

E-bikes charge out the door



Dunedin Electric Bikes co-owner Nathan Parker takes an electric bike for a quick spin past the Valley Community Workspace where the business is based and selling bikes from.

SINCE DUNEDIN Electric Bikes set up shop in the Valley Community Workspace, electric bicycles have been flying out the door so fast Katie and Nathan Parker are barely keeping up with demand.

Saturday mornings at the workspace are “crazy busy” with lots of people, including kids, coming in to get their bike fixed or to try out an electric bike, says Katie.

“It’s fantastic. There’s a real buzz.”

Katie and Nathan, the co-owners of Dunedin Electric Bikes, started renting space at the workspace a few months ago, and Nathan also helps out when he can, with the bike workshop run by Peter McDonald.

Electric bikes are experiencing a surge in popularity, and a lot of that interest is due to environmental reasons. An e-bike enables people to get around or commute to work easily.

Katie says she is able to bike from her home in Warrington to work at the hospital in her workclothes, as she doesn’t arrive all sweaty, and with the e-bike “hills are a

breeze”.

E-bikes have also given older people, who might not have been on a bike for 20 years, the confidence to get back to biking.

The oldest person they have sold an e-bike to was a 79-year-old woman who regularly uses her bike to visit friends as far afield as Aramoana and on the Otago Peninsula.

“Every time Nathan sells a bike he gets this great buzz thinking ‘that’s one less car on the road.’”

The e-bikes have a 60–70km radius before the battery goes flat, after which they can still be pedalled — but it is harder work.

They range in price from about to \$5000. Dunedin Electric Bikes is open at the workspace on Thursday, Friday and Saturday mornings from 9.30am to 12.30pm, or you can find more information on their Facebook page.

The workspace is a cooperative of people and skills which empowers collaborative enterprises for community and business. Find out more at workspace.org or at their Facebook public group.—Edith Leigh

For local expertise and timely personalised investment advice...



...contact Lyn Howe, your local Authorised Financial Adviser

(03) 477 7464
lyn.howe@forsythbarr.co.nz

FORSYTH BARR RTM Firm
0800 367 227 • www.forsythbarr.co.nz

Disclosure Statements are available on request and free of charge.

Gardens
Physiotherapy
& Pilates



26 Bank St, North East Valley

ph 473 0144

www.gardensphysio.co.nz

Free Parking, ACC & Private Clients

Activity • Life • Balance

Ray White

Ray White **Know How**

Colleen and Jane are

AS LOCAL AS

THE WORLD'S STEEPEST STREET

AS WISE AS

24 YEARS COMBINED
REAL ESTATE EXPERIENCE

Colleen Townsend

Licensed Salesperson
Proven Results 100% Licensed RE/MAX 2008
m: 027 226 5482
o: 03 477 3660



Jane Bokser

Licensed Salesperson
Proven Results 100% Licensed RE/MAX 2008
m: 027 473 6221
o: 03 477 3660



VALLEY BUILDER
Licenced & Qualified
Carpenter
Jonathan

021-299-1007 or 473 8189



Do it once Do it right

shop • eat
your local guide

Black's Road Green Grocer



Don't feel like cooking tonight?



YourProChef.nz

quality handcrafted meals
fresh or frozen
meals delivered or pick-up

6 Cornhill St
(just behind the butcher shop)
022 6575 846



TASTE NATURE
ORGANIC GROCERY
STORE & EATERY

NATURAL WHOLEFOODS IN BULK
FREE RANGE MEAT & EGGS
ORGANIC PRODUCE & PRODUCTS
GARDENING SUPPLIES & MORE

131 High Street, Dunedin - Open 7 days
www.tastenature.co.nz



YOUR LOCAL BUTCHER

Retail • Wholesale
Homekill

shop local
support our advertisers



Valley Voice highly rated

ACTIVITIES THE Valley Project supports are very beneficial in contributing to people's sense of community. This was the overall message gained from community consultation run by the project.

About 130 people completed a consultation survey either online, during a morning tea or community dinner, or outside the Gardens New World.

The *Valley Voice* community newsletter was among the most popular initiatives run by the Valley Project.

Other activities which rated highly as 'very important' or 'important' were community events, the community rooms, Cosy Homes, FoodShare support, community gardens support, sup-

port for community initiatives, and community education and workshops.

Valley Project community coordinator Anna Parker says it is exciting to see the high level of support for community initiatives and events. "This may indicate a willingness of the community to drive change and participate." Many thanks to all those who took the time to participate in the consultation, says Anna.

Community conversation

The Valley Project executive board is inviting the community to join them at their next monthly meeting. Board chairwoman Margaret Hillerby says the Valley Project is a community-led development project and it's important the board keeps up a conversation with the community.

The meeting will be at the Valley Baptist Hall at 248 North Rd, 7pm, Wednesday 9 November.

From the editor

WOW, THE valley is the place to be this month. Once again this issue of the *Valley Voice* is packed with events happening in our area. Trying to fit them all into 12 pages can be a challenge!

It was heartening to see that the *Valley Voice* was rated as 'very important' by more than 75% of the people who participated in the Valley Project's recent community consultation.

Remember if you want to raise the profile of your club, group or event, articles and photos are welcomed. Just get them in by the 15th of the month prior as space does fill up quickly.

Have a great month, happy reading and get out there and support all these wonderful community events.

—*Valley Voice* editor Edith Leigh

Share your skills and passion

Are you on the Valley Project's volunteer database? Tell us what your passions and skills are and we will be in touch when we have volunteer opportunities that match what you love to do.

Simply go to this link and take 30 seconds to fill it out: tinyurl.com/h2xo615

If you don't have internet access, pop into the office at 262 North Rd from Tuesday-Friday, 9am-4pm.

Plunket moving: clinic room free

Sadly the Valley Project farewells Plunket this month. Plunket had a nurse based in the community rooms, but from 21 November she will be running clinics from the Plunket rooms at the Gardens corner.

The Valley Project is open to ideas from the community about how they would like to see the clinic room used, or there may be other practitioners who would like to make use of this space. It is currently rented at \$10/hour.

Contact the Valley Project office on 473 8614 or email project@northeastvalley.org

Valley Project office hours: Tuesday-Friday, 9am-4pm, closed Mondays and school holidays



The Valley Project is a registered charitable organisation

If you like what we do you can donate at www.givealittle.co.nz/northeastvalley

valley voice editor Edith Leigh
distribution 3700 copies per issue
online www.northeastvalley.org
readers 7400 approximately
advertising (03) 473 8614

copy deadline 15th of the month prior
T (03) 473 8614 **M** 021 214 4075
E voice@northeastvalley.org
f [facebook.com/valleyproject](https://www.facebook.com/valleyproject)
t [@valleyproject](https://www.instagram.com/valleyproject)

262 north road
north east valley
dunedin 9010
postal address
p o box 8118 • dunedin 9041

Opinions expressed in the articles are those of the authors and not necessarily shared by the editor, or any member of the Valley Project team. Submitted articles may be edited at editor's discretion.

Creative buzz a feature of Arts Bazaar

NORTHERN

ARTERY'S sixth Arts Bazaar in the valley will see Nga Maara Hall buzzing with the hum of people enjoying a busy crafty day on Saturday 26 November.

The Northern Artery collective originally conceived the idea as a means



The annual Northern Artery Arts Bazaar has a special buzz all of its own

for local artists and craftspeople to showcase and sell their work prior to Christmas. It also gives people the opportunity to 'shop local' for beautiful gifts made by the many talented artists who live and work in our area.

The wonderful St Martins Hall was the venue for our first two events. When we were no longer able to use the hall due to earthquake regulations, we moved along the valley to Nga Maara Hall where we have found another ideal home.

The bazaar is known for its vibrant and festive feel with a local flavour. There will be musical performances, and Northern Eatery will be open for business, providing shoppers and stallholders alike with home-baked delights and a well-earned cuppa.

The work for sale is diverse and unique with many of our stallholders returning year after year. There is real sense of camaraderie throughout the day. So don't miss out. Come along between 10am and 3pm and enjoy choosing gifts for friends, family and of course yourself!

Please bring cash as there is no EFTPOS available.

There are still a few space available for stallholders. Please email Elizabeth on elizabethm46@hotmail.com stating your name and a brief description of the art/crafts you would like to sell.

—Marion O'Kane (on behalf of Northern Artery)

Mend-It, Make-It, Wear-It jewellery

The Mend-It, Make-It, Wear-It workshop is a pre-Christmas jewellery-making and repairing session.

It will be run by skilled jeweller and workshop leader, Alison Wallace. This is a great opportunity to fix up old treasures, make something new and maybe work on a group project. This workshop is suitable for families.

Come along Saturday 3 December from 1.30pm to 4pm at the Valley Community Workspace, 11 Allen St. The cost is a \$5 to \$10 koha.

If you can't make this date, contact Kaitrin on 027 460 9885 or 425 8959 for further dates.

eat • drink
your local guide



now open

11b North Rd
473 1795

Self Service T.A.B - Pokes, Sky TV and Sports Betting
Open 7 Days
Ph. 473 1795

Supper Happy Hour 4-7 Fridays
Bar Draw, Meat Raffles Fri/Sat/Sun
Self Service TAB, Sky TV, Pensioners'
Happy Hour 10:30-3 Tuesdays

Happy Hour 4-5pm every day!

Filadelfio's Restaurant & Bar
@ the Gardens

The best gourmet pizza experience in Dunedin. Accompanied with fine wines and ales.
Ph. 473 6232

Open 7 Days 10.00 am - 4 pm
Ross Home 360 North Road
(inside the main entrance and foyer)
Competitively priced,
come and join us!

support those who
support our commu-

shop • eat
your local guide

Khmer Satay
Noodle House

10% for the summer
holidays (20 Nov–14 Jan)

now open for party
bookings

Dine in or takeaway
473 6066
30–32 North Rd

Wallace
DESIGN

Interior design &
furnishing

chalk paint supplier

Hours: 10am–4pm
Wednesday to Saturday
201 North Road, North East Valley
473 9449

It's your 'local'
Garden Centre
It's **VERY**
affordable
It helps youth
employment



Open 7 days
10 am–4 pm
146 Norwood St,
NEV
Ph 473 1334

A Presbyterian Support Otago service

Plunket
whānau āwhina
caring for young families

Welcome to Plunket Clinic
North East Valley Community
Rooms, 262 North Road
For an appointment contact
Melissa Bull, 027 687 7925,
Plunket Area Office ph (03)474 0490.
Plunketline 24/7: 0800 933 922

Like us on Facebook: **Otago Plunket**
Together, the best start for every child.
Mā te mahi ngāhahi, e puawai ai
a tatou tamakiki.

advertising makes this
newsletter possible

Pine Hill garden set to grow



Bourke Thomas, of Mornington, volunteers his time on the end of a shovel to help install a garden tap at the Pine Hill Community Gardens as part of the Bunnings community programme.

PINE HILL Community Garden was the fifteenth Bunnings community project that Bourke Thomas has offered his time to help out with.

The Mornington resident and Bunnings employee says he just loves doing community stuff.

"It's how I was brought up. Our family has always been committed to the community as a whole."

About ten Bunnings staff arrived at the gardens and helped plant a variety of vegetable and flower plants and install a garden tap. The plants, including ten bags of seed potatoes, the tap and gardening equipment, including trowels and gardening gloves, were all donated by Bunnings.

Community garden co-founder Kelley Allen

says she was thrilled and it would be wonderful to see the garden start growing. "These plantings today are massive for us. It has generated a lot of interest in the [Pine Hill] community. People walk past and see what we're up to."

"Our family has always been committed to the community."

"Getting the water on is big, as we have been using water from a neighbour." Garden volunteers have also run two sausage sizzles at Bunnings, which raised \$226 to go towards

installing a shed onsite to store equipment. The community garden has a regular meet every Saturday from 11am to 1pm. Anybody is welcome to come along and join in.

The Bunnings team also recently repainted outdoor seating at Sacred Heart School.

—Edith Leigh

Valley Project computers running sweetly



The computers in the Valley Project office have been upgraded and are running a lot smoother thanks to Connect South and volunteer Saquib (pictured) who gave many hours of his time to help out.

Connect South is a non-profit organisation that offers information, advice and support to the community sector. Connect South community support consultant and computer guru Rob Tigear also runs a computer class at the community rooms on Tuesday mornings.

Bowls a great experience for all ages



A Dunedin accounting firm enjoying a casual bowls experience at the North East Valley Bowling Club.

Committee member Pete Thomson says they all had a great time. "Bowls is one of the few sports that people of all ages and fitness levels can enjoy."

Putting on a 'bowls experience' with a meal and beverages is a fundraiser for the club.

TRADE DIRECTORY

For home, garden and business

McARTHUR & SYMONS ELECTRICAL

APPROVED CONTRACTOR FOR THE DCC AND OTAGO UNIVERSITY

DOMESTIC COMMERCIAL INDUSTRIAL
WORKMANSHIP GUARANTEED

Phone 03 473 8519 • sales@mcarthursymons.co.nz
39 North Road, North Dunedin • www.mcarthursymons.co.nz

Plumb it!
DOMESTIC & INDUSTRIAL
PLUMBING SERVICES

TIM BUSCALL
027 473 1650
ph/fax (03) 473 1650
Craftsman Plumber / Reg. Drainlayer

Easy... HOME RENOVATIONS

We have a great team of experienced tradespeople. We'll give you **ONE PRICE** for your project, manage it through to completion & we even clean up! Get the best job, on time and on budget! Call for a **FREE** quote.
We'll take care of it for you!

Phone (027) 2217 536 OR
email inquiry@1stop.co.nz

1Stop™.co.nz
"Give us the job... we'll do the rest!"

Peter Waymouth
Consulting Arborist
www.greentrees.co.nz
Fine pruning of trees
large & small
473 8065
027 432 9646

A-Team Maintenance
Home/Building Repairs
& General Maintenance

Marty Hillerby
Builder/Joiner

25 Cardigan St
North East Valley, Dunedin 9010
M: 027 6000 404
a-teammaintenance@outlook.co.nz

Gleam Window Cleaning Services Ltd

Window Cleaning
Spouting Cleaning
Spider Spraying
Water Blasting

Phone: Simon
021-02680618 /
4737360
gleam.windowcleaning@yahoo.co.nz

North Dunedin
Dakin Electrical

- * Guaranteed Electrical Service
- * Reasonable Rates
- * Pensioner Concessions
- * Domestic and Commercial

Ph: 473 7981
88 Selwyn St, NEV
027 4322 381

NEED A PAINTER?

INSIDE OR OUT!
NO JOB TOO SMALL
Competitive Hourly Rates
or Quotes
Contact **BRYAN**
Home: 473 7488
Cell: 021 108 1860
b.a.porteous@clear.net.nz

Plumbing Laser

"Proudly servicing the valley for over 20 years"

Our plumbing services include:

- Gas fitting
- Solar hot water
- Drainage
- Plumbing - new and existing

Laser Plumbing Dunedin
369 King Edward Street South Dunedin
Phone (03) 456 3178
E. dunedin.central@laserplumbing.co.nz

services
your local guide



Caltex Valley Workshop

CALTEX

134 North Rd

- All servicing and mechanical needs
- WOF
- Oil changes
- AA rewards on fuel over \$40
- MTA assured

Book online at www.caltexvalley.co.nz
473 0068

Albany Street Medical Centre

Dr Matthew Hamilton

MBChB, Diploma in Child Health, BSc Biochemistry (Distinction)



I look forward to meeting and getting to know you over the coming years.

For an appointment call 477 8812

facebook.com/albanymedical

Welcoming New Patients



DARLING REALTY
Lincoln Daring Real Estate Licensed Agent (REAA) 2008

SALES & PROPERTY MANAGEMENT

Need your property
SOLD or RENTED?

Call us for a free no-obligation appraisal

Call our team today
473-1721

21 North Road, Gardens

DARLINGREALTY.CO.NZ



CHARTERED ACCOUNTANTS
Investment House • 462 Moray Place
77 5867 • www.betterbusiness.co.nz

When
you're busy
looking ahead,
we've got your back.

shop local
support our advertisers

• p6

Shed transformation team effort

IT HAS been a big job but we are seeing The North Dunedin Shed transform from a big, empty, rubbish-filled farm shed, into a workshop area for its members.

Young and old, male and female, working and retired, we have enjoyed using old skills and learning new ones as we have rolled up our sleeves and enjoyed each other's company in the process.

With the help of some greatly appreciated grant monies we have been able to finish the concrete floor and are well under way with partitioning the end walls with roller doors and some containers for secure lock-up space. During the last few months we have cut up and sold the huge pile of demolition timber that came with the building and we thank local residents for supporting this fundraising project.

We are affiliated with the New Zealand



From left, Norman Ashbury, Kirsten Ashbury and Jim Gladding working hard at 'The Shed' before the installation of the end doors.

Menzshed organisation, although our shed has attracted members of both genders. We are always looking for new members and invite anybody to visit us to see what we do and whether you might like to be part of our happy team.

We always have a morning tea and a good chat as part of our morning. Come along and join us at Bonnington St, just off Norwood St. Cross the little bridge and our big shed is just around the bend.—Paul Nelson

Children celebrated for White Sunday at church



Members of the PIPC congregation presenting a song on White Sunday.

WHITE SUNDAY, when Pacifica families give thanks for their children, was celebrated at the Pacific Islanders Presbyterian Church on North Rd last month.

To mark the occasion, members of the multi-ethnic congregation wore white, children read the lessons and said prayers, and families performed items. To conclude, PIPC minister the Rev Nimarota Lale, gave a short reflection and the Rev Alofa Lale blessed the children and

thanked them for their input.

The service was followed by a shared lunch and – following tradition – children were served first. White Sunday originated in Samoa at the end of the 19th century, when child mortality was high, so surviving children were regarded as blessings from God.

The special children's day spread throughout the Pacific and, with the influx of Pacifica people to this country, to New Zealand.—Gillian Vine

Sew right to go from boring to funky

THERE IS a sewing revolution happening. Old things are being seen in a new light; forgotten skills are being remembered; broken things are being made better than ever; and our wardrobes need never be the same again.

Using skills our parents, grandparents and great-grandparents knew, and using them to transform ill-suited, worn out, or simply boring items into funky fashion, is not a new idea.

But the local creatives behind the 'Just Atelier' eco-sewing hub felt the phrase 'make do and mend' didn't do justice to the sense of empowerment that comes from taking a piece of clothing that isn't working for you, and transforming it into something you love.

For the past year, Fi Clements (designer of fashion label Senorita AweSUMO) and Fiona Jenkin have been running monthly 'Mend and Make AWESOME' workshops in their central city studio. They share ideas and teach techniques for everything from patching jeans to darning gloves, to upcycling coats.

Along the way they've seen new friendships formed, confidence gained, personal values strengthened, and individuality triumph over bulk fashion.

November's Mend and Make AWESOME workshop will be held in the valley at the community



Just Atelier eco sewing hub founders Fi Clements and Fiona Jenkin have a passion to help people to sew and repair or upcycle items of clothing, and are bringing their next workshop to the valley.

rooms on Saturday 12 November from 2pm to 5pm.

All ages and levels of sewing experience, as well as any project, most welcome. Sewing machines and all other equipment provided. There will also be a chance to donate or swap items from your sewing stash, including patterns, fabrics and notions. Koha appreciated.

Please register online at <http://justatelier.weebly.com/mend-and-make-awesome.html>

For more information, see justatelier.org.nz or email info@justatelier.org.nz, or text/call Fiona on 021 026 11412.



One-hundred recycled glass bottles in sculpture

WE HAVE a student-focused art-work in the Art Tardis this month.

Tori Clearwater is a second-year student studying Fine Art, majoring in sculpture and ceramics at the Otago Polytechnic School of Art.

Tori likes to use unconventional materials and materials that are recyclable and sustainable, and has created the sculpture out of almost 100 coloured glass bottles, all sourced from the student area. The glass was collected and then tossed into a concrete mixer to break it down into fine pieces.

See more of her work on Facebook at [Tori.c.art](https://www.facebook.com/Tori.c.art) or or Instagram [@clearwatertori](https://www.instagram.com/clearwatertori). The Art Tardis itself is outside the Grid Coffee Roastery on North Rd this month.

Contact northernartery@gmail.com or message Art Tardis on Facebook if you are interested in showing your work in the tardis.—*Jasmin Lamorie*



The sculpture which is currently on show in the Art Tardis outside the Grid Coffee Roastery

services
your local guide



GEMFIRE
DESIGN FOR CHANGE

WEB / PRINT / BRAND
CREATIVE GRAPHIC SOLUTIONS
GEMFIREDESIGN.COM

Ready for change?

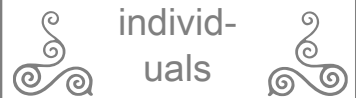


Sonja Antonsen,
Dip. Couns. MNZAC

Experienced,
professional
counselling and
therapy with
individuals and
couples.
Enquiries
Welcome

sonjaacounselling@gmail.com
Ph 473 0429 or 021 269 8421

Mindfulness Training
with Kovidomaddick



Practicing mindfulness has been shown to reduce anxiety, stress & depression & increase wellbeing

www.kovidomaddick.co.nz



JANET MEL-

BHSc (CompMed) ND Dip Herb Med
Mind Body Medicine Practitioner

No consultation fee for
children up to 13 years

487 7974
021 0233 9778
herbmed@xtra.co.nz

shop local
support our advertisers

Caring for animals
as if they are
human.



Phone
03 456 2345
manned by our staff
24/7



Humanimals
YOUR PETS' DOCTOR

44 Rankellor St, Dunedin
www.humanimals.co.nz
formerly Dunedin South
Veterinary Clinic



SPCA
OTAGO

Animals for adoption

Go to spcaotago.org.nz for information about the adoption process and fees.

Visit us at 1 Torridon St, Opoho, Dunedin or phone 473 8252



Please donate
to help us
rebuild our
facility

SPCA
OTAGO

Donate at www.spcaotago.org.nz or
www.givealittle.co.nz/cause/spcaotagofacility

Kelly



AGE: 5-6 month old female
BREED: Staffy-Huntaway cross
PERSONALITY: bubbly and very friendly
LOVES: cuddles and going on walks

Kelly is a very sweet and typical playful puppy.

She was found with her brother Ned, possibly abandoned, on a back street in Milton.

She is learning to lead and loves going out and exploring the world. She adores her brother Ned and loves play-time with him.

She is deaf and therefore her new owner would have to have secure fencing so she doesn't get out, and would have to have the time and patience for her special needs.

An ideal home for Kelly would be someone who already has a dog who could be Kelly's guide and companion.

Vita



AGE: 11 year old female
BREED: Tortoiseshell cat
PERSONALITY: sweet nature
LOVES: eating and sleeping

Vita was transferred to us from Canterbury SPCA following the large earthquake in 2011.

Canterbury SPCA's facilities were full to breaking point with stray/lost and confused cats following the earthquake and they needed to transfer some cats down to us to make some room and that's when Vita became a resident of Otago.

Vita was adopted from SPCA Otago some time ago but unfortunately came back into us in May 2016 as a stray.

Vita is a mature adult with a sweet nature looking for a retirement home of her own to live out her golden years.

dog
RESCUE
dunedin

Looking for a new canine family member?

We foster and re-home dogs that have been left unwanted at the DCC Pound.

Each dog is registered, micro chipped, vaccinated and will be de-sexed. We ask adoptive owners for a donation of \$230 towards these costs.

Foster homes needed. All essentials provided, fully fenced sections required.

Visit: www.dogrescuedunedin.co.nz or phone 03 486 2311. Find us on Facebook!

Dogs breakfast fundraiser at the Grid

DOG OWNERS can celebrate Dunedin's first dog-friendly coffee shop with a 'Doggies Breakfast' at the Grid Coffee Roastery in the valley.

The dogs breakfast is also a fundraiser for the Otago SPCA. Tickets will be \$25, of which \$20 goes directly to the SPCA in support of their new building project.

Each ticket includes a hot drink, a bowl of dry dog food sponsored by the Gardens New World and entry into the draw for a Dog Zen prize pack donated by dog trainer and TV personality Mark Vette. The first 80 tickets sold will receive a take-home goodie bag valued at over \$25.

Organiser Michelle Hagar said the Dunedin City Council environmental health and animal services teams had approved the event.

The dogs' breakfast will be held on Saturday 19 November, with four sitting times to choose from, at the Grid on North Rd. Purchase tickets from the Grid or email info@woofztowagz.com



A Doggies Breakfast organizer
Michelle Hagar

Water quality starts at home

AS I weaved my way through a small obstacle course of dog poo on the North Rd footpath, I got wondering: where does all that poo end up?

I asked Jared Oliver and Frank van Betuw, stormwater guys at Dunedin City Council. The short answer: in Lindsay Creek (or the Water of Leith if you live on the other side of Pine Hill).

Stormwater is the rainwater that falls onto hard surfaces like roofs and roads, which cannot soak into the ground. Under our feet is an amazing, mostly hidden network of stormwater pipes and drains, most dating from the early 1900s, designed to quickly carry that water away.

The stormwater system is meant only for stormwater. But every time it rains the valley gets a wash, and everything on the footpath, the road, your driveway and your roof – from dog poo to lolly wrappers to tyre dust – is flushed into the drains as well.

The mudtanks (the boxes under the grates in the gutter) catch the bigger stuff, but everything else gushes straight into Lindsay Creek, as is, at 25 locations from Norwood Street to the Dunedin Botanic Gardens.

If you think that sounds a bit nasty, what goes down the drain when it *isn't* raining can be just as bad. Many people don't realise that whatever goes down the outside drains on your property and on the road ends up in Lindsay Creek untreated. This is unlike what goes down your inside drains like your loo, shower and washing machine, which is



An innocuous-looking stormwater drain delivers another batch of North East Valley soup into Lindsay Creek.

whisked off to Tahuna sewage treatment plant for a clean.

The critters that call Lindsay Creek, the Water of Leith and Otago Harbour home (including those cockles you're going to collect this afternoon) don't particularly like old paint, pesticides, heavy metals, oil, antifreeze, insecticides and car wash soaps and waxes.

The city council website has a bunch of useful tips on how to not put nasties down your drains. Even simple things like sweeping instead of hosing down the driveway (and putting the sweepings in the rubbish), washing your paint brushes in the laundry sink, and washing the car on the grass (there are fantastic wee microbes in grass that help clean up the nasties) or at a car wash will make a big difference for our creek. Oh, and picking up your dog poo, of course.


Just think, you can help improve the water quality in Lindsay Creek without even leaving your property! Easy.—*Helen Jack*

Need an MP?
Dr David CLARK
MP for Dunedin North

P 03 474 1973 | F 03 474 9913
32 Albany Street, Dunedin
(Next to The Cook)

david.clark@parliament.govt.nz
labour.org.nz

Authorised by David Clark,
Parliament Buildings, Wellington



Labour

Nau mai, haere mai
Metiria Turei
Green Party MP

Dunedin Office
5th Floor Burns House
10 George St
Please phone
for appointment
03 477 8502



Authorised by Metiria Turei,
Parliament Buildings,
Wellington

Green

Barn Dance Baptist Hall



5 Nov 7pm
\$10 with
Catgut n Steel
Supper included

Ph 027 424 1828



Artist finds inspiration in tramping



I am a keen trumper so my art reflects what I meet on these outings. I spot a scene of stark lighting, startling colour or interesting movement and photograph it. I generally like to paint what I have seen as I believe the art is in taking the photograph. Acrylic is my favourite medium as I find it flexible enough for sharp outlines and blending shades.— Judy Wilson (Artist member Otago Art Society)

Microphones and stands wanted

A MUSIC and vlogging studio is on the dream list for the Tinker School which is looking for donations of recording gear and musical instruments. In particular they need microphones and mic stands, old electric or acoustic guitars (which they don't mind repairing if necessary) and a drum set.

Parent Karl Bray says he is keen to start a music project with the kids, who love music-related activities. "The kids are really keen to start vlogging," he says.

The Tinker School is a children's afterschool and holiday programme. A vlog is a form of blog in which the medium is video.

'Room to Dream' studio exhibition



Paintings by Jude Ansbacher at 95 Norwood St, Normanby. Opens Saturday 26 November at 2pm. Also open Sunday 27 and the following weekend 3 and 4 December 11am-4pm.

Housing

WANTED TO RENT

4 bdr needed urgently for working family + dog. Ph Karen 022 682 8751

WANTED TO BUY

Local family looking for house to buy in NEV, Opoho, Glenleith, privately or through agent. We'd love to hear from you if you are considering selling. Ph 022 186 3009 or hmg11wrk@gmail.com

church services

Salvation Army, 43 North Rd, Nitechurch, 6pm

Sacred Heart Catholic, 89 North Rd, Mass 9.30am

Glenaven Methodist, 7 Chambers St, 11am

Pacific Island Presbyterian, 160 North Rd, English 11am on 1st, 2nd and 3rd Sundays; Cook Island 9.30am; Samoan 11am, 4th and 5th Sundays

Anglican: St Martin's, 194 North Rd, 10.45am

St Thomas', Raleigh St and Pine Hill Rd, 4pm

Opoho Presbyterian, 50 Signal Hill Rd, 10am

NEV Presbyterian, 224 North Rd, 9.30am cafe service

St Mark's Presbyterian, 304 Pine Hill Rd, 10am

NEV Baptist, 270 North Road, 10.30am.

community garden working bees

top paddock behind North East Valley Normal School

Saturday 5 Nov
9am-noon

Sunday 13 Nov
1pm-4pm

Saturday 19 Nov
9am-noon

Sunday 27 Nov
1pm-4pm



PLEASE RECYCLE THIS NEWSLETTER - PRINTED ON CARBON NEUTRAL PAPER

for families, kids & teens

CHINESE CLUB

Bear Cats Chinese Club for 6-9 year olds learning Mandarin. 3.30-4.45pm, Thurs, Pine Hill School, 11 Hislop St. \$10 per session, \$8 with whole term booking. Ph 021 589 075 or www.chineseclub.nz

DUNEDIN TOY LIBRARY

A vibrant toy library for children from birth to 7 years. Huge range of toys, ride-ons, dress ups, puzzles, games. St Martin's Hall, Northumberland St, 10-11am Wed, 10-11.30am Sat.

FANTAIL TRAILS

Unstructured exploration in nearby nature for families with young children, email gabrielle.david@gmail.com

MINI MUSIC GROUP

Preschool music and movement session, 9.15-9.45am, Mon, Nga Maara Hall, Sacred Heart School, school terms, gold coin. All welcome.

MT CARGILL GIRLGUIDES

Pippins, brownies, guides and ranger groups in the valley. Ph 0800 222 292 or info@girlguiding.org.nz

NEW PARENTS' GROUP

Coffee group for parents with babies, 11.30am-1.30pm, fortnightly Mon. 5 Sep, botanic gardens picnic, BYO food, meet at playground. 19 Sep, Mosgiel playground, BYO food, ph for carpooling/transport options. All welcome. Ph Charlotte 473 8614 or 027 476 1066.

OPOHO PLAYCENTRE

Sessions for 0-6 year olds, 9am-noon, Mon-Fri, school terms, 28A Signal Hill Rd. Visitors welcome. For more info ph 473 0819 or email opoho.playcentre@yahoo.com

OPOHO SCOUTS

Keas, 5.30pm-6.30pm, Tues; Cubs, 6pm-7.30pm, Thur; Scouts, 7pm-8.30pm, Wed. Opoho Scout Den, Ph Kevin 0800 SCOUTS.

PLAYGROUP

Leith Valley Church, Malvern St, 10am-noon, school terms. Ph Julia 027 635 8181.

PREGNANCY YOGA

Move & breathe your way towards a positive birth with experienced yoga teacher & birth educator Uschi Heyd, ph 027 360 0238, 473 0393 or visit www.birthcircle.org

PRESCHOOL MUSIC

At Opoho School, 9am-9.30am, Fri, during school term, Room 3, gold coin, drop in, Ph 473 8019.

RUDOLF STEINER

Playgroup in Pinehill, 10am-noon, Mon, Thur and Fri (Te Reo Māori group), 351 Pinehill Rd, \$3 koha & piece of fruit, Ph Steiner School 471 2163.

SPACE PROGRAMME

Programme to support new parents through first year of child's development (Supporting Parents Alongside Children's Education). Valley Baptist Church. Contact Amy on 473 0014 or space.valleybaptist@gmail.com

NEV PLAYGROUP

Come along with your children 0-4 years, Baptist Hall, 270 North Rd, 9am-3pm, Tue, Wed. Ph Michael 473 0572.

YOUNG PARENTS

Young Parents Group Te Roopuu Maatua Maahuri, where young parents come together to share and support each other. For parents who had their first child before 26 years. Children welcome. 12.30-2.30pm, Thurs, community rooms. Ph Susan 021 550 0737.

SCHOOL HOLIDAYS

Are not too far away! Update your listing for the December Valley Voice (no issue in January). Email voice@northeastvalley.org

fitness & health

ATHLETICS & HARRIERS

Children 3-6yrs and 7+yrs, Chingford Park Clubrooms, 5.30-6.45pm, Mon, and Caledonian grounds, Sat morn. www.leithharriers.co.nz

CLASSIC YOGA

Move, breathe & relax with professional yoga and meditation teacher Uschi Heyd. Classes start in March, www.birthcircle.org/yoga-classes

CONTRA DANCE

7.30pm, Mon, \$3, 52 Dundas St. Ph 473 8640 for more information.

DUNEDIN ACROYOGA

Combining acrobatics and yoga, no partner needed. Beginners classes available. 6-9pm, Tue, Opoho Presbyterian Church, 50 Signal Hill Rd. Facebook or email joeske@gmail.com

DUNEDIN BMX CLUB

Race night, Forrester Park BMX track, 6pm, Thu.

FOLK DANCING FOR FUN

Baptist Church, 270 North Rd, 10am-11.30am, Fri, \$3. Ph Yvonne 455 2406, stureid1@yahoo.co.nz

INDOOR BOWLS

Friendly games, 1pm start, Thur, NEV Bowling Club, 139 North Rd. Ph Jack 473 9565 or Sean 473 8822.

HISTORICAL DANCE

Explore European dance from the medieval era to the late 19th century. Historical dance workshop, 2nd Sun each month, 10am-noon, Nga Maara Hall, 63 North Rd. Beginners welcome, \$10, www.frenchdancing.co.nz

Classifieds and community notices (for non-profits)

CHANGING WAYS

Lose weight without dieting

Virtual Gastric Band Programme
95% success rate

Ph Karyn on 021 0275 4881
www.changingways.co.nz

THAI MASSAGE

Traditional, clothes on,
massage for health

20 years experience and Thai trained,
here in NEV

By apt only
Ph Heidi on 473 6256 or 021 174 9290

GARDENS PHYSIOTHERAPY CLINICAL PILATES

Beginners Pilates

Fridays 9.30am-10.30am

Levels 1-2 Pilates

Tuesdays, 11.30am-12.30pm

Fridays, 1.15pm-2.15pm

\$15 per session/\$72 six sessions
www.gardensphysio.co.nz

Want health, wellbeing and relaxation?

Yuan Gong Qigong exercises are
easy to learn, effective & enjoyable

All welcome
For class times or private sessions
contact Jay 027 584 4537
www.bodymindqi.com

LEARN TAEKWONDO

Korean martial art, supportive
environment. Training Mon, Thur, NEV
Normal School hall, 6pm-7.30pm. Ph
027 412 5770 or
dunedinolympictkd@hotmail.co.nz

MEDITATION

Meditation and mindfulness afternoon
workshop every two weeks, ph 021
035 2392, www.meditatenz.com

NAKAJIMA JUDO CLUB.

Weekly evening class for all levels and
ages. Ph. Keri 021 027 93683.

OPOHO BOWLING CLUB

Dunedin's friendly little club on the
hill. Become part of our lawn bowling
community, club day 1.30pm, Mon. Ph
Paul and Bridget 471 0743.

PARKRUN

A free, weekly timed 5km run/walk,
Sat, Botanic Gardens. Meet at café,
8am summer, 9am winter. Go to
parkrun.co.nz for more info and to
register & get your personal barcode.

QIGONG

Classes in Yuan Gong, Ans 027 756
8383, yuangongdunedin@gmail.com Jay
027 584 4537, www.bodymindqi.com

SELF DEFENCE COURSES

For women and girls, learn simple
ways to use your mind, body and
voice to keep safe. Contact Imogen
ircoxhead@gmail.com

SPAN NEV

Stretch n' flex, low-impact exercise, St
David's Presb Church lounge, 10am-
11am, Tue, over-65s \$3. Ph 473 9311.

STEADY AS YOU GO

(Age Concern) Gentle balance and
strength exercises, NEV Baptist
Church, 10.30am-11.30am, Mon, and
Pine Hill School Library, 11am, Thur.

THREE LEFT FEET

Social dance group, no experience or
partners necessary. European dance-
folk and traditional, \$5 or \$7.50/
couple, Nga Maara hall, 6pm-7pm,
Thu. Ph Marilyn 473 7829.

YOGA IN THE VALLEY

Instructor Adair Bruce, DNI tech block,
6pm, Mon-Fri, \$5 waged, \$4
unwaged; St David's Church, cnr
James St & North Rd, 9.15am, Mon,
Wed, Fri, adairbruce@hotmail.com

ZUMBA

All welcome with or without children,
qualified instructor Liana, 11am-
noon, Mon, Baptist Church hall, \$5, ph
021 299 1024.

further education

COMPUTER CLASSES

Free class, 9.30-11am, Tues, commu-
nity rooms, 262 North Rd. Tutor Rob
Tigeir. Ph Afife 473 8944 for info.

ENGLISH CONVERSATION

Multicultural Women's Group New
English speakers welcome, 10-noon,
Wed, community rooms, 262 North
Rd. www.multicultural-women.com

FREE LITERACY COURSE

For more information contact Ana &
Marg at Literacy Aotearoa, 477 2055.

LEARN ITALIAN

Planning a trip to Italy this year? Fun,
communicative lessons Ph Samantha
021 0831 8408.

ITALIAN CLASSES

Exp teacher, native speaker of Italian
ph Antonella 027 341 8312,
antonella.vecchiato@gmail.com,

LEARN ENGLISH FAST

English for daily life and work, free.
Contact Paul or Tamara at English
Language Partners 477 7261,
dunedin@englishlanguage.org.nz

SEA OF FAITH

Highgate Church Hall (cnr Drivers Rd
and Highgate), 6-7.30pm, fourth Thur
each month. Enquiries ph 473 0031.

art, craft & music

ART TARDIS @ THE GRID

Coffeehouse featuring 'Mud Diamond'
by Elise Johnston

ARTYFACTS

Art group for support and motivation,
bring your own work, 9.30am-noon,
Wed, free. Ph Patricia 473 1494.

ART CLASSES

For all levels, casual attendance
welcome, tutor Anneloes Douglas,
community rooms, 10am-noon, Thur
and 6pm-8pm, Fri. Ph 027 307 7034,
467 9993, anneloes.douglas@extra.co.nz

ART CLASSES

Continuous class, newcomers wel-
come, 1pm-3pm and 7pm-9pm, Wed,
St David's Church, \$15 per session. Ph
Friederike 482 2025.

DUNEDIN ELECTRIC BIKES

for sale
at the

Valley Community Workspace
11 Allen St, Fri and Sat mornings

Ph Nathan Parker 027 214 8294 or
Facebook for free trial and advice

ART FIBRE DUNEDIN

Bring lunch and requirements, 10am-
3pm, second Sun each month,
community rooms, Ph Viv 473 0343,
www.artfibredunedin.blogspot.com.

DUNEDIN FIDDLE CLUB

Community rooms, 7.30pm, Wed.

KNITTING SQUAD

BYO knitting or crocheting, or come &
learn, community rooms, 1pm-3pm,
Wed. Ph Marjory 473 7751.

QUADRILLE CLUB

Wanted musicians to collaborate with
the Quadrille Club on an informal
basis. Our dance repertoire is mostly
from the 18th/19th centuries. Contact
Kate at info@frenchdancing.co.nz

SOUNDS NOR'EASTERLY

Do you enjoy singing with a group?
Why not join your local community
choir? All ages and abilities welcome.
DNI design lobby every Tues, 7.30-
8.45pm. Email Clare for more info
clare-n-don@clear.net.nz

HORT TALK

Digging the Dirt on Soil, soil basics by
Lisa Short, Hort Lecturer, Otago Poly-
technic. Botanic Garden information
centre, free, noon, Friday 7 October

community groups

BIKE WORKSHOP

Get help - use our workshop, bikes
available for koha. 3.30pm-5.30pm,
Tues, and 10.30am-1.30pm, Sat,
Community Workspace, 11 Allen St.

DUNEDIN MAKERSPACE

Work on project, watch others and
chat, 1pm-5pm, Sat; organised talks,
7pm, Thur, VCW, 11 Allen St.

DUNEDIN NORTH LIONS

Always welcomes visiting or new
members. Ph Ed 456 4317 or
Murray 473 8044.

ENLIVEN DAY CLUB

Ross Home, drivers and help with
activities needed, light food
preparation. Tues, Wed & Fri. Ph
Maybank 473 0890.

LADIES' PROBUS CLUB

Meets 10am, Mon, NEV Bowling
Clubrooms. New members welcome.
For more info ph 455 6683.

MEN'S PROBUS

NEV bowling club, 10am, 2nd Mon
each month, new members welcome.
Ph Don 473 7544.

MULTICULTURAL GROUP

Women's multicultural group, make
new friends, speakers, cooking, out-
ings. Community rooms, 10am-noon,
Fri, ph Afife 473 8944.

PINEHILL COFFEE & CAKE

Morning tea outing to Dunedin café,
last Wed of each month. Ph Carolyn
477 7115 for more info.

NORTH DUNEDIN SHED

Sat mornings Bonnington St over
bridge. Ph Paul 474 0060.

OPOHO EUCHRE GROUP

Opoho Bowling Club, 1.30pm, Wed.
Ph Roy 473 7162.

trading corner

BABYSITTER AVAILABLE

Experienced 21 year old. Ph Kelly
027 697 9194.

BABYSITTER AVAILABLE

17 year old with extensive first aid
training and experience with chil-
dren of all ages. References avail-
able. Kyra Ph 0221507349

COMPUTER SERVICES

Trouble-shooting, tuition, low rates.
Ph Dave 473 9542, 022 635 9414 or
email davemaxz@actrix.co.nz

HOUSEMINDER AVAIL

House-minder available, 10 yrs experi-
ence minding pets and plants. Mature
male (53), non-drinker, non-smoker.
Ph Jeffrey 027 446 7915 or
jeffreYROBINSON@yahoo.co.nz

PEASTRAW

New load just arrived, \$12 per bale
delivered. A fundraiser for North East
Valley Normal School. Ph 021 0849
9662 or nevpeastraw@gmail.com

COMMUNITY NOTICES

Priority given to valley groups,
email voice@northeastvalley.org



Wendy Bowman
Committed to achieving the best results for you

474 7070
027 609 7599
wendy.bowman@harcourts.co.nz
wendy.bowman.harcourts.co.nz

Harcourts

Compassionate guidance, support and advice 24/7



Ph: 03 455 2128 [24 hour]
407 Hillside Rd,
Sth Dunedin, 9012
www.gillions.co.nz

BAYLEYS

Sale

Steve Havard
021 289 1102
03 4739576

Driven for Results? Contact me today

The Normanby Bistro
Ph 473 0373

Open Wed–Sun
Lunch: 11.30am–2pm
Dinner: 5pm–8pm*
(*9pm on Friday & Saturday)

Ask about our Gold Card discount

Susanne and Richard look forward to meeting you

Megan Turnbull
Registered Psychotherapist
PG Dip. Social Services (Distinction), Dip. Gestalt Psychotherapy, MNZAP
meganturnbull@orcon.net.nz
www.meganturnbull.co.nz



253 North Road, North East Valley,
Dunedin 9010

Friendships made at playgroup



Della (1, left) and Angus Dobson (3) having fun together at the North East Valley Playgroup before a shared morning tea with children and parents.

COMRADERY (BY spades), advice (when asked for), sanity (depending on your definition) and plenty of humour are all dished up for parents and caregivers at the North East Valley Playgroup.

Playgroup supervisor Amy Souquet says the playgroup is a great opportunity to meet and get to know other parents in the valley community.

The playgroup runs on Tuesdays and Wednesdays from 9am to 3pm and parents and caregivers are welcome to drop-in at any time with their pre-schoolers.

Morning tea and a small lunch is provided with the support of FoodShare and the Grid Coffee Roastery.

The playgroup is held at 270 North Rd and the cost is a \$2 donation per family.

Valley Project shares skills and knowledge with community groups



Members of the Corstophine Community Hub and the Caversham Community Development Group at the community rooms to learn from and share ideas with the Valley Project staff about community-led development. The kowhai tree was a gift to symbolise the growing relationships between community groups in Dunedin. Pictured, from back left, are Meri and Vasili Jounaides, Tony Culling, Jenny Rowe, Anna Parker, Talia Wharerimu and Chelsie Parsons, from front left, Ani Jounaides, Sande Joans, Manea Tekii, Mama and Moana Taana.

what's on calendar

exec meeting

Join the Valley Project executive board for their next meeting. 7pm, Wed 9 Nov, Valley Baptist Hall.

mend and make

A workshop to repair and up-cycle clothing. 2–5pm, Sat 12 Nov, community rooms. Registration essential (see p7 for details).

arts bazaar

Arts and crafts for sale at the annual Northern Artery Art Bazaar, just in time for Xmas. 10am–3pm, Sat 26 Nov, Nga Maara hall.

room to dream

Studio show at 95 Norwood St. Opens 2pm Sat 26 Nov. Also open 27 Nov, 3–4 Dec, 11am–4pm.