

Keeping warm and cosy this winter is snow joke!



Members of North Dunedin Sheds with kindling galore!

It's that time of the year again and here at the Valley Project we're turning our minds to keeping warm over the winter months. Unlike last year, in 2021 we have the opportunity to get out and about to source resources that might help, including chatting to folks in the know.

First up, we will have some excellent kindling available on sale at the Valley Project reception. Call by and grab some! The wood is a fundraiser for the folks at the North Dunedin Shed and split from donated, unusable timber. Only \$10 a bag!

The Valley Project also has double-sided door draught stops and window insulation kits film at subsidised prices as well as more items on the way to help warm up your home, keep an eye out on our FB page.

How would you like to earn a \$120 credit on your power bill?

Continued page 2...

Plumbing Laser
Murray and Corey Ford proudly servicing the Valley for over 25 years

Our services include:
Plumbing - new and existing
Gas fitting
Drainage

Laser Plumbing Dunedin
369 King Edward Street South Dunedin
Phone (03) 456 3178
dunedin.central@laserplumbing.co.nz

Valley Arborist
Complete Tree Care

For free quotes by a professional and qualified arborist

Felling, pruning, hedges, tree health and risk assessments, low voltage line clearance, planting.

Sam 0223023607
valleyarb@gmail.com

Mclver Building

**New Builds
Extensions
Renovations**

25 years in the industry in NZ & Australia
Registered Building Practitioner

Contact Dave 027 703 5896 for a free quote

Dunedin Writers & Readers Festival

Thursday 6 May – Sunday 9 May 2021

@dnwritersfest

Tickets and more information at dunedinwritersfestival.co.nz

OTAGO - THE PUKA KUMARA DUNEDIN UNESCO CITY OF LITERATURE

creativity NZ DUNEDIN UNESCO CITY COUNCIL Otago

Local People, Selling Local Property

Jane Bokser
027 473 6221

Colleen Townsend
027 226 5482

Ray White Dunedin Proven Realty Ltd Licensed (REAA 2008)

Tim McGuire
LET'S MAKE IT HAPPEN

To book a free appraisal or for any other real estate questions
call Tim, now
027 562 7207
hello@timmcguire.co.nz | timmcguire.co.nz

ONEAGENCY
THE PROPERTY SPECIALISTS

LICENCED | REA 2008

Kath Scott D.O M.O.N.Z
Registered Osteopath

021 089 23960
kath@scott-osteopathy.co.nz
www.scott-osteopathy.co.nz

Another jam packed month ahead!

The trees are colouring up, the air is getting crisp, autumn is upon us. We're gearing up for our Cosy Homes events and workshops! Check out the article on the front page. Along with our Cosy Home related events we have a hoard of other FREE workshops too! Balance Connection first three Saturdays of the month and a Thursday evening. Gerard is hosting the second installment of our DIY workshops is on Saturday 10 April 1130am with a focus on sawing. We have also managed to re-schedule our terracotta planter workshop! This will take place on Saturday 17 April at 1130am with the wonderful Marion

Familton, numbers are limited so get in quick, email: jess@northeastvalley.org to secure your spot and for more info. Christine from Sew On has arranged with Stitch Kitchen to host an intro sewing course, email mindmade@hotmail.com. There's art exhibits at ADJØ and the Botanic gardens, music galore at Inch Bar and backyard festy Feastock, dang there's a lot. Do check out our What's On column for more info! Lastly we will be closed over Easter but open as normal during School Holidays so do pop in and say hi!

- Jess Covell

Valley project to host DCC Long Term Plan public consultation

DUNEDIN CITY councilors and staff will be onsite at the Project on Thursday April 8 to present and gather feedback on the new 10 year city plan. Plus, they are even bringing pizza to share! This is your opportunity to give feedback directly to decision makers, so please come along and represent our community. You can read more about the 10 year plan at <https://www.thefutureofus.nz/> or pop into the community hub where we will have some material available.

Thursday 8th April
5:15-6:15pm
Community Rooms

tō tātou eke
whakamuri
the future
of us



What do you think of our plans for Dunedin over the next 10 years?

We've got some ideas on what the priorities should be based on what you've told us before and the challenges we're facing.

Tell us your thoughts and join the conversation at www.thefutureofus.nz

Feedback closes at noon on Thursday, 29 April.

#koreroiamai
#jointheconversation



Continued from page 1..

The EnergyMate Programme is for families struggling to pay their power bills or keep their homes warm. A warm housing expert from Presbyterian Support will meet with you in your home to give you tips on ways you can keep your home cosy. They will talk with you about things such as heating, lighting, hot water and appliances, to help you reduce your power bill. They may also identify other services that you are eligible for subsidies with, such as The Curtain Bank. At the end of this process they will provide \$120 credit on your powerbill if you are with one of the 22 participating suppliers. To check your eligibility and to be referred to this great service, please contact charlotte@northeastvalley.org, phone

4738614 or pop into our office.

Did you know that there are still insulation and heating subsidies available to improve the warmth of your home and that the areas for eligibility have increased? If you need to change up your heating, subsidies are currently available for woodburners, pellet fires and heat pumps in owner-occupied homes. The government covers 90% of the cost of a new heating appliance, up to a maximum of \$3000. In Otago, the Cosy Homes Trust will cover 10% up to \$300. The total subsidy available is \$3300. To be eligible you need to be a home owner & occupier, have a CSC or Gold card CSC combo and be in one of the warm-up zones. You can check your eligibility and apply at <https://tools.eeca.govt.nz/warmer-kiwi-homes-tool/> or come in to see us. -Charlotte Wilson

The Valley Project is a registered charitable organisation. If you like what we do, you can donate at www.givealittle.co.nz/northeastvalley

Editors Tess Trotter & Jess Covell

Distribution 3700 copies

Readers 7500

Online www.northeastvalley.org

P (03) 473 8614

E voice@northeastvalley.org

f facebook.com/valleyproject

t [@valleyproject](https://twitter.com/valleyproject)

262 North Rd
North East Valley
Dunedin

PO Box. 8118 - Dunedin 9041



The opinions expressed in articles are the authors own, and are not necessarily shared by the editor or Valley Project Team. Submitted articles may be edited at the editor's discretion.



Here's a potato the community gardeners grew. The most unusual looking one to date! What do you think?

Local art projects activated post pandemic



DUNEDIN DREAM BROKERAGE recently released the recipients of their latest initiative, Off The Ground. The initiative was in response to creative collaborative projects being suppressed by the COVID-19 pandemic, to activate the places we live and work in. Of the five projects, two are of particular interest to our community: Madison Kelly's Basking and Kate Fitzharris' The Commons.

The Commons explores the blurred lines between what we often think of as distinct spaces or perspectives: private/public, individual/collective, domestic/wild, human/nature, object/viewer. It reminds us that wild public places can be as intimate and homely as our domestic spaces, and that we have wild roots to our domestic lives. The Commons refers to places and resources not owned privately but held in common and managed for the collective good. It also alludes to seeking out what we hold in common with each other and what we find around us, so we may have a more empathetic, connected world view. Utilising materials from the site, including clay, pine needles and sticks, Kate will make and install the project in Dunedin Botanic Garden, Upper Garden, adjacent to the Cherry Walk..

You can visit Kate throughout the making process Saturday 3 & Sunday 4 April 10am–2pm, and she will also be giving an artist talk on Sunday April 18 at 11am.

Valley dweller, Orokonui guide and artist Madison Kelly brings you Basking. A project welcoming communities to learn about local mokomoko (lizards), make their own habitat tiles, and develop long-term, lizard-friendly habitats in their suburban gardens. The mokomoko habitat tiles made throughout Basking will create 'productive grounds' that serve both functional and poetic roles in suburban conservation culture.

On Saturday 17 and Saturday 24 April you are invited to mokomoko drawing workshops at Orokonui Ecosanctuary Te Korowai o Mihiwaka. These workshops are suitable for participants with any level of drawing experience. An Ōtepoti-based Basking hub exhibition, workshop and hui space will also be open for the project's duration.

During her honours year at Otago School of Art Madison completed the Art Science collaboration and since then all her work has been about conversation and sharing knowledge. Basking is exactly this philosophy. It's a perfect intersection of her art practice and work at Orokonui which is around communication and engagement with conservation science. Site-specific work is Madison's jam, she says. "I think one of the frustrating things with art practice is that often it has a dead end in an exhibition space as opposed to having some kind of action or continuation related, so it's exciting to know you can make drawings and the process is still important but it's going to be productive in other ways and tie those two things together –the idea of making something specifically for a restorative purpose."

Continued on page 6.....



Basking habitat tile, similar to what will be created during the workshops

Dunedin Readers Writers Festival set for May

THE DUNEDIN Writers & Readers Festival returns to Ōtepoti this autumn. The festival will run from Thursday 6 May - Sunday 9 May, and will showcase an absolute smorgasbord of literary talent from all over Aoteroa to celebrate the love of reading for pleasure. Hosted in Aotearoa's only UNESCO City of Literature, the Dunedin Writers & Readers Festival is a book-lover's paradise, offering something for every literary bent. The events include a double decker bus trip for wee ones, in-depth panel discussions, writers in conversation with interesting hosts, workshops for

budding writers, a schools programme, and the show-stopping gala showcase, there's something for everyone!

The festival is a celebration of the words, stories, ideas and dreams that form the books we love and take us on a poetic journey through the minds of our favourite writers. Guests will serve up fascinating perspectives and insights on a range of topics that will satisfy - and perhaps provoke - readers from all walks of life. Keep your eyes peeled on their social media for ticket giveaways and more info.



Community member Liz Breslin will host interactive poetry show during the festival.



Preventing bird strike

HAVE YOU noticed the new window decorations at the Valley Project Fred Hollows Room? They're a little tricky for us to see but they light up brightly (like reflective strips on a bicycle or hi-vis vest) to birds flying past by reflecting UV light. These decals are designed to prevent bird strike which can occur when birds perceive a direct line of sight through a window – either they see a reflection of trees or the sky, or they can see directly through two windows.

In a collision, birds can injure their coracoid bone (similar to a human collarbone) which can take some time to heal, followed by more time rehabilitating to gain the strength to fly again.

Many of the kererū (*Hemiphaga novaeseelandiae*) patients that are admitted to the Wildlife Hospital have unfortunately suffered window-strike injuries.

Keep an eye on any birds you suspect have suffered a window collision, especially if they are on the ground, and make sure they are kept safe from any predators.

If they are still there after 20 minutes, for native birds call DOC (03 477 0677) or after hours call the DOC hotline (0800 362468) as soon as possible. For non-native birds try the SPCA (473 8252). The sooner a bird is treated, the better and faster they recover.



Window decal at VP HQ

A huge thank you to Jordana at the Wildlife Hospital for talking to us about window strike. For more on this story, check out our blog.

To purchase your own window decals, check out: projectkereru.org.nz/preventing-window-strike.

If you have any questions or queries please do be in touch openvue@northeastvalley.org. -Clare Cross

Rewild... NZ Festival of Nature, by Wild Dunedin

On Tuesday 27 April from 2pm-3pm at NE Valley Normal School Hall, join Open VUE and Kaitrin McMullan for the **Wild Winged Wotsit Workshop** and try your hand at making paper flying birds and compete in the flying competition, judged by the amazing Tahu Mackenzie. All materials supplied. You just bring your enthusiasm and maybe your own favourite design.

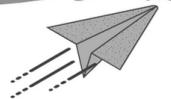
Come along to the **Kākā Kabaret** from 3.15pm-4.15pm on the same day and place. Special Guest is the amazing Tahu Mackenzie who will judge the fastest, furthest and funkiest paper Wild Winged Wotsits. A fun Kākā Act follows with songs, stories and a special Kākāspiel from Taylor Davies-Colley of Orokonui Ecosanctuary.

Please book for these events with Kaitrin McMullan on 0274609885.



Kids' Corner

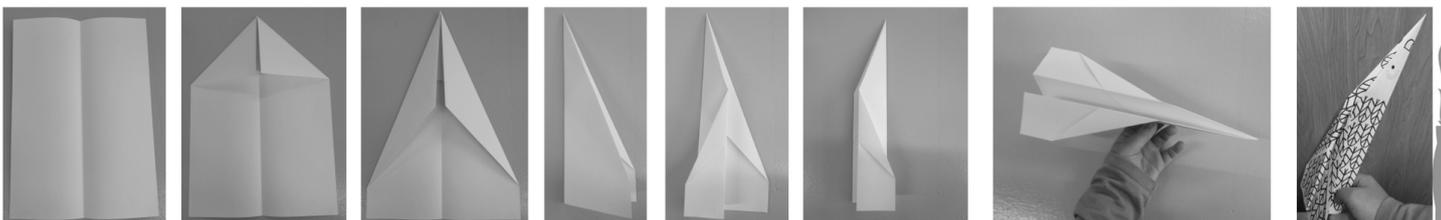
Create your own Wild Winged Wotsit!



Our Wild Winged Wotsit is based on the awesome Kākā bird and a paper plane, but you can totally decorate your own as you wish!

To make your wotsit: grab a piece of paper, fold it in half lengthways then unfold. Fold the top corners in to the center line, then fold the top edges to the center line. Fold the paper in half. Fold the wings down to meet the edge of the body of the paper. And done! Bring along your wild winged wotsit to our Wild Dunedin event!

Download Kākā pattern paper on our blog!



Design from foldnfly.com

UPCOMING EVENTS



WORKING BEES

- **Propagation Nursery:** working bees are on every Thursday morning and the fourth Saturday morning (**24th April**) of the month from 10am-12pm. Find the Propagation Nursery behind Blacks Road Grocer! Come along and grow your own native plants!
- **Chingford Park "Riparian Rhapsody":** Join us for habitat restoration on the second Sunday morning of the month (**11th April**) from 10am-1pm. There is no working bee on the fourth Sunday due to ANZAC day. Find us working at the Disc Golf hole 8 tee. Come along and grab a little time out in nature and help us restore native trees in a corner of Chingford Park!

For working bees, remember your sturdy shoes, sun hat, long-sleeved clothing and water bottle!



TRAP LIBRARY

- The Trap library is open during the Valley Project opening hours (Tues, Wed, Fri 9am-3pm, Thursday 9am-7pm and Saturday 10:30am-2:30pm). Grab some friendly advice and monitoring devices or traps for possums and/or rats!



COMMUNITY

- Join us on the **27th April** for the Wild Winged Wotsit Workshop (2-3pm) and Kākā Kabaret (3:15-4:15 pm) at the NEVN school Hall as part of Wild Dunedin! Please book with Kaitrin McMullan on 0274609885



shop • eat • drink • services

Your "local" Garden Centre
Helping youth employment
Open 7 days: 10am-4pm

146 Norwood St, NEV
(03) 473 1334
A Presbyterian Support Otago service

Bloomin' gorgeous
market fresh flowers
giftware

19 North Rd ☀ 473 9292

bouquets ready to go
OR
made to your choice

POWDER PUFF
Dog Grooming

14 Bank Street North East Valley
Dunedin 9010

Contact Dom 020 41336750
www.powderpuffdoggrooming.com
info@powderpuffdoggrooming.com

New, recycled & conversions
All bike repairs & battery services

Valley Community Workspace
11 Allen St, NEV

Monday-Friday: 9-5
Weekends: 9-2

Ph Nathan: 027 214 8294

FILADELFIO'S
GOURMET PIZZA
RESTAURANT & BAR

Filadelfio's Restaurant & Bar
@ the Gardens

The best gourmet pizza experience in Dunedin. Accompanied with fine wines and ales.
Ph. 473 6232

TIPLER'S
Bar & Cafe

Your friendly neighbourhood bar

- Happy hour everyday 4 - 6pm
- Self service TAB
- Pokies
- ATM

11B North Road
4731795

DARLING REALTY
Lincoln Darling Real Estate Licensed Agent (REAA) 2008
SALES & PROPERTY MANAGEMENT

Need your property
SOLD or RENTED?

Call us for a free no-obligation appraisal

Call our team today
473-1721
21 North Road, Gardens
DARLINGREALTY.CO.NZ

Blacks Road GROCER

Take a nostalgic step back in time to a neighbourhood store reminiscent of the past.

your local cafe & grocer

178 North Rd
Mon-Fri 7.30-5 | Sat-Sun 10-4

ROSS Cafe

Yummy cakes! Great coffees!

Open 7 Days 10.00 am - 4 pm
Ross Home 360 North Road
(inside the main entrance and foyer)
competitively priced,
come and join us!

Meals delivered to your door

Nutritious locally made ready to eat meals

Order from
YourProChef.nz
473-1680

please
give our advertisers your support

and don't forget to tell them you saw it in the Valley Voice, as their support helps to keep our free community newsletter going ...

If you would like to advertise email voice@northeastvalley.org

Sewer Squad tackles old pipes

The Dunedin City sewer squad arrived in our neighbourhood in late January, just before our own new arrival, Baby Jack. Not great timing for roadworks, noisy drilling, and water outages but it has provided a fascinating window into the world of subterranean pipes that snake their way beneath our streets and footpaths.

Dunedin City Council project manager Todd Williams filled me in on the water and sewerage pipe renewals. Simply put, the pipes are being replaced because they are very much past their use by date.

Our sewerage currently runs through 1.2 metre lengths of earthenware pipe that are up to 100 years old. Like many of us these pipes have cracked with age, letting undesirables out and groundwater in, leading to overflows during storms. Some have even pointed their finger at these leaky pipes for the occasionally high bacteria levels in Pukehaukea / Lindsay Creek.

The new kids on the block are polyethylene (PE) or polyvinylchloride (PVC) pipes, which in most places can be welded together, fed down the person-holes and threaded through the old pipes in a method called pipe bursting or pipe cracking. The old pipes stay in the ground; this is quicker and cheaper than digging up the entire stretch of road to replace the pipe.

The water pipes are a different story. These puppies are as old or even older than the sewerage pipes (in the early days poo was collected by the 'night soil' man with a horse and cart – he lived up the top of Kelvin Road) but are in better nick, being mostly cast iron. They are also being replaced with PE or PVC pipes, using either diggers to dig big trenches or big drills to make holes. The new pipes will improve water flow and pressure meaning fewer burst pipes and more valves are being installed too so if maintenance is required in future fewer people will be affected by shutdowns.

If it appears that bits of road have been dug up, covered over and then dug up again in a seemingly random way, it is because the logistics of replacing multiple pipes is more complex than



one might think. The order in which things are done depends on what is being replaced, how steep and wide the street is and the location of trees and other services like fibre. Doing all of this on hills takes longer because everything is on a lean – for example, trucks need to be chocked so that they don't career off down the hill. Once the area around Arnold Street, Montague Street and

Rhodes Terrace is finished the council will assess whether pipes beneath the valley floor around Watts Road/Ainslee Place, Carr Street/Selwyn Street and the bottom of Buccleugh Street need replacing. And as your household filth hydroslides off down the shiny new pipes to Tahuna to be sieved, munched on by good microbes and bathed in UV light, a friendly reminder from the people who make it their business to take care of your business: please only poos, wees and toilet paper down the toilet, and dirty washwater down your shower, bath and sinks. Anything else solid needs to go in the bin – yes, that includes 'flushable' wet wipes and (sadly for me) nappy liners. - Helen Jack

Continued from page 3...

Basking is about trying to expand the idea of a protected or conservation space outside of what we think is the most obvious conservation space, such as a garden, and trying to revitalise an

idea around gardens being their own little area, a multi-species shared area.

"I think that lizards are one of the species that has declined the fastest because of changes in the way we view our connected spaces. So the lizards are our target species and we're trying to learn about what they're doing, why they want to be in certain areas or not, and learn about what we can do better to welcome them back into our gardens in the future throughout Dunedin."

Basking runs April 13th-26th

Exhibition and drawing space: 17 George St Tues-Fri 10am-4pm

FREE lizard drawing/habitat workshops at Orokonui Ecosanctuary Sat 17th and 24th April 10:00am and 1:00 pm ([bookings are essential](#))

Mokomoko hui: A joint discussion around lizards, across science, culture, and community. Speakers to be announced. NEV Community Rooms (Fred Hollows Room) April 26th 12:00pm-3pm

For bookings and registration email baskingproject@gmail.com
- Jess Covell

North Dunedin Shed Society cleans up the Lindsay



AS AN ACTIVE member of the valley community, the North Dunedin Shed Society recently moved forward a project to clean up the Lindsay Creek bank near their premises in Bonnington Street.

Initially started by valley local and Shed member Jim O'Malley in October 2020, The Shed team collaborated with University of Otago students from Te Rangi Hiroa College – via the Unicrew scheme – on a massive working bee to remove invasive weeds and non-native species of plants in readiness for riparian planting.

The Valley Project, OpenVue and Youthgrow also partnered with The Shed to assist with plant identification and the supply of native nursery plants to regenerate the creek bank. Around 40 enthusiastic students got stuck in with 20+ Shed members and cleared 2-3 tonnes of waste from the site. Blackberry, gorse, broom, willow and sycamores were felled, cut out and dragged to be cut up and composted where possible. A decent amount of firewood was also recovered, and it will be on sale to valley residents as we go into winter, as fundraising for The Shed and its ongoing community work.

Shed president Scott Muir commented: "We are absolutely rapt

with all the help we received in getting this project moving. Lindsay Creek is a living part of our valley and it is only right as good tenants that we regenerate it and do our best to return it to pristine condition where we can. Teaming up with the Uni students was a great experience for our membership and for all involved. We are looking forward to more of this community engagement going forward."

For more info on The Shed and its activities in the community email us at



trade directory

SUPPORT YOUR LOCAL COMMUNITY & BUSINESSES

DALE WILKINSON
BUILDER

Local, loyal and licensed builder practitioner at your service.

No job to big or small, quotes available.

Please call
021 867 896


Peter Wymouth
Consulting Arborist
www.greentrees.co.nz
Fine pruning of trees large & small
473 8065
027 432 9646

New Builds, Renovations,
Alterations Maintenance &
Farm Buildings


EDWARDWHITE BUILDERS

for more information contact:
p: 021 0718 665
or 03 482 2729
e: edwardwhitebuilders@gmail.com

Plumb it!
DOMESTIC & INDUSTRIAL
PLUMBING SERVICES

TIM BUSCALL
027 473 1650
ph/fax (03) 473 1650
Craftsman Plumber / Reg. Drainlayer

please
give
our
advertisers
your
support

and don't forget to tell them you saw it in the Valley Voice, as their support helps to keep our free community newsletter going ...

If you would like to advertise email voice@northeastvalley.org



AROUND-TUIT
handyman services

Get jobs done which have been hanging around because you haven't got time.

DIY jobs
garden clearance/tyding

VERY REASONABLE RATES
References available

Why wait any longer?
022 472 4988
aroundtuit17@gmail.com

McARTHUR & SYMONS
ELECTRICAL



APPROVED CONTRACTOR FOR THE DCC AND OTAGO UNIVERSITY

DOMESTIC COMMERCIAL INDUSTRIAL
WORKMANSHIP GUARANTEED

Phone 03 473 8519 • sales@mcarthursymons.co.nz
39 North Road, North Dunedin • www.mcarthursymons.co.nz

What's on?

Late night Thursdays & Games night at the Valley Project

Every Thursday 5-7pm
NEV Community Rooms, 248 North Road

BBQ at the Community Rooms

Every Saturday 12-2pm

Balance Connection Class

First three Saturdays of the month 10am - 11am
Last Thursday of the month 530pm
NEV Community rooms

Propagation Working Bee

Every Thursday 10am-12 and Saturday 24 of April
Gate behind Blacks Road
Green Grocers on Blacks Road.

Chingford Park Working Bee

Sunday April 11 10am - 1pm
Chingford Park.

DIY Sawing with Gerard

10 April 1130am - 1230pm
A workshop on sawing, the second DIY workshop in a series of how to be more handy around the home.
NEV Community rooms

Sew On

Sewing machine intro class
Saturday 10 April
10am to 1pm
with Fiona Jenkin at the LoomRoom, 11 Allen ST
\$5 or Koha

Healthy Homes Q & A

Saturday 17 April 11- 2
Q & A session with Jeremy from Cosy Homes Trust

Terracotta Planter workshop

17 April 1130am -bookings essential \$10
NEV Community rooms

Winterizing Chat

Thursday 22 April 6-7
A chat with Lisa, DCC Eco Design Advisor, about winterizing your home.

The Commons

Kate Fitzharris
Dunedin Botanic Garden
April 3 - May 30

Visit Kate throughout the making process Saturday 3 & Sunday 4 April 10am - 2pm

Basking April 13 - 26

Exhibition and drawing space: 17 George St Tues-Fri 10am-4pm

FREE lizard drawing/habitat workshops at Orokonui Ecosanctuary Sat 17 and 24 April 10:00am and 1:00 pm (bookings are essential)

Mokomoko hui

NEV Community Rooms (Fred Hollows Room) April 26 12:00pm-3pm
For bookings and registration email baskingproject@gmail.com

Pizza & Quiz Night

Thursday 15 April 6pm
Win prizes and learn more about healthy homes

Your monthly guide to Valley events, talks, workshops, gigs and the rest.

To list your event please contact Jess by the 20th of the month: voice@northeastvalley.org



All events FREE unless stated
Koha is encouraged.

1st - Blues Night with **Oscar LaDell** 8pm
2nd - CLOSED
4th - CLOSED
8th - Blues Night with **Oscar LaDell** 8pm
9th - **Terry Ebeling + John Meddings** 8pm
10th - **Cat Gut and Steel** 8pm
11th - Jazz Jam Sessions with **Big Jazz Apple** 4pm
14th - Blues Night with **Oscar LaDell** 8pm
15th - **PRINS** Follow Me Tour 9pm
16th - **Finn Kite & Samuel Leaper + Muso MK** 8pm
17th - **THAN + Sound Humans** 8pm
18th - **Celtic Jam Sessions** 4pm
22nd - Blues Night with **Oscar LaDell** 8pm
23rd - **Saurian + guests** 8pm
24th - **Sad Trio** 8pm
25th - Jazz Jam Sessions with **Big Jazz Apple** 4pm
29th - Blues Night with **Oscar LaDell** 8pm
30th - **Strumbow** 8pm

For all booking inquiries email inchbarevents@gmail.com

ADJØ

17 March - 7 April: 'Domestic Mess' by Anna Perry - drawings, worked in pencil, charcoal, pastel, gouache and gesso, reflecting Anna's domestic environment.

Friday April 9 - The first public airing of the New Dunedin Music Compilation. Launched by a very special guest. Be the first to hear it and find out the official name.

ADJØ's art meetups: Create in good company at ADJØ's art meetups. Bring your own materials and draw/paint/make as you wish - these are monthly check out www.facebook.com/adjodunedin for more deets.

Click Happy

22 April 1 - 5pm

A free photography workshop with youth host by Mandi Lynn

NEV Community Rooms

Please register interest:

<https://clickhappy.org/live>

Feastock

24 April 12 - late

3 Fea Street/Dive Bar

A backyard festival chock full of stunning local music

Tickets through:

undertheradar.co.nz



IMAGINE what it would feel like to approach life and its challenges from a place of inner strength and calm.

I would like to invite you to engage in this short experiment:

- Please close your eyes and bring to mind all you still have to do, or things you keep procrastinating over – then notice the reaction in your body (your 'felt sense'). You might find that your tummy forms a knot, your breath becomes shallow, and/or your body tenses.

- Now please shift your focus to your breath and begin to breathe more deeply and slowly. See if you can make the exhalations nice and long – after a few rounds, notice if the previous sensations have changed.

When we are in overwhelm, we often feel unable to make decisions – we literally experience a brain-freeze. However, getting unstuck can be as simple as taking a few slow deep breaths. Slow and deep breathing initiates the relaxation response and gives us access again to our thinking part of the brain, the higher cortex. Brain science explains what the ancient yogic teach-

ings have postulated all along, the importance of 'getting back to our senses'. Grounding ourselves through our senses is the first port of call when we experience overwhelm. To have these skills available at times of crisis, it is important to practise when life is going well. Practising yoga (or any of the other body-mind modalities) or even receiving a relaxing massage, can help with this. Please do not wait until life hits you hard before turning to these tools.

Visit www.kindliving.co.nz for more info, or contact Uschi directly on 027 360 0238. - Uschi Heyd



valley garden journal

Meet community gardeners Tam Le and Ali Bui

When did you first come to the garden?

We came to Dunedin from Vietnam in early 2018 so Tam could do postgraduate work in Marketing. We went to an event at Chingford at which the NEV Community Garden had a stall, so decided we would take a look. We were interested in the community activities of another country. We arrived on the Garden's 7th birthday, at the end of March, and made to feel very welcome.

Were you familiar with the gardening activities you found?

Tam's early years were on a rice farm in the Mekong Delta, so she was familiar with planting, growing, harvesting. And of course we were familiar with vegetables from the supermarket. But what a lot we had to learn! We had no idea about seeds and seedlings, or what vegetables looked like in the ground. Ali pulled out a whole lot of strawberry plants one day, thinking they were weeds!

You're back at the Garden after some time in Christchurch. Why is that?

We were interested in looking around other community gardens while Tam had work in Christchurch. They were all different, and interesting, but now Tam is back working at Otago Uni. we feel as though we have come home. We love the welcome, the community with its different generations including children, and we always learn something new. Today it was to co-plant mustard to keep wireworm away. Who knew?



**North East Valley
Community Garden**

Sun 4th (Easter
Sunday afternoon)
Sat
10th (cancellation
day for 10th Anni-
versary)
Sun. 18th
Sat 24th

**Dalmore Reserve
Community Garden**

Check
[www.facebook.com/
DalmoreCommuni-
tyGardenPineHill](http://www.facebook.com/DalmoreCommunityGardenPineHill) for
upcoming events
and working bees.

fitness & health

CONTRA DANCE

7.30pm, Mon, \$2, 52 Dundas St. Ph. 473 8640 for more information.

DUNEDIN BMX CLUB

Race night, Forrester Park BMX track, 6pm, Thur.

FOLK DANCING FOR FUN

Baptist Church, 270 North Rd, 10am-11.30am, Fri, \$4. Ph Yvonne

455 2406, stureid1@yahoo.co.nz

KUNG FU

Fitness, discipline and self defence. Classes for 7-12 years Wed, 5-6pm, Sun, 3-4pm, teen & adult classes, Wed, 6-7.30pm, Sun, 4-5.30pm, Nga Maara hall. Contact Kenneth Dunedin@shaolinkungfu.co.nz or 022 094 6357.

PARKRUN

A free, weekly timed 5km run/walk, Sat, Botanic Gardens. Meet at café, 8am summer, 9am winter. Go to parkrun.co.nz for more info.

SPAN NEV

Stretch'n'flex, low-impact exercise, fun and friendship, community rooms, 262 North Rd, 10am-11am, Tue, over-65s, \$4. Ph 473 9311. Please use answer phone if no answer.

STEADY AS YOU GO

(Age Concern) Gentle balance and strength exercises, NEV Baptist Church, 10.30am-11.30am, Mon, and Pine Hill School Library, 11am, Thur.

SPORTS AEROBICS

Competitive aerobics and casual fitness classes. No previous experience required. Training held at DNI Fri and Sun. Working towards NZCAF regionals next August. Contact rebeccafishernz@yahoo.co.nz

TANNOCK GLEN

The 3.5acre garden of the Dunedin Rhododendron Group is situated in Torridon St, Opoho. Members of the public are invited to visit at any time. Dogs permitted on a lead.

THREE LEFT FEET

Social dance group, no experience or partners necessary. European dance - folk and traditional, \$5 or \$7.50/couple, Nga Maara hall, 6pm-7pm, Thu. Ph. Marilyn 473 7829.

ZEN MEDITATION

Zen Meditation - Traditional Zen for beginners and experienced people. All welcome. 7pm Thursdays at the Quaker Rooms, 15 Park Street, Dunedin North. Koha please. 6 week beginners courses through the year. 7 day retreat on Quarantine Island annually. Any questions phone Glenn 473 6256

YOGA IN THE VALLEY

Instructor Adair Bruce, 6-7pm, Mon & Fri, DNI designspace; 9.15-10.15am, Mon, Wed, community rooms. \$10

waged, \$8 unwaged, for more info contact adairbruce@hotmail.com

KIND LIVING

Relaxing Massages for Mind and Body, Aware Yoga and Self-Leadership Coaching, now on offer in the Valley. Valley dwellers and friends are invited to ask for a special discount on their first Massage (April only). Visit www.kindliving.co.nz or contact Uschi 027 360 0238.

further education

CITIZENS ADVICE

Dunedin Citizens Advice Bureau - a free confidential service for all. We can help with tenancy problems, employment issues, consumer problems & host of other issues. Rodgers House, 155 Princes St, 471 6166, cab.org.nz

INDOOR BOWLS

Play indoor bowls at the NEV Bowling Club, 139 North Rd, Thurs, 1.30pm start. Ph. Jack for more info 473 9565.

ITALIAN CLASSES

Experienced teacher, native speaker of Italian.

ph 027 3418312, 473 0832

antonella.vecchiato@gmail.com

www.italianclasses.co.nz

LEARN ENGLISH

English for daily life and work. Free and low cost courses. Contact Tamara or Felicity at English Language Partners 455 5266.

dunedin@englishlanguage.org.nz

NATIVE FRENCH TUTOR

Conversation, preparation for exams, for adults and children.

Hourly rate. Ph. Sandrine, 021 10 75 814 or sanfeillet@gmail.com

French Up Your Life!

SPANISH LESSONS

Learn Spanish in a fast and fun way. All levels and wide time availability. Ph Luana 027 284 7836 or luana.suarez26@gmail.com

STAND-UP COMEDY

Open mic at Inch Bar 1st and las Wednesday in Feb. Comedy workshop Mondays 5-7pm at George St McDonalds. Open to all skill levels. Contact reuben@dunedincomedy.co.nz

art, craft & music

ART CLASSES

For all levels, casual attendance welcome, tutor Anneloes Douglas, community rooms, 10am-noon, Thur and 6pm-8pm, Fri. Ph 027 307 7034, 467 9993, anneloes.douglas@xtra.co.nz

ART CLASSES

Continuous class, newcomers welcome, 1-3pm, Wed, community rooms;

1-3pm, Thurs, St Peter's Church Hall, Caversham; 7-9pm, Thurs, Logan Park High School, \$15 per session. Ph Friederike 482 2025.

KNITTING SQUAD

BYO knitting or crocheting, or come & learn, community rooms, 1pm-3pm, Wed. Ph Marjory 473 7751.

ART FIBRE DUNEDIN

Bring lunch and requirements, 10am-3pm, second Sun each month, community rooms, Ph Viv 473 0343, www.artfibredunedin.blogspot.com.

DUNEDIN FIDDLE CLUB

Community rooms, 7.30pm, Wed.

MUSIC LESSONS

Guitar, drums, singing, with professional musician. All ages. Contact Bevan bevan37@hotmail.com or ph 027 363 1376.

SOUNDS NOR'EASTERLY

Do you enjoy singing with a group? Why not join your local community choir? All ages and abilities welcome. DNI design lobby every Tues, 7.30-8.45pm. Email Marion for more info marion.okane68@gmail.com

UKULELE SESSIONS

Wed, 7-8.30pm, Baptist Church, 280 North Rd. Just turn up or text Adrienne 027 389 2574 for more info.

WOMEN'S ART GROUP

An art & craft group aimed at helping new Dunedin residents learn & share skills & connect with others. Tues, 1pm, community rooms, 262 North Rd.

LEARN TROMBONE

From winner of Dunedin Youth Jazz Festival best trombone and Otago Rockquest best musician - contact Finnbar ph 0273562881 fin.mckinlay@gmail.com

community

BIBLE HOUR

Friendly small group Bible learning over morning tea, Sun, 9.30am, DNI (tech area) during school terms. All welcome, free, ph 020 4079 5727 or www.dunedinchristadelphians.org

BIKE WORKSHOP

Get help, use our workshop, bikes available for koha, 3.30-6pm Tues, and 9.30am-12.30pm Sat, Valley Community Workspace, 11 Allen St. Contact Peter on peterd0n@yahoo.com

COMMUNITY ACCOUNTING

Dunedin Community Accounting provides free accounting training & advice for non-profits in Otago. For more info call 0800 113 160, kiaora@dca.org.nz or www.dca.org.nz.

ENABLING LOVE

Looking for friendship and social connection? 18-65 years welcome to our weekly coffee group at Otago Museum cafe, Thurs, 1-2pm. More at

www.enablinglove.nz or contact Joshua for venue at enquiries@enablinglove.nz

DUNEDIN REFUGEE & MULICULTRAL WOMEN'S GROUP

Dunedin Refugee Centre, meet community rooms, 262 North Rd, 9.30-11.30am, Fri. Ph Afife 473 8944.

FRUIT & VEGES NFP

Fresh fruit and veges at wholesale prices with All Saints Fruit and Veges. Small, med, family weekly bags. Order at St Martins, 194 North Rd, Thur, 4.30pm, or sign up online fruit.vege.allsaintsdsn.org.nz

LEGAL ADVICE

Free legal advice at Community Law Otago, available by appointment. Legal advice by qualified lawyers, practical solutions.

Telephone 03 474 1922 or email reception@dcl.org.nz to make an appointment.

MEN'S PROBUS

NEV bowling club, 10am, 2nd Mon each month, new members welcome. Ph Peter 455 1256, peabee@xtra.co.nz or ph Don 473 7544.

DALMORE COMMUNITY GARDEN

Pine Hill, Dalmore Reserve entrance on Allenby Ave, We need more gardeners, please get in touch if you can help or come along to one of our working bees on the 2nd and 4th Sunday each month at 3pm.

dalmorecommunitygarden@gmail.com

WILD DALMORE RESERVE

Help us protect and restore the native biodiversity of Dalmore Reserve. We meet most Sunday afternoons. Entrance at 20 Allenby Ave, Pine Hill. Contact us through our Facebook page Wild Dalmore Reserve or phone/text 021 206 3593 or more info

NORTH EAST VALLEY COMMUNITY GARDEN

The NEV Community Garden is directly behind NEV school. Pay us a visit! We meet every weekend: hours in the Valley Garden section in this Valley Voice.

DUNEDIN MAKERSPACE

Work on project, watch others and chat, 1pm-5pm, Sat; organised talks, 7pm, Thur, Valley Community Workspace, 11 Allen St.

NEED A JP?

Contact Colin Lind to arrange to meet, ph 473 7174 or 027 733 0066 or colin@lind.co.nz.

NORTH DUNEDIN SHED

New members welcome. Open Wed and Sat mornings 35 Bonnington St over bridge. Find us on Facebook: North Dunedin Shed Society Inc

NEIGHBOURHOOD

SUPPORT

Create safer, more caring communities. For more info and local contacts ph Joy Davis on 456 0857 or 027 476 6047

neighbourhoodsupport@gmail.com.

COMMUNITY PATROL

Dunedin North Community Patrol. Assisting Police to ensure our communities are safe to live in. Volunteers welcome – for info call Garry on 027 3641485

ST CLAIR 125TH JUBILEE

June 4-6. Registration info available via email 125years@stclair.school.nz via St Clair school facebook or at the school.

VOLUNTEERS NEEDED

CREST Train at the Botanic Garden. Can you help? Volunteers needed for driving, ticketing, commentary, maintenance, secretarial duties. [lwww.crestrides.org.nz](http://www.crestrides.org.nz) or phone Rodger 0274714902

SEEKING

Seeking the youngest of 7, escorting the Hon. Helen Clark to the St David lecture theatre and also kindly introduced me to the Hon. David Clark MP. This person knows me very well, authentic and very kind. Please phone 0210847006

trading corner

BABYSITTER

10 years of childcare experience, full drivers licence. Have worked with twins. Ph Kelly 027 697 9194 .

BABYSITTER

High school student available for babysitting evenings and weekends. Ph Laura 027 905 9911 after 4pm.

BABYSITTER IN NEV

Experienced, 26 year old, children of all ages. Wide hourly availability. Ph Luana 027 284 7836 or luana.suarez62@gmail.com

CAKE BAKER

Home-baked cakes large/small for your pleasure. Made to order. Price list available. Ph 473 0159 evenings.

COMPUTERS

I fix computers! Low rates, great service, Windows, Linux, Mac, Android. Call Matt 022 048 0012.

GARDENER

Gardener available, light weeding/trimming, winter rose pruning, very experienced, \$30/hr, ph 473 0159 (evenings)

HAIRDRESSER

Retired senior hairdresser providing service for seniors. Your home or mine. Dunedin North only, ph Helen 467 9644 or 021 104 1011.

COM2TECH

Classes, device help, Skinny JUMP setups.

Tuesday 3.30-5.30pm Valley Baptist Community Centre-Tech Space.

CodeClub4Teachers

CodeClub4Kids

Wednesday

10.30-12.30 Valley Project

3.30-5.30 Valley Baptist Community Centre-Tech Space.

CodeClub4Kids

Stepping up

Better Digital Futures

Contact: Amy Souquet

Phone: 0272569182

Email: amy@com2.tech

Web: www.com2.tech

Facebook @Com2Tech

LOG SPLITTER

Commercial power Briggs & Stratton Model 12000 Vanguard. Local pick up & delivery with full tank, \$50/day. User responsibility, ph: 473 0393.

GARDENER AVAILABLE

Mature woman seeks gardening work, phone Jude 4731650

housing

HOUSE SHARE

Furnished house share in sunny part of Dalmore. Bus stop adjacent, on street parking, heat pump and fire. Non-smoker (inside or out) no pets, social drinker only. \$225 p/w power and internet included, firewood for winter a shared cost. Bond applies. Contact Gordon – 0274443820 gjd748@uclive.ac.nz

SEEKING ROOM

Gay couple seeking furnished room. Social but appreciate privacy. Budget up to \$250 p/w. Contact Jeremy 0224513566

for families, kids & teens

DUNEDIN TOY LIBRARY

A vibrant toy library for children from birth to 7 years. Huge range of toys, ride-ons, dress ups, puzzles, games. NEV Baptist Community Centre, 270 North Rd., 3.30–4pm Wed, and 10–11.30am Sat.

GIRLS BRIGADE

Dunedin Girls Brigade Company, all girls, from age 5 up welcome, 6–7.30pm, Wed, St Marks Presbyterian Church Hall, 304 Pine Hill Rd.

MT CARGILL GIRLGUIDES

Pippins, brownies, guides and ranger groups in the valley, ph 0800 222 292 or info@girlguiding.org.nz

OPOHO PLAYCENTRE

Opoho Playcentre is a nurturing play space for 0-6 year olds where children and their whanau attend together. Our focus is on child-led learning through play. Come make friends, play, learn, and grow. Three free visits. 28A Signal Hill Road. Mon-Fri 9 am - 12 pm following school term times. Find us on Facebook, contact us at opoho@playcentre.org.nz, or ph: 027 880265

OPOHO SCOUTS

Keas, 4pm–5pm, Tues; Cubs, 6pm–7.30pm, Thur; Scouts, 7pm–8.30pm, Wed. Opoho Scout Den, ph Kevin 0800 SCOUTS.

MAINLYMUSIC

Leith Valley Church, Malvern St, Wednesday 10am \$4 Contact: Fran ph 467-9208 (Leith Valley Church Phone No) Or 027 456 1188

PRESCHOOL MUSIC

At Opoho School, 9am–9.30am, Fri, during school term, Room 3, gold coin, drop in, ph 473 8019.

church services

Salvation Army, 43 North Rd, community worker only, Mark O'Donnell

Sacred Heart Catholic, 89 North Rd, Mass 9.30am

Glenaven Methodist, 7 Chambers St, 11am

Pacific Island Presbyterian, 160 North Rd, English 11am on 1st, 2nd and 3rd Sundays; Cook Island 9.30am; Samoan 11am, 4th and 5th Sundays

Anglican: St Martin's, 194 North Rd, 10.30am

St Thomas', Raleigh St and Pine Hill Rd, children & family service, 4.30pm, 3rd Sunday

Opoho Presbyterian, 50 Signal Hill Rd, 10am

NEV Presbyterian, community rooms, 9.30am, first, third and fourth Sundays, cafe service, contact Shona McDonald ph 4530145

St Mark's Presbyterian, 304 Pine Hill Rd, 10am

NEV Baptist, 270 North Road, 10.30am.

SUNDAY SCHOOL

Variety of classes with stories, crafts, songs and more. Ages 4–18, 9.30am Sun (term time only), DNI (tech area). All welcome, no charge, ph 020 4079 5727 or www.dunedinchristadelphians.org

SPACE FOR BABIES

Programs run by registered ECE teachers supporting families through their first year with a new baby, school terms, 12.30–2.30pm, day TBC, Valley Baptist Community Centre, ph 0211509165 or space.valleybaptist@gmail.com

NEV PLAYGROUP

For 0–5yrs, variety experiences to enhance development of your child, meet other local young families, free morning tea & lunch provided for adults please supply child's morning tea. Valley Baptist Community Centre, 270 North Rd, 9am–12.00pm Tue & Wed. nevplaygroup@gmail.com

RUDOLF STEINER

Te Whare Ako Marie, Pinehill & Maia. A sanctuary for creative play for children from birth to kindergarten, a place of peace & friendship for parents. Groups meet weekly, term time, ph 471 2163 or dunedinsteinerplaygroup@gmail.com

Belleknowes Golf Club

Green fees \$15
(after 4pm \$10/player)

Come & enjoy our fantastic 9-hole golf course on Lawson Street

Spectacular views over the city
Secretary, Christina King, 467 9499

Classified listings: please email voice@northeastvalley.org to update or add a listing, before March 20th please. Koha is appreciated, but not essential, for classifieds.

Our bank account number is 03-1726-0005606-000 if you would like to make a donation. Please use VVdonation as a reference.

Backyard festy makes almighty return



Tahu Mackenzie Feastock 2016. Amanda Konijn



Earth Tongue Feastock 2019. Amanda Konijn



Little Smith Band performing at Feastock 2019. Amanda Konijn

Steiner School Harvest Fair
 Exciting news!
 A change of season for our renowned Fair as we celebrate the autumn harvest
 Music, games, crafts, and scrumptious food at our famous Cafe
 Saturday 10th April from 11 to 3pm
 1 Fern Road, Maia

IT BRINGS me great delight to let you all know that Feastock has returned! After a brief hiatus in 2020, due to the COVID-19 pandemic, the annual backyard festy returns for its twelfth incarnation on April Saturday 24 with an absolutely, stunning line-up.

Featuring... Biff Merchants, Filth Wizard, Koizilla, Oscar Ladell & Hoot, Adelaide Cara, Glad Rabbit, Neive Strang Band, Night Lunch, Mia Jay, Purple Hayes Bluegrass, Darcy Kerr, Molly Devine, Bo & The Constrictors, Maddy PC, Blimey!, The Entire Alphabet

The day portion of the event commences amongst the thicket and undergrowth at 3 Fea street 12pm sharp, with a loop bus service organised to carry festival goers to the late night after party at Dive Bar from 8pm where the sonic adventure continues. With such a diverse line-up there's something for everyone at this glorious DIY festival. The event will forge on rain or shine so come prepared!

Tickets are available through undertheradar.co.nz for any further info contact via emailing: feastock@gmail.com - Jess Covell

GILLIONS FUNERAL SERVICES
 We're here for you
 We are 100% locally owned and operated. Ask about our eco and pre-planning options.
 Funeral Directors ASSOCIATION OF NZ Ph 455 2128
 407 Hillside Rd Dunedin
 gillions.co.nz

Need a painter?

- inside or out
- no job too small
- waterblasting available

COMPETITIVE RATES & QUOTES
 Contact Bryan
 473 7488 or 021 108 1860
 porteous.a.b@gmail.com



Te Reo Māori language used in this months Valley Voice

Mokomoko - lizard	Ōtepoti - Dunedin
Te Korowai o Mihiwaka - Orokonui Ecosanctury	Ōtepoti Mohoao—Wild Dunedin
Hui - social gathering	

Wendy Bowman
 Dedicated to delivering an outstanding client experience
 Contact Wendy
 P. 474 7070
 M. 027 609 7599
 wendy.bowman@harcourts.co.nz
 wendybowman.harcourts.co.nz
Harcourts
 Highland Real Estate Group Ltd
 Licensed Agent REAA 2008

Invest with confidence
 Lyn Howe, Investment Adviser
 lyn.howe@forsythbarr.co.nz
 (03) 477 7464 | forsythbarr.co.nz
FORSYTH BARR

Need an MP?
David Clark
 MP for Dunedin
 03 474 1973
 32 Albany Street, Dunedin
 @dunedin@parliament.govt.nz
 facebook.com/DavidClarkMP
 Labour