911 after 4pm.

BABYSITTER IN NEV

Children of all ages. Experienced 26-year-old. Wide hourly availability. 📱 Luana 027 284 7836 or email ✉ luana.suarez62@gmail.com

CAKE BAKER

Home-baked cakes large/small for your pleasure. Made to order. Price list available. 📞 473 0159 (evenings)

COMPUTERS

I fix computers! Low rates, great service, Windows, Linux, Mac, Android. 📞 Matt 022 048 0012

DAVE'S COMPUTER SERVICE

Troubleshooting & tuition. Low rates. Free optimisation software. 📞 Dave 022 635 9414 or 📞 03 473 9542

GARDENER

Gardener available, light weeding/trimming, winter rose pruning. Very experienced, \$30/hr, 📞 473 0159 (evenings)

GARDENER/CLEANER/ HOMEHELP

I offer general household cleaning, assistance, weeding and trimming at \$30 an hour. I use my own cleaning products/gardening tools.

☎ Hannah 027 713 3094

GARDENER/LANDSCAPER

☎ Backblokgardens.nz. Section clearing, tree pruning/shaping, planting, custom planters, retaining walls. ☎ 021 023 44 938

HAIRDRESSER

Retired senior hairdresser providing service for seniors. Your home or mine. Dunedin North only, ☎ Helen 467 9644 or ☎ 021 104 1011

JESCARGO CARPET REPAIRS

Domestic and commercial carpet repairs. No job too small. 100% local. All enquiries welcome. ☎ Jesa 022 012 1194 ✉ jescargo_carpet@outlook.com

LOCAL COMPUTER TECHNICIAN

Install, maintain, and troubleshoot hardware & software. Laser engraving services now available. Contact Jeff at Control Focus ☎ 021 036 9670

MATURE BABYSITTER

I'm a mother with grown-up children, (full driver's licence) now available for babysitting. Minimum of three hours and also able to help with homework! ☎ Pauline 027 717 0282

PRINTER GIVEAWAY

To give away...BROTHER, HL-2140 Laser printer. ☎ 021 156 2985

ROHDE DECORATOR

Interior/exterior. New and existing. Painting and decorating. Trade qualified and experienced.

✉ Rohdiepaint@gmail.com

☎ 021 083 48207

SEA BLOOM

A local business specialising in custom resin accessories and home decor - the perfect treat for yourself or a gift for a loved one. Find Sea Bloom on Facebook or Instagram, or here: ☎ seabloomnz.company.site

TOP SOIL WANTED

Top soil wanted for the North East Valley Community Garden. If you have any to give away, contact Janice Bridgman ☎ 03 473 7076 or ☎ 027 674 7788

VENUS FLY TRAPS

Large caliber plants. Five times as big as those sold by the shops and are \$4.00 cheaper. Growing instructions included. \$10. ☎ Pat 473 0159 (PM)

church services

SALVATION ARMY

43 North Rd, community worker only, Mark O'Donnell

SACRED HEART CATHOLIC

89 North Rd, Mass 9.30am

GLENAVEN METHODIST

7 Chambers St, 11am

PACIFIC ISLAND PRESBYTERIAN

160 North Rd. English, 11am on 1st, 2nd, and 3rd Sundays; Cook Island 9.30am; Samoan 11am, 4th and 5th Sundays

ANGLICAN: ST MARTIN'S

194 North Rd, 10.30am

OPOHO PRESBYTERIAN

50 Signal Hill Rd, 10am

NEV PRESBYTERIAN

Community rooms, 9.30am, 11st, 3rd, and 4th Sundays, cafe service, contact Shona McDonald: ☎ 453 0145

ST MARK'S PRESBYTERIAN

304 Pine Hill Rd, 10am

INTERESTED IN ADVERTISING WITH CLASSIFIEDS?

To add or update a listing please email voice@northeastvalley.org before the 15th of the month.

Koha is appreciated, but not essential, for classifieds.

If you would like to make a donation, the Valley Project bank account number is **03-1726-0005606-000**
Reference: VVDonation



Ethics number
(22/041)

WOMEN AGED 25-40

WOMEN'S EATING BEHAVIOUR STUDY

Effects of pregnancy on diet, sensory perception and eating behaviour
\$100 shopping voucher

**WOMEN WHO HAVE NEVER BEEN PREGNANT
AND
MOTHERS WITH ONE CHILD GIVEN BIRTH TO UNDER
5 YEARS AGO**

Criteria

- Not currently pregnant
- No chronic sensory dysfunction
- Not having an eating disorder
- Not on weight gain or loss programme

What will you do?

- 1 lunch buffet session
- Take home diet diary
- 5 one-hour morning sensory perception and eating behaviour sessions

Interested? Email: dietproject@otago.ac.nz

shop • eat • drink • services

**All Saints'
Fruit & Veges
NFP**

affordable produce
packs for locals
provided weekly
\$4 - \$14

www.allsaintsdn.org.nz

Dunedin Electric Bikes

Valley Community Workspace
11 Allen Street, North East Valley

Sat, Sun, & Tue: 9am - 2pm
Mon & Fri: 9am - 4pm

Phone Nathan:
027 214 8294



MASSAGE
for WOMEN with Uschi Heyd

- ◇ Myofascial Release
- ◇ Orthobionomy
- ◇ Swedish Massage

kindliving.co.nz 027 360 0238

DARLING REALTY
Lincoln Darling Real Estate
Licensed Agent (REAA) 2008

- RESIDENTIAL
- COMMERCIAL
- BUSINESS
- INVESTMENT
- PROPERTY MANAGEMENT

Call the team today 473-1721
DARLINGREALTY.CO.NZ

**TIPPLER'S
Bar & Cafe**
Your friendly neighborhood bar

- ★ Happy hour
everyday 4-6pm
- ★ Self-service TAB
- ★ Pokies
- ★ ATM

**11B North Road
473 1795**

Invest with
confidence

Lyn Howe,
Investment
Adviser

lyn.howe@forsythbarr.co.nz
(03) 477 7464 | forsythbarr.co.nz

FORSYTH BARR

CONNOR'S COLUMN: DUNEDIN PUBLIC LIBRARY

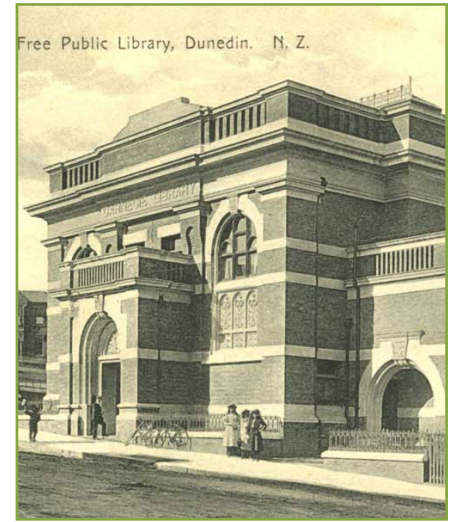
The Dunedin Public Library opened on 2nd December, 1908. It was built on a £10,000 donation by American business man and library philanthopist, Andrew Carnegie. The library has over 700,000 items including books and magazines.

In 1981 it moved from its original location at 110 Moray Place to its current location at 230 Moray Place, then in 1982 the library started a digital scanning system that revolutionized the way books are issued.

My experience with the library has been great over the years, because there are so many books to choose from, including the

motoring section on the first floor. There are also the popular biographies on the same level, and on the ground floor there's a kid section, which is where my love of books began.

The accessibility to get into the library is good because there are multiple entrances to choose from. The main entrance involves stairs which are hard for me to get up. Instead, I can use the entranceway at the bottom of the stairs, though it's small. The best way for me to enter the library is to use the alleyway by the Metro Cinema because it is openly spaced, and there are no stairs along the way. -- **Connor Faasega**



Speaking of libraries, did you know that the North East Valley area has 11 Lilliput Libraries!? They're tiny, outdoor book cabinets made for the community, by the community. The idea is to 'take a book - leave a book'.

- 186 Pine Hill Road, Dalmore
- 34 Hislop Street, Liberton
- 248 North Road, NEV
- 22 Montague Street, NEV

- 33 Baldwin Street, NEV
- 178 North Road, NEV
- 55 Evans Street, Opoho
- 38 Signal Hill Road, Opoho

- 82 Signal Hill Road, Opoho
- 25 Campbells Road, Pine Hill
- 3 Dryden Street, Normanby



PROTECT YOUR CULTURE

Renowned 18th Century poet, 'Robbie' Burns, was such a fan of haggis that he composed an eight-stanza poem of appreciation for Scotland's national dish. *Address to a Haggis* was meant as a clever jest, but 237 years on, rich tradition and formal ceremony evolved around the poem.

Kilts, whisky nips, silver salvers (trays), poems aplenty, and theatrical haggis stabbings with fancy daggers are commonly involved in Haggis ceremonies worldwide. None would be complete without a bagpiper to orchestrate the rituals.

If you sort the haggis and the whisky, Dalmore resident and piping maestro, Bill Swift, will carry out an exquisite address! Bill has over 150 ceremonies under his kilt belt. Having emigrated from Scotland in the 60's, he comes equipped with an authentic Scottish accent - icing on the Dundee cake!

He's also known for throwing in a convincing Aussie accent as part of his performance. Had Robbie Burns been convicted of treason for his radical poems of the time, he would have been deported to Australia. Any opportunity to have a dig at Australians is one Bill won't pass up. He admits he likes to have a bit of fun and plays up the comedic quality of Robbie's ode to the revered coarse pâté.

(If you want a good giggle, do a Google on *The Wild Hairy Haggis*. Bill hints it's the supposed source of Scotland's iconic dish.)

Haggis is a savoury 'pudding' that's traditionally made with mutton, offal (organ meats such as lungs, liver, and kidneys), rolled oats, onions, and spices. The mix is stuffed into sheep stomach and boiled. The best haggis, according to Bill, comes direct from Edinburgh. In the Unites States, its import is illegal due to a ban on sheep lung which typically constitutes 10-15% of the traditional recipe. In Dunedin, it can be found at Leckie's Butchery in St. Clair. You might find a serving or two on the menus of Bracken, Albar, or Hungry Hobos. But it's advised none is tasted without an inaugural Haggis Address!

The highly entertaining ceremony is anywhere between 15 to 25 minutes long and surprisingly affordable. Bill is happy to travel, especially because he knows he's one of the few that can do what he does with full Scottish flavour! He aims to put smiles on faces as much as he hopes to preserve the

virtues of his motherland and its direct links to Dunedin.

As a reminder, this city was founded by Scottish settlers in the 1840's and named in honour of the capital of Scotland, Dùn Èideann, Scot-Gaelic for Edinburgh. Among those first settlers was Reverend Thomas Burns, Robbie's nephew, whose descendants still reside here. Addressing the haggis is one way we can protect Dunedin's Scottish heritage, which is exactly the message Robert Burns intended in his most famous poem. -- **Krysha Brzuza**

DIAL-A-PIPER

BAGPIPE PLAYER

☎ **03 473 0045**
☎ **027 473 0060**
✉ **thepiper50@gmail.com**

- Weddings
- Funerals
- Festivals
- Birthdays
- Haggis address
- ...any occasion!



Interested in learning bagpipes? Get in touch with a local pipe band. Expert piper, Bill Swift, is available for private tutoring (perhaps in exchange for whisky) ☺

VALLEY PROJECT AGM 2022

On a rather wintery night last month, Valley Project staff, executive board, partners, and community members cozied up together to discuss the year that's been. The sight of a full house was an encouraging one for all.

In the 2022 Valley Project annual report, it was addressed that for many of us these past twelve months have been harder than the last. Covid and its ramifications have been felt in many different ways throughout all of our lives, in our communities, our homes, and the places we work. The Valley Project has relied heavily on the support of our community, our staff, and our volunteers. We have leaned on our funders and support systems to help us through.

For all supporting parties of past and present, gratitude was plentiful throughout the evening. Starting with staff recognition, much of what the Valley Project has accomplished this past year wouldn't be possible without the drive of the Project's staff and contractors: Kate Vercoe, Krysha Brzuza, Charlotte Wilson, Jess Covell, Clare Cross, Emily Peterson, KJ Davie, Steve O'Connor, and Jess Corbett.

Valley Project volunteers were keenly acknowledged as well, particularly Keri Eastwood for her dedicated work with the Kai Share programme. Among the many volunteers that have put in countless hours are the Project's executive committee members, four of whom have stood down since this AGM: Nathan Laurie, Uschi Heyd, Marama Smyth, and Ian Telfer. We haven't quite lost Nathan as he is taking on a different role as a Project intern while he pursues a Grad Diploma in Event Management. Uschi started out as a very reliable reception volunteer several years ago, and then implemented wellness initiatives as an executive member. She was a grounding spirit for the team. Marama has been a passionate community advocate during her time with the Project. As well as sitting on the executive, she has been a true "hands-on" member; involving herself in community trapping, events, whānau activities, reception mahi, support of community members, and project coordination.

With a total of five years service, Ian Telfer held the role of Chairperson for two years and the last year as treasurer. Ian's contribution has been enormous. His work has been tireless, his guidance steady, and his advice spot on. He has led fundraising and planning for the Project, and been critical in supporting staff. We could not have had a better person in this role. His calm, generous manner and clear and clever intellect will be sorely missed!

A heartfelt thank you was also given to funders for their support of the Valley Project work this year:

Dunedin City Council: Place-Based Funding, City Sanctuary, and Waste Minimisation.
Lottery Grants Board
Ministry of Business, Innovation & Employment
Ministry of Social Development

Department of Internal Affairs: COGS, Lottery Environment and Heritage Committee.
Otago Museum
Lion Foundation
Otago Regional Council

And for their very generous donations, we are forever thankful to the following:

Baptist Church
Valley Community Workshop

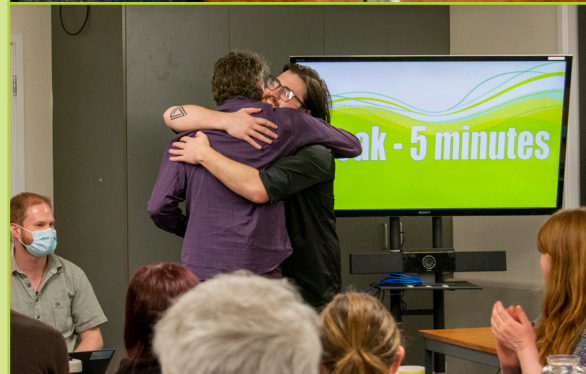
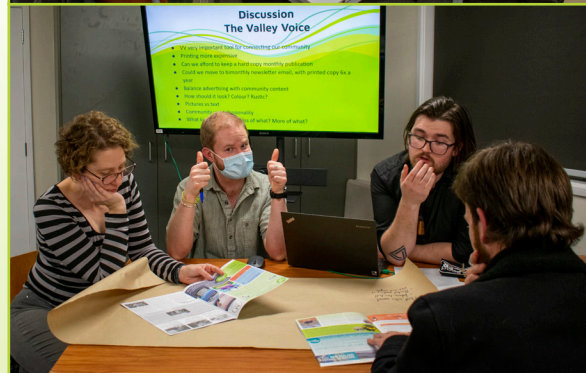
And all the others who donated via our Give a Little page

To all, arohanni ki a koutou katoa!

This year's AGM included an open discussion around our Valley Voice newsletter. We asked all attendees to share their thoughts on its design, content, sustainability, advertising scheme, format, delivery, and anything else pertinent. The brainstorming session was brief but productive. In addition to this collection of feedback, we invite more of it! Please email your thoughts on the Valley Voice community publication to Kate@northeastvalley.org.

If you're interested in reading the full Valley Project Annual, Financial, and Community reports presented at this year's AGM, head over to our website: www.northeastvalley.org/about/agm. Results from the election of board members will be presented in the next issue of Valley Voice.

As we reflect on the challenges of the last year and also look at what we have achieved and how far we have come, it is a chance to affirm that we stand united as a community, we have each other, and our connections and networks are what make us stronger. Connect with your family, your neighbours, your environment. This is your place. This is our place.





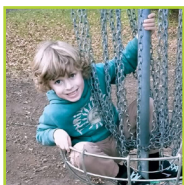
ERIN, AGE 10

Any memories of past school holidays? Three years ago my grandma came to Dunedin from England. Normally we go skiing if it's winter—Cardrona or Ohau—and if it's summer we go camping and on day trips, sometimes in Naseby and Alexandra. *School holiday of your dreams?* Spending time with my friends or going clothing shopping with them. I really want to go to Christchurch because lots of my friends are there, because they have fun stuff to do and lots of activities, and because there are shops not in Dunedin.



OSCAR, AGE 7

Any plans in store? These holidays we have cousins coming from Whangarei and I want to take them to walk up Mt Cargill and the Organ Pipes. *Do you have any special memories of past school holidays?* I like having friends or family come to stay and take them to walk up the steepest street in the world.



HENRY, AGE 6

Do you have any family traditions during the school holidays? We got to Oamaru for one day with my friend Xan and our papas. *What do you suggest to do around NEV?* Go to the botanic gardens and eat hot chips at the duck pond. Go to Chingford Park and throw rocks in the creek.



HARRY, AGE 6

What does your dream school holiday look like? It's just something you might not have expected: the quarry dairy and get an ice cream - that's my favourite thing to do. *What are you hopes for this winter break?* Too much computer time. *Special memories from past holidays?* Not really. I don't really sometimes remember that. *What can you do in NEV?* Nothing.



FLINT, AGE 7

What are your hopes for this winter break? If it's really snowy, I'd like to make a snowman. And I want to play on Prodigy (that's a computer game). *Do you hold any special memories of past holidays?* Watching my dad bungy jump and going on the luge in Queenstown. Often we play with our friends at Chingford Park. We like doing gymnastics there. *Any traditions?* Sometimes we go and visit our friends Niamh and Bertie and Liadan. *What's there to do in NEV?* Swing as high as you can on the swings at Bethunes gully. *Your dream school holiday?* Playing Prodigy for five days and then going to Timezone!



MARION, AGE 10

Have you made any plans? Yes, I'm going skiing with my dad and stay in a hut on a ski field. Then me and my mum are going to go up to Auckland. We're still planning out the Auckland trip though. *What are your hopes for this winter break?* That me and mum will make it to Auckland, and also that I'll learn more about cross country skiing.



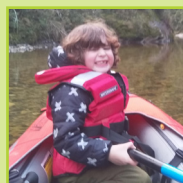
WILLIAM, AGE 9

Any suggestions for activities in NEV? Go exploring in the forest at Bethune's Gully. Go to the BMX track. Chingford Park has a good playground - take a ball or frisbee. *Have you made any plans?* Sort of. One week art. One week parkour. *Do you hold any special memories from past holidays?* Yes, going skiing in winter holidays, and in summer holidays we went to Picton. The campground had video games. *Dream school break?* Going to Picton and playing those games. Going on a boat, and then skiing, and a tramp. Lots of walks and biking. *How are school holidays handled when parents are working?* Mum says: every time is an ad hoc combo of taking kids to work, holiday programs, grandma, and shared childcare with neighbours!



FREIDA, AGE 10

What do you suggest to do around North East Valley? I like going biking at Signal Hill with my whanau. There is a really cool orienteering course at Chingford park that we did once.



LEON, AGE 8

Hopes for winter break? I want to go on a snow trip with Mum and Dad and maybe going snowboarding. *Any special memories of past school holidays?* We went on a big campervan trip to the West Coast and went to lots of fun places, went swimming in hot pools, kayaking, playing on the beach and staying in cool places.

Tim McGuire
RELATIONSHIP MATTERS

LICENSED REA 2008

Recently, the property market has seen rapid change, & now is a great time to make a smart move

Thinking about buying or selling?

Call Tim, now
027 562 7207
hello@timmcguire.co.nz

mcguire.co.nz



Valley Arborist

Complete Tree Care

For free quotes by a professional and qualified arborist

Pruning Felling Advice & Assessments Planting

Sam 0223023607
valleyarb@gmail.com

