

# Peace, love and running!



*The Crush the Cargill crew find their Woodstock vibe ahead of this year's event which promises a peaceful, loving, fun community atmosphere for runners and non-runners alike.*

CRUSH THE Cargill 24-hour Challenge is back with a Woodstock theme as trail runners get the pleasure of running up and down Mt Cargill as many times as possible in a 24-hour period.

Last year over \$4000 was raised to help fund CreekFest, and this is our focus again this year. It's easy to see the connection between Crush the Cargill and the Valley Project – both are about getting people together and reconnecting with our wider environment.

This year is also the 50th anniversary of the ground-breaking Woodstock music festival that symbolized a communal desire for love, peace and trail running. When Jimi Hendrix sang 'Purple Haze in My Brain' he was singing about the delightful foggi-ness that runners get to experience after running up and down Mt Cargill all night.

Woodstock came during a psychedelic period in music when it has been postulated that many

songwriters wrote their music while experiencing the hallucinations caused by ultra-running sleep deprivation.

Compare for instance, the Beatles song, 'I am a Walrus', with the experience of a runner two years ago who swore there was a seal and some jellyfish on the track up to Mt Cargill around 3am.

On a less serious, but more important note, Crush the Cargill begins at 10am on Saturday 14 December at Bethunes Gully. All are welcome to come along and join in this festival of love, peace and trail running. You don't need to be a runner!

Simply walk up once or come watch and dance in the Gully any time of the day or night. As John Lennon once said about Crush the Cargill: "I hope someday you'll join us, and the world will be one."

Please bring a koha for the Valley Project, or you can support the cause and give online at [bit.ly/crushgive](http://bit.ly/crushgive) —Steve Tripp

## Dr Matthew Hamilton

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# Many thank you's for CreekFest

CREEKFEST WAS a creative, cheerful, celebratory day – and oh what luck we had with the weather!

Thanks to all members of the community for coming along and contributing on the day. We'd like to thank all the supporters, in particular: the Crush the Cargill team, runners and supporters for fundraising!; the DCC for their event funding and support; local businesses Blacks Road Grocer, Beam Me Up Bagels, Adjo Cafe, Pardal Hair, Megazone entertainment, Tipplers, Inch Bar, Normanby Tavern, Gravity Events, Signal Hill Studios, Design Windows and Filadelfios for their support.

Thanks to all our food vendors, visiting educators, community groups and volunteers for all their hard work and enthusiasm.

An extra special thanks to Patricia and Janet for judging the pōtae parade, the team from Taskforce Green for their incredible support transporting gear to and from Chingford, and Roslyn Nijenhuis for her photography.

There are just too many Community Champions to name each one personally, but be sure we are eternally grateful for all the support of this event!

We would love to have your feedback about the event. If you can spare a minute head to [bit.ly/Creekfestfeedback](http://bit.ly/Creekfestfeedback)

—Valley Project manager Tess Trotter



*Children enjoy exploring Lindsay Creek during CreekFest and learn more about life in the creek.*



**FOR SALE**

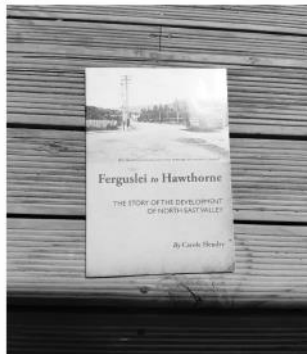
**Bird Feeder: \$80**

**T-Shirt: \$20**

**Remarkable Meg: \$23**

**Ferguslei to Hawthorne: \$15**

**Frisbee: \$20**



## Christmas gift ideas

IT'S ALWAYS great if your Christmas shopping can double as supporting a great cause or non-profit! So with that in mind here's a few fab Christmas gift ideas that support the Valley Project to help us support your community.

As always we have peka-peka bird feeders and frisbees for sale, perfect for a game of disc golf at Chingford Park or attracting birds into your garden.

This year we also have a beautifully illustrated book that tells the story of Meg, the Dunedin dog who was missing for five weeks after a car accident and finally found - after hope was all but gone - only just alive. For history buffs, *Ferguslei to Hawthorne* tells stories from North East Valley's history.

The Valley Project reception will open early at 8.30am for the week 2-6 December.

The Valley Project is a registered charitable organisation  
If you like what we do you can donate at [www.givealittle.co.nz/northeastvalley](http://www.givealittle.co.nz/northeastvalley)

**valley voice editor** Edith Leigh  
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**T** (03) 473 8614  
**E** [voice@northeastvalley.org](mailto:voice@northeastvalley.org)  
**f** [facebook.com/valleyproject](https://facebook.com/valleyproject)  
**t** [@valleyproject](https://twitter.com/valleyproject)

262 north road  
north east valley  
dunedin 9010  
**postal address**  
p o box 8118 • dunedin 9041



**reception hours**

Monday - Friday  
10am-2pm  
262 North Rd  
CLOSED DURING  
SCHOOL HOLIDAYS

# Babies bring a special glow

community  
NEWS

**THE GLOW** on residents' faces tells you everything you need to know about a pre-schoolers and elderly playgroup that meets every week at Ross Home.

Ross Home activities supervisor Michelle Marsh says the residents always look forward to Monday morning and will be talking about it on the Friday before.

"We love these babies coming in," she says. "It's great to be part of the community."

Group coordinator Georgia Birnie says she started up the group as a way to stay involved with Ross Home after spending time there as a volunteer reading the newspaper.

She lives nearby and drives past the home every day. Georgia enjoys the opportunity to catch up with other mums, but the visits have also created special memories for her children. "My 3-year-old loves Ross Home. She has such happy memories of it."

Mother to a 19-month-old, Natalie Milne Williams says she enjoys the companionship and advice, not just from other mums in the group, but from the residents as well.

"It's really interesting to hear their stories. "It's quite rewarding to see the delight on the residents' faces, especially when they get to have cuddles."

The group meets on Mondays at Ross Home and new members are welcome to come along.

It's best to contact Georgia on [georgiac-birnie@gmail.com](mailto:georgiac-birnie@gmail.com) first, as occasionally the group doesn't meet if a lot of people can't make it due to illness or other events.



*93 year old Walter Foote enjoys a chat about feeding babies with 1.5-year-old Celeste Williams and her mother Natalie Milne Williams at Ross Home.*



*A new playgroup at Ross Home is a time for young and old to come together and enjoy each other's company. Pictured, from left, are Natalie Milne Williams, Celeste Williams (1), Loraine Ford, Patrick Ritchie (3 months), Georgia Birnie and Sara and Tycho Miller (5 months).*

**the VALLEY project**

## Season's Greetings & Happy Holidays

from the Valley Project team

Reception closed: 13 December to 31 January | Office closed: 20 December to 10 January

# A great feeling to help others

IT IS a great feeling when you take part in creating something that helps someone – which is exactly what they do at the North Dunedin Shed Society.

Shed members make things, usually for not-for-profits, charities, community and sporting groups.

This involves a good learning environment and provides a fantastic sense of purpose to its members.

Some of our members are retired, so you could even consider the Shed a creche to get people out of the house, keep them active, enjoying the occasional barbecue and a bit of socialising.

You are welcome to join as a member and help contribute to projects in the community and generally make stuff.

We are having an open day on Saturday 14 December from 10am–noon at 35 Bonnington St (just over the bridge) with a barbecue to follow. No two days are the same at the Shed, but every day sees some great community benefits and some interesting projects to work on.

It has been a very busy year with the Shed getting a new roof (with thanks to the Lottery Grants Board), a makeover for the smoko room, lots of power tool donations, and many community projects on the go.

Some of the projects include a new door for the Crest Train at the Botanic Gardens, painting fences for Otago Cricket, cutting penguin nesting boxes, toy shelves for a childcare facility, a propagating table, rebuilding a deck, concreting some steps, a refit of the changing rooms for St Clair Surf Life Saving Club, assembly of storage sheds, making Foodbank Shelves and much, much more ...

None of what they do at the Shed would be possible without the contributions from the Lottery Grants Board, councillor Doug Hall, Bunnings, the incredible volunteer members, and the countless donations of tools and materials.

To find out more about joining the shed, our upcoming open day or to discuss a community project, contact us at northdunedinshed-soc@gmail.com or phone 021 081 49067.—North Dunedin Shed Society member Shane Johnston



North Dunedin Shed Society's hard working president Wayne Jefcoate taking a well-earned break after a deck rebuild and before concreting the steps.

## Evening Support Worker Position

We are looking for the right person to join our team. Are you enthusiastic, energetic, reliable and responsible? Are you open minded and interested in working with people with various needs?

### Role

This position involves assisting two young men living with disability to complete their night time routine to provide assistance with personal care. **Good physical strength is required** as transfer assistance is ongoing

### When

Ideally this is a rotating roster of 5 on 3 off, but this is negotiable and could be a job share position. It is 8.15pm–9.15pm although it may run slightly later over the summer months. Once trained there may be opportunities for more work as part of our team at different times of the day.

### Where

This job is based in North East Valley, and the applicant will need to have a reliable form of transport.

### Contact

Please send a letter and covering CV to PO Box 6174, North Dunedin 9059.

## Riparian zone weeding



On the morning of CreekFest a team of seven spent four hours weeding and planting the riparian zone on Lindsay Creek behind the North East Valley Bowling Club.

They removed 4m<sup>3</sup> of weeds which was 70% common hedge barberry, 25% blackberry, 5% sycamore and rowan and two plants of old man's beard. Seventy-two plants of a mix of kōwhai, carex, wineberry, fuchsia and flax were planted. Weeding at the site had started during the Valley Spring Clean but hadn't been finished at that time.

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# SUMMER CLASSES

Dunedin • Friday 17th Jan - Sunday 2nd Feb 2020 •

Follow communityclassroom.nz for all class listing and updates.

More classes may be added.

## FRIDAY 17th JAN

### School of Rock (band mentoring)

with Jae Bedford.

Working in a band, improv, interplay and much more.

Fred Hollows Room @ The Valley Project 262 North Rd NEV

\$60 - 11:30am - 1:30pm

Jae: 0274 182 136 or email [tbsom@live.com](mailto:tbsom@live.com)



### Guitar Bootcamp

with Jae Bedford.

Technique, chords, scales, musical alphabet. All ages.

Fred Hollows Room @ The Valley Project 262 North Rd NEV

\$30 - 2pm - 3pm

Jae: 0274 182 136 or email [tbsom@live.com](mailto:tbsom@live.com)



### Cultivating Mindful Kids

A unique workshop integrating the art and science of mindfulness and meditation.

8 - 12 years

7 Bond St., Level 4 Consultancy House @Decompression Zone

\$25 - 9am - 10:30am

Aine Cha 021 201 6704 [ainecha.lifecoaching@gmail.com](mailto:ainecha.lifecoaching@gmail.com)

## SATURDAY 18th JAN

### Introduction to Beekeeping

Information on setting up your own beehive, comprehensive theory in classroom, then field trip to Careys Bay. 18+

Fred Hollows Room @The Valley Project 262 North Rd NEV

\$50 - 9am - 1pm

Danny Vinbrux: 022 123 1348, [danielvinbrux@hotmail.com](mailto:danielvinbrux@hotmail.com)



### Healthy Gut for 2020!

Understand your gut function, how to support and repair it. 18+

The Habitus Ctr, 4th Floor, Consultancy House, 7 Bond St

\$25 - 10am - 12pm

Tracey Loughran 021 154 8384, [flourishonline@gmail.com](mailto:flourishonline@gmail.com)



### Cloth Pads Workshop

Make your own reusable sanitary pads. 10+

Stitch Kitchen, 88 Vogel St

\$20 - 12pm - 2pm

Fiona Jenkin 021 026 11412, [info@stitchkitchen.nz](mailto:info@stitchkitchen.nz)



### Mindfulness for Beginners

Understanding the science and art behind the practice, and how to start your own practise to help you stay grounded. 18+

7 Bond St., Level 4 Consultancy House @Decompression Zone

\$65 - 9am - 1pm

Aine Cha 021 201 6704 [ainecha.lifecoaching@gmail.com](mailto:ainecha.lifecoaching@gmail.com)

### Mindfulness as a "Strategic Intervention" for Teens

This workshop is crafted to suit teens, incorporating mindfulness, meditation, and a thought based approach to help them deal with challenges. 13 - 17 years

7 Bond St., Level 4 Consultancy House @Decompression Zone

\$30 - 1:30pm - 4pm

Aine Cha 021 201 6704 [ainecha.lifecoaching@gmail.com](mailto:ainecha.lifecoaching@gmail.com)

### Digital Camera 101 - Moving out of auto

Introductory course on learning the basics, come away with a deeper understanding of your camera's abilities. 18+

Fred Hollows Room @ The Valley Project 262 North Rd NEV

\$89 - 4:30pm - 7pm

Ted Grenfell 0274 435 455, Jac Grenfell 022 010 8236, [workshops@grenfell.co.nz](mailto:workshops@grenfell.co.nz)

### Easy Organic Gardening for Absolute Beginners

Learn to grow your own organic food, hands on workshop in garden setting. 12+ (Under 16 needs an enrolled adult)

Garden TBA

\$45 - 1pm - 5pm

Michelle Cox @ Organics Unearthed, 029 771 0212, [organicsunearthed@gmail.com](mailto:organicsunearthed@gmail.com)



### Taichi for Health

Learn a simple qigong, Shi-Ba-Shi and taiji form sequence Grasp Bird's Tail medical and martial applications.

Sargood Centre, 40 Logan Park Drive

9am - 12pm (Kate Clapham-Dorjee) & 1pm - 4pm (Brenda Rae) \$30 for One class, \$50 for both.

Kate 027 216 2618, [taichi4healthnz@gmail.com](mailto:taichi4healthnz@gmail.com)

## SUNDAY 19th JAN

### Ebike, Etrike and Scooter Sunday School

Baptising newbies. Strong tea, gingernuts and a gossip on all things wheels! 18+ Valley Community Workspace, 11 Allen St NEV

FREE - 9:30am - 11am

Nathan Parker [dunedinlectricbikes@gmail.com](mailto:dunedinlectricbikes@gmail.com)



### Introduction to Beekeeping

Information on setting up your own beehive, comprehensive theory in classroom, then field trip to Careys Bay. 18+

Fred Hollows Room @The Valley Project 262 North Rd NEV

\$50 - 9am - 1pm

Danny Vinbrux: 022 123 1348, [danielvinbrux@hotmail.com](mailto:danielvinbrux@hotmail.com)



### Photoshop 101 - An introduction to the Adobe Creative Cloud

Learn the basics of how to setup and use Lightroom and Photoshop to save and edit. 18+

Fred Hollows Room @ The Valley Project 262 North Rd NEV

\$89 - 5pm - 7:30pm

Ted Grenfell 0274 435 455, Jac Grenfell 022 010 8236, [workshops@grenfell.co.nz](mailto:workshops@grenfell.co.nz)

## MONDAY 20th JAN

### Weave Your Own Merino Shawl

(please note: this is a 5 day class) All materials provided, dye and weave your own shawl on table looms. 18+

Dunedin's LoomRoom, 11 Allen St NEV,

\$500 - 9am - 4pm, 20th - 24th Jan

Christine Keller, 022 628 6199, [mindmade@hotmail.com](mailto:mindmade@hotmail.com)

## TUESDAY 21st JAN

### An Intro To Reiki For Self Care

Japanese system of Reiki for healing. 14+

Decompression Zone, Level 4, 7 Bond St.

FREE - 10am - 12pm

Mary Hambly 021 071 3308, or  
admin@decompressionzone.co.nz

### An Intro to Reiki for healthcare professionals, therapists and carers

Insights into the teachings of Reiki and a chance to experience it first hand. 18+

Decompression Zone, Level 4, 7 Bond St.

FREE - 2pm - 4pm

Mary Hambly 021 071 3308, or  
admin@decompressionzone.co.nz

### Make Your Own Homemade Cleaners

Make your own homemade cleaners from simple ingredients. Bring 1-2 jam jars to take home your samples, registrations essential. 18+

Fred Hollows Room @ The Valley Project  
262 North Rd NEV

\$20 - 7pm - 9pm

Dr Maureen Howard 021 206 3593,  
maureen@treedom.nz

## THURSDAY 23rd JAN

### Vegan Cooking for Newbies

Discussion of vegan diet guidelines with food demonstrations. Take home recipes, and pantry ingredient list. 16+

Venue TBA

\$30 - 6:30pm - 7:30pm

Hagar Ozri 022 172 3630,  
hagar@hagarozi.co.nz

### Travel Tips For Lower Carbon Globe Trotting

Maureen shares 35,000km of adventures, all made without flying.

Fred Hollows Room @ The Valley Project  
262 North Rd NEV

Koha - 5:30pm - 7:00pm

Dr Maureen Howard 021 206 3593,  
maureen@treedom.nz

### Mini-Me Treats - Yoga & Deep Relaxation

Offering mindful yoga, deep relaxation and time to connect with self and others. Teens to Mature ages.

Venue TBA

Koha - 7pm - 9pm

Ushchi Heyd, 027 360 0238,  
ushchi.heyd@gmail.com

## 4KT Elephants Workshop

Make cute soft toy elephants with recycled fabric. 7+

Stitch Kitchen 88 Vogel St,

Donation - 10am - 1pm

Fiona Jenkin 021 026 11412,  
info@stitchkitchen.nz

### Yoga and Art Workshops For Kids

These yoga and art workshops for kids are all about combining relaxation and creativity. Kids are welcome to join one workshop or many, each with a different elemental focus. 8 - 12 Years

School Hall @ North East Valley Normal School

10.30 - 1.30pm, \$20 per day (or \$70 for four days) - 21/22/23/24 Jan & 27/28/29/30 Jan

Hahna Read, 020 4194 1795,  
hahnaread@gmail.com

## FRIDAY 24th JAN

### FILM NIGHT: Living The Change

(85mins) Directors Jordan Osmand and Antonette Wilson @ Happen Films

Living The Change is a feature-length documentary that explores solutions to the global crises we face today - solutions any one of us can be part of - through the inspiring stories of people pioneering change in their own lives and in their communities in order to live in a sustainable and regenerative way. Filmed in NZ.

Nga Maara Hall, 63 North Road, NEV  
7pm - 9pm

happenfilms.com/living-the-change

### Piano/Keyboard for Beginners

Technique, chords, scales, musical alphabet. All Ages.

Fred Hollows Room @ The Valley Project  
262 North Rd NEV

\$30 - 2pm - 3pm

Jae Bedford 0274 182 136, or email  
tbsom@live.com

## SATURDAY 25th JAN

### Digital Camera 101 - Moving out of auto

Introductory course on learning the basics, come away with a deeper understanding of your camera's abilities. 16+

Fred Hollows Room @ The Valley Project  
262 North Rd NEV

\$89 - 1:30pm - 4pm

Ted Grenfell 0274 435 455,  
Jac Grenfell 022 010 8236,  
workshops@grenfell.co.nz

### Knitted Dishcloths

Learn to knit your own kitchen cloth. 7+

Stitch Kitchen 88 Vogel St,

\$20 - 12pm - 2pm

Fiona Jenkin 021 026 11412,  
info@stitchkitchen.nz

## SUNDAY 26th JAN

### Photoshop 101 - An introduction to the Adobe Creative Cloud

Learn the basics of how to setup and use Lightroom and Photoshop to save and edit. 18+

Fred Hollows Room @ The Valley Project  
262 North Rd NEV

\$89 - 1:30pm - 4pm

Ted Grenfell 0274 435 455,  
Jac Grenfell 022 010 8236,  
workshops@grenfell.co.nz

## MONDAY 27th JAN

### Essential Oils - Make and Take

Learn the basics of oils, make 5 rollerball blends to take home. 16+

Fred Hollows Room @ The Valley Project  
262 North Rd NEV

\$25 - 10am - 12pm

Marise 021 038 9965,  
missy\_hollows@hotmail.com

### Essential Oil Beauty Hacks

Make 5 beauty products you can take home for use everyday. 16+

Fred Hollows Room @ The Valley Project  
262 North Rd NEV

\$25 - 1pm - 3pm

Marise 021 038 9965,  
missy\_hollows@hotmail.com

### Yoga and Meditation

Learn key movements and sequences of yoga, followed by meditation. 12+

Fred Hollows Room @ The Valley Project  
262 North Rd NEV

\$25 - 5:30pm - 7:30pm

Tess Rushton 021 174 1135,  
tessrushton@gmail.com

### Weave Your Own Merino Shawl

(please note: this is a 5 day class)  
All materials provided, dye and weave your own shawl on table looms. 18+

Dunedin's LoomRoom, 11 Allen St NEV,

\$500 - 9am - 4pm, 27th - 31st Jan

Christine Keller, 022 628 6199,  
mindmade@hotmail.com

## TUESDAY 28th JAN

### Reiki Level 1, Shoden Part 1\*

(2 Day Course) Japanese system of Reiki for healing. 14+

Decompression Zone, Level 4, 7 Bond St.

\$230 - 8am - 4pm

Mary Hambly 021 071 3308, or  
admin@decompressionzone.co.nz

\*Please note second class is on Feb 4th,  
8am - 4pm)

### Little Nonviolent Heroes

Want to be a true hero? Discover how through interactive stories. Parents welcome. 5 - 11 years

The Valley Project, 262 North Rd, NEV

\$30 - 10am - 12pm

Monica Carrer,  
monica.laghate@gmail.com

## Balance Your Emotions

Make 5 rollerball blends with essential oils for emotional support 16+

Fred Hollows Room @ The Valley Project  
262 North Rd NEV

\$25 - 10am - 12pm

Marise 021 038 9965,  
missy\_hollows@hotmail.com



### Adjo's Danish Cooking Workshop

Learn a traditional Danish dinner dish, with information on sourced ingredients, and enjoy a meal together at the end. 14+

Adjo Cafe 10 Bank St

Koha - 4pm - 6:30pm

Caitlin & Jonas 027 236 6921,  
adjoedunedin@gmail.com

## THURSDAY 30th JAN

### Mini-Me Treats - Yoga & Deep Relaxation

Offering mindful yoga, deep relaxation and time to connect with self and others. Teens to Mature ages.

Venue TBA

Koha - 7pm - 9pm

Ushchi Heyd, 027 360 0238,  
ushchi.heyd@gmail.com

### Mums and Bubs Yoga and Movement Taster

A class focused on easing tensions and strengthening mother's bodies with trained and experienced post natal yoga teachers. Suitable from 6-8 weeks

AYU, 7 Crawford St

Koha - 10:30am - 11:30am

KJ Davie & Niki East from Mothers Yoga Collective, 021 174 0149,  
catchkj@gmail.com

## FRIDAY 31st JAN

### Belt it out - Singing Lessons

Technique, breathing, scales, harmony and more. All Ages.

Fred Hollows Room @ The Valley Project  
262 North Rd NEV

\$30 - 2pm - 3pm

Jae Bedford 0274 182 136, or email  
tbsom@live.com

## SATURDAY 1st FEB

### Native Plant Identification

Identify local NZ plants on casual walk through Chingford Park. North Rd, NEV, registrations essential.

Koha - 11am - 12:30pm

Clare Cross 03 473 8614,  
openvue@northeastvalley.org

## Mug Huggers

Learn to crochet your own crochet cover to turn any jar into a reusable keep cup.

Stitch Kitchen 88 Vogel St,

\$20 - 12pm - 2pm

Fiona 021 026 11412,  
info@stitchkitchen.nz

### Digital Camera 101 - Moving out of auto

Introductory course on learning the basics, come away with a deeper understanding of your camera's abilities. 16+

Fred Hollows Room @ The Valley Project  
262 North Rd NEV

\$89 - 4:30pm - 7:00pm

Ted Grenfell 0274 435 455,  
Jac Grenfell 022 010 8236,  
workshops@grenfell.co.nz

### Discover Your Voice

Beginners +, learn simple techniques to help you get more enjoyment from singing. 14+

Fred Hollows Room @ The Valley Project  
262 North Rd NEV

\$30 - 10am - 12:30pm then resume  
2pm - 4pm

Lois Johnston 021 131 2969,  
lusciousloisjohnston@hotmail.com

### Take awesome phone photos of your kids

Stop taking snapshots and start creating WOW photos of your kids using just your phone.

Valley Project Te Putake room, 262 North Rd, NEV

\$30 - 2pm - 4pm

Edith Leigh Photography,  
021 214 4075,  
edith@edithleighphotography.nz

## SUNDAY 2nd FEB

### Yoga for Pregnancy & Birth, Taster

This class aims to enhance the health and well being for mums to be with yoga, assisting them in the preparation for birth and life with a newborn.

Dunedin Yoga Studio

FREE / Koha - 3pm - 4pm

KJ Davie & Niki East from Mothers Yoga Collective, 021 174 0149,  
catchkj@gmail.com

### Photoshop 101 - An introduction to the Adobe Creative Cloud

Learn the basics of how to setup and use Lightroom and Photoshop to save and edit. 18+

Fred Hollows Room @ The Valley Project  
262 North Rd NEV

\$89 - 1:30pm - 4pm

Ted Grenfell 0274 435 455,  
Jac Grenfell 022 010 8236,  
workshops@grenfell.co.nz









# Hoiho Bird of the Year

THE HOIHO or yellow-eyed penguin was crowned Bird of the Year in the recent competition by Forest and Bird.

The 'Bird of the Year' is an excellent tool for increasing the advocacy of New Zealand birds, in part due to all of the outstanding bird meme campaigns circulating on Facebook.

Hoiho are classified within New Zealand as 'nationally endangered' and numbers reached a low of 225 pairs in the 2018/19 season. They are only found in New Zealand, largely on the east coast of the South Island. North Otago, Otago Peninsula, the Catlins and Banks Peninsula are their known major breeding locations but young (juvenile) hoiho have been spotted as far north as Taranaki and the Bay of Plenty.

Hoiho are unmistakable and so named after the yellow stripe of feathers circling their eyes and the back of their head. They're often shy, quiet birds but their Māori name hoiho, meaning 'noisy', alludes to the high-pitched, shrill nature of their call.

Hoiho are very sensitive birds and are threatened by mammalian predators and human land-use in terrestrial habitats, and by predators, fishing practices and ocean changes in their marine habitats, which have contributed to population declines.

Despite the incredible and tireless work of the Yellow-eyed Penguin Trust and conservation groups, numbers are continuing to decline.

If you're keen to learn more or support the hoiho, check out [www.yellow-eyedpenguin.org.nz/](http://www.yellow-eyedpenguin.org.nz/). If you're keen to learn more about Bird of the Year, check out [www.birdoftheyear.org.nz/](http://www.birdoftheyear.org.nz/).—Open VUE educator Clare Cross

## kids' corner



**MAKE YOUR** own Bird of the Year hoiho Christmas tree decoration!

To make this cute little bird you will need some black, yellow, white, pink and red felt, cotton, a hot-glue gun and hobby fill or stuffing.

A printable pattern and detailed instructions can be found online at [bit.ly/XmasHoiho](http://bit.ly/XmasHoiho).

We'd love to see your finished creation hanging on your tree! Post a photo in our Open VUE Facebook group.

If you're not a member of our group yet you are more than welcome to join us here: [bit.ly/FBOpenVUE](http://bit.ly/FBOpenVUE)



## Items needed

OPEN VUE are putting their Christmas wish list out to the community. If anybody has a 30m garden hose or watering cans lying around their own home unused, OpenVue would be eternally grateful to have them passed on!

Not only does it save money for other projects it's a great opportunity to re-use items instead of buying new resources.

## Project holiday hours

THE VALLEY Project reception will close for the summer holidays as per the school holiday timetable from 16 December to 31 January 2020.

During this period printing, photocopying, the community hotdesk and casual use of the community rooms will not be available.

Regular community room users will follow their own schedules over the holiday period – check with your tutor or organiser for details.

The Valley Project office will not be staffed from 20 December to 20 January. Emails and phone messages will be checked after 20 January 2020.

Everybody on the Valley Project team wishes our community season's greetings and a happy summer.

## A Christmas Shindig

A CELEBRATION for Christmas with a fun afternoon of activities, food, carols and Santa.

All free! At the North East Valley Baptist Church, 270 North Rd, 1–4pm on Sunday 15 December.

## Wheelchair repairs

IS THERE a kind soul out there who could do some minor repairs on some of our wheelchairs for our beloved oldies?

Please get in touch with Kerry Otto, the Woodhaugh Rest Home and Hospital community facilitator, on 021 0242 6761 if you can help out.

# Ice block breaks essential for move

WHAT MOVES faster than a toddler with sticky hands? The Toy Library!

With six weeks' notice, we moved from our previous abode in Northumberland Street into the open arms of the North East Valley Baptist Community Centre at 270 North Road. Our old place at St Martins Hall on Northumberland Street is being demolished later this year for the worthy cause of building social housing. We always knew this would be on the cards and we enjoyed the space while it lasted.

Do you remember that stinking hot weekend in November? Well, that was when we moved. Our committee members and their families got the job done in two sticky-tar days with mandatory ice blocks between trailer loads.

We're now located in the old 'creche' with the added bonus of having use of the hall for our ride-on toys.

In the next few months, we'll focus on organising our toys and working with the Playgroup to figure out how best to use the space. We all agree that finding new premises for our library and settling in in such a short space of time shows just what a fantastic community we have here in the valley. —Toy Library chairperson Jennifer Lawn



Caleb Garden (4) is excited about the Dunedin Toy Library's new home at the North East Valley Baptist Community Centre.

## trade directory

SUPPORT YOUR LOCAL COMMUNITY & BUSINESSES

 **Plumbing Laser**

*"Proudly servicing the valley for over 20 years"*

Our plumbing services include:

- Gas fitting
- Solar hot water
- Drainage
- Plumbing – new and existing

 **Master Plumbers**

**Laser Plumbing Dunedin**  
369 King Edward Street South Dunedin  
Phone (03) 456 3178  
E. dunedin.central@laserplumbing.co.nz



**Peter Wymouth Consulting Arborist**  
[www.greentrees.co.nz](http://www.greentrees.co.nz)  
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for more information contact:  
p: 021 0718 665  
or 03 482 2729  
e: edwardwhitebuilders@gmail.com

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give our advertisers your support

and don't forget to tell them you saw it in the Valley Voice, as their support helps to keep our free community newsletter going ...

If you would like to advertise email [voice@northeastvalley.org](mailto:voice@northeastvalley.org)



### AROUND-TUIT handyman services

Get jobs done which have been hanging around because you haven't got time.

**DIY jobs garden clearance/tidying**

VERY REASONABLE RATES  
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**Why wait any longer?**

**022 472 4988**

[aroundtuit17@gmail.com](mailto:aroundtuit17@gmail.com)

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# PINE HILL SCHOOL OPEN DAY

SATURDAY 30th NOVEMBER 2019

11am-1pm

COME AND CHECK OUT OUR FANTASTIC  
SCHOOL!

THERE WILL BE A FREE SAUSAGE SIZZLE!

WE LOOK FORWARD TO SHOWCASING OUR  
AWESOME SCHOOL TO OUR COMMUNITY!



At Pine Hill School we have:

- Low student to teacher ratios
- Two fantastic classrooms operating
- Highly skilled teachers
- Personalised learning
- Interesting, engaging classroom learning programmes
- Innovative learning environments
- Strong use of digital technologies
- Expansive grounds
- A family focus and community engagement
- A friendly, welcoming environment

**Pine Hill School**  
A Community of Learners

Website: [www.pinehilldunedin.school.nz](http://www.pinehilldunedin.school.nz)  
Email Melissa Ward: [principal@pinehilldunedin.school.nz](mailto:principal@pinehilldunedin.school.nz)

11 Hislop Street, Dunedin • Phone 03 473 9148



## Prospecting for gold in North East Valley

A FEW years ago, someone told me that they had heard from someone that someone had told them that someone had prospected for gold in North East Valley back in the day.

Gold?! Before I raced down to Chingford Park to try my luck with Mr Jack's gold pan, I thought I'd best do some research.

I was pretty sure from my geology degree mumble-mumble years ago that gold doesn't usually turn up in volcanic rocks, but perhaps I was wrong (or had slept through that lecture).

When I dug around though, I found that gold had been discovered on the flanks of Harbour Cone on Otago Peninsula in 1874. Blow me down, you *can* get gold in volcanic rocks!

Dr Adam Martin from GNS Science explained to me how this can happen. Millions of years ago when Duffers was a real live volcano, a big blob of magma forced its way up into the volcano intruding into some slightly older volcanic rock called trachyte.

The magma that didn't quite make it to the surface sat underground, slowly cooling off. And as it cooled gases and fluids came out of the hot magma and moved into the cold surrounding trachyte, where they pretty much froze, forming silver, fool's gold (pyrite) and actual gold.

Millions of years later miners managed to squeeze 5 ounces

(about 140g) of gold, worth about \$10,000 today, out of 22 tonnes of that rock. That's not too shabby in terms of gold per tonne of rock, but it was a tiny gold deposit and not commercially viable. Although I do wonder if we should take a family stroll up there these holidays ...

Anyways, early prospectors wouldn't have understood the local geology and processes like we do now, so they probably weren't looking for pyritic mineralisation associated with intrusive volcanics in North East Valley! Most likely the only thing that made someone look for gold here in the late 1800s was that there was a doozy gold rush on and anywhere was worth a crack. But there's no record of gold ever being discovered here; heading over the Old Dunstan Road to Central Otago was a much better prospect.

So, sadly, we have no gold in the valley. Nor, my arborist neighbour assures me, any frankincense or myrrh. But I do know some shepherds in the valley (of goats ... I assume that counts), we can probably scrape together three wise people, and there are little miracles to be found in every corner.

Mere Kirihimete everyone, and tune in next year for some exciting stories about an unexciting-seeming thing: soil!

—North East Valley scientist Helen Jack

# Christmas trees to support Oxfam

CHRISTMAS TREES will be for sale in North East Valley again this year on the weekend of 14/15 December as a fundraiser for Oxfam.

Volunteers will be on Opoho Rd, opposite the Gardens New World carpark, selling trees from 8am to mid-afternoon on the Saturday and Sunday.

The Christmas trees are \$15 each and all proceeds go to the global charity Oxfam, which fights poverty and injustice.

The trees are thinnings from a sustainable forestry operation in North Otago. Members of the Oxfam group gather the trees as they're cut and bring them to Dunedin the day before to provide fresh trees.

For any enquiries get in touch with John on 027 246 3918.



*Selling Christmas trees on Opoho Rd to raise funds for Oxfam last year.*

## valley garden journal



### Meet community gardener Tom McKinlay

#### **What got you to your first community garden working bee?**

I had been reading and thinking about carbon footprints, food miles and the advantages of local food, and then I read (in the *Valley Voice* probably) that some clever people had set up a community garden just along the road. So I went along.

#### **How long have you been working at the community garden?**

I began going about six months after the garden started, so about seven years ago.

#### **What do you most enjoy about working at the community garden?**

Well, he tangata, it is people. Gardeners are lovely. But rich, veggie bed dirt also smells and feels good under your nails. It's a cure for all that ails.

#### **Do you have a veggie garden at home?**

Yes, and it has benefited enormously from all the lessons learned from the great gardeners at the community garden. It has also provided many good seeds.

#### **What is your favourite time of the year in the garden?**

Other than morning tea time, it would probably be late summer and early autumn when the garden is heaving with food: corn, yams, beans, more beans, leeks ....

#### **What is your favourite vegetable?**

Hard to say. The thing about taking home veggies is they are so fresh. Tea that night is the best tea of the week.

### Become a community gardener: November community garden working bees

North East Valley Community Garden

Saturday 2 Nov: 9am–noon, Sunday 10 Nov: 1–4pm

Saturday 16 Nov: 9am–noon, Sunday 24 Nov: 1–4pm

Pine Hill Community Garden

Check [www.facebook.com/DalmoreCommunityGardenPineHill](http://www.facebook.com/DalmoreCommunityGardenPineHill) for upcoming events and working bees

# Classifieds and community notices (for non-profits)

## fitness & health

### CONTRA DANCE

7.30pm, Mon, \$2, 52 Dundas St. Ph. 473 8640 for more information.

### DUNEDIN ACROYOGA

Combining acrobatics and yoga, no partner needed. Beginners classes available. 6-9pm, Tue, Opoho Presbyterian Church, 50 Signal Hill Rd. Facebook or email jooke@gmail.com

### DUNEDIN BMX CLUB

Race night, Forrester Park BMX track, 6pm, Thur.

### FOLK DANCING FOR FUN

Baptist Church, 270 North Rd, 10am-11.30am, Fri, \$4. Ph Yvonne 455 2406, stured1@yahoo.co.nz

### KUNG FU

Fitness, discipline and self defence. Classes for 7-12 years Wed, 5-6pm, Sun, 3-4pm, teen & adult classes, Wed, 6-7.30pm, Sun, 4-5.30pm, Nga Maara hall. Contact Kenneth Dunedin@shaolinkungfu.co.nz or 022 094 6357.

### LEARN TAEKWONDO

Korean martial art, supportive environment, family friendly. Training Mon, Thur, Pine Hill School hall, 6-7.30pm. To register email dunedinolympictkd@hotmail.co.nz

### NAKAJIMA JUDO CLUB.

Weekly evening class for all levels and ages, ph. Keri 021 027 93683.

### PARKRUN

A free, weekly timed 5km run/walk, Sat, Botanic Gardens. Meet at café, 8am summer, 9am winter. Go to parkrun.co.nz for more info.

### SPAN NEV

Stretch'n'flex, low-impact exercise, fun and friendship, community rooms, 262 North Rd, 10am-11am, Tue, over-65s, \$4. Ph 473 9311.

### STEADY AS YOU GO

(Age Concern) Gentle balance and strength exercises, NEV Baptist Church, 10.30am-11.30am, Mon, and Pine Hill School Library, 11am, Thur.

### SPORTS AEROBICS

Competitive aerobics and casual fitness classes. No previous experience required. Training held at DNI Fri and Sun. Working towards NZCAF regionals next August. Contact rebeccafishernz@yahoo.co.nz

### TANNOCK GLEN

The 3.5acre garden of the Dunedin Rhododendron Group is situated in Torridon St, Opoho. Members of the public are invited to visit at any time. Dogs permitted on a lead.

### THREE LEFT FEET

Social dance group, no experience or partners necessary. European dance-folk and traditional, \$5 or \$7.50/couple, Nga Maara hall, 6pm-7pm, Thu. Ph. Marilyn 473 7829.

### ZEN MEDITATION

With the Dunedin Zen group. Meet 7pm Weds, St Martin's Church in the downstairs room.

### YOGA IN THE VALLEY

Instructor Adair Bruce, 6-7pm, Mon & Fri, DNI designspace; 9.15-10.15am, Mon, Wed, community rooms. \$10 waged, \$8 unwaged, for more info contact adairbruce@hotmail.com

## further education

### CITIZENS ADVICE

Dunedin Citizens Advice Bureau - a free confidential service for all. We can help with tenancy problems, employment issues, consumer problems & host of other issues. Rodgers House, 155 Princes St, 471 6166, cab.org.nz

### COMPUTER CLASS

A free class to learn how to use computers, 10.30am-noon, Weds, community rooms.

### FREE LITERACY COURSE

For more information contact Ana & Marg at Literacy Aotearoa, 477 2055.

### FRENCH TUTOR

Beginner to advanced, 30 years experience, hourly rate, ph 473 0159 evenings.

### INDOOR BOWLS

Play indoor bowls at the NEV Bowling Club, 139 North Rd, Thurs, 1.30pm start. Ph. Jack for more info 473 9565.

### ITALIAN CLASSES

Exp teacher, native speaker of Italian ph Antonella 027 341 8312, 473 0832 antonella.vecchiato@gmail.com

### LEARN ENGLISH

English for daily life and work. Free and low cost courses. Contact Tamara or Felicity at English Language Partners 455 5266, dunedin@englishlanguage.org.nz

### SPANISH LESSONS

Learn Spanish in a fast and fun way. All levels and wide time availability. Ph Luana 027 284 7836 or luana.suarez26@gmail.com

### STAND-UP COMEDY

Open mic at Inch Bar, 1st & 3rd Thursday every month. Comedy workshop classes every other Thursday, open to all skill levels. For more info contact reuben@dunedincomedy.co.nz

## art, craft & music

### ART CLASSES

For all levels, casual attendance welcome, tutor Anneloes Douglas, community rooms, 10am-noon, Thur and 6pm-8pm, Fri. Ph 027 307 7034, 467 9993, anneloes.douglas@xtra.co.nz

### ART CLASSES

Continuous class, newcomers welcome, 1-3pm, Wed, community rooms; 1-3pm, Thurs, St Peter's Church Hall, Caversham; 7-9pm, Thurs, Logan Park High School, \$15 per session. Ph Friederike 482 2025.

### KNITTING SQUAD

BYO knitting or crocheting, or come & learn, community rooms, 1pm-3pm, Wed. Ph Marjory 473 7751.

### ART FIBRE DUNEDIN

Bring lunch and requirements, 10am-3pm, second Sun each month, community rooms, Ph Viv 473 0343, www.artfibredunedin.blogspot.com.

### DUNEDIN FIDDLE CLUB

Community rooms, 7.30pm, Wed.

### MUSIC LESSONS

Guitar, drums, singing, with professional musician. All ages. Contact Bevan bevan37@hotmail.com or ph 027 363 1376.

### SENIOR MUSOS

Retired musicians who put on music for an afternoon at the Normanby Bistro. Scones, jam & cream \$3, 3rd Thurs of the month from 2pm.

### SOUNDS NOR'EASTERLY

Do you enjoy singing with a group? Why not join your local community choir? All ages and abilities welcome. DNI design lobby every Tues, 7.30-8.45pm. Email Clare for more info clare-n-don@clear.net.nz

### UKULELE SESSIONS

Wed, 7-8.30pm, Baptist Church, 280 North Rd. Just turn up or text Adrienne 027 389 2574 for more info.

### VALLEY BLUEGRASS JAM

Monthly jam session at the Normanby Bistro, 3rd Sun of the month from 2pm.

### WOMEN'S ART GROUP

An art & craft group aimed at helping new Dunedin residents learn & share skills & connect with others. Tues, 1pm, community rooms, 262 North Rd.

### COMMUNITY NOTICES

Priority for groups and activities in the Valley Voice readership area, email voice@northeastvalley.org Please keep notices brief.

## community

### BIBLE HOUR

Friendly small group Bible learning over morning tea, Sun, 9.30am, DNI (tech area) during school terms. All welcome, free, ph 020 4079 5727 or www.dunedinchristadelphians.org

### BIKE WORKSHOP

Get help, use our workshop, bikes available for koha, 3.30-6pm Tues, and 9.30am-12.30pm Sat, Valley Community Workspace, 11 Allen St. Contact Peter on peterd0n@yahoo.com

### COMMUNITY ACCOUNTING

Dunedin Community Accounting provides free accounting training & advice for non-profits in Otago. For more info call 0800 113 160, kiaora@dca.org.nz or www.dca.org.nz.

### ENABLING LOVE

Looking for friendship and social connection? 18-45 years welcome to our weekly coffee group, Thurs, 1-2pm. More at www.enablinglove.nz or contact Joshua for venue at enquiries@enablinglove.nz

### ENGLISH CONVERSATION

Informal group to practice speaking with a native English speaker (this is not an English class), new topics each week, meet new people, 12-2pm, community rooms.

### DUNEDIN REFUGEE

Dunedin Refugee Centre, meet community rooms, 262 North Rd, 9.30-11.30am, Fri. Ph Afife 473 8944.

### FRUIT & VEGES CO-OP

Fresh fruit and veges at wholesale prices with All Saints Fruit and Veges Co-op. Small, med, large weekly bags. Order at St Martins, 194 North Rd, Thur, 4.30pm, or sign up online fruit.vege.allsaints.dn.org.nz or

### LEGAL ADVICE

Free at Community Law Otago, legal advice by qualified lawyers, practical solutions, 11am-12.30pm Mon-Fri, 5.30-7pm Mon, Fri and 2-3.30pm Mon, Floor 1, 169 Princes St, 474 1922.

### MEN'S PROBUS

NEV bowling club, 10am, 2nd Mon each month, new members welcome. Ph Peter 455 1256, peabee@xtra.co.nz or ph Don 473 7544.

### COMMUNITY GARDEN

North East Valley, the top paddock behind North East Valley Normal School, working bees every weekend alternating Saturday 9.30am-noon and Sundays 1-4pm. All welcome.

# Classifieds and community notices (for non-profits)

## Belleknowes Golf Club

Green fees \$15  
(after 4pm \$10/player)

Come & enjoy our fantastic 9-hole golf course on Lawson Street  
Twilight golf starts October

## COMMUNITY GARDEN

Pine Hill, Dalmore Reserve entrance on Allenby Ave, check [www.facebook.com/DalmoreCommunityGardenPineHill](http://www.facebook.com/DalmoreCommunityGardenPineHill) for upcoming events & working bees, [dalmorecommunitygarden@gmail.com](mailto:dalmorecommunitygarden@gmail.com)

## DUNEDIN MAKERSPACE

Work on project, watch others and chat, 1pm–5pm, Sat; organised talks, 7pm, Thur, Valley Community Work-space, 11 Allen St.

## LADIES' PROBUS CLUB

Meets 10am, first Mon each month, NEV Bowling Clubrooms. New members welcome. For more info ph 455 6683.

## NEED A JP?

Contact Colin Lind to arrange to meet, ph 473 7174 or 027 733 0066 or [colin@lind.co.nz](mailto:colin@lind.co.nz).

## NORTH DUNEDIN SHED

New members welcome. Open Wed and Sat mornings 35 Bonnington St over bridge. Find us on Facebook: North Dunedin Shed Society Inc

## MULTICULTURAL GROUP

Women's multicultural group, make new friends, speakers, cooking, outings. Community rooms, 10am–noon, Fri, ph Afife 473 8944.

## NEIGHBOUR SUPPORT

Create safer, more caring communities. For more info and local contacts ph Lois on 456 0857 or [neighbourhoodsupport@gmail.com](mailto:neighbourhoodsupport@gmail.com).

## REFUGEE CENTRE

Mon, 9–11am, Dunedin Community House, 301 Moray Pl. Coordinator Afife, ph 027 419 3125 or email [afife.harris@gmail.com](mailto:afife.harris@gmail.com)

## trading corner

### BABYSITTER

Experienced 23 year old, have worked with children of all ages. Ph Kelly 027 697 9194.

### BABYSITTER

High school student available for babysitting evenings and weekends. Ph Laura 027 905 9911 after 4pm.

### BABYSITTER IN NEV

Experienced, 26 year old, children of all ages. Wide hourly availability. Ph Luana 027 284 7836 or [luana.suarez62@gmail.com](mailto:luana.suarez62@gmail.com)

### CAKE BAKER

Home-baked cakes large/small for your pleasure. Made to order. Price list available. Ph 473 0159 evenings.

### CLEANER WANTED

For one-off spring clean, \$20/hr. Ph Lucy 027 321 7797.

### COMPUTERS

I fix computers! Low rates, great service, Windows, Linux, Mac, Android. Call Matt 022 048 0012.

### GARDENER

Gardener available, light weeding/trimming, very experienced, \$25/hr, ph 473 0159 (evenings)

### KNIFE SHARPENING

Mobile knife sharpening service for house knives, \$15/knife. Ph. 022 416 5446.

### HAIRDRESSER

Retired senior hairdresser providing service for seniors. Your home or mine. Dunedin North only, ph Helen 467 9644 or 021 104 1011.

### HANDYMAN

Handyman wanted, ph 473 7969.

### HOUSE-SITTER

House minder available 10 Jan to mid Feb, 13yrs experience around Dunedin, quiet 56 year old male, non-drinking, non-smoking. Please email Jeffrey at [jeffreyhrobinson@yahoo.co.nz](mailto:jeffreyhrobinson@yahoo.co.nz)

### HOUSE WANTED

3-bedroom house wanted to buy in wider NEV area. Private sale preferred please. All approved & ready. Local couple who intend to live in the property. Contact Nadia on 027 784 9787.

### LAND WANTED

Bare land wanted to buy asap, ideally anything considered between Waitati and NEV, ph Chris 027 443 4246.

### LOG SPLITTER

Commercial power Briggs & Stratton Model 12000 Vanguard. Local pick up & delivery with full tank, \$50/day. User responsibility, ph 473 0393.

### ROOM WANTED

Room needed for single man, mature, non-smoker, reliable. Long-term wanted but would consider Jan-Feb. Ph Kurt 027 269 5956.

## for families, kids & teens

### ACTIVE MUSIC

For 0–5yrs, with Yvette, 10.30am Wed, Valley Baptist Community Centre, 270 North Rd, ph 473 9413 or [nevplaygroup@gmail.com](mailto:nevplaygroup@gmail.com)

### DUNEDIN TOY LIBRARY

A vibrant toy library for children from birth to 7 years. Huge range of toys, ride-ons, dress ups, puzzles, games. NEV Baptist Community Centre, 270 North Rd., 3.30–4pm Wed, and 10–11.30am Sat.

### GIRLS BRIGADE

Dunedin Girls Brigade Company, all girls, from age 5 up welcome, 6–7.30pm, Wed, St Marks Presbyterian Church Hall, 304 Pine Hill Rd.

### MT CARGILL GIRLGUIDES

Pippins, brownies, guides and ranger groups in the valley, ph 0800 222 292 or [info@girlguiding.org.nz](mailto:info@girlguiding.org.nz)

### OPOHO PLAYCENTRE

Sessions for 0–6 year olds, 9am–noon, Mon–Fri, school terms, 28A Signal Hill Rd. Visitors welcome, ph 473 0819 or email [opoho.playcentre@yahoo.com](mailto:opoho.playcentre@yahoo.com)

### OPOHO SCOUTS

Keas, 5.30pm–6.30pm, Tues; Cubs, 6pm–7.30pm, Thur; Scouts, 7pm–8.30pm, Wed. Opoho Scout Den, ph Kevin 0800 SCOUTS.

### PLAYGROUP

Leith Valley Church, Malvern St, 10am–noon, school terms, ph. Julia 027 635 8181.

### PRESCHOOL MUSIC

At Opoho School, 9am–9.30am, Fri, during school term, Room 3, gold coin, drop in, ph 473 8019.

### SUNDAY SCHOOL

Variety of classes with stories, crafts, songs and more. Ages 4–18, 9.30am Sun (term time only), DNI (tech area). All welcome, no charge, ph 020 4079 5727 or [www.dunedinchristadelphians.org](http://www.dunedinchristadelphians.org)

### SPACE FOR BABIES

Programs run by registered ECE teachers supporting families through their first year with a new baby, school terms, 12.30–2.30pm, day TBC, Valley Baptist Community Centre, ph 473 0014 or [space.valleybaptist@gmail.com](mailto:space.valleybaptist@gmail.com)

### NEV PLAYGROUP

For 0–5yrs, variety experiences to enhance development of your child, meet other local young families, free morning tea & lunch provided, Valley Baptist Community Centre, 270 North Rd, 9am–2.30pm Tue & Wed, ph 473 9413 or [nevplaygroup@gmail.com](mailto:nevplaygroup@gmail.com)

### RUDOLF STEINER

Te Whare Ako Marie, Pinehill & Maia. A sanctuary for creative play for children from birth to kindergarten, a place of peace & friendship for parents. Groups meet weekly, term time, ph 471 2163 or [dunedinsteinerplaygroup@gmail.com](mailto:dunedinsteinerplaygroup@gmail.com)

### THE BREAST ROOM

Free peer support and help around breastfeeding. All parents welcome. Every Wed, 10.30am–12.30pm, community rooms, 262 North Rd.

## church services

**Salvation Army**, 43 North Rd, community worker only, Mark O'Donnell

**Sacred Heart Catholic**, 89 North Rd, Mass 9.30am

**Glenaven Methodist**, 7 Chambers St, 11am

**Pacific Island Presbyterian**, 160 North Rd, English 11am on 1st, 2nd and 3rd Sundays; Cook Island 9.30am; Samoan 11am, 4th and 5th Sundays

**Anglican**: St Martin's, 194 North Rd, 10.30am

**St Thomas'**, Raleigh St and Pine Hill Rd, children & family service, 4.30pm, 3rd Sunday

**Opoho Presbyterian**, 50 Signal Hill Rd, 10am

**NEV Presbyterian**, community rooms, 9.30am, first, third and fourth Sundays, cafe service, contact Cameron Sinclair on [sinclairs@snap.net.nz](mailto:sinclairs@snap.net.nz)

**St Mark's Presbyterian**, 304 Pine Hill Rd, 10am

**NEV Baptist**, 270 North Road, 10.30am.

## VALLEY VOICE NEXT ISSUE: FEBRUARY

Copy deadline for February issue is 20 Jan 2020. Early stories welcomed this month!

No issue in January. Email [voice@northeastvalley.org](mailto:voice@northeastvalley.org)

# Helping hands for CreekFest signs

Children at the Pine Hill Family Ties Early Childhood Centre were more than happy to lend a hand in making signs for CreekFest.

Covering their hands in paint was a new sensation for some, but the smiles as they slapped their handprints down on paper said it all. It didn't take long for a rainbow of handprints to appear on each sheet of paper.

Putting hands to paper are, left, Sterling Ruben (4) and Mohamad Al Hassan (3).



## What's on

### summer school

Learn a new skill, meet new people. Classes run between 17 Jan and 2 Feb. Find the class listings on page 8 or [www.northeastvalley.org/events](http://www.northeastvalley.org/events)

### Christmas trees

Support Oxfam while buying your Christmas tree this year. Weekend 14-15 December, Opoho Rd, opp. New World carpark, 8am-mid-afternoon.

### Christmas Shinding

A celebration of Christmas at the North East Valley Baptist Church with a free, fun afternoon of activities, food, carols and Santa.

**FEB 22**  
BLAND PARK

**ALL AGES**  
11am-11pm

12 HOURS • 35 LIVE ACTS

12 DJ'S • 3 STAGES

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