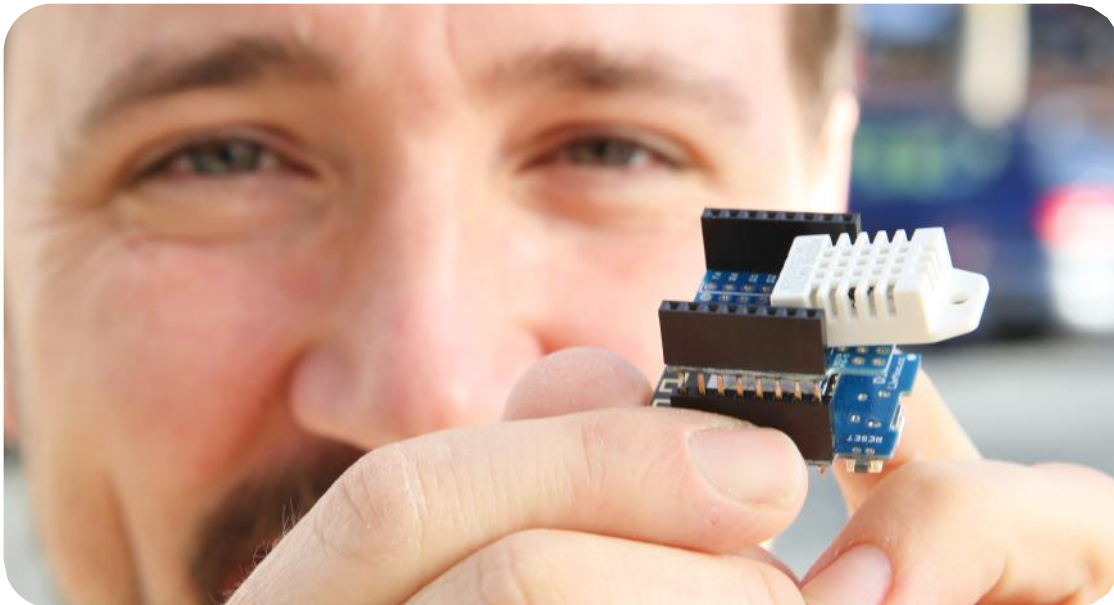


Community wired for warmth



Living Rooms project coordinator and valley resident Tim Bishop with an 'indoor weather station' to be placed in homes around the valley in a community science project to help find out the best ways to make valley homes warmer and drier.

A VALLEY-BASED community science project is asking people to place a tiny 'indoor weather station' in their homes this winter to collect data that can be used to help make changes that work for a warmer and drier home.

The Living Rooms project is funded by the Otago Museum and coordinated by the Valley Community Workspace. Project coordinator Tim Bishop is excited about the project.

"Who best to observe what works and doesn't work to keep a house warm and dry than the community members themselves?" he says.

"This is science conducted with the community, meaning not just that the outcomes are relevant to the community, but people are involved in setting the goals and collecting and analysing the data."

• continued on page 4

Former Palmers Quarry Garden for sale at \$2 million



The garden quarry in North East Valley could be developed if a zone change goes ahead under the Dunedin City Council's second generation district plan.

SHOCK, OUTRAGE and nostalgia are some of the reactions people have expressed on learning that the old Palmers Quarry Garden is for sale and has been notified for a possible zone change to residential 2 zoning through the Dunedin City Council's second generation district plan (2GP). About one third of the 75,000m² property could be re-zoned after the 2GP hearings, and is listed on TradeMe with a price tag of over \$2 million.

Property owner Fletcher Glass, of Christchurch, says he bought the property nine years ago. "I went around for a look and thought 'my word, this place is absolutely stunning, it's a flat paddock in the middle of town that's not going to be a paddock forever'."

• continued on page 4

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Learn to read a powerbill at workshop

PEOPLE ENJOYED and found our last 'Cuddle Up for Winter' Cosy Homes workshop so useful we have organised another family-friendly workshop for this month.

We will be demonstrating: how to put up window film effectively, which is a very cheap way of double-glazing; explain how to read your power bill and compare costs with other companies; discuss mould and moisture, and how to run your heat pump effectively; and how to get the most out of your curtains along with cheap and easy ways to stop draughts.

Soup and hot chocolate will be on offer, we have some spot prizes to give away, and we will have a kids area and activities. Please join us from 3pm to 4pm on Sunday 10 July at the community rooms at 262 North Rd.

About 20 people attended the last workshop and went away with positive, manageable solutions to keep out the winter cold and damp.—Charlotte Wilson



The winners of a winter wool duvet courtesy of Ellis Fibre at the 'Cuddle up for Winter' Cosy Homes workshop last month were, from left, Joann, Noah (1) and Jonathon Chen.

Letter to the editor: Use it or lose it

WITH THE closure of post boxes in other parts of the Dunedin, it seems only a matter of time before some North Rd boxes fall to NZ Post's axe.

Rather than starting petitions when planned closures are announced, one simple way to keep all our post boxes is to post whatever you can at a street box instead of taking it to the Gardens. Obviously letters containing valuables and fast-post items are excluded, but popping ordinary mail in a street box will help save the service.

And take a few minutes to write that letter you keep putting off – every little will help. Gillian Vine

Valley Project office hours:

Tuesday–Friday, 9am–4pm
Closed Mondays and school holidays



The Valley Project is a registered charitable organisation

If you like what we do you can donate at www.givealittle.co.nz/northeastvalley

All welcome to community dinner

The next Valley Project community dinner will be at 5.30pm on Saturday 30 July at the Valley Baptist hall at 270 North Rd.

As always this is a BYO affair and relies on volunteers to help organise it. Please contact Steve O'Connor on steven.oconnor@xtra.co.nz or 027 424 1828 or let our staff know at the community rooms, phone 473 8614, if you'd like to help out organising or performing on the night.—Steven O'Connor, Valley Project executive board member

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Opinions expressed in the articles are those of the authors and not necessarily shared by the editor, or any member of the Valley Project team. Submitted articles may be edited at editor's discretion.

Community power for affordable veges

ABOUT 12,000 fruit and vegetable parcels have gone out from the All Saints' Fruit and Veges initiative since it began one year ago.

The initiative from the Dunedin North Anglican Parish, based in All Saints' Church, aims to help people and families have access to healthy fresh fruit and vegetables using the collective power of the community.

They source produce directly from wholesalers and volunteers help pack it into pre-ordered parcels every Thursday morning.

Fr Ivica Gregurec says he had "heard stories of kids going to school with leftover fish and chips for lunch", and church members wanted to find a way to make fresh fruit and vegetables affordable for everybody. "The strive for social justice, solidarity and equality is one of the core values of the gospel."

Churches across the city are used as distribution centres. At present 25 families in the valley and 10 in Pine Hill regularly collect weekly parcels from St Martin's and St Thomas' Church on Thursdays. The churches would, however, love to see a lot more people using the service, Fr Gregurec says.

"All our work would be impossible without regular and committed volunteers from the wider



All Saints' Fruit and Veges volunteers with bags of produce ready to be collected from St Martins, from left, Eva Leunissen, Sue Johnstone, Fr Ivica Gregurec, Alex Brown-Hunt and Oliver Smith.

community, who are helping with packing, transportation and distribution of the produce. They are our strength and a wonderful example of the potential for positive change when people work together."

People can order produce parcels online via the website fruitvege.allsaintsdsn.org.nz. Parcels are \$3 for a single person, \$6 for a couple or \$12 for a family.

All Saints' supplied most of the vegetables for Matariki Hunga Nui at cost. They also donate uncollected produce to organisations such as Dunedin Churches Food Bank and Women's Refuge. New volunteers are always welcome. If you would like to help out, contact Fr Ivica on fruitvedgn@gmail.com or phone 022 319 6709.—Edith Leigh

Much-loved gardens wanted for garden tour



Mary Waymouth at home in her valley garden.

IF YOU love your garden and would be happy to share it, keen valley gardener Mary Waymouth would love to hear from you.

Mary is planning a fundraising garden tour in the early spring of gardens in the *Valley Voice* coverage area, which includes North East Val-

ley, Opoho and Pine Hill. The funds raised would go to the Valley Project.

The Valley Project is non-profit community-led development project, which aims to raise awareness of all the valley has to offer, build community ties, and promote the wellbeing of local families and whānau, especially children.

"I am passionate about my garden and have always wanted to use it in a way that would benefit the community I have lived in for 45 years. Your garden does not need to be perfect and weedless, just much loved," says Mary. She describes her own garden as "a working garden".

She is keen to hear from people with all sorts of gardens, large or small, growing trees, bushes, flowers or vegetables. If you would like to be involved contact Mary on 473 8065.

—Edith Leigh

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SINCE OPENING their business on North Rd, Beam Me Up Bagels, owners Ellen and Chris MacGregor say they have been “very warmly welcomed” by the valley community.

The pair started making and selling bagels at the Otago Farmers Market two years ago, before deciding they needed a permanent base with their own commercial kitchen.

“We used to live in the valley before we had children so it’s nice to come back,” says Ellen.

A big focus of their business has been to minimise waste. They use compostable straw-based plates and napkins, plant-based cups, food scraps go to friends with goats, pigs and chickens, and at the end of the day any left over bagels go the FoodShare programme. Before starting the business the pair used to enjoy eating bagels but couldn’t find any fresh, decent ones in Dunedin. So Chris decided to try making some at home and they were delicious, says Ellen.

They try to use local products as much as possible. They source flour from North Otago, use Speight’s malt and purchase fresh greens and meat from the Otago Farmers Market. “We often get asked ‘what’s in your spreads?’ and it really is just fresh, tasty ingredients.”

“Because we have a little business, it’s important to us to support other little businesses.”

All their bagels are made on site: “We just want people to get fresh, hot bagels straight from the oven.”—*Edith Leigh*



Beam Me Up Bagels co-owner Ellen MacGregor with a tray of bagels freshly baked after they went through a slow 18-hour fermentation overnight.

• continued from page 1

Community science to improve living standards

THE TINY devices monitor air temperature and humidity in the room in which they are placed. They were developed and made by the Dunedin Makerspace group, which is based in the workspace building on Allen St.

A wide variety of homes within the *Valley Voice* readership area, which includes North East Valley, Opoho and Pine Hill, are being called for to house the devices. A range of homes is needed from those that are cold and

damp to homes that are warm and comfortable for the residents, as it is just as important to look at those that are working well and those that are not, says Tim.

Pupils at Dunedin North Intermediate will also be involved in the project helping to formulate research questions and then testing their hypotheses with the measurements the data provides. The project is keen to connect with other valley schools who would be interested in be-

ing involved.

The Otago Museum has provided \$20,000 through its participatory science programme to fund a coordinator for the project and to pay for the initial measuring equipment.

To register your interest in being involved, fill out the survey on the website valleyworkspace.org or come along to the next Cosy Homes workshop at the community rooms on Sunday 10 July.

—*Edith Leigh*

• continued from page 1

Zone change for quarry in NEV notified in 2GP

THE LAND is currently leased for grazing but if the zone change goes ahead he would love to see it developed as a retirement facility. “I’m sure it’s lovely looking down from the other side of the hill, but the reality is in suburbia you can’t really expect to be looking at grass paddocks out your window.”

Reactions on the Valley Project’s Facebook page were dominated by people expressing sadness at the thought of the area being developed and a desire to see the quarry become a community asset.

Submissions to the 2GP have closed and hearings are expected to continue into next year. People can support those who have already submitted.—*Edith Leigh*

Cooking an addiction for busy chef

A NEW business selling restaurant-quality ready-made meals is a passion and a "hobby horse" for chef Karl Toth.

Your ProChef is located in the Gardens shopping area, behind the butcher, where Karl has put in a commercial kitchen to prepare his meals. He is a busy man, working as the chef at Bacchus Wine Bar and Restaurant in the evenings, and at his own business during the day.

"I'm addicted to cooking," he admits with a wry grin. "I get pleasure out of cooking something that people come back and say they really enjoyed."

Despite enjoying cooking since he was a young child, Karl didn't train as a chef until the age of 34 when he went to Otago Polytechnic. He has now been cooking professionally for the past 17 years, and while he loves his work, he is ready to move on from the unsociable hours of the hospitality trade.

Meals can be purchased in-store or ordered on-line through the YourProChef.nz website or Facebook page. He can also deliver meals, which is free for orders over \$30. Chicken fettucine is one of his most popular meals, but there are lots of different options including vegetarian and vegan and gluten-free.

—Edith Leigh



Your ProChef owner Karl Toth with some meals all ready for delivery.

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Last round of deliveries



Ethan Gaffney with the last issue of the Valley Voice he delivered.

ETHAN GAFFNEY hasn't had any encounters with dogs, but he was once chased by an aggressive chicken while delivering the *Valley Voice* community newsletter in North East Valley. The 18-year-old has been delivering the newsletter for the past "four or five" years and is now off to England and Wales for two years.

Delivering up to 850 newsletters would take him the best part of the day, but it was a great fitness builder, Ethan says. *Valley Voice* editor Edith Leigh says Ethan will be missed. "He did a fabulous job and was incredibly reliable. We wish him all the best on his overseas travel." Mary Waymouth and Steve Ward will be taking on Ethan's round, so if you see them out and about delivering the newsletter, be sure to give them a friendly wave and say hello.

Community orchard pruning sessions

Come and learn how to prune blackcurrants and redcurrants, and take cuttings home with you to plant in your garden.

Or if you already know how to prune, we would love your help. Wear warm clothes and bring secateurs if you have them, or even a pruning saw.

WHEN AND WHERE: Thursday 7 July, 11am–noon, Chingford Park; and Saturday 9 July 1–2pm, Pine Hill Park.

Will be postponed if wet. If in doubt contact Kristen on 027 779 5481.

—Kristen Bracey

SPCA fundraising dinner shatters records

FUNDRAISING RECORDS were shattered at the Otago SPCA's annual Black Tie Dinner and Charity Auction which raised more than \$40,000.

A whopping 187 tickets were sold for the May event which made for a festive atmosphere and a fantastic night that was

enjoyed by all.

Individuals and businesses kindly donated items such as artworks, wine and holiday packages that were auctioned on the night through a mix of silent bidding and a lively auctioneer. Some benefactors also contributed financially without making a purchase.

The evening included a three-course dinner prepared by The Savoy which featured SPCA Blue-Tick approved chicken breasts generously donated by Waitoa Free Range Chicken. Several diners were heard to mention they had taken two helpings of the free-range chicken dish because it was so delicious and,



Diners enjoying the Otago SPCA black-tie event.

in general, the guests were very impressed to be served this at an SPCA function.

We are very grateful to all those who supported us by donating time, energy and goods for the auction, or by purchasing items. The proceeds from the evening will go towards renovating facilities at the Opoho Animal Centre.—SPCA business development manager Kirsty Thomson

Mini Music group for pre-schoolers

A PRE-SCHOOL music and movement session has started in Nga Maara Hall at Sacred Heart School.

Mother Lorna Meddings says the group started up this term and has been steadily growing. "The kids love it and we have a cup of tea afterwards which is a nice time to chat and hang out with other parents."

There are also quite a few dads coming along to the weekly session, says Lorna.

The session runs every Monday during school terms from 9.15am to 9.45am. New people are welcome and the cost is a gold coin donation.



Billie Meddings (2) enjoying the Mini Music group with her mother Lorna.

Teen involvement called for with activities and trips

LOTS OF teenagers have visited the Valley Baptist Youth Drop-in or attended one of their events such as a ski trip and a trip to Quarantine Island/Kamau Tauru during the past few years. A small group of parents and other helpers have been running the Valley Youth Network for three years and we want to invite other parents and teens to get involved.

We're about to start planning and fundraising for our ski trip to be held late in the season this year. So if you're a teenager and would like to go skiing or snow boarding, or a parent of a teenager and would like to join us in the planning, fundraising and organising of the trip, please get in touch.

We'd also like to chat with any parents who are interested in helping to organise other social activities for our teens. Our kids are worth investing in and they're (mostly) a lot of fun to be around. We'd love to have your help at Youth Drop-in nights or to help with one-off activities. Some important dates coming up are:

Week of Work, 11–15 July. Last year we did lots of gardening around the valley which enabled some teens to cover the costs of their ski trip.

Parents and helpers information evening, Friday 15 July, 7.30pm, Valley Baptist church hall. Bring your ideas or just come to find out more. Supper provided.

Jaffa Race, 22 July. We sell cheese rolls from the car park.

Garage Sale, Saturday 6 August. Quality items can be dropped off at 11A Carr St (no old TVs please)

Contact: Steve O'Connor 027 424 1828

steven.oconnor@xtra.co.nz for offers of work for teens during week of work, if you have items to donate for the garage sale that need picking up, or if you want to find out more.—*Steven O'Connor*

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Donations of old goods called for

Have you got things in good/ saleable condition that you no longer need that are cluttering up your home?

The Valley Community Work-space is building our supplies of community tools and bikes, and also raising funds by selling donated goods on Trade Me.

So far we have just sold bikes but we are keen to branch out. If you have something we could use please contact Peter at peterd0n@clear.net.nz or 027 379 4388.—*Kristen Bracey*

Odd jobs wanted

Need windows cleaned? The garden weeded? Firewood stacked? Or a valet service for your car? Teenagers from the Valley Baptist Youth Drop-in will be working during the first week of the school holidays to raise funds for a ski trip. Where needed an adult supervisor will guide their work. If you don't have a job that needs doing but want to help out, you could sponsor a young person to do some gardening at an elderly person's house or assist in some other way. Contact Steven O'Connor on steven.oconnor@xtra.co.nz or 027 424 1828.

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Jessie



AGE: 8-10 month old female

BREED: brindle & white Boxer/Staffy cross

PERSONALITY: friendly & full of life

LOVES: human interaction & attention

Jessie is a real sweetheart and just loves people. She's a good girl and understands basic commands such as 'sit'. She will benefit from further obedience training as she is very clever and will learn fast. She generally gets on well with other dogs, although further socialisation with more of them would be good for her. She was a little wary when she first arrived to us, but has made outstanding progress. Jessie is a really lovely dog who deserves a permanent home of her own. Come and meet her today!

Sheba



AGE: 5 year old female

BREED: short-haired tabby cat

PERSONALITY: friendly & chatty

LOVES: affectionate pats and snuggly sleeping spots

The adorable Sheba is a real survivor! She spent time in intensive care at Mornington Vet Clinic after a collision with a vehicle in February. She was fortunate to come through the ordeal with no disfigurement and is a very beautiful girl. At first she was thought to be blind due to the accident, however this was quickly diagnosed as loss of menace reflex. This means her eyesight is okay but she does not flinch from threatening movement. As a result, it would be ideal for Sheba to be mainly an indoor cat, only occasionally enjoying the outside world under careful supervision. Sheba is a lovely cat and would make a wonderful companion for someone looking for a close friend. Call SPCA Otago for more information about this little sweetie.

Help spread
the *warmth*
this winter



SPCA

Fossil leaves could be in Dalmore

LIKE THE yeti, the Fiordland moose and the mid-Canterbury wild cat, apparently Dalmore has its own mysterious species: the elusive Pine Hill leaf beds.

Leaf beds are layers of fossil leaves preserved in sedimentary rocks. The Pine Hill leaves fell from the forests that grew on the slopes of the young Dunedin volcano between eruptions around 11–12 million years ago.

They were then preserved in lake or stream sediments, before being buried by later lava flows. Fossil leaves tell us what plants were growing here and what the climate was like then.

Dunedin's most well-known fossil leaves are the Kaikorai leaf beds in Frasers Gully, and more have recently been found near Waitati. The only description of the Pine Hill leaf beds is in a 1936 paper of the Royal Society of New Zealand: "Some specimens of conglomerate from Pine Hill, overlooking Woodhaugh Gardens were received. A large-leaved *Coprosma* ... is recognisable."

Associate Professor Daphne Lee at the University of Otago told me that a few decades later Professor Doug Campbell looked for the leaf beds without success. It is likely they were covered or destroyed when the motorway was built in the early 1960s, but Daphne reckons they could still be lurking in a Dalmore back-



yard. I asked my friend Dr Liz Kennedy, a paleobotanist (plant fossil bod) with GNS Science, for some tips on what to look for if you are on the hunt for fossil leaves.

Strangely, the Pine Hill leaf beds were described as coming from a conglomerate, a pebbly rock made from river gravel that you wouldn't expect fossil leaves to be well preserved in. More commonly, fossil leaves are found preserved in fine-grained rocks like mudstone.

This sort of rock splits into layers fairly easily if you hit it with a hammer and may reveal little leaf imprints like the one in the photo. Perhaps the leaves are hiding out in thin mudstone layers within the conglomerate.

If by chance you do dig up some fossil leaves in your Dalmore backyard our friends at the University of Otago and GNS Science would love to know.—*Helen Jack*

Burglaries an ongoing problem in north end

IT'S HARD to believe a year has passed since the Under-20 FIFA Football World Cup was held in New Zealand with the winning team, Serbia, domiciled in Dunedin for the majority of that time before moving to Auckland and taking the ultimate prize.

You may recall I was their police liaison officer, a very proud moment for me and a highlight of my policing career, so recently I re-read the article I wrote at the time to reminisce. What struck me immediately was that I started the column by reporting that 'burglaries in the North Dunedin area continue to remain a problem'. What's changed? Unfortunately

not a lot, with at least one burglary offence reported in the greater North Dunedin area every day. Yes, predominately the varsity area is hit quite a lot but North East Valley and its surrounds have their fair share.

Police, Campus Watch, the Dunedin City Council and Neighbourhood Support have invested time and money with a 'lock it or lose it' campaign in an effort to stem the flow, but it's still happening.

Police patrols are 'tasked' to patrol areas where high-volume crime is being reported, as is the North Dunedin Community Patrol but we need your help in an attempt to stamp out this type of criminal

offending. When I moved into this position two years ago, I was surprised by the number of support networks available to the community and what a close knit group of people it is.

I firmly believe we can further improve on this and really look after each other. Being a victim of crime will not go away overnight and if it's a burglary, well, frankly, it can be life shattering.—*Brendan Thomson*



Community constable
Brendan Thomson

Plunket

Plunket Clinic now at the North East Valley Community Hub, 262 North Road

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MP

NZ First Office
181 Hillside Rd
5th Dunedin 9012
Dunedin North Electorate Secretary
Sadie Andrews

Hours 10am to 2pm
Tues, Wed, Thurs, Fri
Ph 456 0349

POP-
UP artist

From DNA researcher to landscape artist



Artist Julia McNaughton painting Mt Kyeburn.

SNOWY MOUNTAINS, big skies, braided rivers and tranquil lakes — I used to go skiing and tramping; now I pack my backpack to go landscape painting.

There is a special pleasure in painting outside. Partly it is the challenge of being out in the sun (which dries out my paints), the wind (which blows over my easel) and the sandflies (which get stuck on my half-finished picture). The best bit is the need to look long and hard at a beautiful view in order to draw it. This critical looking greatly enhances my understanding and enjoyment of what I'm looking at. Rhythm and repetition, contrast and balance, even the underlying geology and history — it is this appreciation of the landscape that I try to capture in my paintings, rather than making a photographic record.

About seven years ago I abandoned my career as a DNA researcher, and went back to school (King's High) to learn about art. I am still learning, attending print-making classes at the Dunedin School of Art, and getting constructive criticism and valued support from the NEV painting group. I can be contacted on julia_mcnaughton@hotmail.com—*Julia McNaughton*

church services

Salvation Army, 43 North Rd, Nitechurch, 6pm

Sacred Heart Catholic, 89 North Rd, Mass 9.30am

Glenaven Methodist, 7 Chambers St, 11am

Pacific Island Presbyterian, 160 North Rd, English 11am on 1st, 2nd and 3rd Sundays; Cook Island 9.30am; Samoan 11am, 4th and 5th Sundays

Anglican: St Martin's, 194 North Rd, 10.45am

St Thomas', Raleigh St and Pine Hill Rd, 4pm

Opoho Presbyterian, 50 Signal Hill Rd, 10am

NEV Presbyterian, 224 North Rd, 9.30am cafe service

St Mark's Presbyterian, 304 Pine Hill Rd, 10am

NEV Baptist, 270 North Road, 10.30am.

Saturday 2 July
9am–noon

Sunday 10 July
1pm–4pm

Saturday 16 July
9am–noon

Sunday 24 July
1pm–4pm

community garden working bees

top paddock behind North
East Valley Normal School

for families, kids & teens

DUNEDIN TOY LIBRARY

A vibrant toy library for children from birth to 7 years. Huge range of toys, ride-ons, dress ups, puzzles, games. St Martin's Hall, Northumberland St, 10–11am Wed, 10–11.30am Sat.

FANTAIL TRAILS

Unstructured exploration in nearby nature for families with young children, on www.meetup.com/Fantail-Trails, or email gabrielle.david@gmail.com

MINI MUSIC GROUP

Preschool music and movement session, 9.15–9.45am, Mon, Nga Maara Hall, Sacred Heart School, school terms, gold coin. All welcome.

MT CARGILL GIRLGUIDES

Pippins, brownies, guides and ranger groups in the valley. More info on Facebook or Ph Eileen 476 1813.

NEW PARENTS' GROUP

Coffee group for parents with babies, 10am–noon, Mon, community rooms. All welcome. Ph Charlotte 473 8614.

OPOHO PLAYCENTRE

Sessions for 0–6 year olds, 9am–noon, Mon–Fri, school terms, 28A Signal Hill Rd. Visitors welcome. For more info ph 473 0819 or email opoho.playcentre@yahoo.com

OPOHO SCOUTS

Keas, 5.30pm–6.30pm, Tues; Cubs, 6pm–7.30pm, Thur; Scouts, 7pm–8.30pm, Wed. Opoho Scout Den, Ph Kevin 0800 SCOUTS.

PLAYGROUP

Leith Valley Church, Malvern St, 10am–noon, school terms. Ph Julia 027 635 8181.

PREGNANCY YOGA

Move & breathe your way towards a positive birth with experienced yoga teacher & birth educator Uschi Heyd, ph 027 360 0238, 473 0393 or visit www.birthcircle.org

PRESCHOOL MUSIC

At Opoho School, 9am–9.30am, Fri, during school term, Room 3, gold coin, drop in, Ph 473 8019.

RUDOLF STEINER

Playgroup in Pinehill, 10am–noon, Mon, Thur and Fri (Te Reo Māori group), 351 Pinehill Rd, \$3 koha & piece of fruit, Ph Steiner School 471 2163.

SPACE PROGRAMME

Programme to support new parents through first year of child's development (Supporting Parents Alongside Children's Education). Day and time of sessions organised around the group, Valley Baptist Church. Contact Amy on space.valleybaptist@gmail.com or 473 0014.

NEV PLAYGROUP

Come along with your children 0–4 years, Baptist Hall, 270 North Rd, 9am–3pm, Tue, Wed. Ph Michael 473 0572.

ZUMBA

All welcome with or without children, qualified instructor Liana, 11am–noon, Mon, Baptist Church hall, \$5, ph 021 299 1024.

fitness & health

BUDDHISM

Introduction, meditation, Q&A. Sundays in the valley. Interested? Ph 473 6256 or 021 174 9290.

CLASSIC YOGA

Move, breathe & relax with professional yoga and meditation teacher Uschi Heyd. Classes start in March, www.birthcircle.org/yoga-classes for more info.

CONTRA DANCE

7.30pm, Mon, \$3, 52 Dundas St. Ph 473 8640 for more information.

DUNEDIN ACROYOGA

Combining acrobatics and yoga, no partner needed. Beginners classes available. 6–9pm, Tue, Opoho Presbyterian Church, 50 Signal Hill Rd. Find us on Facebook or email joske@gmail.com

DUNEDIN BMX CLUB

Race night, Forrester Park BMX track, 6pm, Thu.

FOLK DANCING FOR FUN

Baptist Church, 270 North Rd, 10am–11.30am, Fri, \$3. Ph Yvonne 455 2406, stureid1@yahoo.co.nz

FREE FITNESS CLASS

Outdoor circuit training, NEV Normal School, 9.30am Sat. All welcome. Ph Knox Rehabilitation Clinic 474 0517.

INDOOR BOWLS

Friendly games, 1pm start, Thur, NEV Bowling Club, 139 North Rd. Ph Jack 473 9565 or Sean 473 8822.

HISTORICAL DANCE

Explore European dance from the medieval era to the late 19th century. Historical dance workshop, 2nd Sun each month, 10am–noon, Nga Maara Hall, 63 North Rd. Beginners welcome, \$10, www.frenchdancing.co.nz

LEARN TAEKWONDO

Korean martial art, supportive environment. Training Mon, Thur, NEV Normal School hall, 6pm–7.30pm. Ph 027 412 5770 or dunedinolympictkd@hotmail.co.nz

MEDITATION

Meditation and mindfulness afternoon workshop every two weeks, ph 021 035 2392, www.meditatenz.com

OPOHO BOWLING CLUB

Dunedin's friendly little club on the hill. Become part of our lawn bowling community, club day 1.30pm, Mon. Ph Paul and Bridget 471 0743.



Classifieds and community notices (for non-profits)

CHANGING WAYS

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SELF DEFENCE COURSES

For women and girls, learn simple
ways to use your mind, body and
voice to keep safe. Contact Imogen to
arrange evening or weekend course,
ircoxhead@gmail.com

SPAN NEV

Stretch'n'flex, gentle low-impact
exercise, St David's Presb Church
lounge, 10am–11am, Tue, over-65s
\$. Ph 473 9311.

STEADY AS YOU GO

(Age Concern) Gentle balance and
strength exercises, NEV Baptist
Church, 10.30am–11.30am, Mon, and
Pine Hill School Library, 11am, Thur.

THEMED MEDITATION

Proposed weekly meditation group.
Variety of methods, secular. Sun or
Mon evenings. Ph 473 8640.

THREE LEFT FEET

Social dance group, no experience or
partners necessary. European dance –
folk and traditional, \$5 or \$7.50/
couple, Nga Maara hall, 6pm–7pm,
Thu. Ph Marilyn 473 7829.

YOGA IN THE VALLEY

Instructor Adair Bruce, DNI tech
block, 6pm, Mon–Fri, \$5 waged, \$4
unwaged; St David's Church, cnr
James St & North Rd, 9.15am, Mon,
Wed, Fri, adairbruce@hotmail.com

ZEN BEGINNER GROUP

An introduction to Zen meditation for
8 weeks, Tue, 7–8pm, 215 North Rd,
no charge. Ph Jim 027 426 6710 or
Glenn 473 6256.

ITALIAN CLASSES

Exp teacher, native speaker of Italian
(PhD Linguistics), ph Antonella
473 0832 or 027 341 8312,
antonella.vecchiato@gmail.com,
www.italianclasses.co.nz, Benvenuti!

LEARN ENGLISH FAST

English for daily life and work, free.
Contact Paul or Tamara at English
Language Partners 477 7261,
dunedin@englishlanguage.org.nz

LEARN ITALIAN

Planning a trip to Italy this year? Fun,
communicative lessons with qualified,
experienced teacher. Ph Samantha
021 0831 8408.

art, craft & music

ARTYFACTS

Art group for support and motivation,
bring your own work, 9.30am–noon,
Wed, free. Ph Patricia 473 1494.

ART CLASSES

For all levels, casual attendance
welcome, tutor Anneloes Douglas,
community rooms, 10am–noon, Thur
and 6pm–8pm, Fri. Ph 027 307 7034,
467 9993, anneloes.douglas@xtra.co.nz

ART CLASSES

Continuous class, newcomers wel-
come, 1pm–3pm and 7pm–9pm,
Wed, St David's Church, \$15 per ses-
sion. Ph Friederike 482 2025.

ART FIBRE DUNEDIN

Bring lunch and requirements, 10am–
3pm, second Sun each month at the
community rooms, Ph Viv 473 0343,
www.artfibredunedin.blogspot.com.

DUNEDIN FIDDLE CLUB

Community rooms, 7.30pm, Wed.

KNITTING SQUAD

BYO knitting or crocheting, or come &
learn, community rooms, 1pm–3pm,
Wed. Ph Marjory 473 7751.

QUADRILLE CLUB

We are looking for musicians to col-
laborate with the Quadrille Club on
an informal basis. Our dance reper-
toire is mostly from the 18th/19th
centuries. Contact Kate at
info@frenchdancing.co.nz

NEV KRAFTERS

Craft group—all crafts welcome.
7.30pm–9.30pm, 2nd and 4th Wed
each month, Valley Baptist Church.

EXPERIENCED WOMAN GARDENER

Wants work in Dunedin North area
Phone 0274 738 065

SOUNDS NOR'EASTERLY

Do you enjoy singing with a group?
Why not join your local community
choir? All ages and abilities welcome.
DNI design lobby every Tues, 7.30–
8.45pm. Email Clare for more info at
clare-n-don@clear.net.nz

WWI & II RE-ENACTMENT

Re-enactment group looking for new
members. We do displays and battles
at events like the Wanaka Airshow.
Ph Karl 021 244 4119 or
kurtz@ihug.co.nz

community groups

BIKE WORKSHOP

Get help to repair or tune-up your
bike, use our workshop, bikes availa-
ble for koha. 3.30pm–5.30pm, Tues,
and 10.30am–1.30pm, Sat, Valley
Community Workspace, 11 Allen St.

DUNEDIN MAKERSPACE

Work on project, watch others and
chat, 1pm–5pm, Sat; organised talks,
7pm, Thur, Valley Community Work-
space, 11 Allen St.

ENLIVEN DAY CLUB

Ross Home, drivers and help with
activities needed, light food
preparation. Tues, Wed & Fri. Ph
Maybank 473 0890.

LADIES PROBUS CLUB

Meets 10am, Mon, NEV Bowling
Clubrooms. New members welcome.
For more info ph 455 6683.

MEN'S PROBUS

NEV bowling club, 10am, 2nd Mon
each month, new members welcome.
Ph Don 473 7544.

MULTICULTURAL GROUP

Women's multicultural group, make
new friends, speakers, cooking, out-
ings. Community rooms, 10am–noon,
Fri, ph Afife 473 8944.

PINEHILL COFFEE & CAKE

Morning tea outing to Dunedin café,
last Wed of each month. Ph Carolyn
477 7115 for more info.

ELECTRIC BIKES for sale

On display at the
Valley Community Workspace
11 Allen St

Ph Nathan Parker 027 214 8294 or
Facebook Blueskin Bikes for free trial
appointment and advice

NORTH DUNEDIN SHED

Older or retired men wanted to help
in workshop environment. Have trade
experience or just want to work with
tools? Sat mornings Bonnington St
over bridge. Ph Bob 488 2647 or Paul
474 0060.

OPOHO EUCHRE GROUP

Opocho Bowling Club, 1.30pm, Wed.
Ph Roy 473 7162.

trading corner

BABYSITTER

Hi, I'm a 21 yr old looking for babysit-
ting jobs. I have a few years experi-
ence & a restricted licence. I have
worked in a centre and currently work
for a babysitting agency. Ph or txt
Kelly on 027 697 9194.

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Ph Dave 473 9542, 022 635 9414 or
email davemaxz@actrix.co.nz

PEASTRAW FOR SALE

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charge. A fundraiser for North East
Valley Normal School. Ph 021 0849
9662 or nevpeastraw@gmail.com

FIREWOOD FUNDRAISER

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tion timber, dry, untreated, good-
burning hardwood. Pick up \$40/cubic
metre Sat morning, ph Paul 474 0060.

HOUSE WANTED TO BUY

2–3 bedrooms, NEV/Opocho area, half-
way up sunny side or higher, private
sale or with agent, \$180k–\$260k,
ph Louisa 021 100 4625.

WANTED TO BUY

Singer 'Featherweight' sewing
machine model 221 or 222. Pref in
working order. Ph Camilla 456 0505
(please leave a message if no answer)

COMMUNITY NOTICES

Priority given to valley groups,
email voice@northeastvalley.org

further education

COMPUTER CLASSES

Free class, 9.30–11am, Tues, commu-
nity rooms, 262 North Rd. Tutor Rob
Tigeir. Ph Afife 473 8944 for info.

FREE LITERACY COURSE

For more information contact Ana
and Marg at Literacy Aotearoa, 477
2055.

SEA OF FAITH

Highgate Church Hall (cnr Drivers Rd
and Highgate), 3–5pm, fourth Thur
each month. Enquiries ph 473 0031.




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Matariki brings community together



Lifting the hāngī, from left, are Rick Ngamoki, Tihema Makoare, Andrew Tait, Greg Kerr (partly obscured), Matua Tipene and Peace.

MORE THAN 400 hāngī meals were dished up at this year's Matariki Hunga Nui as the community flocked to the annual event held at Dunedin North Intermediate. More than 100 volunteers were involved in making it such a success across a wide range of activities, from preparing and serving food to cleaning up, and providing activities and entertainment.



More than 100 volunteers were working behind the scenes to make Matariki Hunga Nui such a big success. Pictured here Kristen Bracey (left) and Pam McKinlay are busy helping make desserts for 400 people. Find lots more pictures at facebook.com/valleyproject



Art activities which included screen printing t-shirts and making three-dimensional stars out of paper bags were highly popular.

what's on calendar

cosy homes
 Cosy Homes workshop, how to read a power bill.
 3–4pm, Sunday 10 July, community rooms

week of work
 Get odd jobs done around your home by valley youth, 11–15 July, Ph Steve 027 424 1828

jaffa race
 Annual Cadbury jaffa races to raise funds for Make-a-Wish, Surf Life Saving NZ and Parents Centre NZ.
 Baldwin St, 11am–1.30pm, Friday 22 July. Expect delays coming in or out of the valley.

community dinner
 Bring a plate and meet your community, 5.30pm Saturday 30 July, Valley Baptist Hall. All welcome.