

connecting our community whiria te taura tangata

your local newsletter published by the Valley Project • November 2017

Warm & dry with Ruby



The next Valley icon? Rorie White celebrates the arrival of his new motorscooter, already nick-named Ruby, as he arrives, warm and dry, at his new job as receptionist at the Valley Project.

NORTH East Valley resident Rorie White's new, fully enclosed electric mobile scooter provides vital shelter.

Rorie, who has cerebral palsy, took possession of 'Ruby' – already dubbed his new 'car' – last month. He can now ride to work, visit family and friends, and go to sport warm and dry.

Rorie, 24, beamed when he gave the *Valley Voice* a tour of his new wheels. The scooter has a radio, a heater and goes a maximum of 15km/hr. It plugs straight into the wall, he says.

A scooter is Rorie's only mode of transport, and he had been all over Dunedin on his old, traditional uncovered scooter, in all weathers. "It would take me an hour and a half to go down to Cargill's Corner."

Rorie's mother Penny White said he was very independent as a child and still is. "His old red scooter, he loaded up with wood one time and took it back to his flat." The new scooter has reinforced his independence and ensures that he is warm and protected, she says.

A \$10,000 Lotteries Commission grant enabled the purchase of the new scooter. The grant application was put together by Supported Living coordinator Robin Versteeg and CCS Disability Action Otago vocational and transition coordinator Paul Arnott.

Paul says that until about two years ago Rorie was entirely reliant on taxis which, even with the 50% subsidy, were still expensive.

Without a mobility scooter Rorie could not get out in the fresh air, or even cross the road to say hi to his friends. The all-weather scooter now means he can reliably get to work every day, Paul says.

Rorie says the new scooter "means a lot".—Julie Howard, Valley Voice volunteer reporter



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Thank you to funders

EARLY IN 2016 the Valley Project's funding relationship with the Department of Internal Affairs came to an end. This has meant we have been building new relation-

ships with funders across the region.

We want to say a huge thank you to these funding organisations who have recognised the valuable contribution we are making in our community and want to see this work continue. Our thanks for their generous contributions to our work in 2017 goes to:

- Lotteries Community, \$20,000 towards our Community Development Coordinator role
- United Way, \$6,000 towards operating costs
- The Synod of Southland and Otago, \$5,000 for the Community Development Coordinator role
- The Sargood Bequest, \$5,000 for Love the Lindsay activities
- The Otago Community Trust, a \$4,000 contribution towards the costs of the Valley Voice
 - DCC Community Grants, \$2,500, for the Community Development Coordinator role
 - COGS Community Organisation Grant Scheme, \$1,000 towards operating costs
 - Quaker Local Peace Grants, \$1000 for Community Dinners during 2018

We also manage a significant grant from Curious Minds and the Otago Museum for the Open Valley Urban Ecosanctuary Project (\$20,000)

The DCC Puaka Matariki Fund and Public Health South supported our Matariki Huka Nui in 2017 with grants of \$500 each.

The OCT Capability Fund and the DCC supported our "Sharing our Learning" project that has seen us tell some of the Valley Project's story through a series of workshops to help other communities and organisations benefit from our learning.

We are also very grateful for the continued support of Dunedin North Rotary for continued sponsorship of community needs when asked. The Inch Bar and Antidote Pharmacy generously sponsored CreekFest 2017, and the Gardens New World often give generously to our community events.

Thank you to all these funders and supporters for their commitment to the vision of a connected Valley community.—*The Valley Project governance board, staff and on behalf of our Valley community and many volunteers*

Join the CreekFest 2018 team for fun and friendship

Engage your community spirit and come join our CreekFest team for next year. We can promise you lots of fun, feel-good vibes and a great group of people to work with.

Planning for CreekFest 2018 is underway. Would you like to be part of the organising team of this awesome community event?

CreekFest is all about celebrating Lindsay Creek and our sense of community. It is both a music festival

and an education expo involving over 20 community groups and schools. This celebration is pulled together by a team of community people and we have a lot of fun doing it.

The event is scheduled for March 2018 and organising will get into full swing this month. If you would like to join the team please email Anna at anna@northeastvalley.org—Anna Parker, Valley Project community coordinator

Valley Project office hours: Tuesday–Friday, 9am–4pm, closed Mondays and school holidays

The Valley Project is a registered charitable organisation If you like what we do you can donate at www.givealittle.co.nz/northeastvalley

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Opinions expressed in the articles are those of the authors and not necessarily shared by the editor, or any member of the Valley Project team. Submitted articles may be edited at editor's discretion.

First kaka arrives in the valley

NORTH EAST Valley, Dunedin's 'hip' suburb, is about to get lots more attention.

A two-storey piece of street art featuring a kaka makes a spectacular entry to the valley.

Northern Artery has been talking about a similar project for years, says spokeswoman Clare Adams, but as with all public art, nothing seemed to be straightforward. "We lost artists and then buildings but finally the stars aligned." Northern Artery contacted building owner Gary

Shields to ask if he would consider his building as a canvas – totally unaware was already trying to find <image>

Northern Artery members, from left, Clare Adams, Marion O'Kane and Sue Marshall share their excitement with artist Deow Owen as the new kaka mural takes shape.

an artist to decorate the building. Northern Artery thought the property at 72 North Rd had both a clear wall and great street appeal. Gary jumped at the opportunity and a partnership was formed.

Even so, it has taken over a year to finally confirm the artist and a design that represents the Valley. The Open Valley Urban Ecosantuary project influenced artist Deow's design and it immediately became the firm favourite for Artery members. After gaining council consent, the wait is finally over. Funding for the project has come from several sources, most notably Northern Artery through its many events, craft markets and cabarets; the Valley Project; the Dunedin City Council; and building owner Gary Shields. *—Sue Marshall*

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Mural a visual taonga for school and valley

THE ENTHUSIASM and skills of Sacred Heart School pupils, which included waving covered tennis rackets around, all helped to bring the school's new mural to completion. A recent thanksgiving ceremony saw the youngest pupil cut the ribbon to officially 'open' the mural, follwoed by waiata and afternoon tea.

School principal Paul Richardson says the mural is a visual taonga and contains many things that are special about the school and the Valley environment.

The mural came about after entering a Keep New Zealand Beautiful competition in which their design won the national competition. Some fantastic guidance and advice from Resene helped to get the wall prepped and primed. As the chosen wall is in a shady spot, contending with the cold, wet months was possibly the greatest challenge of all.



Sacred Heart School pupils celebrate their new mural.

The often cold Valley mornings sometimes lingered for the day, and many resources were utilised trying to keep the painting going, including waving covered tennis rackets around trying to move the air so the paint might dry.

A huge amount of time and talent went into the mural, so thank you from the school to all who were involved, a special thanks to artist Ruan Barton who was the creative force behind it, and thank you to Keep New Zealand Beautiful and Resene for this brilliant opportunity.—*Emmeline Kendrick*

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More freedom for teachers in past



North East Valley Normal School deputy principal Cheryl Staynes, who will retire at the end of the school year, reads a story with pupils, from left, Molly Bisley (7), Maggie Longdell (6), Ty Murphy (7), Tane Marshall (6) and Stella Ross (7).

CHILDREN'S SMILES are what Cheryl Staynes will miss the most when she retires after 25 years with North East Valley Normal School. "Even those days when you arrive at school feeling a bit down, as soon as you see those smiling faces they brighten you up."

The deputy principal, who has been in teaching for 44 years, says there have been a few changes in education during that time. "When I was first teaching there was a lot more freedom."

If an event was happening, such as a house being taken up Baldwin St, the whole class just went along to watch. "You didn't worry about what you had planned for the rest of day. The kids were talking about building, trucks going up hills, and we were learning about energy and force."

Today's emphasis on getting through the curriculum ties teachers down more, she believes. "There is a lot more paperwork in teaching these days."

One thing that hasn't changed, however, is the children. "Kids are kids, but it's what they do in their spare time that changes."

While society has altered, she says, she is a little sad that children don't have the same freedom for active play in the neighbourhood, or to simply "lie in the grass and eat an apple", as opposed to the organised after-school activities of today's world.

After 25 years at North East Valley Normal School she is starting to see some of the children she taught at the very beginning coming back as parents at the school.

"Their parents are coming back as grandparents, so I have worked with three generations. They say to me, 'Are you still here, Mrs Staynes?!"

During that time the school has become more of a community school, she says. The community gardens and the community rooms mean there are a lot more people interacting with the school.

In her retirement Cheryl is looking forward to travelling, spending more time in the Maniototo and catching up with friends.

One thing she won't miss is getting up at 6am on school days!

—Edith Leigh, Valley Voice editor

Kōrero with our Upoko

The Valley Project and friends farewell Upoko David Ellison this month.

He is leaving the Valley to go and live with his daughter in the north. David has been very supportive of the Valley Project during his time here and was instrumental in the project to create our treasured tuku tuku panel which greets visitors in the entrance to our community rooms.

All welcome to come and join us for a morning tea at 10am on Tuesday 14 November at the community rooms.



Facebook 101 for business workshop

DO YOU have a Facebook page for your business but feel like it's going nowhere? Are you stuck for ideas on what to post? Do you have to boost posts all the time to get the reach you want?

Our Valley Voice editor Edith Leigh will be sharing her knowledge and skills about how to run a successful Facebook page.

The workshop will cover what, when and how to post, why the Facebook algorithm is actually your friend and how to stalk

your competition without them knowing. This workshop follows on from our recent Be-Community Led workshop at which our talk on social media was a highlight for many attendees.

We have adapted it specifically for business. Head to the Valley Project Facebook page for the Eventbrite link to book your place. The cost is \$75/person. The workshop will be from 7–9pm on Thursday 16 November at the community rooms.



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Valley tech girls are superheroes

SOLVING REAL-world problems for girls is at the heart of the app created by valley residents Iris Gallagher (11) and Neva Bertram (11).

The young innovators met at Hatch Education and worked with their mentor, Phillipa Dick, to create an app called G.I.R.L.S. – Girls in Real Life Situations.

The app is a portal to information "so girls can learn about how to deal with their problems by finding websites and information that can help them," says Iris.

G.I.R.L.S. was entered into the 2017 Search for the Next Tech Girl Superhero Competition. Over 1000 girls took part in the Australasian competition including 50 New Zealand teams (69 primary and 61

secondary entrants). Iris and Neva were thrilled to be chosen as finalists.

The pair recently attended the inaugural New Zealand showcase at Xero in Wellington, where they shared their work with other delegates, met Anna Divoli (aka Euresi), a representative of the Tech Girl Movement, and heard from several young people at Xero about their pathway into technology.



Sacred Heart School pupil Iris Gallagher demonstrates an app created by her and Neva Bertram to a member of the Xero team at the Tech Girl Superhero competition.

These two Dunedin Tech Girls are now ambassadors for 2018. They plan to continue working on the app and will submit it to Technovation, an international technology competition for girls.

Iris and Neva are both excited about futures in technology, where they may be able to make a difference in people's lives.

School fair will tempt tastebuds and keep children entertained

ОРОНО SCHOOL extends a warm welcome to our community and beyond to join us for our biennial school

fair this

month.



Our fair will be especially environmentally friendly. Come along with your reusable shopping bags and fill them with bargains!

Clothes, books, toys, crafts and plants will all be on offer. Enjoy a delicious lunch at our 'cafe'. We will have beautiful salads, nourishing kai, tea and awesome coffee. We are thrilled to have many of our families selling food dishes that are special to their culture, so be sure to turn up hungry. There will be something to suit everyone's tastebuds.

The children will have a great time on the bouncy castle, pony rides, challenges designed by our pupils and many more fun activities. We look forward to seeing you at 96 Signal Hill Road, between 11am on 2pm on Saturday 11 November. -Lucy Marr

Advent service

Each year Opoho Church has an afternoon Advent service followed by afternoon tea for the local community.

This year's service is on Wednesday 22 November, 2pm at 50 Signal Hill Rd. Everyone is most welcome.

Come with your neighbours and friends and share in the joy and hope that the birth of Jesus brings to our Christmas story.— Rev Margaret Garland, Opoho Presbyterian Church minister

SPACES AVAILABLE

Islington Early Childhood Centre currently has a few spaces available for children over two and a half. Contact Shirley on 473 7490 if you interested.

E Lizards welcome here



Opoho School's papakāinga 8 celebrate the installation of their new lizard garden which was the culmination of a class project to research what habitat and plants lizards enjoy.

WHEN A backyard biodiversity survey revealed no lizards living in the Opoho School grounds, papakāinga (room) 8 was determined to do something about it.

This year they celebrated installing their own lizard garden at the school. The class researched the type of habitat lizards enjoy living in and what they like to eat.

The garden features rocks, which give lizards places to hide, and rotten logs to provide bugs for them to eat.

Pupil Ngaio Parker (7) says she really enjoyed

going to Ribbonwood Nurseries to choose the plants for their garden. They planted coprosma bushes as lizards particularly enjoy eating the berries and help to spread seeds, and tussocks, which provide protection.

Pupil Salma Johannessen (8) says a lot of thought went into where to put the lizard garden. "We chose the sunniest spot and the safest spot" – safe from both children running through and predators in the school gardens. Now the class is just looking forward to some lizards moving in.—*Edith Leigh*

New lease of life for fruit trees after fire

DIGGING FOR treasure inspired Marion McMullan (5) to help her father Sam dig up two fruit trees during the September school holidays.

Sam McMullan said the remains of a pear and a Sturmer apple tree standing on his former neighbour's property on North Rd had caught his eye. The section had been the scene of a house fire earlier in the year, and had since been sold. He decided to find out who the new owners were and wrote a letter asking if he could have the trees. The owners gifted the trees to his family, so he enlisted friends and family to help dig them up and lug them across the road to their new home. Sam says his daughter spent about half an hour digging out the apple tree. Marion says it was hard trying to dig through the dirt.—Julie Howard, Valley Voice volunteer reporter



Marion McMullan helps her father Sam replant fruit trees from a North Rd property that was the scene of a house fire earlier this year.

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Community constable Brendan Thomson

role at North Dunedin recently, I assist-

Zealand Police College instructing new recruits with their two weeks of firearms

It was a step back in time for me, having been a tactical in-

prior to moving into my community role in North Dunedin.

I found it incredibly satisfying work to take a group of 20 young, and a few not so young, male and female trainees and gualify them both in firearms used by police as well the tactical application of them.

As you would expect, a high bench mark is set for these people to qualify in all aspects of their 16-week course, with the firearms segment no exception.

If you, or a family member, have an interest in joining the New Zealand Police, search the official website or call 0800 NEW COPS. With Christmas just around the corner, here are a few tips around both personal and home safety for the festive season.

Make no mistake, the criminally minded love

Visiting service

AGE CONCERN is reaching out to people aged 65 years and older who live in North Dunedin who might be feeling lonely, socially isolated or disconnected from their community. Age Concern has volunteer visitors waiting to be introduced to someone. Their visiting service is a free and confidential service for people aged 65 years and over.

No one should feel alone. Our aim is to fill that void for you by introducing you to one of our friendly volunteer visitors. We ask our visitors to pop in on a weekly basis for friendship and companionship. If this is a service that may be of interest to you then feel free to contact Tristan Kavanagh on

tristan@ageconcernotago.co.nz

479 3058 or email

Don't make crime easy

them stolen.

STEPPING AWAY from my

ed at the Royal New training.

structor for 16 years

to increase over this period as well. Take responsibility not only for yourselves but your friends as well, especially if they are nearing

the point of committing an offence. I am constantly seeing otherwise good people who are heavily affected by alcohol ending up in the police cells due to carrying out some act of stupidity. Remember also, if you are driving a motor vehicle and are under 20 years of age,

place.

the alcohol limit is zero. For those over the age of 20, 250 micrograms per litre of breath is the legal limit, with anything over that penalised with a \$200 infringe-

this time of year, so let's not make their job easier. Don't leave expensive items of property

lying around the front yard in easy view from

If you are heading away, have a neighbour

park a vehicle in the driveway. Making the

toward preventing property crimes taking

clear the mail box, put washing on the line or

empty house looked 'lived in' goes a long way

On a more personal note, social drinking tends

the street as it is basically an invitation to have

ment and 50 demerit points. An evidential breath test in excess of 400 micrograms will result in a court appearance.

Be alert on our roads, stay safe and look after one another in the community. -Brendan Thomson, North Dunedin community constable

Friendships and fun reward for volunteering

MAKE A difference in peoples' lives by volunteering at Ross Home.

The residential home for older people needs volunteers to help out with serving meals and clearing up afterwards.

Presbyterian Support Otago fundraising and volunteer coordinator Michelle Gerwitz says the role is an opportunity to work closely with people who are very grateful.

"It's a great way to meet people. We have had volunteers become very good friends with people and even end up going away on holiday together. It's a lot of fun at Ross Home."

It is also a great opportunity for young people looking for work experience to add to their CV.

If you can help out - even for one day a month - at 10.15am, 3pm or 5.30pm, we would love to hear from you, says Michelle. Contact her for more information on michelleg@potago.org.nz or phone 477 7115.

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Coffee skills for young people

AN OPPORTUNITY for young people to come and learn barista skills will see the Tinker School join with local café, Grid Coffee, after the idea was floated at the Valley Project's Dragon's Den event.

Grid Coffee co-owner and coffee roaster Gavin Mockford says good barista's are "really hard to find".

While the idea is still in the planning stages, he envisages teaching young people not just how to make coffee, but how coffee is roasted and how to maintain an espresso machine. This could even be followed up with work experience in the café, he says. Tinker School founder Andrew Bowen says he envisages the coffee training running alongside a repair café, which will offer an environment of knowledgeable people who can fix, mend and repair things.

The pair are looking for expressions of interest from young people aged 16 years or

older, who would be interested in learning coffee skills and gaining basic barista qualifications. They will also need people who can tinker really well for the repair café. Contact Andrew on 021 982 216 or andrew.kidzink@gmail.com to register your interest.



Grid Coffee co-owner Gavin Mockford discusses the finer points of coffee making with Tinker School founder Andrew Bowen.

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- avid.clark@parliament.gov

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Workspace news

THE LONG-AWAITED repairs to the back wall of the Valley Community Workspace are almost complete and tenants are looking forward to being able to use the space fully in the not-too-distant future. It has been a bit cramped and difficult to hold workshops while the construction work has been underway.

Despite the challenges, a lot has been happening at our workspace at 11 Allen St. Weaver Christine Keller has begun her spring classes at the Loom Room. Tim Bishop has been supplying Logan Park High School students with electronics for measuring humidity and temperature. Nathan Parker and Peter McDonald have been running bike clinics at Otago Polytechnic to promote both electric and conventional bikes and help students and staff with basic repairs and maintenance. Now that spring is here, it's a good time to be thinking of biking – it's such an inexpensive, convenient way to get around.

Come and check out the electric bikes, or give your bike a tune-up at our bike workshop, which is open on Tuesday afternoons and Saturday mornings. There are plenty of pre-loved kids' bikes available for a koha as well.—*Kristin Bracey*

Shed members keen to take on new projects



THE NORTH Dunedin Shed has just completed two community projects, and is on the look-out for more projects that will help out community organisations. The North East Valley Baptist Church has some new garden tables for their outdoor area. New garden beds have also been installed at Abbeyfield House in Wakari.

If any community organisations need projects built in our workshop, we are very happy to talk to them about this.

We are now on Facebook so give us a like or a follow. Just search for North Dunedin Shed. We would love you to join our online conversations.—*Paul Nelson, North Dunedin Shed member*





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Otago Community

Innovators:

CAPTURING THE ASSETS & TALENTS OF OTAGO COMMUNITIES

A one day workshop for community people to explore community innovation, assets, enterprise, and capacity building through relationship. No cost involved & lunch is provided.



Date: Friday 24th November 2017 Time: 9.30am to 4.00pm

Manager: Vodafone Foundation

Keynote Speaker: Lani Evans

Venue: Edgar Centre

Registration Essential: https://goo.gl/forms/e9CBIV2QOtdoObEl2 More Information: Contact Carol - 0800 10 12 40 Or visit - www.dunedincommunitybuilders.org



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church services

Salvation Army, 43 North Rd, community worker only, Mark O'Donnell Sacred Heart Catholic, 89 North Rd, Mass 9.30am

Glenaven Methodist, 7 Chambers St, 11am

Pacific Island Presbyterian, 160 North Rd, English 11am on 1st, 2nd and 3rd Sundays; Cook Island 9.30am; Samoan 11am, 4th and 5th Sundays **Anglican: St Martin's**, 194 North Rd, 10.45am

St Thomas', Raleigh St and Pine Hill Rd, children & family service, 4.30pm, 3rd Sunday

Opoho Presbyterian, 50 Signal Hill Rd, 10am

NEV Presbyterian, Valley Project community rooms, café style, 9.30am 1st, 3rd & 4th Sundays, 2nd Sunday in home 'Blue Lagoon' Church, cnr James St & North Rd

St Mark's Presbyterian, 304 Pine Hill Rd, 10am **NEV Baptist**, 270 North Road, 10.30am.



for families, kids & teens

ATHLETICS & HARRIERS

Children 3–6yrs and 7+yrs, Chingford Park Clubrooms, 5.30–6.45pm, Mon, and Caledonian grounds, Sat morn. www.leithharriers.co.nz

CHINESE FOR KIWIS

Bear Cats Club and Chinese ABC playgroups for children to learn Chinese. Tues, 3.30–4.30pm, Pine Hill School, 11 Hislop St. Ph 021 589 075 or www.chineseforkiwis.co.nz

DUNEDIN TOY LIBRARY

A vibrant toy library for children from birth to 7 years. Huge range of toys, ride-ons, dress ups, puzzles, games. St Martin's Hall, Northumberland St, 10–11am Wed, and 10–11.30am Sat.

GIRLS BRIGADE

Dunedin Girls Brigade Company, all girls, from age 5 up welcome. 6– 7.30pm, Wed, St Marks Presbyterian Church Hall, 304 Pine Hill Rd.

MINI MUSIC GROUP

Preschool music and movement session, 9.15–9.45am, Mon, Nga Maara Hall, Sacred Heart School, school terms, gold coin. All welcome.

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Pippins, brownies, guides and ranger groups in the valley. Ph. 0800 222 292 or info@girlguiding.org.nz

OPOHO PLAYCENTRE

Sessions for 0–6 year olds, 9am-noon, Mon–Fri, school terms, 28A Signal Hill Rd. Visitors welcome. For more info ph. 473 0819 or email opoho.playcentre@yahoo.com

ороно scouts

Keas, 5.30pm–6.30pm, Tues; Cubs, 6pm–7.30pm, Thur; Scouts, 7pm– 8.30pm, Wed. Opoho Scout Den, Ph. Kevin 0800 SCOUTS.

PLAYGROUP

Leith Valley Church, Malvern St, 10am–noon, school terms. Ph. Julia 027 635 8181.

PRESCHOOL MUSIC

At Opoho School, 9am–9.30am, Fri, during school term, Room 3, gold coin, drop in, Ph. 473 8019.

SPACE PROGRAMME

Programme to support new parents through first year of child's development (Supporting Parents Alongside Children's Education). Valley Baptist Church. Contact Amy on 473 0014 or space.valleybaptist@gmail.com

NEV PLAYGROUP

Come along with your children 0–4 years, Baptist Hall, 270 North Rd, 9am–3pm, Tue, Wed. Ph Michael 473 0572.

SUNDAY SCHOOL

Variety of classes with stories, crafts, songs and more. Ages 4–18, 9.30am Sun mornings (term time only), DNI (tech area). All welcome, no charge. Ph. 020 4079 5727 or www.dunedinchristadelphians.org

RUDOLF STEINER

Dunedin Rudolf Steiner playgroups, Te Whare Ako Marie, Pinehill and Maia. A sanctuary of creative play for children from birth to kindergarten and a place of peace and friendship for parents. Groups meet weekly, term time. For more info contact 471 2163 or dunedinsteinerplaygroup@gmail.com

YOUNG PARENTS

Young Parents Group Te Roopuu Maatua Maahuri, where young parents come together to share and support each other. For parents who had their first child before 26 years. Children welcome. 1–2.30pm, Thurs, community rooms. Ph. Susan 021 550 737.

TINKER SCHOOL

Afterschool courses, Mon-Fri, 3–5.30pm, 347 North Rd. Ph Andrew 021 982 216.

fitness & health

CONTRA DANCE

7.30pm, Mon, \$3, 52 Dundas St. Ph. 473 8640 for more information.

DUNEDIN ACROYOGA

Combining acrobatics and yoga, no partner needed. Beginners classes available. 6–9pm, Tue, Opoho Presbyterian Church, 50 Signal Hill Rd. Facebook or email jooske@gmail.com

DUNEDIN BMX CLUB

Race night, Forrester Park BMX track, 6pm, Thur.

FOLK DANCING FOR FUN

Baptist Church, 270 North Rd, 10am-11.30am, Fri, \$3. Ph Yvonne 455 2406, stureid1@yahoo.co.nz

LEARN TAEKWONDO

Korean martial art, supportive environment. Training Mon, Thur, Pine Hill School hall, 6pm–7.30pm. Beginners' class 5.30–6.15pm; seniors' class 6.30pm onwards. For more details and to register email dunedinolympic tkd@hotmail.co.nz

MEDITATION

Meditation and mindfulness afternoon workshop every two weeks, ph 021 035 2392, www.meditatenz.com

NAKAJIMA JUDO CLUB.

Weekly evening class for all levels and ages. Ph. Keri 021 027 93683.

Classifieds and community notices (for non-profits)



Ph Nathan Parker 027 214 8294 or

QIGONG

Classes in Yuan Gong, Ans 027 756 8383, yuangongdunedin@gmail.com Jay 027 584 4537, www.bodymindqi.com

PARKRUN

A free, weekly timed 5km run/walk, Sat, Botanic Gardens. Meet at café, 8am summer, 9am winter. Go to parkrun.co.nz for more info and to register & get your personal barcode.

SPAN NEV

Stretch'n' flex, low-impact exercise, fun and friendship, community rooms, 262 North Rd, 10am–11am, Tue, over-65s, \$4. Ph 4739311.

SPORTS AEROBICS

Competitive aerobics and casual fitness classes. No previous experience required. Training held at DNI Fri and Sun. Working towards NZCAF regionals next August. Contact Rebecca rebeccafishernz@yahoo.co.nz

STEADY AS YOU GO

(Age Concern) Gentle balance and strength exercises, NEV Baptist Church, 10.30am–11.30am, Mon, and Pine Hill School Library, 11am, Thur.

TANNOCK GLEN

The 3.5acre garden of the Dunedin Rhododendron Group is situated in Torridon St, Opoho. Members of the public are invited to visit at any time. Dogs permitted on a lead.

THREE LEFT FEET

Social dance group, no experience or partners necessary. European dance – folk and traditional, \$5 or \$7.50/ couple, Nga Maara hall, 6pm–7pm, Thu. Ph. Marilyn 473 7829.

YOGA IN THE VALLEY

Instructor Adair Bruce, 6–7pm, Mon-Fri, DNI designspace; 9.15–10.15am, Mon, Wed, community rooms. \$10 waged, \$8 unwaged, for more info contact adairbruce@hotmail.com

further education

COMPUTER CLASS

A free class to learn how to use computers, 10am-noon, Weds, community rooms.

FREE LITERACY COURSE

For more information contact Ana & Marg at Literacy Aotearoa, 477 2055.

Want health, wellbeing and relaxation?

Yuan Gong Qigong exercises are easy to learn, effective & enjoyable

All welcome

LEARN ITALIAN

Planning a trip to Italy this year? Fun, communicative lessons Ph. Samantha 021 0831 8408.

INDOOR BOWLS

Play indoor bowls at the NEV Bowing Club, 139 North Rd, Thurs, 1.30pm start. Ph. Jack for more info 473 9565.

ITALIAN CLASSES

Exp teacher, native speaker of Italian ph Antonella 027 341 8312, antonella.vecchiato@gmail.com,

LEARN ENGLISH

English for daily life and work. Free and low cost courses. Contact Tamara or Felicity at English Language Partners 455 5266,

dunedin@englishlanguage.org.nz

SEA OF FAITH

St Johns Church Hall (cnr Wright St and Highgate), 6–7.30pm, fourth Thur each month. Enquiries ph. 473 0031.

art, craft & music

ART TARDIS @ THE GRID

Coffeehouse featuring 'Mud Diamond' by Elise Johnston

ART CLASSES

For all levels, casual attendance welcome, tutor Anneloes Douglas, community rooms, 10am–noon, Thur and 6pm–8pm, Fri. Ph 027 307 7034, 467 9993, anneloes.douglas@xtra.co.nz

ART CLASSES

Continuous class, newcomers welcome, 1–3pm, Wed, community rooms; 1–3pm, Thurs, St Peter's Church Hall, Caversham; 7–9pm, Thurs, Logan Park High School, \$15 per session. Ph Friederike 482 2025.

KNITTING SQUAD

BYO knitting or crocheting, or come & learn, community rooms, 1pm–3pm, Wed. Ph Marjory 473 7751.

ART FIBRE DUNEDIN

Bring lunch and requirements, 10am– 3pm, second Sun each month, community rooms, Ph Viv 473 0343, www.artfibredunedin.blogspot.com.

DUNEDIN FIDDLE CLUB

Community rooms, 7.30pm, Wed.

SOUNDS NOR'EASTERLY

Do you enjoy singing with a group? Why not join your local community choir? All ages and abilities welcome. DNI design lobby every Tues, 7.30– 8.45pm. Email Clare for more info clare-n-don@clear.net.nz

VALLEY BLUEGRASS JAM

Monthly jam session at the Normanby Bistro. All welcome to listen or participate, 2pm Sunday 15th October

community groups

BIBLE HOUR

Friendly small group Bible learning over morning tea, Sun, 9.30am, DNI (tech area) during school terms. All welcome, free, ph 020 4079 5727 or www.dunedinchristadelphians.org

BIKE WORKSHOP

Get help, use our workshop, bikes available for koha. 3.30–7pm, Tues, and 9am–12.30pm, Sat, Valley Community Workspace, 11 Allen St. Contact Peter on peterd0n@yahoo.com

DUNEDIN MAKERSPACE

Work on project, watch others and chat, 1pm–5pm, Sat; organised talks, 7pm, Thur, Valley Community Workspace, 11 Allen St

ENLIVEN DAY CLUB

Ross Home, drivers and help with activities needed, light food preparation. Tues, Wed & Fri. Ph Maybank 473 0890.

LADIES' PROBUS CLUB

Meets 10am, first Mon each month, NEV Bowling Clubrooms. New members welcome. For more info ph 455 6683.

MEN'S PROBUS

NEV bowling club, 10am, 2nd Mon each month, new members welcome. Ph Don 473 7544.

MEN'S SHED

The North Dunedin Men's Shed welcomes new members. Open Wed and Sat mornings Bonnington St over bridge. Ph Paul 474 0060 or find us on Facebook.

MULTICULTURAL GROUP

Women's multicultural group, make new friends, speakers, cooking, outings. Community rooms, 10am–noon, Fri, ph Afife 473 8944.

NEIGHBOUR SUPPORT

Create safer, more caring communities with Neighbourhood Support. For more information and local contact details contact Lois on 456 0857 or neighbourhoodsupport@gmail.com. PINEHILL COFFEE & CAKE Morning tea outing to Dunedin café,

last Wed of each month. Ph Carolyn 477 7115 for more info.

REFUGEE & MIGRANT CENTRE

Mon, 9–11am, Dunedin Community House, 301 Moray Pl. Coordinator Afife, ph 027 419 3125 or email afife.harris@gmail.com To volunteer at centre please get in touch.

TWILIGHT TINKERING

Classes Mon & Thurs, 7–9pm, 347 North Rd, Ph Andrew 021 982 216

trading corner

BABYSITTER AVAILABLE

Experienced 22 year old, have worked with children of all ages. Ph. Kelly 027 697 9194.

BABYSITTER AVAILABLE

17 year old with extensive first aid training and experience with children of all ages. References available. Kyra Ph. 0221507349

COMPUTER SERVICES

Trouble-shooting, tuition, low rates. Ph Dave 473 9542, 022 635 9414 or email davemaxz@actrix.co.nz

KNIFE SHARPENING

Mobile knife sharpening service for house knives, \$15/knife. Ph. 022 416 5446.

HOUSE-SITTER

Available after October. House-sitting in Dunedin for over 10 years, quiet 54year-old male, non-drinker, nonsmoker, part-time research assistant at Uni. Looks after pets, mows lawns etc. Ph. 027 4467 915 or email jeffreyhrobinson@yahoo.co.nz

HOUSE-SITTER AVAILABLE

Pets/lawns/mail/cleaning. No charge either way. Responsible mature female. Txt 021 038 4058.

LOG SPLITTER FOR HIRE

Commercial power Briggs & Stratton Model 12000 Vanguard. Local pick up & delive with full tank, \$50/day. User responsibility, ph 473 0393.

SENIORS HAIRDRESSING

Retired senior hairdresser providing service for seniors. Your home or mine. Dunedin North only. Ph. Helen 467 9644 or 021 104 1011.

STORAGE WANTED

Suitable storage space, inside or out, pref in NEV, for 8.3m 5 wheeler caravan. Ph Marty 027 600 0404 or Marg 027 723 2553.

WANTED FLOWER POTS Plastic or pottery, ph or txt 021 705

708 or email gillianvine@gmail.com



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Ph: 03 455 2128 [24 hour] 407 Hillside Rd, Sth Dunedin, 9012 www.gillions.co.nz



...contact **Lyn Howe,** your local Authorised Financial Adviser

(03) 477 7464 lyn.howe@forsythbarr.co.nz FORSYTH BARR 2224 Fem 10 0800 367 227 • www.forsythbarr.co.nz Disclosure Statements are available on request and free of charge.

The Normanby Tavern and Bistro

Bar open from 11am daily Bistro open Wed–Sun Lunch: 11.30am–2pm Dinner: 5–8pm, 5–9pm Fri & Sat Ph: 473 0373

HALLOWEEN COSTUME PARTY SATURDAY 28th OCTOBER 7.30PM



474 7070 027 609 7599 wendy.bowman@harcourts.co.nz wendy.bowman.harcourts.co.nz



Garden growing a community



Locals are encouraged to pull a weed and take home a feed at the Dalmore Reserve Community Garden in Pine Hill. The garden is flourishing and residents are welcome to join regular working bees every Saturday from 1–2pm.

A LOT of love means that a parcel of scrubby, unkempt land in the heart of Pine Hill and Dalmore is now a flourishing community garden with vegetables ready to be snapped up by locals.

The Dunedin City Council's overgrown public reserve, called Dalmore Reserve, starts in Pine Hill's Allenby Ave. It is flanked by Barclay and Buccleugh streets on one side and Gladstone Road on the other.

Dalmore Reserve Community Garden working party member Lynn Vare said a core group of people is keeping an eye on the garden.

Last year, the group secured a five-year lease with the Dunedin City Council to develop the garden.

A new shed was purchased last month, thanks to a \$500 community grant from the Dunedin City Council, and marked the garden's first year.

People are enjoying seeing the space develop, Lynn says. "We want to keep it going."

Working bees are held every Saturday between 1pm and 2pm. People can come along and learn about gardening or pull some weeds and take home a feed.

There are a lot of neighbouring refugee families who just love it, she says.

The group had a lot of support from Bunnings, Youthgrow and Unicrew volunteers to get the garden going.

Carrots, broccoli, silverbeet and artichokes are some of the produce grown.

"I probably got more involved than I should have, but once I am there, I love it. It's a busy time for planting." —Julie Howard, Valley Voice volunteer reporter

what's on

school fair

Café, clothes, books, toys, crafts, plants, pony rides, kids' challenges and more fun. Opoho School, 11am–2pm, Saturday 11 November.

korero

Join us at the Valley Project community rooms to farewell upoko David Ellison. All welcome for morning tea,

10am, Thursday 14 November.

Facebook 101

Get your business Facebook page humming. Workshop at the community rooms, 7–9pm, Thursday 16 November. Cost \$75 per person, bookings essential.

advent service

Advent service followed by afternoon tea, Opoho Presbyterian Church, 50 Signal Hill Rd.

All welcome, 2pm, Wednesday 22 November.