# whiria te taura tangata connecting our community

4

Your local newsletter published by the Valley Project

**NOVEMBER 2021** 



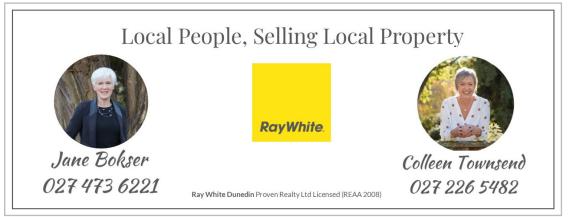
# NO TIME TO WASTE BUILDING RESILIENCE

Planting Seeds of Change, an evening of short talks on different aspects of food resiliency, was held on 14 October aiming to broaden our thinking and give us fresh ideas for creating a local food plan for the Valley.

The evening started with Associate Professor Miranda Mirosa, from Otago University's Department of Food Science, highlighting the big issue of food waste. She gave some staggering figures, like the fact that one third of food produced is wasted between the farm and the fork, and this is responsible for up to 8% global greenhouse gas emissions. Miranda has been working with the industry to create pathways for 'Upcycling Food', a new concept that aims to use food that would otherwise have gone to waste, for example, making crackers out of 'ugly' carrots that would normally be discarded, or turning surplus bread into beer. As consumers, it's a new food trend to look out for and support.

Investigating food waste more locally, two students from the Department of Nutrition shared their research on mapping food waste in the Valley, including surveying local shops and cafes.

Susie Townshend from the Dunedin-founded Kiwiharvest (formerly Food Rescue), talked of her daily challenge of rescuing surplus food at a commercial scale and matching it with local organisations to distribute to people in need. This includes our local Kaishare, which provides a box of fresh produce with a short shelf life to local residents, saving it from landfill. A question recently growing for organisers who are nearing capacity is how can we better support the growing demand for Kaishare, as more locals feel the effects of Covid on the economy? *Continued on page 3...* 







#### **Community Directory**

We are in the thick of building a directory website! If you would like your business, club, or group included, contact us asap! It's totally FREE! aleisha@northeastvalley.org

#### **Holiday Gift Guide**

Let's make this holiday season an easy The office will close on Friday, one. E-mail voice@northeastvalley.org with any of your LOCAL-ONLY gifting ideas. We'll feature as many as we can Tuesday, February 8th. Enjoy in the next and final 2021 issue of VV.

### **Valley Project Closure**

17th of December, and will reopen in the new year on your summer thoroughly!

# THE MORE WE SHARE. THE MORE WE HAVE.

Generosity begins at home, and your local community is your home. That's why the Valley Project's Community Sharing Shelf is so important - we can all give to each other and share in the generosity of our local community. For those who've lived in North East Valley, Opoho, or Pine Hill for some time, the spirit of generosity personified by the Community Sharing

Shelf may not come as a surprise. But for me, having arrived in Dunedin a year ago, it's a revelation! Here's the reason why, by way of a short backstory...

Have you ever felt that you have just too much stuff in your life? Too many possessions; more than you want, and more than you need? I remember a few years ago when my older brother made a New Year's resolution to reduce the sheer volume of his own and his family's material possessions. My brother's strategy at that time was, at a minimum, a net zero approach - at least one thing must leave his house if one new thing was to enter. This doesn't sound too hard, and should be easy to stick to. However, our consumerist environment, coupled with the generosity of friends and family, particularly for kids' birthdays and Christmas, can challenge any aspirations of minimalism.

A very good solution is, of course, to donate goods to charity. The Community Sharing Shelf is our own charity. Two of

my four children attend North East Valley Normal school; my youngest has just started in the past month. As they travel to and from school they often stop by the Community Sharing

Shelf. It's such a lovely experience for them to drop off toys, books, and clothes at the Shelf and, in turn, look for items that are new to them. They've benefited so greatly from this community initiative over the past year, and so too have their siblings and our whole family. We've all read new books, played board games, and refreshed our wardrobes, all the while

returning the favour by donating those items that we no longer have need for and can be loved by someone else.

I can imagine that this generosity could, and may well be taken advantage of those not in need could pilfer from the offerings available. Or else, the shelf could be a dumping ground, a tip when bins are full, or when Op shops are challenging to get to.

Nevertheless, the Community Sharing Shelf is an initiative based on trust, and it's a solution to our consumerist, materialistic consumption, one which embodies a community-minded spirit of collectivism - a give-and-take exercise in its purest form. That's why the Community Sharing Shelf is so important to me. It's not just the tangible exchange of goods, it's the spirit with which the exchange operates - a spirit of community enriching generosity. I'm glad such a practical solution exists to my brother's net zero material problem, and I'm even happier

that my children grow up learning that the gift is in the giving.

-- James Canty



#### REMINDERS ABOUT OUR TRADING CORNER

- Only donate items that are clean, in working order, and can fit within the shelves!
- Keep the load of clothing drop-offs no more than a standard-sized shopping bag
- Strictly NO large electronics and furniture
- Items should be appropriate/family friendly
- Non-perishables should be sealed and unexpired
- Perishables should be tidily wrapped
- No undergarments

- · Large book donations can be made to the Regent Theatre
- Try posting your items to The Valley Exchange Facebook group



The Valley Project is a registered charitable organisation that builds community connections and promotes the wellbeing of local families and whanau. If you like what we do, you can donate at:

www.givealittle.co.nz/northeastvalley

The opinions expressed in articles are the author's own and are not necessarily shared by the editor or Valley Project Team. Submitted articles may be edited at the editor's discretion.

(03) 473 8614

voice@northeastvalley.org

facebook.com/valleyproject

@valleyproject

P.O. Box 8118 - Dunedin 9041

262 North Rd. North East Valley, Dunedin

We love to hear from you! Send us your local photos and stories. Deadline for newsletter copy is the 20th of the month prior. Submissions later than the 20th cannot be guaranteed space. Please keep your contributions to 250 words or less.

Continued from front page. Given times are tough for many, how can we share food surplus more easily?

KJ Davie, who is currently supporting the Valley Project with The Valley Kai Plan, proposed many ideas and questions on how we can more efficiently and effectively share our backyard bounty. As a keen grower herself, she pondered if she could make the commitment to regularly donate to our local food pantry and Kaishare this season, and if others were keen to join her. Sharing surplus and unneeded food within the community is a growing area of awareness and many apps are being developed to facilitate this, but in the meantime perhaps we could use our new 'Valley Exchange' group on Facebook to share surplus food.

Ronnie Bhogal from Mosgiel, motivated and inspired us with his enthusiasm and energy for cooking healthy school lunches at Silverstream school. Ronnie, seeing the need in his local community, started cooking free school lunches for any child whose family requested it, as a 3-month trial project last year. On seeing its success, the school principal and Ronnie have committed to supplying school lunches for the WHOLE school and have recently been building

and planting an edible garden to support this.

From here we'll be working on developing a draft Valley Kai Plan over the next few months and will be asking for your feedback on it. For instance, we'd love to know if there is demand for local cooking or preserving workshops, making the food budget stretch further and reducing food waste at home.

Thinking ahead to summer and autumn, Our Food Network coordinate a Dunedin-wide community fruit harvest scheme helping to pick and redistribute surplus fruit with organsations like Kaishare, Presbyterian Support and Supergrans. We are looking for someone to help manage this within the Valley – we would love to hear from you if you're interested! <code>valleykai@northeastvalley.org</code>





# FEEDBACK ON VALLEY KAI ACTION

Please pop into the Valley Project Rooms the week starting 8th Nov. to add your thoughts to a variety of developing ideas for action on building our Valley's Food Resilience. Posters will be up for the full week for your contactless additions of ideas.

TUES. - FRI., NOV. 9 - 12, 9am - 3pm



# HUI CREATING VALLEY KAI ACTION PLAN

Come prioritise suggested actions that aim to build our local food resilience, identify opportunities to contribute, and create a plan to implement for summer.

THUR. NOV. 25, VALLEY PROJECT COMMUNITY ROOMS

Please see Facebook event for more info and to register: @valleyproject



# **VALLEY FINALE BBQ**

Final, free BBQ of 2021 for Valley residents, and a special show of appreciation for our Valley Project volunteers. We would like to thank you for all your amazing support and mahi! Activities, food, drink, & showcase.

SAT. NOV. 27, 11am - 2pm VALLEY PROJECT COMMUNITY ROOMS Please see Facebook event for more info: @valleyproject



# **MARKET FUNDRAISER**

Car wash, sausage sizzle, veges and plants, cheese rolls, art, music and more, all to raise funds for Pact so clients can attend Camp next summer. If you wish to have a stall here, please contact Chris: 03 473 9104

FRI. DEC. 17, 10:30am - 1pm THE SALVATION ARMY HALL 43 NORTH RD.



# LOOMROOM OPEN DAY

LoomRoom will open its doors to the public to mark the end of their 4th term and start of summer break. Members will showcase what they produced this year. All invited to have a look!

SAT. NOV. 20, 10am-2pm, LOOMROOM 11 ALLEN ST., NORTH EAST VALLEY Facebook @dunedinsloomroom



# CHRISTMAS CRAFT FAIR

Locally-made items suitable for holiday gifts. Corner of Farquharson Street and Signal Hill Road. Tea and coffee for a koha.

SAT. DEC. 4, 10:30am - 12:30pm & SUN. DEC. 5, 11:30am - 12:30pm OPOHO CHURCH HALL Facebook groups and pages are a great way for people to customize their social media experience and build meaningful communities.

Try these on!



**North East Valley** 



**Neighbourhood Support Dalmore** 



On the Southern slopes of Mount Cargill, Kapukataumahaka



**North East Valley Community** 



**Dunedin Community Events** 



**Opoho Community Page** 



**Open Valley Urban Ecosanctuary** 

**MORTH GAME DEV CLUB** 

Valley Baptist Community Centre-Tech Space

Intermediate-age tamariki.

8wk program to build your

IT-trained tutors. Supported

by CODE (Centre of Digital

Excellence) and local game

devs. Bookings essential: gamedev@com2.tech

own game. Run by three

Tuesdays 3.30 - 5pm

# COMETECH

# THE COMMUNITY COMMUNICATIONS TECHNOLOGY TRUST (COM2TECH)

**Com2Tech** offers a range of classes to upskill our communities in communications technology & online safety, and provides opportunities for kids to use their gaming skills to support their community.



270 NORTH ROAD, NORTH EAST VALLEY

#### 맛 DIGITECH DROP-IN (FREE)

Valley Project, Wednesdays 10.30am - 12.30pm Valley Baptist Community Centre-Tech Space, Wednesdays 3.30am - 5pm

Learn basics of using your tech apps and programs. Bring your own device, learn ways to use your tech together more efficiently. Utilizes 'Stepping Up' programme modules. Choose topics to match your needs: www.steppingup.nz. Supported by IT experienced/trained volunteers.

#### </>> TECHTIME (FREE CLASSES)

Valley Project, Wednesdays 3.30 - 5.30pm

Primary ages 7+. Work on tutorials for Scratch, Python, & Html. Supported by IT-trained volunteers.

AMY SOUQUET: 027 256 9182 AMY@COM2.TECH FACEBOOK @COM2TECH

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146 Norwood St, NEV (03) 473 1334 A Presbyterian Support Otago service



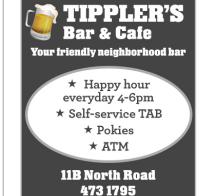
Vacancies during Term 4 2021 and start of 2022

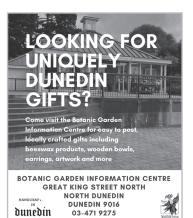
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Parent involvement is part of our philosophy







What is your vision for Lindsay Creek? This is the question on the minds of the Open VUE Steering Group. While the vision for an open urban unfenced ecosanctuary still proudly stands tall amongst the urban forest, the Creek is a large piece of the Valley ecosystem puzzle. Gaining insight into your vision of Lindsay creek in 5, 10, 20, and 100 years will direct the mahi's flow.

The group is putting out preliminary consultation feelers while we are limited to gather, with plans for wider community consultation early next year.

The journey of the Creek, and the pathway it travels, is known to us in its current form - but what did it look like in the past, and what could it look like in the future? How do you currently interact with the Creek, or how would you like to in years to come?

These questions, as well as your own thoughts, are highly valuable to us. Have your say by following the link bit.ly/Creek2021, emailing openvue@northeastvalley.org, or coming to see us at the Valley Project during opening hours. Either way, go in the draw to win a PekaPeka bird feeder and an Orokonui Ecosanctuary pass! Keep a lookout for an in-person consultation event in early 2022.

Lindsay Creek drains from Mount Cargill (Kapuka-tau-mahaka), winding its way along the valley floor, fed by many small tributaries, and eventually meets the Water of Leith at the Botanic gardens. On its journey, Lindsay Creek passes through a mosaic of different habitat types, including the shady Bethune's Gully, under the bridge at Bonnington Street, sneaking past and through urban

backyards, and eventually meeting up with Water of Leith. Under the water's surface, tuna, macro-invertebrates, fish, and crayfish among many others live. River Shags, ducks, and Paradise Shelducks can often be seen feasting or frolicking amongst the waters. I have even seen a Kererū perched at the Creek's edge taking a sip of water.



#### **SBS Bank Dunedin Volunteer Awards Finalist!**

The Open VUE steering group was delighted to receive a finalist award in the most recent SBS Bank Dunedin Volunteer Awards. Thank you so much!

# UPCOMING EVENTS

### **Wild Winged Wotsits**

#### Saturday 13 November, 2 - 3pm NEVN School Hall

Note: This event is subject to Covid guidelines, and will only go ahead if we are in Alert Level 1. For postponements, check out the Open VUE Facebook page:

#### facebook.com/OpenValleyUrbanEcosanctuary

Combining paper plane technology with avian artistry. Come along, young and old, to fill the air with flying paper birds and shrieks of delight! All materials provided (though feel free to bring along your own designs). Fold,

flutter, and fly your creations with storyteller Kaitrin McMullan and Open VUE.



## **OPEN VUE SUPPLIES & SERVICES**



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**Chew Cards** Free to keep.

openvue@northeastvalley.org

# KIDS CORNER Explore a stream!



Can you find any small creatures living under the rocks? **Step 1:** Take a bucket or container with you and fill it with water.

Step 2: Pick up the rocks carefully and look underneath them.

Step 3: Gently brush the creatures into your bucket to take a closer look

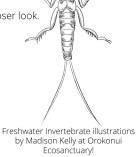
Step 4: Place the creatures back where you found them.

**Step 5:** Place the rocks back where you found them.

Optional: Make a drawing of what you found!

www.northeastvalley.org





#### TRAP LIBRARY **OPENING TIMES**

Keen to catch that pesky rat or find out what's lurking in your backyard?

The Trap Library is open again during normal Valley Project opening hours (Tues - Fri 10am - 2pm) and the last Saturday of this month (27th Nov).

Come get a rat trap, monitoring device, and friendly advice!



### YOUNG BUDS GROWING GREEN THUMBS

I like seeing all the pretty flowers and mother nature. The garden can make your bad day into a good one.

I like how you get to learn lots about nature.

I like how the grass is so nice and soft under my feet.

I like the cat that comes and watches us work.

I like looking for bugs and insects that live underground.

When you breathe in the sweet smell of flowers, all your worries go away.

These are some quotes from NEVN school children. Every Tuesday afternoon they get to enjoy time in the community garden on the school grounds. Guided by volunteers, they learn about soil and soil life, composting, vegetable growing, harvesting and cooking. Last term the children became kaitiaki (guardians) of a few garden beds where they can get hands-on with weeding, sowing, watering, planting, and soon, harvesting and cooking.

Once everything gets growing, the goal for 2022 is to incorporate more cooking processing: sharing and tasting of the produce that has been grown. The garden club is on the lookout for some extra volunteers who would like to bring their enthusiasm for gardening and/or cooking to help these wonderful children grow their knowledge and skills. If you are interested in this, please reach out to Anna on *adoorn@gmail.com*.

The school gardening club is very appreciative of the support they have received from the wider community. We are very grateful for the gardening gloves that were donated by NZ Safety Blackwoods Dunedin, so that the children can safely participate in all garden activities. Our heartfelt gratitude goes out to our local Youth Grow for regularly supplying us with a variety of seedlings to plant with the tamariki. And we want to extend a huge THANK YOU to the Mitre10 Helping Hands Fund and Mitre10 Dunedin for donating the materials to create a seating area in the centre of the garden where the children and volunteers can come together, sit and observe, listen, wonder, be curious, ask questions or discuss a topic. With the help of some awesome parents and kids, these seats were built in the school holidays and are now ready to be enjoyed by anyone who visits the garden. Do make your way up there and find out more about the community garden weekend working bees.

Our grandparents used to cook with wholefoods and homegrown fruits and vegetables. They knew how to grow, use, and preserve the harvest. They knew what to plant in each season and what they could grow in their local conditions. This knowledge would have been passed down from generation to generation. However, when the supermarkets became stocked with all manner of convenience foods, some of this knowledge may have been lost or neglected by subsequent generations. Many people have become completely reliant on what supermarkets and other food outlets have to offer and have forgotten the blessed feeling; a mix of pride, joy, and elation, when picking, cooking, and eating a beautiful head of homegrown cauliflower, for example. This most basic skill of feeding ourselves with wholesome food is what we wish to instill in our future generations. -- Anna Merial Read

# STOP YOUR HERBS AND VEGETABLES FROM BOLTING

Bolting, or going to seed, occurs when a plant prematurely puts out flowering stems before the crop is harvested. Plants more likely to go to seed include: leafy greens such as lettuce, spinach, coriander; members of the Brassica family: cabbage, kale, broccoli, cauliflower, mustard, brussels sprouts; as well as biennial plants such as onions, carrots, beetroot and leeks.

What causes plants to bolt? Plants rely on environmental cues to tell them what to do. For instance, changes in day length or temperature, times of drought, poor soil quality, temperature swings, lack of water, poor soil; attacks by pathogens, insects, or herbivores; and even strong winds can induce flowering.

To prevent bolting, cool season crops should be started as early as possible in Spring. Quick growers such as lettuce, bok choi, broccoli, and mesclun mixes can provide a bounty before the heat of mid-summer. Do a summer sowing two weeks after the Summer Solstice - the longest day of the year - for an Autumn harvest of broccoli, brussels sprouts, kale, beets, or other cool-weather vegetables.

Enrich your soil: the best soils are loamy in texture, drain well, and are rich in nitrogen, phosphorous, potassium, and

trace elements. Always add compost to condition soil texture, boost fertility, and retain moisture.

Harvest regularly to stave off premature flowering. Take off the outer leaves of lettuce and spinach to prevent the plants from fully maturing. This encourages the plant to grow its foliage more vigorously.

If your plants bolt, pinch off the flowers as soon as they appear on the plant. With herbs such as chives, parsley and basil, removing the blooms will divert their energy back to the foliage. If you are unable to save the crop, allow the plants to go to seed – bees and other pollinators will enjoy an added supply of food – or collect the seeds for next year's crop.

Finally, try buying bolt-resistant varieties. Look for "slow-bolt" or "heat-tolerant" labels on the seed packets. -- Merylei Guthrie



#### NEV GARDEN WORKING BEES

SAT. NOV 6 9.30am - 12pm

SUN. NOV 14 1 - 4pm

SAT. NOV 20 9.30am - 12pm SUN. NOV 28 1 - 4pm

SAT. DEC 4 9.30am - 12pm

# WASTE-FREE SPRING SPREE WORKSHOPS



# Reusable Pad-Making

Create your own reusable pads from old cotton t-shirts, towels, or sheets. You can bring your own material but make sure they are 100% cotton. You will make two free samples of reusable sanitary pads as part of the workshop.

SUN. NOV 14, 10.30am - 1.30pm LOOMROOM, 11 ALLEN STREET FREE!



# Waste Reduction and Recycling

What can go in our recycling bins and where do these items really end up in our current system? Bring along one yellow-bin item. Does it need squashed? What about the lid? We'll help demystify these questions.

MON. NOV. 15, 6 - 7pm or SAT. NOV. 20, 1 - 2pm **VALLEY PROJECT COMMUNITY ROOMS** 



## Weed Identification

Learn about why some plants are considered weedy and invasive, how to identify different species that might be in your backyard and how to remove them. We are running the same workshops twice so feel free to book in for either session.

SUN. NOV. 14, 2 - 3pm or THUR. NOV. 18, 7 - 8pm **VALLEY PROJECT COMMUNITY ROOMS** 







SPACES ARE LIMITED SO PLEASE BOOK FOR THESE WORKSHOPS BY EMAILING project@northeastvalley.org OR CALLING THE VALLEY PROJECT ON 03.473.8614

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# NORTH EAST VALLEY HOUSEWIFE SAVING THE WORLD ONE SUBMISSION AT A TIME

Hello readers! This month I'm bringing you a new occasional column, Citizen Jane.

It's great to plant trees and trap pests, but one of the most effective things you can do to help make the world a slightly better place is to let politicians, and other peeps in charge, know what you think. That's right, I mean submitting on proposed plans, policies, and strategies.

If you think this sounds eye-wateringly boring, you are absolutely right. There are few things more sleep-inducing than reading through a proposed district plan change or a national waste strategy.

On the upside, nowadays you can make your voice heard from the comfort of your own couch. In less time than it takes to fall into and climb back out of a Covid rabbit hole, you can have a quick read of something and give some feedback on it. It doesn't have to be lengthy, often just a sentence expressing your support (or otherwise) for something is fine. Instead of venting your spleen on FaceTwit, why not vent it to someone who has a legal obligation to listen to and consider it? (Pity those poor civil servants who compile submissions.)

I will endeavor to bring to your attention things local and beyond that you might be interested in commenting on. This month I bring you the Dunedin City Council's Keeping of Animals (excluding Dogs) and Birds Bylaw review. The main change the Council is proposing is banning the keeping of roosters in residential areas unless owners have written permission. Personally, I don't mind the 'cock-a-doodle-do' of a rooster – it makes me feel like I live in the country – but others do, especially at 5am. You can tell the Council what you think at https://www.dunedin.govt.nz/council/currently-consulting-on/current-consultations/keeping-of-animals-excluding-dogs-and-birds-bylaw-review. You can do as little as tick a box on the submission form supporting or not supporting the new bylaw. Easy. (Submissions close 17 November.)

As an added bonus we also have the Ministry for the Environment's proposed new waste strategy *Taking Responsibility for Our Waste*. This aims to set an "innovative bold direction for everyone to transform the way we think about and manage waste". They even have a wee YouTube video to watch. Frankly, I'd like to see the people that create the waste to take a bit more responsibility for it and I think the Government could do with a bit of encouragement here so I'm going to go to <a href="https://consult.environment.govt.nz/waste/taking-responsibility-for-our-waste">https://consult.environment.govt.nz/waste/taking-responsibility-for-our-waste</a>, have a quick read of the summary document and then have my say! Go on, you can too! (Submissions close 26 November.) -- Citizen Jane

### **BUS SHELTER UPDATE**

Back in August the ODT notified the public that some Dunedin bus shelters were not up to standards. Investigations have since been completed, as promised.

community NEWS

A DCC spokesperson has confirmed some bus shelters in North East Valley, Opoho, Dalmore, and Pine Hill are among those covered by a 'Notice to Fix'. The list of affected shelters includes three in Opoho, five in North East Valley, one in Dalmore, and two in Pine Hill, all of which were

constructed between 1996 and 2013 and have since been found to lack building consent.

The Dunedin City Council is currently working to remedy the situation. The bus shelters remain safe for the public to use.

### RETROFITTED FOR THE FUTURE

Another exciting makeover is being undertaken here in the Valley! A couple years back, Mercury Power and local Control Focus electricians brought you Evie, the blazing yellow, 1957 classic Ford Fairlane that traded its combustion engine for a fully electric alternative. Now a 1983 Toyota 4WD Hilux is on a roll to join Evie on the other side!

Affectionately dubbed the 'Electrolux' by its new owner, Control Focus Managing Director, James Hardisty, this classic pick-up was one of the toughest in its era. Many *still* consider the 3rd-generation Hilux the ultimate off-roading vehicle and is highly sought among collectors worldwide.

As an electric conversion with a fresh, smooth-as-butter mustard coat, will Electrolux be too nice to take off-road? Come January '22, James and his team at the neighboring Valley Community Workspace will be the first to find out.

Consider the power in the transplants: its permanent magnet motor can produce 350 newton meters of torque powered by a 70kwh battery pack of Lithium Ion Phosphate cells (a.k.a. LiFePo4); the battery pack is composed of 95 X 230ah (amp hour) batteries in series (bulk battery configuration) having a nominal voltage of 302v dc; range of 250km with a fast recharge time of 1.5 hours; onboard 6.6kw charger for overnight charging; 3 cents per km to run on the open road; main speed controller is NZ made by Scott Drive Ltd., and battery management system is designed right here in the Valley by EV-lution.

Could your lemon use a new lease on life? Need the jargon translated? Drop into the workshop on Allen Street.

-- Krysha Brzuza





### **TURNING TIDES - DARLING REALTY REVIEW**

Here's a quick update on the real estate market from a sales and property management viewpoint in the Valley. On the sales front, quality family homes in our area are generally quite tightly held, which is still the case, and investment properties in North Dunedin used to be highly sought after. However, the tide has turned on the residential property investment market due to the most recent changes announced by our government.

The introduction of a 10-year bright-line test and the inability to claim the interest on your investment property mortgage (unless it is a new build) has seen a significant reduction of attention from investors as, quite frankly, the numbers no longer stack up. The economists and banks are predicting interest rate rises which further disincentives people from entering this market, and we are seeing clients and customers either sitting on their hands and waiting to see what happens or looking elsewhere for a return on their money. The upside to this is the opportunity for first-home buyers to now get into the market. The valley has always been a popular location for young families to cut their teeth.

Quality family homes are still in high demand with purchasers and if you have an empty section in the sun for sale, expect a high level of interest from all and sundry, just as long as the pandemic doesn't stifle our building supply chain.

On the property management front, with the leasing season coming to an end for students, we have noticed the students are getting in faster each year, with leasing season commencing in late April, early May this year, rather than July in previous years. Warm family homes are still extremely sought after as there is not enough of these around to accommodate everyone. What we do have come up leases extremely quickly, and most after just one viewing with our office seeing multiple applications. The rental sector is very much driven by market forces of supply and demand.

DARLING
REALTY
Lincoln Darling Real Estate
Licensed Agent (REAA) 2008
PROPERTY MANAGEMENT

If you ever need any advice on leasing or selling or where you can add value to your home, we are more than happy to have a no obligation, no strings attached chat. -- Tony Watts - Sales Consultant, Christine Manning - Property Manager



# ngá tatau

# art, craft & music

#### **ART CLASSES**

For all levels. Casual attendance welcome, tutor Anneloes Douglas, community rooms, 10am-noon, Thur. 1 027 307 7034 467 9993 ■ anneloes.douglas@xtra.co.nz

#### **ART CLASSES**

Continuous class, newcomers welcome, 1–3pm, Wed, community rooms; 1-3pm, Thurs, St Peter's Church Hall, Caversham; 7–9pm, Thurs, Logan Park High School, \$15 per session. SFriederike 482 2025

#### **ART FIBRE DUNEDIN**

Bring lunch and requirements, 10am-3pm, second Sun each month, community rooms, Viv 473 0343 artfibredunedin.blogspot.com

#### **DUNEDIN FIDDLE CLUB**

Mostly Celtic tunes, mostly fiddles. New players always welcome! Wednesdays 7:30pm at The Valley Project community rooms. Just drop in or **■** anna.bowen1@gmail.com

#### **KNITTING SQUAD**

BYO knitting or crocheting, or come & learn, Valley Project community rooms, 1pm-3pm, Wed. Marjory 473 7751

#### **LEARN TROMBONE**

From winner of Dunedin Youth Jazz Festival best trombone, and Otago Rockquest best musician - contact 

#### **MUSIC LESSONS**

Celtic style flute, tin whistle, and guitar lessons by Rennie Pearson. □ rennie.pearson@gmail.com renniepearsonmusic.com

#### **MUSIC LESSONS**

Guitar, drums, singing, with professional musician. All ages. Contact Bevan: • 027 363 1376 or **w** bevan37@hotmail.com

#### SOUNDS NOR'EASTERLY

Do you enjoy singing with a group? Why not join your local community choir? All ages and abilities welcome. DNI design lobby every Tues, 7.30–8.45pm. Email Marion for info 

#### **STAND-UP COMEDY**

Open mic at Inch Bar, 1st and last Wed. Comedy workshop Mondays 5–7pm at George St McDonalds. Open to all skill levels. Contact reuben@dunedincomedy.co.nz

#### THE QUILT PROJECT

All ages, genders, and levels of sewing experience welcome. Complimentary drinks. Nov. 23, 11–1pm, community rooms. northeastvalley.org/post/ the-quilt-project

#### **UKULELE SESSIONS**

Wed, 7–8.30pm, Valley Baptist Community Center, 280 North Rd. Just turn up or text Adrienne **1** 027 389 2574 for more info.

#### **WOMEN'S ART GROUP**

Art & craft group aimed at helping new Dunedin residents learn & share skills & connect with others. Fri 11.30 -1pm, Valley Project community rooms, 262 North Rd.

## community

#### **BIBLE HOUR**

Friendly small group Bible learning over morning tea, Sun, 9.30am, DNI (tech area) during school terms. All welcome, free. 📮 020 4079 5727 or dunedinchristadelphians.org

#### **BIKE WORKSHOP**

Get help, use our workshop. Bikes available for koha, 3.30-6pm Tues, and 9.30am-12.30pm Sat. Valley Community Workspace, 11 Allen St. Email Peter **■** peterd0n@yahoo.com

#### **COMMUNITY ACCOUNTING**

**Dunedin Community Accounting** provides free accounting training & advice for non-profits in Otago. For more info call **□** 0800 113 160, **□** kiaora@dca.org.nz 🖵 www.dca.org.nz

#### **COMMUNITY PATROL**

Dunedin North Community Patrol. Assisting Police to ensure our communities are safe to live in. Volunteers welcome. Call Garry for more info: 027 364 1485

#### **DALMORE COMMUNITY GARDEN**

Pine Hill, Dalmore Reserve. Entrance on Allenby Ave. Gardeners needed. Get in touch to help or come along to working bees on 2nd & 4th Sun each month, 3pm. All welcome. Tools provided. No experience necessary. • Dalmore Community Garden Pine Hill or **■** dalmorecommunity garden@gmail.com

#### **DUNEDIN MAKERSPACE**

Work on project, watch others and chat, 1pm-5pm, Sat; organised talks, 7pm, Thur, Valley Community Workspace, 11 Allen Street.

### **DUNEDIN REFUGEE & MULTICULTURAL WOMEN'S**

Dunedin Refugee Centre, meet at the community rooms, 262 North Rd, 9.30-11.30am, Fri. 473 8944

#### **ENABLING LOVE**

Looking for friendship & social connection? 18-65 years welcome to weekly coffee group at Otago Museum cafe, Thurs, 1–2pm. More at enablinglove.nz or email Joshua for venue: 

enquiries@enablinglove.nz

#### **FRUIT & VEGES NFP**

Fresh fruit and veges at wholesale prices with All Saints Fruit and Veges. Small, med, family weekly bags. Order at St Martins, 194 North Rd, Thur, 4.30pm, or sign up online: **⋤** fruit.vege.allsaintsdn.org.nz

#### **LEGAL ADVICE**

Free legal advice at Community Law Otago, available by apntmt. Legal advice by qualified lawyers, practical solutions. 474 1922 or email 

#### **MEN'S PROBUS**

NEV bowling club, 10am, 2nd Mon ea. month, new members welcome. 📞 Peter 455 1256, 💌 peabee@ xtra.co.nz or \$\sime\$ Don 473 7544

#### **NEED A JP?**

The Valley Project have a IP service every Saturday from 11am - 1pm.

#### **NEIGHBOURHOOD SUPPORT**

Create safer, more caring communities. For info and local contacts **\** Davis 456 0857 or □ 027 476 6047 or email: 

#### **NORTH DUNEDIN SHED**

New members welcome. Open Wed and Sat mornings, 35 Bonnington St. overbridge. Find us on G North Dunedin Shed Society Inc.

#### **NORTH EAST VALLEY COMMUNITY GARDEN**

**NEV Community Garden is directly** behind NEV school. Pay us a visit! We meet every weekend: 1st & 2nd Sat. 9.30-12pm. 2nd & 4th Sun. 1-4pm.

#### **VOLUNTEERS NEEDED**

CREST train at the Botanic Garden. Can you help? Volunteers needed for driving, ticketing, commentary, maintenance. 🖵 cresttides.org.nz or Rodger 027 471 4902

#### WILD DALMORE RESERVE

Help us protect and restore the native biodiversity of Dalmore Reserve. We meet most Sunday afternoons. Entrance at 20 Allenby Ave, Pine Hill. Contact us through ♠ Wild Dalmore Reserve or phone/ text **Q** 021 206 3593 for info.

# employment

#### MANAGER, VALLEY PROJECT

Seeking experienced and communityfocused manager. Strategic leadership, event coordination, grant and fundraising management. For full job description  $\square$  email: robthomson@northeastvalley.org

#### WORKBRIDGE

A FREE specialised service assisting work-ready people with any health conditions/learning difficulties/ injuries to find suitable employment. All aspects of vocational prep provided - CV's, cover letters, job search, interview skills, placement. Once employed, support continued 12 months more. **Q** 0508 858 858 or visit 🖵 workbridge.co.nz

### fitness & health

#### **BALANCE CONNECTION**

Gentle exercise class that everyone can do. Core strengthening and stretching, followed by meditation. Saturdays, 10–11am. Live virtual class during Covid Levels 2-4. 

#### **BELLEKNOWES GOLF CLUB**

Green fees \$15. \$10/player after 4pm. Come & enjoy our fantastic 9-hole golf course on Lawson St. Spectacular views over the city. Secretary, Christina King, 467 9499

#### **DUNEDIN BMX CLUB**

Race night, Forrester Park BMX track, 5:30pm, Thur.

#### **FOLK DANCING FOR FUN**

Valley Baptist Community Center, 270 North Rd, 10am-11.30am, Fri, \$4. Yvonne 455 2406, stureid1@yahoo.co.nz

#### **INDOOR BOWLS**

Play indoor bowls at the NEV Bowing Club, 139 North Rd, Thurs, 1.30pm start. La Terry Boylan 473 0049

#### KIND LIVING

Relaxing massages for mind and body, aware yoga and self-leadership coaching. Valley dwellers and friends are invited to ask for a special discount on their first massage. Visit \( \square\) kindliving.co.nz or contact Uschi 027 360 0238

#### **KUNG FU**

Fitness, discipline and self defence. Classes for 7–12 years Wed, 5–6pm, Sun, 3-4pm, teen & adult classes, Wed, 6-7.30pm, Sun, 4-5.30pm, Nga Maara hall. Contact Kenneth ☑ Dunedin@shaolinkungfu.co.nz or **Q** 022 094 6357

#### **MASSAGE FOR WOMEN -**SPRING SPECIAL

Remember what it's like to feel calm, grounded, and completely at home in your body? There's no reason to wait. Invest in yourself and book a massage with Uschi 🔲 027 360 0238 For more info and testimonials: kindliving.co.nz/massage

#### **ORTHO-BIONOMY**

In pain or discomfort? Had surgery or injuries? Ortho-Bionomy is a gentle way to help you in the process of maintaining your balance or accessing your resources during your recovery! For more info and bookings visit 🖵 juliafast.nz

#### **PARKRUN**

A free, weekly timed 5km run/walk, Sat, Botanic Gardens. Meet at café, 8am summer, 9am winter. Go to parkrun.co.nz for more info.

#### **STEADY AS YOU GO**

(Age Concern) Gentle balance and strength exercises, Valley Baptist Community Center, 10.30am-11.30am, Mon, and Pine Hill School Library, 11am, Thur.

#### **TANNOCK GLEN**

The 3.5acre garden of the Dunedin Rhododendron Group is situated in Torridon St, Opoho. Members of the public are invited to visit at any time. Dogs permitted on a lead.

#### THREE LEFT FEET

Social dance group, no experience or partners necessary. European dance – folk and traditional, \$5 or \$7.50 per couple, Nga Maara hall, 6–7pm, Thur. 

Marilyn 0274 463 358

#### YOGA IN THE VALLEY

Instructor Adair Bruce, 6–7pm, Mon & Fri, DNI designspace; 9.15– 10.15am, Mon & Wed, community rooms. \$10 waged, \$8 unwaged. More info ■ adairbruce@hotmail.com

#### **ZEN MEDITATION**

Traditional Zen for beginners and experienced people. All welcome. 7pm Thur. at the Quaker Rooms, 15 Park Street, Dunedin North. Koha please. 6wk beginners courses through the year. 7-day retreat on Quarantine Island annually. Any questions phone Glenn 473 6256

# for families, kids, and teens

#### **DUNEDIN CITY TOY LIBRARY**

A vibrant toy library for children from birth to 7 yrs. Huge range of toys, ride-ons, dress-ups, puzzles, games. Valley Baptist Community Centre, 270 North Rd, 3.30–4pm Wed, and 10–11.30am Sat.

#### **MAINLY MUSIC**

Leith Valley Church, Malvern St, Wednesday 10am, \$4. Contact: Fran 467 9208 (Leith Valley Church Phone No) or 027 456 1188

#### MT CARGILL GIRLGUIDES

Pins, brownies, guides, and ranger groups in the valley. ☐ 0800 222 292 or ☐ info@girlguiding.org.nzipp

#### **NEV PLAYGROUP**

For 0–5yrs, variety of experiences to enhance development of your child and meet other local young families. Free morning tea and lunch provided for adults. Please supply child's morning tea. Valley Baptist Community Centre, 270 North Rd, 9am–12pm Tue & Wed.

#### ■ nevplaygroup@gmail.com

#### **OPOHO PLAYCENTRE**

A nurturing play space for 0-6 yr-olds where children and their whanau attend together. Focus is on child-led learning through play. Come make friends, play, learn, and grow. Three free visits. 28A Signal Hill Road. Mon-Fri 9am−12pm following school term times. Find us on Facebook, contact us at opoho@playcentre.org.nz, or 027 880265

#### **OPOHO SCOUTS**

Keas, 4pm–5pm, Tues; Cubs, 6pm–7.30pm, Thur; Scouts, 6.30pm–8.30pm, Wed. Opoho Scout Den.

Shane: opoho@group.scouts.nz

#### **PRESCHOOL MUSIC**

At Opoho School, 9am–9.30am, Fri, during school term. Room #3. Gold coin. Drop in. 473 8019

#### **RUDOLF STEINER**

Te Whare Ako Marie, Pinehill & Maia. A sanctuary for creative play for children from birth to kindergarten. A place of peace and friendship for parents. Groups meet weekly, term time. 471 2163 or dunedinsteinerplaygroup@gmail.com

# SPACE FOR YOU AND YOUR BABY

Programs run by registered ECE teachers supporting families through their first year with a new baby. School terms, 12.30–2.30pm, day TBC, Valley Baptist Community Centre. ☐ 021 150 9165 or space.valleybaptist@gmail.com

#### **SUNDAY SCHOOL**

Variety of classes with stories, crafts, songs, and more. Ages 4–18yrs, 9.30am Sun (term time only), DNI (tech area). All welcome! No charge. ☐ 020 4079 5727 or go to ☐ dunedinchristadelphians.org

## further education

#### **CITIZENS ADVICE**

Dunedin Citizens Advice Bureau - a free confidential service for all. We can help with tenancy problems, employment issues, consumer problems & host of other issues. Rodgers House, 155 Princes St, 471 6166 cab.org.nz

#### **COM2TECH**

A community-led group that offers a range of free classes to upskill our communities in communications technology and online safety. See Pg #4 of this publication for details.

office@com2.tech com2.tech

#### **INSPIRING MATHS CLASSES**

Affordable creative maths classes and maths art after school at my home in North East Valley.

Inspiring Maths Classes.

■ Sandra.Dunedin@gmail.com

#### **ITALIAN CLASSES**

Experienced teacher, native speaker of Italian. Small groups, all levels, from absolute beginners to advanced and conversation ☐ 027 341 8312, 473 0832 ■ antonella.vecchiato@gmail.com ☐ italianclasses.co.nz

#### **LEARN ENGLISH**

English for daily life and work. Free and low cost courses. Contact Tamara or Felicity at English Language Partners 455 5266 dunedin@ englishlanguage.org.nz

#### **NATIVE FRENCH TUTOR**

Conversation, preparation for exams, for adults and children. Hourly rate. ☐ Sandrine 021 107 5814 or sanfeillet@gmail.com
French Up Your Life!

#### **SPANISH LESSONS**

Learn Spanish in a fast and fun way. All levels and wide time availability. ☐ Luana 027 284 7836 or I luana.suarez26@gmail.com

# housing

# FIRST HOME BUYERS SEEKING HOUSE IN VALLEY

Thinking of selling? We would love to chat:) Text or call Elena & Nick ☐ 027 325 7168

#### **HOUSE SHARE PINE HILL**

Furnished house share, Liberton. 3 min. from bus stop. Pinehill. Usually appreciated by PhD student due to peaceful setting. 112 dlrs. Religious people welcome. 

Anne 022 480 0676

#### **HOUSE SITTER WANTED**

Nice big house on sunny side of NEV. Lovely garden. Would involve looking after 2 fairly easy dogs, rabbits, and fish. All animal expenses will be covered. Mid-December to approx. mid-March. **Q** 022 049 8174

#### **SEEKING SLEEPOUT**

I'm looking for a sleepout in North East Valley. If there's anything available please contact me: ☐ 021 086 22 922

# trading corner

#### **BABYSITTER**

10 years of childcare experience. Full drivers licence. Have worked with twins. 

Kelly 027 697 9194

#### **BABYSITTER**

High school student available for babysitting evenings and weekends. 
☐ Laura 027 905 9911 after 4pm

#### **BABYSITTER IN NEV**

Children of all ages. Experienced 26-year-old. Wide hourly availability. ☐ Luana 027 284 7836 or email ☐ luana.suarez62@gmail.com

#### **CAKE BAKER**

Home-baked cakes large/small for your pleasure. Made to order. Price list available. 473 0159 (evenings)

#### **COMPUTERS**

I fix computers! Low rates, great service, Windows, Linux, Mac, Android. Matt 022 048 0012

#### **GARDENER**

Gardener available, light weeding/ trimming, winter rose pruning. Very experienced, \$30/hr, 473 0159 (evenings)

#### GARDENER/CLEANER/ HOMEHELP

I offer general household cleaning, assistance, weeding and trimming at \$30 an hour. I use my own cleaning products/gardening tools. ☐ Hannah 027 713 3094

#### **GARDENER/LANDSCAPER**

☐ Backblokgardens.nz. Section clearing, tree pruning/shaping, planting, custom planters, retaining walls. ☐ 021 023 44 938

#### **HAIRDRESSER**

Retired senior hairdresser providing service for seniors. Your home or mine. Dunedin North only, 4 Helen 467 9644 or 1 021 104 1011

#### **LABORER NEEDED**

Couple needing 4-5 days labor in exchange for original artwork of choice. Choose from ☐ rodeales. wordpress.com. Property in Upper Junction. Lunches provided. 
♣ Rod 473 6452

#### **SEA BLOOM**

A local business specialising in custom resin accessories and home decor - the perfect treat for yourself or a gift for a loved one. Find Sea Bloom on Facebook or Instagram, or here: 

seabloomnz.company.site

## church services

#### SALVATION ARMY

43 North Rd, community worker only, Mark O'Donnell

**SACRED HEART CATHOLIC** 89 North Rd, Mass 9.30am

**GLENAVEN METHODIST** 7 Chambers St, 11am

#### PACIFIC ISLAND PRESBYTERIAN 160 North Rd. English, 11am on 1st,

2nd, and 3rd Sundays; Cook Island 9.30am; Samoan 11am, 4th and 5th Sundays

#### ANGLICAN: ST MARTIN'S 194 North Rd, 10.30am

#### ST THOMAS'

Raleigh St and Pine Hill Rd, children & family service, 4.30pm, 3rd Sunday

# **OPOHO PRESBYTERIAN** 50 Signal Hill Rd, 10am

#### NEV PRESBYTERIAN

Community rooms, 9.30am, 11st, 3rd, and 4th Sundays, cafe service, contact Shona McDonald, 453 0145

ST MARK'S PRESBYTERIAN 304 Pine Hill Rd, 10am

# INTERESTED IN ADVERTISING WITH CLASSIFIEDS?













To add or update a listing please email voice@northeastvalley.org before the 20th of the month.

Koha is appreciated, but not essential, for classifieds.

If you would like to make a donation, the Valley Project bank account number is 03-1726-0005606-000 Reference: VVDonation





lyn.howe@forsythbarr.co.nz (03) 477 7464 | forsythbarr.co.nz



#### **SUPPLE GROUNDING**

yoga and more for the pelvis and its floor

10am Mondays STUDIO TULA







# We're here for you,

100% locally owned and operated. Ask about our eco and pre-planning options.

407 Hillside Rd. Dunedin gillions.co.nz

Funeral Directors

# Need a painter?



**COMPETITIVE RATES & QUOTES Contact Bryan:** 473 7488 or 021 108 1860 porteous.a.b@gmail.com



# HOME IS WHERE OUR STORIES BEGIN

Check out the most beauteous aerial photo of our quaint pocket of the planet! It will henceforth serve as the header for the Valley Voice because it's a capture worth admiring over and over again, and encompasses all areas we affectionately call 'The Valley'. David Wall is a local photographer known for his impressive stock library and Dunedin photo tours. Keep him in mind as the gifting season approaches! davidwallphoto.com & davidwallphototours.com

## A SLICE OF THE GARDENS

Our stunning local Dunedin Botanic Garden recently celebrated the 50th anniversary of its annual Rhododendron Festival with a series of events from art and florist workshops, to tours -and talks about one of the city's most recognised and loved plants. In the build-up to this event, local Valley resident, photographer, and writer, Guy Frederick, has been working on his

own project, culminating in the release of a poster and 2022 calendar which captures the beauty of the Garden.

Guy says the Botanic Garden has played a big part in his life since first arriving in the city as a student in the 90's and continues to do so on his daily walking commute to work. "The Gardens was one of my favourite study spots for end-of-year exams whenever the spring weather behaved, and I have always felt they are one of the city's most undercelebrated charms," Guy says. "So I decided to dedicate my skills to capture a slice of the Gardens vast beauty that comes with the annual cycles of growth and decay."

Guy is also the treasurer of the Friends of the Dunedin Botanic Garden and a portion of any profits made from sales will be returned to the Friends who support projects in the Garden through raising funds from plant sales and running the Information Centre. The calendars are available for purchase at the Dunedin Art Gallery and Toitu, and both the calendar and poster are available for order through the Botanic Garden

Information Center, or by contacting Guy directly through his website at www.guyfrederick.com.

