

Dear Family and Friends,

I hope this message finds you well and in good spirits during these turbulent times. Special welcome to those of you who are receiving this update for the first time and thank you for your support. Matt, Amira, and I are safe and doing our best to cope with the ongoing aggression against Lebanon, which is being met with steadfast resistance. I am proud to say that the Lebanese people continue to stand strong in the face of yet another challenge to our sovereignty.

Apologies for not updating you sooner. Please know that your generosity continues to make a real difference in the lives of the internally displaced. I'm attaching a few photos and videos to show how the funds are reaching those in need. Here's a quick summary:

1. We purchased 50 mattresses and donated them to the organization we initially supported with food supplies.
2. We have provided a small amount of financial support to the nine people currently living with us, as long-term displacement has left them without employment or access to funds. We are now 12 people in a medium-sized apartment. The children want to go home and return to school, but we're managing to keep spirits up and hold onto hope.
3. My dear friend Verna Jabbour, who runs the NGO HeartWise, shifted her focus to support the 1.2 million displaced people. Previously, her work focused on distributing quality second-hand clothing to disadvantaged communities. Together, we're now delivering food parcels (see attached video). In the video, Verna thanks me, but she means all of you—she'll make that clearer next time.

We're in the process of purchasing 300 blankets, as nights are getting cooler. We'll update you with photos and videos once we're ready to distribute them.

This is all for now. Thank you once again for your kindness and generosity. As you can see, your support is going a long way. Because of you, many will have food and bedding tonight.

Much love and respect,

Jano

Jbeil, Lebanon

To: jeanette El kaddissi Farry <janofk@hotmail.com>

Subject: Update from Lebanon

Marhaba Dear Family and Friends,

I hope this message finds you well. As you know, the relentless attacks on Lebanon continue, and the devastation around us is heartbreaking. Death and destruction are everywhere, and sadly, the end is not yet in sight.

Amal and Khadija were evacuated last Thursday, thanks to a charter flight arranged by the Canadians. We have also taken in another family of four, bringing the total number of displaced people in our home to nine. It is truly our honour to offer them refuge, and we are all doing our best to navigate these difficult times together.

On Friday, I visited the hospital where my brother Paul works. I witnessed a sight that shook me—a young boy, his face badly burnt, a victim of the recent terrorist attack. Paul shared that they are working tirelessly, trying to piece together shattered lives, as they deal with an overwhelming influx of broken bodies.

I want to thank you all from the depths of my heart for your immense generosity in response to our call for humanitarian aid. Your support will help feed some of the 1.2 million displaced people and provide them with the essentials they so desperately need. Rather than distributing cash, we've decided to purchase and personally deliver these supplies to those in need. This is more time consuming but by doing this, we know it gets to the people.

We've already started this process (please see the attached pictures). We filled a wagon with food and delivered it to an NGO called "The Right To Live," which is supporting schools in Jbeil that are sheltering thousands of refugees. We also bought a few toys for the children staying with us. The joy in their eyes was priceless—the first time we've seen them smile since they arrived.

This is just the beginning. Your incredible kindness will make a lasting impact, and I will keep you updated as we continue to provide aid to those in need.

With love and deepest gratitude,

Jano

Jbeil, Lebanon

From: Jeanette El Kaddissi Farry <janofk@hotmail.com>

To: Janofk@hotmail.com <janofk@hotmail.com>

Subject: Urgent Help Needed for Lebanon's Displaced Families!

Marhaba Dear family,

I hope this message reaches you in good spirits despite the turmoil around us. Your messages of love and support mean the world to us—thank you. Right now, I'm grateful to share that Matt, Amira, Amal, Khadija and I are safe. But our hearts are heavy as Lebanon faces yet another devastating

attack. I can't begin to describe what it is like right now in Lebanon but I know you will all be watching it live on the internet.

This relentless cycle of violence is something I've witnessed my entire life. Once again, our beloved Lebanon is being bombed, and the destruction is overwhelming. Families who were already struggling to survive now find themselves fleeing for their lives, with most of the South displaced and seeking refuge in the North. It's heart-wrenching to see people arriving with nothing but the clothes on their backs, lost and terrified.

Just this past week, we welcomed a brave family into our home, escaping the chaos. It's a privilege to support them. They came with nothing more than a few plastic bags of belongings. They are a family of 5, the three kids are 16, 13 and 9. They lost multiple family members and loved ones just yesterday, the deadliest day in decades. There are thousands just like them all over Lebanon who were forced to evacuate their homes, leaving everything behind. Many people are sleeping in public spaces like parks and beaches, as Israel continues its bloody campaign. Our hearts ache for the countless others left on the streets of the North, searching for shelter and safety. Many of them are not destitute; they are simply caught in a nightmare with nowhere to turn.

As I write this, tears fill my eyes. The surreal nature of this situation has faded into a harsh reality. We cannot stand by and watch. We are taking action to provide essential supplies—food, water, baby items, and emergency clothing—for those who need it most. Additionally, we're actively looking for empty apartments to rent, so we can offer more families a safe place to stay.

I know Lebanon holds a special place in all your hearts and so I immediately thought of you all when thinking of the ways in which we could do something practical to help here on the ground.. Even from afar, your support can make a profound difference. Since we can't do bank transfers, you can send funds directly to Aya's bank account, and she will ensure they reach us through Western Union.

Aya Farry

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Please feel free to circulate to friends and family. I will update you with our progress via email.

Sending you all so much love and prayers.

May God Protect Lebanon and Keep the People Strong!

Love and Peace

Jano

Jbeil Lebanon