

### CHINGFORD CHOSEN FOR 'TRYBRARY' BORROW BOX

This month we have secured a new addition to Chingford Park: the TRYbrary! This is a 'library' of sports equipment and recreational gear that is available for anyone to 'try' out while visiting Chingford Park. From footballs and frisbees to badminton gear and a cricket set, you'll find a good bunch of activities to make use of the park's expansive fields!

The TRYbrary project has been supported by the Dunedin City Council and Waitaki District Council, through funding from Sport Otago's Tu Manawa Active Aotearoa fund. The custom base for the box was built by the North Dunedin Shed Society, who took great care in ensuring it is sturdy and safe to weather the erratic Valley elements. We've also received a lot of support from Otago Museum, who has initiated other TRYbrary units both in Dunedin and Balclutha.

This new community asset will be managed and maintained by us at the Valley Project. As is the case with any community project, we all must work together to ensure the TRYbrary is thriving and well looked after! We are running a roster of guardians who are keen to check in on the TRYbrary once a month, and to let us know if anything needs to be addressed. We're looking for more community champions to take on this role; not too strenuous - it's literally a walk in the park!

The TRYbrary is always accepting donations! If you have any old sport gear or outdoor play-toys lying around at home, we would love for you to bring them to the Valley Project! Rather than donate them straight into the box, we'll check out the gear and label it so future borrowers know where it belongs.

The Valley Project would like to thank Anna and Jessa from Otago Museum, Lucy and Leah from the DCC, Georgia from Sport Otago, and of course, Marc and Chris from the North Dunedin Shed Society! Every little bit of involvement means a lot for these collective efforts. -- **Nate Laurie** (More on the newly installed TRYbrary on page #6.)



Let's play! TRYbrary opening day at Chingford Park.

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- TOYS







# SURRENDER TO MIDWINTER FESTIVITY!

Now is not the time to burrow under blankets! It's time for celebration... Congratulations! You survived the first half of 2023! Get out 'n about to keep the winter blues at bay. Find comfort in the fact that Dunedin will gain 30 seconds to 3 minutes of daylight every day from 22 June.

## VALLEY PROJECT RECEPTION HOURS

Monday, Wednesday & Friday 10am - 12noon  
Tuesday & Thursday 10am - 2pm  
(closed all public and school holidays)

- free wifi use
- placement of notices
- trap hire
- newsletter advertising
- laminating
- printing & photocopying
- seed library
- room bookings

Subscribe to full-colour digital copies of the Valley Voice and/or OpenVUE newspapers:  
[tinyurl.com/VPnewspapers](http://tinyurl.com/VPnewspapers)

Join the Valley Project Community Business Directory! Listings are entirely free!  
[www.northeastvalley.org/directory](http://www.northeastvalley.org/directory)

## COMMUNITY ROOMS AVAILABLE FOR HIRE\*

**FRED HOLLOWS COMMUNITY ROOM** has a max capacity of 30 and is equipped with a kitchenette (microwave, sink, jug, dishes/cutlery, serving wares, fridge, etc.) tables & chairs, whiteboard, TV, and more.

**TE PŪTAKE ROOM** is suitable for small meetings of up to 10 people. Available all hours over weekends and after 3:30pm on weekdays. The room is equipped with a kitchenette, heat pump, and TV w/HDMI.

**CLINIC/QUIET ROOM** is ideal for the provision of health and social services, or other one-on-one sessions.

Check the bookings calendar on our website for availability ([www.northeastvalley.org/services/community-room-bookings](http://www.northeastvalley.org/services/community-room-bookings)), then book by emailing [reception@northeastvalley.org](mailto:reception@northeastvalley.org).

*\*See page #5 for an important update on booking procedures, policies, and hire rates.*



## VALLEY VOICE 6-WEEK SCHEDULE

| 2023 ISSUE:        | #6      | #7          | #8           | #9         |
|--------------------|---------|-------------|--------------|------------|
| CONTENT DUE:       | July 5  | August 16   | September 27 | November 8 |
| DISTRIBUTION DATE: | July 29 | September 9 | October 21   | December 2 |

## A NOTE FROM OUR CHAIR

This is our first issue of the new six-weekly Valley Voice scheme, and boy am I impressed with what is in it! Our wonderful editor Krysha Brzuza, along with her colleagues, have been working like bees creating, crafting, and bringing together content for our community to enjoy. In addition to the newspaper, Krysha and all-rounder staff member, Nathan Laurie, have undertaken some Community Development Coordinator tasks while our man Liam Dell is away in Australia until the end of July.

In recent weeks The Valley Project team has been engaged in quite a few impressive pursuits: the TRYbrary sports gear borrow box installation at Chingford Park; painting of the North East Valley Kai Pantry (moving along wherever time allows); a reworking of the Kai Share programme for better accessibility to the community and its ever-shifting needs; and a possible co-lab with All Saints' Fruit and Veges.

Entries are still open for the Great Kiwi Poster Competition. They're coming in thick and fast! Entries thus far have been exceptionally good. They just seem to get better and better each year! The competition closes July 16, so get in quick if you are keen to participate for the chance to win fame (nationwide exhibition) and fortune (\$1000).

This just in: a second poster contest has just commenced to run alongside the Great Kiwi Poster Competition! Now invited are poster entries specifically on the matter of vaping. *Escape the Vape* is part of the Smokefree Science Showcase developed by the Tūhura Otago Museum. Head to [www.greatkiwiposter.com](http://www.greatkiwiposter.com) to get details on both competitions.

It is also AGM season for the Valley Project. The AGM is to be held on 20th June at The Valley Project Rooms. We can't wait to share with you what we have been up to and have planned for the future. There will be an opportunity for community members to feed into what they want the future of the collective Valley to look like and how it can be achieved. I can't wait to see you there! -- **James Sutherland**, [james@northeastvalley.org](mailto:james@northeastvalley.org)

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what's ON?



## BIRD IDENTIFICATION WORKSHOP

Building on last year's presentation, Mary Thompson of Birds NZ will provide more tips on how to identify birds and increase enjoyment of them in your garden.

**SUNDAY, 18 JUNE, 2 - 3.30pm**  
**VALLEY PROJECT, 262 North Road**



## BIOCHAR WORKSHOP AND DEMONSTRATION

Dennis Enright of NZ Biochar Ltd. will give an illustrated talk and demo on biochar.

**SATURDAY, 15 JULY, 12noon - 4pm**  
**VALLEY PROJECT (262 North Rd.) & NEV COMMUNITY GARDEN (via Longworth St.)**  
**RSVP to [garden@northeastvalley.org](mailto:garden@northeastvalley.org)**



## VALLEY PROJECT AGM

All invited! Get to know the team, local business owners, and community leaders. Find out what our major partners are up to - The Toy Library, Kai Share, VCW, etc.

**TUESDAY, 20 JUNE, 6 - 7.30pm**  
**VALLEY PROJECT, 262 North Road**  
**REGISTER HERE: [tinyurl.com/25cy74hw](https://tinyurl.com/25cy74hw)**



## THE GREAT KIWI POSTER COMPETITION

Design a poster in the theme of "Protect Our Future" and be in to win \$1000 and nationwide display of your creation! Junior, Intermediate, Senior, and Adult categories.

**ENTRIES CLOSE 5pm SUNDAY, 16 JULY**  
**[www.greatkiwiposter.com/](http://www.greatkiwiposter.com/)**



## TALI JOY AT INCH BAR

Up-and-coming rap artist and songwriter, Tali Joy, is proud to be performing in the neighbourhood where she grew up. Her music journey officially took off in 2020 with the song *Palm to the Tree*, but it was her culturally rich upbringing that paved the way. Tali is British-Maori, born in Dunedin - Chambers Street, in fact! She was regularly involved in Maori and Polynesian activities at local schools, and was often praised by teachers for her descriptive story writing skills. Tali's brothers were already involved in the rap scene long before she came on-board. Her musical influences span all genres and artists, including Dolly Parton, Bob Marley, Dr. Hook, and the Red Hot Chili Peppers. Her personal style is a fusion of soul, funk, hip-hop, RnB, and DnB. In recent years Tali has performed at the Ōtepoti Hip-Hop Hustle, and in coming days she will be onstage at the Dunedin Winter Solstice Festival. Get a taste of Tali Joy on Spotify, YouTube and iTunes, or head to Inch Bar for the real deal.

**SATURDAY, 15 JULY, 8.30pm**  
**INCH BAR, 8 Bank Street (koha entry)**



**Ado-Lessons**  
**Unlocking the Adolescent Brain**  
with Dr Rob Thomson

**Sunday July 9**  
4-6pm

8 Stafford Street, Dunedin  
Tickets \$20 - \$29

<https://www.trybooking.co.nz/NSL>

**BIG Talk #2**

**Up to Their Own Devices**  
**Keeping Kids Safe Online**

with Peter Bevin

**Sunday August 6**  
4-6pm

8 Stafford Street, Dunedin  
Tickets \$20 - \$29

<https://www.trybooking.co.nz/NSM>

**Big Talk #3**




- ✉ [voice@northeastvalley.org](mailto:voice@northeastvalley.org)
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- ☎ (03) 473 8614
- 📍 P.O. Box 8118, Dunedin 9041
- 📍 262 North Road, North East Valley, Dunedin



The North East Valley Community Development Project (The Valley Project) is a registered charitable organisation that builds community connections and promotes the wellbeing of local families and whanau. If you like what we do, you can donate at:

**givealittle**  
[www.givealittle.co.nz/northeastvalley](http://www.givealittle.co.nz/northeastvalley)

The opinions expressed in articles are the author's own and are not necessarily shared by the editor or Valley Project Team. Submitted articles may be edited at the editor's discretion.

We'd love to hear from you! Send us your local photos, stories, announcements, etc. Next deadline for newsletter copy is 5 JULY, 2023. Submissions later than this date cannot be guaranteed space. Please keep your contributions to 300 words or less. Advertising information available on the VP website.



**the VP buzz**

# EXEC MEMBERS WANTED!

PEOPLE WHO ARE PASSIONATE ABOUT THEIR COMMUNITY AND WANT TO GET INVOLVED IN THE AWESOME WORK WE DO!

Get in contact with our Chair James Sutherland for more info:  
[james@northeastvalley.org](mailto:james@northeastvalley.org)

**the VALLEY project**

WE ARE **HIRING**

**Open VUE Coordinator**

Submit your CV & COVER LETTER to [vpmanager@northeastvalley.org](mailto:vpmanager@northeastvalley.org)

The North East Valley Community Development Project (The Valley Project) is looking for a passionate, motivated person to coordinate and work with a small but vibrant team, to lead the biodiversity arm of the organisation—Open Valley Urban Ecosanctuary (Open VUE)—right here in the Valley.

The Open VUE biodiversity coordinator will coordinate and promote projects and community engagement within the Lindsay Creek catchment area (primarily within the North East Valley, Pine Hill, and Ōpoho suburbs) for Open VUE. The Coordinator will work closely with the Open VUE Advisory Group to develop, pilot, and deliver this program. Projects and community events will have a habitat restoration, water quality, and education focus that align with the Open VUE core outcomes. The Coordinator will also utilise the Valley Voice publication, social media (Facebook), and media platforms (Mailchimp) to promote events and communicate with the community. There is scope for the hours in this role to increase, depending on specific projects and funding available. *Closes Sat. 1 July, 2023.*

**Rob Wilson**

## GOOD SORT ALLSORT AWARD

Tucked behind the greenhouses at the topmost section of the Botanical Gardens is the Ōpoho Bowling Club. On most days of the bowling season you will find an exceptionally manicured green - the pride and joy of Rob Wilson. Rob calls himself a novice green keeper, always learning more as he goes. His patch of grass is considered one of the most desirable in Dunedin, and was specially selected to host a Dunedin Clubs tournament this year.

The Ōpoho Bowling Club nominated Rob, stating that he is a good sort and that they appreciate the long hours he labours maintaining the stretch of turf over the last couple of years. Rob says he is not in it for the recognition, admitting he is the type of person that would rather stand at the back of a room. Casual compliments are recognition enough, Rob tells us.

Even though winter is approaching and the bowling season has just come to an end, he is as busy as ever making sure the weeds are kept at bay. He is also working on what some say is "a very scientific plan" to ensure the green is more than ready for when bowling season starts up again later this year.

When asked what he would like the community to take away from his recognition, Rob responded with an open invitation for all to join the club if interested in playing bowls. They have a core membership of 28, but are always keen for more players. He also took this opportunity to give a shout-out to his 'sidekick' David who puts in countless hours helping him out, even travelling all the way from Sawyers Bay to do so!

The Good Sort Allsort team thought Rob was well deserving of the award. He has shown dedication and significant contribution to his community through the unnoticed but important work of keeping the green up to scratch. Had it not been for the Club turning the spotlight on Rob, the mystery of the impossibly impeccable bowling green would carry on.

On behalf of The Valley Project, Ōpoho Bowling Club, and the community, we would like to thank Rob Wilson for being our local Good Sort Allsort! -- James Sutherland

*nominate the next winner now*



Do you know anyone that makes our region a better place to be, who is deserving of recognition for community services? Nominate them now for a Good Sort Allsort Award! We're accepting nominations from across North East Valley, Pine Hill, Ōpoho, Upper Junction, Normanby, and Dalmore.

Head to the Valley Project website to fill a form or drop into reception at 262 North Road to do so in person. Winners earn RJ's Licorice Allsorts, an interview, a certificate, a high tea at the end of the year, and a spot on the honour board!





# UPDATE ON VP ROOM BOOKINGS

The Valley Project has decided to change hourly rates of the Valley Project community room bookings. These new rates came into effect for all bookings on May 8th, 2023.

Rates are now determined by the number of attendees (over or under 20 people) that are expected at booking(s), also to account for wear and tear on facilities and usage of supplies.

Also factored in is whether bookings are open to the public or for members only. We offer the community a concession rate to groups open to the public, whereas the general rate is for closed, invite-only bookings.

We are also introducing sliding scale options, as shown in the table here. This is in the interest of equitability and accessibility, so hourly rates can be chosen according to host needs, but also reflects the value that the rooms bring them and their group. Rates are adjustable if circumstances change. Birthday party charge is a flat rate of \$15 per hour.

We appreciate the community's patience with the changes taking place, and hope to serve you all well into the future. Questions and concerns regarding room bookings can be brought to [reception@northeastvalley.org](mailto:reception@northeastvalley.org).

|                                 | Community Concession (public) | General (private)  | Birthday Parties |
|---------------------------------|-------------------------------|--------------------|------------------|
| Small group (fewer than 20pp)   | \$15 – 23 per hour            | \$23 – 33 per hour | \$15 per hour    |
| Large group (greater than 20pp) | \$20 – 23 per hour            | \$25 – 35 per hour | \$20 per hour    |

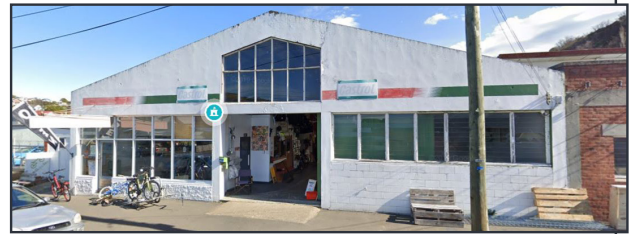
## VALLEY PROJECT ADOPTS VALLEY COMMUNITY WORKSPACE

The VCW Committee has just voted to dissolve the incorporated society known as The Valley Community Workspace, and become a part of The Valley Project. The workspace will stay as it is—a hub of sustainable low-carbon technologies—but instead of having a workers committee, this will be replaced by the function of The Valley Project Executive.

As the tenants' businesses grew, it became a challenge to manage governance of the organization alongside their day-to-day business operations. The committee had been exploring options for more than a year and saw a benefit to being absorbed into the Valley Project.

Valley Project Chair James Sutherland says, "this is a great opportunity for our community to further invest in the building and the work that these businesses and initiatives create for not only the Valley, but also the wider Dunedin City. We really do have a gem on Allen Street and want to make sure that we are investing enough energy and capital to bring the building into the 21st century, allowing the low carbon, innovative hub to thrive."

The Valley Project Executive will be putting together a business plan for the building over the next 12-18 months. The community will be consulted on this at the Valley Project's upcoming AGM. -- *Valley Project Executive*



## A COMMUNITY OF GREAT PEOPLE RECOGNISED BY PM!

The Valley Project was stunned to be a recipient of The COVID Response Recognition Award and pin, delivered directly from Parliament. It was awarded to the Project team for our efforts around the first lockdown and consequently throughout the pandemic. This included instalments of community game nights, Saturday BBQ's, and soup nights - all proving very popular with locals. As it became more challenging towards the end of restrictions, the bonds developed through these activities became doubly important as we assisted those unable to leave their homes, who needed their grocery shopping done, etc.

The Executive of The Valley Project would like to make a special mention of **Tess Trotter** who was manager of the Project during this period and devoted herself to implementing these initiatives. Tess worked a significant amount of hours to ensure that the community was well supported and no one was left behind.

Another key stakeholder in this award is

**Charlotte Wilson** who was our Community Development Coordinator at the time and a Project staff member for over ten years. The level of mahi Charlotte dedicated



throughout the pandemic enabled the community to break down barriers we had self-erected in the name of safety. Charlotte was a real trooper and ensured our most vulnerable remained connected

to the community, ensuring that they felt safe in a very anxious time.

Apace with Charlotte and Tess was Chair of the Executive, **Ian Telfer**. Ian volunteered tirelessly to keep the Project going and to support staff as we significantly upscaled their workstreams. Ian quietly worked countless hours behind scenes managing all the paperwork and reporting for various funds. Without Ian we would have been without direction!

We also wish to recognise everyone who worked alongside The Valley Project over those intense two years of coronavirus. There are simply too many to thank here, but know you are appreciated for your help with events, for providing individual support to community members, and for dutifully remaining connected with them amidst Level 4.

This honour also pertains to the Valley residents who backed our focus to protect the community from pandemic fallout. This award is for the community as a whole. Thanks to all! -- *James Sutherland*



# TRYbrary

It's like a library for sports equipment, with a bunch of stuff to play with!



## WHY?

Science shows that being active can make you feel better in lots of different ways!

### Feeling stressed?

Getting active helps your body produce feel-good chemicals (called endorphins) that help you feel more positive and less stressed.

### Feeling rundown?

It might sound weird, but did you know that the more energy you expend being active, the more energy you actually end up having!?

### Feeling foggy?

Those same feel-good chemicals can help get rid of any brain fog and make you feel refreshed.



There are lots of other benefits to being regularly active, such as feeling more self-confident, better memory, improved problem solving and flexible thinking, feeling better physically, and the chance to make new friends!

All this good stuff doesn't just come from going for a run or to the gym – it can be as easy and fun as a game of tag!

So take a peek inside and have fun, or get creative and **invent your own activity**, just make sure to put the equipment away when you are done.



Find the TRYbrary at Chingford Park, 411 North Road, North East Valley. Head for the playground and you won't miss it!

If you would like to know more about the TRYbrary, or would like to be involved in its guardianship, come visit us at the Valley Project during reception hours, or email Nate at [reception@northeastvalley.org](mailto:reception@northeastvalley.org). Photos below: TRYbrary opening day.



## COUNTDOWN TO FIFA WOMEN'S WORLD CUP 2023™

The FIFA Women's World Cup 2023™ begins next month, bringing some of the world's best football players to Ōtepoti Dunedin. The tournament is the largest female sporting event in the world and is one full of firsts – the first to be co-hosted, the first with 32 teams, the first in the Southern Hemisphere, and the first hosted across two confederations.

We are the only official Host City in the South Island and will host six games from July 21 to August 1, starting with Philippines versus Switzerland on Friday, July 21. We also have the chance to watch Netherlands, Portugal, Japan, Costa Rica, Argentina, South Africa, New Zealand and Vietnam here at the stadium.

As part of its commitment to delivering a barrier-free tournament, FIFA offers Accessibility Tickets for all matches and venues. As well as this, there will be services for people with sensory needs and services for deaf and hard-of-hearing fans. There's also a dedicated volunteer team trained to assist spectators with disability or limited mobility.

## TROPHY TOUR AND FIFA FAN FESTIVAL

The FIFA Women's World Cup™ Trophy Tour is coming to Dunedin at the end of the month (June 22-25) offering a range of opportunities and venues for football fans to see the official trophy. And, on selected days throughout the group stage of the tournament, there will be a free FIFA Fan Festival at the Dunedin Town Hall and Glenroy Auditorium featuring live match screenings, top music acts, sporting activations, cultural performances, cosy pub-style eating areas, snacks and drinks from local food trucks.

For more info on the tournament and related events, go to FIFA Women's World Cup 2023™ - Ōtepoti | Dunedin New Zealand official website ([dunedinnz.com](http://dunedinnz.com))

### DUNEDIN MATCH SCHEDULE

|                            |                    |       |
|----------------------------|--------------------|-------|
| Philippines vs Switzerland | Friday, 21 July    | 17:00 |
| Netherlands vs Portugal    | Sunday, 23 July    | 19:30 |
| Japan vs Costa Rica        | Wednesday, 26 July | 17:00 |
| Argentina vs South Africa  | Friday, 28 July    | 12:00 |
| Switzerland vs New Zealand | Sunday, 30 July    | 19:00 |
| Vietnam vs Netherlands     | Tuesday, 1 August  | 19:00 |





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## CREEK CREATURE FEATURE - THE MUDSNAIL

In this issue, we are investigating one of the creatures we found at Chingford Park and at the North East Valley Bowling Club - the Mudsnaill! At our sampling sites in both Chingford Park and at the North East Valley Bowling Club we found over 100 individuals! Mud snails are similar to the kind of snail you might find in your backyard as they are both molluscs and live in a shell, but mud snails are much, much smaller, only growing to 12mm at most and have a little trap-door (operculum) that they close when they retreat into their shell. They can be black or light brown and the shell might be covered in tiny little spines. Mud snails are found in all kinds of waterways, such as lakes, ponds, and streams, and can be found in high numbers in nutrient-rich waters. As they have a Macroinvertebrate Community Index (MCI) score of 4, they are considered to be tolerant to poor water quality but can be found in both pristine and polluted waters.

References: Manaaki Whenua Landcare Research and NIWA Benthic Macroinvertebrates



## STREAM HEALTH CHECK-UP: REVIEWING RESULTS

Lindsay Creek|Puke Haukea is an important waterway in North East Valley and neighbouring suburbs. Tributaries flow off the surrounding hills, catching up with Lindsay Creek as it makes its way down the Valley. On this journey, Lindsay Creek passes through a mosaic of land types, including forest, farmland, parks, backyards, schools, and businesses, eventually merging with Water of the Leith at the Botanic Gardens. Have a look at the confluence (where the two bodies of water meet) at the southern end of the lower garden. Observe how the two waters flow into one another.

The health of Lindsay Creek has become a trending topic. As part of the Community Classroom activities back in March, Open VUE hosted a Stream Health workshop which studied stream health by sampling aquatic macroinvertebrate communities at four different points along the creek (in the upper catchment, Bethunes Gully, Chingford Park, and NEV Bowling Club). Macroinvertebrates are small animals without a backbone and can be seen without a microscope. Aquatic macroinvertebrates are good indicators of long-term overall stream health as they generally have a year-long lifecycle (or more) and are affected by different aspects of the stream. By identifying and counting the different species, we can calculate the Macroinvertebrate Community Index (MCI). Each species is assigned a number depending on how tolerant they are to water pollution. High MCI scores indicate good health and pristine waters, whereas low MCI scores indicate poorer quality water.

Before collecting data, we theorized the health of Lindsay Creek decreased further down the catchment due to land use such as urban development. Our results seem to support this. At the top of the catchment (closer to the headwaters) the MCI score was higher than further down the way. The most common macroinvertebrates we found in the samplings were mudsnails, flat mayflies, and sandfly larvae, but in different numbers at each site. We observed that there was more stream shading and less deposited sediment in the upper catchment compared to the lower catchment.

Based on these findings, we might start thinking about why the MCI scores are lower downstream and how we could improve the health of Lindsay Creek, particularly in the lower reaches. This mahi is part of the Lindsay Creek River Restoration Project where we will attempt to address these questions. If this is of interest to you, get in touch at [openvue@northeastvalley.org](mailto:openvue@northeastvalley.org).

A big thanks to everyone who has supported this project, in particular Clara Hardy, and Stream Health workshopers and volunteers, the DCC, ORC, landowners, as well as our funders, Curious Minds PSP, Otago Catchment Community, and the Lion Foundation. -- Clare Cross

## TAKE PART IN THE NZ GARDEN BIRD SURVEY

The New Zealand Garden Bird Survey is fast approaching again this year! Rug up warm and take an hour to observe the birds you see in your backyard or local park during the week of 24th June to 2nd July 2023! Report what you find to the Garden Bird Survey online form ([gardenbirdssurvey.nz](http://gardenbirdssurvey.nz)). You can also pick up tally sheets from the Valley Project reception but you will still need to submit your findings online. Any data you collect and submit (even if you didn't see anything!) is super important for scientists as birds are a really good indicator of environmental health. For more, check out [gardenbirdssurvey.nz](http://gardenbirdssurvey.nz).

New Zealand  
**GARDEN BIRD SURVEY**

Join us and make our birds count!

24 June - 2 July 2023

@NZGardenBirds  
gardenbirdssurvey.nz

Manaaki Whenua  
Landcare Research





## THE WINTER GARDEN - TE MĀRA TAKURUA

Despite having a mild start to the winter with a warm autumn, things have slowed down in the planting and growing cycle of the garden on the hill. However, there is still plenty to do. Some beds we've let 'rest', covering them with layers of green waste and pea straw to decompose and protect the soil over winter. Our large potato bed was lucky enough to get bags of guinea pig litter made of untreated wood shavings which local resident Valerie drops off to us regularly.

If you're keen on starting a new garden, then do it now! Put down a thick layer of cardboard or newspaper on the ground (don't scrimp on this, it should be a thick layer), then pile on a layer of green waste, followed by manure if you have access to it, and topped off with pea straw. Some call this a lasagne garden because of its layers! You can keep layering like this all winter to build it up, then when springtime arrives, start planting into it.

North East Valley School have a fundraiser going for pea straw, which is a great opportunity to do something good for your garden and your community. Order at [tinyurl.com/NEVNPeaStraw](http://tinyurl.com/NEVNPeaStraw). Alternatively, you could just cover with more newspaper instead. Whichever you go with, it's easy and cheap to set up a new garden bed using this layering method which does really work!

For many more ideas read the magazines *Kiwi Gardener*, *Organic NZ*, and *NZ Gardener*, all available for free at Dunedin Public Library. They also have a seed library (as does the Valley Project) and lots of great books on gardening! Happy planning!

-- Lynn Vare



## BIOCHAR WORKSHOP & DEMO

SATURDAY, 15 JULY, 12noon - 4pm

VALLEY PROJECT COMMUNITY ROOMS & NEV COMMUNITY GARDEN

RSVP: [garden@northeastvalley.org](mailto:garden@northeastvalley.org)

The North East Valley Community Garden is a group of gardeners who meet weekly. We are interested in regenerative soil health, natural gardening systems, demonstrating food resilience, and learning to grow vegetables together. We hold working bees on compost-making, seed-saving, and planting. We welcome people of all gardening abilities.

Puaka Matariki is a time for preparing the soil for the next planting and growing season. We would like to share our soil-preparation methods for winter with the community.

The Community Garden recently hosted Dennis Enright of New Zealand Biochar Limited who gave a presentation and demonstration on making biochar using flamecap pyrolysis to fifteen attendees.

Making good biochar can be readily accomplished by following a few simple rules. We were fortunate to have a beautiful day for the demonstration, and Pam, Tom, Kate and others had collected plenty of dry, woody biomass that pyrolysed well, proving us with a lovely mass of biochar. We hope to have another fine day for the upcoming second instalment of the talk and workshop.

Dennis will give an illustrated talk before the workshop at the Valley Project rooms to discuss the process of making biochar, touching on various biochar kilns, pits and trenches. He will also examine the potential benefits for home garden soil health and regenerative farming. A demonstration workshop at the Community Garden will follow.

Members of the community are invited to bring along their own prunings to turn into biochar (must be very dry, been off-tree for at least two years, and be of a diameter less than five centimetres). Participants will be involved hands-on in the workshop, so should dress appropriately (covered shoes are a must). At the end you'll have the opportunity to take home some biochar for your garden.

*The NEV Community Garden is situated behind NEV Normal School - entrance from Longworth Street (park your cars on the road and walk up the path to the Garden). The community rooms are located at 262 North Road.*

*Event sponsored by NEV Community Garden and NZ Biochar Limited.*

### DALMORE RESERVE COMMUNITY GARDEN WORKING BEES

|                   |                   |                   |
|-------------------|-------------------|-------------------|
| Sat. 24 June 10am | Sat. 22 July 10am | Sat. 26 Aug. 10am |
| Sat. 8 July 10am  | Sat. 12 Aug. 10am | Sat. 9 Sep. 10am  |

### N.E.V. COMMUNITY GARDEN WORKING BEES

|                     |                     |                     |
|---------------------|---------------------|---------------------|
| Sat. 17 June 9:30am | Sun. 9 July 1pm     | Sat. 29 July 9:30am |
| Sun. 25 June 1pm    | Sat. 15 July 9:30am | Sun. 6 Aug. 1pm     |
| Sat. 1 July 9:30am  | Sun. 23 July 1pm    | Sat. 12 Aug. 9:30am |





# O T T O ' S B E E S

## NZ BEES UNHINDERED BY WINTER

### WHERE DO OUR BEES COME FROM?

I realised when I started writing this article that I haven't yet covered the origin of honeybees in New Zealand, which I think is important information when we think about their habits and what they do at different times of the year. New Zealand's honeybees, known as western honeybees, originated from Europe and were first introduced here by European settlers in the 1800s. The natural range of the Western honeybee extends from Europe to the Middle East and throughout Africa. Around 30 different sub-species are recognised and traditionally these were geographically isolated populations that had evolved with the climate of their location. The main sub-species that were introduced into New Zealand are the European dark bee, which naturally occurs in British Isles and Scandinavia; the Italian honeybee, whose natural range is the Italian peninsula; and the Carniolan honeybee, named after the Carniola region of Slovenia – further east and north of Italy. The bees we have here now are a hybridised mix of these, although beekeepers do call the more orange/yellow coloured bees 'Italians' and the darker brown/black, grey-haired ones 'Carniolans'. The natural range of the western honeybees shows they have a remarkable ability to adapt to a very wide range of different climates.

### WHAT DO BEES DO FOR THE WINTER?

Honeybees have managed to evolve in a way that essentially can make a colony go on indefinitely. They achieve this with their ability to store enough food to keep the colony going for the entire winter, which in places like Scandinavia, is long and cold! While Dunedin's climate is not cold enough to make bees hunker down for the whole winter, there are still many days that are just too cold for bees to go out and collecting food. Even on warmer winter days, the amount of forage available from wildflowers is limited. Urban areas tend to be quite good for bees from this perspective as people tend to plant a variety of things that provide flowers throughout the year. If you take some time to look, you'll notice bees out and about on milder winter days. This forage is usually not sufficient for the bees to maintain the colony, however. Bees store food (honey and pollen) in the wax comb they build and they use it as sparingly as possible during the winter months. They often have a complete break from brood rearing during this time too, as rearing brood requires lots of energy (i.e. food). As the days start to lengthen towards the end of winter, brood rearing starts again and so does foraging for food.

### FEEDING THE BIRDS AND THE BEES?

For those of us who like attracting birds to our gardens by feeding them sugar solution over the winter, bees can have an annoying habit of utilising this easy source of food. I once got asked if I could feed my bees more so that they wouldn't need to frequent a backyard bird feeder. Unfortunately it is not as simple as that. Bees have the ability to store food so they will collect as much as they can while it is available. Once they find a source of food such as a bird feeder, they will continue to visit it as long as supplies last. While there is no fool-proof way to prevent bees frequenting a bird feeder, the best advice I can give is to make sure the sugar solution is not too strong. One part sugar to eight parts water (e.g. 1 cup sugar:2L water) works well for birds and is usually too dilute for bees to bother with. -- Otto Hyink | Facebook: @Ottos-Bees

## IMPROVING BIODIVERSITY IN OUR NEIGHBOURHOODS

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about your  
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Do you want to  
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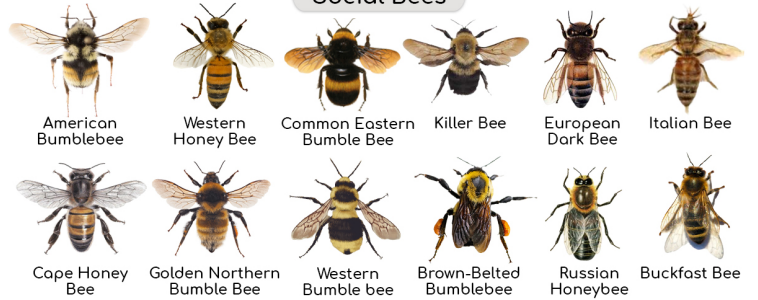
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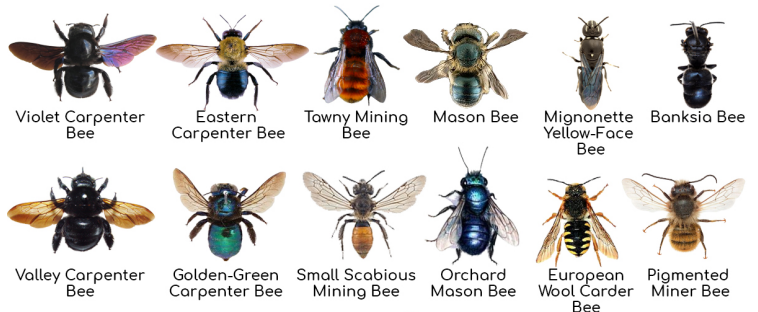
This research is being conducted by Emma Kuparinen

## TYPES OF BEES

### Social Bees



### Solitary Bees



www.animalspot.net





## FIND YOUR DANCING FEET WITH BALFOLK DUNEDIN

I recently had the pleasure of reconnecting with Jean. Jean was one of the keen dancers who used to attend my historical dance class before I stopped dancing a few years ago. Being a mum of a homeschool-based family, Jean involved her children in her dance activity. So when I ran my regular monthly historical dance workshops years ago, Jean and the girls used to attend. Most of her children were primary age at the time, but they loved dancing and they were very committed learners. They also attended all the Jane Austen Balls we organised, made their own outfits with their mum's help, and were always keen to learn more. Then Jean and her family moved down to Clinton and I stopped teaching.

Recently Jean informed me that her homeschool-based network was planning a costumed Ball and that she would be running a series of six preparatory classes for the children to refresh dances. Would I be interested in coming? Of course I was! So I went to Jean's first session hoping I could help somehow and I was so surprised and pleased to see that all the dances I taught over the years were there for me to watch, skilfully done by children, teenagers, and young adults I didn't even know. Jean's girls had grown into gorgeous young women and were dancing beautifully. Jean did an amazing job at maintaining what she learned with her own children, but also at transmitting the repertoire through the network of homeschooled children. She even kept adding new dances. I am currently attending the dance sessions to help out (but truly, I am not really needed) and looking forward to the event.

I didn't need to be pushed much further to dive into my old repertoire of dances and unearth a whole repertoire of beautiful dances I had forgotten. Some dances are French, but mostly they are old English Country Dances that significantly influenced French dancing. These dances trace their origins to all the courts of Europe, where dance styles evolved and influenced one another through cultural exchange and dissemination. Over time, they were adapted and transformed, resulting in a rich and diverse repertoire of historical dance. I have always been interested in dancing and understanding English dance in order to understand French dance better. So here you go, I am starting an English Country Dance class again! -- *Kate Grace*

Don't miss this opportunity to try something new and connect with our friendly community. See you on the dance floor!

The class is on Mondays at the Opoho Scout Hall, 128 Opoho Road. Regular 5-week blocks cost \$40, or attend casually for \$10 a class. Beginners most welcome. No partner needed. Join at any time! Contact Kate Grace: [balfolkdunedin@gmail.com](mailto:balfolkdunedin@gmail.com).

## OTAGO POLYFEST CELEBRATING 30 YEARS

Whakarongo! Whakarongo! Whakarongo ki te tangi a te manu e karanga nei

Tui, tui, tui, tuia. Tuia i runga, tuia i raro, tuia i roto, tuia i waho.

Tuia i te here tangata  
Tihei Mauriora



Tēnā koutou e ngā toitoi manawa o te motu, e ngā ihu oneone e whakapau kaha ki te whakatairanga i ngā mokopuna o te rohe me ō rātou pūmanawa ahurea.

Bula vinaka, Fakaalofa lahi atu, Halo olaketa, Ia orana, Kia orana, Mahalo, Mālō e lelei, Mauri, Namaste, Noa 'ia, Talofa, Talofa lava, Taloha ni, and Greetings.

This year, Otago Polyfest, presented by Te Mana Āhua Ake Trust, is celebrating thirty years with a dynamic programme of performance by young people from across the Otago region.

The 30th celebrations will run from Monday 11 September to Saturday 16 September. The Trust warmly invites friends, whānau, kaiako, and members of the public to save these dates, and join in the anniversary celebrations by supporting all our tamariki and rangatahi from Ōamaru to Kaitangata taking the stage at the MoreFM Arena.

Further information on what to expect from the celebrations will be announced in the months to come. Since its beginning in 1993, the Otago Polyfest has been a significant annual cultural event for Otago early learning services, schools, high schools and whānau, encouraging participation, inclusion and positive cross-cultural relationships.

Tickets for all performance sessions, which have remained at just \$2 per person per session, are available to the public at the door.

Everyone is welcome – nau mai, haere mai. -- *Marlia Morris*



**OTAGO POLYFEST 2023**  
**Monday 11 - Saturday 16 September**  
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# DUNEDIN NORTH PROBUS NEWS

## PROBUS OF DUNEDIN NORTH CHANGES TO A COMBINED MENS AND LADIES CLUB

As part of our 40th year celebrations, at the club's May meeting there was a resolution proposed to change from a Men's Club to a combined Club, allowing both ladies and gentlemen to join and enjoy full membership status. The vote was carried unanimously. Club members have looked at making this change on several occasions and there has been considerable discussion in the past 9 to 12 months. The Club's constitution will be updated at South Pacific Headquarters to reflect this change. For some time now the club has encouraged and welcomed the presence of ladies as visitors to our meetings, and several have regularly attended. This change is clearly a welcome logical step for the Club. Members very much look forward to the presence of new ladies and gentlemen who may be retired or close to retirement and would like to join. For further information email Peter, [peabee@xtra.co.nz](mailto:peabee@xtra.co.nz), or phone 03 455 1256.

## AUTUMN TRIP TO RANFURLY AND NASEBY

On a beautiful day recently, club members and a number of partners embarked on a day out to the Maniototo area. The group visited the information centre, with displays about the rail services and how this opened up the Maniototo area. After a lovely lunch, it was off to Naseby, visiting the information centre and craft shop, and the Naseby Museum, with an abundance of local history well represented. Well worth spending time at. A stop off for coffee at the Black Forest Café rounded out an excellent day and then it was homeward bound. A most enjoyable day out, not too far from Dunedin.

## LOCAL FILM MAKER PRESENTS FILMS OF DUNEDIN'S HISTORICAL INDUSTRIAL SITES

Gio Angelo is a local film maker whose hobby it is to quietly go about making great mini documentaries on local industrial history and prominent old buildings in Dunedin. Many feature regularly on Channel 39 TV. He gave an excellent presentation last meeting on a film about Donaghy's Rope and Twine works, *Bathgate Park Rope Walk*, and gave insight into his interest in local film making. -- *Peter Begg, peabee@xtra.co.nz*

*Outside Ranfurly Station Information Centre where we gathered before lunch.*







# BITUMEN... IT'S THE WORD ON THE STREETS

The hot days of summer are feeling like a distant memory now, but one memory I do have is standing outside my friend's house watching bits of James Street dribble downhill like slow black slugs. And it wasn't even that hot. I grew up in the Waikato

where it was always hot in the summer and I don't remember our streets melting like this (although, OK, our hills were virtually non-existent). What in tar-nation is going on?

A chance meeting with a DCC friend put me in touch with their Transport Delivery Manager and self-confessed 'roading geek', Ben Hogan. Turns out that sealing roads is half science, half art, and always a financial balancing act. Let's start at the start...

The main purpose of paving roads is to make them waterproof so they don't turn into the muddy slip 'n slides of olden day automobiling photos. Most roads in New Zealand are paved with chipseal. This is where a layer of hot bitumen—aka the sticky black goo left behind after separating petrol, kerosene, and diesel out of crude oil—is sprayed on the ground and then a layer of aggregate (small stones) is spread on top. The bitumen acts as both a waterproofer and a glue for the aggregate, which provides grip.

The ability to repurpose waste produce from oil refining is handy, but the thing about bitumen is it behaves differently at different temperatures - too hot and it will melt, too cold and it will crack (which is why chipsealing is always done in the summer, when you are on your holiday roadie, rather than in winter).

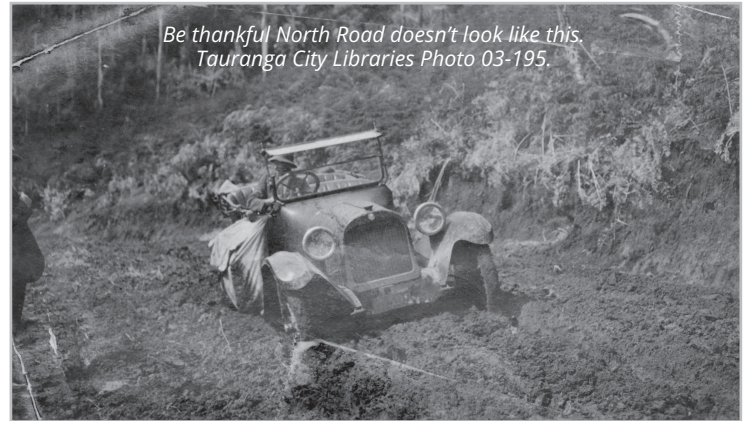
Bitumen comes in two grades in New Zealand, one a bit softer than the other. In general, softer bitumen is used in our neck of the woods because it copes with our cold winters better... but you can't have it both ways and, you guessed it, the downside is that it doesn't like the heat. In some places, like Central Otago, roading engineers add polymers like latex or rubber to the bitumen so it is more elastic and stable in a wider range of temperatures, but this is more spendy.

In areas that get a lot of traffic, roading engineers go fancy and use more expensive asphalt instead. Asphalt is a concoction of bitumen, aggregate, and sand that is mixed together like cake batter before it is laid. It gives a smoother and more durable surface that is less prone to dribble because the bitumen is more 'mixed in'.

And then in parts of North East Valley, where we like to take things to the extreme, neither chipseal nor asphalt will do. The steepest parts of Baldwin, Arnold, Calder, and Dalmeny Streets are concreted, which is even more expensive but less of a slave to gravity.

Roading fun fact: Asphalt is one of the most recycled materials on the planet! It can be scooped up, reshaped, and relaid. Unfortunately chipseal, which makes up almost 90% of New Zealand's roads, is trickier to recycle with its individual components, but researchers are working on this problem so that more oil and rock can stay in the ground.

Chipseal is most vulnerable in its first year while the bitumen is curing or hardening. Given that some of our roads have recently been relaid following the much-needed pipe replacements, we may need to be a bit patient while our roads bed in. -- **Helen Jack**



Be thankful North Road doesn't look like this. Tauranga City Libraries Photo 03-195.



## NEW HOME FOR YOUTHGROW

It is with great excitement that we let you know that Youth Development (YouthGrow) is now happily located and operating from the wonderful Flagstaff Community Church space.

YouthGrow/Family Works and Flagstaff Community Church have partnered together in sharing the Flagstaff space and the collective vision and values of 'growing together through loving service to our community', including a joint commitment to 'call out injustice and advocate for positive social change'.

Family Works Director Carmen Batchelor wants to give her heartfelt thanks to Flagstaff Rev Brendon McRae, Parish Council and the wider congregation for opening up their doors and hearts which is a wonderful blessing to our young people and our team.

Flagstaff Community Church and YouthGrow share a commitment to ecological sustainability and look forward to working together on Flagstaff's current eco restoration work and other potential partnerships.

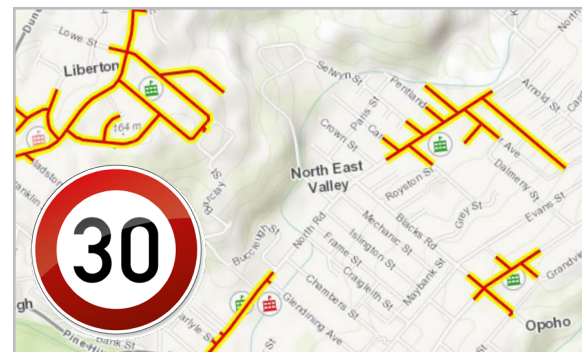
Presbyterian Support Otago's Family Works | Freephone: 0508 396 678 | [psotago.org.nz](http://psotago.org.nz)

## SPEED LIMIT CHANGE FOR SCHOOL ZONES

In a DCC press release sent 24 May, it was announced Dunedin speed limits are lowering to 30km/h for all school zones. The changes are part of the Interim Speed Management Plan (ISMP) and 'Road to Zero,' New Zealand's Road Safety Strategy 2020 - 2030. Installations of new signage will be completed by end of July.

All schools in the Valley region will have a 30km/h *variable* speed limit, meaning 30km/h max speed will apply 35 minutes before the start of school, and 20 minutes at the end of school: Dunedin North Intermediate, North East Valley Normal School, Ōpoho School, Pine Hill School, Sacred Heart School, and Pine Hill School.

More information available at [www.dunedin.govt.nz/speedmanagement](http://www.dunedin.govt.nz/speedmanagement)





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## SPOTLIGHT ON STARJAM

All over New Zealand, StarJam inspires young people with disabilities (our 'Jammers') to express themselves through music, dance, singing and performance. Our workshops, gigs, and discos are fun and exciting spaces for Jammers to grow in confidence, discover musical and performance talents, and make lifelong friends.

At StarJam we celebrate everything we do and all the people in our StarJam community with enthusiasm, positivity, energy, and vibrancy. This month's 'Spotlight on StarJam' celebrates Amara, one of the fabulous VOLLIES (volunteers) who gives her time to help with our Dunedin Rockin' Rhythm music workshop.

**What is your connection to and favourite thing about North East Valley?**

*I have lived in NEV since I was a child. My favourite thing about NEV is Chingford Park. It's a great place to explore and there are a number of really fun activities you can do there including disc golf and archery.*

**What is your favourite thing about StarJam?**

*I love getting to know the Jammers and seeing them smile and enjoy themselves.*

**What made you want to get involved?**

*I love music and dance! It's a wonderful opportunity to make a difference in young peoples lives.*

**How does StarJam impact your life?**

*StarJam is one of the highlights of my week. I love all the connections I have made.*

**What's your favourite StarJam moment?**

*Every week at the end of the workshop we have 'Spot the Talent' where Jammers get to sing, dance or tell a joke. This is definitely my favourite StarJam moment.*

**What is your best memory from workshops?**

*My best memory from the workshops (although there are so many!) was when one of our Jammers brought along her ukulele to play which was accompanied by a beautiful singing voice. She was so awesome.*

**If you could tell people one thing about why StarJam is so special, what would that be?**

*StarJam gives the Jammers and the VOLLIES the opportunity to make some amazing life-long friends.*

**At StarJam we love celebrating how everyone is unique and special. What do you think is the most special thing about you?**

*I always have a smile on my face!*

If you're interested in being involved in this community or coming along for a Jam at one of our discos or events, contact Fiona Paine, the Dunedin Area Programmes Coordinator at [dunedin@starjam.org](mailto:dunedin@starjam.org) or check out our website [starjam.org](http://starjam.org).



We want to know how creative activities such as painting, needle work, music and more, influence the way women from refugee or migrant backgrounds settle in Dunedin and help communities connect.

If you are an art or craft maker, or simply interested in the arts and want to learn a new skill, this is the opportunity for you. If you are new to Aotearoa New Zealand, this is a great opportunity to meet people, share skills, and have fun. Through participation you will be contributing to our aim of shaping future community art programmes which support people resettling in Aotearoa.

This project is intended for women aged 18 years and over who come from a migrant or refugee background. We also have space for a limited amount of women to join who are from non-migrant, non-refugee backgrounds, so contact us if you are interested.

The project will involve attending at least five different art workshops where you will have the opportunity to learn skills, have fun, and develop a new hobby; creatively tell a story and share it; meet new people and develop networks; learn about others' cultures and share your own; and try something new, relax, and create beautiful crafts.

At the end of the project you can choose to take part in an art exhibition/celebration evening and share your art.

The total commitment of time involved is about 20 hours over 2 - 3 months.

For more information, contact Chloe Mackenzie, National Centre of Peace and Conflict Studies, University of Otago ([chloe.mackenzie@postgrad.otago.ac.nz](mailto:chloe.mackenzie@postgrad.otago.ac.nz)) or Associate Professor Vivienne Anderson, University of Otago College of Education ([vivienne.anderson@otago.ac.nz](mailto:vivienne.anderson@otago.ac.nz)).



This project has been reviewed and approved by the University of Otago Human Ethics Committee.

Reference: 23/025



# MIGHTY CREATIONS FOR MIDWINTER CARNIVAL

Even when not alight and methodically displayed, the collection of 500+ lanterns in the Midwinter Carnival art space is an awe-inspiring sight! This is the first year the Dunedin Midwinter Carnival art team is operating out of their new 500sqm warehouse in North East Valley. Everyone is thrilled with the ample elbowroom, but it doesn't necessarily mean they can build bigger lanterns. "They still need to be easy to manage and able to fit in a truck for transport," explains Art Team Coordinator, Phillipa Crofskey. What it does mean is the two-metre tall football she's working on can be shifted around with ease.

The many lanterns packed into the warehouse exist in a full-spectrum of states - from carnival-ready to bare-bone wire frame. Some are in shreds, like the hot air balloon, looking as if it barely survived a bout with a tornado.

Longevity seems to be the focus in this lantern building season. Instead of the traditional parchment paper, this year's lanterns will be fitted with parka nylon, the same material used for camping tents and waterproof jackets. Industrial strength zip ties—by the thousands—now affix the structural canes at every join. Fully wooden installations are in the works, too. Phillipa admits production time is initially tripled this way, but where time is saved by needing less lantern maintenance and restoration, more time is gained for custom creations. She and her fellow lantern builders dream of crafting a giant dragon, flying cat, and a 100 butterflies!

Look out for this year's newest addition, a humongous caterpillar! It has taken pro builder, Rohana Weaver, over 100 hours to create it! If you would like to become an official lantern builder for the Midwinter Carnival, start by volunteering at one of the public lantern workshops around Carnival season. Training for these typically happen in the summer prior. You could work your way into the art team even faster if you have an architectural, engineering, or building background.

Or you could just support the builders by bringing chocolate and hot drinks to their workshop on 7 Watts Road. You can also ensure they are paid for their talents by donating to the Dunedin Midwinter Carnival Boosted NZ Campaign. And finally, there is no greater support than attending the event itself! See you at First Church on **June 23-24, 6-9pm.** -- *Krysha Brzuza*



# DON'T GET CAUGHT IN THE COLD: TIPS FROM LOCAL PROS

You can feel it in your bones; winter is upon us. We've reached the dark season, and the elements will be forcing us all to adjust our routines and expectations. Lucky for you, we've asked local service providers for some common and not-so-common reminders for safely navigating around town, and keeping your household warm and safe. A big thank you to Martin from Willowbank Fire Station, Tomas from North Dunedin Police, Luke from Top Hat Chimney Sweeps, Thomas from DJ Automotive, and the team at McArthur & Symon's Electrical for shedding some light around the following winter reminders!

## SMOKE ALARMS

Ideally you should have one in every room in the house, including bedrooms. You can get these checked and replaced for FREE! This comes as part of a Home Fire Safety Check, which can be done by contacting a local fire station.

## ELECTRIC BLANKETS

Switch them off as you hit the hay. Never keep them running 24/7! Consider replacement after ~5 years. You can bring your electric blanket to a local electrician like McArthur & Symon's, and they can give it an electrical check for \$25.

## HEATERS

Another common companion during the winter. Ensure you're following the 'Heater Metre' rule - keep your heater at least 1 metre away from everything, especially fabric. Do not drape your clothes or towels over oil heaters!

## MULTIBOARDS

Take care not to overload your powerboards with too many electrical items. It's risky having high-power items sharing a single board, like heaters, PCs, etc. Plug your heaters straight into the wall. Share the load across multiple outlets.

## ON THE ROAD

Respect the winter conditions on Southern roads, and be respectful of other road users. Plan ahead by mapping your route and checking the Dunedin City Council website for road conditions and road closures. This is doubly important due to harsh conditions *and* extensive road works!

Ensure your vehicle's headlights and brake lights are all in working order! Local mechanic, DJ Automotive, offers quick, easy, and affordable light bulb replacements. They can also give you one *free* jumpstart at any location in the surrounding North East Valley area!

Increase your vehicle following distances and take your time on your journey. It takes longer to stop on a slippery surfaces, so increase your following distance from four seconds to six seconds. Or measure by car lengths between you and the vehicle in front of you, ensuring at least two lengths in between.

Take the time to de-ice your windshield and windows before travelling. Remove *all* the ice from *all* of your vehicle windows; get those blind spots down so you're not caught in a tricky situation, nor fined! You can try a homemade blend of de-icer: a mix of 2/3 isopropyl alcohol with 1/3 water sprayed on a frozen windscreen. The Valley Project now supplies *free* ice scrapers for anyone to come and pick up, courtesy of North Dunedin Police. Or just put a towel or large piece of cardboard over your windscreen the night before a predicted frost.

Be wary of the temperatures and the possibility of ice or black ice on the road. Black ice forms around 0 degrees Celsius. Accelerate, brake, steer, and change gear as smoothly as possible to reduce the risk of a skid. Take extra care on the steep hills and windy roads.

When in doubt, don't go out! -- *Nathan Laurie*



# UP YOUR FLUE! - A DAY IN THE LIFE OF A CHIMNEY SWEEP

We never thought that one day we would enjoy forensically examining the inside of someone's flue or firebox. As it turns out, we have been doing just that and even developed an appreciation for the trusty wood burner.

Since March, Luke and I have cleaned chimneys and wood burners of every model, shape, size and age at locations between Mosgiel and Palmerston. Apart from well maintained wood burners, each "sweep" brings its own set of challenges; the day in the life of a chimney sweep is an interesting one. There is far more to simply cleaning a chimney to ensure efficiency, maximise heat output, and most importantly, ensuring the continued safety that you would expect with a blazing furnace placed within the confines of our timber homes.

Which is what brings us to share a few tips to help encourage you to get the most out of your wood burner.

Firstly, and most importantly, your chimney flue must be cleaned, at the very least, every two years if used daily. With our Dunedin winters dictating that our wood burners are used from May to sometimes, December, an annual clean is recommended, particularly as flues age. Manufacturers of modern wood burners are recommending two cleans per year, for reasons set out below.

The reason for cleaning your flue is to keep it clear of creosote and carbon which gradually builds up on the interior, eventually restricting airflow through the 150mm diameter chimney which allows smoke to escape. Over time an unclean flue can be restricted to 50mm of clear airspace. This creates a significant fire hazard. As the creosote and carbon continually heats and cools and builds up, it ignites within the confines of the flue. Flues are designed to withstand vast quantities of thick hot carbon smoke, however, the rivets which join sections of flue together are not. They eventually

rust out and may lead to a separation of sections of flue, allowing fire to escape into your roof space.

Generally, creosote and carbon build-up is thickest in the section of flue within your roof space due to the sudden cooling effect of smoke leaving the hot firebox. Wood burners are designed to burn to capacity, that is, they function best when burning hot and fast with dry wood. Burning wet wood, plastics, nappies, polystyrene and other toxic materials increases the build-up and degradation of your flue, as well as our environment. Modern wood burners are not designed to be dampened down (inhibiting airflow for burning efficiency) at night, and those that do also allow for an intense build up of carbon, evidenced by black glass and a smokey room.

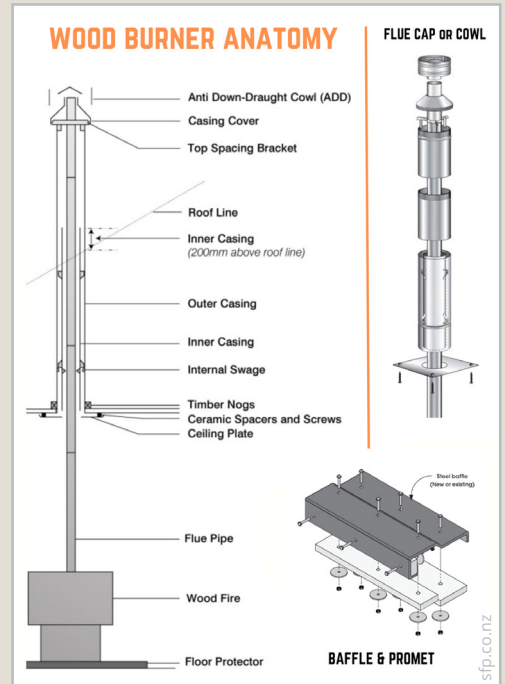
As many modern fireboxes reach 15 to 20 years, the flues are potentially being compromised by poor maintenance. Which brings me to point number two.

A 'chimney sweep' as commonly referred to, should instead be called a 'flue and firebox safety and maintenance check'. Our fireboxes are constructed of several components, each essentially maximising heat output and importantly, creating efficiency while keeping us safe.

The firebox contains fire bricks on the sides, a steel promet, fabric baffles at the top, a clear 150mm flue, and a cowl which is designed to weatherproof and draw smoke through the flue. Some fires have airflow pipes which, over time, also require replacement. Fire bricks hold and transmit heat and should last several seasons. The promet keeps in heat and allows adequate draw through the firebox. A promet should last the life of the firebox. Baffles should be replaced every few seasons.

Finally, with our modern double-glazed, airtight homes, airflow through your firebox can be compromised. This is known as 'negative pressure' where airflow is restricted and oxygen depleted,

causing your fire to burn slower and slower. To make matters worse, using an extractor fan or kitchen extractor further causes negative pressure drawing smoke from your firebox into the room. An unclean flue exaggerates that problem. An immediate fix is to open a window to allow immediate air flow. Manufacturers are recommending a ventilation system be installed as a long term solution. That seems to defeat the purpose of an airtight home.



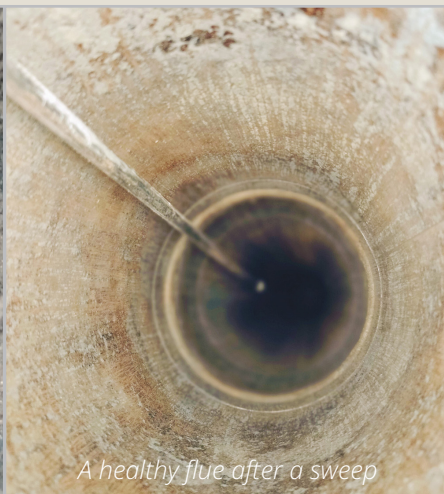
A clean flue and the regular maintenance of your firebox components will ensure efficiency and cost effectiveness. It should be ingrained into the routine of regular household maintenance, and can even be done by yourself if you become familiar with your wood burner and understand its maintenance regime as set out in the manufacturer's installation manual.

That said, Top Hat are available to undertake chimney sweeps to a high safety standard to give you peace of mind and help optimise your heating.

-- Brett Robertson



A build-up of creosote and carbon



A healthy flue after a sweep

**NEW SPECIAL**

SINGLE SWEEP  
**\$100.00**  
ALL SWEEPS INCLUDE  
COMPLIMENTARY  
FIREBOX WINDOW  
CLEAN

**TOP HAT**  
CHIMNEY SWEEPS  
DUNEDIN, OTAGO

**NEED YOUR CHIMNEY CLEANED?**  
**BOOK NOW 027 3322915**

FLUE, CHIMNEY AND  
FIREBOX CLEANING &  
SAFETY INSPECTIONS

BRICK, PROMET & HEARTH  
ASSESSMENT, REPAIR OR  
REPLACEMENT



**art, craft & music**

**ART CLASSES**

For all levels. Casual attendance welcome, tutor Anneloes Douglas, community rooms, 10am-noon, Thur. ☎ 027 307 7034 📞 467 9993 ✉ anneloes.douglas@xtra.co.nz

**ART CLASSES**

Continuous class, newcomers welcome, 1-3pm, Wed, community rooms; 1-3pm, Thurs, St Peter's Church Hall, Caversham; 7-9pm, Thurs, Logan Park High School, \$15 per session. 📞 Friederike 482 2025

**ART FIBRE DUNEDIN**

Bring lunch and required supplies, 10am-2pm, second Sunday of each month, community rooms. ☎ Megan 027 245 8605 🌐 artfibredunedin.blogspot.com

**CELLO LESSONS**

All welcome. What works for you is best! Some instrument hire options available. NEV based. 4 years cello teaching experience & a performance degree. Also open to performance opportunities. ☎ Ellen 027 430 7739 ✉ ellen.walters@gmail.com

**DIAL-A-PIPER**

Available for any functions including birthdays, weddings, funerals, Haggis Address, etc. Feel free to contact me to discuss your function. Can travel. 📞 03 473 0045 or ☎ 027 473 0060 ✉ thepiper50@gmail.com

**DUNEDIN FIDDLE CLUB**

Mostly Celtic tunes, mostly fiddles. New players always welcome! Wednesdays 7.30pm at The Valley Project community rooms. Just drop in or ✉ anna.bowen1@gmail.com

**FOLK CLUB OPEN MIC NIGHT**

Songs, tunes and convivial company every Thursday from 7.30pm. Come and join the supportive circle to play or listen. Dunedin Folk Club, 80 Lovelock Ave. ✉ info@nefc.org.nz

**KIDS ART CLASS**

Thinkit Art offers dynamic and enriching after school term art classes for 7-15yo. Focus is on enriching creativity & exploring who you are as an artist. Book Now: Kiri Scott Artist - Oniyonkid. 📷 @thinkitart ☎ 021 118 9882 📱 @thinkitartfeuerstein.art ✉ Thinkit.fie@yahoo.com

**LEARN TROMBONE**

From winner of Dunedin Youth Jazz Festival best trombone, and Otago Rockquest best musician - contact Finn Barr ☎ 027 356 2881 or ✉ fin.mckinlay@gmail.com

**MUSIC LESSONS**

Celtic style flute, tin whistle, and guitar lessons by Rennie Pearson. ✉ rennie.pearson@gmail.com 🌐 renniepearsonmusic.com

**MUSIC LESSONS**

Guitar, drums, singing, with professional musician. All ages. Contact Bevan: ☎ 027 363 1376 or ✉ bevan37@hotmail.com

**PAD-MAKING WORKING BEE**

Interested in plastic-free period products? Like to sew? Learn to make sustainable period products for you and whānau. Contact ✉ sewon@christinekeller.co.nz

**SOUNDS NOR'EASTERLY**

Do you enjoy singing with a group? Why not join your local community choir? All ages and abilities welcome. DNI design lobby every Tues, 7.30-8.45pm. Email Marion for info ✉ marion.okane68@gmail.com

**STAND-UP COMEDY**

Open mic at Inch Bar, every Tuesday and penultimate Wednesday. Open to all skill levels. Contact ✉ reuben@dunedincomedy.co.nz

**UKULELE SESSIONS**

Wed, 7-8.30pm, Valley Baptist Community Centre, 280 North Rd. Just turn up or call/text Mary for more info: ☎ 027 929 9813

**community**

**ALZHEIMERS OTAGO**

If you are concerned about your own memory loss or supporting someone with dementia, we are here for you. Contact us about our free support for individuals, carers and families. 📞 03 471 6154 ✉ Still.Me@alzheimersotago.org.nz 🌐 www.alzheimersotago.org.nz

**BALMACEWEN LIONS CLUB**

Meets 2nd & 4th Mondays at Otago Golf Club: 125 Balmacewen Rd, Dunedin. New members welcome! Contact Secretary Russell Hancox: 📞 03 467 5126 (evenings)

**BIKE WORKSHOP**

Get help, use our workshop. Bikes available for koha, 3.30-5.30pm Tues, and 9.30am-12.30pm Sat. Valley Community Workspace, 11 Allen St. Email Peter ✉ peterd0n@yahoo.com

**CITIZENS ADVICE BUREAU ŌTEPOTI | DUNEDIN**

Free, confidential, independent information & advice. Know your rights, how to take action and how to access the services you need. For ANYONE about ANYTHING! 📞 03 471 6166 or 0800 367 222 🌐 www.cab.org.nz 📱 CABDunedin 155 Princes Street

**COMMUNITY ACCOUNTING**

Dunedin Community Accounting provides free accounting training & advice for non-profits in Otago. For more info call ☎ 0800 113 160, ✉ kiaora@dca.org.nz 🌐 www.dca.org.nz

**COMMUNITY PATROL**

Dunedin North Community Patrol. Assisting Police to ensure our communities are safe to live in. Volunteers welcome. Call Garry for more info: ☎ 027 364 1485

**COMMUNITY STUDY CIRCLE**

Baha'i Spiritual Training. Develop your capacity to offer service to your community as a result of exploring spiritual concepts and how to apply them to everyday life. Strictly no charge. Ring or text Ash: ☎ 022 615 6115

**DALMORE RESERVE COMMUNITY GARDEN**

Join us fortnightly at the garden on Allenby Ave., Pinehill. All welcome. Tools provided. Check Facebook for dates/times or ✉ dalmorecommunitygarden@gmail.com

**DUNEDIN CURTAIN BANK**

Open again for 2023! Got a StudentID, Community Services card, or SuperGold card with CSC? See us at 174 Princes St. 9-4pm Mon-Thurs. or apply online: 🌐 www.dunedincurtainbank.org.nz

**ENABLING LOVE**

Looking for friendship & social connection? 18-65 years welcome to weekly coffee group at Otago Museum Cafe, Thurs, 1-2pm. More at 🌐 enablinglove.nz or email Joshua for venue: ✉ enquiries@enablinglove.nz

**FRUIT & VEGES NFP**

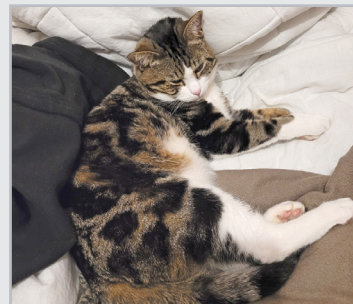
Fresh fruit and veges at wholesale prices with All Saints Fruit and Veges. Small, med, family weekly bags. Order at St Martins, 194 North Rd, Thur, 4.30pm, or sign up online: 🌐 fruit.vege.allsaintsdsn.org.nz

**LEGAL ADVICE**

Free legal advice from Community Law Otago, available by appointment. Legal advice by qualified lawyers, practical solutions. 📞 03 474 1922 or email ✉ reception@dcl.org.nz to make an appointment.

**LOST CAT**

Please keep a look out for 'Dumper'. He has been missing from the Glenleith area since April 10th. He's a 3-year-old tabby with white paws and is very friendly - wearing blue collar. ✉ michellreddy@gmail.com



**DUNEDIN NORTH PROBUS**

Now accepting women's membership! NEV bowling club, 10am, 2nd Monday each month. Peter ✉ peabee@xtra.co.nz or 📞 455 1256 or 📞 Don 473 7544

**NEED A JP?**

The Valley Project offers walk-in JP services for affidavits, document certification, KiwiSaver withdrawals, immigration, etc. Every Sat. 11am - 1pm.

**NEIGHBOURHOOD SUPPORT**

Create safer, more caring communities. For info and local contacts: ✉ coordinator@nsotago.nz 📞 03 456 0857

**NEV COMMUNITY GARDEN**

North East Valley Community Garden, directly behind NEV school. Pay us a visit! We meet every wknd: 1st & 2nd Saturdays 9.30-12pm, 2nd & 4th Sundays 1-4pm.

**NORTH DUNEDIN SHED**

New members welcome. Open Wed and Sat mornings, 35 Bonnington Street, over the bridge. Find us on: 📱 North Dunedin Shed Society Inc.

**NEV JUSTICE OF THE PEACE**

Pine Hill resident, Colin Lind, available for JP services. Flexible days and hours. 📞 03 473 7174 ✉ colinlind@hotmail.com

**OP-SHOP VOLUNTEERS**

Cat Rescue Dunedin is seeking volunteers to help in our North Rd. Charity Shop. Please call into shop Tues. mornings to speak with manager or contact Raewyn: ✉ raewynalexander@gmail.com

**TREASURER NEEDED**

Friends of the Dunedin Botanic Garden seeking new Treasurer who will also be member of the Friends committee. Contact Guy Frederick (current Treasurer) for more info: ✉ accounts@friendsdbg.co.nz or 📞 027 679 3523

**VOLUNTEERS NEEDED**

CREST train at the Botanic Garden. Can you help? Volunteers needed for driving, ticketing, commentary, maintenance. 🌐 crestrides.org.nz or 📱 Rodger 027 471 4902

**WILD DALMORE RESERVE**

Help us protect and restore the native biodiversity of Dalmore Reserve. We meet most Sunday afternoons. Entrance at 20 Allenby Ave, Pine Hill. Contact us through 📱 Wild Dalmore Reserve or phone/text ☎ 021 206 3593 for info.

**employment**

**BEDTIME SUPPORT POSITION AVAILABLE**

Seeking person w/initiative to assist a young disabled man with evening routine: personal care & household tasks. Must be physically strong as transfer assistance required. 8.45-9.45pm, 4-on/4-off roster. Position based in NEV. Applications w/CV + references to ✉ Tessa.Brown@ccsDisabilityAction.org.nz



## BIODIVERSITY COORDINATOR

The Valley Project is looking for a motivated person to coordinate and work with a small but vibrant team to lead the biodiversity arm of the organisation - Open VUE. More info: ✉ [vpmanager@northeastvalley.org](mailto:vpmanager@northeastvalley.org)

## WORKBRIDGE

A FREE specialised service assisting work-ready people with any health conditions/learning difficulties/injuries to find suitable employment. All aspects of vocational prep provided - CV's, cover letters, job search, interview skills, placement. Once employed, support continued 12 months more. ☎ 0508 858 858 or visit [workbridge.co.nz](http://workbridge.co.nz)

## fitness & health

### ADULT YOGA CLASSES OPOHO SCHOOL

Fiona Johannessen, experienced yoga teacher of all ages & levels. Needing time to focus on breathing and moving mindfully? This might be for you! Tues. 7.30-8.30pm (school term). \$10 casual rate. All levels welcome. ✉ Fiona: [sweetfee77@gmail.com](mailto:sweetfee77@gmail.com)

### BALFOLK DANCE CLASSES

English Country Dance, Mon. 7-8.30pm, Opoho Scout Hall, 128 Opoho Rd.

Balfolk Immersion (mix of various Balfolk dances). Tues. 7-8.30pm, Sacred Heart School (Nga Maara Hall), 63 North Rd.

Balfolk et Contredanses (for people who want to go further - group dances only). Wed. 7-8.30pm, Baptist Community Centre, 270 North Rd. \$10 casual attendance.

All classes offer blocks of 5 consecutive classes (dates at [Balfolk Dunedin](http://BalfolkDunedin.org)). \$40/block. No booking, experience, or partners required.

### TOITŪ BALFOLK MINIBALS

Balfolk Dunedin presents an afternoon to enjoy the chance to dance together to live music. Sun. 25 June - 2-3.30pm in the Josephine Foyer of Toitū Otago Settlers Museum, 31 Queens Garden. FREE!

✉ Contact Kate Grace [balfolkdunedin@gmail.com](mailto:balfolkdunedin@gmail.com)

### CONTRA DANCE

Every Monday 7.30-9pm. Valley Baptist Community Centre, corner Calder Street. \$3. No partner required. ☎ 0211854566

### DUNEDIN BMX CLUB

Race night, Forrester Park BMX track, 5.30pm, Thursdays.

### BELLEKNOWES GOLF CLUB

Green fees \$15  
\$10/player after 4pm

Come & enjoy our fantastic 9-hole golf course on Lawson St. Spectacular views over the city. Call Secretary, Christina King: ☎ 03 467 9499

### FOLK DANCING FOR FUN

Valley Baptist Community Centre, 270 North Road, 10-11.30am, Fridays, \$4. ☎ Yvonne 455 2406, ✉ [stureid1@yahoo.co.nz](mailto:stureid1@yahoo.co.nz)

### INDOOR BOWLS

Play indoor bowls at the NEV Bowling Club, 139 North Rd, Thurs, 1.30pm start. ☎ Terry Boylan 473 0049

### KUNG FU

Fitness, discipline and self defence. Classes for 7-12 years Wed, 5-6pm, Sun, 3-4pm, teen & adult classes, Wed, 6-7.30pm, Sun, 4-5.30pm, Sacred Heart School, 63 North Rd. Contact Kenneth ☎ 021 0242 38 ✉ [Dunedin@shaolinkungfu.co.nz](mailto:Dunedin@shaolinkungfu.co.nz)

### MASSAGE FOR WOMEN

with Uschi Heyd. Book your session online [www.kindliving.co.nz](http://www.kindliving.co.nz) or call/text ☎ Uschi 027 360 0238 Mention the Valley Voice to receive a 10% discount on your first massage.

### MEDITATION & MINDFULNESS

4-hr meditation and mindfulness workshops designed to simplify and clarify everything you need to know to meditate effectively. ☎ 0210 352 392 [www.meditatenz.com](http://www.meditatenz.com)

### ORTHO-BIONOMY

In pain or discomfort? Had surgery or injuries? Ortho-Bionomy is a gentle way to help you in the process of maintaining balance or accessing your resources during your recovery! For info & bookings: [juliafast.nz](http://juliafast.nz)

### PARKRUN

Free, weekly timed 5km run/walk, Sat, Botanic Gardens. Meet at café, 8am summer, 9am winter. Go to [parkrun.co.nz](http://parkrun.co.nz) for more info.

### STEADY AS YOU GO

(Age Concern) Gentle balance and strength exercises, Valley Baptist Community Centre 10.30am to 11.30am Mondays, and Pine Hill School Library 11am Thursdays.

### TANNOCK GLEN

The 3.5 acre garden of the Dunedin Rhododendron Group is situated in Torridon Street, Ōpoho. Members of the public are invited to visit at any time. Dogs permitted on a lead.

### THREE LEFT FEET

Social dance group, no experience or partners necessary. European dance - folk and traditional, \$5 or \$7.50 per couple, Nga Maara hall, 6-7pm, Thursdays. ☎ Marilyn 027 446 3358

### YOGA IN THE VALLEY

Instructor Adair Bruce, 6-7pm, Fridays, DNI designspace; 9.15-

10.15am Wednesdays, community rooms. \$10 waged, \$8 unwaged. More info ✉ [adairbruce@hotmail.com](mailto:adairbruce@hotmail.com)

### ZEN MEDITATION

Traditional Zen for beginners and those experienced. All welcome. 7pm Thur. Quaker Rooms, 15 Park St., Dunedin North. Koha please. 6wk beginners courses through the year. 7-day retreat on Quarantine Island annually. ☎ Glenn 473 6256

### ZUMBA CLASSES

FREE first class - bring a friend and dance your Wednesday blues away with instructors Alanna and Chontel. \$7 walk-in rate, \$30 for x5 classes. Wed. 6.30pm, Knox College, Cameron Hall, 3 Arden Street. ✉ [chontelkimia@hotmail.co.nz](mailto:chontelkimia@hotmail.co.nz)

## for families, kids, and teens

### AURORA TAMARIKI EARLY YEARS CARE AND KINDERGARTEN

Childcare for 0-5yr-olds inspired by Rudolf Steiner and Emma Pikler, offering homely rhythms, seasonal songs/stories, and natural space for children to learn and grow. Organic vegetarian kai provided. 351 Pine Hill Road. [auroratamariki.co.nz](http://auroratamariki.co.nz)

### DUNEDIN CITY TOY LIBRARY

A vibrant toy library for children from birth to 7yrs. Huge range of toys, ride-ons, dress-ups, puzzles, and games. Valley Baptist Community Centre, 270 North Road, 3.15-4pm Wednesdays and 10-11.30am Saturdays.

### DUNEDIN PUBLIC LIBRARY VALLEY LEGO & CRAFT CLUB

Years 6-8! Valley Baptist Community Centre on 3rd Wed. of every month, 3-4.30pm (excl. school hols). Low-tech club is the opportunity for you to get creative w/Lego & craft. Also books to read/borrow with a Dunedin Public Library card.

### DUNEDIN RUDOLF STEINER PLAYGROUP

Te Whare Ako Marie. A sanctuary for creative play for children from birth to kindergarten. A place of peace and friendship for parents. Groups meet weekly, term time. Contact us for times and days ☎ 471 2163 or ✉ [dunedinsteinerplaygroup@gmail.com](mailto:dunedinsteinerplaygroup@gmail.com)

### ISLINGTON EARLY CHILDHOOD CENTRE

Where children are cherished and individuality is recognised & valued. Independent NFP. High-quality education for 2-5yrs, small session sizes up to 20 children, well-resourced play space, & new nature playground. Extended hours: Mon-Fri 8.30am-2.30pm. Book a visit to discover this treasure, hidden in the heart of the Valley. ☎ 03 473 7490 ✉ [islington.ecc@gmail.com](mailto:islington.ecc@gmail.com) [islington.org.nz](http://islington.org.nz)

### MAINLY MUSIC

Leith Valley Church, Malvern St, Wednesday 10am, \$4. Contact: Fran ☎ 467 9208 (Leith Valley Church Phone No) or ☎ 027 456 1188

### MT CARGILL GIRLGUIDES

Pippins, brownies, guides, & ranger groups in the valley. ☎ 0800 222 292 or ✉ [info@girlguidingnz.org.nz](mailto:info@girlguidingnz.org.nz)

### NEV CODE CLUB

Primary ages 7-10yrs. Held term time Mondays 3.15-5pm in the Valley Baptist Community Centre tech space, 270 North Road. Join us for some code club projects and some friendly games. Meet some like minded techy friends. FREE to attend [com2tech](https://www.facebook.com/com2tech) [com2.tech](https://www.com2.tech) ✉ [office@com2.tech](mailto:office@com2.tech)

### NEV GAME DEV CLUB

Intermediate tamariki learn to build their own video games. Tuesdays, 3.30-5pm at the Valley Baptist Community Centre. [com2tech](https://www.facebook.com/com2tech) ✉ [office@com2.tech](mailto:office@com2.tech) [com2.tech](https://www.com2.tech)

### NEV NORMAL SCHOOL PTA

Monthly meetings at Valley Project on a Thursday evening. Anyone interested in being of service to this wonderful school is welcomed. 20 July, 10 Aug, 14 Sep, 12 Oct, 9 Nov, 7 Dec. ✉ [nevn.pta@gmail.com](mailto:nevn.pta@gmail.com)

### NEV PLAYGROUP

For 0-5yrs, variety of experiences to enhance development of your child and meet other local young families. Free morning tea and lunch provided for adults. Please supply child's morning tea. Valley Baptist Community Centre, 270 North Rd, 9am-2.30pm Wednesdays ✉ [nevplaygroup@gmail.com](mailto:nevplaygroup@gmail.com)

### ŌPOHO PLAYCENTRE

Nurturing play space for 0-6year olds where children and their whānau attend together. Focus is on child-led learning through play. Make friends, play, learn, & grow. 3 free visits. 28A Signal Hill Rd. Mon-Fri 9am-12pm, school terms. [opoho.playcentre](https://www.facebook.com/opoho.playcentre) ✉ [opoho@playcentre.org.nz](mailto:opoho@playcentre.org.nz) or ☎ 027 880 2365

### ŌPOHO SCOUTS

Keas, 4-5pm, Tues; Cubs, 6pm-7.30pm, Thur; Scouts, 6-8pm, Wed. Ōpoho Scout Den. ✉ Shane: [opoho@group.scouts.nz](mailto:opoho@group.scouts.nz)

### SPACE FOR YOU AND YOUR BABY

Programs run by registered ECE teachers supporting families through their 1st year with new baby. School terms at Valley Baptist Community Centre. ☎ 021 150 9165 or ✉ [space.valleybaptist@gmail.com](mailto:space.valleybaptist@gmail.com)

### SUNDAY SCHOOL

Variety of classes with stories, crafts, songs, and more. Ages 4-18yrs, 9.30am Sun (term time only), DNI (tech area). All welcome! No charge. ☎ 020 4079 5727 or go to [dunedinchristadelphians.org](http://dunedinchristadelphians.org)

*Classifieds continued next page... ☎*



## further education

### BEGINNER ENGLISH FOR CHINESE

Join our beginner English conversation group for senior Chinese new to English language. Shared meal. Small contribution to costs. Great way to improve simple conversation. No English necessary. Tian: ☎ 029 02 0009 68 ☐ 254783519@qq.com

### COGNITIVE ENHANCEMENT

Thinkit Feuerstein is a cognitive enhancing program for individuals with learning differences. Enriching thinking and learning skills for ages 5+ to adults. Private sessions held in North East Valley/Dunedin Schools. Book Now: Tutor Kiri Scott, certified practitioner in Feuerstein method. ☎ 021 118 9882 ☐ www.icelp.info ☐ Thinkit.fie@yahoo.com

### COM2TECH DIGI DROP-IN

A community-led group that offers a range of free classes to upskill our communities in communications technology and online safety. 12.30-2.30pm every Monday at Valley Project ☐ com2tech ☐ office@com2.tech ☐ com2.tech ☎ 027 256 9182

### GERMAN LANGUAGE LESSONS WANTED

Beginner level required. I'm on a seven day streak on Duolingo, so I have some basic knowledge. Txt or phone ☎ 027 710 7077 Danke!

### INSPIRING MATHS CLASSES

Affordable creative maths classes and maths art after school at my home in North East Valley. ☐ Inspiring Maths Classes ☐ Sandra.Dunedin@gmail.com

### ITALIAN CLASSES

Experienced teacher, native speaker of Italian. Small groups, all levels, from absolute beginners to advanced and conversation. ☎ 027 341 8312 or ☎ 473 0832 ☐ antonella.vecchiato@gmail.com ☐ italianclasses.co.nz

### LEARN ENGLISH

English for daily life and work. Free and low cost courses. Please contact one of our staff at English Language Partners: ☎ 455 5266 or via email

### MATHS MADE EASY

Experienced maths teacher, recently retired. Primary and secondary certified. Montessori trained. Private tutoring at your home or mine and Zoom as another option. Different strategies to help your child achieve success. ☐ Diane ☎ 021 357 565 ☐ dvalavanis@aol.com

### NATIVE FRENCH TUTOR

Conversation, preparation for exams, for adults and children. Hourly rate. French Up Your Life! ☐ Sandrine ☎ 021 107 5814 or ☐ sanfeillet@gmail.com

### REO MĀORI

Reo Māori teaching or tutoring for adults. Groups or individuals. John Birnie: ☐ johnbirnie@hotmail.com or ☎ 021 236 3765

### VOCAL TEACHER

I live in the Valley but work from my studio on Vogel Street. I currently have times available on Tuesday and limited times available on Monday. All ages, all skill levels. Starts from \$30 a lesson. Text for more info/to book: ☎ 022 122 3405

## housing

### HOUSE FOR PRIVATE SALE

4 bdrm/1 bath home for sale on 312 Hillingdon Street, Normanby. Elevated position on the sunny side of the Valley ☎ 027 465 1867 Trademe #3997811262

### SELF-CONTAINED UNIT

Looking for a one bedroom flat/self contained unit or studio room. Unfurnished. Up to \$320 p/w. In a quiet, safe building with no smokers. Quiet, reliable tenant. I have autism. Text ☎ 022 034 6290

## trading corner

### BABYSITTER

10 years of childcare experience. Full drivers licence. Have worked with twins. ☐ Kelly ☎ 027 697 9194

### BABYSITTER

High school student available for babysitting evenings and weekends. ☐ Laura ☎ 027 905 9911 after 4pm.

### CAKE BAKER

Home-baked cakes large/small for your pleasure. Made to order. Price list available. ☎ 473 0159 (evenings)

### CHIMNEY SWEEPS

Top Hat Chimney Sweeps offering single flue cleans for \$100 or two neighbouring houses for \$85 each. FREE glass door clean. Replacement services on firebrick, door seal, and baffles. Text Luke ☎ 027 332 2915

### COMPUTERS

I fix computers! Low rates, great service, Windows, Linux, Mac, Android. ☐ Matt ☎ 022 048 0012

### DAVE'S COMPUTER SERVICE

Troubleshooting & tuition. Low rates. Free optimisation software. ☐ Dave ☎ 022 635 9414 or ☎ 03 473 9542

### DOG WALKING FUNDRAISER

Raising funds for Scouts jamboree. \$10 for 30min., \$15 for 45min., \$20 for 1hr. Cash only. Weekends only. Up to 2 walks per client per day. ☐ lincolnfentiman@gmail.com ☐ Lincoln ☎ 021 137 2306

### GARDENER

Gardener available, light weeding/trimming, winter rose pruning. Very experienced, \$30 per hour. ☎ 473 0159 (evenings)

### GARDENER/LANDSCAPER

☐ Backblookgardens.nz. Section clearing, tree pruning/shaping, planting, custom planters, retaining walls. ☎ 021 023 44 938

### HAIRDRESSER

Retired senior hairdresser providing service for seniors. Your home or mine. Dunedin North only, ☎ Helen ☎ 467 9644 or ☎ 021 104 1011

### JESCARGO CARPET REPAIRS

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### NEV LASER ENGRAVING

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### PEASTRAW FUNDRAISER

Only \$14 a bale! Or x10 bales for \$110. Great for your garden. Support NEVN School! Order online, pick up in Valley. ☐ tinyurl.com/NEVNPeaStraw

### LOCAL HANDYMAN & LANDSCAPER

Fencing, Decks, Retaining and all types of Concrete and Paving. For a free quote contact Liam George on ☎ 027 239 0220 or ☐ email Lg.contracting98@gmail.com

### NEV LAWNS & GARDENS

Lawns, edges, hedges, gardens, bushes, trees, weeds and green waste removal. Consultation & quote: ☐ Steve ☎ 027 424 1828

### MATURE BABYSITTER

I'm a mother with grown-up children, (full driver's licence) now available for babysitting. Minimum of three hours and also able to help with homework! ☐ Pauline ☎ 027 717 0282

### OH PEONY PHOTOGRAPHY

At your location or in studio. Portraits, engagement, maternity, child milestone, cake smash, newborn. Products, social media, personal branding, conceptual, etc. ☐ heidi.ohpeonyphoto@gmail.com ☐ ohpeonyphoto.mypixieset.com/

### SCRAP METAL COLLECTION

Seeking your scrap metal you have rusting away or cluttering up the shed, etc. Can do small to medium size loads. ☐ JT: ☎ 027 206 1725

### VENUS FLY TRAPS

Large caliber plants. Five times as big as those sold by the shops and are \$4.00 cheaper. Growing instructions included. \$10. ☎ Pat ☎ 473 0159 (PM)

## church services

### ANGLICAN: ST MARTIN'S

194 North Rd, 10.30am

### GLENAVEN METHODIST

7 Chambers St, 11am

### LEITH VALLEY PRESBYTERIAN

George St. Normal School Hall, 10am

### ŌPOHO PRESBYTERIAN

50 Signal Hill Rd, 10am

### PACIFIC ISLAND PRESBYTERIAN

160 North Rd. English, 11am on 1st, 2nd, and 3rd Sundays; Cook Island 9.30am; Samoan 11am, 4th and 5th Sundays

### SACRED HEART CATHOLIC

89 North Rd, Mass 9.30am

### SALVATION ARMY

43 North Rd, community worker only, Mark O'Donnell

## INTERESTED IN ADVERTISING WITH CLASSIFIEDS?



To add or update a listing please email [voice@northeastvalley.org](mailto:voice@northeastvalley.org) before the 15th of the month.

Koha is appreciated, but not essential, for classifieds.

If you would like to make a donation, the Valley Project bank account number is **03-1726-0005606-000** Reference: **VVDonation**



*I followed a van down the motorway that was delivering newspapers. I like to keep up with the times.*

*How did the bad marketer get a job at making butter? He had a high churn rate.*

*I was fired from the keyboard factory yesterday... They said I wasn't putting in enough shifts!*





## MALO E LELEI, EVERYONE!

My name is Marie Taufa and I am currently in my second year studying the Bachelor of Social Services at Otago Polytechnic. I am of Tongan descent and have lived in Dunedin for the past three years.

Until September I will be interning for the Valley Project, shadowing their interactions with associated community groups and implementing improved processes along the way.

What I wish to get out of my placement here is meaningful engagement with the community and opportunities to apply skills learnt through Polytech over the past two years: communication skills and general social etiquette, establishing a welcoming demeanour, and controlling body language as a way of demonstrating engagement in conversation.

Community relationship building is a skill I especially hope to refine during my time at The Valley Project. I look forward to not only putting what I have learnt into practice, but also learning more along the way.

*-- Ngā Mihi, Marie Taufa*

If you would like to get in contact with Marie, email [intern@northeastvalley.org](mailto:intern@northeastvalley.org)

## YIELDS OF JOY & BOUNTY THIS HARVEST SEASON

It was a bumper season for the 2023 Community Harvest with 1.25 tons of fruit yielded, picked by our wonderful volunteers and distributed to others in the community. If you were one of those involved, many thanks to you! Trees with ripe fruit, too much for their owners to eat alone, were matched to volunteer pickers by the team at Community Fruit Harvest Ōtepoti. Batches were then divided among food banks, schools, and various Pātaka Kai around Ōtepoti, ensuring pockets of the community could access free, healthy food.

Some of the pickings ended up at a couple of preserving workshops. The Valley Baptist Community Centre kitchen was rather steamy as fruit bubbled away for hours on end. These were fun and informative events that connected those wishing to learn skills in preserving. It's great to be able to twist the lid and bring back the energy of summer into a winter's porridge breakfast. After a long, laborious day, participants had made jams, chutneys, juice, and dehydrated kai, and met new faces along the way. Preserves and remaining fruit were divided up to participants and to local Pātaka Kai locations.

A Harvest Festival wrapped up the season on 30th April where 240 litres of apple/pear juice was pressed and given away to attendees. We had a couple of dedicated kids on the apple press for hours on end, a team on the cutting boards, and some stalwarts on the mulcher and bottling stations. We were blessed with a brilliantly sunny day, so the gazebo providing shade to the working party was always on the move, shifting as the sunshine did. Stall holders unequipped with shading apparatus were given colourful 'sun' umbrellas - a cheery sight! A lovely musician set the vibe outside, while indoors a seed swap and a talk on wine-making proved very popular. Rounding out the event were organised children's activities, and one of their own enterprise - banana box forts, made with discarded boxes as the press team mulched through apple supplies.

Thanks to Waitati Open Orchards for the use of their press and mulcher, and Our Food Network for holding the fruit Tree database, as well as the Valley Baptist Community Centre for the venue to host our workshops. And a massive thanks to volunteers and our harvest coordinator, Tammie .

"Obtain yourself a yield and one for others too..." sings Charlie Mgee of Formidable Vegetable Sound System. A goal certainly accomplished here. -- *Jen Rodgers*





# THE 'UNOFFICIAL' HISTORY OF GUMBOOT TEA

Any Kiwi can tell you what 'Gumboot Tea' is; a cheap blend of black tea usually consumed by tradies, shearers, and workers alike throughout Aotearoa. It also seems to be the drink of choice at churches, marae, club meetings, and the majority of social functions around the country. It's a hot beverage that is easy to make - every child who has been put in charge of making cups of tea understands the command "pour another gumboot!" What is the history behind this brew and how did it become such an iconic kiwi-ism?

According to the most reliable of sources—Reddit—up until the eighties it was common to ask for a 'Welsh brew' as an alternative to English Breakfast. The person who informed the web of this did not mention if it involved any sweetener or milk in its recipe. I drew my own conclusion that it did not, and therefore the Welsh version was a grandparent to the gumboot brew we know today - black and strong.

According to more accurate sources, New Zealand has a long history of tea drinking and a strong love affair with gumboot brew, after all Dunedin produced the world famous Bell Tea until production was shifted to Auckland in the late 2000's. By the 1870's, New Zealand, together with Australia, had the highest tea consumption rate on the planet, and at the turn of the century

imported 3.1kg of tea per capita per annum. For comparison, the English were annually consuming around 1.2kg during that time. Our obsession with tea remained solidly high until the sixties when the country was introduced to coffee. There was a further decrease in the nineties when cafés flooded kiwi culture alongside the accidental invention of the 'flat white'. New Zealand now consumes 650 grams per capita and is currently the 45th highest tea consumer in the world.

The first official reference of 'gumboot tea' was in the 1997 edition of the New Zealand Dictionary where it was defined as ordinary black tea. It can be seen that with the increase of more exotic blends, such as Earl Grey, and the introduction of green tea, the ordinary cup of black tea perhaps went under a gradual re-branding campaign to bring tea drinking into the modern age.

Tea culture is on the rise again with health teas being top-sellers, and the likes of T2 making blends cool to drink. However, the reign of the 'gumboot brew' is still as strong as ever and part of the Kiwi DNA, though there seems to be variations of it among us. We have asked the community "what is gumboot tea to you" and the results were a bit more complicated than the dip and dunk that some of us know!

-- James Sutherland

English Breakfast. Bell. Red Bush. Just add hot water and go-go!

It's the opposite of high tea - no fine chinas. It's just to get you through.

As a barista, I serve generic black tea, usually Bell. Sometimes milk is added in.

Anything plain and strong. Nothing special. Sometimes with milk and sugar.

I like mine fancy; English Breakfast with steamed milk aka tea misto!

It's the most basic black tea—no milk—drunk for its caffeine rather than taste.

English Breakfast is one step up from gumboot. I'll take Earl, thanks!

It's a gumboot... with a big letter "T" on it, and filled with hot tea!?

They're Wellington boots to me! Strong, sweet, and milky - 'Builder's Tea' in the UK.

A strong tea you make up in a gumboot to help strip paint off an old chair.

Strong, black, and size 10 - no saucer!

It depends on the gumboot!



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