

Curious about the Clock?



WE'VE ALL been privy to the shambolic nature of the thermometer clock outside the National Storage facility on North Road, and with the cooler temperatures that have hit Dunedin this winter it's been quite the discussion point.

I personally have looked forward to seeing what it reads every day, so much so that I started taking note of some of the more extreme temperatures. So far the coolest record (noted by me) has been -10; this was on the 26th of May at approximately 08:23hrs. Sure, it was a chilly morning, but come on, negative 10! It's this wild inaccuracy that seems to provoke the conversation of where the thermometer that records the temperature is located, how it's measured and by criekey, everybody seems to have a story on where that temperature is recorded.

"It doesn't get calibrated" – "the thermometer is on a long metal pole" – "the temperature is measured at the airport" – "the thermometer is so close to the ground it makes it 4 degrees hotter or colder" – "it's measured on the Taieri plains" – "it's measured in Musselburgh" – "the thermometer is in a stainless steel box thus creating a much hotter or much colder temperature" – "it's consistently two degrees off" – "it's measured down at the creek."

Continued on page 2 ...

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With all these colourful explanations I've collected, I've always wondered if any of them are in fact true. The Valley clock has plagued me for many years and now was the time to find out!

I made a call to Danny at the National Storage facility. Through the grapevine I'd heard they don't like to get calls or talk about the inaccuracy of the clock at all, but Danny answered my call, was a real tip-top bloke, and was more than happy to discuss and disclose the information.

I know the anticipation is killing you, so I'll get straight to it. The sensor that measures the temperature is actually located on the structure itself, encased inside a metal box. If you walk up the valley you'll see it on the right at the very top corner, as pictured on the front page. The structure itself was put in around 15 years ago and has been broken for far too long, so why not just fix it? Well, the parts come from overseas and are very expensive and it just hasn't been done. As Danny puts it, the clock is 'slowly dying'. - Jess Covell

Staff Changes at the Project

SADLY, OUR amazing team members Aaron Baker, Jess Covell, Marama Smyth and manager Tess Trotter are moving on from The Valley Project to other ventures. We are lucky to have Marama rejoin our executive board, see page 6. Words can't describe our gratitude and admiration for the outstanding job performance and attitude they have demonstrated during their time with us. It's never easy to say goodbye to people who have contributed so much to the team. We wish you all the best in the next chapter and hope you won't be strangers. Stay tuned for next months issue where we will say a proper goodbye to these legends!

★ ★ ★ ★

YOU'RE INVITED TO

A fond farewell to Tess

★ ★ ★ ★

14th August 11:30am-2:30pm	The Valley Project Community Rooms 262 North Road	<p>Join us for a celebration of success, for the wonderful Tess! To wish her well on her new journey, after three years as The Valley Project manager.</p> <p>We will provide lunch but please bring a sweet treat, a photo or a story to share if you can!</p>
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★ ★ ★ ★

Want to join our team?

HERE AT The Valley Project, we're a community-led development organisation with the aim to support our community to discover and meet their aspirations, challenges and goals. We're a whanau centred organisation, with a small staff, supported and guided by a voluntary executive board and many engaged community members. With staff members moving on to other projects and opportunities we're seeking a new manager to join our team!

Manager - Part time 20-30 hours per week. We are looking for a dynamic and community focused person to lead our small but awesome team. We are looking for someone with strategic leadership, effective staff management, strong fundraising skills, able to oversee event planning and the smooth running of the community hub.

Email robthomson@northeastvalley.org with your expression of interest by August 17th.

The Valley Project is a registered charitable organisation. If you like what we do, you can donate at www.givealittle.co.nz/northeastvalley

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The opinions expressed in articles are the authors own, and are not necessarily shared by the editor or Valley Project Team. Submitted articles may be edited at the editor's discretion.

Helpful Heating



FOLLOWING ON from the moisture feature, the next piece in the healthy homes puzzle is heating. Once you've got at least the minimum-standard insulation in your ceiling and underfloor, your windows have good fitting and effective coverings, any other drafts are stopped and you're ventilating daily for 15 mins to keep your air dry, the next thing to look into is how to most effectively heat your home.

Fixed heating:

Having a fixed heating source in your living room is optimal. These include heat pumps, wood burners and pellet fires as the most efficient types of fixed heating.

Here are some top tips from Jeremy at the Cosy Homes Trust about how to make sure you're getting the most out of your heat pump.

- Set the MODE to HEAT
- Set the FAN to AUTO
- Set the TEMP at 20 to 22 degrees
- Clean the filter monthly

More info at: www.ecodesignadvisor.org.nz/resources/heat-pumps-run-effectively/

Non-fixed heating:

If you have large rooms with high ceilings and poor insulation you are best to heat the space using a radiant heater. If you have a large room with good insulation, using an oscillating tower-style fan heater or an oil column heater with a fan to move the heat around will get you the best outcome. Smaller rooms are best heated with a standard oil column or panel heater. This consumer electric heater guide will give you more detailed information on heater types:

www.consumer.org.nz/services/electric-heaters/guide

How much does your heater cost?:

Heater size in kW (look at the heater label) multiplied by the price per unit of electricity (find this on the second page of the power bill) = the cost to run for one hour. (If the heater has a thermostat it will cost less per hour as this calculation gives the cost of a heater on full for an hour.) Thanks to Laura from

Folk Club on the Move

DUNEDIN FOLK Club is moving to the valley! The club rooms in Dundas Street have been sold and will be converted to flats. The folk club has entered a partnership with Opoho Bowling Club and will share the clubrooms at 80 Lovelock Avenue, North Dunedin. There is excellent parking adjacent to the club but please keep off the grass!

This is looking like a solid partnership for the long-term future. They are installing a stage and from 1 August will have exclusive use of the rooms on Thursdays from 7.30pm for the open mic session and Sundays from 7.30pm for the weekly concerts. The events are open to all, audiences and performers alike!

Presbyterian Support.

Heating grants and subsidies:

Grants of up to \$3300 are available to qualifying homeowners for heat pumps, wood burners and pellet fires under the government's Warmer Kiwi Homes programme. The grants cover 80% of the cost up to a maximum of \$3000, and here in Otago the Cosy Homes Trust contributes a further 20% of cost up to \$300, meaning you can have it entirely subsidised! To qualify, you must be the owner-occupier of a home built before 2008. In addition, you must either live in an area designated as lower income (there are several in the valley and surrounding suburbs, and the qualifying areas were expanded last year) OR have a Community Services Card.

Heating appliances funded under the Warmer Kiwi Homes programme must be installed in the home's main living area. If you already have a working heat pump or wood burner in your main living area, you may not qualify – contact us if you have questions about this. The heating grants also require that the home first has insulation that meets current standards, but grants are available that cover 100% of the cost of ceiling and underfloor insulation if yours is not up to scratch.

To confirm your eligibility, go to the 'Warmer Kiwi Homes' tool online (<https://tools.eeca.govt.nz/warmer-kiwi-homes-tool/>) or get in touch with the Valley Project for assistance.

THANKS TO the generous donation received from Darling reality last year, during the start of winter we were able to provide a range of healthy homes items at a 50% subsidy to Valley residents. We're stoked to report that this initiative was well utilised, and we've had excellent reports on the items working well. We're now sold out of all items.

Thanks again to Tony Watts at Darling for this amazing koha!

- Charlotte Wilson

Contact info@necf.org.nz for more information or check out their webpage www.necf.org.nz/ to see what's coming up.

- Aleisha Lunam-Easson



Reusable Pad Workshop

You may recall that in our December issue we included an article about Christine Keller's, 'Sew On' initiative, which was inspired by her desire for others to have the stitching freedom that comes with a perfectly functioning machine. And she achieved just that! Community sewing machines were made available at the Valley Community Workshop as a result of her efforts.

Christine is passionate about discovering alternatives to single-use menstrual and leakage products and hosts workshops where you can learn how to produce sanitary pads from recycled materials. The materials will be provided, but it would be great if you could bring a 100-percent cotton T-shirt or flannelette sheet if possible.

The workshops will be held every Friday in August from 3 to 6pm and cost \$5 or pay what you can. Sewing enthusiasts of all levels are invited. This is a safe and shame-free environment!

Reservations are essential: email Christine at mindmade@hotmail.com or go to christinekeller.co.nz/pages/making-pads.



Threading Whare Workspace



The Whare Workspace has arrived in NEV, located at the Baptist Church on North Road, and is opening on the 2nd of August. Classes will run from 10am to 4:30pm. It is a craft workspace for recently arrived women refugees and migrants in Dunedin who already have a craft skill but lack space, equipment or materials to create. It is a comfortable, safe and warm space to do craft and socialise with other women.

The focus crafts are knitting, weaving, embroidery and sewing. The workspace is equipped with sewing machines, overlockers and weaving looms. Materials and associated supplies (cotton, knitting needles, embroidery yarn, needles/pins, etc) are provided for free for projects worked on at the Whare Workspace. For at home projects a koha is required for materials used.

Email threadingtrust42@gmail.com or visit threadingwhare.org.nz for more information.

JKS Shotokan Dunedin Karate



JKS Shotokan Dunedin Karate, has been in Dunedin for 4 years and is run out of the Pine Hill School hall. Here at JKS we show karate is for everyone. Regardless of your background or your fitness. You can learn self-discipline, self-defence, and most of all self-confidence. The club is run by Sensei Emil Pienaar, who has his 2nd Degree Black Belt, he also holds an Instructor, Examiner and Judge's qualification, which makes him a well-qualified and experienced instructor.

What makes Shotokan great is its focus on traditional karate, as well as sports karate. We hold the WKF standard and that is the rules and the standard that this year's Olympics also follows. So, bring the whole family along to learn Self-Defence and an Olympic discipline. Mondays & Wednesday 6pm-7pm (All levels) and also Wednesday 5:30pm-6pm (5 to 7 year old beginners). Email: emil.pienaar@gmail.com. Phone: 0212070541.

African Drumming Workshops

With an unbeatable knack for teaching and a warm welcome to beginners and experienced musicians alike, Koffie (as he is fondly known) creates a perfectly inclusive learning space for both kids and grown ups! So, if you think your kids, or you, are up for a fun challenge this winter, or simply looking to pick up a new hobby, head over to the Fred Hollows room for the start of his next 6-week term and let the beat of the drum work its magic on you.

The classes are held at 7 PM on Thursday nights at The Valley Project. Drop ins are \$15 per person and a 6 class pass is \$75.

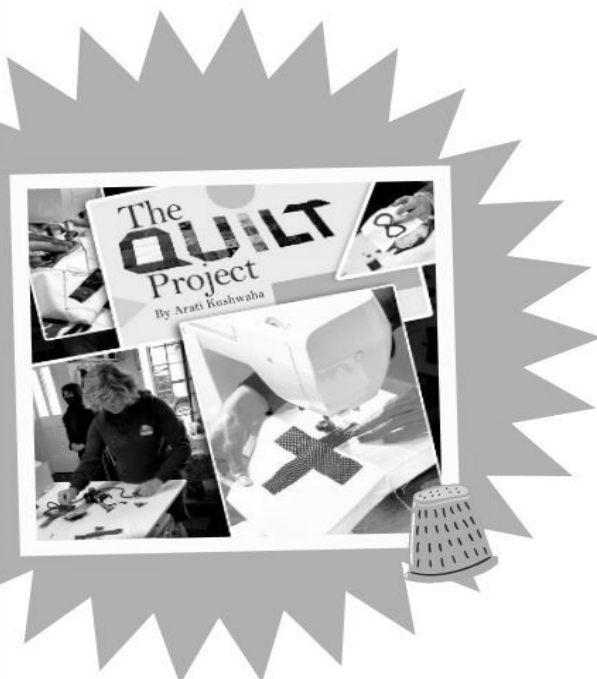
Contact kadodomusic@gmail.com or visit www.kadodomusic.com/mission for more information or to book a class.



The Quilt Project

Visual Artist Arati Kushwaha will be delivering a hands on workshop with the help of Stitch Kitchen. The workshop sees participants discover the joy of quilt making. The project is a nod to gender equality and the feminist movement as a form of resistances against gender discrimination in society. The project's aim is to create large scale quilts with panels created by applique of basic math symbols such as 'not equal', 'inequality sign' and 'power sign' etc. Each panel depicting the inequitable status of women in society and the gender equality message.

Everyone is welcome; all ages, genders and levels of sewing experience. Arati believes that in an age of social media were becoming physically distanced from each other and that sewing is a way to connect. These workshops will be held on August 7th and September 4th from 11am to 3pm at the community rooms, email voice@northeastvalley.org for more info.



Meet Our Amazing...

INTRODUCING OUR fabulous executive board for 2021/2022. After farewelling some of our long standing members, Sarah Gallagher, who was our secretary, and Natasha Murachver, our Valley Community Workspace representative, we have welcomed three vibrant new additions to our board Nathan Laurie, Ariane Bray and Uschi Heyd.

We are also lucky to have six amazing members who are continuing their work on the board and some who are taking on new roles. Rob Thomson and Eleanor Linscott are our new co-chairs, James Sutherland is our new secretary and Ian Telfer is becoming our treasurer after two years in the role as chair.

Nathan Laurie

Kia ora whānau! I'm very excited to join the Valley Project committee. Having come from a study background of project management, events and advocacy, it will be a privilege to use my skills and expertise to serve the North East Valley and its people. Thrilled to work with the great people on the committee to do our bit to support and enrich this community!



Ariane Bray

Tēna koutou. North East Valley is a place I feel a strong connection to, having lived on the area's fringes in Pine Hill since my family and I moved to Dunedin from the UK 15 years ago. I am a postgraduate student at the University of Otago, currently working towards a doctorate in the field of geography, exploring community-based adaptation to climate change and associated issues of justice. I hope that this background in community engagement can be of value to my involvement with the Valley Project. I am grateful for the opportunity to contribute towards the incredible work that the Valley Project does and look forward to being more involved in the community.



Ian Telfer

Ian lives in the Valley with his partner and two boys and a growing menagerie of animals. His work life has included physics, church work, gardening and radio journalism. He now works for the Dunedin City Council on the South Dunedin Future programme. In the gaps he walks and plays guitar.



Marama Smyth

I'm thrilled to have been elected to serve my third term on the board for the Valley Project. I moved to the area around nine years ago, choosing it because of the palpable community feel the place has. My daughter attends North East Valley Normal School, and my two sons went to DNI, then Logan Park. I look forward to helping to provide support and service to the community I love.



....Executive Board

James Sutherland

Kia ora, I am a second-year member on the board and have recently been elected as secretary of the board. I have just finished my university degree in environmental management and politics and am currently taking a break from study and working before starting my Master's degree, sometime next year. I am fortunate enough to have a range of governance experience which will help me perform my duties. In terms of what I do in my free time, I am involved in Life Matters Suicide Prevention Trust as a peer support worker and also restore Returned Servicemen's graves in the Dunedin area. If you see me around the Valley, feel free to give me a wave or stop for a chat.



Uschi Heyd

I am excited about joining the executive team and am looking forward to getting to know the team and our future mahi together. I volunteered for a few months at the project as receptionist and co-facilitated the day-long strategic planning meeting in 2018. This gave me some insights into the amazing work everyone has been doing and the complexities and challenges involved in upholding the values, vision and mission of The Project.



I am German by birth and emigrated to New Zealand over 30 years ago. Apart from raising two kids I spent most of the last 30 years creating welcoming spaces, literally and metaphorically, for the community to come together. I have an extended background in yoga, mindfulness and education and am interested in participatory leadership and facilitation. I have recently founded 'Kind Living', a social enterprise working toward offering services and educational programmes to promote emotional, mental and physical wellbeing for individuals and communities. I love the work and intentions of the Valley Project and feel grateful for being part of such an awesome and supportive community.

Eleanor Linscott

Eleanor lives in the North East Valley with husband Matt and two boys who are at Logan Park. Eleanor has been involved with various community based projects, including as a starting member of Open VUE. Eleanor and Matt farm a lifestyle block with goats and chickens.



Rob Thomson

Rob has been part of the Valley Project since 2014 and lives in the Valley with his partner Meagan and son Leon. He is a research fellow at the university and has various roles in the community to support tamariki in care.



Radha Forrest

I live and work in the beautiful North East Valley. It is awesome volunteering for the Valley Project and being part of such a vibrant community doing great things. I feel so lucky.





The Curious Case of the Coprosma

PHOOEY, WHAT is that smell?? There's an endemic plant in New Zealand called stinkwood (*Coprosma foetidissima*) that is known for having a malodorous whiff. My first experience of smelling stinkwood leaves was at the nearby Orokonui Ecosanctuary with my friends. One of them very excitedly pointed out a plant, saying that the leaves, when crushed, smelled of bubble gum. He was up to tricks because the smell was actually closer to rotten eggs! This rotten egg/sulphur smell is produced by a chemical called methanethiol that is released when the leaves are crushed.

With our habitat restoration project moving from weed management into planting, I thought it was time to dig a little deeper into the genus this plant belongs to, known as Coprosma. The name is derived from the Greek words for dung (kopros) and smell (osme) due to the stench that can come from crushing the leaves of some of the species in the group. There are about 55 species of Coprosma in New Zealand. Other Coprosma plants within the genus don't appear to have quite the same foul smell but do share other similar features, such as paired leaves and pits on the undersides of leaves called 'domatia'. Within Chingford Park alone there are at least four different species of Coprosma.

Other than the distinctive-smelling *C. foetidissima*, another of my favourites is aruhe (*Coprosma areolata*), also known as thin-leaved coprosma. It is a bushy shrub with small, thin, pointed leaves. Thin spiderweb-like veins reach out across the surface of the leaves creating brilliant patterns. Another is the round-leaved coprosma (*Coprosma rotundifolia*). As the name suggests, the leaves are round. They also have very thin hairs on the surface of the leaves and can have purple blotches. Coprosma plants provide habitat and food for native birds and lizards. When you're next in Chingford Park, keep a lookout for the thin-leaved and round-leaved coprosmas and see if you can find any more coprosma species there! We would love to know what you find.

For more information on all the different coprosma species, check out the New Zealand Plant Conservation Network (nzpcn.org.nz) and references on our blog!

Do you have your own conservation story to share? Email openvue@northeastvalley.org!

An update on the propagation nursery:

With the chilly and slightly unfavourable weather and low plant growth we have reduced the working bee hours at the propagation nursery. Find us there every Thursday from 11am-12pm and on Saturday the 28th from 10am-12pm for our Open Day. Come along and grab a native plant for your backyard!

- Clare Cross



Coprosma foetidissima. Source: Wikimedia common, Rudolph89, CC BY-SA 3.0

We are incredibly grateful and delighted to have received funding and support through Predator Free Dunedin's City Sanctuary Project, Te Ao Tūroa, Dunedin's Environment Strategy: and the ECO Fund to support the continuation of the Open Valley Urban Ecosanctuary and Backyard Ecosanctuaries project. We are also grateful for the continued support of our collaborators, The Valley Project, Orokonui Ecosanctuary and the University of Otago.

Kids' Corner

Can you find these treasures in your backyard?

Head out into your backyard with this list and see what you can find!

Tick them off when you have found them!



A leaf



A seed



Grass



A rock



A twig



A cloud



UPCOMING EVENTS



WORKING BEES

- **Propagation Nursery:** working bees are on every Thursday morning from 11am-12pm and the fourth Saturday morning of the month (**28 August**) from 10am-12pm. Find the Propagation Nursery behind Blacks Road Grocer! Come along and grow your own native plants or grab one for your backyard!
- **Chingford Park "Riparian Rhapsody":** Join us for habitat restoration on Sunday the **22 August** from 10am-1pm. Find us working at the Disc Golf hole 8 tee. Come along and grab a little time out in nature and help us restore native trees in a corner of Chingford Park!

For working bees, remember your sturdy shoes, warm/wet weather clothing and water bottle!



For postponements and cancellations, please see the Open VUE Facebook page.

TRAP LIBRARY

- The **Trap Library** is open during the Valley Project opening hours (Tues - Fri 9am-3pm and Sat 10:30am-2:30pm). Grab some friendly advice and monitoring devices or traps for possums and/or rats!

Trapping tip: Think of your trap like a rat or possum restaurant - a lovely place where they can get some delicious food.

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Foolish food fad infatuation

THIS PAST year I've had an infatuation with the twentieth century's cooking styles and techniques. This obsession has led to a large collection of old cookbooks, most of which have been gutted as I cut out pictures of the biggest offenders to stick on my walls. Sausage-wrapped bananas, veal pizza, fish pate moulded into the shape of a salmon – these bizarre outdated dishes give me a sort of thrill as I think of the poor diners who had to pretend to like these 'revolutionary' flavour combinations.

The Germans have a word that sums up my feelings on the topic quite well: *schadenfreude*, which means 'pleasure derived from another person's misfortune'.

Food in the 70s, 80s and 90s was wildly different to anything that had come before, and probably anything that will happen again. The sudden explosion of interest in fine-dining restaurants spawned a generation of snobbery and elitism, which ruled the culinary scene for these decades. If the restaurant you were dining at didn't serve *foie gras* or lobster, were you really dining at all? Fine dining in this era seemed to be crafted entirely to intimidate the customer: menus in English-speaking countries were written exclusively in French, the wine lists were long and completely baffling, and the techniques so

complicated and abstract as to be completely meaningless. I took a cooking course in 2019, and the first assignment was a quiz of sorts, worth 15 percent of my grade for the year. The lecturers appeared to have forgotten about updating the test past the 90s: I remember calling up the chef I worked under at the time to ask the origin of a peculiar sauce that I couldn't find any mention of online. The question left him shocked and wondering what they were teaching me.

This style of cooking seems, at best, outlandish, compared to modern restaurants and dishes. Where was the elegance? The finesse? Was there a surplus of parsley sprigs that took several decades to get through? Was there a sudden gelatin flood that needed to be contained in the form of aspic? Why and how did they make the food so tall? I'm hoping to answer these questions, and more, in the next few issues of the Valley Voice. I'll go through each of the three decades I have mentioned in detail and try to find some lessons to take to the future so we never again have to choke down bacon-wrapped *foie gras*. I may even attempt to make some of these techniques taste good, and provide some, um, *updated recipes*.

See you in the future! Bring ring moulds!

- Joe Flarety

Continuing Our Food Conversation

The Valley Project has formed a small team of people passionate about increasing our food resilience in the Valley following a discussion about food security at the recent AGM. We are keen to gather ideas and information from people, groups and businesses interested in and related to food security. If you have something to share, would like to be involved or kept up to date with project developments, you can get in touch with us at valleykai@northeastvalley.org

We are also lucky to have some human nutrition public health students from Otago University helping us to gather information. As part of this we are creating a Food Asset Map for the Valley. We would particularly like to hear from any small food enterprises so we can add you to the map.

- KJ Davie

Splashing News

Get ready to make waves at the Dunedin North Intermediate Pool! The Ministry of Education has stated that it will provide \$312,500 of the \$500,000 required to restore the school pool. The pool facility at North Dunedin Intermediate, which dates from the 1950s, is in desperate need of repair, with drooping ceiling panels and damage from chlorine and humidity. Despite the pool's location at Dunedin North Intermediate, the pool is too small for the school's students to use.

The remaining funds needed were covered by the Dunedin City Council, which pledged \$187,500 in June as part of its 10-year plan. Originally, George Street Normal School, North East Valley Normal School, Opoho School, Pine Hill School and Sacred Heart School planned to contribute \$125,000, with each school

contributing \$140 per child. However, the funding provided by the government and council eliminated the need for the five North Dunedin primary schools to find money in their budgets to contribute to the initiative, as well as the requirement for other external funding sources.

- Aleisha Lunam-Easson

Baldwin Street teen is headed for nationals

BALDWIN STREET'S Cai Heperi (16) is going to three national competitions.

Cai entered the Ōtākou/Murihiku Ngā Manu Kōrero Speech Competitions last month and won first place in three categories: impromptu, prepared and overall. In September she will travel to Palmerston North for the National competition.

Cai's band, Fool of Stars, took second place at Smokefree Rockquest in June, earning her a spot in the national heats. Her mother Jamie taught her how to drum. Her bandmate Olive Ward says of her "Cai's upbeat attitude makes her a fantastic bandmate; she works extremely hard and makes a significant contribution to the music we write. By the time you read this, the band will have attended the Rockquest national heats.

He waka Kōtuia, Cai's Kapa Haka group from Queens' and King's high schools, won the 2021 Te Hautonga Kapa Haka competition; she and her teammates have been working intensively to put together a tight performance. He Waka Kōtuia will compete at national level next year.

How does she feel about winning a national spot in all three competitions? I am incredibly grateful to have those opportuni-

ties, Cai says. It was great to work with likeminded people. Eha-ra taku toa he takitahi, he toa takitini – my success should not be bestowed upon me alone as it was not an individual success but the success of a collective.

- Aleisha Lunam-Easson



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What's on?

Your monthly guide to Valley events, talks, workshops, gigs and the rest.

To list your event please contact us by the 20th of the month: voice@northeastvalley.org

ADJO

ADJO'S Birthday Bash

Saturday 7th August 7:30PM

ADJO is turning 2! Come help the wonderful team celebrate. Delicious snacks, drink specials, birthday cake all evening and back to back DJ sets. Everyone is welcome. \$5 OTD.

Finn Gallagher Graphic designer and illustrator Finn Gallagher will be moving in with his exhibition opening on the 12th of August from 6pm to 8pm and running until the 2nd of September.

Substitute Saturday Run by Silverline a university organisation focused on mental health and general wellbeing. This event is focused around providing an alternative to partying, where you can meet like minded people and hang out. Contact Silverline on Facebook for more details.

Propagation Working Bee

Every Thursday 11am-12pm

Saturday 28 August 10-12pm

Gate behind Blacks Road
Green Grocers on Blacks Road.

Chingford Park Working Bee

Sunday 29 August

10am - 1pm

Chingford Park.

Organic Workshops

1st August - Organic Propagation.

Saturday 7th August - Home Made Soil Amendments

Saturday 21st August - Healthy Soil = Healthy you !

Contact Michelle Cox at 029 771 0212 or email at organicsuneathed@gmail.com

The Literary Garden

6th August

12:00PM-1:00PM

Celebrate national poetry day in the Botanic Gardens. An intertwining of renowned writers' words and their gardens.

Dr Blue - On The Road Again Tour 2021

29th August

7:30PM-10:00PM

Blues and Roots singer-songwriter Mike Dr Blue brings you old classics and original songs at the Opoho Bowling Club.

Soup & activities

Every Saturday down at VP HQ we have a delicious pot of homemade vegan soup and family friendly activities.

11 - 2pm

JP Service

Every Saturday 11 - 1 pm

At the VP community rooms

Becky Reid

8th August

7PM-10PM

20 year old folk inspired singer Becky Reid performing at the Opoho Bowling Club.

Lovelock Environment Society Inc AGM 2021

We are the neighbourhood group that holds the lease for the Opoho Tennis Court so we can keep these facilities available to the public for free.

Our AGM is at 7pm Tuesday 10th August in the Opoho Presbyterian Church hall, Farquharson St. Please join us. Membership is \$2.

Contact Fiona Stirling at 0274832028.

inch Bar

All events FREE unless stated. Koha is encouraged.

For all booking inquiries email: inchbarevents@gmail.com

1/8 - Celtic jam session from 4pm

3/8 - Inch Bar Open Mic feat **Michael Morris** lead vocalist and guitarist for alt-rock trio Michael Morris and the Slow Loris. 7pm

4/8 - Dunedin Comedy Presents: **Comedy Night** at Inch \$5 from 7pm

5/8 - Indie singer/songwriter **Keira Wallace** celebrates the release of new single "Celestial Lovers" from 7pm koha entry.

6/8 - **The something Quartet (solo) + Sound Humans** bringing you crunchy riffs and swells of delicate melodies with experimental edge. 8pm Koha

7/8 - Uk alt-folk duo **Good Habbits**, telling stories and turning heads across the globe. 8pm Koha

8/8 - Jazz session with **Big Jazz Apple** from 4pm koha

10/8 - Open mic feat the intricate, harmonically rich guitar of **Alex Wolken** 7pm

12/8 - **Qromulent Quartet** are a groove based jazz ensemble for those who love jazz but not too much jazz. 8pm koha

13/8 - A unique blend of early blues from **Dr Blue** 8pm koha

14/8 - **Celluloid Bikers** an electric alt-jazz + blues based duo infusing psychedelic, indie influences into a guitar based jazz-rock brew. 8pm koha

15/8 - Jazz session with **Big Jazz Apple** from 4pm koha

17/8 - Open Mic feat **Mads Harrop**

18/8 - Dunedin Comedy Presents: **Comedy Night** at Inch \$5 from 7pm

20/8 - **Paul Allen, Rosa Black + Abby Fleur** koha

21/8 - **Zi Shaw** koha

22/8 - Jazz session with **Big Jazz Apple** from 4pm koha

24/8 - Open Mic feat contemporary country songstress **Bronwyn** from 7pm

25/8 - **Jae Bedford + guests** koha

26/8 - **Qromulent Quartet** are a groove based jazz ensemble for those who love jazz but not too much jazz 8pm koha

27/8 - Filthy grunge rock trio **St Peters Thursday** from Ōtautahi. 8pm Koha

28/8 - **The Entire Alphabet** will embark on a sonic journey of dense fuzz to crystalline sparseness. All the colours of the alphabet. All the numbers of the rainbow. 8pm Koha

29/8 - Jazz session with **Big Jazz Apple** from 4pm koha

31/8 - **Open Mic presents: Open Jam Night!** Come on down for some jammy jammy fun. From 7pm.

1/9 - Dunedin Comedy Presents: **Comedy Night** at Inch \$5 from 7pm

2/9 - Folk and blues-infused protest music from **Dee Street Band** 8pm koha

3/9 - **Marissa and the Dandelions** 8pm koha

Night Shelter Annual Appeal



THE DUNEDIN Night Shelter is looking for collectors to help their annual appeal. The Dunedin Night Shelter provides emergency accommodation for both men and women 365 days a year. The accommodation and ongoing support they provide is crucial to the people who find themselves in need of the service. Without the support, people are left to sleep on the street and in back alleys.

Dunedin Night Shelter does not receive any government funding, so the annual appeal is essential for their ongoing existence. If you have ever wanted to give back to your community and help people who find themselves in real need this is your opportunity. By giving your time to collect for the Night Shelter even one hour of your time, you have helped keep the Night Shelter running for another year. The annual appeal runs from Tuesday September 28th to the 2nd of October 2021.

There will be collection areas in North East Valley, Dunedin Central, Roslyn, South Dunedin, the Otago Farmers Market and Green Island. The time of collection will be from 11am to 6pm each day and people are needed to fill different one-hour spots. Please contact manager@dunedinnightshelter.co.nz if you are interested in helping this amazing cause or to find out more information!

- Aleisha Lunam-Easson

valley garden journal

Wendy's Yam and Ginger Soup

Wendy has been whipping up some Yam and Ginger soup this month. Made from yams grown in the North East Valley Community Gardens.

Ingredients:

- 500 g chopped yams
- 1 chopped onion
- 600 mL vegetable or chicken stock
- 1 clove crushed garlic
- 1,5 tsp crushed ginger
- Salt, and pepper

Materials:

- Blender or stick mixer

Preparation:

Sauté onion, garlic and ginger. Add yams and cover with stock (or water).

Simmer for 30 minutes, then purée. Season with salt and pepper.



North East Valley
Community Garden
Sat 14th & 28nd Aug
9.30 – noon
Sun 8th & 22nd Aug
1 – 4 pm

Dalmore Reserve
Community Garden
Check
[www.facebook.com/
DalmoreCommuni-
tyGardenPineHill](https://www.facebook.com/DalmoreCommunityGardenPineHill) for
upcoming events and
working bees.

fitness & health

CONTRA DANCE

7.30pm, Mon, \$2, 52 Dundas St. Ph. 473 8640 for more information.

DUNEDIN BMX CLUB

Race night, Forrester Park BMX track, 6pm, Thur.

FOLK DANCING FOR FUN

Baptist Church, 270 North Rd, 10am-11.30am, Fri, \$4. Ph Yvonne 455 2406, stureid1@yahoo.co.nz

KUNG FU

Fitness, discipline and self defence. Classes for 7-12 years Wed, 5-6pm, Sun, 3-4pm, teen & adult classes, Wed, 6-7.30pm, Sun, 4-5.30pm, Nga Maara hall. Contact Kenneth Dunedin@shaolinkungfu.co.nz or 022 094 6357.

PARKRUN

A free, weekly timed 5km run/walk, Sat, Botanic Gardens. Meet at café, 8am summer, 9am winter. Go to parkrun.co.nz for more info.

STEADY AS YOU GO

(Age Concern) Gentle balance and strength exercises, NEV Baptist Church, 10.30am-11.30am, Mon, and Pine Hill School Library, 11am, Thur.

SPORTS AEROBICS

Competitive aerobics and casual fitness classes. No previous experience required. Training held at DNI Fri and Sun. Working towards NZCAF regionals next August. Contact rebeccafishernz@yahoo.co.nz

TANNOCK GLEN

The 3.5acre garden of the Dunedin Rhododendron Group is situated in Torridon St, Opoho. Members of the public are invited to visit at any time. Dogs permitted on a lead.

THREE LEFT FEET

Social dance group, no experience or partners necessary. European dance-folk and traditional, \$5 or \$7.50/couple, Nga Maara hall, 6pm-7pm, Thu. Ph. Marilyn 473 7829.

ZEN MEDITATION

Zen Meditation - Traditional Zen for beginners and experienced people. All welcome. 7pm Thursdays at the Quaker Rooms, 15 Park Street, Dunedin North. Koha please. 6 week beginners courses through the year. 7 day retreat on Quarantine Island annually. Any questions phone Glenn 473 6256

YOGA IN THE VALLEY

Instructor Adair Bruce, 6-7pm, Mon & Fri, DNI designspace; 9.15-10.15am, Mon, Wed, community rooms. \$10 waged, \$8 unwaged, for more info contact adairbruce@hotmail.com

KIND LIVING

Relaxing Massages for Mind and Body, Aware Yoga and Self-Leadership Coaching, now on offer in the Valley.

Valley dwellers and friends are invited to ask for a special discount on their first Massage (May only). Visit www.kindliving.co.nz or contact Uschi 027 360 0238.

further education

CITIZENS ADVICE

Dunedin Citizens Advice Bureau - a free confidential service for all. We can help with tenancy problems, employment issues, consumer problems & host of other issues. Rodgers House, 155 Princes St, 471 6166, cab.org.nz

INDOOR BOWLS

Play indoor bowls at the NEV Bowling Club, 139 North Rd, Thurs, 1.30pm start. Ph. Terry Boylan ph. 4730049

ITALIAN CLASSES

Experienced teacher, native speaker of Italian. Small groups, all levels, from absolute beginners to advanced and conversation

ph 027 3418312, 473 0832

antonella.vecchiato@gmail.com

www.italianclasses.co.nz

LEARN ENGLISH

English for daily life and work. Free and low cost courses. Contact Tamara or Felicity at English Language Partners 455 5266.

dunedin@englishlanguage.org.nz

NATIVE FRENCH TUTOR

Conversation, preparation for exams, for adults and children.

Hourly rate. Ph. Sandrine, 021 10 75 814 or sanfeillet@gmail.com

French Up Your Life!

SPANISH LESSONS

Learn Spanish in a fast and fun way. All levels and wide time availability. Ph Luana 027 284 7836 or luana.suarez26@gmail.com

STAND-UP COMEDY

Open mic at Inch Bar 1st and las Wednesdays in Feb. Comedy workshop Mondays 5-7pm at George St McDonalds. Open to all skill levels. Contact reuben@dunedincomedy.co.nz

art, craft & music

ART CLASSES

For all levels, casual attendance welcome, tutor Anneloes Douglas, community rooms, 10am-noon, Thur and 6pm-8pm, Fri. Ph 027 307 7034, 467 9993, anneloes.douglas@extra.co.nz

ART CLASSES

Continuous class, newcomers welcome, 1-3pm, Wed, community rooms; 1-3pm, Thurs, St Peter's Church Hall, Caversham; 7-9pm, Thurs, Logan Park High School, \$15 per session. Ph Friederike 482 2025.

KNITTING SQUAD

BYO knitting or crocheting, or come & learn, community rooms, 1pm-3pm, Wed. Ph Marjory 473 7751.

ART FIBRE DUNEDIN

Bring lunch and requirements, 10am-3pm, second Sun each month, community rooms, Ph Viv 473 0343, www.artfibredunedin.blogspot.com.

DUNEDIN FIDDLE CLUB

Mostly Celtic tunes, mostly fiddles. New players always welcome! Wednesdays 7:30pm at The Valley Project community rooms. Just drop in or email anna.bowen1@gmail.com

MUSIC LESSONS

Guitar, drums, singing, with professional musician. All ages. Contact Bevan bevan37@hotmail.com or ph 027 363 1376.

SOUNDS NOR'EASTERLY

Do you enjoy singing with a group? Why not join your local community choir? All ages and abilities welcome. DNI design lobby every Tues, 7.30-8.45pm. Email Marion for more info marion.okane68@gmail.com

UKULELE SESSIONS

Wed, 7-8.30pm, Baptist Church, 280 North Rd. Just turn up or text Adrienne 027 389 2574 for more info.

WOMEN'S ART GROUP

An art & craft group aimed at helping new Dunedin residents learn & share skills & connect with others. Fri 11:30-1pm, community rooms, 262 North Rd.

LEARN TROMBONE

From winner of Dunedin Youth Jazz Festival best trombone and Otago Rockquest best musician - contact Finnarr ph 0273562881 fin.mckinlay@gmail.com

community

BIBLE HOUR

Friendly small group Bible learning over morning tea, Sun, 9.30am, DNI (tech area) during school terms. All welcome, free, ph 020 4079 5727 or www.dunedinchristadelphians.org

BIKE WORKSHOP

Get help, use our workshop, bikes available for koha, 3.30-6pm Tues, and 9.30am-12.30pm Sat, Valley Community Workspace, 11 Allen St. Contact Peter on peterd0n@yahoo.com

COMMUNITY ACCOUNTING

Dunedin Community Accounting provides free accounting training & advice for non-profits in Otago. For more info call 0800 113 160, kiaora@dca.org.nz or www.dca.org.nz.

ENABLING LOVE

Looking for friendship and social connection? 18-65 years welcome to our weekly coffee group at Otago Museum cafe, Thurs, 1-2pm. More at

www.enablinglove.nz or contact Joshua for venue at enquiries@enablinglove.nz

DUNEDIN REFUGEE & MULTICULTURAL WOMEN'S GROUP

Dunedin Refugee Centre, meet community rooms, 262 North Rd, 9.30-11.30am, Fri. Ph Afife 473 8944.

FRUIT & VEGES NFP

Fresh fruit and veges at wholesale prices with All Saints Fruit and Veges. Small, med, family weekly bags. Order at St Martins, 194 North Rd, Thur, 4.30pm, or sign up online fruit.vege.allsaintsdsn.org.nz

LEGAL ADVICE

Free legal advice at Community Law Otago, available by appointment. Legal advice by qualified lawyers, practical solutions.

Telephone 03 474 1922 or email reception@dcl.org.nz to make an appointment.

MEN'S PROBOS

NEV bowling club, 10am, 2nd Mon each month, new members welcome. Ph Peter 455 1256, peabee@extra.co.nz or ph Don 473 7544.

DALMORE COMMUNITY GARDEN

Pine Hill, Dalmore Reserve entrance on Allenby Ave, We need more gardeners, please get in touch if you can help or come along to one of our working bees on the 2nd and 4th Sunday each month at 3pm. dalmorecommunitygarden@gmail.com

WILD DALMORE RESERVE

Help us protect and restore the native biodiversity of Dalmore Reserve. We meet most Sunday afternoons. Entrance at 20 Allenby Ave, Pine Hill. Contact us through our Facebook page Wild Dalmore Reserve or phone/text 021 206 3593 for more info

NORTH EAST VALLEY COMMUNITY GARDEN

The NEV Community Garden is directly behind NEV school. Pay us a visit! We meet every weekend: hours in the Valley Garden section in this Valley Voice.

DUNEDIN MAKERSPACE

Work on project, watch others and chat, 1pm-5pm, Sat; organised talks, 7pm, Thur, Valley Community Workspace, 11 Allen St.

NEED A JP?

The Valley Project have a JP service every Saturday form 11am - 1pm

NORTH DUNEDIN SHED

New members welcome. Open Wed and Sat mornings 35 Bonnington St over bridge. Find us on Facebook: North Dunedin Shed Society Inc

NEIGHBOURHOOD SUPPORT

Create safer, more caring communities. For more info and local contacts ph Joy Davis on 456 0857 or 027 476 6047

neighbourhoodsupport@gmail.com.

COMMUNITY PATROL

Dunedin North Community Patrol. Assisting Police to ensure our communities are safe to live in. Volunteers welcome – for info call Garry on 027 3641485

VOLUNTEERS NEEDED

CREST Train at the Botanic Garden. Can you help? Volunteers needed for driving, ticketing, commentary, maintenance. www.crestrides.org.nz or phone Rodger 0274714902

trading corner

BABYSITTER

10 years of childcare experience, full drivers licence. Have worked with twins. Ph Kelly 027 697 9194 .

BABYSITTER

High school student available for babysitting evenings and weekends. Ph Laura 027 905 9911 after 4pm.

BABYSITTER IN NEV

Experienced, 26 year old, children of all ages. Wide hourly availability. Ph Luana 027 284 7836 or luana.suarez62@gmail.com

CAKE BAKER

Home-baked cakes large/small for your pleasure. Made to order. Price list available. Ph 473 0159 evenings.

COMPUTERS

I fix computers! Low rates, great service, Windows, Linux, Mac, Android. Call Matt 022 048 0012.

GARDENER

Gardener available, light weeding/trimming, winter rose pruning, very experienced, \$30/hr, ph 473 0159 (evenings)

HAIRDRESSER

Retired senior hairdresser providing service for seniors. Your home or mine. Dunedin North only, ph Helen 467 9644 or 021 104 1011.

SEA BLOOM

A local business specialising in custom resin accessories and home decor - the perfect treat for yourself or a gift for a loved one. Find Sea Bloom on Facebook or Instagram, or here: www.seabloomnz.company.site

housing

SEEKING SLEEPOUT

I'm looking for a sleepout in North East Valley if there's anything available please contact me on my

phone number 02108622922

for families, kids & teens

DUNEDIN TOY LIBRARY

A vibrant toy library for children from birth to 7 years. Huge range of toys, ride-ons, dress ups, puzzles, games. NEV Baptist Community Centre, 270 North Rd., 3.30–4pm Wed, and 10–11.30am Sat.

MT CARGILL GIRLGUIDES

Pins, brownies, guides and ranger groups in the valley, ph 0800 222 292 or info@girlguiding.org.nz

OPOHO PLAYCENTRE

Opoho Playcentre is a nurturing play space for 0-6 year olds where children and their whanau attend together. Our focus is on child-led learning through play. Come make friends, play, learn, and grow. Three free visits. 28A Signal Hill Road. Mon-Fri 9 am - 12 pm following school term times. Find us on Facebook, contact us at opoho@playcentre.org.nz, or ph: 027 880265

OPOHO SCOUTS

Keas, 4pm–5pm, Tues; Cubs, 6pm–7.30pm, Thur; Scouts, 6.30pm–8.30pm, Wed. Opoho Scout Den. Contact Shane opoho@group.scouts.nz

MAINLYMUSIC

Leith Valley Church, Malvern St, Wednesday 10am \$4 Contact: Fran ph 467-9208 (Leith Valley Church Phone No) Or 027 456 1188

PRESCHOOL MUSIC

At Opoho School, 9am–9.30am, Fri, during school term, Room 3, gold coin, drop in, ph 473 8019.

SUNDAY SCHOOL

Variety of classes with stories, crafts, songs and more. Ages 4–18, 9.30am Sun (term time only), DNI (tech area). All welcome, no charge, ph 020 4079 5727 or www.dunedinchristadelphians.org

SPACE FOR BABIES

Programs run by registered ECE teachers supporting families through their first year with a new baby, school terms, 12.30–2.30pm, day TBC, Valley Baptist Community Centre, ph 0211509165 or space.valleybaptist@gmail.com

NEV PLAYGROUP

For 0–5yrs, variety experiences to enhance development of your child, meet other local young families, free morning tea & lunch provided for adults please supply child's morning tea. Valley Baptist Community Centre, 270 North Rd, 9am–12.00pm Tue & Wed. nevplaygroup@gmail.com

RUDOLF STEINER

Te Whare Ako Marie, Pinehill & Maia. A sanctuary for creative play for children from birth to kindergarten, a place of peace & friendship for par-

ents. Groups meet weekly, term time, ph 471 2163 or dunedinsteinerplay-group@gmail.com

INSPIRING MATH CLASSES

I teach affordable creative math classes and maths art after school at my home in the North East Valley.

Find my group Inspiring Maths Classes

On Facebook or email

Sandra.Dunedin@gmail.com for details.

Belleknoves Golf Club

Green fees \$15
(after 4pm \$10/player)

Come & enjoy our fantastic 9-hole golf course on Lawson Street
Spectacular views over the city
Secretary, Christina King, 467 9499

COM2TECH

Classes, device help, Skinny JUMP setups.

Tuesday 3.30-5.30pm Valley Baptist Community Centre-Tech Space.

CodeClub4Teachers

CodeClub4Kids

Wednesday

10.30-12.30 Valley Project

3.30-5.30 Valley Baptist Community Centre-Tech Space.

CodeClub4Kids

Stepping up

Better Digital Futures

Contact: Amy Souquet

Phone: 0272569182

Email: amy@com2.tech

Web: www.com2.tech

Facebook @Com2Tech

church services

Salvation Army, 43 North Rd, community worker only, Mark O'Donnell

Sacred Heart Catholic, 89 North Rd, Mass 9.30am

Glenaven Methodist, 7 Chambers St, 11am

Pacific Island Presbyterian, 160 North Rd, English 11am on 1st, 2nd and 3rd Sundays; Cook Island 9.30am; Samoan 11am, 4th and 5th Sundays

Anglican: St Martin's, 194 North Rd, 10.30am

Opoho Presbyterian, 50 Signal Hill Rd, 10am

NEV Presbyterian, community rooms, 9.30am, first, third and fourth Sundays, cafe service, contact Shona McDonald ph 4530145

St Mark's Presbyterian, 304 Pine Hill Rd, 10am

St Martha's Anglican 1st&3rd Saturdays, St Martin's Lounge, 194 North Road 2pm; Wednesday Prayers-by-Zoom, 7pm. See details on Facebook

NEV Baptist, 270 North Road, 10.30am.

INTERESTED IN ADVERTISING IN THE CLASSIFIEDS?

PLEASE EMAIL VOICE@NORTHEASTVALLEY.ORG TO UPDATE OR ADD A LISTING, BEFORE THE 20TH OF THE MONTH PLEASE!

KOHA IS APPRECIATED, BUT NOT ESSENTIAL, FOR CLASSIFIEDS.

OUR BANK ACCOUNT NUMBER IS 03-1726-0005606-000 IF YOU WOULD LIKE TO MAKE A DONATION. PLEASE USE VVDONATION AS A REFERENCE.

New Local Business

Community News



THE BEAUTIFUL studio space on the corner of Crown Street and North Road has recently been transformed into a creative hub, with Kate Watts leading the way. Her screen printing and textile manufacturing enterprise CROWN AND FEATHERS started back in 2008, and has now found its home in North East Valley.

With an extensive background in garment design and manufacturing, theatre wardrobe design and boutique retail, Kate chose to channel her experience into her own bespoke venture. Her gorgeous array of trademark fingerless merino gloves feature hand-drawn then screen-printed images, inspired by our natural history and built environment. More recently, a range of fine linen tea towels have been added to her range.

The workroom is open from 9.30–12.30 ish on weekdays. If you don't manage to catch her there, a selection of her work can be found at Design Withdrawals on Moray Place, I Love Merino in the Octagon, Olivier Home on George Street, and at Blacks Road Grocer.

For more information and online sales, she also has two websites:

katewatts.co.nz and crownandfeathers.co.nz

- Marama Smyth



Te Reo Māori language used in this months Valley Voice

Kai - Food, meal.

Tamariki - Children.

Kapa Haka - Concert party, haka group, Māori cultural group, Māori performing group.

Te Hautonga Kapa Haka Competition - Otago/Southland Secondary Schools Kapa Haka Competition.

Kia ora - Hello! Cheers! Good luck! Best wishes!

Tēna koutou - Hello! (speaking to three or more people), thank you.

Koha - Gift, present, offering, donation, contribution.

Whānau - Extended family, family group, a familiar term of address to a number of people.

Ōtākou/Murihiku Ngā Manu Kōrero - Otago/Southland speech competition.

Whare - house, building, residence, dwelling, shed, hut, habitation.

Need an MP?
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MP for Dunedin

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dunedin@parliament.govt.nz

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