

Taste of Summer

Week 1

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
MORNING TEA	Sultana Scones	Cheese & Relish Toasties	Apple Muffins	Cheddar Cheese Scones
LUNCH	Lemon & Dill Fish with Coconut Sauce & Salads Ⓢ	Chinese Honey & Soy Chicken with Sesame Seeds & Veges	Cold Pickled Pork with Apricot Relish & Salads	Lamb & Black Doris Plum Tangine & Veges
DESSERT	Boysenberry & Lemon Flan with Vanilla Yoghurt	Vanilla Custard Square with Passionfruit Icing	Jelly Tip Cheesecake	Pavlova with Fruit Salad & Ice Cream
AFTERNOON TEA	Fruit & Nut Fudge	Coffee Cake	Sultana Jam Slice	Lolly Cake
SOUP	Curried Kumara Soup	Carrot & Ginger Soup	Tuscan Mushroom Soup	Cream of Cauliflower Soup
MAIN DINNER OPTION	Spaghetti & Meatballs with Parmesan Cheese	Asparagus & Bacon Quiche with Tomato Relish	Mixed Savouries with Colcannon Mash	Pumpkin, Roasted Red Pepper & Salami Soft Base Pizza
LIGHT DINNER OPTION	Hash Browns & Baked Beans	Club Sandwiches	Seafood Chowder with Garlic Bread Ⓢ	Spaghetti on Cheesy English Muffin
DESSERT	Vanilla Mousse & Apricots	Fruit Salad	Peaches & Ice Cream	Raspberries in Jelly

	FRIDAY	SATURDAY	SUNDAY
MORNING TEA	Date Loaf	Scones with Jam	Cottage Cheese & Chive Muffins
LUNCH	Fish & Chips with Lettuce Salad or Pork Bone Boil Up Ⓢ	Venison Stroganoff with Veges	Roast Pork with Apple Sauce, Gravy & Veges
DESSERT	French Pear Almond Cake with Cinnamon Sauce	Summer Fruit Trifle	Chocolate Mousse with Mandarins
AFTERNOON TEA	Albert Slice	Shortbread	Banana Cake
SOUP	Pumpkin & Sage Soup	Tomato & Basil Soup	Minted Pea Soup
MAIN DINNER OPTION	Chicken Caesar Salad	Bacon & Pea Risotto	Teriyaki Beef & Asian Vegetable Stir Fry on Rice
LIGHT DINNER OPTION	Ham & Cheese Toasted Sandwich	Spring Roll with Dipping Sauce	Ham & Cheese Salad
DESSERT	Apricot Fool	Strawberry Ice Cream	Pineapple, Passionfruit & Yoghurt

BREAKFAST

A selection of cereals, fruit, yoghurt, toast, hot porridge & beverages.

SUPPER

A selection of biscuits, milk & hot drinks.

OTHER MEALS AVAILABLE

Diabetic, Vegetarian, Soft Bite & Puree.

Ⓢ Māori & Pasifika Option

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Week 2

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
MORNING TEA	Date Scones	Cheese & Marmite Scrolls	Bran Muffins	Sausage Rolls
LUNCH	Hungarian Beef Goulash & Veges	Pork Satay on Rice with Veges	Cold Corned Beef with Sweet Mustard & Salad OR Half Shell Mussels with Lemon Pepper Cream ⑥	Italian Chicken Bake with Veges
DESSERT	Pineapple Upside Down Cake	Chilled Creamy Custard with Apple Berry Compote	Peaches in Jelly with Ice Cream	Apricot Shortcake & Ice Cream
AFTERNOON TEA	Belgium Slice	Creamed Lamingtons	Cherry Chocolate Coconut Slice	Rice Bubble Cake
SOUP	Spring Vegetable Soup	Kumara & Coconut Soup	Broccoli & Cheese Soup	Minestrone Soup
MAIN DINNER OPTION	Smoked Fish & Caper Cream with Paraoa Parai (Fry Bread) ⑥	Breakfast Sausages, Hash Brown & Savoury Tomatoes	The Good Shepherds' Lamb Pie with Kumara Top & Sauce	Sticky Beef & Vegetable Noodle Salad
LIGHT DINNER OPTION	Club Sandwiches	Poached Eggs with Toast	Steamed Dumplings with Veges	Ham, Cheese & Tomato Croissant
DESSERT	Pears with Salted Caramel	Fruit & Yoghurt	Chocolate Instant Pudding	Fresh Fruit Salad with Cream
	FRIDAY	SATURDAY	SUNDAY	
MORNING TEA	Chocolate Muffins	Cheese & Chive Scones	Cheese Puffs	BREAKFAST A selection of cereals, fruit, yoghurt, toast, hot porridge & beverages.
LUNCH	Fishermans Basket with Chips & Slaw OR Pork Bone Boil Up ⑥	Lamb, Kumara & Garden Mint Casserole with Veges	Roast Beef with Roast Veges, Peas & Gravy	SUPPER A selection of biscuits, milk & hot drinks.
DESSERT	Mango & Coconut Panna Cotta with Strawberry Coulis	Baked Apples with Flaky Pastry Puff & Cream	Fresh Fruit Salad with Ice Cream	OTHER MEALS AVAILABLE Diabetic, Vegetarian, Soft Bite & Puree.
AFTERNOON TEA	Orange Cake	Tan Square	Sultana Biscuits	⑥ Māori & Pasifika Option
SOUP	Roast Carrot & Thyme Soup	Brown Onion Soup	Mediterranean Chickpea Soup	
MAIN DINNER OPTION	Loaded Jacket Potatoes with Bolognese, Cheese & Sour Cream	Chicken & Mandarin Orzo Pasta Salad with Orange & Miso Dressing	Cornish Pasty Pastry Roll	
LIGHT DINNER OPTION	Cheese & Corn on Toast	Baked Beans with Toast	Spinach & Cheese Scrolls with Sour Cream & Relish	
DESSERT	Ambrosia	Peaches & Kiwifruit with Yoghurt	Bananas, Blueberries & Caramel	

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Week 3

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
MORNING TEA	Apple Muffins	Marmite & Cheese Toastie	Raspberry Muffins	Date Loaf
LUNCH	Maple Glazed Pork Loin with Golden Apples & Veges	Braised Beef with Onion, Gravy & Veges	Polynesian Chicken with Vegetables ⑥	Beef & Eggplant Moussaka with Veges
DESSERT	Lemon Curd Flan	Panna Cotta Jelly Whip	Spiced Apple Shortcake with Cream	Fresh Fruit Salad & Ice Cream
AFTERNOON TEA	Raspberry Slice	Date Slice	Chocolate Cake	Citrus Cranberry Fudge
SOUP	Creamy Sweet Corn Soup	Tomato & Red Lentil Soup	Pea & Spinach Soup	Spring Vegetable Soup
MAIN DINNER OPTION	Ploughmans Plate	Fijian Coconut Fish Curry with Rice ⑥	Creamy Mushrooms & Sage on Toasted English Muffin	Pork Chow Mein
LIGHT DINNER OPTION	Scrambled Eggs with Toast	Hash Browns & Herb Baked Tomatoes	Baked Beans & Poached Egg	Potato, Spinach & Two Cheese Bake
DESSERT	Peaches & Ice Cream	Vanilla Instant Pudding	Jelly & Berries	Coconut Custard & Bananas

	FRIDAY	SATURDAY	SUNDAY
MORNING TEA	Self-Crusting Mini Quiche	Cheese Puffs	Jam Scones
LUNCH	Fish & Chips with Salad OR Pork Bone Boil Up ⑥	Beef Stroganoff with Veges	Roast Lamb with Veges
DESSERT	Apricot & Almond Crumble with Custard	Mango & Passionfruit Ambrosia	Ice Cream Sundae
AFTERNOON TEA	Carrot Cake	Coconut Biscuits	Cinnamon Cream Sponge
SOUP	Cream of Mushroom Soup	Kumara, Orange & Rosemary Soup	Pumpkin Soup
MAIN DINNER OPTION	Macaroni Cheese with Garlic Bread	Cold Pickled Pork with Peach Salsa, Potato & Egg Salad	Crumbed Chicken Tenderloin Parmigianas
LIGHT DINNER OPTION	Club Sandwiches	Relish, Cheese & Red Onion Toasted Sandwich	Loaded Potatoes with Bacon, Cheese & Sour Cream
DESSERT	Lime Jelly & Mandarins	Fruit Salad & Cream	Pears with Sweet Toppings

BREAKFAST
A selection of cereals, fruit, yoghurt, toast, hot porridge & beverages.

SUPPER
A selection of biscuits, milk & hot drinks.

OTHER MEALS AVAILABLE
Diabetic, Vegetarian, Soft Bite & Puree.

⑥ Māori & Pasifika Option

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Week 4

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
MORNING TEA	Pikelets with Jam	Cheddar & Mustard Scones	Pina Colada Muffins	Banana Bread
LUNCH	Venison Bourguignon Pastry Pie with Veges	Lamb Kofta Meatloaf with Veges	Chicken Schnitzel OR Sticky Plum Drumsticks with Veges ⑥	Braised Lamb & Lentils with Veges
DESSERT	Tiramisu Trifle	Apple & Blackberry Cranachan	Bakewell Tart with Ice Cream	Layered Mousse Crepe Gateau
AFTERNOON TEA	Honey Rice Bubble Slice	Jam & Cream Swirl Sponge	Peanut Caramel Slice	Citrus Shortbread
SOUP	Tomato & Red Pepper Soup	Potato & Bacon Soup	Summer Vegetable Soup	Tomato, Spinach & White Bean Soup
MAIN DINNER OPTION	Breakfast Sausages, Scrambled Eggs & Stewed Tomatoes	Beef Chop Suey ⑥	Salmon & Asparagus Frittata with Mustard Cream	Beef Lasagne
LIGHT DINNER OPTION	Spaghetti with Toast	BLT Club Sandwiches	Vegetarian Salad Wrap	Vegetable Dumplings with Stir Fry & Sauce
DESSERT	Fruit Salad & Ice Cream	Chocolate Instant Pudding	Jelly & Fruit	Baked Apple & Sultanas
	FRIDAY	SATURDAY	SUNDAY	
MORNING TEA	Hawaiian Pizza	Date Scones	Savoury Muffins	<p>BREAKFAST A selection of cereals, fruit, yoghurt, toast, hot porridge & beverages.</p> <p>SUPPER A selection of biscuits, milk & hot drinks.</p> <p>OTHER MEALS AVAILABLE Diabetic, Vegetarian, Soft Bite & Puree.</p> <p>⑥ Māori & Pasifika Option</p>
LUNCH	Battered Fish with Lettuce Salad & Chips OR Pork Bone Boil Up ⑥	Cold Corned Silverside with Piccalilli & Salads	Roast Chicken with Stuffing & Veges	
DESSERT	Mixed Berries in Raspberry Jelly with Ice Cream	Jaffa Mousse with Mandarins	Peach & Blueberry Cobbler with Anglaise	
AFTERNOON TEA	Rocky Road	Chocolate Chip Cookies	Ginger Bread Fudge	
SOUP	Curry Lentil & Pumpkin Soup	Broccoli & Blue Cheese Soup	Cream of Asparagus Soup	
MAIN DINNER OPTION	Smoked Chicken & Roasted Red Pepper Pasta Salad with Basil Dressing	Sausage & Egg Pie with Tomato Relish	Pork & Apple Schnitzel with a Pear, Chickpea, Watercress & Pomegranate Salad	
LIGHT DINNER OPTION	Scrambled Egg with Toast	Pumpkin & Cinnamon French Toast with Maple Syrup	Pineapple Fried Rice	
DESSERT	Ice Cream Tub & Chocolate Fish	Peaches & Ice Cream	Apricot Fool	