Your local newsletter published by the Valley Project

OCTOBER 2022

HOMEBREW GURU - OVER A DECADE CRAFTING IN THE VALLEY

Daniel Märtsching tasted his first ever craft beer on his first day setting foot in Dunedin. Pilsner, the choice lager of his motherland of Germany, was the only beer he'd known prior to embarking on an overseas gallivant.

Fast forward eleven years later. Daniel is an expert craftsman of over a hundred homebrews, a seasoned gardener of lush Humulis Lupulus (hops), and artisan of handsomely handmade mash paddles (brewing tools). Along the way he cozied up to a Dunedin native and settled on the slopes of Opoho where he's been serving pints of smiles since.

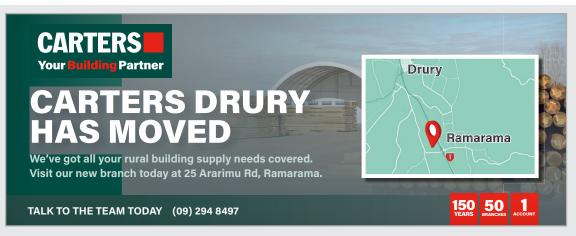
Daniel's initial ties to Dunedin grew to include a handful of young beer brewers and vodka distillers. Their success in economising their party habits, coupled with evidence that any average Jane or Joe could create their own alcoholic beverages, was "mind blowing" to Daniel. And thus his brewing journey began.



Luckily for the budding beer-maker, the craft scene in New Zealand was well underway by the 2010's. Grocery stores were, and still are, stocking Coopers DIY kits. Daniel chuckles at the thought that his first go at homebrewing was with one of these, a plastic bucket, and a bunch of empty Coke bottles. He admits that at one point early on he bulk-purchased bottled ginger beer, immediately dumping the contents - his cheapest bottling option at the time.

His beginner's set-up may have been artless and his first brew less than impressive, but nonetheless, it was successful commencement into the world of homebrewing. Daniel suspects his friends encouraged him in hopes of a regular supply (continued pg. #8...)









SMILES ARE BACK IN FASHION!



The Covid-19 Traffic Light Protection Framework has been retired! For all staff and visitors of the Project, mask wearing is now voluntary. Masks are still available should you want one, and we will continue practising healthy habits such as hand and surface santisation.



Free rapid antigen tests (RATs) are also still available upon request. Collect a RAT pack or two anytime during our opening hours. Give us a ring if you'd prefer a contact-free pick-up (03 473 8614). You can even tap on our office

door if the lights are on. To find your nearest testing location in the Southern district, call **0800 VIRUS19 (0800 847 8719)** or visit **wellsouth.nz**.

The Fred Hollows Community Room is available for hire. Check the bookings calendar on our website (www.northeastvalley.org/services/community-room-bookings), then book Fred Hollows by emailing pip@nevn.school.nz or calling 03 473 8246.

This year there will not be a November issue of the Valley Voice. See you again in December! Donations and content contributions are welcome all year long.

Community members are welcome to the Valley Project reception area for the provision of these services:

- free wifi use
- placement of notices
- trap hire
- newsletter advertising
- laminating
- printing & photocopying

RECEPTION HOURS

Tuesday through Thursday 10am - 2pm Monday & Friday 10am - noon

Closed on all public and school holidays

Subscribe to digital copies of the Valley Voice and/or OpenVUE newsletters: https://bit.ly/VPnewsletters

Join the Valley Community Directory! www.northeastvalley.org/directory

A NOTE FROM OUR CHAIRMAN

The executive was especially busy last month preparing for the Spring Clean. We've also published our finalised Strategic Plan which can be viewed in reception during opening hours and eventually on our website. Additionally, we've been working very closely with the NEV Normal School Board of Trustees on the MOU between us. The school is an integral part of the Project and the work we do. Our relationship is hugely important to us.

We will soon announce to the community our newly appointed Project manager, so keep your eyes peeled. For wonderful Kate Vercoe we are immensely grateful. As her time winds down with the Valley Project, we'll be sure that the effort she has put into the Project and community this year shall be recognised.

I also want to take the time to thank the Lions Club and T&G for their fruit and veg donations. Times are tough, we know. If you need any support please get in touch with us. A heartfelt thanks also goes to our loyal members and sponsors. We are internally funded through generous donations and grants and we can't do what we do without your support. If you'd like to contribute to the Valley Project, please do so through our website or by dropping into reception.

Look out for one another and check on your neighbours. Community is the biggest support network out. -- James S.

voice@northeastvalley.org

www.northeastvalley.org

f facebook.com/valleyproject

@valleyproject

(03) 473 8614

P.O. Box 8118, Dunedin 9041

262 North Road, North East Valley, Dunedin The North East Valley Community Development Project (a.k.a. The Valley Project) is a registered charitable organisation that builds community connections and promotes the wellbeing of local families and whanau. If you like what we do, you can donate at:

the VALLEY project

givealittle www.givealittle.co.nz/northeastvalley

The opinions expressed in articles are the author's own and are not necessarily shared by the editor or Valley Project Team. Submitted articles may be edited at the editor's discretion.

We'd love to hear from you! Send us your local photos, stories, announcements, etc. Deadline for newsletter copy is the 15th of the month prior. Submissions later than the 15th cannot be guaranteed space. Please keep your contributions to 250 words or less.











SPRING SEED SWAP

Let's get together and refresh our stashes for the impending jubilation that is springtime! Natives, bulbs and tubers, cuttings, heirlooms, half-used seed packets, a mystery pocketful that you scooped six months ago...anything goes for swapping! Event hosted by Otepoti Urban Organics.

SUNDAY, 16 OCTOBER, 2 - 4pm VALLEY PROJECT, 262 NORTH ROAD See page #7 for details





ERIC BOGLE AT THE FOLK CLUB

Eric Bogle is an internationally known and respected folk songwriter touring NZ accompanied by Pete Titchener on guitar and Emma Luker on fiddle. All ages. Bookings essential.

SUNDAY, 16 OCTOBER, 7:30 – 10pm 80 LOVELOCK AVENUE, OPOHO Tickets: www.eventfinda.co.nz/2022/ eric-bogle/dunedin



NEV NORMAL SCHOOL CHRISTMAS MARKET

Buy your Christmas gifts handmade and local! Food, coffee, and lots of crafts to browse in the North East Valley School Hall. If you are a crafter who would like to sell, email nevn.pta@gmail.com for more information.

SUNDAY, 20 NOVEMBER, 2 - 5pm NEV NORMAL SCHOOL HALL See ad on page #15

CRUSH THE CARGILL 24-HOUR CHALLENGE '22

The annual 24-hour endurance race on the slopes of our maunga is just around the corner. Come along as participants or as spectators. Canine category included. Barbecue for participants and awards ceremony follow 10am finish on Sunday. Event entry and race participation by koha to raise funds for the Valley Project.

SATURDAY 19 - SUNDAY 20 NOVEMBER, 10am - 10am BETHUNES GULLY RESERVE, NORMANBY

(page) @CrushtheCargill (event) https://fb.me/e/1cEk4gzsu
See page #16 for details



HORT TALK - BOTANIC GARDEN



LIVING SOIL: Learn how we can support soil for the benefit of all ecosystems and our own health. Free!

FRIDAY, 7 OCTOBER, 12 - 1pm LOWER DUNEDIN BOTANIC GARDEN



SEARCHING NATURE'S LARDER: Discover the joy of foraging for food and how to safely create delicious kai from your finds. FRIDAY, 4 NOVEMBER, 12 - 1pm LOWER BOTANIC GARDEN

INCHBAT ON REPEAT

● TUESDAYS, 7pmOpen Mic with your host
Andy P. and a different
feature act each week!

PENULTIMATE WEDNESDAY OF EACH MONTH, 7.30pm Silly Duck Comedy Open Mic. Tickets via eventfinda.co.nz ■ 2ND THURSDAYS, 7:30pm
The songs you know and love with local muso Sam King.
Koha entry.

13T SUNDAYS, 3.30pm Celtic Jam sessions.

□ EVERY OTHER SUN. 4.30pm Smooth jazz with Big Jazz Apple. Koha entry.



8 BANK STREET, NORTH EAST VALLEY



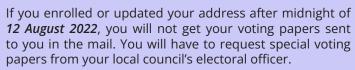
VOTE 2022

THE 2022 LOCAL ELECTIONS

Enrol or update your details to vote in the local elections.

vote.nz 0800 36 76 56





The last day to enrol to vote in local elections is *Friday, 7 Oct.*

2022 LOCAL ELECTIONS

Prepare to vote for a Mayor, 14 Councillors, Community Boards and the Otago Regional Council.

SATURDAY, 8 OCTOBER

Election day. Voting closes at 12 noon. Progress results should be available later in the afternoon.

DCC Candidate Handbook and more: www.dunedin.govt.nz/council/electoral-information

REPRESENTING NORTH DUNEDIN

Hi, my name is Doug Hall Jr. and I'm running for Dunedin City Council.

I believe if you see problems coming and do nothing about it, then you are the problem. I see a few problems coming, and I want to see what I can do to

help, which is why I want to join the council – to shape Dunedin into something better.

I was born and raised in Dunedin. I have lived in the North end most of my life. I would say Dunedin has made me who I am, and I honestly think it is one of the best cities in the world. I've spent all my life troubleshooting computer problems, and I would like to think that I'll be able to use those skills to troubleshoot Dunedin's Problems, and to reboot the city.

My short term goals are improved parking, upgrade playgrounds, increase consultation with DCC, find a physio pool solution, improve the rate of recycling, and upgrade and increase council flats. -- Doug Hall Jr.

ALL'ROUND FRUITFUL ASSEMBLIES

We came. We watched. We listened. And we gave generously.

Towards 200 members of the public joined the Dunedin City Council candidate meetings each night at Ōpoho Presbyterian Church on September 18 and 19. The church was packed, and people spilled into an adjacent lounge.

Many arrived early to secure good seats and were entertained by Luke, the church's next-door neighbour, on guitar.

A total of 33 candidates over the two nights began with a 90-second "opening salvo". They then answered multi-choice questions on key issues, responded to quick-fire questions about themselves and their top rankings for mayor and council, and spoke for up to 30 seconds in their "last words".

The roaring of a "stag caller" helped keep all candidates strictly to time. Both meetings began sharp at 7pm and finished at 9.06pm, four minutes early.

A cash koha opportunity was offered. We were thrilled to raise \$1220.70 for the Dunedin Night Shelter Trust and its work among the most vulnerable members of our Dunedin community. -- Philip Somerville



CITIZEN JANE

SPACE POLICY REVIEW: If you find yourself shaking your fist at Starlink satellites and lying awake at night worrying about space junk, then I have the consultation for you: the Government wants to know what you think about the values and policy objectives that underpin New Zealand's space activities and engagements. The 40-page consultation document may only be for the serious fist-shaker, but the online survey at the bottom of that page appears to be more straightforward. **Open until 31 October**.

www.mbie.govt.nz/have-your-say/new-zealand-space-policy-review

PLAY SPACE PLAN: More local and less fist-shaky, Dunedin City Council wants to know your ideas for destination playgrounds – we're looking at you Woodhaugh (and Mosgiel Memorial Park and the 'Dinosaur' Park). In particular, they would like to hear about 'your favourite ways of playing and what you would like a destination playground to provide'. Such consultation fun! Open until 20 October.

Keep an eye on the DCC Play Space Plan web page for link to consultation form. www.dunedin.govt.nz/community-facilities/playgrounds/play-space

Citizen Jane alerts you to ways to vent your spleen, or just have your voice heard, in a constructive and useful way!

VOLUNTEER WITH HOSPICE

Make a difference in your community! We are currently looking for volunteers to join the friendly team at Otago Community Hospice.

We rely upon our volunteers - without whom we could not provide the Otago-wide specialist palliative care service that we do for over 800 patients and their whānau.

We are needing volunteers to fill reception, cleaning, and kitchen shifts at North East Valley. To find out more, come along to our next Information Session on Wednesday, 19 October at 6pm. Email: volunteer@otagohospice.co.nz to book your place. After this, if you are still interested, you can apply to attend the training day.

- RECEPTION evening and weekend. This involves welcoming people as well as answering the phone. Weekday shifts are 5 - 7pm and weekend shifts are 9am - 12noon, 12noon - 3pm, and 3 - 6pm.
- CLEANING weekends. This involves cleaning main areas and patient rooms. Approx. 2-hour shifts on Saturday/Sunday mornings.
- KITCHEN volunteer alongside cook in the mornings (9:30am - 1:30pm) or a solo shift in the afternoons (3 - 6:30pm).

We ask that volunteers undertake at minimum of one shift a month, and a maximum of one shift a week. We provide full training for whatever volunteer role you put your hand up for.

Please note as we are a health provider all staff and volunteers at North Road need to be vaccinated against Covid-19 (2 vax + at least one booster) and wear masks.





THE CRISIS CAFÉ is a place where people who need a safe and caring place while experiencing a crisis can self-refer or be referred to by Dunedin Police, Dunedin Hospital ED, EPS, or family/whānau. No appointment needed - this ensures that people in mental health distress are supported immediately by peer supporters in a non-clinical and calm environment.

Life Matters Suicide Prevention Trust will follow up with people we are supporting in the following days via email and phone to offer more face-toface peer support, and to ensure they get the best care by other services and are provided with ongoing peer support.

Evidence shows that peer support can improve people's wellbeing, meaning they have fewer hospital stays, larger support networks, and better self-esteem, confidence, and social skills. Peer support is an evidence-based practice for individuals in mental health distress.

Crisis Café open Thursdays, 1 - 9pm Hope Centre, 3 Albion Place



MATES CAR CRUISE for suicide prevention is back Labour weekend, Sunday 23 October and starting at 10am for a shine & show. The cruise starts at 1pm. Entry is \$10 per car so fill it up with mates and come have a good day out with your friends and connect with others in our community. Gold coin entry for the public. There will be lots of activities, prizes and food so check the Life Matters website at www.lifematters.org.nz or Facebook @LifeMattersNZ.

MINDSET AND WHY THE STORIES WE TELL OURSELVES MATTER

Mindset is a huge topic in the life-coaching why this desired future is not possible. act? I invite you to try this for yourself. world as it shapes how we feel, think and act. The quality of our mindset impacts our sense of identity and belonging and what we believe is possible.

In my role as holistic results coach I frequently suggest to clients to imagine that they are holding a magic wand that allows them to create the future their heart desires. I then invite them to describe in detail what this future looks like, i.e. what they see, hear, and feel. What's astounding is how quickly people revert to talking about all the reasons

Why do we do this to ourselves?

What if we started to pay more attention to the stories that we tell ourselves, and by doing so, potentially change the trajectory of our life?

Imagine inspiring yourself to take consistent actions toward your goals, not by berating yourself for all that you haven't achieved yet, but by imagining, in the here and now, what it feels like to be that future self you desire. How would you walk, talk, relate to others, love, and Allow yourself to step into the desired future you and notice how this impacts your level of motivation to take action towards your goals. -- Uschi Heyd

Uschi Heyd works as holistic results coach and has a toolbox of transformational techniques that helps you clarify your goals, remove outdated beliefs, and supports you in achieving your goals with less effort and quicker than you might deem possible. To book a free personal strategy visit:

www.kindliving.co.nz.

OTTO'S BEES - THE BUZZ ON COLONIES

After donating some honey to the Valley Project recently I was asked if I would be willing to write an article for the Valley Voice about bees and beekeeping in the area. Since there is rather a lot of ground to cover I will aim to make it a series of short articles, each covering something different about bees. If you have bee-related questions, please ask!

Honeybees are social insects that live in colonies. People learned to keep bees in various kinds of hives. A strong hive in summer can have as many as 60,000 bees in it. All of these bees are the offspring of just one single bee – the colony's queen.

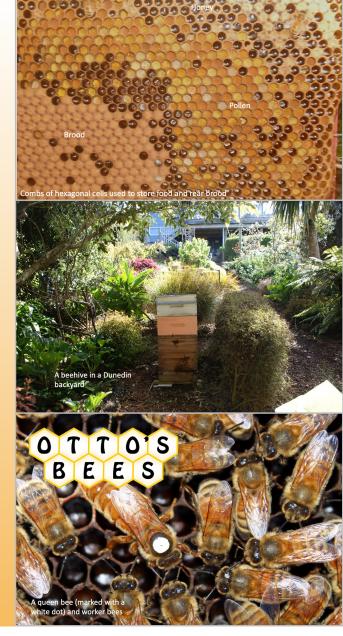
Most of the bees in a hive are workers. Workers are female bees and they do all the work to keep the colony going. The bees you see foraging on flowers are all worker bees. Workers also do all the work inside the beehive, like building combs, feeding the brood (larvae), and cleaning up. Honeybee colonies also have male bees called drones. They don't do anything to help with the day-to-day running of the colony. Their main role is to go out and hope they can find a new queen and get lucky!

Honeybees like to live in cavities, such as hollows in trees. The cavity provides shelter from adverse weather and can be kept warm enough to rear new bees (brood). Did you know that the brood nest of a honeybee colony is maintained at a constant 34c regardless of the temperature and weather outside? The hives people keep generally mimic the kind of cavity bees naturally like to live in.

Inside their cavities bees build honeycomb using beeswax, which is produced from a set of glands on the abdomen of worker bees. When it is warm, beeswax is soft and malleable making it easy to shape into combs of hexagonal cells. Bees use these for storing honey and pollen (food), and for rearing brood.

When a honeybee colony decides to reproduce, they make some new queens. The old queen leaves in a swarm with around 1/3 of the bees from the colony to go and find a new place to call home. I will talk more about bee swarms in my article next month. -- Otto Hyink

Otto runs a small beekeeping business in the neighbouring Leith Valley. He breeds bees, sells bees and bee products, provides beekeeping advice, and is involved with research programmes based at the University of Otago. Find him on Facebook: **@Ottos-Bees**





EAT. SLEEP. COMPOST. REPEAT.

Plants always get the limelight in the garden, but down below is just as beautiful!

This year was a great year for our compost which, thanks to community member, Keith, we've finally wrangled into something magical, filling an entire new bed built to keep in artichokes! Ideally we'd have enough compost from our own bins to top up the beds each year rather than have to purchase it, but it takes some work which we hadn't been able to get on top of.

So what changed this year? Three things. One, we made sure we had a good mix of brown-versus-green waste in our stack. We get great brown waste from a local family who drop off their guinea pig's litter - mostly wood shavings. Second, we used a chipper on large matter so it broke down faster. Finally, and most importantly, Keith's fabulous compost wand moved air around the stack and helped it become the gorgeous brown, crumbly earth we finally put in the new raised bed. That piece of wire has been a game changer! A compost wand/aerator encourages rapid composting by mixing and aerating compost heaps with a flick of the wrist.

Compost is everything to a garden's success, and making your own is much cheaper than buying plastic bags of it. We use old pallets to make the bins,

DALMORE RESERVE COMMUNITY GARDEN WORKING BEES		
Sat. 1 Oct. 10am	Sat. 29 Oct. 10am	Sat. 26 Nov. 10am
Sat. 15 Oct. 10am	Sat. 12 Nov. 10am	Sat. 10 Dec. 10am

N.E.V. COMMUNITY GARDEN WORKING BEES			
Sun. 2 Oct. 1pm	Sat. 22 Oct. 9.30am	Sun. 13 Nov. 1pm	
Sat. 8 Oct. 9.30am	Sun. 30 Oct. 1pm	Sat. 19 Nov. 9.30am	
Sun. 16 Oct. 1pm	Sat. 5 Nov. 9.30am	Sun. 27 Nov. 10pm	

and then cover them with carpet to maintain heat for killing weeds. You can also directly compost onto your garden beds at home. Inspired by NZ gardener Kath Irvine and her book, *The Edible Backyard*, I'm doing just that with a new bed. Just layer your green waste on top of sheets of cardboard, add some pea straw, then cover or just let it rot down. Kath's book is in the library, a great read, and just the inspiration you might need to get your garden growing. -- Lynn Vare



SPRING SEED SWAP A FRUITY AND INFORMAL AFFAIR

Greetings seedy people! Let's get together and refresh our stashes for the impending jubilation that is springtime! All welcome - whether or not you have seeds or plants to swap.

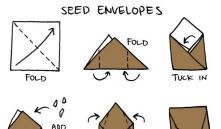


Come prepared! Do a stock-take of your stash. What do you intend to plant and what are you actually hoarding? Can you free those seeds? They might be just what someone else needs.

What would you LOVE to plant, but don't have? Make a list and save yourself some overwhelm when you get there (kinda like turning up to the supermarket with a grocery list rather than turning up disorganised and hungry!)

Find containers or make some seed packets for decanting seeds into. Scissors, tape, paper, and a vivid can be handy on the day.

Anything goes. Natives, bulbs and tubers, cuttings, heirlooms, half-used packets, a mystery pocketful that you scooped 6 months ago... You might have more to offer than you think. We are always especially keen on locally grown/adapted plants!



It's gonna be a fairly fruity and informal affair. There shall be tea-drinking and nerding out. The more the merrier! If anybody is keen to contribute something special to this event, like playing music in the background, or bringing a bucket of clay and making seed bombs with the kids, or anything else at all, please post on the Facebook event directly:

[1] //fb.me/e/2fLPZGMEA

We are also brewing plans to develop a Seed Library in the Valley. Any leftover seed from these swaps could be donated to that.

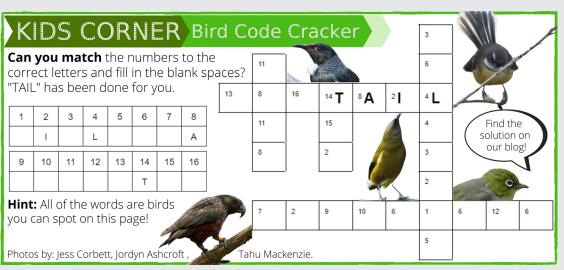
SUNDAY, 16 OCTOBER, 2 - 4pm VALLEY PROJECT, 262 NORTH ROAD EVENT HOSTED BY ŌTEPOTI URBAN ORGANICS

FUNDRAISING HEROES

Back in May, North East Valley Normal School was learning all about freshwater and how important it is to us. Along with two ORC Community advisors, we visited Lindsay Creek at Chingford Park to learn about stream health. Lindsay Creek is such an important part of our community and the focus of our Curious Minds PSP project. After this visit, the children were so keen to do something to help. Read the account below from students Marcus and Erin!

"The Middle Syndicate children from NEVNS visited Lindsay Creek to find out about more about the creek and what makes a healthy creek. We found out that we could do some things to help Lindsay Creek be more healthy. For example, plants on the banks of the creek help stop dirt getting into the creek. Healthy creeks have plants around them. So when we made our hearty Matariki soup, people brought along a coin to have a cup of soup. The soup was delicious! We raised \$65 to donate to the Valley Project so maybe they can buy some plants to plant around the creek."

Well done to North East Valley Normal School Middle Syndicate -- Marcus and Erin for their fantastic mahi! Many thanks to the students for their enthusiasm and for fundraising to help the health of our local Lindsay Creek. Watch this space for what happens next!





(...continued from front page) of free booze. Well, it worked!

DIY brewing kits have improved considerably, Daniel assures. Online shops abound these days. Dunedin Malt House in Caversham is the cornucopia of brewing supplies and expert advice for our region. They carry Daniel's beautifully hand-crafted wooden mash paddles - an essential tool in the brewing process. Daniel suggests chatting with shop owner Trevor before one dives into beer making (and wine, spirit, or cheese ventures, too).

"If you want to get into the hobby, it's very accessible now. You can have a low starting budget - under \$100! It takes around 10,000 hours to become a pro, including drinking the beer."

Daniel has graduated to a four-fridge, all-in-one system that can pump out a 20-litre batch of beer every three weeks. It's been designed to hold two brews at a time, one for conditioning (refermentation) and one for serving. He points to a hack-job baby bottle temperature gage actively in use, then mentions that it took extensive tinkering with countless gadgets over the past decade to reach this level of efficiency.

"It's a very creative hobby," he adds.

"When I was a stay-at-home dad, I researched heaps; malts, grains, hops, temperatures, fermentation... I learned there was a right time for the right beer."

Daniel's studies resulted in crowd-pleasing creations in a range of Raspberry Sours, All Grains, IPAs, and Milk Stouts - his wintertime favorite. He even made a batch involving Manuka flowers sourced from his backyard and fresh hops from his greenhouse - no ingredient too strange, no process too complicated. In the words of Guinness; "Anything we can

dream up, we get to brew up."

The world famous Oktoberfest originating in his homeland was not an event the Wuppertal emigrant ever desired to attend. Daniel concedes the same can be said for most of his German counterparts. The boozy two-week bash based in Munich had a reputation of being "too touristy". A while ago, Simon's Bistro and Beergarden on North Road (where Hana Japanese now operates) held the one and only (and Southernmost) version of Oktoberfest he'd actually experienced. Not long after, Daniel succumbed to popular culture in the name of fun and love of homebrewing, hosting a private rendition of the annual festival.

"Why not? It was a good excuse for a party, especially one with dress-ups!"

This year the party was regrettably postponed due to long-awaited travel commitments (thanks, Covid). Daniel and his wee 'Germ-iwi' (German-Kiwi) whānau made a trip to Wuppertal to be with family. As with every return, Daniel loaded half of his suitcase with bottles of his homebrews, carefully nestled among Tim Tams and Bay Road Peanut Butter. He took them to a homebrew meetup in his hometown to give them a taste of Dunedin.

Next time you're at the supermarket, take a stroll through the craft beverage aisle. Daniel Märtsching beams that the selection is "stunning" compared to eleven years ago. He reminds the beer-drinking community that when consuming crafts, do so at warmer temperatures to evoke the fine, lovingly laboured flavours.... and that a homebrewing club is yet to be established in North East Valley.

Keep calm and brew on. -- Krysha Brzuza



CONNOR'S COLUMN: THE LEGACY OF SIR HALBERG

Sir Murray Halberg was born in 1933 in the small North Island settlement of Eketāhuna. He was great at any sport he tried from a young age. Unfortunately, a rugby accident at the age of seventeen cost him the use of his left arm. After a bad tackle his shoulder was dislocated and nerves were damaged which led to two operations. He then had to relearn everything, from eating to writing with his disabled arm. Still to this day it is healing.

He started running as a way to get back into sport after the accident. Soon afterwards he met his future running coach, Arthur Lydiard, by chance. Lydiard started training with Halberg through the Waitākere ranges. On his first attempt, Halberg couldn't keep up with the legend, but he kept doing that hilly run again and again until, in 1960, he won the 5,000 meters at the Rome Olympics.

The Halberg Foundation was founded by Sir Murray in 1963 because of his will, sheer determination, and grit in coping after the rugby accident. Nowadays the Halberg Foundation has an annual awards ceremony in Auckland, which all New Zealand's best and upcoming sporting stars go to.

My own experience with the Halberg Foundation has been amazing. I've had the privilege of trying a multitude of different types of sports through the charitable organisation, such as Boccia, swimming, and athletics. The foundation operates on Halberg's belief that all people, regardless of their ability, should have equal opportunity to enhance their lives through sport and recreation. -- Connor Fa'asega





DALE WILKINSON **BUILDER**

Local, loyal and licensed builder practitioner at your service.

No job to big or small, quotes available.

> Please call 021 867 896

ONE EARTH

ELECTRICAL

advice and service.

Require an electrician to

complete work within your

home? We provide expert

Andrew Parkinson

027 266 3906

ask.one.earth@gmail.com

03.395.6565

NEV LAWNS & **GARDENS**

Lawns, Edges, and Hedges. Weeds - whacked, sprayed, or pulled. General Garden Tidy-ups Green Waste Removal

Contact Steve O'Connor: Phone or text: 027 424 1828 Email: emailsteve@xtra.co.nz



New Builds, Renovations, **Alterations Maintenance &** Farm Buildings



EDWARDWHITE BUILDERS

for more information contact: p: 021 0718 665 or 03 482 2729 e: edwardwhitebuilders@gmail.com



www.oneearthelectrical.co.nz

- Section clearing
- Tree pruning and shaping
- Planting plans
- Custom planter boxes
- Timber retaining walls

021 0234 49 38 www.backblokgardens.nz









Peter Waymouth Consulting Arborist

Professional pruning of trees

greentrees.co.nz 027 432 9646

Need a painter?



inside or out • no job too small

waterblasting available

COMPETITIVE RATES & QUOTES Contact Bryan:

473 7488 or 021 108 1860 porteous.a.b@gmail.com

Electric car charging systems Solar system checks and cleaning Off grid solar design build Custom lithium battery manufacture

03 395 6565 ev-lution.co.nz



LOCAL COMPANY CELEBRATES TE WIKI O TE REO MĀORI WITH VIDEO GAME TRANSLATION

John Gillanders, director of Technaturally Games based in North East Valley, is celebrating Te Wiki o Te Reo Māori with a new version of his mobile video game Colibrium. It has recently been translated into te reo Māori by certified Māori translator Taurapa Ltd. (www.taurapa.co.nz), based in Ōtautahi/Christchurch.

Mr. Gillanders says, "I felt it was most important to ensure that it was translated into te reo Māori since it's such an important part of our culture here. My own reo knowledge is slowly growing as I have been increasing my vocabulary using the 'Drops' language learning app over the past couple of years, and am now working through the 'Te Ao Māori for Professionals' course through Education Perfect, which I am finding to be really valuable and enjoyable. My long-term goal is to become fluent and be able to help my young daughter and whānau learn along the way."

The local game designer lives with his wife and 5-year-old daughter near Chingford Park, where he and his wife were married. They have spent the last three years renovating a house from a dilapidated state into their long-term family home, and they love living in North East Valley due to the vibrant community and natural surroundings.



Colibrium, the first app released by Technaturally Games, gives players an experience in mindfulness using original colour-blending and matching gameplay. The game difficulty automatically adjusts based on your skill level to keep your mind in a state of 'flow' - focused and engaged. It can be downloaded for free from www.technaturally.games. As well as te reo Māori, the game is available in English (NZ/UK or US), Spanish, Chinese (simplified or traditional), and Japanese. Mr. Gillanders is now organising to have the game translated into local dialect, Kāi Tahu.

Technaturally Games exists to create original video games with a human element, drawing upon psychology to give players a unique experience and help them make joyful memories through games. Technaturally Games is a division of Technaturally, a small independent technology and game development company based in Ōtepoti/Dunedin with a vision of enriching lives through technology.



Technaturally Games

Facebook: TechnaturallyGames www.technaturally.games



BRICKS AND BLOCKS IN A BOX OPPOSITE KNOX

I was asked by a NEV community gardener to write a story about brickworks in the Valley. There had once been a brickworks on Longworth Street behind NEV school, including where the community garden is, and the clay that was good for bricks turns out to be not-as-good for vege gardening. (Hence why the community garden would love your spare topsoil or GIB offcuts, if you are not selling them on the black market).

Brickworks sprang up all over New Zealand in the mid-1800s and Otago was one of the largest brick producers in the country, spurred on by the gold rush. Several small brickworks were dotted around the valley in the 1860's but by 1870 there were just two – John Longworth's works behind the school and James Lambert's Water of Leith Brickworks at the base of Gladstone Road.

The Water of Leith Brickworks covered the area from Lambert Street (now Dolphin Street) to North Road. There was about 5 metres of good clay on this spot – the top couple of metres was better quality and was used for vases, flowerpots, and pipes; the lower clay was used for bricks. The original buildings were close to the hill but had to be shifted as they ended up sitting on the best clay.

The clay was dug out of the ground with spades and then carted to a pugging shed where it was broken into lumps, slopped (drenched with water), and pugged (blended) in a mill to get a smooth consistency. Clods of pugged clay were then dipped in water and thrown into a wooden mould, struck out of the mould and placed on long racks to dry and then fired in a kiln –Lambert's put out 5000 bricks a day like this. It was hard, messy work – clay covered workers' hair, beards and ears and 'after a few hours' work a man could be recognised only by his eyes. Things weren't any better for the poor horses who powered the mill, walking around in a circle for eight hours a

day, or the trees of the Leith Valley that were cut down to fire the kilns.

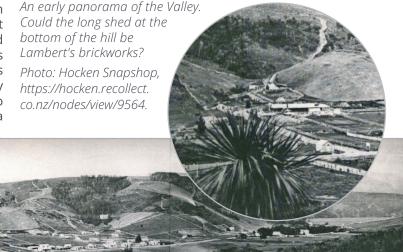
Brickmakers sourced clay from wherever they could get it nearby – in 1889 North East Valley Borough Council granted John Longworth permission to 'cart the clay and surplus stuff' off the wee street that we live on, a few streets away from his brickworks, 'on condition that he took out the whole of the cutting and formed the street free of cost to the borough'. Win-win!

Brickworks were also potentially dangerous – a man was injured at Longworth's works in 1887 when a bank collapsed on him, Longworth's own son William was killed that same year when a partially-built kiln fell in on him, and a woman was found drowned in a hole at Lambert's works in 1884, but that's a whole another story...

What I really wanted to know was why the brickies came to North East Valley – was our clay special? Clay is a bit magic – essentially decomposed rock, its defining feature is its plasticity (mould-able-ness) when wet, and hardness when dried or fired. Clay deposits are variable and unpredictable, a product of their individual location, and good clays for brickmaking and pottery weren't that easy to come across. The clay in North East Valley is probably derived from the silty wind-blown loess (rhymes with 'verse') deposits that slowly blanketed the extinct volcano. So actually, with its coarser silt content it probably wasn't great clay, but it was handy clay for supplying Dunedin with bricks. In fact, local bricks didn't have a great reputation – they absorbed much more water than their English counterparts, and the University changed their original plans to build in brick to stone instead.

John Longworth shut up shop in North East Valley sometime in the 1890's and James Lambert in 1901, leaving little evidence now apart from some flat school fields and Lambert's house behind Filadelphios – built of stone, not brick. As for clay being the gardener's enemy, a 2014 Botanic Garden post points out that clay soils hold lots of nutrients so are relatively fertile but need lots of organic matter added to stop them being so sticky.

Thanks to NEV brick enthusiast Wendy Tripp and to Elizabeth Seed who wrote a thesis on the history of the brick, tile, and pottery industries in Otago in 1952.





Solomon's House (now Nunreny)

Thomas's Bush Pine Hill Glenray L.C.lending's Mt Cargill Calders Qu Hill

MEMORIES STIRRED BY VALLEY'S 'SWEET SPOT' WIN



Allan Shaw in a Cubs uniform.

After a great many years away from the Valley, I read the Dunedin North Sweet Spots article in the weekend paper back in June. (https://bit.ly/SweetSpotNEV)

I was born in Dunedin and lived at 61 Norwood Street during my younger years from 1946. My parents settled there following their marriage after WW2, Mum having worked in an umbrella making workshop, and Dad having spent time recovering from a war wound in Egypt. The house is still there today.



Allan's Mum in the umbrella workshop.

It was originally two bedrooms but a third was added. A creek ran past the rear of the property and was the setting for many cowboy and war games after visits to the "Chums Club" at the movies on a Saturday morning.

I attended North East Valley and Dunedin North Intermediate Schools. NEV school was a forbidding stone building but delivered excellent early learning under the leadership of Headmaster Dew. Back then there were no issues with us playing bullrush and climbing the trees around the grassed areas.

I played rugby league as a little'n and

recall we had Disney characters on the V-neck of our jerseys. Following that I played soccer for the Northern Club whose grounds were opposite the Botanical Gardens. We were coached by one Bill Berry.

My father had a small cobbler's shop on the corner opposite the NEV school entrance. Back then many people couldn't easily afford to replace worn footwear and had them repaired until no longer possible. (The premises housed a small Asian takeaway last time we were in Dunedin.)

He used to take me to and from primary school sitting on a wooden seat he made and bolted onto the front of his bike.



North East Valley School, 1950's.

Our grocer at the corner of Norwood Street and North Road was Kevin Skinner, the All Black and heavyweight boxing champion. In those days you would go to the store with a shopping list and the groceries would be subsequently delivered.

I recall one occasion when Kevin's Pirates team was playing my uncle Jim's Southern team the next day, and my mother telling Kevin that it was Uncle's birthday on the day of the game and for Kevin not to give him any agro. Sure enough, Jim arrives with a black eye and the comment, "birthday present from Kevin Skinner."

Coal was delivered in sacks lifted from an open deck truck and carried on the back of a coalman to the storage area under the house. Money was tight, requiring us to hide inside the house on occasion when the coalman came to collect the money.

We had a nasty fire on the hill opposite our house with several of us young ones featuring in an Otago Daily Times photo watching it. Seemed fun at the time but not to the mums that were home and the dads when they arrived from work.

I remember we were scared of an old lady who lived adjacent to the Gardens shops and walked almost completely bent over. Us youngsters would cross



Children watching a gorse fire, North East Valley, 1952. Photo by John Gary Blackman.

the road to avoid her. I'm sure she was actually a nice lady.

When the 1956 Springbox came to The Carisbrooke, we youngsters were sat on several rows of wooden planks on the grass around the edge of the ground. At one point the Bok wing, Van Vollenhoven, nearly ploughed into us on one of his runs.

Mr. Brown, the father of one of my friends on the street, acted as a mechanic for one of the teams who took part in street racing in the city. Some very good drivers took part. I remember in particular a one-armed driver named Archie Scott Brown.

Our first car was a little Austin 7 which required a suitcase to be tied on the roof, and a second on a carrier at the rear, whenever we visited family in Palmerston. We had to let the car cool down at the top of the Kilmog before topping up the water. A device called a thermette heated up water for a 'cuppa' accompanied by a delicious homemade scone.

Looking back, our expectations as kids were not as high as today... great days.

-- Allan Shaw



classifieds

ngă tatau

art, craft & music

ART CLASSES

For all levels. Casual attendance welcome, tutor Anneloes Douglas, community rooms, 10am-noon, Thur. 🔲 027 307 7034 📞 467 9993 anneloes.douglas@xtra.co.nz

ART CLASSES

Continuous class, newcomers welcome, 1-3pm, Wed, community rooms; 1–3pm, Thurs, St Peter's Church Hall, Caversham; 7-9pm, Thurs, Logan Park High School, \$15 per session. 📞 Friederike 482 2025

ART FIBRE DUNEDIN

Bring lunch and requirements, 10am-2pm, second Sunday of each month, community rooms. ☐ Megan 027 245 8605 artfibredunedin.blogspot.com

DIAL-A-PIPER

Available for any functions including birthdays, weddings, funerals, Haggis Address, etc. Feel free to contact me to discuss your function. Can travel. 📞 03 473 0045 or 🔲 027 473 0060

DRUMMER AVAILABLE

Middle age drummer into all sorts (psych rock, dream pop, reggae, ambient, classical, techno, "world" etc.) looking for band/musicians. Anything with soul, groove, and edge. Paul **■** hoani76@hotmail.com

DUNEDIN FIDDLE CLUB

Mostly Celtic tunes, mostly fiddles. New players always welcome! Wednesdays 7.30pm at The Valley Project community rooms. Just drop in or **■** anna.bowen1@gmail.com

FOLK CLUB OPEN MIC NIGHT

Songs, tunes and convivial company every Thursday from 7.30pm. Come and join the supportive circle to play or listen. Dunedin Folk Club, 80 Lovelock Ave. **Info@nefc.org.nz** info@nefc.org.nz

KIDS ART CLASS

Thinkit Art offers dynamic and enriching after school term art classes for 7–15yo. Focus is on enriching creativity & exploring who you are as an artist. Book Now: Kiri Scott Artist – Oniyonkid.

- @ @thinkitart 021 118 9882
- Thinkit.fie@yahoo.com

LEARN TROMBONE

From winner of Dunedin Youth Jazz Festival best trombone, and Otago Rockquest best musician - contact Finnbarr **Q** 027 356 2881 or

MUSIC LESSONS

Celtic style flute, tin whistle, and guitar lessons by Rennie Pearson. ▼ rennie.pearson@gmail.com

- renniepearsonmusic.com

MUSIC LESSONS

Guitar, drums, singing, with professional musician. All ages. Contact Bevan: • 027 363 1376 or **w** bevan37@hotmail.com

PAD-MAKING WORKING BEE

Interested in plastic-free period products? Like to sew? Learn to make sustainable period products for you and whanau. Contact

SOUNDS NOR'EASTERLY

Do you enjoy singing with a group? Why not join your local community choir? All ages and abilities welcome. DNI design lobby every Tues, 7.30–8.45pm. Email Marion for info

STAND-UP COMEDY

Open mic at Inch Bar, every Tuesday and penultimate Wednesday. Comedy workshop Mondays 5–7pm at George Street McDonalds. Open to all skill levels. Contact

□ reuben@dunedincomedy.co.nz

UKULELE SESSIONS

Wed, 7–8.30pm, Valley Baptist Community Centre, 280 North Rd. Just turn up or text Adrienne □ 027 389 2574 for more info.

community

BALMACEWEN LIONS CLUB

Meets 2nd & 4th Mondays at Otago Golf Club: 125 Balmacewen Rd, Dunedin. New members welcome! Contact Secretary Russell Hancox: **4** 03 467 5126 (evenings)

BIBLE HOUR

Friendly small group Bible learning over morning tea, Sun, 9.30am, DNI (tech area) during school terms. All welcome, free. **Q** 020 4079 5727 or dunedinchristadelphians.org

BIKE WORKSHOP

Get help, use our workshop. Bikes available for koha, 3.30-6pm Tues, and 9.30am-12.30pm Sat. Valley Community Workspace, 11 Allen St. Email Peter **■** peterd0n@yahoo.com

BURNS RESERVE

Interested in learning more about this Reserve featured in "Forgotten Wilderness" by Bruce Munro published in the ODT Weekend Mix on 20 August 2022? Contact ■ burnsreserve@gmail.com

COMMUNITY ACCOUNTING

Dunedin Community Accounting provides free accounting training & advice for non-profits in Otago. For more info call □ 0800 113 160, ■ kiaora@dca.org.nz 🖵 www.dca.org.nz

COMMUNITY PATROL

Dunedin North Community Patrol. Assisting Police to ensure our communities are safe to live in. Volunteers welcome. Call Garry for more info: • 027 364 1485

COMMUNITY STUDY CIRCLE

Baha'i Spiritual Training. Develop your capacity to offer service to your community as a result of exploring spiritual concepts and how to apply them to everyday life. Strictly no charge. Ring or text Ash: **Q** 022 615 6115

DALMORE RESERVE **COMMUNITY GARDEN**

Join us fortnightly at the garden on Allenby Ave., Pinehill. All welcome. Tools provided. Check dalmorecommunitygarden@gmail.com

ENABLING LOVE

Looking for friendship & social connection? 18-65 years welcome to weekly coffee group at Otago Museum Cafe, Thurs, 1–2pm. More at nablinglove.nz or email Joshua for venue: **■** enquiries@enablinglove.nz

FRUIT & VEGES NFP

Fresh fruit and veges at wholesale prices with All Saints Fruit and Veges. Small, med, family weekly bags. Order at St Martins, 194 North Rd, Thur, 4.30pm, or sign up online: fruit.vege.allsaintsdn.org.nz

LEGAL ADVICE

Free legal advice from Community Law Otago, available by appointment. Legal advice by qualified lawyers, practical solutions. \$\scrick\$ 03 474 1922 or email reception@dclc.org.nz to make an appointment.

MEN'S PROBUS

NEV bowling club, 10am, 2nd Mon ea. month, new members welcome. **L** Peter 455 1256, **≥** peabee@ xtra.co.nz or \$\scripts Don 473 7544

MISSING PET BIRD

Young albino ringneck parrot. Pure white with a red beak and very friendly. Missing from Dalmeny St. **Q** 022 649 5606

NEED A JP?

The Valley Project offers walk-in JP services for affidavits, document certification, KiwiSaver withdrawals, immigration matters, etc. Every Sat. 11am - 1pm.

NEIGHBOURHOOD SUPPORT

Create safer, more caring communities. For info and local contacts Lavis 456 0857 or □ 027 476 6047 or email: coordinator@nsotago.nz

NEV COMMUNITY GARDEN

North East Valley Community Garden, directly behind NEV school. Pay us a visit! We meet every wknd: 1st & 2nd Sat. 9.30–12pm, 2nd & 4th Sun. 1–4pm.

NORTH DUNEDIN SHED

New members welcome. Open Wed and Sat mornings, 35 Bonnington Street, over the bridge. Find us on: • North Dunedin Shed Society Inc.

OP-SHOP VOLUNTEERS

Cat Rescue Dunedin is seeking volunteers to help in our North Rd. Charity Shop. Must commit to 3-hr shift, likely Mon. or Wed. Please call into shop Tues. mornings to speak with manager or contact Raewyn: □ raewynalexander@gmail.com

VOLUNTEERS NEEDED

CREST train at the Botanic Garden. Can you help? Volunteers needed for driving, ticketing, commentary, maintenance. 🖵 crestrides.org.nz or 🔲 Rodger 027 471 4902

WILD DALMORE RESERVE

Help us protect and restore the native biodiversity of Dalmore Reserve. We meet most Sunday afternoons. Entrance at 20 Allenby Ave, Pine Hill. Contact us through Wild Dalmore Reserve or phone/ text **Q** 021 206 3593 for info.

employment

BEDTIME SUPPORT POSITION AVAILABLE

Seeking person w/initiative to assist a young disabled man with evening routine: personal care & household tasks. Must be physically strong as transfer assistance required. 8.45-9.45pm, 4-on/4-off roster. Position based in NEV. Applications w/CV + references to **■** Tessa.Brown@ ccsDisabilityAction.org.nz

EMPLOYMENT WANTED

36yo female looking for employment between 10am and 2pm weekdays, a range of skills and experience: customer service/admin/accounts/ courier driving/dental assisting. **1** 022 649 5606

FLOWER DELIVERER NEEDED

Person required for Sat. deliveries between two florists. No experience necessary. Punctuality is paramount. Need valid driver's ID, superb communication skills, & reliable car. Contact Susan \$\scrick 03 474 9074 or Jannenne 4 03 473 9292

WORKBRIDGE

A FREE specialised service assisting work-ready people with any health conditions/learning difficulties/ injuries to find suitable employment. All aspects of vocational prep provided – CV's, cover letters, job search, interview skills, placement. Once employed, support continued 12 months more. • 0508 858 858 or visit workbridge.co.nz

fitness & health

ADULT YOGA CLASSES OPOHO SCHOOL

Fiona Johannessen is an experienced yoga teacher of all ages and levels. If you're needing time to focus on breathing and moving mindfully this might just be for you! Tuesdays 7.30 -8.30pm (school term). \$10 casual rate. All levels welcome.

Fiona:

sweetfee77@gmail.com

BALFOLK DANCE CLASSES

Nga Maara Hall, 63 North Road, Tuesdays 7–8.30pm. \$10 per class. No bookings required. Get on the mailing list for details: ■ balfolkdunedin@gmail.com ☐ Michael 021 050 5882

BELLEKNOWES GOLF CLUB

Green fees \$15 \$10/player after 4pm

Come & enjoy our fantastic 9-hole golf course on Lawson St. Spectacular views over the city. Call Secretary, Christina King **4** 03 467 9499

DUNEDIN BMX CLUB

Race night, Forrester Park BMX track, 5:30pm, Thursdays.

FOLK DANCING FOR FUN

Valley Baptist Community Centre, 270 North Road, 10-11.30am, Fridays, \$4. Syvonne 455 2406, ■ stureid1@yahoo.co.nz

INDOOR BOWLS

Play indoor bowls at the NEV Bowling Club, 139 North Rd, Thurs, 1.30pm start. La Terry Boylan 473 0049

KUNG FU

Fitness, discipline and self defence. Classes for 7–12 years Wed, 5–6pm, Sun, 3-4pm, teen & adult classes, Wed, 6–7.30pm, Sun, 4–5.30pm, Sacred Heart School, 63 North Rd. Contact Kenneth 🔲 021 0242 38 ■ Dunedin@shaolinkungfu.co.nz

MASSAGE FOR WOMEN

with Uschi Heyd. Book your session online **www.kindliving.co.nz** or call/text **U**schi 027 360 0238 Mention the Valley Voice to receive a 10% discount on your first massage.

ORTHO-BIONOMY

In pain or discomfort? Had surgery or injuries? Ortho-Bionomy is a gentle way to help you in the process of maintaining balance or accessing your resources during your recovery! For info & bookings: 🖵 juliafast.nz

PARKRUN

Free, weekly timed 5km run/walk, Sat, Botanic Gardens. Meet at café, 8am summer, 9am winter. Go to parkrun.co.nz for more info.

STEADY AS YOU GO

(Age Concern) Gentle balance and strength exercises, Valley Baptist Community Centre, 10.30am-11.30am, Mon, and Pine Hill School Library, 11am, Thur.

TANNOCK GLEN

The 3.5 acre garden of the Dunedin Rhododendron Group is situated in Torridon St, Opoho. Members of the public are invited to visit at any time. Dogs permitted on a lead.

THREE LEFT FEET

Social dance group, no experience or partners necessary. European dance

- folk and traditional, \$5 or \$7.50 per couple, Nga Maara hall, 6-7pm, Thursdays. A Marilyn 027 446 3358

YOGA IN THE VALLEY

Instructor Adair Bruce, 6-7pm, Mon & Fri, DNI designspace; 9.15-10.15am, Mon & Wed, community rooms. \$10 waged, \$8 unwaged. More info adairbruce@hotmail.com

ZEN MEDITATION

Traditional Zen for beginners and those experienced. All welcome. 7pm Thur. Quaker Rooms, 15 Park St., Dunedin North. Koha please. 6wk beginners courses through the year. 7-day retreat on Quarantine Island annually. Glenn 473 6256

for families, kids, and teens

AURORA TAMARIKI EARLY YEARS CARE AND KINDERGARTEN

Childcare for 0-5-year-olds inspired by Rudolf Steiner & Emma Pikler, offering homely rhythms, seasonal songs/stories, and natural space for children to learn and grow. Organic vegetarian kai provided. 351 Pine Hill Road. 🖵 auroratamariki.co.nz

DUNEDIN CITY TOY LIBRARY

A vibrant toy library for children from birth to 7 yrs. Huge range of toys, ride-ons, dress-ups, puzzles, games. Valley Baptist Community Centre, 270 North Rd, 3.15-4pm Wed, and 10-11.30am Sat.

DUNEDIN RUDOLF STEINER PLAYGROUP

Te Whare Ako Marie. A sanctuary for creative play for children from birth to kindergarten. A place of peace and friendship for parents. Groups meet weekly, term time. Contact us for times and days 471 2163 or dunedinsteinerplaygroup@gmail.com

FARSI LANGUAGE PLAYGROUP

For those wishing to immerse their young ones in the language. Playgroup runs fortnightly on a Sunday afternoon.

LEGO AND CRAFT CLUB

Valley kids years 6–8! Valley Baptist Community Centre on 3rd Wednesday of every month, 3-4.30pm (excl. school hols). Lowtech club is the opportunity for you to get creative w/Lego & craft. Also books to read/borrow with a Dunedin Public Library card.

MAINLY MUSIC

Leith Valley Church, Malvern St, Wednesday 10am, \$4. Contact: Fran 📞 467 9208 (Leith Valley Church Phone No) or **Q** 027 456 1188

MT CARGILL GIRLGUIDES

Pippins, brownies, guides, & ranger groups in the valley. • 0800 222 292 or **Info@girlguidingnz.org.nz** info@girlguidingnz.org.nz

NEV NORMAL SCHOOL PTA

New members always welcome. Fundraiser ideas needed to help kids and school. Meeting schedule: 20 Oct, 17 Nov, 8 Dec. ■ nevn.pta@gmail.com

NEV PLAYGROUP

For 0–5yrs, variety of experiences to enhance development of your child and meet other local young families. Free morning tea and lunch provided for adults. Please supply child's morning tea. Valley Baptist Community Centre, 270 North Rd, 9am-12pm Wed.

NORTH GAME DEV CLUB

Intermediate tamariki learn to build their own video games. Tuesdays, 3.30–5pm at the Valley Baptist Community Centre. **6** @com2tech ■ office@com2.tech □ com2.tech

OPOHO PLAYCENTRE

A nurturing play space for 0-6 yr-olds where children and their whanau attend together. Focus is on child-led learning through play. Come make friends, play, learn, and grow. Three free visits. 28A Signal Hill Road. Mon-Fri 9am–12pm following school term times. Find us on Facebook, contact us at **■** opoho@playcentre.org.nz, or **Q** 027 880 2365

OPOHO SCOUTS

Keas, 4-5pm, Tues; Cubs, 6pm-7.30pm, Thur; Scouts, 6-8pm, Wed. Opoho Scout Den.

Shane: opoho@group.scouts.nz

SPACE FOR YOU AND **YOUR BABY**

Programs run by registered ECE teachers supporting families through their 1st year with new baby. School terms, 12.30-2.30pm. Next installment is October 19. Valley Baptist Community Centre. space.valleybaptist@gmail.com **1** 021 150 9165 or

SUNDAY SCHOOL

Variety of classes with stories, crafts, songs, and more. Ages 4-18yrs, 9.30am Sun (term time only), DNI (tech area). All welcome! No charge. **Q** 020 4079 5727 or go to dunedinchristadelphians.org

TECHTIME

Primary ages 7+. Work on IT tutorials. Wednesdays, 3.30–5.30pm at the Valley Baptist Community Centre.

further education

CITIZENS ADVICE

Dunedin Citizens Advice Bureau a free confidential service for all. We can help with tenancy problems, employment issues, consumer problems & host of other issues. Rodgers House, 155 Princes St, 📞 471 6166 🖳 cab.org.nz

COGNITIVE ENHANCEMENT

Thinkit Feuerstein is a cognitive

enhancing program for individuals with learning differences. Enriching thinking and learning skills for ages 5+ to adults. Private sessions held in North East Valley/Dunedin Schools. Book Now: Tutor Kiri Scott - Certified practitioner in Feuerstein method. 🔲 021 118 9882 🖵 www.icelp.info ■ Thinkit.fie@yahoo.com

COM2TECH

A community-led group that offers a range of free classes to upskill our communities in communications technology and online safety. Wed. 10.30am-12.30pm at Valley Project or Wed. 3.30–5pm at the Valley Baptist Community Centre.

■ office@com2.tech 🖵 com2.tech **⊕** @com2tech □ 027 256 9182

INSPIRING MATHS CLASSES

Affordable creative maths classes and maths art after school at my home in North East Valley. Inspiring Maths Classes

■ Sandra.Dunedin@gmail.com

ITALIAN CLASSES

Experienced teacher, native speaker of Italian. Small groups, all levels, from absolute beginners to advanced and conversation **Q** 027 341 8312, 473 0832 ■ antonella.vecchiato@ gmail.com 🖵 italianclasses.co.nz

LEARN ENGLISH

English for daily life and work. Free and low cost courses. Please contact one of our staff at English Language Partners: 455 5266 or via email dunedin@englishlanguage.org.nz

MATHS MADE EASY

Experienced maths teacher, recently retired. Primary and secondary certified. Montessori trained. Private tutoring at your home or mine and Zoom as another option. Different strategies to help your child achieve success.

Diane 021 357 565 **■** dvalavanis@aol.com

NATIVE FRENCH TUTOR

Conversation, preparation for exams, for adults and children. Hourly rate. ☐ Sandrine 021 107 5814 or **S** sanfeillet@gmail.com French Up Your Life!

REO MĀORI

Reo Māori teaching or tutoring for adults. Groups or individuals. John Birnie: **■** johnbirnie@hotmail.com or **Q** 021 236 3765

SPANISH LESSONS

Learn Spanish in a fast and fun way. All levels and wide time availability. Luana 027 284 7836 or

□ luana.suarez26@gmail.com

housing

ROOM TO RENT NORTH RD.

Next to Blacks Rd. Grocer. \$180p/ wk unfurnished/\$190 furnished. 2bdrm house w/lounge, dining, kitchen, laundry, bthrm, shower, & 2 toilets. Heating. Pets negotiable....

Classifieds continued on next page... &

...Includes power + unlimited fibre WiFi. Available now. Text Matt on **Q** 022 697 0552

trading corner

BABYSITTER

10 years of childcare experience. Full drivers licence. Have worked with twins.

Kelly 027 697 9194

BABYSITTER

High school student available for babysitting evenings and weekends. 🛘 Laura 027 905 9911 after 4pm.

BABYSITTER IN NEV

Children of all ages. Experienced 26-year-old. Wide hourly availability. Luana 027 284 7836 or email ■ luana.suarez62@gmail.com

CAKE BAKER

Home-baked cakes large/small for your pleasure. Made to order. Price list available. 473 0159 (evenings)

COMPUTERS

I fix computers! Low rates, great service, Windows, Linux, Mac, Android. Amatt 022 048 0012

DAVE'S COMPUTER SERVICE

Troubleshooting & tuition. Low rates. Free optimisation software.

Dave 022 635 9414 or \ 03 473 9542

GARDENER

Gardener available, light weeding/ trimming, winter rose pruning. Very experienced, \$30 per hour. 473 0159 (evenings)

GARDENER/CLEANER/ HOMEHELP

I offer general household cleaning, assistance, weeding and trimming at \$30 an hour. I use my own cleaning products/gardening tools. ☐ Hannah 027 713 3094

GARDENER/LANDSCAPER

■ Backblokgardens.nz. Section clearing, tree pruning/shaping, planting, custom planters, retaining walls. **1** 021 023 44 938

HAIRDRESSER

Retired senior hairdresser providing service for seniors. Your home or mine. Dunedin North only, 4 Helen 467 9644 or **Q** 021 104 1011

JESCARGO CARPET REPAIRS

Domestic and commercial carpet repairs. No job too small. 100% local. 🔲 Jesa 022 012 1194 jescargo_carpet@outlook.com

STRAWBERRY PLANTS

Bare-rooted, white or pink flowering. \$2 each. 473 0159 (evenings)

LOCAL COMPUTER TECHNICIAN

Install, maintain, and troubleshoot hardware and software. Laser engraving services available. Contact Jeff at Control Focus **1** 021 036 9670

LOCAL HANDYMAN & LANDSCAPER

Fencing, Decks, Retaining and all types of Concrete and Paving. For a free quote contact Liam George on 🗓 027 239 0220 or 🗷 email ⊂ Lg.contracting98@gmail.com

MATURE BABYSITTER

I'm a mother with grown-up children, (full driver's licence) now available for babysitting. Minimum of three hours and also able to help with homework! Pauline 027 717 0282

OH PEONY PHOTOGRAPHY

At your location or in studio. Portraits, engagement, maternity, child milestone, cake smash, newborn. Products, social media, personal branding, conceptual, etc. heidi.ohpeonyphoto@gmail.com

ohpeonyphoto.mypixieset.com/

ROHDE DECORATOR

Interior/exterior. New and existing. Painting and decorating. Trade qualified and experienced. Rohdiepaint@gmail.com **1** 021 083 48207

SCRAP METAL COLLECTION

Seeking your scrap metal you have rusting away or cluttering up the shed, etc. Can do small to medium size loads. T: 027 206 1725

Local business specialising in custom resin accessories and home decor the perfect treat for yourself or a gift for a loved one. Find Sea Bloom on Facebook or Instagram, or here: seabloomnz.company.site

TOP SOIL WANTED

Top soil wanted for the North East Valley Community Garden. Any to give away? Janice 4 03 473 7076 or **1** 027 674 7788

VENUS FLY TRAPS

Large caliber plants. Five times as big as those sold by the shops and are \$4.00 cheaper. Growing instructions included. \$10. • Pat 473 0159 (PM)

WILDWOOD FLOWERS

Now accepting orders for bunches of beautiful, seasonal garden flowers. \$45 delivered weekly from September 5. Robyn 🔲 021 178 2855

YOUTHGROW GARDEN CENTRE

Garden Centre at 146 Norwood St. Fruit trees, native plants, vegie seedlings, herbs, peastraw, compost and more! We also take Nespresso pods for recycling and have coffee chaff to give away (it's free!) - great for compost. **Q** 021 508 075

church services

ANGLICAN: ST MARTIN'S 194 North Rd, 10.30am

GLENAVEN METHODIST 7 Chambers St, 11am

LEITH VALLEY PRESBYTERIAN

George St. Normal School Hall, 10am

NEV PRESBYTERIAN

Community rooms, 9.30am, 1st, 3rd, & 4th Sundays, cafe service, contact Shona McDonald: 453 0145

OPOHO PRESBYTERIAN

50 Signal Hill Rd, 10am

PACIFIC ISLAND PRESBYTERIAN

160 North Rd. English, 11am on 1st, 2nd, and 3rd Sundays; Cook Island 9.30am; Samoan 11am, 4th and 5th Sundays

SACRED HEART CATHOLIC

89 North Rd, Mass 9.30am

SALVATION ARMY

43 North Rd, community worker only, Mark O'Donnell

INTERESTED IN ADVERTISING WITH CLASSIFIEDS?







To add or update a listing please email voice@northeastvalley.org before the 15th of the month.

Koha is appreciated, but not essential, for classifieds.

If you would like to make a donation, the Valley Project bank account number is 03-1726-0005606-000 Reference: VVDonation





for WOMEN with Uschi Heyd

- ♦ Myofascial Release
- **♦** Orthobionomy
- ♦ Swedish Massage



kindliving.co.nz 027 360 0238

Invest with confidence

lyn.howe@forsythbarr.co.nz (03) 477 7464 | forsythbarr.co.nz

Lyn Howe,

Investment

Adviser

FORSYTH BARR

All Saints' **Fruit & Veges** NFP

affordable produce packs for locals provided weekly \$4 - \$14

www.allsaintsdn.org.nz

TIPPLER'S **Bar & Cafe**

Your friendly neighborhood bar

- ★ Happy hour everyday 4-6pm
- ★ Self-service TAB
 - * Pokies
 - **★ ATM**

11B North Road 473 1795



DARLING REALTY

- RESIDENTIAL
- COMMERCIAL
- BUSINESS
- INVESTMENT
- PROPERTY MANAGEMENT

Call the team today 473-1721 **DARLING REALTY.CO.NZ**

Dunedin Electric Bikes

Valley Community Workspace 11 Allen Street, North East Valley

Sat, Sun, & Tue: 9am - 2pm Mon & Fri: 9am - 4pm

Phone Nathan: 027 214 8294









WAITATI MUSIC FESTIVAL RETURNS

The 10th Waitati Music Festival will run from 11am-11pm on the 5th November 2022 at Bland Park, Almond St. Waitati.

If you have not yet been to the Waitati Music Festival, here are some of the features:

The Main Stage with live bands - this year we have Pitch Black, Raw Collective, and Soul Kitchen as the headline acts and they are joined by local legends Tahu and the Takahes, Julian Temple Band, Skull Dubbery, and more.

The Mini-Rave - a dance party in a marquee with DJs playing a wide range of music genre. Inertia are a Drum & Bass duo who have been wow-ing dance floors with their own music and four-deck wizardry. Other superstar DJs will also play jungle, acid techno, liquid drum & bass, house, funk, breaks, and reggae. Come early and dance all day!

The Poet Pallet - our second live music stage will host more alternative music like punk, rock, and indie, and between these bands on another small stage you will hear rappers and poets.

Along with the THREE stages are multiple art installations. Two spray art crews will battle for supremacy! Throughout the day, each crew will create art on canvases hung between the rugby goal posts of Bland Park. You will be the judge! Interactive art installations will allow you to create or tinker or play and aim to intrigue and inspire you.

For families with young children the kidzone is a fantastic place to be. All activities are FREE and multiple crafty workshops are on offer - paint on a vehicle, make a mural, create things for the giant parade, and more!

We have been busy writing grant applications so we can keep the ticket costs low! We're grateful to the Dunedin City Council, Waikouiti Coastal Community Board, Otago Community Trust, Communities Organisation Grant Scheme, and Creative Communities New Zealand for their support in this community event.

Tickets available from Cosmic Corner or cosmicticketing.co.nz (\$35) or at the gate (\$50, unless sold out prior). Children aged 14 and under are FREE but must be supervised by an adult at all times.

Please come support this not-forprofit, fun community event!

-- Katie Peppercorn

See the poster for full line up or check out the website and facebook page:











A BIDDING FOR A BOISTEROUS BOUT AT BETHUNES

Kia ora! My name is Bethunes Gully. You can call me Bethunes. I live up the end of North East Valley by the base of Mount Cargill. Many people know me as one of the wonderful green spaces of Dunedin. I'm also known for my stunning bird life. I have a couple of barbecues, a playground, some mountain bike tracks, and a beautiful bush trail that winds its way up to the summit of Mount Cargill.

My greatest claim to fame, however, is that I am the host of Crush the Cargill. Towards the end of the year the strange ritual of Crush the Cargill 24-Hour Challenge sets up basecamp on my lawn. A large number of wonderful and whacky individuals from all over the country come and camp and spend 24 hours going up and down my beautiful trail to visit the trig of Mt Cargill.

Over the years, I've listened to a few of these people discuss the reasons for why they turn up and put themselves through what sounds like some form of medieval torture. Some do it for the fun (believe it or not). Some do it to be part of the community. Some do it to give support for the Valley Project (they all contribute a koha to the organisation). Some do it to give their canine buddy a good workout – the Canine Crusher Challenge is one of the race categories. Some do it for the challenge.

The current 'world record' is 18 times up and down Mt Cargill

within 24 hours (154km) and was set by Chris Bisley in 2000. That's out of reach of most of the mere mortals that turn up, but personal goals can also be set: one 'lap' is 8.5km, a marathon is five laps, and six laps is just over 50km. For many fit walkers this is achievable in 24 hours, followed with a few good hours rest on the couches at my basecamp.

This year Crush the Cargill begins on November 19th at 10am sharp. Anyone is welcome. I like to be as inclusive as possible. In the past we have had prizes for old people, fast people, dogs, unborn children, people carrying kayaks, and people with broken bones. There will be coffee supplied by Grid Coffee Roasters, comfy furniture, a BBQ, music, and some shelter if required – usually we plan a nice warm sunny day so it's not required.

Come along! You don't need to be an athlete or even that fit. Walk one lap or 18, it's up to you. Koha entry goes to the Valley Project. -- Ngā mihi, Bethunes Gully

19-20 November, 10am-10am givealittle.co.nz/fundraiser/crush-the-cargill-24-hour-challenge









Online shopping now available at Gardens

