

Play and Neighbourhood Play Systems

Play is where tamariki practice life



KO WAI AU?



Play is:

- **Intrinsically motivated**
 - it is spontaneous and will happen anywhere.
- **Personally directed**
 - it has limited or no adult involvement.
- **Freely chosen**
 - it is self-determined and has no pre-determined outcome.
- **Fun, accessible, challenging, social and repeatable.**



The Importance of Play

The positive benefits of play include:

- Being physically active in a fun way that develops fundamental movement skills.
- Encouraging self-directed creativity and innovation.
- Aiding better decision-making based around elements of challenge and risk.
- Improving a young person's:
 - *social and emotional connection.*
 - *understanding of their relationship with the physical environment.*
 - *resilience, independence and leadership by determining their own outcomes.*

Neighbourhood Play Systems

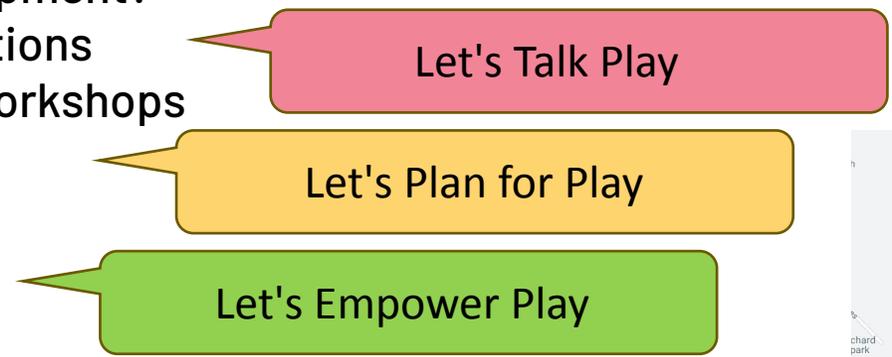
- Kaupapa/ Purpose
 - Developed to explore a more sustainable approach to developing and managing a local play system
 - Developed to reflect that play is not confined to defined areas
 - Not a step-by-step guide, but a blueprint to support
 - Focuses on improving the quality and access to play systems on a local scale
 - To fill some knowledge gaps around play system planning
- Play is often seen as an activity confined to playgrounds, NPS considers the urban environment across a scales to ensure play is not considered in isolation but a part of everyday



Neighbourhood Play Systems

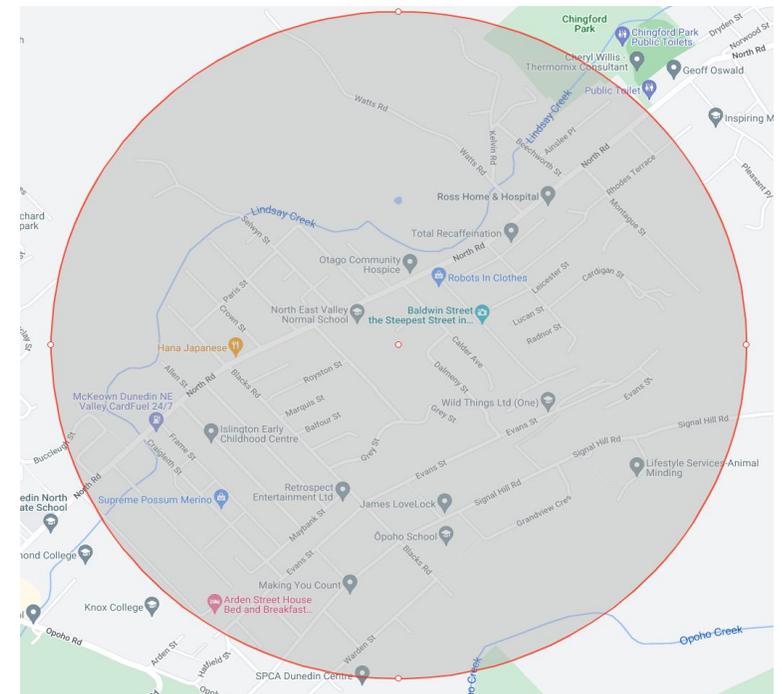
- What is the process for development?

- Understand current conditions
- Have conversations and workshops
- Identify opportunities
- Define opportunities
- Implement opportunities
- Measure and monitor



- How do we do this?

- Desktop Analysis
 - Built Environment
 - Accessibility
 - Awareness and Agency
 - Enjoyment



Neighbourhood Play Systems

- What have I heard so far?

"Some teachers have different rules at play time"

"People drive fast on the streets where I live, and they are skinny"

"I love to swing but there is nowhere to swing at school"

"I can't go to the park alone because my parents won't let me cross the busy road"

"I like to play on the rope swings at CP before the playground because it gets boring"

"I didn't know this playground was here" (Pentland Street)

Quality Play Experience

Recognising, valuing and aiming to protect the right of young New Zealanders to play.



Quality Play Experience

These are about the three things tamariki need to play:

Time

Space

Permission

It is about a Collision of these conditions for Play that creates the spontaneous experience that is the aspiration for Tamariki

How you think you could enhance these three things in your area for tamariki?



Swanson School – The "No Rules School"
Free Play – Swanson School

A quick survey

- A chance for you to have your voice heard!
- This has been shared with the adults at the school
- Aim to have it shared so everyone can have their say
- <https://forms.office.com/r/j34fhMdnrL>



Adults as enablers are key

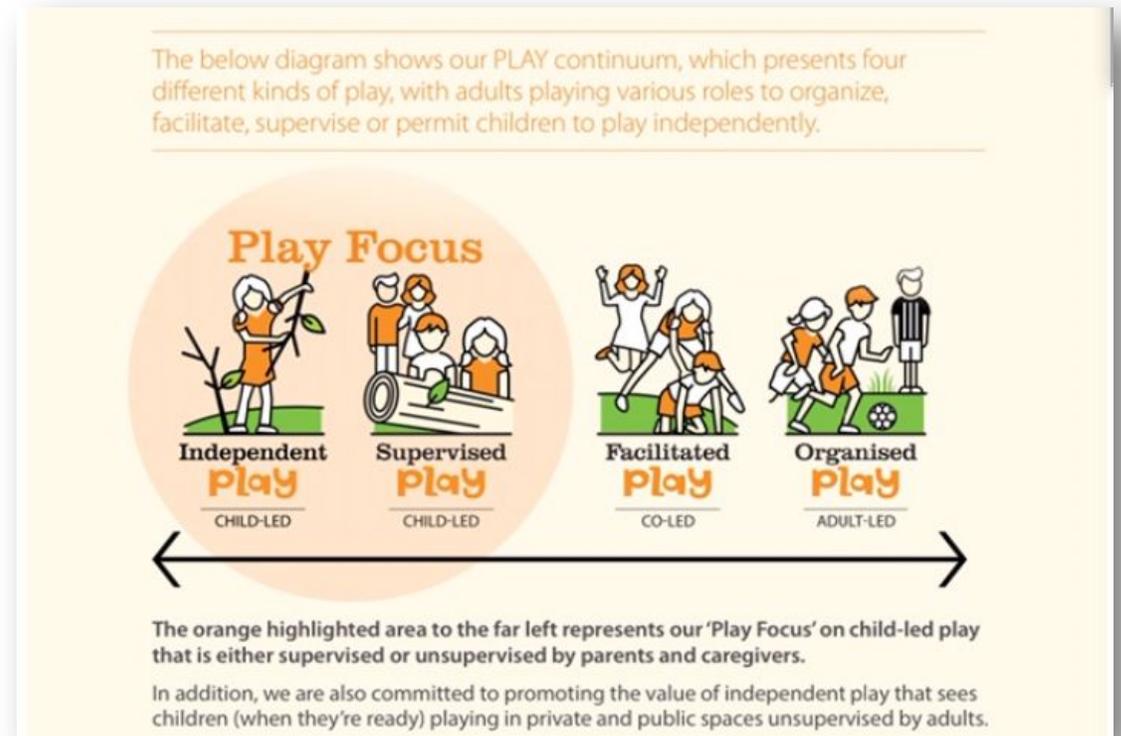
Enabling Play in Your Community Play System

Consider opportunities for unstructured play at a strategic level.

Empower your community to understand and appreciate play.

It's not just about building playgrounds.

Understand the role adults hold as enablers of play.



Source: Play Australia Strategic Plan

Thank You